

THE GREATER DES MOINES

Jewish Press

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best wishes
for a *sweet*
new year 5774!

Jewish Federation of Greater Des Moines
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In 5773 there were 2,277 hours logged by volunteers visiting with seniors in their homes and over the phone • 1,750 artifacts inventoried and catalogued as part of the project funded by the Historical Resources Development Project grant • 13,813 miles driven by volunteers providing transportation to our seniors for • 642 rides to doctor's appointments and senior luncheons • 1,315 of Iowa's Jewish veterans now listed in The Book of Honor • 500 people now following the items posted on the Iowa Holocaust Memorial page on Facebook • 125 seniors provided assistance at luncheons, with home visits, and in aiding community members living in their homes • 63 campers enrolled in Engman Camp Shalom • 29 volunteers donated their time to helping Jewish Family Services • 25 children currently enrolled in PJ Library • 19 people served on the Board of the Iowa Jewish Historical Society • 12 new students joined our school this year • 7 organizations engaged by JCRC to present a workshop on Sudan's Conflicts for teachers from 5 school districts • 6 families awarded scholarships for JFCS from the Zuckert Educational Scholarship Fund • 50+ inquiries from the general community about Israel's current situation addressed appropriately, and • 3 public and • 3 private programs for civic leaders about Israel's security needs presented • 1 very talented pair of Israeli musicians brought by JCRC and P2G to perform at the community's 'Israel @ 65' celebration • 1 excellent local artist participated in a P2G artist in residency program in Israel with the assistance of JCRC. • And last, but not least, 1 Holocaust Memorial at the Capitol made its way through committees with the long term help of JCRC. A special side note: The Jewish Community was highlighted in the 2012-13 INclusion Magazine, a special guide, sponsored by the Greater Des Moines Partnership, Business Record Publications, and DSM Magazine, showcasing the diverse culture of Central Iowa.

Thank you for *your* support this year.
 Best Wishes for a
 Happy New Year 5774!



For more information about how to get involved please call Stuart at 515-987-0899 ext. 231.

WHY Can't We Talk About ISRAEL?



Barb Hirsch-Giller
President

On a sweltering evening in mid-July, I attended a community gathering at Caspe Terrace where the topic of discussion and concern was Israel. In reflecting on that excellent program, I must admit that I find myself feeling a bit of anxiety whenever Israel is the topic of conversation. Furthermore, if the issue of affiliation with any particular pro-Israel advocacy group is added to the conversational mix, the level of anxiety climbs even further. And I want to say that this saddens, perplexes, and frustrates me.

The passion that people feel for Israel is matched in intensity only by the extent of their certainty about how others *must* view all things Israel...U.S. policy toward Israel, policies and behaviors of the Israeli government, building of security barriers, settlements—the list is endless. There are times when it seems that the topic of Israel is the most divisive subject of all for contemporary Jews.

Yet the July event was different. Even with outdoor temperatures hovering around 100°, more than 80 people attended this event which featured two Iowa officials who had recently traveled to Israel to study national security methods. The evening began with a brief update on Middle East affairs, but our guests spoke about their very personal experience on the ground in Israel.

While we heard about their impressions of Israeli security, what was overwhelmingly meaningful to them was the very emotional and profound connection to the Israeli people whom they met. They spent Shabbat dinners with families who had children in the armed forces and who had suffered during the Intifadas. They toured the scenes of suicide bombings, all of the borders in conflict, and they became very clear about Israel's challenges and dangers, its power and its vulnerability. They showed us pictures of people, of citizens, and they told us how deeply touched they were about how the Israeli population worked and succeeded in going about life, in truly living—even as the threat of annihilation is a part of their daily experience. Interestingly enough, this meeting was unquestionably one of the most successful Israel-focused events we have ever held. And the question must be asked: WHY?

It is my opinion that the words of the speakers allowed everyone to remember that **when we speak about Israel, we speak about people**, our beloved brothers and sisters who have courageously settled and continue to thrive, invent, steward the land, and set an example of pluralism that is enviable. Their borders have welcomed refugees of every color and religion and while this country is not a utopia, it is a stunning example of what can be.

The land of Israel and her people are a part of who we are. Respectful dialogue about Israel allows us to be cohesive, connected and up-lifted by Israeli issues. This dialogue is critical to our connection to Israel and of equal importance, connection to one another. The Federation encourages this frame of reference in programming through our school, P2G efforts, and support of missions, which put us on the ground in our Holy Land. If the children of our P2G sister community and the children of our Federation Community School can establish a friendship thousands of miles apart, then we can learn to talk about the Israel's issues with compassion and respect for one another.

May we approach this New Year with a renewed commitment to listening to each other, all the while remembering that when we speak to one another about Israel, we speak of people, not policy. L'shana Tova to all!

Barb

THANK YOU

Jewish Federation thanks Heidi Moskowitz for her long-time service as chair person of the Jewish Press. We wish her and David all the best as they relocate to the Washington D.C. area.

SAVE THE DATES

The 100th Anniversary Celebration of the Jewish Federation of Greater Des Moines is **Sunday, June 1, 2014**



March 28 – 30, 2014
A Weekend with Josh Nelson

"Josh Nelson is gifted with song and soul!"-
Rabbi David Wolpe,
Sinai Temple, Los Angeles

KEVER AVOT MEMORIAL SERVICES

Sunday, September 8

12:30 pm, Woodland Cemetery

1:00 pm, Jewish Glendale Cemetery

FEDERATION 100TH ANNIVERSARY BOOK LOOKING FOR PICTURES AND STORIES

We are starting to get very excited about the Federation's 100th anniversary! We will be compiling stories and pictures to tell our community's story from over the past century. If you have anything you think would be a good addition to our book, please contact Mollie Giller at mollie@dmjfed.org. We are always happy to consider items for publication in the anniversary book. We reserve the right to edit submissions.

THE GREATER DES MOINES

Jewish Press

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The Greater Des Moines
Jewish Press

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Volume 30, No. 1

September/October 2013

JEWISH FEDERATION COMMUNITY SCHOOL

What's new at the Jewish Federation Community School?

Attention parents and grandparents of children ages 3 through 12th grade! Students, parents and teachers will meet for an all-school assembly on Sunday, September 8th to kick off the new school year. Highlights will include:

- Introduction of school board, teaching staff and resource specialists
- School vision and philosophy
- Sunday breakfast club
- Wednesday dinner club
- Grade-by-grade priorities and emphasis
- Curriculum updates
- Upper grades orientation
- Conversational Hebrew
- Social action
- Parent education opportunities

Enrollment for the 2013-14 religious school is underway. If you haven't received your enrollment packet and/or know of a family that is new to town or hasn't been introduced to our school, please contact Laura Bernstein at 515-987-0899 x 221 or laura@dmjfed.org.

- Laura Bernstein, Director of Education



Jewish Federation Community School 2013-14 Teachers & Resource Specialists

- Wendy Beckerman - Hebrew Specialist
Rabbi Steven Edelman-Blank - Clergy Resource and Teacher
Jenny Blumberg - Teacher Assistant
Rabbi Leib Bolel - Clergy Resource and Teacher
Samantha Brenner -Teacher Assistant
David Copeland - 2nd Grade Teacher and 10th - 12th grade Team Teacher
Patrick Courtney - 6th - 9th grade Teacher
Cora Egberman - Student Guitarist
Shayna Grund - 5th Grade Teacher
Orli Gubani - 4th Grade Teacher and Conversational Hebrew Specialist
Dori Hauser - 1st Grade Teacher
Sophie Homonoff - 3rd Grade Teacher and Education Specialist
Jody Hramits - 10th - 12th grade Team Teacher
Ben Kaufmann - Hebrew Specialist
Rabbi David Kaufman - Clergy Resource and Teacher
Jacob Lederman - Israel Resource Specialist
Tzfanat Mor - Israeli Shlichah
Allyson Reister - Kindergarten Teacher
Cynthia Schulman - PreK Teacher and Art Specialist
Cantor Linda Shivers - Clergy Resource and Teacher
Raizel Small - Teacher Assistant
Allison Wolf - Kindergarten Teacher and High School Guest Teacher

Meet Laura Bernstein



Laura Bernstein has joined the Jewish Federation as Director of Education and hopes to increase enrollment and enhance the learning experience for our students and families.

Jewish Press: Laura, you're a business owner, consultant, and educator. Why did you choose to join the Federation?

LB: I've enjoyed being a member of our Jewish community and a lay leader for the last several years and wanted to contribute professionally to our goal of providing a high-quality education to our community.

JP: What does your job entail?

LB: I've been busy my first couple of months.

For our community religious school I've been evaluating curriculum, meeting with clergy, reviewing community feedback, hiring teachers and setting priorities for the 2013-14 school year. I've also been leading our efforts to open a new preschool this September.

JP: Tell us about your staff.

LB: There are many talented and dedicated people involved with both schools. Sophie Homonoff is now working part time as an Educational Specialist and is our 3rd grade teacher. Sophie has an assessment and teaching background and has been helping us with numerous projects related to both schools. David Copeland is with us full-time now as our technology and education support specialist. David serves in a variety of roles - teaching, cooking, technology support and more. We've also hired two new preschool teachers, Nicole Hayes and Juli Margolin—both bringing significant experience in early childhood development. And of course we have a full team of enthusiastic teachers and resource specialists dedicated to our community school. [see sidebar at left for 2013-14 staff list]

JP: How are you trying to set us in the right direction?

LB: Right now I'm doing a lot of listening and evaluating. I've talked extensively with Lyanna (former school director), our congregational Rabbis, Gabrielle Callistein (the new Board of Education President), parents of students enrolled, parents of students not enrolled, and former and current teachers to learn what has worked successfully in the past and what current challenges exist today. My goal is to create an awesome experience for our students so that learning becomes a lifelong priority for them.

JP: What would be your top administrative goals for the school?

continued on page 17



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In Profile: Esther Bergh



A veteran lead, Preschool teacher, Esther Bergh, speaks of her 45 years instructing our children

Jewish Press: Mrs. Bergh, when did you begin teaching for the Jewish community? Please tell us about your work with the preschool.

Mrs. Bergh: I first started teaching for the community in 1957. A long time ago! My mother-in-law was, at the time, secretary at the Federation's Bureau for Jewish Living, as it was called back then. And she knew that there was a group of young children who were being supervised during the day, so she suggested that I see if I could be employed there. I interviewed with the board and was

given the go ahead, and sure enough they had a group of four year olds - nine boys and one girl. They were cared for in the Tifereth clubhouse. It was not the right setting, but with a helper, I did what I could. I was used to doing with little, because I had grown up in England and worked in a wartime nursery where we had very little material and had to be creative with what we had. Luckily, a consultant from the Bureau of Jewish education in Chicago came to Des Moines and said to the board, "Look here, there's a building that is standing empty, why don't you use the rooms there." That's when we moved over there and started building our preschool. In time, the board realized that we had to have funding to purchase things that were necessary for running a preschool. And we started out, just with a four year-old group.

We suddenly improved and then we realized that we should begin instruction for three year-olds too. And we increased the staff, in the early days, to include Rhoda Kreamer and Ethyl Norman, along with some volunteers. In many ways, progress seemed to depend on the director of the Bureau. Shlomo Benderly, as director for example, was very interested in developing the preschool. Back then, most of the children were from families in Tifereth, with a few from Beth El Jacob. Benderly helped generate interest in families from the Temple.

Over the years, the preschool grew so much that it was accredited by the state. And it was a unique preschool because we integrated Jewish tradition and Judaism into the instruction. A Shabbat program and Hebrew were introduced in time. Luckily I had a good background. I had taught in Israel and that gave me plenty to work with.

In the 1980s, we added a group for two-year olds, and of course, we increased the number of teachers. Among them were Sandy Garland and Bertie Waltman. And this continued to grow into a very successful preschool. Our curriculum was oriented to the emotions, to the intellect, aided physical development, and we introduced academics to prepare the children. I think our program really became all-encompassing at that time.

The largest group of children that we worked with grew to thirty-something. Over the years, I would say there were several hundred children that came through the preschool.

In the end, I was surprised that I was there for forty-five years. I taught for the afternoon school as well. *continued on page 17*

New School Board Ready To Make A Difference!

The Jewish Federation 2013-14 Community School board met in late July to set the vision for the new school year. Our community religious school serves the greater Des Moines area and has students from families affiliated with our three major congregations - Beth El Jacob, Temple B'nai Jeshurun and Tifereth Israel Synagogue.

The school's vision is to be our community's home for a high-quality Jewish education that meets the diverse academic, social and emotional needs of our students. It is a safe and nurturing environment where students can develop a strong Jewish identity and families can engage in their own Jewish educational experience.

The board will be working closely with our new Director of Education, Laura Bernstein, to support strategic changes to upgrade curriculum, provide more programming and improve engagement between the school and parents.

Gabrielle Callistein, President of the School Board, explains, "Our school is still The Jewish Federation Community School and is now also called Beit Sefer Shalom, which translates into Peaceful House of Books. We have renamed the school because we feel it is important to express that the school is moving forward in exciting new directions and is a Federation school meant to serve the entire Des Moines area Jewish Community."

Beit Sefer Shaom

The Jewish Federation Community School

2013-14 SCHOOL BOARD

Gabrielle Callistein, President

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Hannah Rogers, Secretary

Marla Sobel, Personnel Chair

Juli Margolin, Programming and Community Outreach Chair

Adam Eggherman, Curriculum Chair

Tracy Finkelshteyn, At Large member

Todd Steinberg, At Large member

Jazz At The Caspe Terrace

Something magical happens each time musicians take the stage at The Caspe Terrace. It will happen three times this fall!

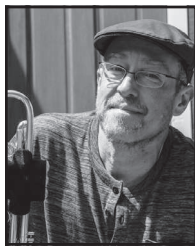
It's the magic that comes from an intimate performance venue where friends gather for one reason — to experience the diversity and beauty of jazz. Save the following dates!



Sept 17: Dave Burrell Conception Ragtime. Stride. Swing. Bop. Avant Garde. It all blends together under the hands of pianist Dave Burrell. His dynamic compositions, with blues and gospel roots recall the tradition of Jelly Roll Morton, James P. Johnson and Duke Ellington, as well avant garde composers Thelonious Monk and John Coltrane. Dave will be joined for part of this performance with drummer Joe Chonto and saxophonist David Tamura. Check out Dave's stride version of Coltrane's Giant Steps: <http://www.youtube.com/watch?v=P1dcvI5Eap8>

Nov 5: Lee Shaw Celebrates The Music of Billy Strayhorn

It's not her age that will impress you, it's her piano playing. At age 87, Lee Shaw's name is usually mentioned in the same sentences as female jazz greats Mary Lou Williams and Marian McPartland. Find out why when she and bassist Rich Syracuse explore the music of Duke Ellington's favorite composer/arranger - Billy Strayhorn. See how young an octogenarian can be when she gets behind a piano: <http://www.youtube.com/watch?v=LR7BM-61OJg>



Dec 5: The Dave Douglas Quintet The last time trumpeter Dave Douglas was in Des Moines he was just starting his climb to the top of the jazz polls. Today he is solidly there, having been named Downbeat Magazine's Top Trumpeter for more than ten years. The Caspe Terrace is just one stop on his mission to play in all 50 states during his 50th year. We'll all be celebrating with an evening of original music from some of the best players on the scene today. Check out a cut from Dave's recent album to see

what we mean: <http://www.youtube.com/watch?v=Qw0BESvKWlw>.

Advance tickets for the Dave Burrell and Lee Shaw concerts will be \$25 each. Advance tickets for Dave Douglas will be \$30. However, you can purchase tickets for the entire series for \$75 and have your name entered in a drawing for an autographed CD from each performer. (Student prices are available.) Reserve tickets now by contacting Abe Goldstien at abe@trilixgroup.com or 515.279.6452.

REMEMBER, all concerts begin at 7:30 p.m. And stick around after the show for a meet-the-artist dessert reception hosted by the Waukee Area Arts Council.

Please join us for lunch
as we honor

Esther Bergh

and celebrate the opening of

Gan Shaom

The Jewish Center for Early Childhood Development

Sunday, September 8
from 11:00-12:30

Caspe Terrace
33158 Ute Avenue
Waukee

Dietary laws observed

RSVP by September 1
sophie@dmjfed.org or
515-987-0899 ext 221.

Senior News

Senior Volunteer Program - Are you looking for a way to put meaning back into your life while helping others? Become a Senior Volunteer and help us reach out and care for someone in need. The rewards are many and the need is great.

LEARN MORE about volunteer opportunities or any of our programs, contact Mollie Giller, Director of Jewish Family Services and Outreach at 987-0899 ext 230.

Upcoming Luncheons:

Tuesday, August 20, Trip to Prairie Meadows: The bus will leave Beth El Jacob Synagogue parking lot at 11:00 am and will return at 3:00 pm. There will be a \$2.00 charge for the bus and a \$5.00 charge for the buffet lunch.

Thursday, September 12, Lunch at Tifereth, 12:00 Noon Jewish Federation Education Director and Tifereth Worship Leader, Laura Bernstein, is joined by guitarist, Pastor Bob Chonka, to bring us a medley of traditional and contemporary musical favorites in English, Hebrew, American, Israeli.

Laura and Bob will perform a few selections from their Shabbat Unplugged CD as well as some of their favorite songs.

The July luncheon was a wonderful joint event between Engman Camp Shalom campers and our monthly senior luncheons. We all had a really great time, and were able to enjoy not only the campers' company, but their singing and artistic creations as well.



PJ Library is Here!



If you haven't already, sign up for PJ Library! New to the Des Moines area, PJ Library is a national program that provides books for Jewish and Interfaith families with children ages six months through eight years. PJ Library is free of cost to all families who wish to participate and includes books and music CDs that discuss various aspects of Judaism, such as holidays and traditional stories. Books and CDs are sent once a month to families' homes and are specific to the age of the child/children that participate(s).

Go to www.pjlibrary.org/communities/desmoines to sign up for your free books!

Connect with PJ Library

- Visit our table and talk with us September 8th at the Jewish Federation Community School All-School Assembly—9:00-12:00 at The Caspe Terrace
- Read our book selection and visit our table at area synagogues during High Holiday Services
- Join us at our first PJ Library event in October!—More details to come.

If you have any questions, please contact Mollie Giller at the Federation office (mollie@dmjfed.org or 515.987.0899 ext. 230).



FUNDRAISING UNDERWAY FOR NEW BUS

As many of you know, we are in need of a new bus for transporting seniors to luncheons and events in the community. We are fundraising for the bus on our website www.jewishdesmoines.org, where you can contribute via credit card. In the meantime, we are always looking for volunteers to help transport our seniors. If you are interested, contact Mollie at 515.987.0899 ext. 230 or mollie@dmjfed.org to help!

FEDERATION PARTNERING WITH SHARSHERET

Sharsheret is a national organization that supports women and their families, of all Jewish backgrounds, facing breast and ovarian cancer. Des Moines has recently decided to partner with Sharsheret in order to offer support, outreach, and education programs to everyone in our community. If you would be interested in learning more about Sharsheret please go to www.sharsheret.org or contact Mollie Giller at 515.987.0899 ext. 230 or mollie@dmjfed.org.



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The Birthday of the World

by David Friedgood



"In the seventh month, on the first day of the month, you shall observe a sacred occasion: You shall not work at your occupations. You shall observe it as a day when the horn is sounded." (Numbers 29:1) In Hebrew "the day of the horn" is *Yom Teruah* – literally, a day of shouting, or blasts of a horn. Today we call the day Rosh Hashanah (head of the year) - the Jewish New Year. On this day we hear a shofar (the horn of an animal) blown in the synagogue. But, why all the noise? Traditionally Rosh Hashanah bears no resemblance to the secular New Year holiday on January 1st. No one can mistake the shofar blowing ceremony for champagne, paper hats, and cardboard horns. For us, Rosh Hashanah is a solemn event, defined by millennia of tradition, liturgy, and ritual observance. It is not a joyous festival, but rather an event marked by introspection and a time for quiet reflection. A time to look back on the person we have been and to plan how to become that person we want to be. How are the blasts of the shofar (one hundred on each day of Rosh Hashanah) conducive to the fulfillment of these religious objectives? Rosh Hashanah is, after all, the first two days of the *Yamim Noraim* (Ten days of Awe). These are the most holy days of our religious calendar. Why blow a horn?

Historically, the shofar is one of mankind's oldest musical instruments. Ancient humans were producing sounds with the horns of animals as far back as recorded history. The blasts are typically loud and alarming, but can be pleasant and musical. Our traditional shofar can be fashioned from the horn of any kosher animal. A horn of a ram is preferred as a reference to the *Akeidah*, the sacrifice of Isaac. In the biblical story we recall our forefather Abraham who was prepared to forfeit his son, without question, to the will of his God. (Genesis 21) (The *Akeidah* story is typically read during the Torah service on the 2nd day of Rosh Hashanah. Many Reform Congregations read it on their one-day holiday celebration.) The use of a cow's horn is discouraged as it brings back memories of the apostasy of the Golden Calf, a story not felt to be appropriate for Rosh Hashanah. There are many traditions as to how the shofar is to be blown. Our current pattern represents Rabbinical attempts to combine various ritual practices. First we hear a long, clear, loud note – the *Tekiah* (literally a jab, a shout, or a blast of a horn). Next, 3 shorter notes, or a note divided into 3 pieces - the *Shevarim* (literally broken). Third is the *Teruah* – 9 short staccato tones delivered as a lament, with a sense of crying. This is followed by another piercing blast – the *Tekiah*.

The Bible gives us no explanation as to why we blow the *shofar* on the first day of

the 7th month of the year, and no instruction is provided as how the music is to be performed. Many thoughts have been proposed over the generations. Here are a few of them: The *shofar* blasts have been seen as analogous to human hopes and dreams. The direct *Tekiah* reflects our call to action. It is loud and boisterous, full of hope. Next, the *Shevarim* reflects our resolve being broken as our aspirations start to fall apart. Finally, the *Teruah* is seen as our soul's lament for what could have been. Another *Tekiah* follows it, as we move forward to our next calling. The mystics see the *shofar* in a different sense. It is a wind instrument. When blown, it is reminiscent of the *Ruach*, or wind of the Almighty, being made known to humankind. The music of the *shofar* is a prayer without words that awakens the Jewish Soul. Maimonides interprets ritual shofar blowing as a wake-up call. "Wake up from your deep sleep, you who are fast asleep. Search your deeds and repent; remember your creator, examine your souls, mend your ways and deeds." (*Yad Hazakah*) As already noted, the shofar recalls Abraham, willing to make the ultimate sacrifice to God. After God's Angel pulls Abraham's hand back, thus preventing him from killing Isaac, he sacrifices a ram whose horns are caught in nearby bushes. In the Bible, the shofar was used to alert the people and bring them together, most often for battle. The long blasts would organize the tribes, and the broken tones were a call for them to move. (Numbers 10:4-7) Loud, terrifying horn blasts were heard by our ancestors as they trembled at the foot of Mt. Sinai receiving God's law. (Exodus 19:16) Isaiah envisions a shofar blast heralding the coming of the Messiah. (Isaiah 27:13) With a blast of the horn, God is coronated as the sovereign of mankind: "God ascends midst acclamation; the LORD, to the blasts of the shofar." (Psalms 47:6) For some of us, the reason to blow the shofar on Rosh Hashanah is because God commanded us to do so, and that is all the reason we need.

As children we come to *shul* (synagogue) to hear the shofar sounds. As adults we stand in reverence to the blasts of the horn. Each of us has a different experience, but we leave with a sense that something significant has happened. "Today is the birthday of the world. Today all mankind is judged... Pay attention to the sound of the shofar. Give heed to its meaning all my people." (High Holiday Machzor) In his final words, his Ethical Will to humankind, our teacher Moses states: "This is not a trifling thing for you: it is your very life..." (Deuteronomy 32:47) Take note.

L'shanah tova tikatevu v'taychataymu – May you be written into the book of life, and sealed for a good year.

"All flesh is grass, All its goodness like flowers of the field:

Grass withers, flowers fade –

When the breath of the LORD blows on them.

Indeed, man is but grass; Grass withers, flowers fade –

But the word of our God is everlasting." (Isaiah 40:6-8)

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Women's Philanthropy

Lion of Judah



Long a symbol of strength and majesty in the Jewish world, the Lion of Judah is the international group of Jewish women who make a minimum commitment of \$5,000 in their own name to the Jewish Federation Annual Campaign. Wearing the Lion of Judah pin is a dramatic reminder that it is each woman's responsibility and privilege to stand among her people—committed to her family, her community, and tikkun olam (repairing the world).

A History of the Lion of Judah Society

The Lion of Judah pin has established itself as a symbol of commitment to the worldwide Jewish community. The diamond inset 14-karat gold pin was created for the woman making a personal pledge to the annual campaign of \$5,000 or more. A Lion of Judah pin with a Ruby inset was established in recognition on an individual woman's personal commitment of \$10,000 or more to the annual campaign. Sapphire, emerald, canary diamond, cognac diamond and black diamond stones represent higher levels of commitment.

Those who participate in women's philanthropy play a major role in enhancing and implementing the programs and projects of the Federation. Women's philanthropy offers every woman the opportunity for education, personal enrichment, community outreach and leadership development. It provides opportunities for every woman to affirm her Jewish faith and spirituality, to take a stand on issues that affect her community, and to inspire other women by example.

Lion of Judah Endowment (LOJE)

The Lion of Judah Endowment (LOJE) is a powerful statement of a donor's commitment to tzedakah, and provides a legacy for family and community. LOJE funds provide a solid on-going support for local and worldwide Jewish communities. Every woman who contributes \$5,000 or more to the Jewish Federation Annual Campaign should consider establishing a LOJE, and add the prestigious Or L'Arid (light unto the future) flame to her Lion of Judah pin. The flame announces to the Jewish world a woman's commitment to Jewish life – a commitment that goes beyond her own generation, to the eternal well-being of the Jewish people.

The Lion of Judah Endowment (LOJE) allows you to help secure a strong and vibrant Jewish community for your children and grandchildren. And you provide for the needs of the Jewish poor, assist the elderly, rescue Jews facing hardship and peril around the world, fight anti-Semitism and help protect Israel, decades from now and for generations to come. Established a LOJE, with a gift of \$100,000 or more. Federation Past President Toni Urban was Des Moines' first endowed Lion of Judah. Locally, joining Toni, are Suzanne Engman and Gail Richards who have endowed their gifts to the Des Moines Jewish Foundation.



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OCTOBER 27

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When: 10/25/13 - 10/27/13

Where: Tifereth Israel Synagogue
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or visit www.tifereth.org



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Summer Fun



Engman Camp Shalom welcomed new director Allie Weiss as well as many new counselors this summer. Some of those counselors had attended the camp for many years as campers and were able to use their experiences to enrich our camp. Other counselors brought fresh new ideas to camp. This combination of experience and excitement helped to create a fun summer.

Campers were welcomed to Engman Camp Shalom with the theme “Welcome to the Jungle” where campers played animal-themed games, practiced their best roars, and ended the week with a trip to Blank Park Zoo where they even got to pet animals like hedgehogs and chickens.

Swim lessons at Urbandale Pool sent campers back in time to the “Wild, Wild West” program. Campers played games and visited Living History Farms to see how Iowans of the past lived.

Campers enjoyed adventure and mystery playing games that involved solving puzzles and mysteries. The field trip was the highly anticipated annual trip to Adventureland. Campers enjoyed rides of all kinds and even had a chance to bring some money for their own adventures, mainly consisting of candy and Icees.

Campers experienced Hollywood through writing, directing, and acting in short films, dressing up like movie characters, and even attending a “Red Carpet Premiere” in our own auditorium. Campers also learned about mitzvot this week and were able to buy concessions from camp using tickets they earned through their mitzvot.

The annual Color War competition started with the counselors running out in their colors: red, blue and green. There was tight competition all week with spirit competitions, Messy Olympics, and bowling at Merle Hay Lanes.

Campers learned the significance of recycling and focused on being green by learning to sort out recycling from trash, making recycled paper and learning to conserve water during water games. Campers spent a day at Union Park learning about local resources and enjoyed the big slide and carousel.

The highly anticipated annual sleepover and a visit to the Science Center of Iowa were highlights. Campers really liked making star cookies, their own planets, and constellations and looking at the night stars during the sleepover.

Campers also strolled through the decades, dressing up in costumes from the 50s, 60s, 70s, 80s and 90s. Music of the decades were used for our second lipsynch of the summer. Campers also explored the kinds of games that campers in past decades would have played at Engman Camp Shalom. Camp ended with an exciting carnival that helped campers say goodbye and welcomed JFCS students back to school!

Watch for more information about a Winter Engman Camp Shalom and a Spring Engman Camp Shalom.



Gan Shalom Opens Se



om Preschool eptember 16

Gan Shalom is a community-inspired preschool program nestled in 47 acres of rolling hills just west of Des Moines, Iowa.

Our vision:

Gan Shalom offers children and their families an opportunity to build a foundation for learning—both academically and spiritually.

Everything grows better in Iowa. At Gan Shalom, children develop a solid foundation for learning, the confidence to explore, and the self-esteem that will strengthen their emotional, social, physical, and intellectual development.

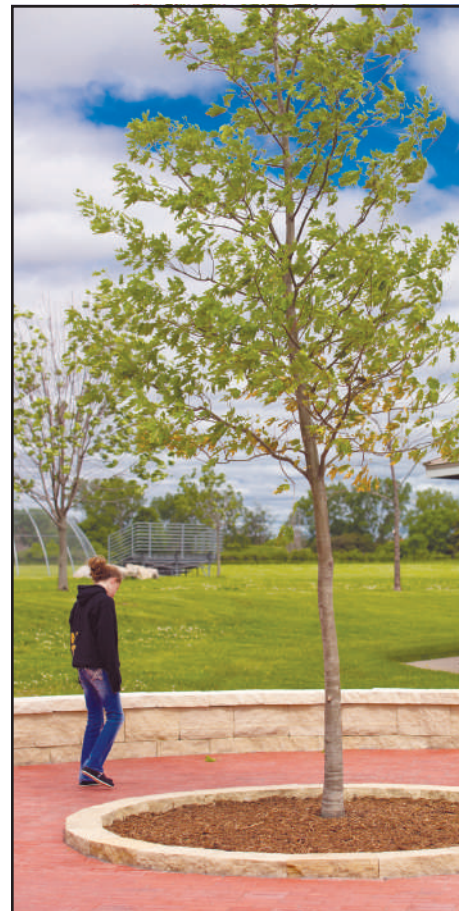
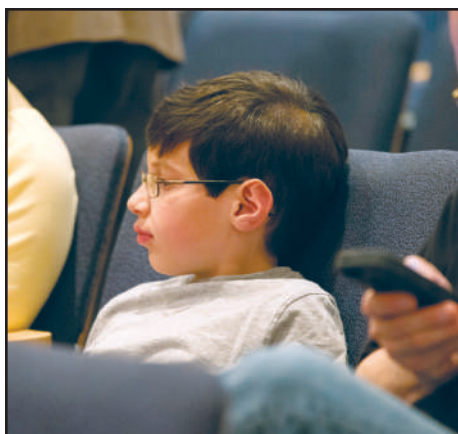
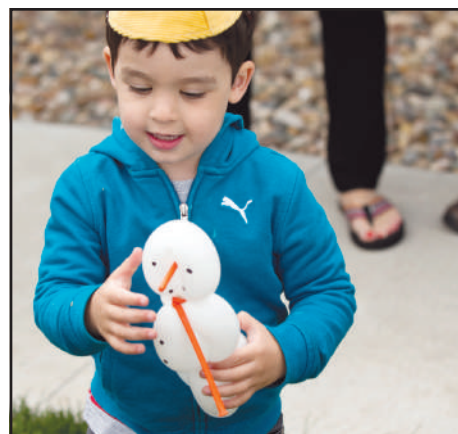
Children learn while they play. Gan Shalom offers children hands-on, age-appropriate learning opportunities. Daily activities in small group settings teach children how to be part of a group, to share, and to become a friend. Our curriculum fosters discovery, creativity, and independence, and encourages questioning facilitated by professionals specializing in early childhood education.

Nurturing the body nurtures the mind. The Caspe Terrace campus provides ample opportunity for children to stretch their muscles. Indoors there is a dedicated craft room, library media center, and gross motor activity room. Outdoors, children enjoy hiking, exploring, navigating trikes, and climbing on our state-of-the-art playground structure. Snacks are always fresh, nutritious, and Kosher. They taste good too!

Judaism is a way of life. Gan Shalom is a Jewish-based preschool. Hebrew, holidays, customs, and values are integrated into daily activities. Stories, music, singing, dancing, cooking, art projects and special Shabbat programs are featured each week in all of our classrooms. Area clergy and Israeli shlichot are active members of our professional team.



The 98th Annual Meeting



On a beautiful, windy morning in June at the Caspe Terrace, the Jewish Federation convened its 98th annual meeting. Federation President Barb Hirsch-Giller and newly appointed Executive Director Stuart Oxer both presented reports highlighting the activities of the Federation's agencies over the past year and expressing a new sense of vitality characterized by the potential of our Jewish community and evolving Jewish Federation. Guided by its Visioning Committee, the Jewish Federation is indeed broadening its base and refocusing its resources to meet the needs of young Jewish families, while maintaining its commitment to serving our seniors.

During the meeting, outgoing board members were thanked for their hard work and newly appointed members were welcomed. In particular, Jule Goldstein was voted in as President-elect, and we welcomed Gabrielle Callistein as President of the Board of Education, Jarad Bernstein as Chair of Jewish Community Relations, Mark John Conley as Chair of Jewish Family Services, Jon Fleming as President of the Iowa Jewish Senior Life Center, and thanked Melanie Sandler for continuing as President of the Iowa Jewish Historical Society.

After the meeting, children of the Community School participated in a fun and informative outdoor Israel Fair, and many adults viewed a remarkable film, "Israel Inside: How A Small Nation Makes A Big Difference" screened in the auditorium by the JCRC. Some people even watched the film twice! The programs were followed by a delicious Israeli lunch, during which community members enjoyed good conversation as they dined together.

Come On Board With P2G

This past July the Partnership2Gether steering committee meeting was held in Omaha, just down the road. I am proud to say we fielded the largest contingent from any consortium city (other than Omaha, of course). Attendees from Des Moines were Tim Urban, Mark Finkelstein, Stuart Oxer, David Copeland, Mollie Giller and myself. Turnout for the multiple day meeting was, in fact, phenomenal. For the first time, at least one representative from each of the 12 U.S. communities in the Consortium was present.

Des Moines is one of 12 cities in the U.S. partnering with the city of Akko, the municipality of Matte Asher in northwestern Israel and with the Jewish community in Budapest, Hungary. The Partnership funds cultural, educational and regional development programs.

At these meetings we not only talk about what programs are ongoing or upcoming, but we also evaluate which programs are most effective and which ones need to be tweaked or discontinued. We also examine the basic commitments of the Partnership, to see that we fulfill our mission: to bring us closer, as individuals and as communities, and to continue to enhance the Jewish identity of people engaged with Partnership.

JFCS Tzedakah Will Assist Construction Of Partnership Center In Israel

The Jewish Federation is pleased to announce that the Community School's 2012-13 Tzedakah fund, representing the contributions of our school children, was donated this year to help construct the Damon Rose Partnership Center in Acco, Israel.

Our Israel Partnership Consortium has located a building close to the Western Galilee College. Together we, as part of the 12 American communities along with our Israeli partners, are building a meeting place and cafe for visitors to the region. The building also has a

Our P2G structure in Des Moines consists of a chairperson, a Federation staff member, and several people who love connecting our community with the vitality of Israel. We are always looking for others to get involved, and there are plenty of ways for people to participate in the Partnership. This past year we have had a few events in the community and those were well received and saw many attendees.

Our P2G program is going strong and soon we will have a Shlichah for our community. We are looking forward to welcoming Tzafnat Mor, and working with her on many different projects.

Thank you for your continuing interest in P2G. I look forward to answering any question you may have about the program or helping you find a meaningful way to get involved! Contact Jacob Lederman at Lederman71@msn.com or the Federation at 987-0899 x 212. For more information regarding P2G check out these websites: Westerngalilee.org.il – our website for latest program articles along with P2G overview information

– **Jacob Lederman**

Facebook.com/groups/P2GWG – join and connect personally; Americanfriendswgh.org – Western Galilee Hospital information; Damonrosecenter.org – WG and US Central Consortium effort to create a space for our use in Akko

glass-blowing workshop, which is already in operation. The center will be named after the late Damon Rose, who was a highly effective and beloved Jewish Agency director for the Partnership in the Western Galilee. Damon had, in fact, visited with us once in Des Moines.

The Partnership is a living bridge that links us personally to Israel. The Western Galilee is our home away from home. We hope that the contribution by our students to this wonderful project will help bring the construction of the Partnership Center closer to completion.

IEDA hosted Iowa-Israel Innovation Initiative Conference

The Iowa Economic Development Authority hosted the Iowa Innovation Council's conference on Iowa-Israel scientific collaboration in June. A survey of Israeli high tech innovations and an overview of Israel-U.S. binational industrial (BIRD) and agricultural

research and development (BARD) grants was presented by Israel's Midwest Consul for Economic and Commercial Affairs and a representative of the BIRD Foundation. For more information, contact Julie Rabinowitz via jrcr@dmjfed.org

Jewish Community Relations Commission/P2G



P2G reps David Ravitch and Michelle Korin visit IJHS President Melanie Sandler in the Caspe Heritage Gallery.



At the P2G meeting in Omaha, Tim Urban meets with Avi Hachuel, Director of the Mateh Asher Regional Council.

TALIA LEMAN AWARDED DILLER TEEN TIKKUN OLAM AWARD



Talia Leman, daughter of Dr. Bernard and Dana Leman, is one of ten U.S. young leaders in volunteerism awarded a 2103 Diller Teen Tikkun Olam Award by the Helen Diller Family Foundation. Talia was selected for her work through RandomKid, a website that provides tools and resources for youth to launch and lead their own community service projects and endeavors. The award is accompanied by a \$36,000 prize.

Talia has also received national and international awards, including the "National Jefferson Award", considered the Nobel prize for public service, the "International Youth Talent Award" from the European Union, the designation of a "Champion of Intercultural Innovation" by the United Nations Alliance of Civilizations, and UNICEF's first known National Youth Ambassador.

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Beth El Jacob

JSOC: An Educational Option For College Students



In recent years there has been a resurgence of programming for young families and young professionals within the Des Moines Jewish community. But, unless you spend a lot of time at any of Central Iowa's Universities, you may not realize that the surge in Jewish programming has also reached the college campus. "Jewish Students on Campus" (JSOC

pronounced "Jay Soc") will be entering its third year of providing Jewish education, opportunities and activities to three central Iowa universities: Drake University, Des Moines University, and Iowa State University.

JSOC is a unique Jewish organization, which provides students with diverse and exciting opportunities and educational programming through its founder, Rabbi Leib Bolel of Beth El Jacob Synagogue. JSOC serves as a place where students from all backgrounds have the opportunity to explore and/or further their knowledge as Jews, as well as a place where they can meet other Jewish students they would have not otherwise met.

JSOC currently has the heaviest participation at Drake University, where student participants are also often equally as involved in the Drake Hillel. In fact, many of the leaders of the Drake Hillel Board have learned a lot about Jewish leadership through JSOC's benchmark program: The JSOC Fellowship Program. This program is a three month program which consists of learning Hebrew, classes on Jewish Contemporary Topics and guest speakers who are notable professionals in their field. Learning Hebrew is something that is increasing in popularity with Jewish students, especially once they have been to Israel, a trip which JSOC is able to offer them. At the end of the course, a graduation banquet is held at which each student is awarded a certificate for having completed the program. For more information, contact Rabbi Leib Bolel, rabbil@betheljacob.org



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tailgate at the terrace

Sunday, Oct. 13

Jewish Federation to host University of Iowa Hillel Reception and Fundraiser.

Everyone loves a good tailgate and the Hawks have the week off, so let's make a party of our own! Please join us on Sunday, October 13th from 4:00 to 6:00 at Caspe Terrace (33158 Ute Avenue, Waukee, IA) for a tailgating-themed fundraiser benefitting the University of Iowa Shulman Hillel. We will have great tailgating food, beer, football, and Jared Aarons, sports director at KGAN Cedar Rapids and Hillel board member, who will be speaking about Jews and sports in America. Get to know some of the University of Iowa student athletes as well as Hillel student leaders, board members, and staff.

We will be auctioning off Hawkeye memorabilia, and tickets will be selling in advance and at the door for a suggested donation of \$18 or \$36 a person.

Kosher Style

If you plan to attend, please RSVP to Mollie at mollie@dmjfed.org.

GO HAWKS!

In The Kitchen for Rosh Hashanah by Karen Engman

As I look forward to the celebration of the Jewish New Year on Rosh Hashanah and Yom Kippur, I have to block out the appropriate amount of time to bake all my challah loaves for our family meals. Baking bread is a wonderful family activity, but it is time consuming, so plan ahead. I usually allow 4 hours from start to finish for bread baking. Don't let that scare you away because during the 1-3 hours that the dough is rising and baking, you can accomplish other tasks.

This recipe for challah bread and numerous other variations is an Iowa State Fair Blue Ribbon Winner. Some of our favorites are the poppy seed or almond-filled challahs. It's fun to be creative and invent your own unique fillings. My method of filling the dough (described below) is unique and creates a beautiful swirled pattern when the bread is sliced.

Some random bread making tips to remember are worth mentioning here:

- Ingredients should all be at room temperature (except the hot water)
- Have all ingredients and utensils set out before you start.
- Allow enough time for forming the loaves because when the dough has risen it's time to work fast!
- Prepare fillings ahead so they are ready before the dough rises.
- Watch loaves as they cook so they don't brown too quickly, use foil and cover loosely.
- Round challahs: braid dough and then curl into a greased round cake pan. It will fill the pan as it rises and bakes.

The same timing applies as for regular loaf pan.

Bread making is one of the most rewarding cooking skills to master. The act of kneading the dough seems almost therapeutic! Take a chance and try it for this holiday season.

Remember if you have recipe to share or a cooking question I can research, please call Karen Engman (515-274-3300) or email (karen.engman@gmail.com)

Karen's Blue Ribbon Challah

A recipe from Karen Engman

Dairy

- 1/2 cup brown sugar
- 2 envelopes RAPID RISE yeast
- 1 tbsp salt
- 1 3/4 cup hot water (105-115F)
- 1 stick unsalted butter (melted/cooled) or margarine
- 4 eggs (at room temp; so I put egg shells in hot water to soak if too cold)
- 7+ cups of unbleached pre-sifted flour

Combine the first four ingredients, in order in bowl of mixer, blend and then let rest for 5 -10 minutes or until it has foam on top....this is called proofing the yeast. ...if no foam, start over.

Add the butter, whisk the eggs and then add to mixture. Add 4-6 cups flour slowly to mixer with regular beaters. Change to dough hook beaters and add rest of flour as your mixture will permit. Turn out dough on flat, floured surface and knead until smooth but elastic...This is a soft dough so if you poke in finger it will come out but don't let dough get TOO DRY.

Place dough in oiled large bowl (turn to coat all sides w/oil) and cover with saran wrap and let rise in warm place (I use a turned off slightly warmed oven) for 45-60 minutes.

Remove dough from bowl and gently knead the air out and then cover with saran wrap and let rest for 10 minutes to "relax the gluten."

Separate into loaves for braiding....probably 3

average sized loaves or 1 large and 1 small so it depends on your pans...I like to use pans with sides instead of baking sheets so the edges of the bread don't dry out...round 9" cake pans work nicely too.

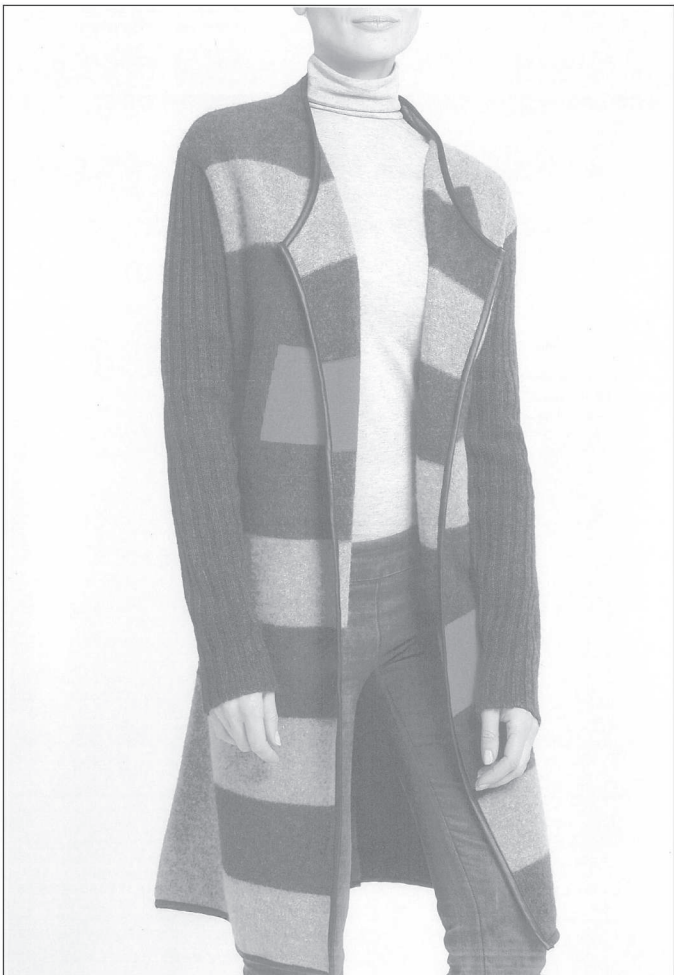
Divide each portion into three parts and roll each part into a cord the length of pan to be used, lay cords side by side and start braiding from the center to one end, then finish braid from center to the other end (this helps keep bread a uniform size).

Place braided loaves in pans sprayed with PAM or oil. Let rise in a warm place for 30-45 minutes. Apply egg glaze: 1 egg whisked with 2 tbsp milk or water. Sprinkle top with sesame or poppy seeds if desired

Bake 350° for 25 minutes and then cover with foil. Continue baking for 20-30 minutes (depends on size of pans). When loaf is removed from pan, tap on its bottom and it will sound hollow if done. Let cool on rack. Slice. Can be frozen if wrapped well.

Filling the dough:
After the dough has risen the first time, divide into three parts. Remember to always flour your working surface. Roll out one of the reserved parts and spread with filling. Roll this section up (cinnamon bread style) into a long cord and seal the seam by pinching. Then pinch the ends so they seal. Repeat for other two section of dough. Line up the three sections next to each other and braid. Then place in greased pan noting it may take a little longer to bake than a plain challah.

continued on page 17



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BETH EL JACOB SYNAGOGUE

First night Selichos– Aug 31: 10:30 pm

Erev Rosh Hashanah – Sept 4th
Extended Selichos followed by
Shachris: 6:30 am
Candle lighting: 7:24 pm

1st Day Rosh Hashanah – Sept 5th
Shachris: 9:00 am
Torah Reading: 10:15 am
Rabbi’s Sermon: 10:45 am
Shofar Blowing: 11:00 am
Tashlich, followed by Mincha/Maariv: 6:00 pm

2nd Day Rosh Hashanah - Sept 6th
Shachris: 9:00 am
Torah Reading: 10:15 am
Rabbi’s Sermon: 10:45 am
Shofar Blowing: 11:00 am
Mincha: 7:00 pm
Candle lighting: 7:20 pm

Shabbos Shuva - Sept 7th
Shachris: 9:30 am
End of Shabbos: 8:20 pm
Don’t forget, this is the deadline for ordering your Lulav & Etrog!

Fast of Gedalia- Sept 8th
Fast starts: 5:23 am
Shachris: 9:00 am
Mincha: 6:45 am
Fast ends: 8:18 pm

Kol Nidre – Sept 13th
Selichos & Shachris: 6:45 am
Kol Nidre: 7:00 pm
Fast begins & Candle Lighting: 7:08pm
Candles will be available for lighting at the synagogue.

Yom Kippur Shabbos - Sept 14th
Shachris: 9:00 am
Torah Reading: 10:30 am
Yizkor: 1:00 am
Mincha: 5:30 pm
Neilah: 6:45 pm
The fast ends: 8:07pm
Sisterhood will be providing break the fast. Donations to the cost welcomed!

Erev Sukkos - Sept 18th
Candle lighting: 7:00 pm
Mincha/Maariv: 7:15 pm

1st day Sukkos - Sept 19th
Shachris: 9:00 am
Shake the Lulav: 9:45 am
Candle lighting: 8:00 pm

2nd Day Sukkos - Sept 20th
Shachris: 9:00 am
Shake the Lulav: 9:45 am
Candle lighting: 6:56 pm

Shabbos - Sept 21st
Shachris: 9:00 am
End of Shabbos: 7:55 pm

Hoshana Rabba - Sept 25th
Shachris: 6:45 am
Candle lighting: 6:48 pm

Shemini Atzeret - Sept 26th
Shachris: 9:00 am
Yizkor: 10:00 am
Mincha: 6:30 pm and Candle lighting: 7:47 pm
Candles will be available for lighting at the synagogue.

Maariv followed by SIMCHAT TORAH
SING & DANCE CELEBRATION: 7:45 pm

Simchat Torah - Sept 27th
Shachris: 9:00 am
Candle lighting: 6:44 pm

TEMPLE B’NAI JESHURUN

Dear Temple B’nai Jeshurun,

I hope that everyone is having a fantastic summer! The Youth Group is just about to kick start a new year that looks fantastic. Wait though! This is a segment I like to call “corny joke.”

Q: What did one plate say to the other?
A: Dinner’s on me!

Now that I have your attention: the Youth Group will meet at Incredible Pizza on August 11 for the year’s opening event. I hope that, like the name promises, it will be incredible! There will be tons of fun opportunities such as video games, bowling, bumper cars, a brand new rock climbing wall, and, of course, pizza. This is an opportunity for everyone to have fun and meet all of the Youth Group members.

Then, on August 14, the TBJ Youth Group will join up with the Tifereth Israel Youth Group and the Jewish Federation Community School. We are going to create gift packages for seniors and those who are house ridden for the upcoming holiday season. This includes challah making, wrapping gifts, and more.

Another upcoming summer event, on August 25, is preparing and serving a meal at the Central Iowa Shelter and Services. We are going to make sloppy joes, which will be served along with chips and fruit. This meal is always popular at the shelter! I love this event because it’s really fun, plus helping others is always a bonus.

We’re just getting started, but there are many more upcoming events to be excited about. Please mark these on your calendar so we can have as many Youth Groupers as possible attend!

SEPT 5 – YOUTH GROUP ALIYAH 6-12 GRADES FOR ROSH HASHANA MORNING
SEPT 18 – SUKKAH DECORATING
SEPT 25 – SIMCHAT TORAH
OCT 13 – HUNGER HIKE--JOINT WITH TIFERETH YOUTH GROUPS
NOV 16 – LOCK IN AND SET UP FOR CHANUKKAH HAPPENINGS
NOV 17 – CHANUKKAH HAPPENINGS--12:30
NOV 15 – 17 SLIID CHAVURAH 9-12 GRADES--INFORMATION TO FOLLOW
DEC 8 – DINNER AND MOVIE--COBBLESTONE--JOINT WITH TIFERETH

Until next time,
Julia Anderson, Youth Group President

TIFERETH ISRAEL SYNAGOGUE

Lots happening at Tifereth. We hope you’ll join us.
Recurring Events: Minyan: Sundays – 9:00 am
Thursdays – 7:00 am
Meditation: Thursdays – 7:45 am
Services: Fridays – 6:00 pm Shabbat Evening Services
Saturdays – 9:30 am Shabbat Morning Services

High Holy Day Services
SATURDAY, AUGUST 31 - SELICHOT
8:30 p.m. Selichot Program at Tifereth
SUNDAY, SEPTEMBER 8 - KEVER AVOT
1:00 p.m. Community Kever Avot, Jewish Glendale Cemetery

ROSH HASHANAH (SEPTEMBER 4 – September 6)
WEDNESDAY, SEPTEMBER 4 - EREV ROSH HASHANAH
7:30 p.m. Evening Service in Sanctuary, - Sermon by Rabbi Steven Edelman-Blank, Oneg following service

THURSDAY, SEPTEMBER 5 - ROSH HASHANAH DAY 1
8:45 a.m. Services in Sanctuary - Preliminary Service - Shacharit Services
Torah Service/Sermon by Rabbi Steven Edelman-Blank
Musaf/Concluding Service
10:00 a.m. Alternative Service with Laura Bernstein and Barb Hirsch-Giller
10:00 a.m. Youth Services
3:30 p.m. Meet at Greenwood Park pond behind the Art Center - Tashlikh Service
5:30 p.m. Lev Shalev Minchah Meditation Service led by Patrick Courtney
6:30 p.m. Traditional Ma’ariv Service

FRIDAY, SEPTEMBER 6 - ROSH HASHANAH DAY 2
8:45 a.m. Services in Sanctuary - Preliminary Services - Shacharit Services
Torah Service / Sermon by Rabbi Steven Edelman-Blank
Musaf/Concluding Service
6:00 p.m. Shabbat Evening Service
SATURDAY, SEPTEMBER 7 – SHABBAT SHUVAH
9:30 a.m. Services in Sanctuary

YOM KIPPUR (September 13—September 14)
FRIDAY, SEPTEMBER 13- KOL NIDRE
6:00 p.m. Food Drive - Drop donations off in the circle drive of the synagogue
7:00 p.m. Services in Sanctuary - Sermon by Rabbi Steven Edelman-Blank, Message from Philip Bear Synagogue Co-President

SATURDAY, SEPTEMBER 14 - YOM KIPPUR
8:45 a.m. Services in Sanctuary - Preliminary Service - Shacharit - Torah Service
Sermon by Rabbi Steven Edelman-Blank - Yizkor/Memorial Service
Musaf/Avodah Service
10:00 a.m. Alternative Service with Laura Bernstein and Barb Hirsch-Giller
10:00 a.m. Youth Services
5:15 p.m. Mincha Service
6:45 p.m. Neila Service/Concluding Ma’ariv/Havdalah - glow lights will be provided for the children. BRING YOUR SHOFAR!

You are cordially invited to attend the Break-the-Fast following the conclusion of Yom Kippur. Reservations must be made by September 4, 2013. Please note: All times listed are estimates. Babysitting provided for the above services at a modest cost. Please call the Tifereth office at 255.1137 for more information. To ensure that we will be properly staffed, it is required that you RSVP by August 29th

Sukkot, Shemini Atzeret and Simchat Torah
SUNDAY, SEPT 15TH - 12:30 p.m. Sukkah Decorating
THURSDAY, SEP 19 - SUKKOT - 9:30 a.m. Services
FRIDAY, SEP 20 - SUKKOT - 9:30 a.m. Services; 6:00 p.m. - Shabbat Evening Services
SATURDAY, 21 - SHABBAT CHOL HAMOED SUKKOT
SUNDAY, SEPT 22 - 4:30 p.m. Harvest Dinner in Sukkah
THURSDAY, SEP 26 - SHEMINI ATZERET - 9:30 a.m. Morning Services & Yizkor
6:30 p.m. Simchat Torah Service; Consecration; Ice Cream & Sundae Bar
FRIDAY, SEPT 27 - SIMCHAT TORAH - 9:30 a.m. Morning Services
Adult Education:
Rabbi Edelman-Blank: Conversion Class - Contact the Tifereth office for more information 515-255-1137

Jewish Views: Thursday, October 24th 6:00 - 7:00 pm. - Tifereth Classroom
Cantor Shivers: New ADULT Bar/Bat Mitzvah class: Please contact Cantor Shivers, 515-255-1137 if you would like to be part of this group Bar/Bat Mitzvah.

Essential Kabbalah: This class will look at key teachings from the classic texts of Kabbalah - Jewish Mysticism. Students are requested but not required to have the book The Essential Kabbalah by Daniel Matt. Class will take place every Monday in October at both noon and 6 pm. Please RSVP to the Tifereth office.

October
Sunday, Sept 8th - 2:00 pm Kadima at Tifereth
Friday, Oct 11th - 6:00 pm Mishpacha Service & Potluck at Tifereth
Saturday, Oct 12th - 10:30 am Lev Shalev (alternative service) at Tifereth
Sunday, Oct 13th - 1:00 pm Hunger Hike at Tifereth
Saturday, Oct 19th - 7:30 pm Women's League Meet & Greet at Tifereth

DRAKE HILLEL NEWS

Drake Hillel students spent their summers everywhere from internships to Israel programs to working as counselors at Jewish summer camps. Drake Hillel President Randy Kane traveled to D.C. to attend the AIPAC 2013 Saban Leadership conference. Now that the school year has begun we are excited to welcome new first-year students. New freshman are filling big shoes in the Hillel as we said goodbye to active graduating seniors, including two former Hillel Presidents who made aliyah to Israel (Laura Sigal and Ben Mogerman) and one former Hillel member who joined the U.S. Air Force (Jessica Shalita). The Drake Hillel was also very excited that two other alums (Marti Wolf and Sami Richmond) accepted jobs in Des Moines and have stayed in the community.

This month, the Hillel is focused on providing holiday meals and carpooling for the high holidays. Each year, Hillel students have a choice to travel home or attend services at local Synagogues Tifereth Israel, Beth El Jacob, and Temple B'Nai Jeshurun. Drake Hillel is arranging carpooling to all locations so that students can attend services at the synagogue of their choice. Look out for them sitting in a row near you!

The Drake Hillel continues to maintain an active presence on the university's campus, much in part to the strong student leadership of the Hillel Student Board. Drake Hillel's President Randy Kane, said "This past year, I noticed enthusiastic members, frequent, well attended events, and much more diverse events. As president, I am privileged to be present at Unity Round Table meetings, where the presidents from multi-cultural groups at Drake come to hear updates on each other's groups. We were even able to plan a multi-cultural formal downtown. I look forward to another successful year at Hillel."

If you would like to be involved in Drake Hillel programming, dinners, or carpooling, please email duhillel@drake.edu. — Andrew Borg, Drake Hillel Treasurer

JUDAIC RESOURCE CENTER OF IOWA

ROSH HASHANAH

Wednesday, Sept. 4, 2013
Evening Services: 7:30 pm
Thursday, Sept. 5, 2013
Morning Services: 9:00 am
Shofar Sounding: 11:00 am
Community Lunch following services
Mincha Services: 6:30 pm
Tashlich Service: 7:00 pm
Friday, Sept. 6, 2013
Morning Services: 9:00 am
Shofar Sounding: 11:00 am
Evening Services: 7:20 pm

SHABBAT SHUVA

Shabbat, Sept. 7, 2013
Morning Services: 10:00 am
Evening Services: 7:15 pm

YOM KIPPUR

Friday, Sept. 13, 2013
Afternoon Service: 4:00 pm
Fast Begins at: 7:09 pm
Kol Nidrei Services: 7:10 pm
Shabbat, Sept. 14, 2013
Morning Services: 10:00 am
Yizkor Memorial Service: 11:30 am
Afternoon Service: 5:00 pm
Neilah Closing Service: 7:00 pm
Fast ends at: 8:08 pm, light refreshments

SUKKOT

Wednesday, Sept. 18, 2013
Evening Services: 7:00 pm

Thursday, Sept. 19, 2013

Morning Services: 10:00 am
Evening Services: 6:45 pm
Friday, Sept. 20, 2013

Morning Services: 10:00 am
Evening Services: 7:00 pm

SHABBAT CHOL HAMOED

Shabbat, Sept. 21, 2013
Morning Services: 10:00 am
Evening Services: 6:45 pm
HOSHANA RABBA

Wednesday, Sept 25, 2013
Morning Services: 7:00 am

SHEMINI ATZERET & SIMCHAT TORAH

Wednesday, Sept 25, 2013
Evening Services: 6:45 pm
Followed by Kiddush & Hakafot
Thursday, Sept 26, 2013
Morning Services: 10:00 am
Yizkor Memorial Service: 11:30 am
Evening Services: 6:45 pm
Followed by Kiddush & Hakafot
Friday, Sept 27, 2013
Morning Services: 10:00 am
Followed by Kiddush & Hakafot
Evening Services: 6:45 pm

SHABBAT BEREISHIT

Shabbat, Sept 28, 2013
Morning Services: 10:00 am
Evening Services: 6:45 pm

Bernstein from page 4

LB: We're interested in a number of outcomes: increased enrollment, on-time attendance, positive student and parent feedback and higher achievement. Providing students with an engaging experience is our number one priority and everything we do will support that goal.

To that end we have upgraded our curriculum, added in conversational Hebrew, brought back a senior high program, and will be providing our teachers with more professional development opportunities.

JP: In terms of Jewish identity goals, what should a Jewish education of this nature provide?

LB: I would say it is important that students in our school feel really good about being Jewish and have an opportunity to establish a Jewish identity that can continue to grow. It's about understanding the responsibility we all have in terms of taking care of each other, taking care of our community, and taking care of our world. It has to do with embracing a set of Jewish values and learning to incorporate these into our everyday life. Being a Jewish person looks different for everybody, but I think these are some of the things we all have in common.

JP: Please talk a bit specifically about the preschool. Where is it going? What is it supposed to look like?

LB: Our community has been without a Jewish-based preschool for over 10 years now and there is a significant need for one. Our early childhood development center, officially called Gan Shalom, is a community-inspired preschool program that follows the best-of-the-best early education philosophies and approaches, underpinned by Jewish values. I think one of the most fabulous things about the school is where it is located. We're at The Caspe Terrace, which has a beautiful, expansive campus that will allow us to offer a unique experience for our students. We have new self-contained classrooms, a library, an activity room, a craft room and a special outdoor playground.

JP: If you were to give one message to Jewish parents, what would it be?

LB: Being Jewish in Des Moines isn't as hard as many people think it is. We have a vibrant community and there are plenty of opportunities to be involved with whatever activities support where you are at in your Jewish journey. We will be offering a number of classes this year specifically for parents, on topics requested by parents, so I encourage you to take advantage of these opportunities.
JP: Laura, tell us a bit about your family, please.

LB: My husband Howard and I have been in the Des Moines area since 2000. We are both from the Detroit metropolitan area and enjoy suburban life in Urbandale. Our daughter, Sanya, is 4 years old and has been a blessing to us each and every day. I also have foster daughters with families of their own now who live in Michigan and Oregon. My three "grandkids" are ages 10, 11, and 12. Mommy to a 4 year old and Grandma at the same time – now that's a unique family dynamic, don't you think?
JP: How would parents contact you if they have questions, or want to enroll their child, or want to get involved somehow?

LB: Parents can call or e-mail me. I'm happy to talk, meet, give tours and answer

any questions. My phone number is (515) 987-0899 ext. 221 and my e-mail address is laura@dmjfed.org

JP: Laura, you bring a lot of vitality and skills to this position. We wish you the very best with both the religious school and the new preschool.

LB: Thank you.■

Bergh from page 5 The last year I was with the preschool, I only worked part time. I wanted to retire – I was close to 75 – but one of the parents begged me to stay on. I was then just working with the two year olds. And I retired in about 1998.

JP: Esther, you have put a lot of your personality, and your skills, and your affection into this work, for all those years.

EB: I feel grateful for having had the opportunity. One thing I always say: You can only work with children if you love them. Everything else comes naturally, because you will understand the needs of a child and will act accordingly. And we were very lucky. We had a very dedicated staff. People knew what they were doing, and those teachers who did not come from a traditional background, learned. And in fact we had quite a few non-Jewish children, and their parents were very impressed with what their children came home with [chuckling] – asking them to light Shabbat candles on Friday night.

JP: The community really admires you and Warner, and loves you both, and wants you to know how much we all deeply appreciate everything you have done to make our community more cohesive, more Jewish, and more vital, and we're going to miss you when, soon, you will be moving.

EB: Well, thank you. When I first stopped working, I really missed it, because it was my life, I could really say. It absorbed me completely. I am so happy to hear there now will be a preschool. I am sure it will be very successful, having the right leaders for it and the right teachers.

JP: What's next for your family? Where are you moving?

EB: We are moving to be close to our family, which is in Kansas City. During the past years, we were able to go back and forth frequently to see our children. But I think it's best for our whole family now that we move there.

JP: We're going to miss you and Warner. We offer you our love and wish you all the best.

EB: Thank you.■

Challah from page 15

Challah Variations:

Poppy Seed Filling:

Mix challah dough, make filling as it is rising for first time:

Filling: 1 can of SOLO Poppy Seed Filling
4-6 TBsp honey

1-2 cups chopped walnuts

Almond Filling:

1 can of SOLO Almond Filling

Honey if needed

1-2 cups sliced almonds

Raisin Bread

Plump the raisins by soaking in hot water for 5-10 minutes, drain well and dry. Add to dough before you knead the first time.

Cheese Bread

2 cups shredded cheese of your choice.

Add to dough before you knead.

Onion Bread

2-3 onions, chopped and sautéed in butter or olive oil. Add to dough before you knead. ■

Rosh Hashanah at...The Park

First Day Rosh Hashanah, Thursday September, 4 2013
Colby Park Community Center, 6850 School St. Windsor Heights




Hebrew/English Services At: 9:00 AM

Highlight of Services, Blowing of the Shofar at 11:00 AM

Kiddush Luncheon following services

Prepaid RSVP is a must for the Luncheon

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Become a Member of the IJHS!

Dear Members of the Jewish Community,

Please help us preserve the history and the irreplaceable treasures of the Jews in Iowa by joining the Iowa Jewish Historical Society now!

In its short history, the Iowa Jewish Historical Society can point to an inspiring list of accomplishments in preserving and educating people across our state about Iowa's Jewish heritage. Milestones include the construction of The Caspe Heritage Gallery and numerous programs, special events, and changing exhibits that showcase the heritage of Iowa's Jewish communities, such as the "Honoring Iowa's Jewish Veterans" project that has identified more than 1,300 Jewish men and women from Iowa who have served in all branches of the United States military from the Civil War to present day.

This year, the Historical Society will be undertaking several more exciting projects—publishing "100 Years of Cooking" as part of the 100th Anniversary of the Jewish Federation of Greater Des Moines, researching and presenting information about Des Moines' Jewish cemeteries, taping new oral histories with members of the Jewish community, continuing to identify Iowa's Jewish veterans to include in our "Book of Honor," increasing access to the historical treasures entrusted to our care by putting photos of our collection online, continuing to inventory and catalog the 10,000+ artifacts in our collection, and so much more.

With your support, we can continue to provide these many services and projects to the community.

Please take the time today to become a member of the Iowa Jewish Historical Society! Join members from across Iowa in helping us preserve our precious heritage. Your membership application form is on the back of the enclosed brochure or you may join online at www.jewishdesmoines.org. Our membership year is from July 1 - June 30.

We truly need your commitment and support. Your generosity will ensure that our legacy will endure.



Veteran and IJHS Board Member David Arkovich reads a prayer at the event "Honoring Iowa's Jewish Veterans"

It's Time to Renew Your Membership in the Iowa Jewish Historical Society

Become a New Member or Renew Your Membership and help preserve the history of the Jews of Iowa.

Your membership dues support our programs, events, and exhibits as well as the staff and volunteers who work so very hard to preserve Iowa's Jewish heritage. Your membership makes you a vital partner in preserving our history for all to enjoy for years to come.

Membership Levels: \$36 Basic, \$100 Patron, \$500 Sponsor, \$1,000 Benefactor, \$5,000 Lifetime Membership includes a case dedication in the Caspe Gallery.

Membership includes a subscription to IJHS newsletter – The CHAlowan filled with fascinating original articles and photographs on all aspects of Jewish life in Iowa, updates on programs and events, and so much more.

Your application form is below or you may join online at www.jewishdesmoines.org.

Name

Address

City, State, and Zip Code

Membership Levels

- Lifetime \$5,000
- Benefactor \$1,000
- Sponsor \$500
- Patron \$100
- Individual/Gift \$36

In addition, I want to make a donation to the Iowa Jewish Historical Society \$ _____. Please make your check payable to the IJHS and send it to 33158 Ute Ave., Waukee, IA 50263. For more information: (515) 987-0899 ext. 216 or ijhs@dmjfed.org



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TEMPLE B'NAI JESHURUN AND JCRC PRESENT

Rabbi David Saperstein

Director and Counsel, Religious Action Center of Reform Judaism

Finding Peace in the Middle East

7:00 pm, Monday, Sept 16

at Temple B'nai Jeshurun, 5101 Grand Avenue, Des Moines



Selected by Newsweek magazine in 2009 as the most influential rabbi in the country and described in a Washington Post profile as the "quintessential religious lobbyist on Capitol Hill," **Rabbi David Saperstein** represents the Reform Jewish Movement to Congress and the Administration as the Director of the Religious Action Center of Reform Judaism (RAC).

Under Rabbi Saperstein, writes J.J. Goldberg in his book *Jewish Power*, the Religious Action Center "has become one of the most powerful Jewish bodies in Washington, second only to AIPAC." In addition to its advocating on a broad range of social justice issues, the RAC provides extensive legislative and programmatic materials to synagogues nationwide and coordinates social action education programs that train nearly 3,000 Jewish adults, youth, rabbinic and lay leaders each year.

Also an attorney, Rabbi Saperstein teaches seminars in First Amendment Church-State Law and in Jewish Law at Georgetown University Law School.

A prolific writer and speaker, Rabbi Saperstein has appeared on a number of television news and talk shows including Oprah, Nightline, Lehrer News Hour, ABC's Sunday Morning, Crossfire, Hardball - and the O'Reilly Factor. His articles have appeared in the Washington Post, the New York Times and the "Harvard Law Review." His latest book is *Jewish Dimensions of Social Justice: Tough Moral Choices of Our Time*.

[milestones]

Welcome Tzafnat Mor, Community Shlichah



Jewish Federation of Greater Des Moines is thrilled to introduce you to Tzafnat Mor. Tzafnat is from Kibbutz Yizre'el in Israel. Through the Ida Jacobs Trust Fund, we have been able to bring and support her for a full year.

Tzafnat will be involved in many aspects of the community. Her responsibilities will include: creating and implementing Israel and Jewish programming with the Federation and Synagogues, representing Israel to the Jewish and non-Jewish community, involvement with our Partnership2Gether Committee, teaching in our weekday preschool and community religious school, and directing and developing Engman Camp Shalom for Winter, Spring camp, as well as, our summer camp.

Prior to serving in the IDF, Tzafnat had been very involved with children of all ages. She has worked at NFTY-EIE High School in Israel and loves working with children and connecting to her Judaism. She feels it is important to Israel to keep a strong relationship with the Jewish people in the Diaspora and she is excited to have the opportunity to visit the United States.

B'nai Mitzvah



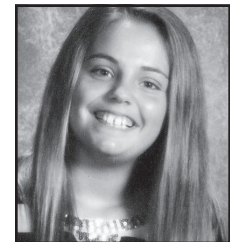
Madelyn Waltman, daughter of Ken and Kim Waltman, will be called to the Torah as a Bat Mitzvah on Saturday, Sept. 21 at Tifereth Israel

Synagogue during the 9:30 a.m. service. Madelyn is in 7th grade at South Middle School in Waukee. She enjoys playing competitive softball for the Waukee Athletic Club, playing the trumpet in the school band, participating in theatre and a variety of other activities. The family invites the community to the Kiddush Luncheon following the service.



A.J. Pearl, son of Krista and Brian Pearl, will be called to the Torah as a Bar Mitzvah on Saturday, Sept. 28th at Tifereth Israel. AJ is in 8th grade

at Stilwell Middle School, plays cello and soccer. His Bar Mitzvah project is to play cello concerts at The Life Center, as well as helping with the younger kids at the Federation Community School. The family invites the community to the Kiddush Luncheon following the service.



The Jewish community is invited to celebrate the Bat Mitzvah of **Hanna Marcus** on November 2 at 4:30 pm at Temple B'nai Jeshurun.

Mazel Tov



Jared Farber, son of Jan and Jeff Farber, and grandson of David and the late Ann Farber, graduated from the University of Michigan. His majors were Statistics and Spanish. He is working in Dallas, Texas as a statistical and computer analyst for Glazier Company. He remains a Big Ten fan.

In Memoriam

We note with sorrow the recent passing of

Stuart Gottstein

Frances Shnurman

Joe Zingerman

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Shortly after the ground breaking ceremony was held on May 14th, construction of the Holocaust Memorial on the West Terrace of the Capitol proceeded rapidly. By July 3rd, the memorial, underwritten generously by the Jacqueline and Myron Blank Fund, was complete enough to be viewed by many who attended the annual Des Moines Symphony “Yankee Doodle Pops” concert on the West Terrace. Prior to the concert, people who staked their claim with lawn blankets and camping chairs were drawn by curiosity to see the latest site feature added to the Capitol grounds – the memorial. Maestro Joe Giunta even graciously spoke about the memorial from the orchestra’s stage, increasing interest in the new construction even further.

Now plans have been made to formally dedicate the memorial at noon on **Wednesday, October 23, 2013**. The program is planned for the Iowa Historical Society Building, which is across from the memorial, at 600 East Locust Street in Des Moines. Scheduled speakers at this brief ceremony will include Governor Terry Branstad, Dr. Ann Millin, an historian from the United States Holocaust Museum in Washington D.C, and a representative of the Iowa National Guard. Details about the event will be forthcoming. The program will be open to the public. RSVPs to jcrc@dmjfed.org would be appreciated.

The memorial has been established in memory of the millions of victims of the Holocaust, in gratitude to the Iowans who, as members of the United States Armed Forces liberated the concentration camps, and in honor of the survivors who made lives for themselves and their families in Iowa.

The memorial has been constructed by the architectural firm Confluence, online at thinkconfluence.com.

