

THE GREATER DES MOINES Jewish Press

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Senior News

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Phonathon All-Stars

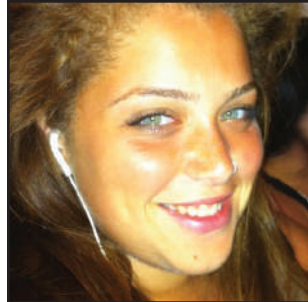
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Chef Du Jour Robbie Winick

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Music and Picnic Featured at Federation's Annual Meeting, June 24



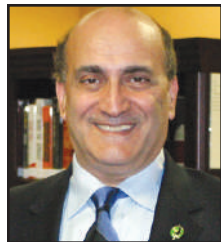
Lior Livne to perform

Please join us for a short meeting and then for some food and entertainment, 10:30 am, Sunday, June 24th at the Caspe Terrace. This will be the Jewish Federation's 98th Annual Meeting, at which a slate of nominees will be presented for election to the Board.

Following the meeting, stay and enjoy the music of Lior Livne, our talented Israeli shlichah, counselor at Engman Camp Shalom! We'll be having a picnic, and there will be activities for the kids, organized by the Jewish Federation Community School. What better way to spend the beginning of a summer day?

The names of nominees to the Board will be included in your invitation. For further information, contact Tammy at the Federation. Call 987-0899 ext. 230 or email tammy@dmjfed.org

"The Struggle for Freedom in the Middle East," with Walid Phares May 3



Dr. Walid Phares, an advisor to the Anti-Terrorism Caucus in the US House of Representatives and instructor of Global Strategies at the National Defense

University will speak at 7:00 pm, Thursday, May 3 at Drake University's Sheslow Auditorium on the topic,

"The Struggle for Freedom in the Middle East." The topic is based on his book of the same name, published in December of 2010, in which he predicted the uprisings in the region before they occurred.

The program is free and open to the public. It is sponsored by the JFed Forum of the Jewish Federation's JCRC and by Drake Hillel. For additional information, contact jcrc@dmjfed.org

Shavuot Begins The Evening of May 26

Shavuot, the Festival of Weeks, began as a festival celebrating the harvest of barley, but it also commemorates the revelation at Sinai and the giving of the Torah. While Shavuot has few rituals associated with it, many Jews stay up all night studying Torah. Other customs include eating dairy foods and reading the Book of Ruth.

The period from Passover to Shavuot is a time of great anticipation. We count each of the days from the second day of Passover to the day before Shavuot, 49 days or 7 full weeks, hence the name of the festival. Shavuot is also sometimes known as Pentecost, because it falls on the 50th day. The counting reminds us of the important connection between Passover and Shavuot: Passover freed us physically from bondage, but the giving of the Torah on Shavuot redeemed us spiritually from our bondage to idolatry and immorality.

Engman Camp Shalom Begins June 18, Register Now!



The first week of camp for ECS will start Monday, June 18. Our last day of camp is Friday, August 10. Registration is happening now! Don't miss out on a summer to remember! For more information, or to register, please visit us on the web at www.jewishdesmoines.org/our-work/ecs or call Lyanna at 515-987-0899 ext. 232. For more information, turn to page 5.

Join Us At The Federation Community Picnic, May 20

Celebrate the last day of JFCS classes at the Federation Picnic beginning at 11:30 am, music by the Java Jews, hotdog lunch and activities for the whole family, in the Alex Richards Pavilion at the Caspe Terrace; Cost: Adults \$8, Kids \$4. RSVP by May, 16, call Tammy at 515-987-0899.

Jewish Federation of Greater Des Moines
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What do you hold close to your heart? Special moments in time create lifetime memories. You can honor one of life's simchas or remember a loved one through the TRIBUTE PROGRAM offered by the Jewish Federation of Greater Des Moines and the Des Moines Jewish Foundation. Simply fill out the attached form and send it to the Federation. An acknowledgement card in your name will be sent. You designate how the gift will be used by the Jewish Federation or you can contribute to an existing fund managed by the Des Moines Jewish Foundation. Let someone know that you are thinking of them while supporting what's close to your heart.



education

Our youth *is* our future. It is our responsibility to provide opportunities for them to develop into responsible Jewish adults. Many educational opportunities are available through the Federation and Foundation. Consider designating your gift to: Engman Camp Shalom, Hebrew Tutoring Scholarships, Community School book fees, the Student Scholarship for Trips to Israel or the Jewish Learning Institute.

senior care

Our seniors are the threads that weave the tapestry of our history and rich traditions. You can earmark your gift to offer social activities or help ease the burden of many of the challenges our seniors face: Social Outings (movies, plays, community events), Transportation to Doctor or Pharmacy, Groceries for a Week, In-home Safety Modifications, Adult Programming or the Iowa Jewish Senior Life Center.*

community

Our community's boundaries extend to faraway places such as Israel, Darfur and Russia. You can provide needed funds locally and abroad for programs such as: The Project Elijah Foundation's* Kosher Manna Program for feeding disadvantaged Jewish people worldwide, Partnership with Israel, Iowa Jewish Historical Society, The Caspe Terrace Tree Fund, Des Moines Jewish Foundation's various funds (please call 987-0899 x231 for more information), General Community Tzedakah Fund, Mischkiet and Aliber Holocaust Education Funds or Community Interfaith Relations.

*Independent organizations

TRIBUTE
PROGRAM

Please accept my TRIBUTE PROGRAM gift in the amount of: ☐ \$18 (minimum gift) ☐ \$36 ☐ \$72 ☐ other _____

☐ In memory of _____

☐ In honor of _____ on the occasion of _____

☐ General fund, or please name the specific Federation or Foundation fund to which to earmark your gift: _____

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Mail to: Jewish Federation of Greater Des Moines, 33158 Ute Avenue, Waukee, Iowa 50263

They Are OUR Children, TOO!



Barb Hirsch-Giller
President

Sderot: a western Negev city in the Southern District of Israel; total population of 20,000. Located less than a mile from Gaza (the closest point is one-half mile).

The Children of Sderot: 15 seconds to get to shelter, as often as five times daily, to avoid being hit by the thousands of Qassam rocket attacks from the Gaza Strip, nearly every day for 10 years. Bomb shelters: stocked with stuffed animals, pajamas, snacks.

Dead: thirteen Israelis; **Wounded:** dozens; **Damage:** millions of dollars.

Daily life: Madness. The frequent air-raid sirens and explosions of incoming projectiles have caused severe trauma and disruption of any form of normal living. During the past seven days prior to the writing of this article, 147 bombs have fallen on Israel, 8,000 since 2005, putting **one million civilians** within missile range. A task as simple as a drive to the grocery store is complicated by the ever-present need to keep car windows open, rain or shine, to listen for approaching missiles.

So WHY do we care? Why SHOULD we care about everything that happens in Israel? For those of us who were weaned on the stories of Holocaust horror, this question has been answered. But for our children, who have not known the insult of overt anti-Semitism and exclusion, the question is of utmost importance and the answer is NOT the same. So let's consider an answer that IS contemporary and relevant to all of us, young and old, liberal or conservative, Republican, Democrat or other, Jewish or non-Jewish. Whatever.

As we consider Israel's Independence Day, let's take note of the fact that Israel is a bright and shining oasis of democracy in a neighborhood where many are openly hostile toward Jews, the Western world and our way of living, worshiping and thinking. Let's take note of the fact that both Israel's and America's Declarations of Independence demand basic human rights such as freedom of the press, the right to openly challenge the government, protection of the rights of free worship, gay rights and fair trials. Let's take note of the fact that, since Israel's inception, women have played critical roles in all aspects of society, including the Supreme Court and heads of state.

Let's consider these facts. Israel's technology has allowed one of the most arid deserts on Earth to produce a quality and quantity of life-enhancing produce as seen anywhere on the planet. This food is disease-resistant and has expanded the food supply to other nations. Israel's technology has produced: life-saving medications and treatments for use in the medical world; environmental protection systems that embrace solar power energy generation and the desalinization of seawater for human consumption; security technology to protect our communities and lives.

Let's consider the fact that, in less than 65 years, this tiny country has been a safe haven for Jews worldwide and has been among the first to assist with devastating natural disasters like the tsunami in Sri Lanka, Hurricane Katrina, the earthquake in Haiti and man-made disasters like the genocides in Rwanda and the Sudan.



A Qassam rocket is displayed in Sderot town hall against a background of pictures of residents killed in rocket attacks.

So WHY do we care about the "children of Sderot?" We care about the children of Sderot because they exist within the heart of Zion; they and their parents "hold down the fort" that is our ancient homeland of 3,000 years. While many in this world anguish about the children of Gaza and the West Bank, children who do not look to the skies and listen for bombs everyday of their lives, WE care about the children of Sderot, Ashdod, Beersheba, Ashkelon, Tel Aviv, Jerusalem, and...

On a very personal level, I ask you to keep this image in your hearts and minds, sending your prayers, speaking your support, enacting your love for all of Israel. For it is up to us—the Jews of the world—to stand in solidarity with our Israeli brothers and sisters, regardless of any political affiliation.

No child, anywhere, should ever have to put on their pajamas in a bomb shelter. They deserve better bedtimes. They deserve better childhoods. They are our children, too.

HELP NEEDED FOR MEMORIAL DAY

Each year, a small group of dedicated volunteers led by Ted Block, honors deceased Jewish veterans by marking their graves with a United States flag. This year, thanks to all the people who sent information to the Iowa Jewish Historical Society, we will be able to recognize even more of the veterans who have served our nation and helped keep it strong. However, we don't want to miss anyone. If you have a veteran in your family—anyone who has served in the military in peacetime or during war—who is buried in Jewish sections of Glendale Cemetery and whose grave has not been marked in the past, please contact Ted Block at dsmted1224@aol.com or at 515-223-9476. The information you give us is permanently stored in our computer database. We now have the capacity through the use of GPS systems to prevent vandalism and/or someone taking a flag from a marked grave and moving it to an unmarked one.

RECENT GRADS - MAZEL TOV!

Send a photo and announcement by May 23, for publication in the July/August '12 edition. Jewish Press, 33158 Ute Avenue, Waukee, IA 50263-7538 or by e-mail to jcrc@dmjfed.org

CORRECTION:

We inadvertently misidentified a member of the community pictured in the previous issue. It is Milla Verkhov-Karno and not Vera Aginsky shown in the March/April '12 edition, page 11, second row, second from right. Our apologies to both parties.

APOLOGY

On April 22, the Iowa Jewish Historical Society put on display the first listings in our Book of Honor listing the names of Iowa's Jewish veterans. Every attempt was made to ensure the accuracy of the list. If, however, we inadvertently left your name or that of a loved one off the list, we apologize. To add a veteran's name to the list, please contact us at ijhs@dmjfed.org or at 515-987-0899 ext. 216. This is a long-term project and we will be updating the BOOK OF HONOR on a continuing basis. Thank you for your understanding.

THE GREATER DES MOINES

Jewish Press

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The Greater Des Moines Jewish Press
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We are always happy to consider articles and information for publication.

We reserve the right to edit submissions.

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May/June 2012

JEWISH FEDERATION COMMUNITY SCHOOL



Got Free Time This Summer?

Religious school classes will be over soon and I hope you have a fantastic summer. During this time, there are many “family” opportunities to continue your Jewish learning. Remember, you don’t stop being Jewish just because religious school is over. Judaism is a religion that requires life long learning. There is still so much to know, understand and learn. Summer is a time when you can prove that being Jewish is something you are – not just something you do. The following are suggestions of things to do that are fun and will provide wonderful moments with your family.

Summer Reading - The simplest thing you can do is to continue reading Jewish books. It is a great time to read chapter books and explore all kinds of Jewish interests. Every trip to the library can be a search for something interesting and exciting. The time you set aside for reading together can also be time of wondrous conversation. Don’t forget that your synagogues also have libraries and are open during business hours during the week. The Association of Jewish Libraries (AJL) is also another great site. It has a list of notable children’s books of Jewish content, a juvenile literature list and a selected list of adult books, along with book club readings and Jewish book month. www.jewishlibraries.org.

Day Camp - Attend Engman Camp Shalom (ECS) day camp. Statistics show that a Jewish summer camping experience (overnight or day camp) will make the greatest impact on our children’s Jewish future. While sleep-away camp is the part of this process that packs the real wallop, the process begins with Jewish day camp. At ECS, you will not only make new friends but also see many of your religious school friends. ECS begins June 18 and runs through August 10.

For information, go to www.jewishdesmoines.org/ecs or contact Lyanna – 987-0899 ext 232 or jfcsdm@gmail.com.

Play Dates – One of the things that will most greatly influence the success for your child’s experiences in religious school is the amount of connection that she or he feels with their classmates. That connection is most specifically built through friendships. Summer is the perfect time to help your child “play” with other children in his or her religious school class and summer is the perfect time to create or deepen your relationships with other families at the same time. Think of summer as a great time to build relationships and community.

There are also many Jewish learning opportunities on the internet. Some of the sites that I have found are:

www.jewsinsports.org – This site tells about the largely under-appreciated story of Jewish athletes, from the famous to the unknown. The American Jewish Historical Society presents this digital archival record of the proud legacy of Jewish athletes and how each one’s accomplishments in the world of sports reflected on his or her particular society and era.

www.j.co.il – This site was created to be a Jewish oriented site that would be educational, fun, simple to use and friendly. The site has something for everyone and there are updates every month. Information on this site includes Hebrew sign maker, Jewish Wisdom Database, Jewish Trivia Database, Jewish coloring book, Israel Geography Game, Jewish Trivia Quiz, My Hebrew Dictionary, My Hebrew Name, My Hebrew Picture Dictionary, Jewish and Israel Hotsites and many more.

www.jvibe.com - JVibe is your place to speak your mind, learn from others, explore your world, find people with similar interests and make new friends from around the globe. Teens are the content, they offer a forum to be heard. Work with the JVibe staff to contribute your writing, ideas and feedback. Send them to info@jvibe.com. JVibe hopes to bring together teens from across the globe to bridge the gap of language barriers, geographical boundaries, and religious backgrounds. We hope you can show us that by using technology, Jewish youth are united from around the world. At JVibe, you will find new avenues for Jewish expression and a new perspective to explore Jewish culture and opportunities.

www.torah tots.com – This site was developed for the sake of spreading the joy of learning Torah in a fun and exciting way. There is a wealth of knowledge at this site created for children and adults. The site does not specify any specific religious affiliation. However, some of the information slants towards Orthodox.

As always, if you have any questions, please contact our office at 515-987-0899 ext 232.– Lyanna Lindgren

Fundraising Effort Continues for JFCS

We are not done yet! There are many community members that were involved during the process and with our generous givers this dream became a reality.

Ways You Can Make Your Tax Deductable Contribution Are:

- Engraved Brick in school walkway - \$180
- Engraved Family stone in the school walkway - \$1,000
- Named Mezzuzah for each room - \$5,000
- Computer hardware / software for one classroom - \$10,000
- Named JFCS or Federation Office - \$50,000
- Naming a classroom - \$100,000+

For more information or to make a donation, contact The Jewish Federation, 33158 Ute Avenue, Waukee IA 50263 or call Elaine or Lyanna at (515) 987-0899.

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JEWISH FEDERATION OF GREATER DES MOINES

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- Birthday Parties
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- Family Reunions
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Usage of The Caspe Terrace is limited to the Jewish Federation of Greater Des Moines, its employees, Jewish Federation Members and to United Way affiliates. Events are limited to Federation community programming; for Members of the Federation for occasions that are significant life stage events and religious in nature. A maintenance fee shall be charged to individuals to cover costs incurred of these events.

ENGMAN CAMP SHALOM JUNE 18-AUGUST 10



The Engman Camp Shalom Experience

Why is Engman Camp Shalom an “experience” for your children? Because we are in the camp “kid business”! For more than 60 years, the Jewish Federation of Greater Des Moines has been committed to quality Jewish summer experiences for each child. We carefully select staff and specialists who genuinely care for the well being of our campers.

The ECS day camp provides a progression of enriching and exciting programs that are purposefully designed for skill and social development. Our staff to camper ratio ensures participation, recognition and success for each child. We maintain the best learning environment for all our campers.

Judaism comes alive in our camp through creative, energizing and innovative experiences that promote Jewish identity, while our Shlichah (Hebrew for emissary; Israeli community representative) helps bring Israel to Iowa. The camp community is nurturing, challenging and most of all, FUN! Children make friendships that keep them coming back year after year to become CIT's and counselors.

We are proud of the fact that The Jewish Federation of Greater Des Moines' Engman Camp Shalom knows how to make a child's summer fun and exciting. Our returning Camp Director Jeremy Schwartz, along with Camp Administrator Lyanna Lindgren and the Engman Camp Shalom staff have created a summer filled with exciting activities and programs that will leave your child breathless.

Week 1: Have a Ball

We kick off our summer with a focus on all things ball related. Campers will have the opportunity to play some classic ECS games like Gaga, as well as some new ones like Bocce and Croquet. Campers will take to the soccer field and maybe even some “ball” room dancing.

Week 2: Adventures on the “Chai” Seas

Ahoy Mateys! Pirates will be taking over the camp for a fun filled week of swashbuckling: from map-making, knot-tying and treasure hunting to peg-leg races and everything in between.

Week 3: A “Sense”ational week

All campers will have the opportunity to explore their five senses in ways they might have never considered before. Each day will focus on a different sense (or two): From tasting new foods to listening to nature or different music styles to “seeing” just how accurate our sense of touch can be.

Week 4: Artful Antics

We will combine our normal fun with the exploration of the many types of art that exist. Campers will have a chance to try their hands at many methods and styles of artistry.

Week 5: Color-Wars—Olympic Style

With the 2012 Olympics on the horizon, Engman Camp Shalom will light its own Olympic Torch and add another level of excitement to our annual “Color Wars” with opening and closing ceremonies and all the friendly competitive fun in between.

Week 6: Where did “I”owa come from?

This week we'll get “down on the farm” and learn all about the things that make our home of Iowa great. Activities will touch on history and experiences unique to the state.

Week 7: Let's Get “Physics”al

For all our science loving campers this is the week for you! We will explore physics, chemistry and other science related activities and perhaps even build a rocket and explore the stars.

Week 8: Come Clown Around

And now for something completely different: Campers will learn all the skills (mime, juggling, magic tricks, maybe even some pie throwing) it takes to be a clown from a professional.



Israeli Shlichah To Join Engman Camp Shalom



Lior Livne

For the seventeenth summer, Engman Camp Shalom has had the wonderful opportunity to add to our staff an Israeli shlichah or ambassador. The summer shlichim program of the Youth and Hehalutz Department of the State of Israel is committed to providing summer camps in the United States with qualified, professional staff from Israel to add a unique Jewish-Israeli dimension to the camp program. All shlichim have completed their service in the Israel Defense Forces and an intense training program with other shlichim who will also be coming to the US this summer to work at Jewish camps.

I am happy to introduce to you Lior Livne, our shlichah for this summer. She will be arriving in Des Moines the first part of June. Lior is from Haifa, Israel, where she lives with her parents and her dog. She has two older brothers and one older sister who do not live at home.

In 2007, Lior participated with the Israeli Youth Award organization for three weeks in Illinois. She was part of a delegation to participate and create a Hebrew camp for children of the community and in the evenings, a Hebrew camp for adults.

Similar to what Lior's responsibilities will be here at ECS, in the summers of 2008 and 2009, with other delegates from Israel, she went to the International Camp in Essex County, England.

The group's main goal was to bring Israel to all campers as well as participate in all other camp activities.

Most recently, Lior has been a criminal investigator at the military police investigation unit in Israel. Her hobbies include music (play, sing, write, compose), nature, theater and everything that has to do with water (water sports, canoeing, etc.), animals and extreme sports.

While Lior is here this summer, we ask our community members to host our shlichah. A host family takes in a shlichah for two weeks, as they become part of that family. Lifelong friendships have been made through this program. If you would like to be a host family this summer or would like to invite Lior to your home for Shabbat dinner or any other evening with you and your family, please call Lyanna at 515-987-0899 ext 232 to make arrangements. Having the opportunity to bring young Israelis to Des Moines is another way your Jewish Federation of Greater Des Moines' All-in-One Campaign dollars are working. Thank you for your support.

[medicine]

Breakthrough In Vitamin-Enriched Drinks

By Viva Sarah Press for Innovation News, online at israel21c.org

Technion researchers have come up with a way to enrich soft drinks with health-enhancing vitamins and minerals and not cloud the beverage. The ground-breaking method - which uses nanocapsules that don't dissolve well in water - can also be used by the pharmaceutical industry in the protection of medicines in the stomach and intestine.

Dr. Yoav Livney and his team in the Faculty of Biotechnology and Food Engineering used the Maillard reaction to create nanocapsules based on the protein-polysaccharide conjugates (PPC). This natural reaction was used in the past in the creation of emulsions and microcapsules for nutrients that do not dissolve in water, but the problem with the existing methods is that the capsules obtained were large, so that they clouded the liquid to which they were added.

“Our work is apparently the first to report the formation of PPC nanocapsules forming clear aqueous systems while encapsulating water-insoluble nutraceuticals,” Livney told BeverageDaily.com.

The researchers said the PPC conjugates are suitable for sport drinks, iced tea, mineral water, and soft drinks.

In 2007, Livney's team came up with another breakthrough innovation

- a method to deliver health-promoting nutrients using casein micelles, protein particles naturally present in milk, as carriers. That breakthrough paved the way to enrich foods with important nutraceuticals like vitamins and antioxidants, while protecting them from degradation and improving their bioavailability.

Fast forward to 2012 and the researchers followed the release of the nutrients from the nanocapsules under simulated digestion conditions. They discovered that the nanocapsules succeeded in keeping the nutrients trapped in them, and in protecting them under stomach conditions.

And that's good news for the pharmaceutical industry as well.

“The encapsulation may protect acid-sensitive bioactives against the harsh stomach conditions and only release them in the small intestine,” Livney told BeverageDaily.com.

In the future, Dr. Livney plans to “investigate the encapsulation by this method of other bio-active components, such as anti-cancer medicines.”

Another team headed by Dr. Livney is currently developing the next generation of polysaccharide-protein conjugate-based nanocapsules, which are aimed at target-oriented delivery of medicines in the body, marking the location of cancerous tumors and destroying them.

senior news

Senior Volunteer Program - Are you looking for a way to put meaning back into your life while helping others? Become a Senior Volunteer and help us reach out and care for someone in need. The rewards are many and the need is great.

TO LEARN MORE about volunteer opportunities or any of our programs, contact Pat Nawrocki, Jewish Family Services Manager, at 515-987-0899 ext 210.

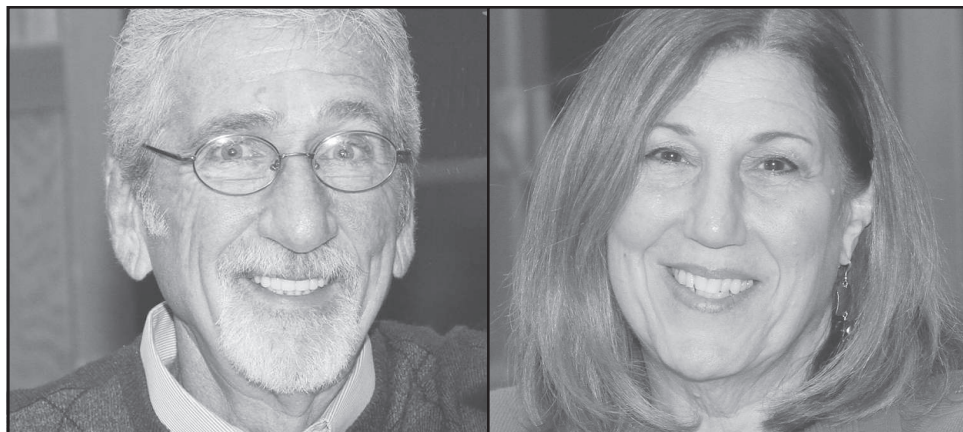
Upcoming Luncheons:

Thursday, May 17, 12:00, Noon at the Temple B'nai Jeshurun. Welcome back Angie Burger, Administrator of Accessible Home Health Care. She will be informing us about Health Care issues through a game of Trivia! Come and join us for a fun and learning experience! Also we will be delighted to have a musical program performed by Louise Kaufmann. It will be song styling followed by a sing-along. Hope to see you there!

Thursday, June 19th, Trip to Prairie Meadows! Come join us for lots of fun with a buffet-style lunch, fellowship and live music. The bus will leave Beth El Jacob Synagogue parking lot at 11:00. and we will return at 3:00 p.m.



The Ideal Gift To Give Is... Yourself



Gary and Laurie Bishop are a wonderful asset to the Senior Adult Program. They have been instrumental in providing transportation to the seniors and assisting them at the senior luncheons and other activities. They both have stated that they wanted to give back to the Jewish Community. Harold Gotsdiner, who Gary provides transportation to doctor appointments, barber and other Jewish community events says that Gary is a kind person, always on time, cooperative and just a real "gentleman." Harold's daughter, Marsha, who is very supportive of her father, manages to schedule appointments and be present at many of them but does not have times when her job responsibilities conflict with her dad's appointments. Marsha states how appreciative she is of the volunteer transportation service that Gary provides because it allows her to continue working with much less stress and worry. Laurie assists at the Senior Luncheons and does a wonderful job. She always has a smile on her face and is willing to help out in any way. She communicates well with the seniors by listening to their stories and being patient and gracious while assisting them in any way possible to make them feel special. That's what the Senior Adult volunteer program is all about – deeds of kindness, reaching out and helping someone in need.

Pat Nawrocki, Jewish Family Services Manager

The Life Center

Please Join The Life Center in Celebration of Two Significant Milestones, September 9

This year, The Life Center celebrates 25 years on Polk Boulevard, as well as 80 years of service to the Community. We hope you can be a part of our exciting annual fundraising event on Sunday, September 9th, to be held at Caspe Terrace.

In order to make the evening a true time of celebration, we are asking you to "tell your story" about how The Life Center has made a difference in your life. Whether through someone you know who was or is a Resident of The Life Center; your volunteering experience(s); serving as a Board or Guild Member; or whatever the circumstance, **we want to hear it!** Please mail your story to The Life Center; c/o Jennifer Youngquist; 900 Polk Blvd.; Des Moines, IA 50312. For more information, please call Jennifer at (515) 255-5433.

Here is one example of how The Life Center made an impact in the lives of one family: "You have two weeks to get your mother situated in a safe environment and put your affairs in order." This was what Arlene heard in August, 1998. That was when she had the unfortunate experience of finding out she would require immediate medical attention. At the time, her mother, Ruth, was living with her. Ruth would be unable to live at home by herself while Arlene received treatment.

Ruth moved to Senior Suites for respite care during this time. Arlene notes, "My mom wasn't actively involved in a congregation, but she told me that if she needed to be somewhere, long-term, she wanted to go to a Jewish home."

Later, Arlene received a call from The Life Center, letting her know that there was a room available for Ruth. Arlene was recovering from her treatments and was relieved to know her mom would be where she truly desired to live.

Once Arlene was back on her feet again, The Life Center's Activity Director spoke with her to see if she would be interested in helping with activities for the Residents. Arlene thought it would be nice to give it a try and has put in countless hours of volunteering ever since. Her time with Residents since 1999 has included craft projects, gardening and visiting individually with Residents.

"I have seen many changes in interests and abilities of the Residents," says Arlene. She has adjusted to varying degrees of ability in the crafts people are able to do and has overcome this by providing stimulating projects enjoyed by both men and women. Arlene adds, "At times, there have been so many Residents involved with crafts that I have needed helpers!" She encourages Residents to make decisions as they work on their activity. Today, Residents are making Spring door hangers with various colors and shapes of cut-out flowers. "Arlene is always so kind and generous to Residents of The Life Center," says Wanda Gulick, Activity Director. "She provides the materials for whatever project they are working on and truly enjoys interacting with the Residents," adds Wanda. We are very thankful for her involvement for the past 13 years!

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THANK YOU to all who have contributed through United Way. Please remember that your gift to Jewish Family Services through United Way has to be re-designated each year.



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Resident Evil by David Friedgood



Occasionally our Jewish calendar proclaims a Sabbath day special, different than other Sabbaths. These days are set aside by the Rabbis to denote special events in our religious lives. They often precede a major holiday. Examples are Shabbat Shuvah (the Sabbath of Repentance), which is celebrated before Yom Kippur, and Shabbat Hagadol (the great Sabbath), which announces the upcoming Pesach (Passover) festival. Several weeks ago in shul we recognized another specially designated Sabbath – Shabbat Zachor – the Sabbath of Remembrance. This day always precedes the festival of Purim. On Shabbat Zachor we are commanded to remember what the tribe of Amalek did to our people as they wandered through the desert, on their way from Egypt to the land of Israel. The Exodus occurred about 3500 years ago. Yet, to this day – after all this time – we Jews are still implored: “you shall blot out the memory of Amalek from under the heaven. Do not forget!” (Deuteronomy 25:19) Who are these people – Amalek – that they warrant such harsh treatment in our holy Bible? Even the Egyptians, who enslaved our ancestors for generations and murdered male Jewish infants, are worthy of forgiveness: “You shall not abhor an Egyptian, for you were a stranger in his land. Children born to them may be admitted into the congregation of the LORD...” (Deuteronomy 23:8) Why is it that the passing of time does not heal the sins of the tribe of Amalek, as it does the transgressions of other mortal beings?

We first encounter the tribe of Amalek in Genesis 14 during the time of Abraham. They are described as a war-like people in southern Canaan who are affiliated with the Edomites. Later, Amalek attacked the young Israelite nation after they had crossed the Red Sea. “Remember what Amalek did to you on your journey... how, undeterred by fear of God, he surprised you on the march, when you were tired and weary and cut down all the stragglers in your rear.” (Deuteronomy 25:17-18) Amalek ruthlessly attacked from the rear, overwhelming the weak and most vulnerable Jews, the stragglers trekking through the desert. At this pivotal time in their history, the young Jewish nation was in a fight for their very survival. Also, these attackers did not ‘fear God’. By Biblical standards, they lacked the moral inclination of all civilized people, both Jew and non-Jew. The Israelites were ‘surprised’ by this ferocious attack and by the nature of the enemy who struck those who were ‘famished and weary’. In a philosophical sense, the attacking marauders robbed the young nation of their idealism, their innocence. On their march from the

degrading bondage of Egypt to freedom and a new life in Israel, those who lost their faith in God – the famished and weary – were most vulnerable to attack and annihilation.

The young tribe of Israel, however, was up to the moral and physical challenge of Amalek. Their leader, Moses, along with his 1st Lieutenant Joshua, mustered their resources. Joshua led the troops while Moses went up on a hill overlooking the battle, carrying his rod in his hand. The same rod he had with him when the plagues were announced to Pharaoh. When Moses raised his arm, with rod in hand, the people saw that God was with them and they prevailed. Moses, with his arm raised towards heaven, represented the power of God, transmitted through His prophet Moses to the true believers. With God on their side, evil could be vanquished. When Moses fatigued, Amalek prevailed. “... So they took a stone and put it under him (Moses) and he sat on it, while Aaron and Hur (Moses’ brother and brother-in-law), one on each side, supported his hands; thus his hands remained steady until the sun set. And Joshua overwhelmed the people of Amalek with the sword.” (Exodus 17:11-13)

Later Rabbinic tradition sees each generation of Jews confronting Amalek. In the Book of Esther, read on Purim, we learn that the evil Haman – the protagonist of Esther – who sought to destroy the Jewish community in Persia, was a descendent of Agag – King of Amalek. The Roman legions who fought the Maccabees and destroyed the second Temple in Jerusalem, were identified with Edom, part of the Amalek nation. More recently, Nazi monsters in Europe plotted the destruction of the Jewish people. Some Rabbinical scholars see them as the spiritual heirs of Amalek. In every generation, to paraphrase the Passover Haggadah, an enemy has risen to destroy us. Evil, though, is not always a ruthless external force. We are all human beings and, as such, morally imperfect. Within each of us reside the inclination for good (Yetzer HaTov) and the inclination for evil (Yetzer HaRah). Life represents a constant battle between these two poles. Amalek is present in every generation, in each of us. We are commanded, each one of us, to blot out the existence of this resident evil. In this fashion we can come closer to our God, in the process of perfecting our world. Perhaps this is the message of Shabbat Zachor? Do Not Forget!

“Samuel said, “Bring forward to me King Agag of Amalek.” Agag approached him with faltering steps and Agag said, “Ah, bitter death is at hand!” (I Samuel 15:32)



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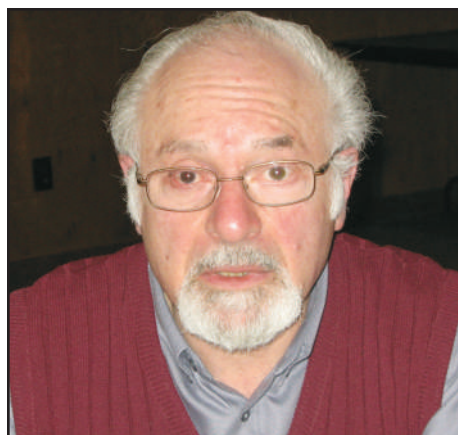
Will Rogers



Jami Schnobelen



Jarad Bernstein



Martin Edelson



Lyanna Lindgren



Rabbi Steven Edelman-Blank

A Special Thank You is extended to all who serve our community in many different ways. Whether you help by serving on a committee, by reaching out when someone is in need, by contributing funds or, in this case, by raising funds.

Fundraising so that others can be strengthened, so that others can have their needs met, is one of the most praiseworthy efforts within Judaism.

On an evening this past February, the Federation Board and guest volunteers, gathered to conduct the Phonathon in support of the 2012 All-In-One Campaign. They did this in addition to their other duties as Board Members of the Jewish Federation, and we are very thankful for their efforts. A total of \$19,624 was raised in about an hour. Will Rogers won a prize for raising the most dollars. Jamie Schnobelen won the door prize.

-Kol HaKavod!



Bruce Sherman and Dr. Harvey Giller

Not pictured:

Julie Olsasky

Krista Pearl

Elaine Steinger

Mark Finkelstein

Tammy Abdulghani



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[the pesky diner]

The Best Fries in Town by Jarad Bernstein



Local blogger Jarad Bernstein is The Pesky Diner, online at www.thepeskydiner.com

The purveyors of the fried goodness that is the subject of this month's article may be surprised to read that I'm not writing glowingly about their most famous dish. The University Library Cafe at 3506 University Ave in Des Moines may be known for their homemade nachos, however it is their french fries that truly steal the show. We'll get to the fries in a bit.

Full Court Press, owners of some of the greatest eating and drinking establishments in our fine town, purchased the nearly 20-year-old University Library Cafe from its founder at the beginning of this year. Although I never once stepped in the place before new ownership took over, anyone who drove by on busy University Avenue was able to see that the nachos served there had won many awards. The new owners knew not to mess with something so popular and from what I understand, not much changed.

The Library Nachos, one of five nacho dishes on the menu, is the only version sans-meat. While they don't disappoint, I wouldn't call them a show-stopper either. The Library Cafe's take on nachos are made in house, flour tortilla chips and all. They are unlike any other nachos you have likely encountered, and not half bad. The chips are airy and greasy in a good way and take well to the standard toppings of beans, cheese, cheese sauce, pico, salsa, sour cream and mild banana pepper rings. At the Library it's about the chips, not the toppings. This is a meal in itself, or goes over well when splitting with your dining partner.

Searching the menu for other suitable kosher-ish dishes will leave you with one: grilled cheese. Here again, I remain a bit underwhelmed. Slices of cheese are melted between two massive hunks of Texas toast. This sandwich is all about the delicious and beautifully grilled bread while the Havarti/American cheese mix seems like an afterthought. It all depends if you go into lunch craving toast or cheese, I guess.

While the nachos and grilled cheese may have left me wanting, the Library fulfilled my desires when it came to sides. Although my doctor may take me to task on this one, I am going to have to say that this place is worth a visit solely based on french fries and onion rings. A side of either will set you back \$1.95 and trust me, you'll be happy to trade a few precarious steps toward a clogged artery for a few minutes of bliss.

While I'd give the rings 7 out of 10 on the flavor scale, the giant portion size surely increases that to an 8.5+. The fries, although a bit smaller in scale than the order of rings, come in at about 20 on that 10 point flavor scale.

I remember a certain local chef claiming that there are few things more important than consistently perfectly cooked fries. They must be: Served hot. Crispy on the outside. A bit potato-y on the inside. Seasoned just right. It's unfortunate to say, but I am mostly disappointed when I eat that local chef's fries. The Library, however, gets it right. Every time and on every account.

So would you go to a restaurant based on a side dish? I sure would and I do. And hey, it doesn't hurt that they have quite a beer selection to boot!

Postscript: The Library Cafe offers breakfast on the weekends, including fried potatoes. I hope to try them soon.

The Palestinian president can make peace with Hamas or Israel, but not both*

Anit-Israel, Anti Jewish

The nature of Hamas, which is considered an international terrorist organization by the U.S. State Department, is spelled out clearly in its Charter or Covenant. Its position is straightforward: "Israel will exist and will continue to exist until Islam will obliterate it, just as it obliterated others before it."

"Israel will exist and will continue to exist until Islam will obliterate it, just as it obliterated others before it."

that broke out anywhere without their fingerprints on it."

Hamas, along with other radical Islamist groups in the Middle East, believe there is a secret Jewish plot for world domination. "Their scheme has been laid out in the Protocols of the Elders of Zion and their present [conduct] is the best proof of what is said there," claims the charter.

The Hamas charter cites and extols the wisdom of al-Bukhari's canonical Hadith: "The hour of judgement shall not come until the Muslims fight the Jews and kill them, so that the Jews hide behind trees and stones, and each tree and stone will say: 'O Muslim, O servant of Allah, there is a Jew behind me, come and kill him.'"

The charter promises three things: Israel's destruction, to "raise the banner of Allah over every inch of Palestine" and to "wipe out the organizations which are the enemy of humanity and Islam".

The Hamas Covenant may be read in its entirety online at http://avalon.law.yale.edu/20th_century/hamas.asp

Adapted from an article by Alan Johnson, 2008.

* See: Palestinian Hamas, Fatah Reach Deal On Unity Government 2/6/12 <http://huff.to/A2vHrP>

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In the Kitchen with Robbie Winick by Karen Engman



Born Marilyn Robinow in Sioux City, she selected the nickname of "Robbie" because her close childhood friend was a Marilyn too. The name stuck and I bet most people have forgotten she was once a Marilyn!

She attended the University of Iowa where she met Marvin Winick, an AZA friend of her brother. Robbie and Marvin were married in 1954 and had three children. Their oldest daughter Laura (55) married Martin Litshutz and lives in Minneapolis and had two "kids;" Sarah Kinive (27) and Michael (23). Ellen Winick (50) lives in Chicago with her husband Gary Mitchiner and their daughter Emma (15) and their son Charlie (11); Steve Winick (48) is engaged to Machele Burstrand and lives in San Francisco and has a son Jacob (15).

Robbie worked in the University

Library while in Iowa City but her most rewarding work experience was opening the Letter Perfect store at Roosevelt Shopping Center with Jeanne Levitt in June, 1978. Jeanne moved to Minneapolis but Robbie ran the store for five more years until she sold it to Toni Urban in 1988.

She began her community involvement with the Young Attorneys Wives organization in 1960 and remained active until "she was no longer young." (those are her words!) Robbie remembers helping Gail Richards with fundraisers for Children and Families of Iowa and working on Variety Club's telethons. She was always busy in the Jewish community, serving on the boards of the Federation, Tifereth Israel Synagogue and Women's League. Maybe serving as chair of the Tifereth Gift Shop readied her for owning her own business. Her favorite volunteer board has been the Iowa Jewish Historical Society, where she is a past president and a board member

since its inception.

Because of her love for flowers, especially roses and geraniums, Robbie loves to garden. Spending winters in Rancho Mirage, CA allows her to enjoy them year round now. Although the Winicks have moved to Grand Avenue, she plans to have geraniums on her balcony. Robbie plays mahjonn and canasta to keep busy and social. As her husband Marvin states: "Robbie just

loves people!"

The Jewish Press thanks Robbie for sharing one of her favorite summer recipes with our readers. It is Charlotte Elmet's Gazpacho which Robbie has been preparing for her friends and family for years. Charlotte has been featured in this column before but not for her delicious gazpacho. If you have a recipe to share or a question about a recipe I can research, call Karen Engman (515-274-3300) or email (aengmandsm@yahoo.com)

Gazpacho

A Recipe from Charlotte Elmet's submitted by Robbie Winick

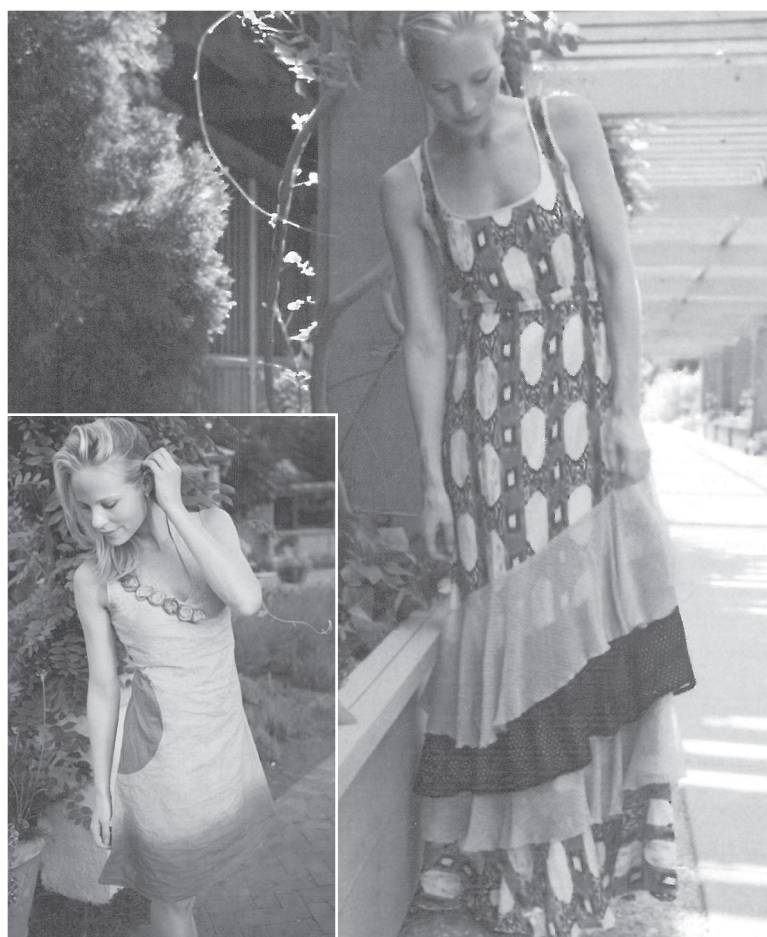
parve

- | | |
|---|---|
| 1 largest can of tomato juice | 1 Tablespoons chives (can use onion tops) |
| 1 cup chopped peeled fresh tomatoes (put into bowl of boiling water for a few minutes to make peeling easier) | ¼ Teaspoon tabasco sauce |
| ½ cup chopped green pepper | 1 small garlic clove, crushed |
| ½ cup chopped celery | 3 Tablespoons tarragon vinegar |
| ½ cup chopped cucumbers | 2 Tablespoons olive oil |
| ¼ cup finely chopped green onions | ½ Teaspoon Worcestershire |
| 2 Tablespoons parsley flakes | Salt, pepper, garlic to taste. |

Mix all ingredients and serve.

If desired, serve with extra cucumbers and green onions on the side.

(Note: In the largest mixing bowl, add all ingredients and it will last a long time in the refrigerator)



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Friday night services through summer will be at 8:00 PM.

Saturday, May 26, Shabbos ends at 9:28 PM, followed by candle lighting for Shavuot Yom Tov, then join us at:

Latte’s & Learning Shavuot Lock-In

11:30 PM-6:30 AM May 26th & 27th

It has long been a tradition to begin studying late at night and study through the night for Shavuot. Join us at BEJ for this time honored event and there will be multiple topics going all night long. For info, or to RSVP (515) 274-1551 x1 or email office@betheljacob.org. Coffee and breaks throughout the night. Please join us and/or consider sponsoring this tremendous mitzvah!

TEMPLE B’NAI JESHURUN

Temple Youth Group

First let us start off with a big Thank You to Dahlia Callistein. On Feb. 12 the Temple had a new members brunch. Dahlia was our head baby sitter for the morning. We are sure that she will pick up a few more jobs in the future. Feb. 24 the Youth Groupers participated in leading services. What a wonderful turnout. How nice to see our entire congregation smiling at everyone on the Bimah. March 11 was one of the best events we have had all year for our 6-8 graders. The Ramada Resort welcomed Ethan Adato, Michael Adato, Emma Baxter, Dahia Callistein, Anna Feldstein, Andy Kaufmann, Hanna Kaufman, Eva Saltzman, Josh Sobel and Sammi Sobel. The kids swam, ate, talked and laughed until it was time to go. Hours of fun for all. A special thanks to Marla Sobel for helping chaperone all the youth groupers. Please watch in the next bulletin for the Story on our Chocolate Seder and Food Fair. Also, please save the date of May 11 at 6:00 pm for our Senior Recognition night. To all of our graduating seniors, we would love to welcome you and your families to the Temple and hear all about your future plans after graduation.

TIFERETH ISRAEL SYNAGOGUE

Lots happening at Tifereth. We hope you’ll join us.
May 2012

Friday, May 4th – 6:00 p.m. YAD Shabbat & Cookout
Sunday, May 6th – 12:00 p.m. Women’s League Luncheon
Wednesday, May 9th – YAD Lag B’Omer at Caspe
Friday, May 11th – 6:00 p.m. Rock Shabbat
Friday, May 18th - 6:00 p.m. Confirmation at Temple B’nai Jeshurun
Sunday, May 20th – 3:00 p.m. Annual Meeting
Friday, May 25th – 8:00 p.m. Kol Shalom Service with Strings
Saturday, May 26th – 4:00 p.m. Zander Leman’s Bar Mitzvah
Saturday, May 26th – Evening Shavuot Study Session
Sunday, May 27th – 9:30 a.m. Shavuot Services
Monday, May 28th – 9:30 a.m. Shavuot Services

June 2012

Sunday, June 3rd – Tifereth Fishing Trip
Wednesday, June 6th – 6:00 p.m. Women’s League Dinner & Fashion Show
Thursday, June 7th – 12:00 p.m. – Senior Luncheon at Tifereth
Friday, June 15th – 6:00 p.m. Friday Night Live
Sunday, June 24th – 2:30 p.m. Tikkum Olam Shelter Dinner
Saturday, June 30th – Iowa Barnstormers Night

Recurring Events:

Minyan: Sundays 9:00 a.m.
Tuesdays 7:00 a.m.

Services: Friday - Shabbat Evening Services – 6:00 p.m.
Saturday - Shabbat Morning Services – 9:30 a.m.

Choir Rehearsals: Tuesdays 7:00 p.m.

S.T.E.P. (Sunday Torah Enrichment Program) led by Michael Kuperman
Sundays 10:00 a.m. – Tifereth Conference Room

Adult Education Classes:

Rabbi Edelman-Blank:

Rabbi’s Study - Following Saturday Shabbat Café each week we explore, discuss and contemplate a different topic each week; afterlife, various Life Cycle events, Jewish ethical opinions and Jewish Mysticism

Conversion Class – Contact the Tifereth office for more information 515 -255-1137

Continuing the Conversation - Class for recent converts or others who want to enrich their Jewish education. Contact Tifereth office for more information 515 -255-1137

CHOIR, NOLLEN STRING QUARTET PERFORM STEINBERG’S KOL SHALOM, MAY 25



The choir of Tifereth Israel Synagogue and the Nollen String Quartet will be performing the service, Kol Shalom on Friday, May 25 at 8 pm at Tifereth Israel. The Nollen String Quartet is made up of members of the Des Moines Symphony Orchestra. The event will be conducted and accompanied on the organ by Francine Griffith. Soloists include Cantor Linda Shivers, Ira Lacher and

several other very accomplished Des Moines singers. Kol Shalom was composed in 1990 and was commissioned by Temple Sholom of Chicago.

The composer, Ben Steinberg, b. 1930, has been the music director of Temple Sinai in Toronto since 1970. Steinberg’s music includes five sacred services (four published - 1963, 1969, 1969, and 1990 - by Transcontinental Music); works for choir and/or soloist and organ or orchestra (some published by Transcontinental Music and Israeli Music Publications); The Vision of Isaiah (1970) for tenor, choir and organ or instrumental ensemble; Yerushalayim (1973) for soprano, choir and orchestra; Echoes of Children (1979), a cantata for soloist, narrator, chorus and orchestra (which won the International Gabriel Award and has twice been televised on PBS) and instrumental works including a suite for flute and string trio based on Israeli folksongs. Steinberg was invited by the city of Jerusalem to be an artist-in-residence in 1978 and 1980; he received the Kavod (Honour) Award of the Cantor’s Assembly in 1983 and that same year received a composer’s award from the American Harp Society for his Suite for Flute, Viola and Harp (1981, commissioned by Suzanne Shulman). A number of temples, synagogues and congregations in the USA commissioned some 18 works from Steinberg between 1980 and 1991. He has also received commissions from Paul Brodie (Suite Sephardi 1980), the Chamber Players of Toronto (Suite for String Orchestra 1983) and Lawrence Cherney (Invocations 1990). Steinberg has presented Jewish music on the CBC, has published articles on it and has given many lecture-recitals on it in Australia, Canada, Japan and the USA.

The Tifereth Israel Choir has been working on learning the music since January and they have been impressed by the beauty and complexity of the music. The choir is enhanced by section leaders LuGene Isleman, soprano, Louis Sachs, baritone and Ed Griffith, tenor. The service is free and all are welcome to join us in celebrating Shabbat with glorious Jewish music.



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SUE LEKOWSKY JOINS THE STAFF AT JEWISH FAMILY SERVICES

[milestones]



With the increasing needs of caring for our seniors, Jewish Family Services (JFS) now employs an assistant to its director, Pat Nawrocki. We are pleased to introduce to you our new part-time staff member, Sue Lekowsky, who has come on board since the retirement of Dorothea Gamal.

Jewish Press: Welcome, Sue. It was a pleasure to attend the Awards Dinner and Gala last November at Beth El Jacob Synagogue at which you and your husband David were recipients of the Annual Award of Merit for longstanding and substantial service to the congregation. At the event, it was noted that you are active in the congregation's Sisterhood, coordinate

synagogue events, chaired the Education Committee and have run the shul's gift shop.

JP: Indeed, it is an honor to welcome you to the staff at the Jewish Federation.

Sue Lekowsky: Thank you.

JP: Sue, what will your responsibilities be with Jewish Family Services?

SL: I will be working closely with Pat and helping with senior programming, volunteers and record keeping. I've known many of our seniors for a long time and it is very rewarding to work with them.

JP: How's your work gone so far?

SL: I like it very much. I've enjoyed learning about the different aspects of how Jewish Family Services helps community members.

JP: What are your hopes in serving JFS?

SL: I hope to bring higher attention to the availability of our program through increased communication with our seniors and to help expand the circle of volunteers we have assisting our seniors.

JP: How can volunteers be helpful?

SL: Well, we try to supply transportation for seniors. That's a major need. Our seniors have doctors appointments, need to pick up medications, they have to shop for groceries and they like to look good and need to visit their beauty shops. So our volunteers take them to wherever they need to go! We can always use more volunteers and they're very much appreciated!

JP: Now knowing how important their help would be, hopefully many of our readers might find time in their schedule ~ a few hours each month ~ to volunteer as drivers for JFS, for which they will be reimbursed for mileage. How can they volunteer?

SL: We'd love to have them. Readers can call and speak either with Pat, 515-987-0899 ext. 210, or myself, at ext. 214.

JP: Sue, your family on your husband's side has a long history in Des Moines.

SL: Yes. I've been here almost 18 years, since David and I were married in 1994. But David is fourth generation at Beth El Jacob Synagogue. And David is third generation in the family business, American Plumbing Supply. We have three wonderful teenagers. And our family enjoys the city, the community and living in Windsor Heights very much.

JP: Thank you for sharing your skills with the community. Lots of good luck in your new position and convey our best regards to your family.

SL: Thank you very much.

Janet Morse Publishes Memoirs



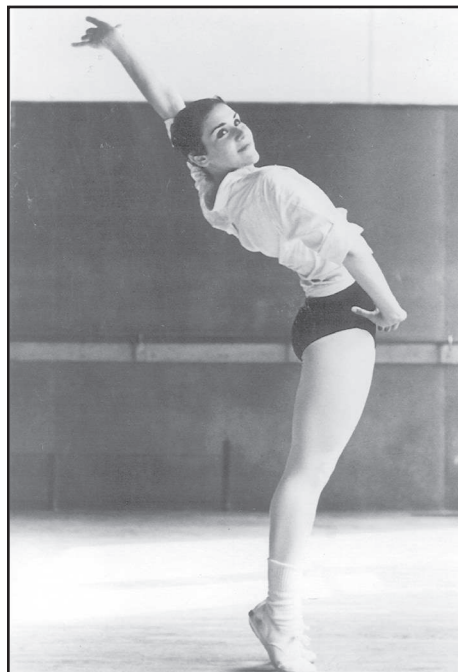
Janet Morse, originally from New York City, has a new success to add to her long career. Her memoirs "Magic - My Life as a Ballet Dancer,"

performance photographs and memorabilia have been accepted by The New York Public Library for the Performing Arts, at 40 Lincoln Center Plaza, New York. They are going to be catalogued and called the Janet Morse Papers or Janet Morse Collection, Janet Morse, Author.

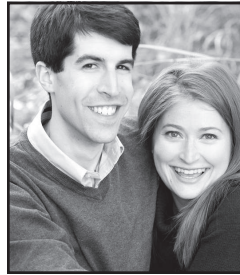
Janet was a professional ballet dancer with the American Ballet Theatre touring Europe, Russia and Cuba for the State Department. Touring the United States by bus and performing at the White House for President John F. Kennedy, from 1960 to 1963. In 1963, she joined the Metropolitan Opera Ballet, dancing mainly solos in opera ballet and Ballet Evenings. Amongst her favorite rolls were The Four Swans in "Swan Lake," Giselle's Friends in "Giselle," Mexicans and Cowgirls in Grey in "Billy the Kid," Carlotta Grise in "Pas de Quattro"

and the Pas de Trios in "LaVentana."

In 1987, Janet retired from teaching dance at Drake University and still continues to teach private lessons. "The love and passion of my life has always been ballet. Now, the love of my life is my cat Sahib."



Engagement



Jan and Jeff Farber of Clive are pleased to announce the engagement of their daughter **Jessica Erin** to **Benjamin David Igielnik**

son of **Debbie and Simon Igielnik** of St. Louis, Missouri. Jessica is the granddaughter of David, and the late Ann Farber of Des Moines, and Arthur and Marilyn Schwartz of Tucson, Arizona.

The bride-to-be graduated from Valley High School in 2003 and earned a bachelors degree in Journalism and Political Science in 2007 from Indiana University. Jessica is a third year law student at Hamline University School of Law in St. Paul, Minnesota. The future groom also graduated from Indiana University in 2007, earning a bachelors degree in Political Science and History. He is employed as a business consultant at Computer Sciences Corporation. An August 2012 wedding is planned.

In Memoriam

We note with sorrow the recent passing of

Harriet Feder

Eli Galinsky

Paul Karpen

Marcia Sue Randolph

B'nai Mitzvah



Please join us as our son **Meier Benjamin Lipman** celebrates his Bar Mitzvah on Saturday, May 12, 2012 at 10:00 a.m. at Temple B'nai

Jeshurun. The Jewish community is cordially invited to a Kiddush luncheon immediately following services.

Andi and Jeff Lipman

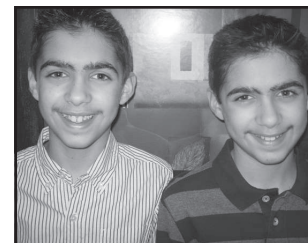


Zander Wolf Leman (Ze'ev Yisrael Meir) will be called to the Torah as a Bar Mitzvah at Tifereth Israel Synagogue on **Sat, May 26th,**

2012, at 4:00 p.m. Please join the Leman family for Kiddush following the service.

Bernard, Dana & Talia Leman

Our sons, **Ethan and Michael**



Adato, will be called to the Torah as B'nai Mitzvah on **Sat, June 23, 2012** at 4:30 p.m.

at Temple B'nai Jeshurun. The Jewish community is cordially invited to join us for this joyous occasion.

Alan and Wendy Adato

[short takes]



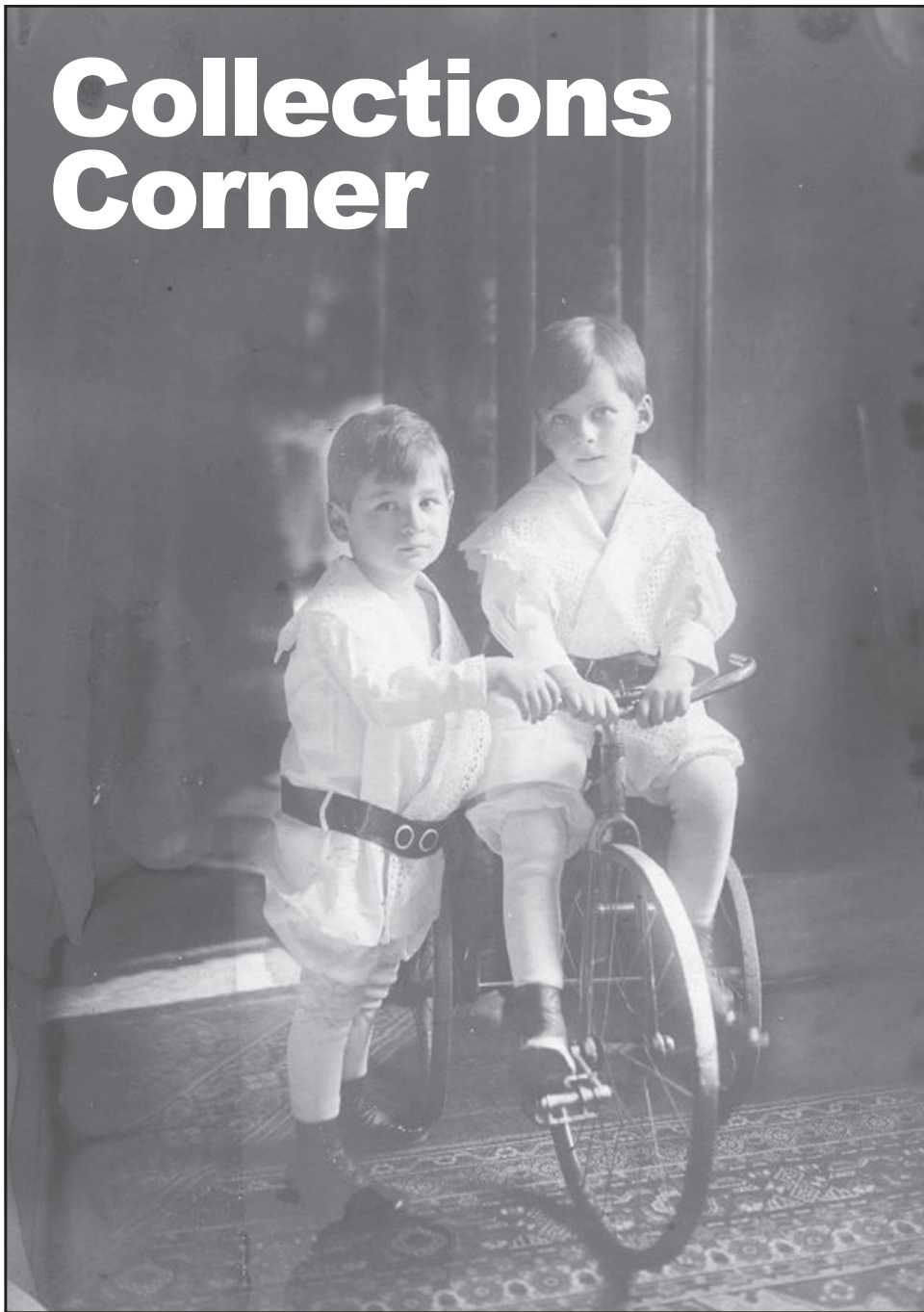
Thankful for contribution to Israeli First Responder Fund, Hatzalah.

Benefactor of Hatzalah, Ron Daniels, along with Federation President Barb Hirsch Giller and Executive Director Elaine Steinger thank Iowa Christian leaders for their generous financial contribution to Hatzalah. The organization, online at unitedhatzalah.org is an independent non-profit fully volunteer Emergency Medical Services (EMS) Organization that assists in responding to medical emergencies throughout Israel. The primary role of United Hatzalah volunteers - trained and certified as EMTs, Paramedics and MD's - is to provide an immediate response within 2-4 minutes from the onset of an incident.



UNI Director Yashar Vasef spoke to Jewish Federation leadership on the crisis with Iran from his perspective as a Persian American. From left: JCRC Chair Steve Schoenbaum, Vasef, Rabbi David Kaufman, JCRC member Jarad Bernstein.

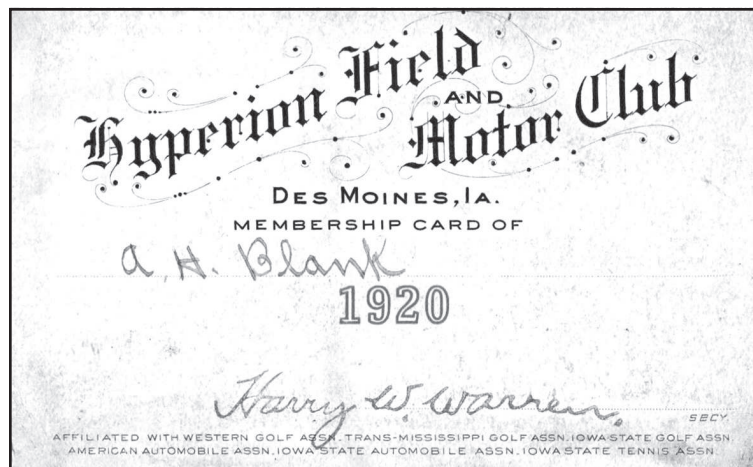
Collections Corner



Photograph of Myron and Raymond Blank, 1916. Raymond, a journalist, passed away in 1943; Myron became well-known for his work in the movie industry.

The Iowa Jewish Historical Society has been busy this spring! In addition to our event honoring Iowa's Jewish veterans, which was held on April 22, 2012 at The Caspe Terrace, the collections staff has been hard at work. We thought we would highlight some of our projects in this issue's "Collections Corner."

Membership card for the Hyperion Field and Motor Club. Movie theater owner and philanthropist A. H. Blank received this card in 1920.



Grantfunded Collections Assistant Sarah Carlson spends her 12 hours each week cataloging the historical collection. In just a few months she has already cataloged almost 1,000 items including books, wedding dresses, photographs and

artifacts from Iowa's Holocaust survivors. Sarah uses the searchable PastPerfect database to catalog each artifact. This includes writing a description of each item, documenting donor information and noting the item's location. She also adds photographs of selected items and examines each item's physical condition. Lastly, Sarah repacks each artifact using archival (acid-free) storage materials. Sarah's position was made possible by a REAP/Historical Resource Development Program Grant from the State Historical Society of Iowa.

Collections Manager Lindsey Smith spends her 12-hour work week wearing many hats. In addition to managing and helping Sarah with the collection inventory, Lindsey oversees IJHS collections volunteers including David and Ellen Arkovich, who are inventorying the Society's expansive collection of video tapes. Volunteers are vital to our success and we appreciate their assistance. Lindsey also works with current donors to add relevant artifacts to the IJHS collection. The Society strives to document all aspects of Jewish life and history throughout the state of Iowa.

Work is still progressing on the Blank Family Collection, a grant-funded project that has allowed us to catalog, photograph and properly preserve the 750+ item collection. Lindsey has completed most of the cataloging, scanning and data entry, while Sarah and board member and volunteer Janice Rosenberg have been photographing the collection's scrapbooks and larger items. So far over 1,000 digital images have been created to document the collection. Later this year, the Blank Family Collection will be available to search and view via our website. In the future, the entire IJHS collection will be searchable online.

The Society's recent veteran's recognition event provided an opportunity for Iowa's Jewish veterans and their loved ones to share photos and artifacts with us. We received many wonderful items which we are excited to add to the collection.

We also had the opportunity to highlight our current collection by updating and expanding the military display in the Caspe Heritage Gallery.

In addition, the three Holocaust displays and a small athletic display were

updated in preparation of a school field trip and our open hours. Unless otherwise posted, the Gallery is open to the public on the last Sunday each month from 11-2. The Gallery is also open by appointment. The collections team has some great ideas for future exhibits so be sure to stop by and see the changing displays!

If you are interested in volunteering at the Iowa Jewish Historical Society or donating items to the collection, please contact Lindsey at Lindsey@dmjfed.org or call (515) 987-0899 x216.



Thelma Kardon, standing in front of the 2nd WAAC Training Regiment, U.S. Army, at Drake University in March, 1942. The first training center for the Women's Army Auxiliary Corps, or WAAC, was located at Fort Des Moines.



The IJHS worked with the Iowa Jewish Senior Life Center to digitize over 300 images in their collection. The Life Center retains the originals, while the Historical Society maintains digital copies.

[calendar]

[arts]

may • june

Thursday, May 3	7:00 PM
Sunday, May 6	9:30 AM
Sunday, May 6	11-5 PM
Sunday, May 6	12:30 PM
Wednesday, May 9	4-7:30 PM
Saturday, May 12	10:00 AM
Sunday, May 13	9:30 AM
Wednesday, May 16	
Thursday, May 17	11:30 AM
Friday, May 18	6:00 PM
Sunday, May 20	
Sunday, May 20	11:30 AM
Tuesday, May 22	5:15 PM
Wednesday, May 23	6:30 PM
Saturday, May 26	4:00 PM
Monday, May 28	
Thursday, June 7	11:30 AM
Saturday, June 9	9:00 AM
Thursday, June 14	6:00 PM
Tuesday, June 19	11:00 AM
Thursday, June 21	6:30 PM
Saturday, June 23	4:30 PM
Sunday, June 24	10:00 AM

Walid Phares speaks at Drake University
Scrapbooking class at Caspe Terrace
Food Fair at Temple
Glamour Glass Demo at Tifereth
Family Lag B'Omer Program at Caspe Terrace
Lipman Bar Mitzvah at Temple
Scrapbooking Class at Caspe Terrace
Last Wednesday class for JFCS
Senior Luncheon at Temple
Confirmation at Temple
Last Sunday class for JFCS
Community BBQ at Caspe Terrace
Federation Board Meeting at River Trace Apartments
Erev Nashim at Kabob House
Leman Bar Mitzvah at Tifereth
Federation Offices closed for Shavuot and Memorial Day
Senior Luncheon at Tifereth
Lekowski Bar Mitzvah at Beth El Jacob
Engman Camp Shalom Orientation and Dinner
Senior Trip to Prairie Meadows
Erev Nashim at Tartine
Adato B'nai Mitzvah at Temple
Federation Annual Meeting at Caspe Terrace

BEAR IN THERE

by Shel Silverstein

There's a Polar Bear
 In our Frigidaire--
 He likes it 'cause it's cold in there.
 With his seat in the meat
 And his face in the fish
 And his big hairy paws
 In the buttery dish,
 He's nibbling the noodles,
 He's munching the rice,
 He's slurping the soda,
 He's licking the ice.
 And he lets out a roar
 If you open the door.
 And it gives me a scare
 To know he's in there--
 That Polary Bear
 In our Frigidtydaire. *(from allpoetry.com)*

Sheldon Allan "Shel" Silverstein (1930 - 1999), was an American poet, singer-songwriter, musician, composer, cartoonist, screenwriter and author of children's books. He styled himself as Uncle Shelby in his children's books. Translated into more than 30 languages, his books have sold over 20 million copies. One of his most famous books of poetry is "Where the Sidewalk Ends," written in 1974. Silverstein's "A Boy Named Sue" won a Grammy in 1970.

Silverstein was born in Chicago into a Jewish family. A world traveler, later in life, Silverstein divided time between his favorite places such as Greenwich Village, Key West, Martha's Vineyard and Sausalito, California.

wikipedia.com



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