



THE GREATER DES MOINES

# JEWISH PRESS

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שנה  
טובה



*Happy and Healthy New  
Year From All of Us at  
The Jewish Federation of  
Greater Des Moines*

*Rosh Hashana begins  
Wednesday, September 20*

*Yom Kippur begins Friday,  
September 29*

**Come Join the Iowa Jewish Historical  
Society for Two Exciting and  
Memorable Events Featuring Celina  
Karp Biniaz, Daughter of Irvin and  
Phyllis Karp and One of the Last  
Living Survivors from Schindler's List**

**FREE event on Sunday, Sept. 10 at 2 p.m.\*  
Luncheon on Tuesday, Sept. 12 at 11:30 a.m.\***

**\*\*For more information about Celina and her upcoming  
events, please visit page 16**



Phyllis, Irvin, and Celina celebrating Phyllis and Irvin's 60th Anniversary in 1989 in front of a tree planted in Oskar Schindler's honor at Yad Vashem World Holocaust Remembrance Center in Israel.

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# With Each New Year, the Shofar Awakens Us



Jarad Bernstein  
President

actively engaged in this work. The accomplishments of the past year are many because of both the vision of our donors and smart planning and execution by our staff.

### Tekiyah – One long blast

It is said that the Tekiyah is supposed to remind us of the sound made to announce the king. Although our seniors haven’t officially had a coronation, we do our best to treat them like royalty. Jewish

Family Services is able to help seniors age in place because of your support. In the past year, we provided nine individuals with Lifeline medical alert systems. Additionally, nearly 100 kosher meals were delivered to our seniors.

### Shevarim – Three medium blasts

It’s not difficult to connect the three blasts of each Shevarim with the cries of our people. We all know our shared heritage and history has not been easy. The Jewish Community Relations Commission advocates for Israel, assures our security through working with law enforcement, and combats anti-Semitism. It has become clear in recent weeks that much work remains in educating the broader community about Judaism as a way to discourage the hate we see in our own country.

### Teruah – Nine short blasts

Have you ever started nodding off during Rosh Hashannah services, only to be jolted to focus by the quickly repeating blasts of Teruah? It’s kind of like the joyous noise a classroom full of kids make as a bell goes off announcing recess. Lately at Caspe Terrace, there has been a lot of joyous noise: Beit Sefer Shalom enrollment is more than 150 students, Gan Shalom has more than 30 preschoolers enrolled for this term, and we recently concluded a very successful summer at Engman Camp Shalom. As a board member and now as president I still hear people tell me this community’s best days are behind it; those numbers and the outcomes they are creating tell a very different story. We are now planning for the coming year and the long-term sustainability of this community. Recently you may have received a communication asking you to fill out a survey about the Jewish community. Your responses to these questions will give us a

better idea of what services you value and where you feel we need to place more effort. Let’s make 5778 a happy, healthy and hopeful year for all. L’Shanah Tovah Tikateivu, may you be inscribed in the Book of Life for a good and sweet year!

Jarad Bernstein

## Blumenthal Jewish Student Scholarship Recipients Announced

We are pleased to announce the names of the recipients of the 2017 – 2018 Margo and Don Blumenthal Jewish Student Scholarships

Nine students were awarded scholarships in this, the second year in which the scholarships have been made available, to Jewish students from Central Iowa enrolling in an institution of higher education within the State of Iowa. Congratulations to the awardees!

Annie Weinberg - Luther College

Molly Silverstein - Drake University

Ethan Adato - University of Iowa

Josh Waltman - University of Northern Iowa

Meier Lipman - University of Iowa

Thomas Anderson - Drake University

Tal Neilly - Cornell College

Dani Lipman - University of Iowa

Hannah Cline - University of Iowa

Contributions may be made to the Blumenthal Jewish Student Scholarship Fund. Checks should be made payable to the Jewish Federation and earmarked ‘Blumenthal Scholarships.’ Address your contribution to Jewish Federation, 33158 Ute Avenue, Waukee, IA 50263. Thank you.



# Legacy: What Will I Leave? Will it be “Good” Enough?



Sharon Goldford  
Executive Director

I have been so blessed in my life to have been given people that have shaped who I am today. Growing up, I had a very strong mother and grandmother. They worked very hard in their lives and were there up until the end. When I met Dennis, his family became my family. His mother and father were so wonderful to me. His mother shared so many wonderful stories about being a young, Jewish woman in a very small town in Kentucky. I always knew how important her Judaism was to her. She always told me that the Rabbi should always know your name and not meet you for the first time at your funeral. I find that advice probably good for all of us.

Naomi Goldford loved being Jewish. She loved Jewish food, she loved her synagogue, and she was a very strong Sisterhood supporter. She was Sisterhood President and so proud when I became Sisterhood President at the Temple.

My father-in-Law, Art

Goldford, was a funny good man. He had a great sense of humor that remained until the very end. At a restaurant, he would always tell the server that he was using a credit card he found in the parking lot, and when she brought the check he would say it really didn't matter because he wasn't going to pay anyway. Papa would always order a diet Pepsi because, he said, he hadn't brought his identification card for anything stronger. He was a journalist, a very good writer, and was in the radio business. He shared a love of horses and horse racing with both his father and his son Bruce. He loved children and animals, so we knew he was a good person.

Naomi, of blessed memory, died August 19, 2015, and Papa Art, of blessed memory, died July 18, 2017. She was 92 and Papa was just 5 days short of 95. All of us in the family were blessed to have them all of those years and so blessed to know them.

When we speak of a legacy, what is it we want to leave behind? We want our children to have things, and we may want something with our name on it for others to remember. Papa Art was not a perfect man; he was a human man. However, he was a good man and in today's world we could use a lot more good men and women. As my husband Dennis says, sometimes "good" is good enough. Papa always wanted to know if you needed anything. He would give from

his heart.

Being part of a family is like being part of the Jewish Federation of Greater Des Moines: it is being part of something good and lasting, a legacy. It was built from strong Jewish people who cared about leaving a legacy for others. They wanted to be sure our Jewish community remained strong well into the future. They used their time and their very hard-earned money and put that community together. They were very good men and women. The Jewish Foundation was formed from them and continues today. We all are part of that legacy. We see it every day at Caspe Terrace. It is in the lives of our campers, in the faces of the Gan Shalom preschoolers; it is in the elderly that we take a meal to or just visit.

What kind of a legacy would you like to leave? I hope first it is being part of our Jewish community and telling others about us. I hope you want your name to be part of our name. I hope you don't wait to leave a legacy. You can provide for a child to attend Beit Sefer Shalom, help support our children in Gan Shalom, support our elders, support our museum, support Caspe Terrace and all of the good work being done. Doing good can be good enough.

Shalom,  
Sharon Goldford

## We Are Updating Our Records

\*\*\*\*

**In order to make sure we reach as many Jewish families in and around Des Moines as possible, we need your help in making sure we have your current information. If you have recently moved, change phone numbers or have a new email address, or alternative summer or winter addresses, please contact our office and update your information. Thank you!**

**515-987-0899**

**info@jewishdesmoines.org**

## Jewish Press

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We reserve the right to edit submissions.

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Elul, Tishrei, Cheshvan 5777/5778





### Upcoming Senior Activities

- September 12 – September 12- Seniors will travel to Prairie Meadows for lunch, entertainment, and gambling.
- October 19 – Senior luncheon will be at Temple B’nai Jeshurun with entertainment provided by Louise Kaufmann.
- November 16 – the students of Gan Shalom will join the seniors for lunch and share some songs.
- December 14 – Senior Hanukkah party at Tifereth with Abe Goldstien and Laura Sparks entertaining.

*Wishing our friends*

*a*

**Happy and Healthy New  
Year**

*On behalf of*

*The Iowa Jewish Senior Life Center*



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# Community Report

## Engman Camp Shalom

- Engman Camp Shalom finished the summer in style with a Summer Carnival at Caspe Terrace on August 16th
- The Engman Camp Shalom Overnight was a huge success on August 10th
- Thank you to the entire Engman Camp Shalom staff for an incredible summer

## Beit Sefer Shalom

- Beit Sefer Shalom begins Sunday, September 17th at Caspe Terrace
- Registration for Beit Sefer Shalom is open online at: <http://www.jewishdesmoines.org/bss/registration>
- 7th-12th graders interested in participating in the Madrichim program are encouraged to apply online at: <http://bit.ly/2w0ACyF>
- Global Day of Jewish Learning is November 12th from 9-12 at Caspe Terrace

## Gan Shalom

- Gan Shalom 2017-2018 preschool will start Monday, August 28, 2017, with 30 children enrolled
- Gan Shalom teacher was awarded a scholarship for the NewCAJE (Center for Advancement of Jewish Education) 2017 Conference in San Francisco, California and will be attending this August
- Gan Shalom hosted the Mid-Iowa AEYC Chapter retreat on July 18, 2017, and viewed the documentary Resilience: The Biology of Stress & The Science of Hope from Prevent Child Abuse America and KPJR Films
- The Children's Garden is now a certified Monarch Garden with the North American Butterfly Association, providing resources that will increase the Monarch population

## Jewish Community Relations

- JCRC convened a meeting of the Iowa Council for Holocaust Education to receive information about the Iowa Department of Education's newly revised Social Studies standards.
- JCRC members attended the Bosnian community's program in memorial to those who perished in the Srebrenica genocide.
- JCRC communicated with the Israel Consulate expressing concern with recent Israeli policies negatively affecting Jewish pluralism, in addition to discussing current anti-Israel activism in Iowa.
- JCRC participated in the regional Israel Partnership2Gether Summit and assisted in the ongoing development of the West Des Moines – Match Asher project.
- The JCRC Disabilities Advocacy Committee and Hunger Committee met during the summer to assess how prospective budget cuts might impact public services in their respective areas.
- The JCRC Outreach Committee presented a program with Daniel Zeno of the ACLU about addressing racial disparities in the Iowa.

## Iowa Jewish Historical Society

- On September 12, the Iowa Jewish Historical Society will present Second Chance: My Story Celina Karp Biniarz, one of the last living survivors from Schindler's List. This a FREE event open to all. See the details on page 16
- On September 10, the IJHS will present When Memories Unfold: A Luncheon with Celina at The Caspe Terrace. This is a ticketed event and will include Celina reading some of her original poems. For more details, see page 16 or go to [www.ijhs.online](http://www.ijhs.online)
- In July, the IJHS received a \$25,000 grant from the State Historical Society of Iowa, Historical Resource Development Program. The funds will be used to help purchase new compact movable shelving for our collections storage area.
- In August, the IJHS received a gift of \$15,000 from the Beverly Blank Perry Foundation for the project to improve our collections storage areas.

## Jewish Family Services and Outreach

- August 10 – senior luncheon was held at Tifereth Israel Synagogue with Abe Goldstien and Laura Sparks sharing stories and songs.
- Jewish Family Services provides baskets to families who have experienced a life cycle event. Please contact us if you are aware of a new family in the community and we will be happy to provide a welcome basket.

# Sarai to Sarah: The First Mother of the Jewish People

Dr. David Friedgood  
Torah Expert

The Tanakh is the Holy Bible of our people. This text, finally codified about 2,500 years ago, is the basis of who we are, what we think is right and true, and details the reasoning of our earliest ancestors as they forged a new way of life at the beginning of our history. The Tanakh is composed of three sections: The Torah consists of the first five books. These traditionally were written by our great prophet Moses and reflect the word of God.

The second section is Nevi'im, consisting of 21 books authored by a variety of early prophets and historians. Kethuvim, the final section, is a collection of 13 manuscripts written by a variety of authors. Kethuvim includes the Megilot (five scrolls), each associated with a specific holiday in our Jewish calendar. Much of the material in the Tanakh was derived from an oral tradition dating back to prehistoric times. It is mostly the product of male authorship and as such is distinctly paternalistic. Our Bible was written in an era where woman had little power and were typically treated as property by their male relatives.

Despite these facts, the authors of the Tanakh began a process of recognizing the value and contributions of half of the human beings on this earth. The stories, laws, and proverbs contained in these books outline the vision of a new world order where both sexes will equally strive for the betterment of our world and all humankind. The story of our first Matriarch, Sarah, outlined in the Book of Genesis (the first book in the Tanakh), is illustrative of this point.

Sarai is introduced to us in Genesis as Abram's (soon to be Abraham's) wife. Her name is Sarai, literally 'my princess'. Together with her husband and part of his family she begins a long trek from her home in Ur of the Chaldeans (in modern day Iraq) to Canaan (modern Israel). Sarai was 10 years younger than her husband who was over 75 years old when they finally

arrived in Canaan. She was barren.

Being childless was considered a great tragedy for woman, particularly at that time. Never the less her husband loved her, respected her, and patiently waited for God's blessing to be fulfilled. Abraham was told by his Lord: "I will make of you a great nation, and I will bless you; I will make your name great and you shall be a blessing." (Genesis 12:2)

During a period of famine the family was forced to sojourn

esteem and feared for her place in the household following her servant's pregnancy. The Lord tells Abram that his future is not with Ishmael but remains with Sarai.

In recognition of this destiny, Abram is renamed Abraham, literally the father of nations. Sarai is renamed Sarah, literally 'princess' in her own right, without the possessive connotation.

Abraham was 100 years old when Sarah, age 90, conceives and gives birth to a son.

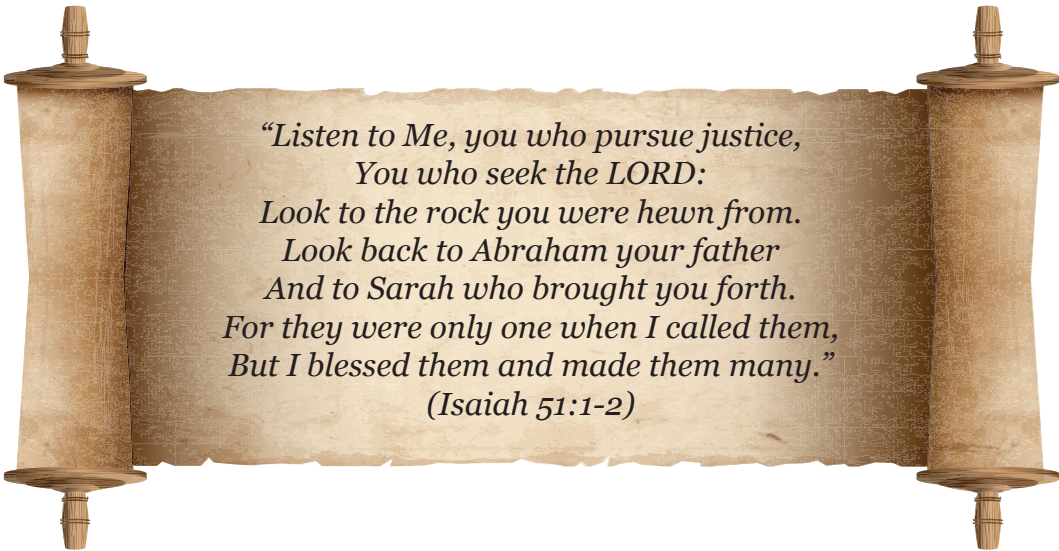
you." (Genesis 21:12)

Ishmael is not forgotten and he also became a patriarch of nations. Isaac thrived and developed into a religious man, and a leader of people. He married Rebekah and had a family of his own. The next we hear of Sarah is the announcement of her death.

As a young man Isaac goes off with his father to the land of Moriah. God tested Abraham's loyalty and asked him to sacrifice his son. Isaac was bound to an altar and his father raised the knife. Isaac is saved from being slaughtered by the last second intervention of God's messenger. Isaac's mother Sarah is never mentioned in this story. It seems unlikely a mother would ever acquiesce to having her son treated in this fashion, especially after what she had to go through to see him born.

A midrash (story) reports that at the time of the Akedah (the sacrifice of Isaac) Satan went to Sarah appearing in the form of Isaac. Sarah asked, "My son, what did your father do to you?" Sarah was told the story of the near death of her son and, even before Satan finished the tale, Sarah's soul left her. (Ecclesiastes Rabbah 9:7)

Sarah lived a long and meaningful life. She is the First Mother of the Jewish people. Sarah nurtured her son and enabled him to expand on Abraham's vision of a people devoted to the one true God. A 'woman of valor', she stood up for what was right and necessary, and acted forcefully when she was needed. Sarah was laid to rest in the Cave of Machpela in Hebron purchased by Abraham as a burial plot. Following his death, her husband was laid at her side.



in Egypt where there was food. Sarai was recognized as a great beauty and Abram feared for his life, as his murderer could then claim his wife. Abram told the Egyptian Pharaoh that Sarai was his sister. When Pharaoh brought Sarai into his harem God caused the Egyptians to be inflicted with 'mighty plagues' (foretelling the Exodus plagues in later generations). Abram and Sarai later returned to Canaan. The family prospered. Abram was favored by God and was promised great rewards. "But, Abram said, "O Lord, O God, what can You give me, seeing that I shall die childless." The word of the Lord came to him in reply... "Look toward the heaven and count the stars... So shall your offspring be." (Genesis 15:2-5) Despite the reassurances, Sarai remained without child. In desperation, she gave her maidservant Hagar to Abram as a surrogate wife. Abram was 86 years old at the time.

Soon Hagar gave birth to a son Ishmael (literally God hears). Sarai felt a lowered sense of

Abraham names him Isaac (literally laughter) recalling Sarah's reaction to being told she was going to bear a child in her old age: "Sarah said: "Who would have said of Abraham that Sarah would suckle children! Yet I have borne a son in his old age." (Genesis 21:7) Traditionally 'God took note of Sarah' on Rosh Hashanah. Therefore the Biblical description of Sarah's pregnancy is read yearly on the first day of the Jewish New Year.

Isaac was circumcised when he was 8 days old. Later, Abraham threw a great party when Isaac was weaned. There was great joy in the house, but also considerable strife. Sarah asked Abraham to 'cast out' Hagar and Ishmael after she saw the two brothers playing together. Abraham resisted out of concern for his older son, but God reassured him that all is going according to divine plan: "Do not be distressed over the boy of your slave; whatever Sarah tells you, do as she says, for it is through Isaac that offspring shall be continued for



## In the Kitchen for the New Year

Karen Engman  
Chef du Jour

As we prepare for the holidays, I know my friends are thinking about what chicken, beef and fish entrees to serve their families and holiday guests. Over the past 11 years that I have been writing this column for the PRESS, community members have shared their favorite brisket, chicken and salmon recipes. This year I'd like to focus on the potato and vegetables.

I recently was served a fabulous side dish of Smashed Roasted Potatoes that is so easy to prepare in advance of your meal and then only requires just a little reheating. These red or Yukon Gold potatoes are cooked with a little olive oil, salt and pepper but you could be very creative with toppings as simple as minced fresh garlic in the oil and chopped chives for some

color. Of course, melted cheese or sour cream would be great too for your dairy or fish dinners.

Since holiday meals often seem to have several courses and numerous side dishes, I like to keep the vegetables simple. Just a quick parboiling of green beans or asparagus with a delicious Basil Drizzle Sauce is perfect. Roasted cauliflower would be wonderful with this sauce too.

Whatever you prepare for this holiday season, I'm sure it will be delicious. Thank you for reading this column and please remember to call (515-229-4447) or email me (Karen.engman@gmail.com). It really is fun for me to research your questions. Evelyn Mintzer shared her sister's delicious banana bread recipe with me after reading my favorite recipe. Hers has whiskey and raisins in it, so try it, you might like it better too.



### Smashed Roasted Potatoes Serves 6-8

12 medium Yukon Gold or red skinned potatoes  
1/3 - 1/2 cup extra virgin olive oil  
Kosher salt  
Fresh ground pepper

Optional: fresh garlic, minced (added to oil)  
Chives, chopped on top when done

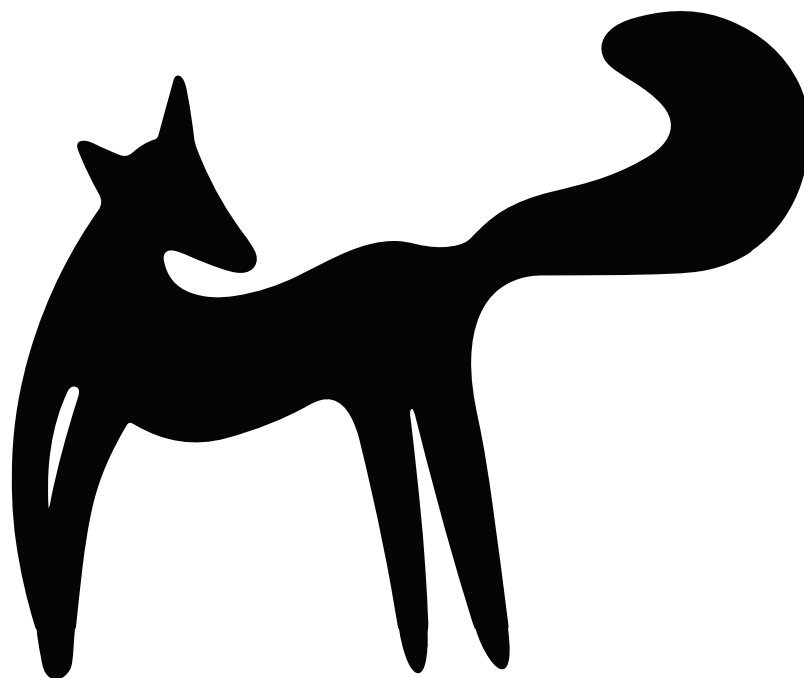
Boil potatoes until "fork tender" then remove from water and drain on paper

towels and dry. Place on rimmed baking sheet and carefully smash each potato with palm of your hand or a small plate. Brush the tops of potatoes with oil, then sprinkle with kosher salt and the pepper. Carefully turn over with spatula and brush other side with oil and then salt and pepper.  
Bake at 500 degrees for 15 minutes and then flip each smashed potato and cook for another 20-30 minutes. Check oven often so they brown to your liking.

### Basil Veggie Drizzle

3 TBsp lemon juice  
2 TBsp anchovy paste  
1 TBsp djon mustard  
1/2 tsp salt, pepper

2 tsp minced garlic  
3 TBsp capers  
3 TBsp chopped fresh basil  
whisk in food processor  
slowly add 3/4 cup olive oil



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# 2017 Women of Influence Honoree: Toni Urban

Joe Gardyasz  
Des Moines Business Record

Toni Urban speaks with a quiet but passionate voice, with just a remnant of a drawl that gives away her Southern roots.

Born in Florida and raised in Atlanta, she met her future husband, Tim Urban, while they were both graduate students at the University of North Carolina. The couple moved to Des Moines nearly 50 years ago, and Urban has been a force benefiting both community organizations and individuals since.

"When we first moved here, the first place my mother-in-law, Helen Urban, took me to was a Planned Parenthood book sale," Urban said. "I worked at that, and I think I've worked at every book sale since, and we've been big supporters of Planned Parenthood."

That first experience set the pace for decades of service and fundraising for many of Greater Des Moines' cultural organizations, among them the Des Moines Symphony, the Science Center of Iowa and the Des Moines Art Center.

She loved being a business owner, particularly helping the many customers who would in many cases also become good friends. "Even though I worked in the store (Letter Perfect) for those 28 years, it never kept me from being involved in all of the organizations I continued to be involved in," she said.

Having recently come off the board of the Des Moines Art Center after 10 years of service

and co-chairing four major fundraising events, Urban wasn't sure she wanted to take on another big responsibility. But then Michelle Book asked her to consider serving on the Food Bank of Iowa board. "I have tremendous respect for Michelle, and I thought, 'Feeding the poor is certainly one of my passions,'" she said.

"As Tim would say, I wear my passions on my sleeve," she said. "The Food Bank is really giving me the opportunity to get involved. We have a major \$8 million campaign right now to raise funds to rehab our facility at East 17th and Guthrie. It will allow us to provide double the quantities of food that we presently provide for the 55 Iowa counties that we serve."

Urban says she probably gets the most satisfaction from helping people personally when she sees a need arise. "There are these opportunities all the time,"

she said. "You just have to allow yourself to go for it."

## Three Areas of Influence

- Serving on the boards of the Des Moines Art Center, the Science Center of Iowa, the Des Moines Symphony, Planned Parenthood and many other organizations, and has led significant fundraising campaigns for arts, cultural and charitable organizations in Greater Des Moines.

- Advocating for women in business and for 28 years owning and operating her own small business in Des Moines, Letter Perfect.

- Currently serving on the board of the Food Bank of Iowa and advocating for addressing food insecurity and hunger in Iowa.

*This article was originally published in the Des Moines Business Record. Joe Gardyasz is a Senior Staff Writer for this publication.*



# In Profile: Julie Landsman



Julie Landsman (b. 1953) is an American-born French horn player and teacher. Formerly Principal Horn of the Metropolitan Opera from 1985-2010, Landsman now primarily performs chamber music. Prior to her appointment with the Metropolitan Opera Orchestra, Landsman served as co-principal horn with the Houston Symphony, and has toured internationally with the New York Philharmonic and Orpheus Chamber Orchestra. Julie Landsman is on the faculties of The Juilliard School and the Bard College Conservatory of Music.

Landsman is featured horn soloist on the recording of Wagner's Ring Cycle with the Metropolitan Opera conducted by James Levine, and has appeared on numerous other recordings. Music festival appearances have included the Marlboro Music Festival, Sarasota Music Festival, Chamber Music Northwest, Santa Fe Chamber Music Festival, Aspen Music Festival and School, Mainly Mozart Orchestra, and La Jolla SummerFest. Landsman grew up in Brooklyn. <From Wikipedia>

There is a wonderful interview with Ms. Landsman conducted by Christina M. Cavitt and is located online at <http://bit.ly/2h6higz>. In it, she talks about her strong attachment to being Jewish. Julie apparently loved going to synagogue with her father, loved the Jewish holidays, and considered attending Hebrew school an integral part of her upbringing.

The first woman to win a position in the Metropolitan Opera's brass section, her audition is described in the book by Malcolm Gladwell, "Blink."



The annual Iowa Jewish Leaders Meeting was held this year at Hillel in Iowa City. The Jewish communities of Iowa City, Des Moines, Davenport, Cedar Rapids, Sioux City, Council Bluffs and Waterloo were represented. Within the group were six rabbis.



# Helping the Hungry in Des Moines

Deirdre Farr  
Guest Columnist

On Yom Kippur, we experience briefly what hunger feels like, knowing that it is a spiritual fast and will end in a family or communal celebratory meal. For thousands of our neighbors, their hunger is not spiritual, but endemic.

- Consider these statistics:
- Last year Des Moines area food pantries served close to 20,000 families and over 40,000 individuals
  - Close to 40% of those served were under 18 years-old
  - 1 in 8 Iowans is food insecure
  - 1 in 5 Iowa children does not have enough to eat
  - 65% of clients served by the Food Bank of Iowa have to decide between paying for food or paying for medical care.

Statistics, while informative, are just numbers. They don't inform us as to the reality of not having enough food, for oneself, or one's children, or the stigma that society is increasingly placing on those who need help obtaining adequate food.

Earlier this year, I had an opportunity to speak with Reverend Sarai Rice, the executive director of the Des Moines Area Religious Council. I asked her what we as a Jewish community can do to help

- address issues of hunger in the greater Des Moines area.
- Here are some concrete takeaway suggestions from that meeting:
- Volunteer: at a food pantry, the Food Bank, or shelters that provide meals to the food insecure. There is also an organization, Meals from the Heartland, that packages non-perishable meals for malnourished people in Iowa, across the United States and around the world, that is always in need of volunteers.
  - Donate: the Des Moines area food pantries can always use donations of non-perishable food. Even more useful, however, are monetary donations. DMARC is able to get more food per dollar amount than an average customer.
- On Yom Kippur we read from Isaiah: "This is the fast I desire... It is to share your bread with the hungry, And to take the wretched poor into your home; When you see the naked, to clothe them And do not ignore your own flesh."
- As we prepare to fast this Yom Kippur, let's remember that there are those whose fast is not self-imposed and resolve to help them to the extent each of us is able.

L'Shanah Tova



Hunger Committee: Deirdre Farr (Chair), pictured along with Jody Caswell, Director of Jewish Family Services, and Rabbi David Kaufman



Members of the Iowa Council for Holocaust Education met in Des Moines in July.



The American chair of our Israel P2G consortium's Education Task Force, Zev Winiker, visited the Federation to consult with staff on our ongoing projects. Pictured below, Winiker is flanked by Sharon Goldford and Mark Finkelstein. Not pictured: Sophie Homonoff



JCRC continues to learn from and assist pro- democracy Sudanese American leaders whose people in Sudan have faced atrocities.



'Jake' Jacobs and Gail Klearman, along with Mark Finkelstein, attended the program organized by the Bosnian community memorializing the Srebrenica genocide of July 1995



# Frank Perowsky: Improvising His Way Through Music and Life

Abe Goldstien  
Guest Columnist

Whether it's in music or life, saxophonist Frank Perowsky possesses the skills of a master improviser. "You never know what's going to happen next," explained Frank, as he shared some highlights from a career that began as a Roosevelt High student in Des Moines. On September 19, Frank will return to his hometown to accompany New York vocalist Jay Clayton in the intimate setting of Caspe Terrace in Waukee.

## Catching The Jazz Bug As A High Schooler In Des Moines

Frank remembers being introduced to jazz through his mother's record collection. Frank's mother, Elizabeth Werblowsky was a popular Des Moines dance teacher who had the latest records for ballroom dancing — Fats Waller, Tommy Dorsey and Frank's favorite, Benny Goodman. That explains why Frank took up the clarinet at an early age, adding the tenor saxophone when he was in 11<sup>th</sup> grade. "Des Moines had a lot going on and I was fortunate to have a mother who encouraged me to take advantage of it," explains Frank. He saw Harry James, Tommy Dorsey and other big bands at Tom Archer's ballrooms, Benny Goodman in Ames, Louis Armstrong at Hoyt Sherman (thanks to Frank's mother, he still has the original poster from that concert) and many great local players on Center Street.

Like most local musicians at the time, Frank's first professional job was at the Elks Club with the Ralph Zarnow band. Later he worked with groups led by Don Hoy, Val Carroll and Helen Gale. There were also jobs with high school pals like trumpeter Jerry Stenstrum and bassist Ross Cornelison. Frank jokes that his very first arrangement was for a band that Ross performed with called Allen and the Oo-Ya-Koos. Frank not only learned on the bandstand, but he had the opportunity to take lessons from local jazz legend Ellsworth Brown. According to Frank, he was the best

teacher an aspiring jazz musician could ever ask for. As he prepared for his graduation from Roosevelt High in 1953, Frank knew what was next on his musical journey — Julliard School of Music in New York City, but he had no idea where



that experience would take him.

## Making the Scene In New York City

Julliard did not have a jazz program when Frank was a student in the mid 1950s, but New York City provided him with a solid jazz education. He spent many nights in the clubs, especially the original Birdland, soaking it all in. "I majored in Charlie Parker, Sonny Rollins, Stan Getz, Bud Powell and all the greats working the club scene back then," boasts Frank. He was also fortunate to find several Julliard students who shared his passion for modern jazz and supplemented their formal education by starting a rehearsal band. One of those musicians is a fantastic trombonist and arranger Tom McIntosh, who asked Frank to play on his 2004 recording, "With Malice Toward None." Between his formal education at Julliard and the informal education in the clubs and combos, Frank was ready to live the life of a professional musician in New York City — in other words seeing what would come next.

What came next for Frank were performance opportunities with some of the big bands he first heard in Des Moines — The Elgart Brothers and Woody Herman and summer gigs in the famous resorts

of the Catskill Mountains. The more musicians he met, the more opportunities came his way, like a chance to work six nights a week with Peggy Lee in the Americana Hotel on Seventh

Avenue. After several years of working the clubs and hotels, Frank became a substitute for a colleague in a Broadway show orchestra. This led to him performing for hits such as Promises Promises, The Wiz, 42<sup>nd</sup> Street and Barnum. During that time, Frank also developed a reputation as a valued composer and arranger. On the advice of a fellow musician he brought his arrangement of Bud Powell's "Bouncing With Bud" to a Buddy Rich recording session. "One of my biggest thrills was having that arrangement recorded on Buddy's "Class of 78" record," smiles Frank.

What happened next would take Frank around the world. In 1981, he was recommended by a fellow sax player for a tour of Australia, Japan, Manila and Hawaii with Liza M. Recording sessions, concerts around the country and an unforgettable performance at Carnegie Hall followed. After a tour of South America in 2009, Liza reduced the size of her band which ended Frank's 28-year relationship with Liza, and it was back to waiting for more adventures.

## There's Always Something New Coming Next

At age 82, Frank is still excited by what will come next in his career. There's the October 29 release of a CD featuring a big band co-lead with his son, drummer Ben Perowsky, his steady Tuesday nights session with the Mike Longo Big Band at the Bahai Temple in Manhattan, more composing and arranging assignments, not to mention play dates with his new granddaughter

in Brooklyn and visits to see his son, Eric, and his family in Kansas City. Frank is also excited about his next visit to Des Moines when he will be accompanying legendary jazz vocalist Jay Clayton on September 19 at Caspe Terrace in Waukee. "I'm looking forward to seeing my Hebrew school



classmates from Temple B'nai Jeshurun, my high school gang from Roosevelt, my extended family still in the area and the many Des Moines jazz musicians I have worked with over the years. This is a wonderful opportunity for me to be back where it all began and in such a wonderful venue." After that, who knows what will come next, but Frank will be ready for it!

## More About Jay Clayton's September 19 Performance at Caspe Terrace

More than 35 years after her debut, Jay Clayton is still the most sought after singer in jazz. She is recognized as a specialist in scat who's also expert in finding new meanings in the melodies and lyrics of classic popular songs. Jay will demonstrate that skill on September 19, when she brings her "Who's Harry?" project" to Caspe Terrace. Harry is Harry Warren, an often overlooked composer who gave us tunes such as "At Last", "There Will Never Be Another You", "September In The Rain", "I Only Have Eyes For You" and "You're My Everything". Jay will be accompanied by pianist John DiMartino and saxophonist Frank Perowsky. Expect an evening of familiar songs from the Great American Songbook sung in true jazz fashion in the intimate setting of Caspe Terrace in Waukee. For more information, contact Abe Goldstien at 515-279-6452 or [abe@trilixgroup.com](mailto:abe@trilixgroup.com)



## Great Servant-Leaders: Models for Our Time



Harold Kasimow  
Guest Columnist

Today it is impossible to read the news or turn on the television without seeing grief and fear — of losing our homes, our livelihoods, our society, our only planet. But we must not despair. Even in these frightening times, we can look to extraordinary people who can become models for our actions.

In his classic *Servant Leadership: A Journey into the Nature of Legitimate Power and Greatness* (1977), Robert Greenleaf emphasizes the urgent need for people to model their lives after servant-leaders. To Greenleaf (1904-90), a Quaker and former AT&T executive, a servant-leader is an extraordinary man or woman of great integrity, who struggles to see the world as it is, listens carefully to the time's prophetic voices, and speaks out in the face of injustice. Servant-leaders desire to bring healing to the world rather than acquire power, fame or wealth.

Today, perhaps more than at any time, we need servant-leaders who, by their wisdom and love for others, can guide us to live more meaningful and compassionate lives.

Greenleaf saw Rabbi Abraham Joshua Heschel as a model servant-leader. By the 1960s, many people considered Heschel a modern-day prophet, including his best-known friend, the Rev. Dr. Martin Luther King Jr.

At the National Conference on Religion and Race in Chicago in 1963, where Heschel and King first met, the rabbi, who had experienced Nazi racism firsthand, powerfully said: "Racism is worse than idolatry. Racism is Satanism, unmitigated evil."

Just before King delivered his

famous "I have a Dream" speech on August 28, 1963, Rabbi Joachim Prinz, who immigrated to the U.S., shared these remarks: "When I was a rabbi of the Jewish community under the Hitler regime, I learned many things. The most important thing that I learned under those tragic circumstances was that the most urgent, the most disgraceful, the most shameful and the most tragic problem is silence. . . . America must not remain silent."

Just five months before he was assassinated, King gave a speech at Grinnell College in October 1967 titled "Remaining Awake During a Revolution." King spoke about his love for all human beings and his concern for humanity's survival. He especially emphasized the widely shared belief that all life is interrelated and, therefore, we must end racial injustice.

King repeated the cry of the Prophet Amos (5:24), "Let justice roll down like waters, and righteousness like a mighty stream." His core message was that we must talk to each other and be fully present to each other. "[To] stand alone or live alone in the world today," King said, "is sleeping through a revolution."

In April 1968 silence turned to anger and outrage after Heschel's great friend, Dr. King, was gunned down in Memphis, Tennessee. But after a turbulent summer, and a resurgence of conservatism under President Richard Nixon, emotion had again faded into silence. In a March 1972 interview, Heschel said the silence that condones bigotry and hatred was nothing less than acceptance of evil.

I find it marvelous that Greenleaf, the Quaker businessman; Heschel, the Jewish mystic; and King, the Baptist minister—all who came from such radically different backgrounds—lived their lives in times of great uncertainty and change, to engaging with society, dedicated to the liberation of all people, and refusing to be silent in the face of injustice. May they inspire all of us today to follow their example and speak out.

Kasimow is professor emeritus of religious studies at Grinnell College.

## Tournament of the Tiles at Tifereth Synagogue

TOURNAMENT OF THE TILES to be Held October 22

A "Fun-raiser" sponsored by Tifereth Israel Synagogue

Tifereth Israel Synagogue is sponsoring a city-wide mah jongg tournament to be held on Sunday, October 22, in the Tifereth Israel social hall.

The tournament will include a round-robin table rotation, lunch and snacks, a unique mah jongg "silent auction", prizes and networking opportunities for players.

The fun-raiser is planned to allow players to enjoy a pleasant afternoon of the game that has become popular again in recent

years. Entrants will find that the atmosphere of Tournament of the Tiles is designed to encourage all players to have a good time. Imagine that, a good time and prizes to boot!

Marilyn Winick is chair of the fun-raiser. Assisting her are members of Tifereth Israel Synagogue who share the belief that "There is no such thing as too much mah jongg".

Watch for more news about Tournament of the Tiles in the coming month. For additional information contact Vicki Givant at (515) 222-2702 or [alvivgiv@gmail.com](mailto:alvivgiv@gmail.com).



## SUNDAY, OCTOBER 22 MAH JONGG... TOURNAMENT OF THE TILES 11 A.M. TO 4 P.M.

Tournaments are a forward step in the game we love.

Get together with a group of smart, friendly and fun players for an exciting afternoon of mah jongg, prizes, laughter and food

Put the date on  
your calendar now

There is no such  
thing as too much  
mah jongg!

Great networking  
opportunity  
with  
friendly, sociable  
players

This is going to be  
FUN

**TIFERETH ISRAEL  
SYNAGOGUE**  
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More information and  
registration material will be  
published in September.

Vicki Givant  
515-222 2702  
[alvivgiv@gmail.com](mailto:alvivgiv@gmail.com)

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# Engman Camp Shalom

we create spirit

## Top Ten Moments of Engman Camp Shalom 2017

Sophie Homonoff  
Camp and School Director

It is hard to believe the summer has come to an end. We had a fantastic ten weeks at Engman Camp Shalom. We gained new skills from Menace Soccer and swim lessons. We made new friends and memories to last a life time. The field trips allowed us to explore Des Moines from Adventureland to Living History Farms. It is hard to pick just one favorite thing about camp. Below are the 2017 top Ten things we love about Engman Camp Shalom!

10. Splashing down the water slides and playing with friends at Valley View Aquatic center



9. Learning how to play soccer with the help of Menace



8. Visiting Blank Park Zoo



7. Preforming Broadway bound plays like "Adventure Land Kids"



6. Visiting Living History Farms and learning about sewing and creating clothes



5. Riding roller coasters at Adventureland



4. Tie Dying t-shirts and socks



3. Bonding and playing games during group time



2. Singing and eating s'mores at the overnight bonfire



1. Bonding and having fun with fellow campers





# Gan Shalom

The Jewish Center for Early Childhood Development

## Summer Fun at Camp Gan Shalom

Anissa Deay  
Preschool Director

Gan Shalom summer camp kicked off with high attendance. Children came in their bathing suits, ready for water play. We took some time to water and weed the children's garden. All while catching frogs, bugs, and butterflies. With the support of Jon Brimeyer, Gabby Jones, Sydney Pearl, and Ryan Tilton the children were free to explore and get creative. Our National Mud Day celebration was a summer highlight along with our Bike Parade. Children enjoyed playing 'Duck, Duck,

Goose' with Maniac from Des Moines Menace Soccer and cooling off with the Waukee Fire Department.

Gan Shalom Preschool's first day is Monday, August 28, 2017. Gan Shalom team of teachers includes Juli Margolin, Raizel Small, Lisa Nelson, Marty Samuels, Jan Hoeman and Zak Randels. We are excited to start another year of learning at Caspe Terrace. This year there will be a strong focus on social-emotional development, STEM and project approach learning. Contact Anissa at (515) 987-0899 or [anissa@dmjfed.org](mailto:anissa@dmjfed.org) to set up a tour to see Gan Shalom.



Kids getting a "little" muddy to celebrate National Mud Day



The Waukee Fire Department stopped by to show the kids different parts of the firetruck and especially the hose

## What Parents Have to Say About Gan Shalom

"Teachers & staff are very caring. They are very attentive to the needs of the entire family as well as the needs of the individual child. The teachers are most competent, professional, & compassionate." -A.D. Parent

"This is more than a preschool, it's a community with kind educators who care about my daughter's well-being as much as I do. She was welcomed warmly and loves the people and place. She looks forward to seeing her friends and teachers. Every activity is designed to strengthen her skills and self-confidence. I've seen tremendous growth in her and I am beyond grateful to Gan Shalom for this. If you're looking for a nurturing environment for your children, look no further!" -I.M. Parent

"Our daughter, Julia has started preschool at Gan Shalom. We have been extremely impressed by this high-quality preschool program! The staff at GS is friendly and because of the small size, each one of them knows us well. The classroom sizes are small (five kids in Julia's room), they offer individualized attention, the facility is amazing (new, secure, clean, large outdoor area), and it is three minutes away from our home. Although we are not Jewish, we welcome opportunities to have our girls exposed to diverse cultural backgrounds. We would highly recommend Gan Shalom!" -G.M. Parent

"Last summer our 5 and 3-year-old daughters attended all day camp at Gan Shalom. Our oldest daughter also attended a half day camp in Okoboji, where I grew up. I knew Gan Shalom was a hit when Anna Lucy told me that she preferred Gan Shalom over the Okoboji camp because it was fun and 'shorter'. I guess she was having such a good time she didn't realize it was actually twice as long as the half day camp! We will definitely be sending our girls to Gan Shalom again. The staff there is wonderful, caring, and attentive." -S.B. Parent



# Beit Sefer Shalom

## From the President of the BSS Board



Hannah Rogers  
President of BSS Board

Shanah Tovah,

After another outstanding year of growth and increasing energy at Beit Sefer Shalom, we are looking forward to the start of another amazing year. Although it's hard to believe, summer is winding down, which means that school is right around the corner—and classes at BSS start on September 17th!

If you have not already done so, be sure to register TODAY for the BSS 2017-18 school year online at:  
<http://www.jewishdesmoines.org/bss/registration>

Madrachim should also register as soon as possible at: <http://bit.ly/2woACyF> We had such an incredible increase in our Madrichim numbers last year, and we expect that will continue!

Exciting new developments this year include:

- Enhanced social justice/tolerance lessons,
- An updated computer lab,
- Enhancements to Hebrew curriculum, Twinning with Israeli classrooms through P2G
- New staff—including more Drake students and other new community members.

I'm also pleased to announce that we will be continuing to offer our two-year-old room. We made this room available to our families for the first time last year and were thrilled with the incredibly positive response!

Our families are the most important part of Beit Sefer Shalom's success, and we look forward to seeing you all this year.



Madrachim meeting



BSS educates students from two-18 years old



BSS students at the Iowa Holocaust Memorial at the State Capital



Students gather to study Torah during Beit Sefer Shalom classes



Students stand with the Sukkah they helped



# Beit Sefer Shalom

## School Calendar 2017-18

### SUNDAYS

9AM - 12PM

September: 17, 24  
 October: 8, 15, 22, 29  
 November: 5, 12, 19  
 December: 3, 10, 17  
 January: 7, 14, 21, 28  
 February: 4, 11, 18, 25  
 March: 4, 25  
 April: 8, 15, 22

### WEDNESDAYS

4:30PM - 6:30PM

September: 27  
 October: 4, 11, 18, 25  
 November: 1, 8, 15, 29  
 December: 6, 13, 20  
 January: 3, 10, 17, 24, 31  
 February: 7, 14, 21, 28  
 March: 7, 21, 28  
 April: 11, 18

33158 Ute Avenue | Waukee, IA 50263 | 515.987.0899 x 221



## SAVE THE DATE!

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THE 2017 GLOBAL DAY THEME IS:  
 BEAUTY AND UGLINESS



# Beit Sefer Shalom

## ENROLL NOW!

2017-2018 SCHOOL YEAR - AGES 2-18

Register online at: [goo.gl/L9wnCH](http://goo.gl/L9wnCH)

Register online



Follow BSS  
 on Facebook!



Caspe Terrace | 33158 Ute Avenue | Waukee, IA | 515.987.0899 x 221



# Come Join the Iowa Jewish Historical Society for Two Exciting and Memorable Events Featuring Celina Karp Biniaz

Nearly 73 years ago, an emaciated 13-year-old girl imprisoned in the Auschwitz concentration camp, somehow convinced Dr. Josef Mengele, the “Angel of Death,” to let her live.

Celina Karp was not supposed to be in that line waiting for Dr. Mengele’s inspection and decision. After nearly five years in a ghetto and forced-labor camps, she and her mother, Phyllis, were supposed to be working in a new munitions factory in Brünnlitz, Czechoslovakia as two of approximately 1,100 Jewish laborers put on a list of workers Oskar Schindler needed for his new factory.

Instead, the train that was supposed to carry the 300 women on Schindler’s list from Poland to the factory was diverted to Auschwitz. At Auschwitz, the women were taken to the showers where they were amazed that water—not gas—came out of the shower heads.

It took Oskar Schindler nearly six weeks to convince the Germans to release the women back into his custody and move them to his factory where they stayed until they were liberated in May, 1945. Two days before the liberation of the camp, Oskar and Emilie Schindler gave their workers a duffel bag with items they would need to survive after the war’s end.

Two years later, Celina and her parents immigrated to Des Moines.

On September 10 and 12,



*Photo by David Miller of the Survivor Project: Holocaust Survivor Portraits*

Celina will be in Des Moines to share her story.

- From her birth in Krakow, Poland in 1931 to how, at age 8, her normal childhood changed forever when all of Krakow’s Jews were moved into a ghetto
- Her nearly five years in the Krakow ghetto and the Plaszow labor camp and the accidental transfer to Auschwitz instead of Schindler’s factory in
- Her terrifying encounter with Dr. Joseph Mengele before she, her mother, and the other women on his list were rescued by Schindler and were reunited with her father in Schindler’s factory in Czechoslovakia
- Liberation
- Her family’s immigration to Des Moines and life in the United States—graduation from North High School, Grinnell College, Columbia University and so much more!

## Become a Sponsor for Celina’s Presentations

In addition to the presentations for the general public, Celina will be speaking to secondary students at North High School, her alma mater, and at Valley High School.

Celina’s story is an important one for people of all backgrounds and beliefs—and never more so than today. With all the division and strife in today’s world, it is critical that we listen to each other’s experiences and points of view and that we learn from the atrocities of the past. The IJHS wants as many people as

possible—from all ethnic and economic backgrounds and all generations—to hear Celina’s story and we are hoping that you will help.

Help us take Celina’s story to as many people as possible!

### **Gold Sponsor: \$2,500**

- Special recognition throughout the 4-day event in all donor recognition materials—programs, signs, IJHS webpage, etc.—as a Gold Sponsor, including in The Jewish Press and the Jewish Federation of

**Second Chance: My Story**  
Sunday, September 10 at 2 p.m.  
**FREE Admission, First Come, First Seated**

**Staplin Performing Arts Center**  
Valley High School  
3650 Woodland Ave.  
West Des Moines, IA 50266

**When Memories Unfold: A Luncheon with Celina Karp Biniaz**  
Tuesday, September 12 at 11:30 a.m.  
**LIMITED SEATING - TICKETS REQUIRED**

**The Caspe Terrace**  
33158 Ute Ave.  
Waukee, IA 50263

<b>Tickets</b>	<b>\$50/person</b>
<b>Patron</b>	<b>\$100/person</b>
<b>Benefactor</b>	<b>\$250/couple</b>
<b>Sponsors*</b>	<b>Gold - \$2500</b>
	<b>Silver - \$1,000</b>

**\*Sponsorships include reserved seating and donor recognition**

**Make your reservation by September 1 online at [ijhs.online](http://ijhs.online) or by calling 515-987-0899 ext. 213.**

**For questions or information about becoming a sponsor, please email [sandi@dmjfed.org](mailto:sandi@dmjfed.org) or call 515-987-0899 ext. 216.**



**This enamelware cup was used by the Karp family when they worked in Schindler’s factory in Brünnlitz, Czechoslovakia. Phyllis brought the cup to Des Moines in 1947. It was donated to the IJHS by Celina Karp Biniaz**

throughout the 4-day event in all donor recognition materials—programs, signs, IJHS webpage, etc.—as a Gold Sponsor, including in The Jewish Press and the Jewish Federation of Greater Des Moines’ annual report.

- Special recognition all the events on September 10, 11, 12, and 13.
- 10 front-row tickets for the September 10 event and 8 tickets for the September 12 luncheon

**Silver Sponsor: \$1,000**

- Special recognition

throughout the 4-day event in all donor recognition materials—programs, signs, IJHS webpage, etc.—as a Silver Sponsor, including in The Jewish Press and the Jewish Federation of Greater Des Moines’ annual report.

- Special recognition at all the events on September 10, 11, 12, and 13
- 6 front-row tickets for the September 10 event and 4 tickets for the September 12 luncheon



# IJHS Receives Funds to Help Improve Storage Conditions for the IJHS Collection

*With Donations From REAP/Historical Resource Development Program and the Beverly Blank Perry Foundation*

Sandi Yoder  
IJHS Director

The Iowa Jewish Historical Society (IJHS) has received two important donations to help improve storage conditions for the thousands of historical artifacts that have been donated during the past 20 years.

The two donations—a \$25,000 grant from the REAP/Historical Resource Development Program administered by the State Historical Society of Iowa and a \$15,000 gift from the Beverly Blank Perry Foundation—will be used to purchase new compact movable shelving; provide additional shelving for special collections such as textiles, framed artwork, clothing, oversize items, etc.; and to move, inventory, and re-install our collections, reference library, and files in the newly-upgraded storage and work areas.

These two donations, combined with a \$10,000 grant from Bravo Greater Des Moines, bring the total funds raised for

this project to \$50,000. IJHS needs an additional \$25,000 to finish covering the cost of the new shelving and \$33,000 more to purchase needed archival supplies (acid-free boxes, file folders, tissue, etc.), provide a contingency fund for unexpected expenses, and to hire a part-time staffer to help move and inventory the collection.

This project is part of the IJHS' \$1.5 million fund drive to secure the financial future of the organization, complete several critical projects—including the improvement of collections storage, and raise funds to be able to take advantage of special opportunities in the future. The campaign kicked off last fall with a \$1 million gift from Mary Bucksbaum Scanlan in Memory of her mother Melva Bucksbaum.

If you are interested in helping fund this project or making a donation to the fund drive, please call Sandi Yoder at 515-987-0899 ext. 216 for a personal tour of the museum

and collections storage to see the need and to learn more about the project.

The IJHS is deeply grateful to the Beverly Blank Perry Foundation, the REAP/Historical Resource Development Program, and Bravo Greater Des Moines for their generosity and support of this project and to Mary Bucksbaum Scanlan for her outstanding gift!



Artist's drawing of movable shelving for IJHS Collections



Current crowded storage conditions at IJHS with boxes and items stored on the floor



**Iowa Jewish Historical Society**

*The Jewish community in Iowa has built a gem on the prairie. Now it's time to build on this success and make it even better.*

Our 20th Anniversary Fund Drive will help the IJHS:

**OPEN** our doors on a more regular schedule to welcome more students and visitors of all ages;

**FIND** new ways to share our history with people in our state and around the world; and

**ENSURE** that the artifacts that we have already collected and those that are donated in the future **will be taken care of** so that future visitors can see the real objects that were used and valued by the generations that came before them.

In these challenging times, it is so important that we make even greater efforts to save our history, in our home communities and statewide, reflecting on our life experiences and displaying our contributions to Iowa and our nation.

**Your gift can make all of this happen!**

**Help preserve our precious heritage and share it with the world.**



**Iowa Jewish Historical Society**

**...how beautiful is our heritage  
Campaign**

*I am pleased to support the Iowa Jewish Historical Society with a gift of:*

\_\_\_\$100 \_\_\_\$250 \_\_\_\$500 Other \_\_\_\_\_

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\_\_\_Credit: Visa MasterCard American Express

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# They Say the Third Time's the Charm, and They Were Right: My Trip to Israel

Giovanna Zavell  
Managing Editor

It's unbelievable I made my third trip to Israel this past July, while many people haven't even made their first.

I always tell my friends there is something magical about being in Israel. And there is. I don't know if everyone feels it the same way I do, but I'm sure those of us who have been feel it in some way or another. The feeling I get while traveling to Israel— besides exhaustion from the actual traveling portion of the trip— is even more magical because I am doing it with my whole family. My mom, dad, brother, aunt, uncle, three cousins, my cousin's grandma, my paternal grandparents and me have packed our bags, three times, and made the journey.

My three cousins, who are from the Chicago suburbs, each made their Bar and Bat Mitzvahs in Israel, which is the main reason our trips. While the Bar and Bat Mitzvahs are beautiful, it's what we do during the rest of the trip that we get to live and experience everything Israel has to offer.

## "If I forget thee O' Jerusalem, it's because of Tel Aviv"

We did something totally new and different this trip while in Tel Aviv, a graffiti tour.

The organization is called Graffitiylul and our guide is a graffiti artist— though she didn't share any of her pieces with us. We wandered the streets of Tel Aviv as she pointed out specific pieces. Before telling us about the artist or what the piece is supposed to portray, she would ask us what we think of it. Below is one of my favorite pieces.



Our guide asked us how old we thought the artist was when the piece was created, what the artist's gender is and what the piece means. I bet your guesses are nowhere near the truth

behind this piece, I know mine weren't.

The artist of this piece is a ten year old boy. The needles that are sticking in the eyes both say "botox." The artist is trying to convey the message that the way a lot of people see the world is fake. There are so many tools and procedures that can change anyone and any thing's appearance. It amazed me such a powerful message came from a ten year old boy.

When we finished touring the outskirts of Tel Aviv, our guide brought us into "the playground." The playground was about a block large and consisted of houses that would soon be torn down, and the exact place many graffiti artists go to practice. And then the Zavells did the unthinkable, we tagged the alleys of Tel Aviv. Our guide handed us cans of spray paint and set us free. My brother and I found this the opportune moment for a photo shoot.



## "It is in the Negev that the creativity and pioneer vigor of Israel shall be tested"

The quote above is one David Ben-Gurion once said. We spent a lot of time in the southern desert, mostly in and around the Negev and Ramon Crater. To say it was hot is an understatement— it was at least 100 degrees each day, with a cool low of 90. But there is just something about the desert that always gets me, no matter how much it made me sweat.

I've climbed Masada twice before this trip. The first time we climbed the snake path and the second we climbed the Romans ramp. We climbed the Roman's ramp again this time. But it was completely different. My cousins and I were the first five people to be on top of Masada for the

day. It was breathtaking. For about ten minutes everything was still, quiet and dark. And then hundreds of other people made their way to the top and we weren't alone anymore. But, I did get to "hold" the sun.



Contrary to popular belief, you can farm in the desert. You just have to be creative and know how to combat the heat. We visited the Salad Trail, located on the kibbutz Talmel Yosef in the Northern Negev. This was by far the tastiest part of our trip. Not only did we learn about agriculture in the desert, but we were encouraged to try everything around us. Tomatoes, cucumbers, carrots, strawberries, passion fruit and different types of herbs were among the many crops grown on this kibbutz. My taste buds were spoiled when it came to the tomatoes. Nothing at home will ever compare to plucking those tomatoes off their hanging vines.



Noshing our way around was not the only thing we did involving food. One morning, we spent some time at Pantry Packers. Pantry Packers is located in Jerusalem and is a food distribution organization. After learning about the Israel's hunger needs, we tied our aprons, put on our hair nets and got to work. We filled, sealed, labeled and packaged one pound bags of rice and chick peas. But, being the family we are, this quickly turned into a competition to see which group

could finish the most bags first. Each box held 50 bags of rice or chickpeas, in total we filled around eight boxes. Below is a picture of my dad and I who were on the rice team.



## "Next Year in Jerusalem"

There isn't too much in Jerusalem my family and I haven't done, but there was one: go to Saturday morning mass at the Church of the Holy Sepulchre. My mom is Catholic, and the past two times we were in Israel, we had only visited the Church. This time, my mom, dad, aunt and I woke up early and walked to the Old City.

The mass was completely in Latin, but it was so moving to be a part of. While the mass was going on, I'd sneak off every once and a while to explore the different parts of the Church and learn about the history it holds. It's a lot bigger than it looks from the outside. Since we were some of the first people there, my mom was excited to have a picture with almost no other people in the background.



One of our last days in Jerusalem we helped find more evidence of our history. For a couple hours, we participated in the Temple Mount Sifting Project. I love archeology and I could have stayed and sifted for days, unfortunately, we only had



a few hours. But, my brother and I made the most out of our time. After getting our hands muddy and finding pieces of pottery, shells, plaster and bones, we hit the jackpot. What could have been mistaken for a rock was actually half of a coin, dating back to the second temple times. We were ecstatic and proudly paraded our coin around for the others to see. You can see below just how happy I was.



**“When on the boarders, we have our family behind us and our friends by our sides”**  
While in the Golan Heights, we visited another completely new place. This was

definitely one of my top ten adventures.



Yes, from the outside, the building in the back looks totally abandoned. And it is. The dozens of rooms inside have been scrapped for their metal, every wall is covered in graffiti and the main stair case is collapsed due to a bombing. This building was once a Syrian headquarters and the exact place Eli Cohen received papers that allowed him to enter Syria.  
It’s cliché to say, but there aren’t enough words to describe how grateful to have visited and explored Israel for a third time. And I am already planning my next trip.



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High Holy Days 5778

Schedule of Events



- ♦ **Saturday, September 16, 2017 Selichot**  
7:45pm — Ma'ariv  
8:15pm — Program / Discussion
- ♦ **Wednesday, September 20, 2017: Erev Rosh Hashanah**  
7:00pm — Erev Rosh Hashanah Services
- ♦ **Thursday, September 21, 2017: First Day Rosh Hashanah**  
9:00am — Morning Services  
10:00am — Alternative and Youth Services  
4:30pm — Tashlikh at Gray's Lake Park peninsula
- ♦ **Friday, September 22, 2017: Second Day Rosh Hashanah**  
9:00am — Morning Services  
6:00pm — Shabbat Shuvah Evening Services
- ♦ **Saturday, September 23, 2017: Shabbat Shuvah**  
9:30am — Shabbat Shuvah Morning Services
- ♦ **Sunday, September 24, 2017 KeverAvot**  
1:00pm — Service at Glendale Cemetery
- ♦ **Friday, September 29, 2017: Erev Yom Kippur**  
5:30pm — DMARC Food Drive  
6:30pm — Kol Nidre Service
- ♦ **Saturday, September 30, 2017 Yom Kippur**  
9:00am — Yom Kippur Morning Services and Yizkor  
10:00am — Alternative and Youth Services  
3:00pm — Spiritual Side Trip Classes  
5:15pm — Minchah Service, Neila Service and Concluding Ma'ariv  
7:45pm — Havdalah, Shofar Blown. Glow lights provided for children: bring your shofar!  
— Break-the-Fast will follow — **RSVP**

Tifereth Israel

SYNAGOGUE



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**September 20 (Wed.) Erev Rosh Hashanah**  
Erev Rosh Hashanah Service 7:00 pm  
Rosh Hashanah Party 8:30 pm

**September 21 (Thurs.) Rosh Hashanah**  
Rosh Hashanah Morning Service 10:00 a.m.  
Temple Lunch 11:30 am  
Rosh Hashanah Afternoon Family Service 2:00 pm  
Tashlikh Service @ Racoon River Park 4:00 pm

**September 29 (Fri.) Kol Nidrei**  
Yom Kippur Kol Nidrei Family Service 6:00 pm  
Yom Kippur Kol Nidrei Adult Service 8:00 pm

**September 30 (Sat.) Yom Kippur Day**  
Yom Kippur Morning Service 10:00 am  
Yom Kippur Interlude 12:00 pm  
Yom Kippur Afternoon Torah Service 3:30 pm  
Yom Kippur Healing Yizkor Ne'ilah Service 4:15 pm  
Break the Fast Meal 6:00 pm

Temple B'nai Jeshurun  
5101 Grand Avenue  
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515-274-4679  
[www.templebnaijeshurun.org](http://www.templebnaijeshurun.org)

Special Events for September and October 2017

September 2017

- Friday, September 8, 6 p.m.: Mishpacha Shabbat & Potluck
- Friday, September 15, 6 p.m.: Acoustic Shabbat
- Saturday, September 16, 7:45 p.m.: Selichot Service & Program

October 2017

- Thursday, October 5, 9:30 a.m.: Sukkot Day 1 Services
- Friday, October 6, 9:30 a.m.: Sukkot Day 2 Services
- Saturday, October 7, 9:30 a.m.: Mallory Goldstein Bat Mitzvah
- Sunday, October 8, 4:30 p.m.: Harvest Dinner
- Thursday, October 12, 9:30 a.m.: Shemini Atzeret Services with Yizkor
- Thursday, October 12, 5:30 p.m.: Simchat Torah Family Celebration

- Friday, October 13, 9:30 a.m.: Simchat Torah Service
- Sunday, October 22, 9 a.m.: Mah Jongg Tournament
- Sunday, October 22: Iowa Whiskey & Spirits Festival
- Saturday, October 28, 10:30 a.m.: Tot Shabbat & Jr. Congregation
- Sunday, October 29, 1 p.m.: Shelter Dinner Prep

Recurring Events

- Minyan: Tuesdays at 7:15 pm
- Services:  
Fridays at 6pm - Shabbat Evening Services  
Saturdays at 9:30am - Shabbat Morning Services  
Saturdays at 11:30 pm - Shabbat Cafe

Adult Education Schedule Fall 2017

Temple B'nai Jeshurun

- Text Study with Rabbi Kaufman of the Historical Books of the Tanakh, All 6 pm: Oct. 19, Oct. 26, Nov. 2, Nov 9, Nov 16
- Introduction to The Jewish Holidays, All 7 pm  
Aug 31: The High Holidays  
Sept 7: T'shuvah (Repentance)  
Sept 14: Mishkan HaNefesh, Our New Machzor (High Holiday Prayerbook)
- A Focus on Reform Judaism (Five Class Sessions)  
Oct 19: Origins of Reform  
Oct 26: God and Revelation  
Nov 2: Prayer and Practice  
Nov 9: The Jewish People and Israel  
Nov 16: Social Justice and Social Action  
Nov 30: Mei Chanukah? From Where Comes Chanukah?
- URJ Biennial in Boston: Dec. 6-10, 2017

Tifereth Synagogue

- Shabbat Lunch and Learn: Rabbi Emily Barton  
Saturdays after Shabbat Café at 12:30 p.m.
- S.T.E.P. (Sunday Torah Education Program): Michael Kuperman, Sundays at 10 am
- Adult Hebrew for Beginners: Patrick Courtney, Sundays at 3 p.m.
- Stay tuned for more Adult Education offerings to come after the High Holiday Season



# JRC High Holiday Information

## ROSH HASHANAH

Wednesday, Sept. 20, 2017:

- Evening Services: 7:00 pm

Thursday, Sept. 21, 2017:

- Morning Services: 9:00 am
- Shofar Sounding: 11:00 am
- RSVP for Rosh Hashanah community Lunch 515-277-1770
- Minchas followed by Tashlich Service: 6:00 pm
- Maariv service: 7:45 pm

Friday, Sept. 22, 2017:

- Morning Services: 9:00 am
- Shofar Sounding: 11:00 am
- Evening Services: 7:00 pm

Shabbat Shuva / Saturday, Sept. 23, 2017:

- Morning Services: 10:00 am
- Evening Services: 7:00 pm

## FAST OF GEDALYA

Sunday, Sept. 24, 2017:

- Fast Begins: 5:25 am
- Fast Ends at 7:40 pm

## YOM KIPPUR AT HOLIDAY INN FLEUR DRIVE

Friday, Sept. 29 2017:

- Fast Begins at 6:55 pm
- Kol Nidrei Services: 7:00 pm

Saturday, Sept. 30, 2017:

- Morning Services: 10:00 am
- Yizkor Memorial Service: 12:00 Noon
- Afternoon Service: 5:00 pm
- Neilah Closing Service: 6:15 pm Followed by Havdalah and breaking of the fast.

## SUKKOT

(To purchase a Sukkah or a Lulav & Etrog set, Call 515-277-1718.)

Wednesday, Oct. 4, 2017:

- Evening Services: 6:30 pm

Thursday, Oct. 5, 2017:

- Morning Services: 10:00 am
- Evening Services: 6:30 pm

Friday, Oct. 6, 2017:

- Morning Services: 10:00 am
- Evening Services: 6:30 pm

Shabbat Chol Hamoed Saturday, Oct. 7, 2017:

- Morning Services: 10:00 am
  - Evening Services: 6:30 pm
- Hoshana Rabbah

Wednesday, Oct. 11, 2017:

- Morning Services: 7:00 am

## SHEMINI ATZERET & SIMCHAT TORAH

Wednesday, Oct. 11, 2017:

- Evening Services: 6:15 pm
- Followed by Kiddush & Hakafot

Thursday, Oct. 12, 2017:

- Morning Services: 10:00 am
  - Yizkor Memorial Service: 11:30 am
  - Evening Services: 6:15 pm
- Followed by Kiddush & Hakafot

Friday, Oct. 13, 2017:

- Morning Services: 10:00 am Followed by Kiddush & Hakafot
- Evening Services: 6:15 pm

Saturday, Oct. 14, 2017:

- Morning Services: 10:00 am
- Evening Services: 6:15 pm

## Maccabee's Deli Holiday Hours

Wednesday, September 20: 11:00 a.m. to 4:00 p.m.

Thursday & Friday, September 21 and 22: Closed for Rosh Hashanah

Friday, September 29: 10:00 a.m. to 3:00 p.m.

Wednesday, October 4: 11:00 a.m. to 3:00 p.m.

Thursday & Friday, October 5 and 6: Closed for Sukkot

Wednesday, October 11: 11:00 a.m. to 3:00 p.m.

Thursday & Friday, October 12 and 13: Closed for Shemini Atzeret & Simchat Torah

## HIGH HOLIDAY SERVICES WITH MEANING AND MELODY

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## ROSH HASHANAH

WEDNESDAY, SEPT. 20-21, 2017

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## YOM KIPPUR

FRIDAY, SEPT. 29-30, 2017

At Holiday Inn\*  
6111 Fleur Drive  
Des Moines, IA 50321

*There is NO CHARGE for seats; your donation is greatly appreciated.*

*Advance reservations are strongly suggested*

*For more info and reservations:*

515-277-1770 Jrcspark@msn.com www.jewishiowa.com

\* A flyer will be sent out with information and details on staying at the Holiday Inn for Yom Kippur.



## High Holiday Schedule

### Selichot

Saturday, September 16:

- 8:00 p.m.: Dessert social
- 9:00 p.m.: Selichot service

### Rosh Hashana

Wednesday, September 20:

- 8:00 p.m.: Erev Rosh Hashanah service

Thursday, September 21:

- 10:00 a.m.: Rosh Hashanah morning service
- 3:00 p.m.: Rosh Hashanah children's service
- 3:45 p.m.: Tashlich

Friday, September 22:

- 10:00 a.m.: Morning service

Saturday, September 30:

- 10:00 a.m.: Yom Kippur morning service
- 4:00 p.m. Yom Kippur children's service
- 4:45 p.m.: Yom Kippur Afternoon service
- 6:00 p.m.: Yiskor
- 6:30 p.m.: Neilah and Havdalah followed by Community Break the Fast

### Sukkot

Friday October 6:

- 6:00 p.m.: Sukkot service and potluck dinner

### Simchat Torah

Sunday, October 15:

- 11:30 a.m.: Simchat Torah Service

### Yom Kippur

Friday, September 29:

- 8:00 p.m.: Kol Nidre

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Genya Rappaport  
Richard Levitt  
Arthur Goldford  
Lloyd Miller

Melvin H. Givant  
Dr. Fred Sager  
Rabbi Steven Mills  
M. Burton (Burt) Drexler

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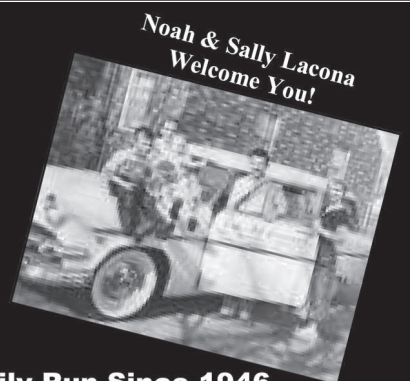
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## Temple B'nai Jeshurun Bar/Bat Mitzvahs



Colleen and Dave Friedman are proud to announce that their daughter, Ella Friedman will be called to the Torah as a Bat Mitzvah on October 14 at 10am at Temple B'nai Jeshurun. The community is invited to join us for service and the luncheon reception to follow. Ella is a seventh grader at South Middle School in Wauke. She enjoys rock climbing and tae kwon do.



Jaime and Aaron Gallick are excited to announce the Bat Mitzvah of their daughter, Sadie Grace Gallick. The community is cordially invited to join us as Sadie is called to the Torah at 10:00am on Saturday, November 4, 2017, at Temple B'nai Jeshurun. A Kiddish luncheon will follow the service.



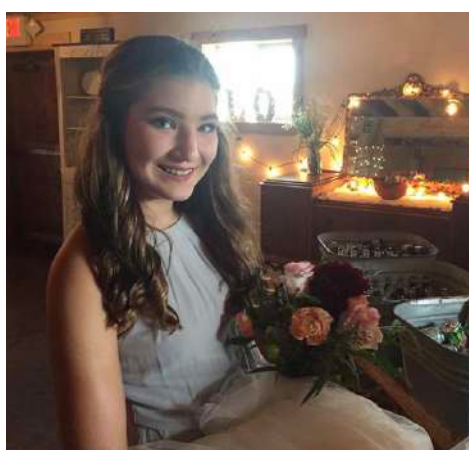
Nicolas Robert Zeff will become a bar mitzvah Saturday afternoon, November 18, 2017, at The Temple B'nai Jeshurun.

Nicolas is the son of Maria and Andrew Zeff of Des Moines and the brother of Alexander. He is the grandson of Eleanor and Robert Zeff of Des Moines and Silvia and Gerardo Lafebre of Ecuador. Nicolas is a student at Bergman Academy. He enjoys tennis, soccer and loves to play his guitar.

**Fall 2017**



Ryan & Jennifer Mann proudly announce the upcoming Bat Mitzvah of their daughter, Sofia Taran Mann, on Saturday, October 28th at 4:30PM at Temple B'nai Jeshurun. The community is cordially invited to attend. Sofia is a 7th grade student at Wauke Middle School and is on the Westside Dance Academy Competition Team.



Adam and Rachel Andrews are proud to announce that their daughter, Halle Athina Andrews, will be called to the Torah as a Bat Mitzvah at 10:00 a.m. on Saturday, November 11, 2017, at Temple B'nai Jeshurun. A Kiddish luncheon will follow the service.

## Ames Bar Mitzvahs



Mark and Melissa Torche are proud to announce that our son Samuel David Torche will be called to the Torah as a Bar Mitzvah on October 28th at 10:00 a.m. at Ames Jewish Congregation. The community is invited to join us for his service, and a light lunch to follow.

## Tifereth Bat Mitzvahs



Gabriella Jones is a 10th grader at Roosevelt High School where she is involved in art, plays the flute in marching band and is the president of 4-H club. In addition, she plays soccer and volunteers at Furry Friends Animal Shelter. Gabby is the daughter of Leah Jones and a sister to Nick, Jori, Nate, and Avi Jones. On Saturday, August 19th, Gabby will be called to the Torah as a Bat Mitzvah at 9:30 AM at Tifereth Israel Synagogue. A kiddush luncheon will follow.



Jule and Steven Goldstein announce that Mallory Danielle Goldstein will be called to the Torah as a Bat Mitzvah on Saturday, October 7, 2017, 9:30 in the morning at Tifereth Israel Synagogue. The community is welcome to join us for a Kiddish luncheon following the service.

## Mazel Tov to the Newlyweds

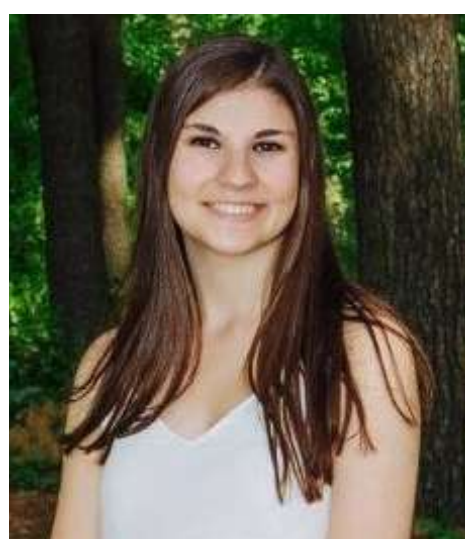


**Mazel Tov to Rabbi Yossi and Chanie Jacobson on the marriage of Zalman and Coty Jacobson**



**Mazel Tov to Rabbi Yossi and Chanie Jacobson on the marriage of Leibel and Malka Jacobson**

## Graduations



Brittney Ann Franklin, daughter of Stacie and Tom Franklin, will be graduated from the University of Colorado Boulder in May 2017 with a Bachelors of Arts in Communication and a minor in Business. In addition to attending a semester at Franklin University in Lugano, Switzerland, Brittney also held eight marketing internships while attending college, including a position at Tel Aviv University in Israel. Mazel Tov, Brittney, on this major milestone and best wishes on your next path along the journey!



# Gan Shalom

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**Orders are due by Friday, September 15, 2017. Call 515-987-0899 x 233 with any questions.**

**Pick up at Tifereth Israel Synagogue, Tuesday, September 19, 2017, from 4:00 pm - 5:00 pm**

**Pick up at Caspe Terrace (school wing) Wednesday, September 20, 2017, from 9:00 am - 3:00 pm**

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