



Jewish Press

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volume 22 number 4

Passover First Seder IS THE EVENING OF APRIL 12



Mission to Israel
- page 12



**Michal Cohen at
The Caspe
Terrace**



**Rick Recht
Rocks**

2nd Annual "Beautiful: Mind, Body and Spirit" Women's

Forum May 7



The 2nd Annual Women's Forum: "Beautiful: Mind, Body and Spirit" has been scheduled for Sunday, May 7th, 9:30 am to 1:00 pm at The Caspe Terrace. Chairs Barbara Hirsch-Giller, Tiffany Rosenfeld Deal, Trudi Rosenfeld, Laurie Wahlig, and Kim Waltman encourage all women in the community to join for a special day of workshops dedicated to women's health, mind and spirit.

This year's event was incredible, there has been great interest to continue the tradition," said Hirsch-Giller.

According to Hirsch-Giller: "Beautiful" is what I think of as 'serious fun'...a few greatly needed moments away from our lives of commitment to others, the rush to accomplish everything necessary for family life. This is a time for each woman who attends to nourish her body, mind and spirit and leave feeling truly beautiful! This half day "Beautiful" experience should be looked upon as a necessity, not a luxury, not only for ourselves but also for the other beloved women in our lives, young and old!"

Invitations will be sent shortly. The program cost is \$18 per person which includes a "beautiful" lunch. For tickets

Adult Education course to begin April 10

Interfaith and Faithful:

Embracing the Joys and Challenges of a Jewish-Interfaith Relationship

A four-week Jewish Federation course on interfaith relationships will be conducted by Barbara Hirsch-Giller, 6:30 – 8:00 pm beginning Monday, April 10 in the Board Room of the Iowa Jewish Senior Life Center. It is designed to be an honest, open, and confidential conversation on the challenges of living in a loving Jewish-Interfaith relationship. We really can talk about this in an atmosphere of love and compassion. We really can come to some understandings that garner respect for each member in the relationship and allow all to live and love in peace and faith. Harsh words and judgmental attitudes not allowed! Jewish Press: What is the need for the class?

Barb Hirsch-Giller: The need for discussion is a result of a cultural shift meeting religious tradition and attitudes. The reality is that our Jewish population intermarries and develops serious and loving relationships with non-Jewish partners at a far greater rate than did our forebears. The

conversation centers around encouraging the on-going attachment to Judaism and tradition in the household while honoring the beliefs and attachments of both partners. It is significantly about shalom bayit—peace in the home, community and extended family.

JP: What attracts you to the topic?

BHG: Growing up in Mason City in a nominally Jewish environment, in a home lacking in ritual and tradition made my marriage to a Philadelphia Jewish man, from a very traditional background, feel like an intermarriage. It was very hard for us to come together on certain issues and it was also hard on our families. The stresses impacted our way of practicing Judaism and have changed how we raised our children. I believe, strongly, that if I had been able to find support and conversation about these challenges, and not censure—may I add, our religious lives may have been smoother. We fail to appreciate how difficult these issues can be!

JP: What issues might you cover?

Community Purim

Program

**SUNDAY, MARCH
12**

10 AM – NOON AT

JCRC's Teachers' Institute to focus on Holocaust Education

The 2006 Teachers' Institute, a project of the Federation's Jewish Community Relations Commission, will focus this year on Holocaust education. Offered free of charge to teachers and administrators from regional school districts, the Institute enables educators to learn about current materials and practices from knowledgeable instructors. The Institute, to be held April 3, will include a screening of the award-winning documentary Paper Clips, about the making of a children's Holocaust memorial that came to touch many lives. Leading the discussion will be Sandra Roberts, co-director of the school project at Whitwell Middle School in Tennessee. The Institute will also feature Covenant Foundation Fellowship recipient and JFCS instructor Kryss Phillips who will conduct a workshop on teaching the Holocaust through literature.

In recent years, the Institutes have brought teachers in contact with Middle East peace negotiator

Youth Maccabiah Celebrating Israel Independence Day

**Wednesday May 3,
4:30-7:00 pm**

At Beth El Jacob Synagogue

Sponsored by the Synagogues, Temple, Jewish Federation Community School and Jewish Federation. Food! Music! Mixed-age sports events! Prizes! For more information call 277-5566.

[inside]

2 92ND STREET Y SERIES CONTINUES

2 WOMEN'S SEDER APRIL 2

**5 HOLOCAUST COMMEMORATION APRIL
24**

5 SCHOLARSHIPS AVAILABLE

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AT THE CASPE TERRACE

live broadcasts

from NY's 92nd Street Y™

Thursday, March 23 7:15 pm

Mommy Wars: Working vs. Staying Home

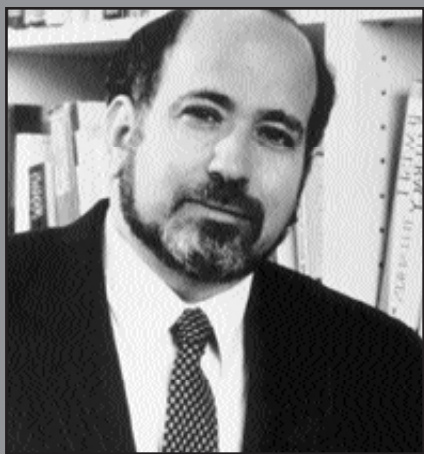
Moderated by Naomi Wolf, author of The Beauty Myth and The Treehouse
The battle rages in every mother – stay at home or go back to work. Four contributors to the new book, The Mommy Wars, discuss the state of motherhood.



Tuesday, April 11 7:00 pm

Harvey and Bob Weinstein

The Weinstein brothers founded Miramax Pictures in 1979. Under their leadership, the company earned 249 Academy Award nominations and collected 60 Oscars, including Best Picture for The English Patient, Shakespeare in Love and Chicago. They speak with New York Times Film Critic Janet Maslin about their upbringing, collaboration, inspirations and goals.



Thursday, May 11 7:15 pm

You Shall Be Holy: Personal Character and Integrity

Joseph Telushkin, named one of the 50 best speakers in the U.S. by Talk Magazine, discusses fair speech, gratitude, repentance, humility, judging others fairly, forgiveness, lying and many other aspects of an honorable life

Tickets: \$10.00 each. Tickets may be purchased at the door the night of each show for \$12.00 each. Student tickets: \$5 each.

To order, call the Jewish Federation at 277-6321 x218. Tickets may be charged to your Visa or MasterCard for an additional \$2.00 for shipping and handling. All programs to be held at The Caspe Terrace, 3320 Ute Ave. Waukee, exit 117 on I-80. Programs are subject to change by the 92nd St. Y. If a program is canceled, tickets can be exchanged for another broadcast based on availability. No refunds. Check with the Federation for scheduling changes at www.dmjfed.org or call 277-6321 x218.

Park and Ride Transportation is available with 48 hours notice. Call 277-6321 x218. Rides depart from Beth El Jacob Synagogue, 954 Cummins Parkway, Des Moines, 30 minutes prior to show time, at a cost of \$5.00 per person (roundtrip).

Caspe Terrace

THE CASPE TERRACE PROGRAMMING COMMITTEE INVITES COMMENT

Among the many roles and responsibilities of the Des Moines Jewish Federation is to provide programming that strengthens Jewish identity of individuals and families and to ensure quality Jewish experiences for Jews of all ages and backgrounds.

The Programming Committee would like to continue to plan a wide variety of opportunities that would enhance the participant's personal Jewish journey. It seeks to develop new programs and services which will be planned to engage an even broader cross-section of the community in out-

standing social, cultural, community and family involvement.

The Caspe Terrace Programming Committee is especially interested in hearing from community members about their specific interests for programs and services to take place at the beautiful Waukee facility. While there continues to be wonderful brainstorming and new ideas being generated to provide quality, on-going activities, Jewish Press readers are invited to complete the survey below indicating types of programming that interests them.

Please complete the following sur-

Interest Survey

Name _____
Phone #s _____
E-Mail _____

I am interested in participating in the following types of programs and services, if offered at The Caspe Terrace.

Cultural Arts/ Adult

- ☐ Holiday Celebrations
- ☐ 92nd St. Y
- ☐ Concerts
- ☐ Plays
- ☐ Musical Series
- ☐ Poetry Reading
- ☐ Lectures
- ☐ Ongoing classes
- ☐ Coffee House
- ☐ Other

(Specific Interest) _____

"from slavery to freedom, in every generation"

Save the Date!

Sunday, April 2, 3:00 - 5:30 pm.

FOR THE JEWISH FEDERATION'S THIRD ANNUAL

Women's Seder



at The Caspe Terrace
Hosted by Jewish Federation Community School
for more information call 515-277-5566

FROM STEVE REITMAN So, Now I am in Des Moines...Now What?



As the new Assistant Director at the Jewish Federation, I am greatly optimistic as I reflect on the challenges and opportunities that await me. The community is fortunate to have such wonderful lay and professional leaders, and I am excited about my prospects for success. I am grateful to the Federation officers and board for having confidence in my selection and I am anxious to personally meet as many community members as possible.

My family arrived in Des Moines from Dayton, Ohio at the end of December and we already feel very welcomed and supported by many kindnesses expressed to us. We have shared numerous invitations for receptions and Shabbat dinners. Shari, my wife, is helping us get set up in our West Des Moines home and is helping our kids with their adjustment, while she seeks a position as a special education teacher. My children,

Spencer (7-1/2) and Abigail (6) have started the year at their new school. They are also very comfortable at our Jewish Federation Community School. They have been fortunate to meet new Jewish friends and especially loved attending our recent Rick Recht concert, since they are devoted fans. (His CD's are definitely staples for our long car rides.)

I am proud to share that I have been a Federation professional now for over 21 years. I have lived in, participated and traveled to numerous Jewish communities and have been blessed with many positive experiences in my career, witnessing Jewish history, and having the opportunity to positively impact so many lives. I have marched for Soviet Jewry in Washington, been in Israel to see Russians and Ethiopians step off planes to begin new lives, participated and raised money for so many special fundraising efforts. I have traveled on over 20 missions to Israel with families, singles, doctors and businessmen. Lots of wonderful memories!

So now I am in Des Moines, Iowa with the opportunity to be part of this community's quest to enhance its financial resources, to enhance quality programs and services at The Caspe Terrace and to develop renewed interest in leadership development activity. So many of you have already shared your ideas and reacted positively to some of mine. I am ready to roll up my sleeves.

Since my arrival here three months ago, I have been asked my opinions about all of the difficult challenges and transitions happening. Many have talked to me about eventual changes in rabbinic leadership, plans and discussions about a new synagogue building, the future relationship between the congrega-

tions, and the need for more programming in our relatively new cultural and social facility at The Caspe Terrace. My feeling is that we are experiencing in Des Moines what is happening in communities everywhere. I look at these challenges as opportunities to collectively engage in discussion about our vision and our future.

When I arrived in Dayton in 2002 to accept the position as their Federation's chief operating officer, the community was undergoing similar challenges. They, too, had several rabbinic searches underway, they had a Jewish community center which

"Our Campaign will include some new strategies and benchmarks that will allow us to move it to new heights and in new directions...

If we could strive for a \$900,000 campaign, imagine with me its potential to meet vital

was under-utilized, a new community center (in a completely different part of town) that we had to build programs for and draw people to, and they, too, had a declining campaign. I could go on... We did our best and rose to the occasion. Des Moines will also rise to the occasion. The community has overcome challenges before. I look forward to participating in discussions about new opportunities, experimentation with some new ideas, working hard and in participating in all aspects of community life.

So what have I been up to since I have arrived? As to the "All-in-One" Campaign, I've been meeting with staff and leadership to familiarize myself with lists of community members to try to understand special circumstances or philanthropic interests, and to identify potential partners in our work. We now have a campaign plan with structure and events. I am helping to enhance our powerful data base and, generally, am getting everything in place for successful fundraising.

I hope everyone has had the opportunity to see our new campaign brochure that we have recently sent in the mail. If you haven't received one by now, call and we'll send one to you. In it, you are

re-introduced to the important work that our donors make possible to improve and enhance the lives of Jews locally, in Israel and around the world. You are also introduced to a number of community members whose lives have been bettered because of the programs and services of the Federation and the "All-in-One" Campaign. I hope you will remember these individuals when making your annual pledge, as we enrich the lives of so many others.

Believe it or not, we have already been discussing a brand-new campaign event to open 2007. The visionary leadership is making it possible for actor/producer Henry Winkler ("The Fonz") to be coming to Des Moines on Sunday, September 17 to share his personal Jewish journey and to entertain us with his stories. This is going to be a lot of fun! It will be an event not to miss, so save the date.

Our Campaign will include some new strategies and benchmarks that will allow us to move it to new heights and in new

[letters to the editor]

Dear Editor:

I am a Christian who loves Israel because I love God. I want to let you know that I am standing in prayer and action for the nation of Israel at this time. In light of the recent Palestinian Authority (PA) elections, in which Hamas won an unprecedented victory, I am very concerned for the prospects of peace in the Middle East. It is hard to believe that a terrorist group is now recognized as a legitimate democratically-elected political party.

I am aware that Hamas has been responsible for the deaths of 377 Israelis since the current Intifada started. I am aware that Hamas leader Muhammad Zahar recently made the group's goals clear when he stated: "There is no peace process. Negotiations for us are not a goal in themselves, but a means to an end." We who love and support Israel know that "end" is the extinction of Israel.

Please be encouraged by knowing that I

am only one of millions of Christians who are praying for the State of Israel and the peace of Jerusalem, especially at a time like this. I will continue to stand strong with Israel by calling on my government's representatives to not recognize Hamas nor negotiate with them in any way or force Israel to do so. I will call upon them to end financial support for a Hamas-led PA. I will urge them to hold Hamas and the PA accountable for the murder and crimes that they have committed against Israelis and foreigners. Israel and other nations of the world must insist that Hamas' leaders renounce their oft-stated intention to destroy the State of Israel, and, they must formally recognize the right of Israel to exist as situated in the Holy Land.

May the God of Abraham, Isaac, and Jacob, and Jesus, continue to protect and defend His beloved Land and people.

Shalom in our time,

The Rev. Ivan A. Rogers,
Urbandale, IA

Dear Editor:

I would like to offer a heart-felt word of thanks to Jewish World Service and the Jewish Federation for their continuing leadership in confronting the on-going crisis in Darfur. Mark Finkelstein, on behalf of the Federation's Jewish Community Relations Commission, has been the catalyst in organizing a Des Moines Area Team, which includes Sudanese leaders and members of a variety of Christian communities within the Greater Des Moines Area. I am honored and thankful to be included on the Interfaith team that is striving to help Des Moines folk understand and respond to the on-going tragedies in Darfur, Sudan.

Respectfully yours,
The Rev. Russell Melby, ELCA
Iowa Regional Director

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Opinions expressed in The Greater Des Moines Jewish Press are not necessarily those of the Jewish Federation of Greater Des Moines, its committees, or its staff. Unsigned editorials express the opinion of the paper's Editorial Board.

We are always happy to receive articles and contributions for consideration. We reserve the right to edit submissions for space considerations and clarity.



Upcoming

Please send us information and a photo or high resolution digital image of your recent High School or College graduate for publication in the May/June edition of the Jewish Press. Submissions must be received by Wed. April 5, 2006. Mail to: Jewish Press 910 Polk Blvd, Des Moines, IA 50312 or by e-mail: tom@dmjfed.org Photos will be returned.

YOUNG JEWISH PROFESSIONALS & STUDENTS

Come join other twenty-something Jews for hors d'oeuvres and drinks at 6:00 p.m. Thursday, March 2nd at South Union Bakery (attached to Centro) downtown.

A great chance to network with other young Jews in Des Moines, and be part of planning other potential social and community events with this exciting new group. For more information please

JEWISH FEDERATION COMMUNITY SCHOOL AND HIGH SCHOOL

Purim is the happiest holiday in the Jewish year. It is costumes and carnivals, and sweet food, making loud noises, and all of this is anchored by a great story. When you celebrate Purim you get to have a lot of fun. Most everything we do on Purim acts out this story in one way or another.

- **Reading the Megillah** – The Megillah is a scroll on which the story of Esther is hand-written in Hebrew. Every time Haman’s name is read, people shout and stomp, they use noise makers and make as much noise as possible. Hearing the Megillah is one of the four Purim mitzvot.
- **Costumes** – It is a custom to dress up in costumes on Purim. Often, these costumes are representations of the people in the Purim story. It is another way of “acting out the story.”
- **Celebrations** – Another Purim mitzvah is to make the day of Purim into a day of celebration. These are usually big carnivals with games and all kinds of fun activities.
- **Hamantashen** – In Yiddish they are called Hamantashen and are thought to resemble Haman’s hat. In Hebrew they are called Oznai Haman and are thought to be the shape of Haman’s ears. These triangle shaped cookies are filled with prunes, apricots, cherries and other good stuff. They are the essential Purim food.
- **Shelah Manot** – As part of the first Purim celebration, Jews in Persia sent gifts of food to their friends. These gifts are called Shelah Manot. This is also an easy mitzvah. There is only one rule. The gift should consist of at least two kinds of food.
- **Mattanot le’Evyonim** – This last Purim mitzvah is hard to pronounce and not as well known as the others. This mitzvah means gifts to the poor. When Mordechai declared the first celebration of Purim, Jews sent two kinds of gifts, gifts to their

What Do You Bring To A Passover Seder?

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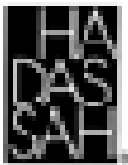
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uppermidwest@hadassah.org

Fifth Grade Attends “Number The Stars”

On Sunday, January 22nd, our JFCS fifth grade class attended a very powerful, come-to-life adaptation of “Number the Stars” at The Des Moines Playhouse. This play is based on the book by Lois Lowry.

In summary, it is 1943 and three years of Nazi occupation have brought changes to Copenhagen. There are soldiers in the streets, a curfew and supply shortages. Word comes that Denmark’s Jews are to be “relocated.” The Johansen family helps with the rescue of Jewish Danes who are smuggled aboard fishing boats that carry them to safety in neutral Sweden. While this story is fiction, it was drawn from true accounts of the Danish Resistance, which succeeded in saving the lives of almost all of Denmark’s nearly 7,000 Jews. This story is seen through the eyes of two best friends (Annemarie Johansen and Ellen Rosen).

- Below are comments that many of our students made after the show:
- I think the play really made the book come to life. ...I really felt like I was there. The play, plus the book, tells you to be brave even though you don’t think you are. Ben W.
 - I thought it was amazing how the Dutch family, that was not Jewish, had the bravery to hide these other Jewish families. I would also be scared because at any moment the Nazis could march into my house and send my family and me to different camps where any of us could die. Brian W.
 - It was very sad because I could not believe what the Nazi’s had done to the Jewish people who had done nothing to the Nazi’s. It was hard to believe that if the Jewish people wanted to leave they would have to escape during the night. Aaron B.
 - My favorite part was at the end when Ellen, the Jewish girl, gave Annemarie, the Lutheran girl and her best friend, her Star of David necklace because of her courage and heroism. Jennifer S.
 - It was very powerful when the Jewish girl told the non-Jewish girl that she was her “Star of David.” That’s something God would bless you for. Danny M.
 - If I could step into someone’s shoes back then, I would feel scared because they are coming to get me, shocked because why would someone do that, and afraid because I might get caught. Brittney F.
 - I would be scared if I was the Jewish girl. I wouldn’t like to hide in someone else’s house. Becca F.
 - If I were in their shoes, I would be very scared of the soldiers. I might also be separated from my family and I couldn’t do anything I wanted to, like follow my religion. Talia L.

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Religious School in Review

Hebrew Daled is studying some of the important prayers that are in the morning and evening services, such as the Shema and the Veahavta, Ahava Raba and Ahavat Olam, Yotzer or and Maariv Aravim, and the Barchu and the Mi Chamocha. In addition to developing fluency in reading, they are learning the key concepts in the prayers and the students recognize several important shoreshim (roots) that help them understand the core meaning of related words. They are also becoming more comfortable with script and have added to their Hebrew vocabulary.

Teen Hebrew is learning vocabulary and some slang words. They are learning declarative and interrogative nominal sentences, singular and plural nouns (masculine and feminine); verbs; positive and negative verbal sentences; demonstrative pronouns; names of languages, countries and cities around the world.

- Our students have learned many important lessons in Hebrew and Judaism this first semester. We thank our teachers for their dedication to teaching our young peo-

Jewish Family Services [JFS] provides applications and information to high school students seeking college scholarships. Within the Des Moines community there are scholarships available with specific guidelines. Should you qualify for any of the scholarships listed below, you may request an application from JFS, 910 Polk Blvd., Des Moines, IA 50312, 515-277-6321. The applications are due by May 15, 2006. All applications will be forwarded to scholarship committees that are independent of the Jewish Community Services pillar and the Jewish Federation.

Sidney Pruce Memorial Scholarship	completed high school in Polk County and plan to attend an institution of higher learning in Iowa	Interested in Jewish Affairs Financial need
Abe and Libby Pruce Memorial Scholarship	Meritorious students of the Jewish faith in Iowa	Must pursue course of education in field of Jewish interest May be used for institutions within the State of Iowa, the U.S. or abroad
Jewish students who have	Academic Achievement Leadership	

For additional information, contact JCRC at 277-6321 x 214.

The exhibition "Fighting the Fires of Hate: America and the Nazi Book Burnings" focuses on how the book burnings became a potent symbol during World War II in America's battle against Nazism, and concludes by examining their continued impact on our public discourse. For library hours call 271-1111 or contact Susan Breakenridge, Assistant to the Dean for Collections,

march/april 06

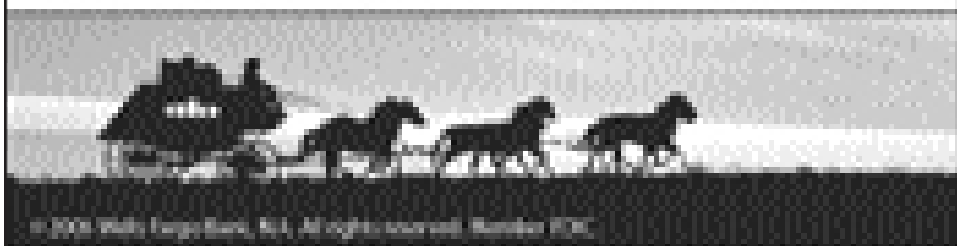
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5. *Smart Money* magazine ranked Wells Fargo as the second best full-service investment broker in America. 2004
6. *American Banker* says Wells Fargo is one of America's top 20 mutual fund companies. 2005
7. United Way of America gave Wells Fargo all four of its top awards for community involvement this year. Wells Fargo is only the second company in United Way history to win all four awards in one year. 2005
8. *Barrett's* magazine ranks Wells Fargo the world's most-respected financial services company. 2005
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Jewish Family Services

Senior Adult Program

Jewish Family Services Senior Adult Program offers monthly luncheons and enjoyable outings to keep our elderly community members active and connected. We also offer rides to Federation programs at The Caspe Terrace.

A monthly newsletter informs about upcoming programs. To have your name placed on this mailing list, or if you know of anyone who might enjoy these programs, please call Dorothea at the Federation office, 277-6321 x218.

VOLUNTEER TO HELP SENIORS

"Reach out and show someone you care and put meaning back into the lives of others"

Our OASIS/NORC project is underway at three local sites. We are servicing a potential of 90 seniors and have also started a volunteer program. You can join us in our "chessed" (acts of loving kindness) work by volunteering an hour or two a month. Even if it is only by phone, your involvement can help our seniors stay less isolated and more independent in their own home. Call Pat at 277-6321 x 215 for details about joining this volunteer group.

United Way Donors

Did you know that you can designate part or all of your United Way contribution to Jewish Family Services?

The money received through these designations helps the Federation pay for...
Jewish Family Services Counseling - Individuals, families, seniors and children
Senior Adult Programs - Senior Adult luncheons and case management
Resettlement Program - Case management and health services to new immigrants
Jewish Family Life Education - Operation Good Mensch
Outreach - Baby baskets, welcoming newcomers
Volunteer Opportunities - Numerous volunteer projects

THANK YOU to all who have contributed through United Way.
Please remember that your gift to Jewish Family Services through United Way has to be re-designated each year.



The Jewish Federation of Greater Des Moines is a beneficiary of United Way

Senior News? Feeling out of touch?

- We'd love to call you and keep you in the loop and feeling cared for.

Please call Jewish Family Services and let us know if you would be interested in our keeping in touch on a continuous basis. Call Gloria at 313-8902.

Is shopping on your own difficult? Need help getting to and from doctor appointments?

- We offer transportation for grocery shopping and appointments.
Jewish Family Services staff is available to assist you. We will provide door-to-door

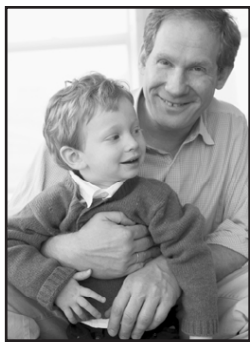
careMEALS

Iowa Jewish Senior Life Center and Jewish Family Services Collaborate on Meals Program

The Iowa Jewish Senior Life Center and Jewish Family Services have joined together to offer fresh meals for shut-ins, recuperating adults, community members in the hospitals, and others who need a pre-cooked meal. The meals will be offered by the Life Center from their daily menu and will be available for individuals who are ill, snow-bound, without family help, or just wish to have a meal ready at hand.

The meals will be available with a 24-hour notice. Lunches will be \$7.00 and dinners will be \$10.00 each. Food is carryout from the Life Center and will be paid for at pick up. Jewish Family Services can arrange for delivery at \$5.00 per trip.

45 Years x 52-Weeks x 40 Hours = Time for an Estate Plan



If you work from age 20 to 65, chances are you'll spend almost 100,000 hours on the job. That assumes you work 40-hour weeks, 52 weeks of the year. If you own a business or are a professional, you probably spend closer to 60 hours at work each week, putting you well over 100,000 hours.

After spending all that time accumulating the assets in your estate, does it make sense to let someone else decide how to distribute those assets? Of course not. But that's exactly what happens if you don't plan your estate. Unless you have a will and possibly a trust, impersonal state laws will determine how the fruits of all your efforts will be divided at death.

State laws don't allow a larger share of your estate to pass to a relative with special needs. They don't take advantage of tax-saving strategies. And they don't provide for continued support of the organizations such as the Jewish Federation of Greater Des Moines or your Temple or Synagogue.

To accomplish all your estate goals, it's vital that you have a thoughtful plan drafted. At the very least, you should have a will. If your estate is large or complex, if you own property in more than one state or if you have a business, you may also need a trust. An attorney experienced in estate planning can explain your options and opportunities.

Having the right estate plan drafted will take time. And keeping the plan up-to-date requires a few hours each year to review your existing documents. But when balanced against the amount of time it took to amass your estate, it doesn't make sense not to have an estate plan.

The Ups and Downs of Estate Tax

The beginning of 2006 ushers in a higher estate tax credit, sheltering estates of up to \$2 million from tax. The credit in 2005 sheltered only \$1.5 million. In addition, the top tax rate on estates subject to tax drops from 47% to 46%. In 2009, the credit will shelter estates up to \$3.5 million and in 2007 the top estate tax rate will be 45%.

The increased credit means fewer estates will be subject to tax. To take full advantage of the credit, review your estate plans early in the year. Keep in mind:

- If your will or living trust provides for a family trust (often called a "B" or "bypass" trust) to be funded with the maximum credit amount, you may be shortchanging your spouse. Depending upon the size of your estate, you may want to leave more to your spouse (sheltered by the marital deduction), either outright or in trust, and leave less to the family trust, which can also provide benefits for life to your spouse.
- Married couples with estates in excess of \$2 million should structure ownership of assets to allow both spouses to take full advantage of the credit.
- Coordinate your estate. Some assets, such as life insurance and retirement accounts, generally pass to named beneficiaries, rather than through a will or living trust. Although they may not be subject to probate, the value of these assets is included in the gross estate that is subject to tax. Make sure to consider these when planning your bequests.
- You can reduce your gross estate by making lifetime gifts. After 2005, you can give up to \$12,000 annually - gift-tax free - to as many people as you wish (\$24,000 for married couples). You can also make up to \$1 million in taxable gifts, sheltered by a gift tax credit. There are ways to stretch your \$1 million gift tax credit by combining gifts to family members with gifts to charity. We'd be happy to help you explore the options.

Mix and Match Retirement Options Available

There's a new retirement savings option starting this year that combines the best of 401(k)s and Roth IRAs - called, appropriately, the Roth 401(k). Among the advantages:

- Higher maximum contributions are available for 401(k) plans. Participants can contribute up to \$15,000 in 2006, plus a catch-up contribution for those age 50 and older of \$5,000. The maximum contribution for a Roth IRA is only \$4,000, with a catch-up of \$1,000 for 2006.
- Employers often match contributions up to a certain percentage.
- Qualified withdrawals are tax free.
- A taxpayer with earned income can continue making contributions after age 70-1/2.
- There are no mandatory distributions after age 70-1/2.

One major drawback of the Roth IRA has been the earnings limit. Eligibility for the Roth begins phasing out for married taxpayers with incomes of \$150,000 and for single taxpayers with incomes of \$95,000. In addition, the trade-off for the Roth's tax-free distributions is that it does not reduce current taxes in the manner of a traditional IRA or 401(k) plan.

The Roth 401(k) option permits the larger contributions of a 401(k), but with no income tax deduction. In addition, the earnings limits do not apply. This gives high-income taxpayers the option to designate all or a portion of their contributions to an account that will provide tax-free income when distributed.

Caution: Deadline Ahead

If you're on Medicare and haven't already signed up for the Part D prescription drug benefit, you must act by May 15 to avoid permanently higher premiums. The government doesn't want healthy individuals with low drug expenses to postpone signing up until the coverage is needed. Therefore, a 1% per month increase in the cost is included in the legislation that was passed last year.

There is an exception, however. If you already have drug coverage through a plan offered by an employer or former employer, you can get a "certificate of creditable coverage" that indicates that the drug benefits you currently receive are as good or better than what is offered by Medicare. If your drug coverage later changes and you wish to sign up for Part D, you won't be subject to the 1% penalty.

Because Medicare does not consider the drug coverage offered by Medigap policies to be on par with the Part D drug benefits, you'll still need to sign up for Part D. You may be able to save by getting a Medigap policy without drug coverage. For more information on Part D benefits, call Medicare at 800-633-4227, or visit www.medicare.gov.

Estate Planning for the 21st Century

Estate planning has always meant more than just death tax planning. Estate planning also includes estate building - putting together a comprehensive plan for obtaining maximum spendable income during your life and ensuring conservation and growth of your personal assets. It includes planning for a thoughtful disposition of your assets at death. It means providing for the personal needs of your beneficiaries, both now and in the future, through trusts, life insurance, investments and business planning. And, for many people, it means carefully planned support for a worthwhile cause or institution ... such as the Jewish Federation of Greater Des Moines.

Everyone has certain basic estate planning needs:

A Will. You need a will, quite simply, to ensure that your property is distributed exactly as you see fit - not according to the impersonal state laws that divide the property of those who die without wills. Some people may also need a living trust - augmented by a will that covers assets not placed in trust. And you need a will if you want to make a bequest to the Jewish Federation or the Des Moines Jewish Foundation.

Estate Liquidity. Be sure that your estate has enough cash or liquid assets to cover expenses of administration and state death taxes. Without a ready pool of cash to draw from, your

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Project Elijah

Thank-you for Making First Annual Hanukkah Gift Appeal a Success

By Kimberly Shadur, President, Project Elijah Foundation



The B'nai Jeshurun Temple Youth

Our community's response to the first annual Hanukkah gift appeal for Project Elijah Foundation was amazing.

Gifts were received from individual donors, from the B'nai Jeshurun Temple Youth Group and from the effort of Tanya Keith, owner of Simply for Giggles, a new East Side store for children.

Individual donors sent checks in response to a Project Elijah Foundation request that families consider making a contribution for Hanukkah gifts to benefit child victims of domestic abuse, in lieu of purchasing one gift for family or friends.

The B'nai Jeshurun Temple Youth Group's Sarah Eckstat, Jeremy and Brittney Franklin, Caitlin Holden, Michael and Adam Moskowitz and Isaac Poole, with the help of parents Stacy Franklin and Kathy Holden as well as Laura Berkson, Wendy Beckerman and Gloria Leventhal wrapped gifts at Borders two

afternoons in exchange for donations to raise money for our children in Buenos Aires, Argentina.

Tanya Keith asked patrons of her store to support Project Elijah Foundation in two ways. She structured a deal that was a win-win for her and for our Foundation.

To draw customers into her store, Tanya distributed a coupon offering to donate ten percent of sales to Project Elijah Foundation. And once they stepped in the door, she encouraged shoppers to buy Hanukkah gifts for the children living at Ieladeinu, the refuge supported by Project Elijah Foundation.

Our community's generosity has given Jewish children in Buenos Aires, Argentina the opportunity to learn more about their identity and their right to choose. Each child receives a gift of money and they are given the chance to shop and purchase a gift of their choice or save their money for use at a future time.

Project Elijah Foundation extends a special thank you to Michael Zuckert for suggesting we pursue an annual appeal for Hanukkah gifts. Our plan is to extend this appeal beyond Des Moines in 2006. Please let us know now how you want to



Tanya

Overview: History and Development of Tzedakah

At the end of every Jewish worship service, the Aleinu prayer states that it is a goal of the Jewish people to "perfect the world under the sovereignty of God." The term "perfect the world" in Hebrew is tikkun olam, which also means to fix or repair the world. It is obvious that our world is in need of repair in order to alleviate homelessness, hunger, poverty and destitution. The Torah claims that "there will never cease to be needy ones in your land" (Deuteronomy 15:11); therefore, there may always be a need to better redistribute the wealth of the world so as to end needless pain and suffering.

Intended for a primarily agricultural economy, the Hebrew Bible addressed the giving of tzedakah (alms) in agrarian terms. For example, when one harvests the fields, the Torah commands that the corners be left standing to enable the poor to reap the leftover for their own sustenance.

However, as the economy of the Near East grew more complex and sophisticated, the rabbis of late antiquity addressed the giving of tzedakah in financial terms and the giving of alms. Public and private funds were established to help sustain and support the indigent of society. Food banks and even the equivalent of today's soup kitchens were established at a time when there was no governmental safety net.

The sages who shaped post-biblical Judaism used the biblical word tzedakah for this type of charitable activity. The term derives from a root meaning "justice," and its biblical sense is in that realm (often connected with God's dealing justly with human beings), unrelated to charitable giving. The choice of this term in rabbinic Judaism may imply that the rabbis viewed social welfare as a matter of economic and social justice.

Later on, the rabbis of medieval times sought to clarify and codify the various, disparate laws of giving tzedakah. Rabbi Moses Maimonides, a famous legal scholar and physician, even developed an eight-stage approach of varying degrees of giving tzedakah dealing with such subtleties as these: How much should one give? Should giving be done anonymously? What is the ideal form, or amount, of tzedakah? Ranked as most virtuous in Maimonides' list is assistance that enables the recipient to become self-sufficient.

The obligations--and quandaries--involved in giving tzedakah are as much a contemporary issue as they were in ancient times. Should one give to beggars in the streets? Should we give food or money? What about our concerns that they might spend the money on drugs or alcohol? If we give panhandlers money, are we actually providing them with an incentive to continue begging? The Jewish tradition continues to address



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Torah Talk

Exodus

by David Friedgood



This time of year we read, during our weekly Shabbat service, from the 2nd book of the Bible – from the book of Exodus. Titled Shemot (or Names) in Hebrew, this is the seminal book of our Jewish religion. Judaism, as we know it today, is a product of the Exodus story. Several examples should help make this point:

Shabbat (Sabbath) is central to Jewish observance. Its importance is enshrined as the 4th of the 10 commandments. "Remember the Sabbath day and keep it holy." (Exodus 20:8) The ability to rest is a precious gift. To spend one day a week away from secular concerns and focus on our spiritual needs is a gift from Judaism to mankind. On Shabbat the Jew has time to rejuvenate his soul. He can interact with his family, visit the sick, and connect with those concerns that truly make us human. And, why do we observe a Shabbat day? "Remember that you were a slave in the land of Egypt and the Lord your God freed you from there with a mighty hand and an outstretched arm; there the Lord your God has commanded you to observe the Sabbath day." (Deuteronomy 5:15) Prior to Exodus the lot of humankind was servitude, degradation, and slavery. The slave does not get a day off. Judaism, inspired by the Exodus experience, recognizes that all people are meant to be free. Each of us has intrinsic value; and, as such, is entitled to a day off weekly.

Another example: As Jews it is our obligation to look after those less fortunate than ourselves. Tzedakah (charity) is not optional. We are commanded to be a holy people – to live by a higher moral code. And, why this obligation? "When a stranger resides with you in your land, you shall not wrong him. The stranger who resides with you shall be to you as one of your citizens; you shall love him as yourself, for you were strangers in the land of Egypt: I the Lord am your God." (Leviticus 19:33-34) Also: "You shall not subvert the rights of the stranger or the fatherless; you shall not take a widow's garment in pawn. Remember that you were a slave in Egypt and that the Lord your God redeemed you from there; therefore do I enjoin you to observe this commandment." (Deuteronomy 24:17-18)

The experience of Exodus has set Jews apart from other people. We are different. Historically Jews have been persecuted, abused, and murdered because of who they were. We know we live in an imperfect, unjust world; but, as Jews we know this is not the norm. We do not, and can not, accept what passes for status quo. Jews have always fought for what we know is right. One day the world will be perfected. We will all live in peace and predators shall not be tolerated. How do we know this? From our historic experience

outlined in Exodus. As Jews we are obligated to do our part to bring justice and harmony to our world. But, we do not pretend to change millennia of evil and persecution alone. We see ourselves as a light unto the nations. We freely share our Torah and the Exodus ideal with everyone. Indeed, our Bible is the most widely read book in history and the ideas contained therein have fostered 3 great religions and are the bedrock of Western civilization. Our selection is not exclusionary. We welcome the multitude to join our quest just as Moses did on departing Egypt: "The Israelites journeyed from Ramses to Succoth, about six hundred thousand men on foot... Moreover, a mixed multitude went up with them..." (Exodus 12:37-38) Conversion is not necessary. All are welcome as long as they follow basic law: "There shall be one law for the citizen and the stranger who dwells among you." (Exodus 12:49)

We are living in an uncertain time. Our lives, always precarious, are ever threatened by the evil surrounding us. Our historic experience tells us this is not right. There is a time coming when our shared destiny will be realized. Humankind was meant to live free, in a safe, secure world. As you ponder on the lessons of Exodus pray for fulfillment of the vision of our Prophet Isaiah:

"In the days to come,
The Mount of the Lord's House
Shall stand firm above the mountains
And tower above the hills;
And all the nations
Shall gaze on it with joy.
And the many peoples shall go and say:
"Come,
Let us go up to the Mount of the Lord,
To the House of the God of Jacob;
That He may instruct us in His ways,
And that we may walk in his paths."
For instruction shall come forth from Zion,
The word of the Lord from Jerusalem.
Thus He will judge among the nations
And arbitrate for the many peoples,
And they shall beat their swords into plowshares
And their spears into pruning hooks;
Nation shall not take up
Sword against nation;

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First National Conference of Russian-American Jewish Lay Leadership To Meet

Marking its 100th anniversary, the American Jewish Committee announced that it will convene, on May 5-7, 2006, a national assembly in Washington, D.C., of Russian-American Jewish lay leaders and activists, the first-ever gathering of its kind.

The theme of AJC's First National Conference-of Russian-American Jewish Lay Leadership is "From Immigration and Resettlement to Integration and Engagement." AJC and its Russian Jewish Community Affairs Committee, chaired by Dr. Cheryl Fishbein and Dr. Igor Branovan, are organizing the event. The Conference is sponsored by the American Jewish Committee's Richard Maass Fund for the Development of Russian Jewish Leadership.

"We're seeking through this Conference to help strengthen networks of Russian-American Jewish lay leadership," explained Marvin Israelow, who, together with Leonard Petlakh, co-chairs the Conference Planning Committee. "We want to promote a national discussion about the best strategies to integrate Russian Jewish immigrant communities into American society and the larger American Jewish community," added Leonard Petlakh.

AJC has taken the lead in reaching out to the Russian-American Jewish community. Referring to a pioneering AJC program that has expanded to Boston and

Chicago, the New York Jewish Week reported: "Nearly all of the major political and organizational leaders of the New York Russian Jewish community have graduated from ADC's Russian Jewish Leadership Training Program."

The gathering in Washington, D.C., will feature presentations by a number of leaders of the Russian-speaking community in addition to AJC lay and staff experts. The keynote address will be delivered by David Harris, ADC's executive director, who, in 1987, as director of ADC's Washington office, organized the historic Freedom Sunday for Soviet Jewry rally. A leader in the movement to free Soviet Jewry, he has long been involved in issues of resettlement and integration.

It is significant to note that the Conference will be conducted in conjunction with ADC's 100th anniversary celebration and Annual Meeting (May 2-7, 2006). Founded in 1906, in response to the Kishinev pogroms, AJC has been throughout the decades, and remains today, steadfastly dedicated to the well-being of Jewish communities and to building bonds of friendship and understanding between Jews in America and around the world.

If you would like to participate in the upcoming Conference or you wish to recommend a Russian-American Jewish lay leader, please contact Dr. Sam Kliger,

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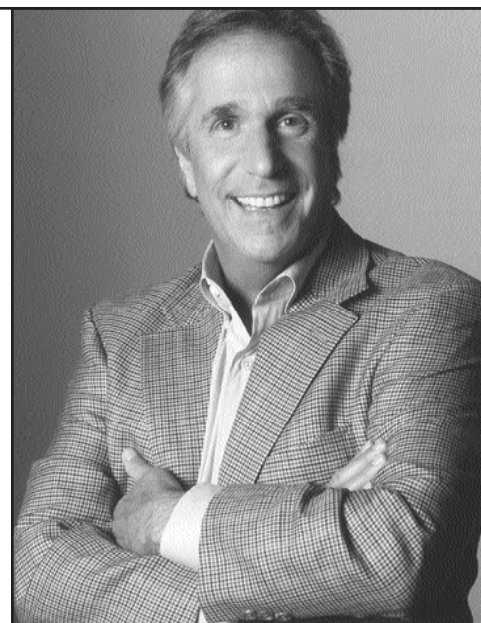
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Statement by Rep. James Leach (2nd District, Iowa) ON RECENT COMMENTS OF THE IRANIAN PRESIDENT, MAHMOUD AHMADINEJAD

House of Representatives, Dec. 16, 2005

Mr. Speaker, every society has a historian who suggests that failure to study history is an invitation to repeat its mistakes. With his recent utterances, the newly elected president of Iran, Mahmoud Ahmadinejad, may be presenting the world with a more dangerous conundrum. He has apparently looked at history and denied it, which requires each of us to come to grips with preposterousness as an international reality. To refuse to study history may invite repetition; but to deny it, particularly when it involves the greatest crime in the life of man, is an assault on civilized values and may portend an attack on civilization itself.

Last week, President Ahmadinejad suggested that the murder of six million European Jews by the Nazis did not occur and called for Israel to be "wiped off the map." This week, after time to reconsider, he made it perfectly clear that he did not flippantly, accidentally or remorsefully express a misunderstanding. He again publicly denied the Holocaust, calling it a "myth" designed to be "above God, religion and the prophets."

Condemning such vitriol is important, but insufficient. Anti-Semitism demands rebuttal; but the stakes here are not just one man's prejudice. At issue is a challenge to the legitimacy and viability of the Israeli state. The United States in this circumstance has no moral option except to make unequivocally clear that Israel's survival is a bedrock American commitment.

There can and should be a role and place for a Palestinian state in the Middle East. But there never should be a question about the legitimacy of Israel. Peaceful coexistence is impossible if irrational aspirations such as those flaunted by President Ahmadinejad are perceived as realistic options.

It is false and counter-productive to think that Jewish-Muslim history begins after the Holocaust or that the rationale for a Jewish state comes exclusively from the Shoah. While the Holocaust stamps a moral imprimatur on modern Israel, the cause of Israel's statehood predates the world's most capricious act of inhumanity.

The conflict that has emerged around the establishment of an Israeli state involves a multi-century exodus of a people from their homeland. But while the Bible is punctuated with wars and traumas, it is impressive how during most of the last several millennia, Jews and Muslims have co-existed with less hostility than Jews living in predominantly Christian countries.

Since Biblical times, Jewish communities have thrived without interruption in Arab lands, in Persia and in historical Palestine. When Islam arrived in the Middle East in 633 A.D., intermarriage and even conversion were not uncommon. In fact, throughout the Middle East Jews experienced less persecution and discrimination than they did in Europe. In Palestine, for instance, Muslims repeated-

ly protected their Jewish neighbors from European crusaders; in one instance at least, Jews fought alongside Muslims to prevent crusaders from landing in Haifa; and Saladin, after re-conquering Jerusalem from the crusaders, invited Jews back into the city.

The Jews in Spain under Moorish rule flourished and experienced a renaissance mirroring that of the great Islamic civilization and culture at the time. As Christianity spread from the north of Spain, Jews were again protected by Muslim rulers until the fall of Granada -- the last Moorish kingdom to pass into Christian hands -- when both Jews and Muslims were expelled at the end of the 15th century. Most of the Jews from the Iberian peninsula settled in North Africa and the lands under Ottoman rule and continued their largely peaceful co-existence with Muslims in those countries.

In the past decade there has been growing concern that the next great wars will not resemble the struggles between nation-states that characterized the 20th century. Instead, it is feared, there may be clashes of mega-civilizations such as the Muslim versus the Judeo-Christian worlds. What is relevant in this brief review of historical Jewish-Muslim relations is that both the crusades and the 15th century Inquisition were civilization clashes with a different line-up. Christendom was pitted against the Judeo-Muslim world. In the name of faith irreligious acts were committed. That is why it is so central in the Holy

Land, the cradle of the three major monotheistic religions, each of which ascribes to the tenets of the 10 commandments, that a sense of shared fate be established. Dominance must not be the goal of any religious grouping.

What should be taken from the history of the last two millennia is not that there is no case for a Jewish state in the Holy Land, but that Jews and Muslims have a long record of living together respecting each other's beliefs and culture. Yes, President Ahmadinejad, it may, as you suggest, principally be a Western responsibility to help the Jewish people establish a national identity. But it is an Eastern imperative to accept Israel as a neighbor with a spiritual and factual right to live in and politically control part of the Holy Land. There is no alternative to the establishment of the State of Israel.

What should also be taken from this long history is that the Jewish people generally found themselves in a position of vulnerability precisely because they lacked a state of their own. Relations within the Muslim world may have been better than within many Christian countries, but dependency and the potential of violence characterized inter-faith power relationships everywhere. Security was always in doubt.

The Holocaust is simply the most extreme example of persecution that Jews have faced throughout history. It is in the context of repeated pogroms, the Inquisition, social ghettoization, and trib-



Happy Passover!

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Passover A Journey of Faith

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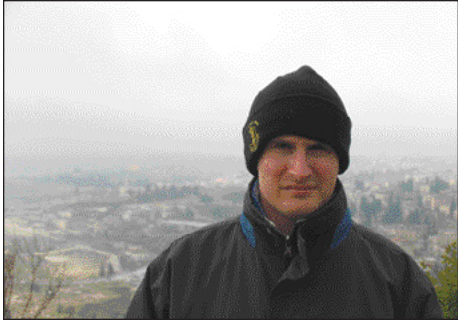
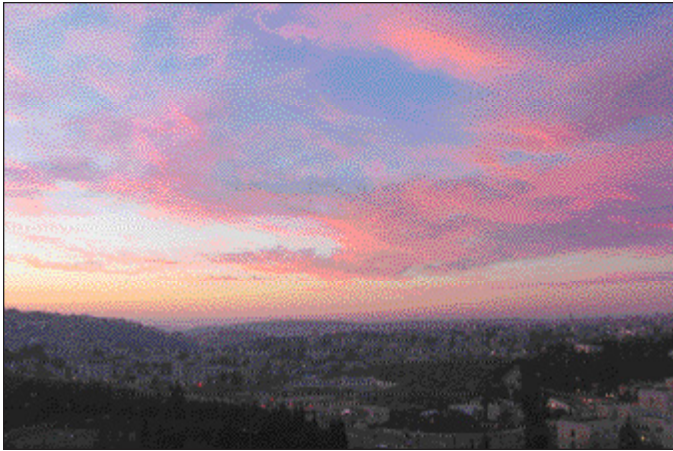
Jewish community.





Above: Ann Abramson and Alan Pearlman in Jerusalem; right: Michael Longfield

Setting foot on Israeli soil is staggeringly wonderful. As most of our group was running to buses and singing and talking, I was lost in the reality of home-coming. I became increasingly aware of my love for and connection to this land of ours as the trip progressed and my heartfelt desire to stay in this emotional place of belonging. I am so aware of the responsibility that our Israeli brothers and sisters bear, as they live and work with so many challenges everyday—keeping the “home-fires” burning for US! As we visited our partnership community in Akko and spoke with our friends there, I felt a growing desire to invest in this place where, amidst the worries of security and financial vulnerability, life is joyous with beautiful children, committed teachers, and countless individuals who support life in this land.



MISSION TO isra



I saw so much in so little a time that it still is all sinking in. There were so many powerful things such as standing at the Western Wall. This was an experience that will stay with me forever and something every Jew should have at least once in their life. Make the time to go.

It is hard to say that if this will be the last time I ever visit the Holy Land, but even

if so, I can be content with the memories that I will take with me for the rest of my life, not only from what we saw but the company I enjoyed with so many great people (and not to mention getting to know people I knew better). Put all your worries aside that the media gives you and go.

– **Michael Longfield**



Clockwise: Deborah Markwich, Barb Hirsh-Giller, Harriet and Wayne Kalinsky; Rabbi Kaufman with congregants at the Reform synagogue in Nahariya; Visiting with Israeli P2K Partners in Acco; Dr. Harvey and Mollie Giller



ael



Shopping; a wine tasting; at Kikar Rabin; Alex, Andrew and BJ Giller



Our Visit to Congregation Emet V'shalom, Nahariya, Israel

My wife Ann and I recently returned from a wonderful Federation sponsored trip to Israel. I wanted to relay to you a most meaningful part of our trip, our visit to the Temple's sister congregation in the Western Galilee, Emet V'shalom.

For those of you who don't know, about 5 years ago the Des Moines Jewish Federation began to participate in a program called Partnership 2000. This is a program of the Jewish Agency for Israel and the United Jewish Communities (Federation) that promotes people-to-people relationships between 14 Jewish communities and Israel's Western Galilee through cultural, social, medical, educational, and economic programs.

Through the efforts of Temple member Glenn Purnell, a relationship was struck with Norman Loberant, the then president of a Progressive (reform) congregation, Emet V'shalom located in Nahariya. This congregation, whose existence is not officially recognized by the Israeli government, because they are not orthodox, is physically located in a bomb shelter. Over the years the Temple has given the congregation thousands of dollars for equipment and to support programs. These funds were allocated to us by the Des Moines Federation Partnership Program.

When our tour bus arrived we went into an above-ground facility called Beit Efrat that they use for Friday night services and during the High Holidays. On Saturdays they must retreat back to the bomb shelter for services because a local chess club, consisting of two elderly Russian gentlemen, use the facility. During the year it functions as a small theater. As Norm

says "What a joy it is to relive the exodus of our forefathers and leave our bomb shelter home."

We were greeted like royalty with the hall filled with congregants who had obviously taken off work. Norm gave a wonderful power point presentation about the congregation and how much our funds had been used. He pointed out chairs that were purchased with our money. Greetings were given by their rabbi who was from Argentina and spoke in his native tongue. We learned their congregation has grown rapidly due to an influx of Russian immigrants. The Temple's name is displayed prominently on their donor board.

We were not able to spend much time there and couldn't partake in all the food and refreshment they had prepared. At the end we all stood up in a circle and, arms around each other, sang Oseh Shalom. Afterward I was approached by a woman who volunteered with their finances and she said "Thank you, you saved our congregation. We were able to fix our Torahs with your money." This made me so proud to be a Jew and a member of Temple B'nai Jeshurun. It was one of the high points of our trip.

Israel Postscript

On behalf of both of us let me express our extreme gratitude to the Des Moines Jewish Federation for their most generous subsidy that allowed us to go to Israel and to Mark Finkelstein whose hard work and efforts made it a fantastic trip. Everyone has asked me if it is safe to go to Israel. I can assure you that Israel is a very safe country and would urge all to visit soon.

Dr. Gradwohl Earns Lifetime Achievement Award

One of the first things former students who studied under Iowa State University professor David M. Gradwohl remember about him is his dedication to the study of anthropology, and the ability to inspire that in his students.

"David has taught his students so much: to love research; to appreciate local historical resources; to respect other cultures and traditions; and to stand up for our beliefs," said Kathy Gourley, Field Historian with the State Historical Society of Iowa.

Gradwohl, a well-regarded anthropologist and archaeologist in Iowa, in May 2005 was awarded the Historical Society's Petersen/Harlan Award, presented to an individual, group or organization that has made significant long-term or continuing contributions to Iowa history.

While Gradwohl's accomplishments are far-reaching, one of his most significant was his work to establish the Iowa State University Department of Anthropology. Under its guise, Gradwohl was able to hold "legendary" summer archaeological field schools, which he ran from 1964 to 1994. His hands-on tutelage resulted in the training of many future archaeologists and anthropologists - some of whom went on to become state archaeologists, assistant state archaeologists, public highway archaeologists and university professors.

One particular student remembers

Gradwohl's teaching techniques well.

"David was interested in museum practice and gave us hands-on work in collections management and exhibit techniques," said Jerome Thompson, State Historical Society of Iowa State Curator. "David put his practice to work as a guest curator for 'Unpacking on the Prairie: Jewish Women in the Upper Midwest, the Iowa Story' at the State Historical Museum in 1998. It was great fun working with him first as a student and then as a professional colleague."

Gradwohl was a pioneer in his professional field in documenting where and how Native Iowans lived and how they made their living in "the land between two rivers" over the last several centuries. He continues to work tirelessly as an advocate and friend to today's Native American Iowans, founding the American Indian Symposium, held every year on the Iowa State University campus since 1972. Gradwohl's colleague, Nancy Osborn Johnsen, stated in his nomination that one of Gradwohl's proudest moments was when he and his wife were formally adopted into the Turtle Clan of the Lakota Nation.

Gradwohl continues to educate Iowans about their past, speaking often to audiences of all ages across the state. The value of his research, his teaching and his service are immeasurable.

"David has devoted most of his adult life to showing Iowans that they

The Caspe Terrace



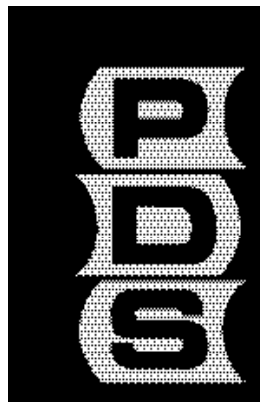
Israeli singer Michal Cohen and pianist Oded Lev-Ari performed January 21 to a full house at both an inter-cultural event with Palestinian singer Dana Awwad, shown with Michal below, and at the Caspe Terrace. From top left, clockwise: Michal at the Caspe with Abe Goldstien of the Java Jews; Oded, Michal and Harry Simon; Cathy Mansfield and daughters at Drake; our guests with Ronit Simon; Michal with Dana.

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The Temple and Tifereth Join Coalition of Local Faiths to Build a House

Volunteers Needed, Donations Welcome

By Kimberly Shadur, Social Action Chair, Temple B'nai Jeshurun

A coalition of local faiths are partnering with Greater Des Moines Habitat for Humanity (GDMHFH) to build a house for a needy family. Already, 7 congregations have agreed to participate, including Plymouth Congregational, Wakonda Christian, Walnut Hills United Methodist, First Christian (23 & University), Temple B'nai Jeshurun, Tifereth Israel Synagogue and Masjid (Ames).

Your help will make this effort a success. Gifts in kind, including labor, materials and meals as well as financial donations for the "interfaith build" are needed.

Join us for the Groundbreaking Celebration, May 7, 2006. Everyone is welcome. We anticipate the celebration will be held in the 1900 block of Jefferson in Des Moines. A specific address will be announced in the near future. Your effort will benefit a family that has made the commitment to own their own home.

To qualify the family must demonstrate good credit, have spent 200 of the

required 400 hours of service building other partner families' homes, develop the skills to do basic maintenance on their home and be a good neighbor, and agree to pay \$80,000 for their home, interest free over 20 years.

2006 Build Schedule and Labor Required

Construction begins, June 13th and will be completed July 22nd. Volunteers age 16 and older will "raise the roof" between June 13-17; experienced electricians, plumbers and mechanical engineers will volunteer between June 18-July 17; and more volunteers will "race to the finish" July 18-26.

Needed volunteers include experienced crew leaders, licensed electricians, plumbers and mechanical engineers; general volunteers (with or without building experience), and people to prepare and deliver snacks and lunch.

Greater Des Moines Habitat for Humanity is the construction leader. As the construction leader, GDMHFH will partner every four unskilled workers with one skilled or semi-skilled person.

Concrete, siding, shingles, windows, carpet, plumbing, ductwork, sheetrock and other construction materials are needed. Typically around \$8,000 in materials is donated.

Funding the Project

Donations from the Greater Des Moines Jewish Community for this "Interfaith Build" are welcome. Jointly, participating congregations hope to contribute \$45-60,000.

How to Volunteer or Make a Financial Contribution

Please make your commitment today to support this interfaith effort with your time or a financial contribution.

Your support will ensure that one less Des Moines family is living in a cost burdened or inefficient house. And your participation, along with other faiths, will help build a more unified Des Moines community.

Join the fun. Make a difference and volunteer one day, a morning, afternoon or more by e-mailing or calling: Kimberly Shadur: kimberlyshadur@aol.com (515) 277-0987 or Barb Hirsch-Giller: poemectomy@aol.com (515) 996-2322.

Financial donations are appreciated. Please endorse your check to "Interfaith Build - Habitat for Humanity", c/o Temple B'nai Jeshurun, Attention: Kimberly Shadur, Social Action Chair, 5101 Grand Avenue, Des Moines, IA. 50312.

Experienced crew leaders and licensed electricians, plumbers and mechanical

Rachel Kuperman Honored by Leukemia & Lymphoma Society

Des Moines resident Rachel Kuperman has been named the 2005 Woman of the Year by the Des Moines/Cedar Rapids chapter of The Leukemia & Lymphoma Society. Rachel was among the 17 individuals from around the country who raised more than \$50,000 in funds for their campaign, which supports services and research for those living with leukemia, Hodgkins and non-Hodgkins lymphoma and myeloma. As a result of her efforts, Rachel's picture has been featured on billboards in town honoring her volunteer efforts, along with her co-honorees Mark Craiger and celebrity honoree Bryan Karrick. All chapter and national winners were also featured in an ad in USA Today.

Rachel indicated that she was motivated to help the organization in honor of her mother who was stricken by lymphoma but has now been cancer-free for 15 years.

Miss Kuperman is a fifth grade teacher at Pleasant Hill Elementary School. Having graduated in 2004 from the University of Iowa with an education degree specializing in Reading and Social Studies, she is in her second year of teaching. She notes that she enjoys spending time with friends, working out, cooking, being active outdoors and doing volunteer work.

Rachel grew up in West Des Moines

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[science news]

Lineage Stem Cells Traced

Weizmann Institute Scientists Develop New Analytical Method

REHOVOT, ISRAEL - Some fundamental outstanding questions in science - "Where do stem cells originate?" "How does cancer develop?" "When do cell types split off from each other in the embryo?" - might be answered if scientists had a way to map the history of the body's cells going back to the fertilized egg. Now, a multidisciplinary team at the Weizmann Institute of Science has developed an analytical method that can trace the lineage trees of cells.

This accomplishment started with a challenge to common wisdom, which says that every cell in an organism carries an exact duplicate of its genome. Although mistakes in copying, which are passed on to the next generation of cells as mutations, occur when cells divide, such tiny flaws in the genome are thought to be trivial and mainly irrelevant. But research students Dan Frumkin and Adam Wasserstrom of the Institute's Biological Chemistry Department, working under the guidance of Prof. Ehud Shapiro of the Biological Chemistry and Computer Science and Applied Mathematics Departments, raised a new possibility: though biologically insignificant, the accumulated mutations might hold a record of the history of cell divisions. These findings were published today in PLoS Computational Biology.

Together with Prof. Uriel Feige of the Computer Science and Applied

Mathematics Department and research student Shai Kaplan, they proved that these mutations can be treated as information and used to trace lineage on a large scale, and then applied the theory to extracting data and drafting lineage trees for living cells.

Methods employed until now for charting cell lineage have relied on direct observation of developing embryos. This method worked well enough for the tiny, transparent worm, *C. elegans*, which has a total of about 1,000 cells, but for humans, with 100 trillion cells, or even newborn mice or human embryos at one month, each of which has one billion cells after some 40 rounds of cell division, the task would be impossible.

The study focused on mutations in specific mutation-prone areas of the genome known as microsatellites. In microsatellites, a genetic "phrase" consisting of a few nucleotides (genetic "letters") is repeated over and over; mutations manifest themselves as additions or subtractions in length. Based on the current understanding of the mutation process in these segments, the scientists proved mathematically that microsatellites alone contain enough information to accurately plot the lineage tree for a one-billion-cell organism.

Both human and mouse genomes contain around 1.5 million microsatellites, but the team's findings demonstrat-

Rick Recht Rocked 'Em 300 Strong



The congregations joined in welcoming the great performer and composer Rick Recht. From Top left: Recht with JFCS students; The Levy family; The Urbans; Federation's Steve and Shari Reitman; The Kaufmans; Lynn Kuba and grandson; The

In the Kitchen With Gail Klearman



Gail Klearman enjoys family and even manages to fit in time for cooking and sewing in her busy schedule! This is one of her favorite recipes that she enjoys preparing for Shabbat dinners and especially during Pesach. Gail became particularly interested in foods with a Moroccan flair after hosting Israeli camp counselors during the summers for Camp Shalom.

Gail grew up in University City, a suburb of St. Louis and later attended Washington University in St. Louis for undergraduate studies. Gail moved to Minnesota to attend law school and happened to meet her future husband, William "Jake" Jacobs. At the time Jake was an aspiring playwright. Gail and Jake moved to St. Louis for several years and Gail started her legal career. Jake then encouraged Gail to move to New York City, so that he could pursue a career as a playwright. During their five years in New York, Jake decided to change his goals and attend law school. After law school, in 1992, the couple found themselves back in the Midwest in Dubuque, Iowa. Here they settled down and purchased a home and had two beautiful daughters, Rachel and Shirah.

The family moved to Des Moines in

1998. Rachel is now a 12 year old at Merrill Middle School and Shirah is 9 years old and attends Hanawalt. Both girls attended the Shalom preschool and their early elementary years at the Des Moines Jewish Academy. Gail is a practicing attorney for Iowa Legal Aid in Des Moines, and Jake an attorney for the State of Iowa's Attorney General's office.

The entire family has an interest in politics, both on a local and national level. Jake and both girls have been active in Taekwondo for many years. They are members of Temple B'nai Jeshurun, love to take part in the Purimspiel and help with the Jewish Food Fair. Gail has served on the Boulevard Day Care Board in 2000, and Jake currently serves on the Jewish Federation of Greater Des Moines Board.

The family loves hosting schlichim, Israeli counselors for Camp Shalom, and have hosted for the past 4-5 summers. Rachel and Shirah enjoy attending Camp Shalom and the community Hebrew school. Gail wanted to be sure to mention their dog Simcha, and their cat, Emmy, which are of

Wanted

your favorite recipes for our on-line cookbook. Send us your recipes or recipes of family members or friends that others would enjoy making! Be certain to identify whose recipe it is or where it came from if you know, and your name as the contributor!

Send all recipes to the Federation at JCRC@DMJFED.org or if you are not computer savvy, please send the recipe(s) to the Jewish Federation 910 Polk Boulevard, Des Moines, Iowa 50312

B'tayavohn! (Bon appetit)

Apricot Cornish Hens for Pesach

A Recipe from Gail Klearman (adapted from Joan Nathan's recipe) Meat

4-5 Cornish game hens (quartered)

3-4 cups chopped onions

3-4 cloves garlic (minced)

1 can diced canned tomatoes (14.5 oz)

3/4 tsp cinnamon

1 tsp ground cumin

1 package dried apricots

Cut apricots into fourths; re-hydrate in boiling water and let sit.

In a large roasting pan, cover the Cornish hens with onions, garlic, tomatoes and spices.

Bake covered, at 375 degrees for about an hour.

Drain the apricots and mix apricots with the juices in the roasting pan.

Bake for another 30 minutes until done! Enjoy!

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DMPS Educators Attend Holocaust Education Training



A total of 25 Des Moines Public School teachers and educators learned how to work with visual history during a one-day workshop held in January at DMACC's Urban Campus.

The Visual History in the Classroom Collection Site Workshop was presented by the Shoah Foundation in partnership with the Des Moines Public Library, under the Foundation's Testimony to Tolerance Initiative. Des Moines is only the second city in the nation to participate in this Initiative, a comprehensive program that helps communities with limited access to visual history materials initiate community-driven, tolerance education programs.

Participants learned how to use the Shoah Foundation Visual History Collection, containing 17 compelling testimonies by Iowa Holocaust survivors and other witnesses, as a resource in their classroom. This included learning

the Foundation's methods for selecting clips with good educational potential and applying them to various topics and themes. During the second part of the session participants searched the testimonies on DVD in a computer lab. The focus was on finding clips that addressed a specific topic or theme that educators teach in their classes. The last part of the workshop allowed participants to share ideas and information about their search process and lesson plans they were developing to accompany the identified clips. Participants were encouraged to continue to develop lessons and reels in order to promote the use of the testimonies in their district.

With nearly 52,000 videotaped testimonies from Holocaust survivors and other witnesses, the Shoah Foundation archive is the largest visual history archive in the world. The mission of the USC Shoah Foundation Institute for Visual History and Education is to over-



Live Broadcasts from NY's 92nd Street Y Continue

Judy Blank and Vicki Givant, Co-Chairs of the Federation's Caspe Programming Committee, encourage the community to join for outstanding Spring Broadcasts of the 92nd Street Live series. The line-up will feature three programs at the Bucksbaum Auditorium at The Caspe Terrace

Thurs, March 23 at 7:15 p.m., the special topic will be Mommy Wars: Working vs. Staying Home, a moderated discussion led by Naomi Wolf, author of The Beauty Myth and The Treehouse, about the battle that rages in every mother: stay at home or go back to work. Four contributors to the new book The Mommy Wars discuss the state of motherhood. Columnist and professor Susan Cheever is the author of 11 books, including, As Good as I Could Be. Molly Jong-Fast is the author of the quasi-autobiographical novels Normal Girl and Girl (Maladjusted). Dawn Drzal an editor who became a stay-at-home mother soon after the birth of her only child. Terri Minsky is the creator of several television shows, including Lizzie McGuire.

Come again, Tue, April 11 at 7:00 p.m. for an evening featuring Harvey and Bob Weinstein, founders of Miramax Pictures. They speak with New York Times film critic Janet Maslin about their upbringing, collaboration, inspiration and goals. Under their leadership, the company earned 249 Academy Award nominations and 60 Oscars, including Best Picture for The English Patient, Shakespeare in Love and

Chicago. Since ending their relationship with Walt Disney Company, the Weinstein's have been working on a new venture, The Weinstein Company.

The season will wind down with Rabbi Joseph Telushkin on Thur, May 11 at 8:15 p.m. The title of his presentation will be: You Shall be Holy: Personal Character and Integrity. Telushkin was named one of the 50 best speakers in the U.S. by Talk Magazine. He will discuss fair speech, gratitude, repentance, humility, judging others fairly, forgiveness, lying and other aspects of an honorable life. Rabbi Telushkin is the author of Jewish Literacy, the most widely selling book on Judaism of the past two decades. His book, Words that Hurt, Words that Heal was the motivating force behind a 1996 resolution by Senators Joseph Lieberman and Connie Mack to establish a National Speak No Evil Day.

Tickets for individual shows are on sale now at \$10 each. Tickets may be purchased at the door the night of each show for \$12 each. Student tickets are \$5 each. To order, call the Federation at 277-6321 X218. Tickets may be charged to your credit card for an additional \$2.00 fee for shipping and handling.

Programming for live broadcasts from NY's 92nd Street Y are made possible through the generosity of: Marilyn and Louis Hurwitz, Roselind and Sheldon Rabinowitz, Gail and Stan Richards, the Jewish Federation of Greater Des Moines

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MOSSAD VETERAN: "Munich" Distorts

"The Israeli assassinations [of individuals related to Palestinian terrorism] depicted in "Munich" are portrayed with near total disregard for the actual operational activities involved. The film, after all, is based on a book by ... an impostor who never served in the Mossad. ...

"[Israel's reaction after the Munich massacre was] a response to a broad escalation of the Palestinian terror strategy against Israel from the late 1960s onward, to encompass Israeli and Jewish targets world-wide. ... Israel's response, the assassinations succeeded in radically reducing the intensity and saliency of the Palestinian attacks... I know of no case in which a Mossad operative had a crisis of conscience about these operations, which were understood to have the clear and immediate purpose of saving innocent lives." – From an account in the Forward (1/27/06) by a Mossad operative active in Europe during the early 1970s and who has remained involved in Israel-related security issues.

For more information about the 1972 Olympics terrorist attack on Israeli athletes, see http://en.wikipedia.org/wiki/Munich_Massacre. For a reportedly accurate depiction about the aftermath of the 1972 Munich Olympic massacre, read Striking Back: the 1972 Olympics

Interfaith from page 1 Among other items, we will discuss the interfaith impact on immediate and extended family (and how to deal with that), the challenges of honoring both partners in celebrating faith traditions. We will talk about how loving, caring, and peace can and must be the relationship goal—above all. I want the participants to leave after the four week session feeling a sense of peace and joy in their relationship to each other and to their respective traditions.

Reitman from page 3

Our 2006 Campaign will have some new divisions with new events and many newly involved participants. We will soon be kicking off a new Mitzvah Division at \$613, a special advanced gift level that will help us be reminded of the deeds we are performing every day.

We will be developing more education programs and activities which bring the needs of local, Israel and world Jewry to the attention of the community. I intend to work hard to keep you abreast of issues, needs and opportunities that relate to the Campaign and what we are about.

I am pleased to report that we have recently launched our new web-site, www.JewishDesMoines.org. Everything you need to connect to Jewish life and living is at your fingertips and we look forward to your feedback as to how we can improve this important communication vehicle.

Among our most pressing tasks is to identify emerging leadership and to engage them in the work of the community. We are especially looking for com-

munity members between 25 and 45 years old, who have potential for leadership and who will be our community's future board members and visionaries. Please call me with any suggestions of people that we would want to involve in innovative training opportunities.

Many of you have expressed interest in developing high quality programs at The Caspe Terrace for all ages and interests. I am pleased to have already had the opportunity to work with some very interested community members in envisioning some potentially new and innovative social, cultural and educational ideas that will help strengthen Jewish identity and ensure a wide variety of experiences. In this edition of the Jewish Press you will find a survey that we ask you to complete and return to us to let us know both the type of activities you'd be interested in and ways you personally can be involved with planning. We are continuing with 92nd Street Y broadcasts and will begin to add an offering of classes, monthly coffeehouses, a Women's Symposium, health fair and other very worthwhile programs we will be getting off the ground.

Again, I want to thank all of you for your support, your warm welcome and, of course, the opportunity to serve this community.

Please do not hesitate to contact me to get acquainted, so that I may learn about your dreams for the community and your interest for involvement.

Leach from page 11

History is an accumulated product

to which each generation adds. If any generation allows acts of hatred to become the dominant theme of interpersonal relations, it is harder for the next to break out of an angry-memory cycle. Thus the challenge in the Middle East today is to give harmony a chance, recognizing that current Jewish-Muslim tension is an aberration. Peace is the historical norm.

Because the past is often more controversial and volatile than current events, it is essential that we study history both from our own perspective and that of others. Denial is not simply obtuse; it is hate inspiring. Iran and the world deserve better.

Cells continued from page 16

To obtain a consistent mutation record, the team used organisms with a rare genetic defect found in plants and animals alike.

While healthy cells have repair mechanisms to correct copying mistakes and prevent mutation, cells with the defect lack this ability, allowing mutations to accumulate relatively rapidly.

Borrowing a computer algorithm used by evolutionary biologists that analyzes genetic information in order to place organisms on branches of the evolutionary tree, the researchers assembled an automated system that samples the genetic material from a number of cells, compares it for specific mutations, applies the algorithm to assess degrees of relatedness, and then outlines the cell lineage tree. To check their system, they pitted it against the tried-and-true method of observing cell divisions as they

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Thursday, April 13		Community Seder
Friday, April 14		No services
Friday April 21	8:00 p.m.	Shabbat services lay led
Friday, April 28	8:00 p.m.	Shabbat services led by Rabbi Rosenbloom.
Saturday, April 29	10:00 a.m.	Shabbat services with Torah Study
Friday, May 5	8:00 p.m.	Shabbat services lay led
Friday, May 12	8:00 p.m.	Shabbat services lay led

TIFERETH ISRAEL SYNAGOGUE

Calendar:

March 2	6:30 pm	Read Hebrew America Level 2
March 3	6:00 pm	Shabbat Evening Services / Shabbat Across America
March 4	9:00 am	Shabbat Morning Services
	10:45 am	Shabbat Schmooze
	11:00 am	Kabbalah / Torah Conversations with the Rabbi
	11:45 am	Shabbat Café!
March 5	10:00 am	Kosher Yoga
March 9	12:00 pm	Federation Senior Luncheon
March 9	6:30 pm	Read Hebrew America Level 2
March 10	6:00 pm	Shabbat Evening Services
March 11	9:00 am	Shabbat Morning Services
	10:45 am	Shabbat Schmooze
	11:00 am	Kabbalah / Torah Conversations with the Rabbi
	11:45 am	Shabbat Café!
March 12	10:00 am	Kosher Yoga
March 15	6:30 pm	Holistic Mom’s Network Meeting
March 16	6:30 pm	Read Hebrew America Level 2
March 17	6:00 pm	Shabbat Evening Services
March 18	9:00 am	Shabbat Morning Services
	10:45 am	Shabbat Schmooze
	11:00 am	Kabbalah / Torah Conversations with the Rabbi
	11:45 am	Shabbat Café!
March 19	10:00 am	Kosher Yoga
March 23	6:30 pm	Read Hebrew America Level 2
March 24	6:00 pm	Shabbat Evening Services
March 25	9:00 am	Shabbat Morning Services
	10:45 am	Shabbat Schmooze
	11:00 am	Kabbalah / Torah Conversations with the Rabbi
	11:45 am	Shabbat Café!
March 26	10:00 am	Board Meeting
	10:00 am	Kosher Yoga
March 31	6:00 pm	Shabbat Evening Services
April 1	9:00 am	Shabbat Morning Services
	10:45 am	Shabbat Schmooze
	11:00 am	Kabbalah / Torah Conversations with the Rabbi
	11:45 am	Shabbat Café!
April 2	10:00 am	Kosher Yoga
April 5	10:00 am	IJHS Meeting
April 7	6:00 pm	Shabbat Evening Services
April 8	9:00 am	Shabbat Morning Services
	10:45 am	Shabbat Schmooze
	11:00 am	Kabbalah / Torah Conversations with the Rabbi
	11:45 am	Shabbat Café!
April 9	10:00 am	Kosher Yoga
April 13		Second Night Seder at Tifereth
April 14	6:00 pm	Shabbat Evening Services
April 15	9:00 am	Shabbat Morning Services
	10:45 am	Shabbat Schmooze
	11:00 am	Kabbalah / Torah Conversations with the Rabbi
		Consecration Class Ceremony
	11:45 am	Shabbat Café!
April 16	10:00 am	Kosher Yoga
April 19	6:30 pm	Holistic Mom’s Network
April 21	6:00 pm	Shabbat Evening Services
April 22	9:00 am	Shabbat Morning Services
	10:45 am	Shabbat Schmooze
	11:00 am	Kabbalah / Torah Conversations with the Rabbi
	11:45 am	Shabbat Café!
April 23	10:00 am	Kosher Yoga
	12:00 pm	“Not Just Einstein” – Brunch/ Science Center Trip with Sisterhood
April 25	7:00 pm	Board Meeting
April 28	6:00 pm	Shabbat Evening Services
April 29	9:00 am	Shabbat Morning Services
		Bar Mitzvah of Sheya Finkelstein
	10:45 am	Shabbat Schmooze
	11:00 am	Kabbalah / Torah Conversations with the Rabbi
	11:45 am	Shabbat Café!
April 30	10:00 am	Kosher Yoga

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Our attractive well-filled Purim boxes will cost \$9 each or 2 for \$17. They must be ordered by March 6th. They will be available for pickup at our Super Purim Brunch on Sunday, March 12, at Beth El Jacob, after Noon. These Shalach Monos boxes make a lovely pleasant gift for friends and neighbors. To place an order for any of these items or attend the Brunch, call the Synagogue at 274-1551, Charlotte Raush at 279-0844 or Barbara Geller at 276-3222.

CLASSES: Mondays 7:00 pm Kabbalah Rabbi Klein
8:00 pm Weekly Parsha Rabbi Simpser

SISTERHOOD: Sunday, March 12th - Purim Lunch - 12:30 pm

SERVICES & SPECIAL EVENTS:

Wed., March 1, 6:15 pm Welcome Adar Community Dinner “When Adar arrives joy increases” Come celebrate the joyous month of Adar.
\$6.00 Adults - \$3.00 Children
Wed., March 8th, 7:00 pm Purim & How to Celebrate Class
Mon., March 13th, Purim begins - Megilah Reading - 6:45, Mincha 6:00
Community Party after Megilah
Tues., March 14th - Purim - Morning Services 7:00 am
Megilah Reading - 7:30 am
Mincha - 5:00 pm followed by festive
“Meal of Purim” - \$10.00 Adults - \$5.00 Children
Sun., March 26th - 5:00 pm - Family Barbecue & Game Night
Barbecue 5:00 pm - Services 6:15 pm
Games after services. \$7.00 Adults \$3.00 Children
Fri., March 31st - Congregational Dinner - RSVP by Wed., March 29th
\$10.00 Adults \$5.00 Children Under 5 Free

SHABBAT SERVICES:

Friday, March 3	5:45 pm	
Saturday, March 4	9:00 am	Followed by Lunch
Saturday, March 4	5:30 pm	Afternoon Mincha
Friday, March 10	6:00 pm	
Saturday, March 11	9:00 am	Followed by Lunch
Saturday, March 11	5:45 pm	Afternoon Mincha
Friday, March 17	6:00 pm	
Saturday, March 18	9:00 am	Followed by Lunch
Saturday, March 18	5:45 pm	Afternoon Mincha
Friday, March 24	6:15 pm	
Saturday, March 25	9:00 am	Followed by Lunch
Saturday, March 25	6:00 pm	Afternoon Mincha

DON'T FORGET TO SELL YOUR CHAMETZ THROUGH THE RABBI.

Friday, March 31	6:15 pm	
Saturday, April 1	9:00 am	Followed by Lunch
Saturday, April 1	6:00 pm	Afternoon Mincha

Clock pushed ahead 1 hour - Evening services for Summer are 7:00 pm nightly.

Friday, April 7	7:00 pm	
Saturday, April 8	9:00 am	Followed by Lunch
Saturday, April 8	7:15 pm	Afternoon Mincha

PASSOVER SERVICES:

Wednesday, April 12	7:30 pm	
Thursday, April 13	9:00 am	First Day
Thursday, April 13	7:30 pm	Mincha
Friday, April 14	9:00 am	Second Day
Friday, April 14	7:30 pm	Mincha
Saturday, April 15	9:00 am	
Saturday, April 15	7:30 pm	Mincha
Sunday, April 16	9:00 am	Chol Hamoed
Sunday, April 16	7:00 pm	
Monday & Tuesday	7:00 am	Shacharis
Monday & Tuesday	7:00 pm	Mincha
Wednesday, April 19	9:00 am	Seventh Day
Wednesday, April 19	7:30 pm	Mincha
Thursday, April 20	9:00 am	Yizkor
Thursday, April 20	7:30 pm	Mincha
Friday, April 21	7:00 pm	
Saturday, April 22	9:00 am	Followed by Lunch
Saturday, April 22	7:15 pm	Afternoon Mincha
Friday, April 28	7:00 pm	
Saturday, April 29	9:00 am	Followed by Lunch
Saturday, April 29	7:45 pm	Afternoon Mincha

APRIL:

Sunday, April 9th,	10:00 am	Pre-Pesach Scrub Day
Monday, April 10th,	7:00 pm	Class “Passover Properly”

TEMPLE B'NAI JESHURUN

Temple B'nai Jeshurun's Purimspiel takes us back to the old Wild West, bringing us the harrowing story of Belle Estarr and The Hangman of Shushan, a tale of Daring Women and Dastardly Villainy told through the music of Graggars and Hammanstein's famous shows, "OY-klahoma!" and "Esther Get Your Gun." The hoedown and showdown will take place at Temple B'nai Jeshurun on Saturday evening, March 11 with Shushan Dinner Theater – dinner at 6pm, and performance at 7:30pm – and on Sunday, March 12 with Shushan Brown Bag Cabaret (bring your own lunch) at 1:00pm. There is a charge for the dinner, and advance reservations are required. Performances of the spiel are free and open to the public.

Youth Group News: Introducing the 5766 DMTYG Board: The Des Moines Temple Youth Group Board was elected during this past fall, and will be led by new President, Jacob Garland. Jacob is a senior at Johnston High School and was recently featured in an article in the Jewish Press. Other DMTYG Board members are:

Social Action Vice President: Sarah Eckstat; Treasurer: Adam Moskowitz; Secretary: Michael Moskowitz; Program Vice Presidents: Alex Garland and Ben Hjelmaas; Membership Vice President: Caitlin Holden; Communications / PR Chair: Isaac Poole; Board Member at Large: Jeremy Franklin. Congratulations to all of you and thank you for taking leadership roles in our youth group!

MAZEL TOV

BARBARA & BRUCE SHERMAN on the December 26, 2005 birth of their grandson Samuel Dylan Goldstein. Proud parents are Amy & Darren Goldstein of Whitefish Bay, Wisconsin.

GAIL STRICKER on her Job Promotion to Librarian for the Iowa Commission for the Blind.

SALLY FRANK on her engagement to Elton Davis.

MARY GUILLAUME on her engagement to Rod Denly.

Todah Rabbah: Thank you to all of the teen volunteers who helped to make Hanukkah Happening a terrific event by running the eight games. Several new games were added to the past lineup, and everyone had a great time. We couldn't have done it without you!

A big thank you to the Temple community for your generous contributions to the RUACH

Toiletry drive for the Churches United Shelter. Thanks to the generosity of the congregation, over 450 toiletry and personal care items were able to be distributed to Des Moines' needy just in time for the holidays.



Our Consecrates...Our Future

Front row, L-R: Shayna Jaskolka, Hanna Kaufman, Dahlia Callistein, Rachel Jagiello, Gabrielle Dubansky

Back row, L-R: Rabbi Kaufman,

B'nai Mitzvah

Caroline Joyce Alexander



Saturday, March 18

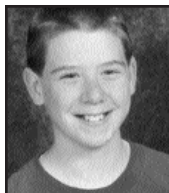
Temple B'nai Jeshurun

With great pride and joy we invite you to join us as Caroline Joyce is called to the Torah as Bat

Mitzvah Saturday, March 18 at 10:00 am at Temple B'nai Jeshurun. The community is invited to a Kiddush Luncheon following services.

- Rebecca Alter and Dan Alexander

Alexander William Feldstein



Saturday, April 1

Temple B'nai Jeshurun

Sondra and Stuart Feldstein are pleased to announce the Bar Mitzvah

of their son, Alexander William, at 10:00 a.m. on Saturday, April 1, 2006. The community is invited to a Kiddush lunch and music following the service in the Temple Social Hall.



Lily Steimel

Saturday, April 8

Temple B'nai Jeshurun

Lily Steimel, daughter of Betsy Rubiner and Dirck Steimel, will celebrate her

Bat Mitzvah at 4:30 p.m. on April 8, 2004

Holocaust Survivor, Author to Speak at Drake, April 19 from 1:30-2:30pm at Cowles Library

Book Talk with Ruth David, author of the autobiographical "Child of Our Time": A Young Girl's Flight from the Holocaust

To **MICHAEL MOSKOWITZ** on the release of his debut CD release, which was the subject of a recent article in Cityview!

at Temple B'nai Jeshurun.



Will Harry Fandel

Saturday, April 22

Temple B'nai Jeshurun

Linda and Gary Fandel invite you to join them when their son, Will

Harry, is called to the Torah as a Bar Mitzvah on Saturday, April 22, 2006, at 10 a.m. at Temple B'nai Jeshurun. A Kiddush luncheon will immediately follow.



Sheya Pardes Finkelstein

Saturday, April 29

Tifereth Israel Synagogue

Jody Hramits and Mark

Finkelstein are proud to announce the Bar Mitzvah of their son, Sheya, 9:00 a.m. April 29th at Tifereth Israel Synagogue. The community is cordially invited to celebrate this Simcha with our family over a Kiddush

In Memoriam

We note with sorrow

Shirley Leonard
Etta Rosenblatt
Anna Roytman
Alla Smolyak
Isadore Tobis
William Toran

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Operation Promise will help expand the Jewish Agency's Student Authority Scholarship program that aims to better integrate Ethiopian immigrants into

Israeli society. The program offers full tuition to Ethiopian students and provides a monthly stipend to cover living expenses, counseling and a range of social activities including Shabbat week-ends, movies, lectures, holiday celebrations and study groups. Beneficiaries tutor other Ethiopian children as well.

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B'nai Israel Synagogue In Keokuk

THE FIRST PERMANENT JEWISH HOUSE OF WORSHIP IN IOWA

By David Mayer Gradwohl

The following essay is the full-text edition of the essay which appeared in the Fall 2005 CHALowan:

On September 30, 2005, an historical marker commemorating Iowa's first synagogue was dedicated in Keokuk. This marker was provided by the Jewish American Society for Historic Preservation in cooperation with the City of Keokuk and the Iowa Jewish Historical Society.

Situated in Iowa's southeastern-most corner, at the confluence of the Mississippi River and Des Moines River, and adjacent to Illinois and Missouri, Keokuk was an important center of transportation, industry, and commerce during the middle of the nineteenth century. This bustling frontier community attracted a number of entrepreneurial pioneers, including Jewish peddlers, merchants, and other businessmen and their families. During the Civil War, Keokuk served as a major hub for the Union Army. Six hospitals were set up to care for wounded soldiers and one of the country's first national military cemeteries was established to accommodate the huge number of war casualties. The population of this city was further enhanced by the construction of the railroad and a system of locks and dams along the Mississippi River. Jews generally prospered in this favorable economic and social ambience, and by the 1880s Keokuk is said to have had the largest Jewish population of any city in the Midwest.

By 1855, there were enough Jews in Keokuk to form an organization called

The Benevolent Children of Jerusalem. Led by Samuel Gerstle, a merchant, this society organized a minyan for Passover and High Holy Day services, which were held in a private home. The society also purchased land for a Jewish burial ground which continues today as the Hebrew Section of Oakland Cemetery. 1855 also

marks the year that the B'nai Israel Congregation was established. During the 1860s, the congregation used the German Orthodox minhag. Initially they met in rooms above several stores owned by Jewish merchants along Main Street. On April 15, 1865, the congregation voted to drape their meeting room in mourning for the assassination

of President Abraham Lincoln. In 1869, the B'nai Israel Congregation adopted Minhag America, the prayer book written by Rabbi Isaac Mayer Wise, the founder of Reform Judaism in the United States. Music for religious services was provided by an organ and a choir. In addition to prayers in Hebrew and English, there were prayers and some sermons in German. By that time, the congregation had sixty-two members, conducted Sabbath services on Saturday morning, and held religious school for children on Sunday afternoons. They met at the Odd Fellows Hall at Seventh and Main Streets.

During the early 1870s, the congregation held meetings to discuss the feasibility of acquiring their own synagogue, either by purchasing an existing church building or buying a lot for the construction of a new building. Meanwhile, the Jewish Ladies Benevolent Society raised

some \$800 by sponsoring an annual ball which, for some years, was regarded as the most fashionable and elite event in Keokuk. After much discussion, congregation members purchased property at the corner of Eighth and Blondeau streets for the construction of a synagogue. Funds were donated by Christian citizens of Keokuk as well as the city's Jewish population. A splendid brick, neo-Byzantine style, synagogue was built and dedicated in 1877. Rabbi Max Lilienthal, editor of the American Israelite and a professor of Jewish history and literature at Hebrew Union College, came to Keokuk from Cincinnati to officiate at the dedication of B'nai Israel Synagogue. He was assisted by Rabbi Joseph Bogen of Keokuk and a Rabbi Block of Peoria, Illinois. Many Christians attended the dedication service for the synagogue on Friday evening, July 20. In a spirit of inter-faith fellowship, Rabbi Lilienthal was invited to address the Unitarian Church on the following Sunday morning.

On July 21, the Keokuk Daily Gate City newspaper reported on the dedication of the synagogue in glowing terms: "No one present at the consecration of the synagogue yesterday would wonder longer at the vitality of Judaism in its own right. The broad-gauged and tolerant ideas and spirit that pervaded everything said and done was a rebuke to all narrowness and bigotry and sectarianism, and shows that Judaism speaks today the broadest language of humanitarianism, liberal, and enlightened ideas." The newspaper went on to extol Rabbi Lilienthal as a charismatic clergyman: "Dr. L. is a scholar, a thinker, a big-brained, noble-spirited divine, and he preached a grand sermon. It was pervaded throughout with the fullest recognition of the fatherhood of God and the brotherhood of man. He opened the gates of the kingdom of Israel's God to every lover of truth and

goodness in every country and age and creed.... He speaks with the earnestness of conviction, the sincerity of goodness, and the calm, simple strength and clearness of an able man. He is one of those men who represents and illustrates the kinship of all truth and the universality of all true religion." The Keokuk newspaper noted especially that many Christians from the community had attended the dedication of the synagogue and had the opportunity to learn much about Judaism first-hand.

B'nai Israel Synagogue continued to have a viable congregation up into the twentieth century. By about 1910, however, the Jewish population of Keokuk had declined. As in most Iowa towns and small cities, immigrant Jews tended to move on to larger urban centers elsewhere when they had the opportunity. If the pioneer Jewish merchants remained in the smaller towns, then their children typically sought residence in larger cities as they became adults.

This process is illustrated, to some degree, by the Younker family. Marcus, Samuel, and L.M. Younker came to the U.S. from Lipno, Poland, in 1854. They arrived in Keokuk in 1856 and set up a small business, which flourished for several decades. The economic position of Keokuk, however, declined later on in the

nineteenth century. Some of the Younker family remained in Keokuk, but others moved to Des Moines where they established a department store which dominated the downtown trade there. The UHS will be holding its Annual Fall Event dinner on Sunday, Oct 29th, 2006, at The Caspary Terrace. This year's event will feature Iowa's medical community. Stay tuned for further details!

Our Current Exhibit "Iowa Business Big and Small" exhibit will be open through April. The Gallery is currently open by appointment. To



Historical marker for Iowa's first synagogue, B'nai Israel, in Keokuk. -photograph by David Gradwohl

Save The Date!

The UHS will be holding its Annual Fall Event dinner on Sunday, Oct 29th, 2006, at The Caspary Terrace. This year's event will feature Iowa's medical community. Stay tuned for further details!

Our Current Exhibit "Iowa Business Big and Small" exhibit will be open through April. The Gallery is currently open by appointment. To


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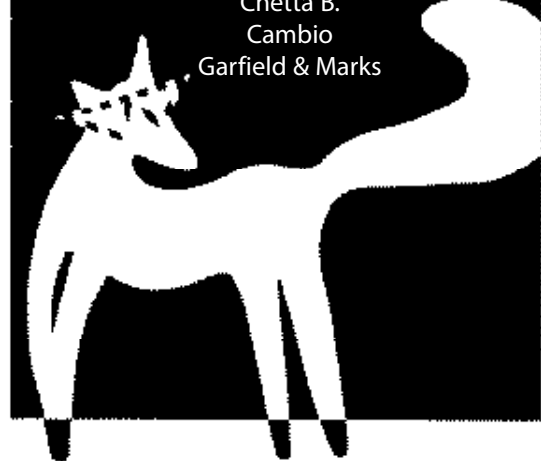
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march/april community calendar

Wednesday, March 1	7:00pm - 9:00pm 6:00pm
Bakery	
Friday, March 3	7:00pm - 8:00pm
Tuesday, March 7	12:00pm - 1:00pm
Sunday, March 12	12:30pm - 2:30pm 10:00pm - 12:30am
Tuesday, March 14	
	12:00pm - 1:00pm 4:30pm - 5:30pm 10:00am - 12:00pm
Saturday, March 18	
Monday, March 20-24	
Thursday, March 23	7:15pm - 9:00pm
Monday, March 27	7:00pm - 9:00pm
Tuesday, March 28	5:00pm - 6:00pm
Saturday, April 1	10:00am - 12:00pm
Sunday, April	4:30pm - 6:00pm
Monday, April 3	3:00pm - 9:00pm
Tuesday, April 4	5:30pm - 7:30pm
Wednesday, April 5	5:30pm - 7:30pm
Thursday, April 6	5:30pm - 7:30pm
Friday, April 7	7:00pm - 8:00pm
Saturday, April 8	4:30pm - 6:30pm
Monday, April 10	5:30pm - 7:30pm
Tuesday, April 11	12:00pm - 1:00pm 4:30pm - 5:30pm 7:00pm - 8:45pm
Thursday, April 13	
	6:00pm - 7:00pm
Monday, April 17	7:00pm - 9:00pm
Tuesday, April 18	12:00 pm
Saturday, April 22	12:00pm
Monday, April 24	7:00pm - 8:30pm
Tuesday, April 25	
Saturday, April 29	9:10am - 11:10am
Sunday, April 30	8:00am - 2:00pm
Wednesday, May 3	
	6:00pm - 8:00pm
Friday, May 5	7:00pm - 8:00pm
Saturday, May 6	10:00am - 12:00pm 10:00am - 12:00pm

Telethon at Medinotes
Young Jewish Professionals meet - South Union
Temple - Potluck Dinner
Temple - Worship Committee Meeting
BEJ Sisterhood: Purim Lunch
Community Purim Carnival at the Temple
PURIM
Temple - Lunch & Learn with the Rabbi
Temple - Executive Committee Meeting
Caroline Alexander Bat Mitzvah at the Temple
SPRING Break
92St Y - Mommy Wars
Federation BoD Meeting at Caspe Terrace
Life Center: Bd Mtg
Alexander Feldstein Bar Mitzvah at the Temple
JFCS& Federation: Women's Seder at Caspe Terrace
Teachers' Institute at The Caspe Terrrace
Federation Planning & Budgeting
Federation Planning & Budgeting
Federation Planning & Budgeting
Temple - Potluck Dinner
Lily Steimel Bat Mitzvah at the Temple
Federation Planning & Budgeting
Temple - Lunch & Learn with the Rabbi
Temple - Executive Committee Meeting
92nd St Y - Harvey and Bob Weinstein
PESACH begins
Temple - Congregational 2nd Night Seder
Fed. Exec. Committee Meeting
Foundation Meeting at the Life Center
Will Fandel Bar Mitzvah at the Temple
Yom HaShoah Commemoration at Drake University
YOM HASHOAH
Sheya Finkelstein Bar Mitzvah at Tifereth
Community Siyuum Ha Torah
YOM HA'ATZMAUT
Community Israel Independence Day program
Temple - Potluck Dinner
Aaron Ackerman Bar Mitzvah in Ames
Ariel Pomerantz Bat Mitzvah at the Temple

Synagogue continued from page 22
By the 1920s, B'nai Israel congregation activities had ceased. In 1938 the synagogue building was sold to the Keokuk Gospel Center as a church. The building was torn down in 1957 for the construction of a parking lot. Today, there is very little noticeable Jewish presence in Keokuk, except for names chiseled on gravestones in the Hebrew Section of Oakland Cemetery. Those whose souls are bound up in the bonds of eternal life include families named: Younker, Rothschild, Spiesberger, Stern, Levy, Lowitz, Samuels, Faber, Haas, Solomon, Carwalho, Weil, Simon, Friedman, Bower, Jacobs, Meyer, Lyons, Vogel, Allmayer, Schwartz, and Klein.
The historical marker dedicated in September was placed on Seventh Street, opposite the front of the impressive Victorian red brick Lee County Courthouse, within view of the old Odd Fellows Lodge on Main Street and the former synagogue site on Blondeau Street. At the dedication of the historical marker, Keokuk Mayor David Gudgel, noting that the synagogue had been built with funds from Christians as well as Jews, commented that “Keokuk has been a melting pot of many religions and ethnic groups” and continues to foster inter-faith fellowship.
The historical marker is cast bronze, manufactured at the foundry of Sewah Studios in Marietta, Ohio. At the top of the sign is the logo of the City of Keokuk, namely the profile of Sauk Indian Chief Keokuk. A Star of David and a line drawing representation of the synagogue are positioned on the left.



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Gabrielle

My husband, Steve, and I were excited that this past summer our 6 year-old daughter, Dahlia, was old enough for us to consider Engman Camp Shalom for the first time. Something happened during the summer that created a very special and magical place.

It was a safe, fun, primarily Jewish atmosphere where the kids were free to be kids, but it also encouraged them to learn, to grow, and to expand their minds.



Shirley

Due to health problems, I have needed extra help from the Federation to meet a number of important needs. I am very thankful to Jewish Family Services for providing someone to take me to doctor and dental appointments, to help with grocery shopping, to take me to Federation luncheons for seniors and other activities, where I enjoy socializing with friends.



Janine

My world fell apart. In an attack, I suffered a ruptured disc and multiple fractures of my leg. There were extensive medical bills that I had no way of paying and I was out of work.

When I came to the Federation, I was crying in hopelessness. Now I am crying in happiness, and thankful for all the support given to me and my children by Jewish Family Services.

The Greater Des Moines Jewish community is a family. Even if we don't all know each other, we take care of each other. This is the Jewish way. We invest in our children. We demand justice for those who cannot advocate for themselves. We make certain our elderly have the best care possible. And when our fellow Jews are in crisis, we are there. We live generously.

Serving as an umbrella for the Des Moines Jewish community, the Federation carefully examines local and overseas priority needs and allocates accordingly. Because Federation giving touches so many lives, one gift is maximized to support many programs that ensure a strong and vibrant Jewish community.

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