



THE GREATER DES MOINES

Jewish Press

Published as a Community Service by the Jewish Federation of Greater Des Moines online at jewishdesmoines.org • volume 27 number 5

Engman Camp Shalom

- page 4



Senior News

- page 6



Campaign Phonathon

- page 8

Jewish Federation Community School Moves to The Caspe Terrace



Groundbreaking ceremony, November 2010

The Jewish Federation Community School is proud to announce that on April 18th we moved into our new religious school building located on The Caspe Terrace grounds at 33158 Ute Avenue in Waukee. The building itself is separate but connected to the entrance of the Staroselsky Clubhouse through a closed-in walkway.

The staff, students and the community-at-large are excited to begin using the new eight classrooms, as well as our offices and the teachers' resource room, to further the education of our community youth. We not only have this beautiful new building but we now have access to the Bucksbaum Auditorium, Bookey Lodge, kitchens and an arts and crafts workroom. Our students will also have the opportunity to learn about the history of the Jews of Des Moines when visiting the Caspe Heritage Gallery of the Iowa Jewish Historical Society. Many of our students and families are familiar with Caspe from attending Engman Camp Shalom. Campers and students will now make use of the Kirsner Family Playground that has been relocated to the north side along the wonderful Alex Richards Pavilion for those warm, sunny mornings and afternoons of the school days.

Joining us at Caspe is the Jewish Federation of Greater Des Moines who was in dire need of a new home. The Federation's administrative staff will share an office with JFCS in the new building and the other staff will use the newly finished ground level of the Staroselsky Clubhouse.

continued on page 12

Shavuot

Begins The Evening Of June 7

Shavuot, the Festival of Weeks, is the second of the three major festivals with both historical and agricultural significance (the other two are Passover and Sukkot). Agriculturally, it commemorates the time when the first fruits were harvested and brought to the Temple, and is known as Hag ha-Bikkurim (the Festival of the First Fruits). Historically, it celebrates the giving of the Torah at Mount Sinai, and is also known as Hag Matan Torateinu (the Festival of the Giving of Our Torah).

The period from Passover to Shavuot is a time of great anticipation. We count each of the days from the second day of Passover to the day before Shavuot, 49 days or 7 full weeks, hence the name of the festival. Shavuot is also sometimes known as Pentecost, because it falls on the 50th day. The counting reminds us of the important connection between Passover and Shavuot: Passover freed us physically from bondage, but the giving of the Torah on Shavuot redeemed us spiritually from our bondage to idolatry and immorality.

It is noteworthy that the holiday is called the time of the giving of the Torah, rather than the time of the receiving of the Torah. The sages point out that we are constantly in the process of receiving the Torah. that we receive it every day, but it was first given at this time. Thus it is the giving, that makes this holiday significant.

continued on page 12

Join us at the Federation's Annual Meeting Celebration Sunday, June 5

10:30 am - noon at The Caspe Terrace

- State of the Federation address by Pres. Judy Deutch
- Honoring out-going officers and board members
- Presentation of slate of officers for election:
 - Barbara Hirsch-Giller, President
 - Stuart Oser, President-Elect
- Sneak Peek the new JFCS school wing and new offices of the Federation
- Pancake brunch
- Children's Activities
- Caspe Heritage Gallery opens at noon.

For additional information or for transportation, contact tammy@dmjfed.org or call the Jewish Federation's new phone number at The Caspe Terrace, (515) 987-0899.



THE FEDERATION HAS MOVED TO THE CASPE TERRACE!

Our new address is:

**Jewish Federation
of Greater Des Moines
33158 Ute Avenue
Waukee, IA 50263-7538**

Our new phone number is 515-987-0899
We're online at www.jewishdesmoines.org

Jewish Federation of Greater Des Moines
33158 Ute Avenue
Waukee, IA 50263-7538

Address Service Requested

Non-Profit
Organization
U.S. Postage
PAID
Des Moines, IA
Permit No. 2506

[inside]

- 6 **FREE JEWISH GENETIC TESTING**
- 7 **TORAH TALK BY DAVID FRIEDGOOD**
- 10 **THE PESKY DINER: JARAD BERNSTEIN**
- 11 **CHEF DU JOUR BY KAREN ENGMAN**
- 14 **CASPE HERITAGE GALLERY OPEN HOUSE**



“my federation...”

Rabbi and I moved here from Galveston, Texas in August, 1970. Our 3 kids were in 3 different schools. My first years here were busy acclimating to their and my new situations [mine as “rebbitzen” of Beth El Jacob].

In 1975, I was elected to the Board of Governors of the Federation. In 1976, Jerry Furman, Federation director, resigned and talked the board [and me] into being acting director. I became familiar, very quickly, with the functions of the Federation and, of course, its agencies. This experience clearly made me aware of all the good works done locally and overseas.

After 10 months in this capacity, working with the campaign, Bureau of Jewish Education, Iowa Jewish Senior Life Center, Jewish Community Relations and many other sub-committees, Jay Yoskowitz “OBM” (Of Blessed Memory), was hired as new director.

I thought I’d go back to a ‘quieter’ life. Jay, however, wanted to create a Senior Adult Program. He asked me to set up and direct it. I did and ran this office until I retired in 2000. We were fortunate to have transportation [several buses over the years]. This allowed us to pick up seniors for medical appointments, grocery shopping, weekly lunches, day trips and many fun over-night trips. We had good times in Iowa, Illinois, Missouri, Minnesota, Kansas and Nebraska.

In 1981, my office moved to the new Life Center so that I could incorporate being in charge of volunteers at that facility.

I am happy to see the current Senior program being directed by Pat Nawrocki, an experienced social worker. She is a very caring, helpful person and we’re lucky to have her.

After being in this great community for over 40 years, I have had numerous occasions to see, at close hand, how much good the Jewish Federation has done, is doing and can do B”H” (Praise G-d) for our community. Elaine Steinger is doing a fine job of continuing the tradition.

We all need to make use of the Federation’s offerings in our lives and must support activities with our presence and our dollars.

– **Shirley Berg**



Thank you for supporting the
All-In-One Campaign

Share your story. Tell us how the Jewish Federation has impacted your life. Send an e-mail to tom@dmjfed.org or call Tom Wolff at (515) 987-0899.



Judy Deutch
President

L'Dor V'Dor – Evolving Traditions

What has your Federation been doing lately?

- Engman Camp Shalom begins on June 20th and preparations are underway. It looks like an exciting year with Jeremy Schwartz returning as our camp director.
- Our Planning & Budgeting Committee met in early April to determine how to allocate every dollar you pledged in this year's Campaign.
- JCRC has developed a new Facebook page called Jewish Current Events. The page, which is open to all and to which people may add comments, is found at facebook.com/JewishCurrentEvents.

There's always the challenge of finding the right balance to be true to our traditions yet flexible enough to evolve to be relevant for today and tomorrow. Change generates excitement, innovation, and activity. I'm particularly proud of three evolving traditions in our Jewish community.

JFCS

Our Jewish Federation Community School will be located at Caspe Terrace, starting this fall. For decades the school has been housed either at TI or TBJ and every other year teachers had to move their supplies, totally set up their classrooms, and adjust to their new classrooms. There were many years when the school shared space with the DMJA. Now children will feel genuine ownership in their new building, as it has been built for them, thanks to many generous member of our community.

Federation Offices

As many of you know, for 33 years the Federation's office has been housed in a small house on Tifereth's property. Through the years it has become woefully inadequate as far as space, accommodating new technology, and accessibility. The new offices have moved to Caspe in early spring. This change will allow for the better use of shared resources, enhanced communication and better efficiencies.

New Leadership

On June 5th we will have our Annual Meeting and will install Barb Hirsch Giller as our new president along with other new members of the Board of Directors. It's always exciting to get brand new individuals involved with the Federation as well as welcoming back people who have been involved in the past. The Nominating Committee will announce the new proposed slate very soon. I hope to see you at our Annual Meeting.

In my last bulletin article I asked for volunteers to help with our Senior Activities through Jewish Family Services. Several individuals were interested and I'm pleased they want to give back to our community in such an important way.

Our Jewish Family Services could not do all it does without the generosity of the Tobis Fund. This year the Tobis Fund provided a \$29,000 grant. This money is used for environmental modifications such as shower grab bars, transfer tub benches and shower heads and basic needs for seniors such as assistance with grocery expenses and medicine. Additionally, a \$12,000 OASIS grant facilitates senior support services including trips to the doctor, pharmacy, etc. The seniors who benefit as well as our entire community are grateful for the on-going support from the Tobis Fund.

It gives me great comfort to see how the Des Moines Jewish community continues to evolve, as we strengthen and grow.

- Shalom, Judy

HOLOCAUST REMEMBRANCE DAY COMMEMORATION SUNDAY MAY 1

7:00 pm at Temple B'nai Jeshurun

Film to follow service:

The Wannsee Conference

On January 20, 1942, Nazi Party and Reich government officials met secretly for 85 minutes to plan the "Final Solution of the Jewish Question." This award-winning film uses actual notes from this fateful meeting. "Mesmerizing... Unlike any other Holocaust film I've ever seen, it finds a voice for dealing with matters that are, after all, not unspeakable." – Vincent Canby, *The New York Times*

THE JEWISH COMMUNITY'S ISRAEL INDEPENDENCE DAY CELEBRATION! SUNDAY, MAY 8

7:00 pm at Temple B'nai Jeshurun

Israeli Food!

This program is sponsored by Temple B'nai Jeshurun, Tifereth Israel Synagogue, Ames Jewish Congregation and the Jewish Federation

(The program will be followed by the Temple's Mother's Day Beit Cafe' with Louis Dean)

"The Troublesome History of the Arab-Israeli Conflict" May 23

6:30 pm at the Des Moines Public Library

On Monday, May 23, in the meeting room at the Central Library, professor and historian Dr. Arthur Pitz from Blackhawk College in the Quad Cities will discuss the troublesome history of the Arab-Israeli conflict looking especially at the root causes and key issues. Dr. Pitz will provide a balanced presentation of this conflict by looking at the viewpoints from both the Arab and Israeli communities. He has traveled many times to Israel and the Palestinian territories. In 2010 he spent a month in the region where he was briefed by the Foreign Ministry of Israel, traveled to the Israeli towns adjacent to Gaza, and visited the West Bank and a Palestinian refugee camp.

This presentation, sponsored by the Jewish Federation of Greater Des Moines, is open to the public and is FREE. No reservations are required. For more information contact jcrc@dmjfed.org or call the Jewish Federation at (515) 987-0899.

Recent Graduates

Send a photo and announcement by May 23, for publication in the July/August '11 edition. Jewish Press, 33158 Ute Avenue, Waukee, IA 50263-7538 or by e-mail to jcrc@dmjfed.org

THE GREATER DES MOINES

Jewish Press

Published 6 times annually by the Jewish Federation of Greater Des Moines under the auspices of the Jewish Community Relations Committee

JEWISH PRESS CHAIR

Heidi Moskowitz

EDITORIAL BOARD

Debbie Gitchell

Harlan Hockenberg

Sheldon Rabinowitz

Mark S. Finkelstein, Editor

Thomas Wolff, Art/Marketing Director

.....

JEWISH FEDERATION

EXECUTIVE COMMITTEE

Judy Deutch, President

Don Blumenthal, Vice President

Barb Hirsch-Giller, President-Elect

Stuart Oxer, Treasurer

Jule Goldstein, Secretary

Beth Ohringer

Wm. "Jake" Jacobs

Neil Salowitz, Immediate Past President

Elaine Steinger, Executive Director

AGENCY CHAIRS

Caspe Terrace Facilities

John Mandelbaum, Chair

Caspe Terrace and

Special Programming

Julie Seidenfeld Olsasky, Co-chair

Wendi Harris, Co-chair

Education

Brian Pearl, Chair

Jewish Community Relations

Steve Schoenebaum, Chair

Jewish Family Services

Jule Goldstein, Chair

.....

The Greater Des Moines Jewish Press

33158 Ute Avenue

Waukee, IA 50263-7538

515-987-0899 jcrc@dmjfed.org

Opinions expressed in The Greater Des Moines Jewish Press are not necessarily those of the Jewish Federation of Greater Des Moines, its committees, or its staff. Unsigned editorials express the opinion of the paper's Editorial Board.

Inserts to the Jewish Press may not necessarily bear endorsement of the Jewish Federation

We are always happy to consider articles and information for publication.

We reserve the right to edit submissions.

Vol. 27, No. 5, May/June 2011



Jewish Federation
OF GREATER DES MOINES

JEWISH FEDERATION COMMUNITY SCHOOL

Religious school classes will be over soon and I hope you have a fantastic summer. During this time, there are many “family” opportunities to continue your Jewish learning. Remember, you don’t stop being Jewish just because religious school is over. Judaism is a religion that requires life long learning. There is still so much to know, understand and learn. Summer is a time when you can prove that being Jewish is something you are – not just something you do. The following are suggestions of things to do that are fun and will provide wonderful moments with your family.

Summer Reading - The simplest thing you can do is to continue reading Jewish books. It is a great time to read chapter books and explore all kinds of Jewish interests. Every trip to the library can be a search for something interesting and exciting. The times you set aside for reading together can also be times of wondrous conversation. Don’t forget that your synagogues also have libraries and are open during business hours during the week. The Jewish Education Center of Cleveland (www.jecc.org) has a list of notable children’s books of Jewish content, a juvenile literature list and a selected list of adult books. The Association of Jewish Libraries (AJL) is also another great site. www.jewishlibraries.org.

Day Camp - Attend Engman Camp Shalom (ECS) day camp. Statistics show that a Jewish summer camping experience (overnight or day camp) will make the greatest impact on our children’s Jewish future. While sleep-away camp is the part of this process that packs the real wallop, the process begins with Jewish day camp. At ECS, you will not only make new friends but also see many of your religious school friends. ECS begins June 20 and runs through August 12.

For information, contact Lyanna – jfcsdm@gmail.com.

Play Dates – One of the things that will most greatly influence the success for your child’s experiences in religious school is the amount of connection that she or he feels with their classmates. That connection is most specifically built through friendships. Summer is the perfect time to help your child “play” with other children in his or her religious school class and summer is the perfect time to create or deepen your relationships with other families at the same time. Think of summer as a great time to build relationships and community.

There are also many Jewish learning opportunities on the internet. Some of the sites that I have found are:

www.jewsinsports.org – This site tells about the largely under-appreciated story of Jewish athletes, from the famous to the unknown. The American Jewish Historical Society presents this digital archival record of the proud legacy of Jewish athletes, and how each one’s accomplishments in the world of sports reflected on his or her particular society and era.

www.j.co.il – This site was created to be a Jewish oriented site that would be educational, fun, simple to use and friendly. The site has something for everyone and there are updates every month. Information on this site includes Hebrew sign maker, Jewish Wisdom Database, Jewish Trivia Database, Jewish coloring book, Israel Geography Game, Jewish Trivia Quiz, My Hebrew Dictionary, My Hebrew Name, My Hebrew Picture Dictionary . Jewish and Israel Hotsites, and many more.

www.jvibe.com - JVibe is your place - speak your mind, learn from others, explore your world, find people with similar interests and make new friends from around the globe. Teens are the content, they offer a forum to be heard. Work with the JVibe staff to contribute your writing, ideas and feedback. Send them to info@jvibe.com. JVibe hopes to bring together teens from across the globe to bridge the gap of language barriers, geographical boundaries, and religious backgrounds. We hope you can show us that by using technology, Jewish youth are united from around the world. At JVibe, you will find new avenues for Jewish expression and a new perspective to explore Jewish culture and opportunities.

www.torah tots.com – This site was developed for the sake of spreading the joy of learning Torah in a fun and exciting way. There is a wealth of knowledge at this site created for children and adults. The site does not specify any specific religious affiliation. However, some of the information slants towards Orthodox.

As always, if you have any questions, please contact our office at 987-0899. – Lyanna Lindgren, Director, JFCS

ENGMAN CAMP SHALOM BEGINS JUNE 20



Engman Camp Shalom 2010 was a wonderful camping experience for many Jewish children. This year should be even better! Engman Camp Shalom is an eight-week program and is located at The Caspe Terrace, 33158 Ute Avenue in Waukee. Our Camp begins on Monday, June 20 and runs through Friday, August 12.

Many new and exciting ideas and programs will be introduced this summer. Jeremy Schwartz has been our asst. director for the last three years and will return as director.

Our staff has been hand-selected to provide the highest quality of care. We will have one Shlichah coming to our camp this summer. Her name is Sapir Suis and she will share her own individual skills and experiences as well as sharing her knowledge and love of Israel through Israeli Culture. During the summer, Sapir will live with our host families for a two-week period. If you and your family are interested in housing Sapir, please contact Lyanna at 987-0899.

Our theme for this summer is “Heroes and Values.” Campers will learn about specific values from heroes in the Torah through today. They will hear stories about specific events to exemplify and personify these values. Special projects, crafts, and other experiences encourage growth to become their own personal heroes and put these values into practice. Values we will focus on are: respect (Kavod); peace (Shalom) and Kindness/Caring; Freedom/Hope (Herut & Tikvah); Responsibility; Trustworthiness/Honesty; Fairness/Justice (Tzedaka) Mercy; and Leadership Making/Courage (Ometz Lev).

Besides these themes and values, our daily schedule includes instructional athletics where campers will practice teamwork, cooperation and try new and exciting sports activities, and campers will be able to enhance their hidden talents through dance, singing and cooking. On Thursday campers will enjoy the afternoon swimming at Valley View Aquatic Center. On Friday, we will continue to have our morning field trips followed by our bbq hot dog lunch and expand in the afternoon with our Shabbat Extravagaza.

Swimming lessons will still be offered at the Y in Waukee, which is only five minutes away. We will continue with our morning transportation to The Caspe Terrace. This year, because of reconstruction at Tifereth Israel Synagogue, our before care and transportation drop off will be at Temple B’nai Jeshurun, 5101 Grand Avenue in Des Moines. Our second am pickup location will still be at Valley West Mall – Dart bus pickup.

Summer camp is a special place for a child to relax, grow and flourish in a safe and spirited environment. The priceless summer season equips your child with many social and physical skills. Engman Camp Shalom is a summer alternative that goes beyond recreation; it’s where learning and life take place. Make camp an asset to your child’s total growth experience. Be a part of Engman Camp Shalom!

To help reduce some of our costs, you should have received an email with our new brochure during the end of March. If not, please contact our office at 987-0899 or email Lyanna at jfcsdm@gmail.com. We look forward to seeing you this summer! – Lyanna Lindgren, Director, Engman Camp Shalom

Israeli Shlichah To Join Engman Camp Shalom

For the sixteenth summer, Engman Camp Shalom has had the wonderful opportunity to add to our staff an Israeli shlichah or ambassador. The summer shlichim program of the Youth and Hehalutz Department of the State of Israel is committed to providing summer camps in the United States with qualified, professional staff from Israel to add a unique Jewish-Israeli dimension to the camp program. All shlichim have completed their service in the Israel Defense forces and an intense training program with other shlichim who will also be coming to the US this summer to work at Jewish camps.

I am happy to introduce to you Sapir Swisa, our shlichah for this summer. She will be arriving in Des Moines the first part of June. Sapir is from Hosen, Israel, where she lives with her parents and three siblings. Her experience as a counselor includes three years working with 8-14 year olds at the B’nei Hamoshev Youth Movement and one year for a Jewish Agency Program in England with first and second graders. In the IDF (Israel Defence Force), she was a commander of the Logistics Unit. Her hobbies and interests include computers, graphics, videos, and hiking. She is excited to share her love of Israel with our campers through her energetic and charismatic nature.

Each summer we ask our community members to host our shlichah. A host family takes in a shlichah for two weeks as they become part of that family. Lifelong friendships have been made through this program. If you would like to be a host family this summer or would like to invite Sapir to your house for Shabbat dinner or any other evening with you and your family, please call Lyanna at 987-0899. Having the opportunity to bring young Israelis to Des Moines is another way your Jewish Federation of Greater Des Moines All-in-One Campaign dollars are working. Thank you for your support.



Noah's Ark
Ristorante

One Owner, One Name, Family Run Since 1946
2400 Ingersoll, Des Moines • 288-2246
 Mon-Thurs 11am-11pm; Fri & Sat 11am-Midnite; Never on Sunday

CARRY OUT SERVICE • BANQUET & PARTY ROOMS AVAILABLE FOR UP TO 100

Your Family's Favorite Restaurant is Just Minutes Away!

In our Israel Partnership Region, the Western Galilee

Local Entrepreneur Helps a 5-Star Hotel Rise in Acco



For comfort, there's nothing like a 5-star hotel. A 5-star hotel is a world class hotel, a guarantee of luxury and excellence of service. And Israel has its share of them! But until now they've only been located in Israel's most well-traveled cities. Coming soon, there will be one in Acco, in our Israel Partnership region, the Western Galilee. It's hoped that the exquisite hotel being planned will help attract additional tourists and business-people to this relatively neglected, northwestern part of the country. And for good reason. Acco on the Mediterranean is a gem. (Its name is alternately spelled as Akko and Acre.)

Now, Acco is indeed a city of long and continuous historical significance dating back to antiquity and has been recognized by UNESCO as a World Culture Site. In perhaps its most colorful period, Acco was a Crusader city, captured from the Arab caliphate in 1104 during the First Crusade and made the chief port in the land. In fact, this city, surrounded by walls for defense, was the final stronghold of the Crusader state before its fall to the Sultanate in 1291.

As part of the region's objective to restore the Old City of Acco to its glory, a company has purchased a very famous historical landmark, close to Acco's fabulous marina. It's called the Khan al Umdan, an inn (khan) which when it was built in the late 1700s was one of the finest and largest facilities in the entire Middle East. As one can still see when touring the site, it was a two story structure, with a tower, surrounding a courtyard. As described, "historically, the upper level functioned as a hostel for traders arriving from far and near, and the lower level was used as storage for merchandise, while camel caravans traded in the courtyard." Next door to the khan stood a Turkish bath!

One of Des Moines' pre-eminent

entrepreneurs, Ron Daniels, is an investor in the project. Ron, who is president of Beth El Jacob Synagogue and who lives part time in Jerusalem, was enthused by the project, which is called 'Pillars of Acco' and shared the news with the Jewish Federation's staff. Federation's staff was, of course, delighted to hear the news because of Federation's longstanding relationship with the Israel Partnership/Partnership 2000 and Acco. Des Moines is one of the now sixteen Jewish American communities within the Partnership's Central Consortium, demonstrably Partnership 2000's most productive among the consortiums.

Ron noted that the plans call for the construction of 121 extra-large rooms, like suites, and that the hotel will be designed in neo-late 18th century Levantine style with tower and arches, a mezzanine, and a modern glass-enclosed rooftop. Within the hotel there will be a high-cuisine restaurant, spa, swimming pool and cafe. The project, he said, is being coordinated with the city planners and will fit in along with continued archeological work, enlargement of the ancient harbor, and additional projects to accommodate the temporary housing needs of a range of prospective visitors. As a P.S., Mr. Daniels cordially added that "Ilan Ankava, who is the managing partner of this exciting project, is available to those who want to join Abe Wolf and Issac Sivi and myself in this highly profitable venture."

This is all very exciting and important to the development of Acco, the Western Galilee, and to the economy and prestige of Israel. We wish great success to "The Pillars of Acco" and commend all who have taken a role in it.

One can view the renderings online at www.pillarsofakko.com. Pictures of Acco may be found at www.gemsinisrael.com.

Israel To The Palestinian Authority: ERASE INCITEMENT, START TEACHING PEACE

by Itamar Marcus and Nan Jacques Zilberdik

The Palestinian Authority and its leaders share the blame for the murders of the five Israelis from Itamar in March - including two children and an infant - along with the terrorists who committed them. It is the PA and its leaders who have prepared the ground for these murders with the incessant incitement to hatred and the glorification of violence and terror.

In spite of its conciliatory statements in English, the PA continues to use all the structures it controls to demonize Israelis and to promote violence. Terrorists are presented as heroes and role models for Palestinians, teaching that killing Israelis

is a way to earn eternal fame.

Just two months ago, PA President Mahmoud Abbas sent a clear message of support for terror when he awarded \$2000 to the family of a terrorist who attacked IDF soldiers. Last week, the PA's official daily Al-Hayat Al-Jadida announced a football tournament named after Wafa Idris, the first female Palestinian suicide bomber, and three weeks ago PA TV, which is under the direct control of Abbas's office, broadcast videos glorifying the terrorist Habash Hanani, who in May 2002 entered Itamar and murdered three Israeli students. *continued on page 12*



ACT/SAT PREP

SAT and ACT prep for students seeking **DRAMATIC** score improvements.

- ✓ 1-1 instruction for SAT and ACT
- ✓ Critical reading, writing, and math
- ✓ Proven teaching methods
- ✓ Test-taking strategies
- ✓ Flexible scheduling
- ✓ Trained, experienced teachers

Call today and receive

\$100 off

your child's academic diagnostic evaluation.

At Huntington Learning Center, we've been helping students improve their SAT and ACT scores since 1977.



www.huntingtonlearning.com

Serving you in two convenient locations!

6305 Mills Civic Parkway Suite 3109 West Des Moines, IA 50266 Phone: 515-225-6320	1802 Delaware Ave. Suite 111 Ankeny, IA 50021 Phone: 515-965-3864
--	--



Hadassah's great family of women is built on shared passions. On Jewish values. On personal values. Values that may shift as we grow, but which stay close to our collective heart and soul.

ENRICH YOUR LIFE. HADASSAH. FOR NOW. FOR LIFE.
 Celebrate 100 Years of Hadassah with a \$100 Lifetime Enrollment.

This celebration price is valid January 1 - December 31, 2011.

Become a Life Member Today!

Contact the Upper Midwest Region of Hadassah Office
 Toll-Free: (877) 255-1063

www.uppermidwest.hadassah.org

Enroll online at www.hadassah.org/100

Hadassah, Upper Midwest Region Office,
 5955 Golden Valley Road, Ste 206, Golden Valley, MN 55422



No deductions taken for previous payments. Payment plans excluded from offer. A portion of the Life Membership/Associate enrollment fee is allocated for a subscription to *Hadassah Magazine*. In keeping with IRS regulations, membership dues/enrollment fees are not considered to be tax-deductible contributions.

©2011 Hadassah, The Women's Zionist Organization of America, Inc. Hadassah is a registered trademark of Hadassah, The Women's Zionist Organization of America, Inc.



senior news

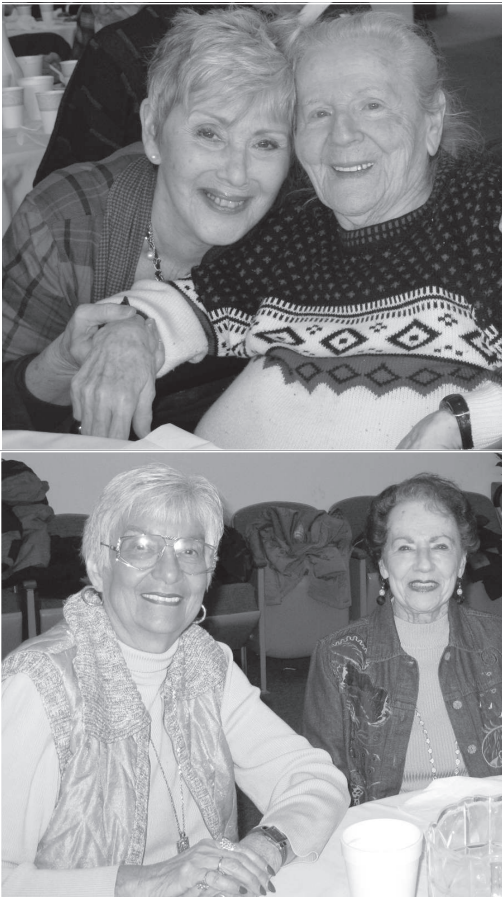
Wanting to get out more and socialize?
Needing assistance with transportation to senior luncheons, doctor appointments, grocery store, and other appointments?
Seeking information regarding services you need in the home?

GIVE US A CALL at Jewish Family Services and a staff member or volunteer will assist you with these services. Please call Lois Brown, Transportation Coordinator, at 313-8902 or Pat Nawrocki, Project Services Manager, at 987-0899.

Upcoming Luncheons:

Thursday, May 12, 12:00 Noon at Beth El Jacob Synagogue- We are looking forward to another informative presentation by Sherry Knox, from Polk County Crisis and Advocacy Services. (Remember Sherry was to speak at our February luncheon which was cancelled due to poor weather.) She will be presenting on the Introduction to Independent and Assisted Living Apartments and the difference between these residential complexes. We again will be privileged to listen to music provided by the Ralph Zarnow Fund. Come learn, listen to music and enjoy being with friends.

Thursday, June 14th, Trip to Prairie Meadows! Come join us for lots of fun with a Buffet style lunch, fellowship and live band music by Al Ford Quintet who will be playing/big band dance music. The bus will leave Beth El Jacob Synagogue parking lot at 11:00 am and we will return at 3:30pm.



The Ideal Gift To Give Is...

Yourself

Charlotte Rausch is a great asset to the volunteer program. She always finds “the best solution” and “what is right” for everyone. She loves researching whatever subject is presented to her on medicine, a medical condition or politics, etc. She has a wonderful sense of humor, is a good listener and has a kind heart. Charlotte says that she enjoys volunteering because it makes her feel happy to see others feeling good and having a big smile on their face. She has shared her gifts of time, providing transportation to others when needed and has helped the program in many other ways.

“Sisters from another Mother” is what Barb Leventhal-Beckerman says about Charlotte. Barb says she is the ultimate good mensch. She is always the first person to be there for her whether she needs transportation to doctor appointments or it is a family crisis.

Shirley Berg boasts that Charlotte has been a great friend for 40 years, through good times and difficult times. “Charlotte is always concerned about others. If someone in the community has no family she becomes their ‘surrogate family’ and gives them a sense of belonging.” That’s what the OASIS volunteer program is all about, deeds of kindness, reaching out and helping someone in need.

-Pat Nawrocki, Project Services Manager.



Jewish Genetic Testing Returns to Omaha in May - Free of Charge!

By Joanie Jacobson

FACT: Jewish genetic diseases are devastating, debilitating and fatal.

FACT: Children rarely live to become adults.

FACT: One out of five adults are carriers of at least one Jewish genetic disease.

FACT: If both parents carry the same gene, the child has a 1 out of 4 chance of being born with a Jewish genetic disease, and a 2 out of 4 chance of being a “carrier.”

FACT: Jewish genetic diseases can be prevented through Jewish genetic testing.

In 2004, Jean Dutich, whose grandson had been diagnosed with Canavan Disease, decided to bring Jewish genetic testing to the forefront of the Omaha-area community.

With a handful of volunteers, she established the Greater Omaha Committee for Jewish Genetic Testing. Boys’ Town National Research Hospital signed on as the Committee’s medical partner and the Jewish Federation of Omaha served as community partner.

“Round #2: Jewish Genetic Testing” is planned for Sunday, May 22 and Wednesday, May 25, at the Jewish Community Center. This year, the University of Nebraska Medical Center is the Committee’s medical partner, and the Omaha Federation is, again, the community partner. Med Center professionals will conduct the blood draw and provide genetic counseling. Blood samples will be sent to the Jacobi Medical Center Laboratory in New York to be tested. Those individuals identified as carriers will be personally contacted by a genetic counselor from the Med Center, and counseling will be offered free of charge.

“Round #2” will test for the following Jewish Genetic diseases: Tay-Sachs, Canavan disease, Cystic Fibrosis, Niemann-Pick disease, Familial Dysautonomia, Gaucher disease, Mucopolysaccharidosis IV, Bloom Syndrome, and Fanconi Anemia.

“The target audience is not only young Jewish singles and couples,” noted Dutich. People of all ages, all ethnic and socio-economic backgrounds need to be tested. Jewish genetic diseases, including Tay Sachs and Cystic Fibrosis, have been increasingly diagnosed in children with non-Jewish parents, making it just as important for inter-faith couples to be tested.

“Knowledge is power,” Dutich concluded. “Identifying carriers allows individuals the opportunity to make informed and rational decisions regarding the future of their family ~ to be proactive rather than having to be reactive. Testing can save families the unnecessary heartache and despair when a child or grandchild is born with a Jewish genetic disease. It can provide the comfort and assuredness every couple deserves when starting their family.”

To register or for more information on “Round #2: Jewish Genetic Testing,” contact Jean Dutich 402-393-1141 or JDUITCH@aol.com or Joanie Jacobson at 402-554-0500.

JEWISH FEDERATION OF GREATER DES MOINES

THE CASPE TERRACE

33158 UTE AVENUE

- Anniversaries
- Baby Showers
- Bar and Bat Mitzvahs
- Birthday Parties
- Britot
- Family Reunions
- Graduations
- Weddings

Make life’s milestone celebrations memorable...

— at The Caspe Terrace

Usage of The Caspe Terrace is limited to the Jewish Federation of Greater Des Moines, its employees, Jewish Federation Members and to United Way affiliates. Events are limited to Federation community programming; for Members of the Federation for occasions that are significant life stage events and religious in nature. A maintenance fee shall be charged to individuals to cover costs incurred of these events.

A Calf of Gold by David Friedgood



“When the people saw that Moses was so long in coming down from the mountain, the people gathered against Aaron and said to him, “Come, make us a god who shall go before us, for that man Moses, who brought us from the land of Egypt – we do not know what has happened to him.” (Exodus 32:1)

About two months have passed since the Israelite people were delivered from Egyptian bondage. They had witnessed the power of God with the splitting of the Red Sea and the destruction of Pharaoh’s army. Their leader, Moses, had shepherded these people through momentous events and was now on top of Mt. Sinai shrouded in mist, clouds, thunder and lightning – the presence of holy God. So what do the people do? They quickly tire of waiting for Moses to return. The people turn to Aaron, Moses’ brother, and demand a tangible symbol of that which is beyond description. These are not people who understand abstraction. Much like children, they can only relate to that which they see with their own eyes. The ideals of freedom, equality, and the basic obligation of individuals to form a just society, are beyond their grasp. To be real, god needs to be literally touched and felt. Also portable – they need to take god with them on their journey to the Promised Land, to ensure protection from enemies along the way.

Now Aaron, afraid to confront the masses, gives in to their demands. He has the people bring their gold (their valuables) and fashions a golden bull calf – possibly to serve as a platform upon which the unseen presence of the true God will figuratively stand. Aaron announces a festival of Adonai (YHVH in Hebrew – the holy unpronounceable name of the LORD). By this time the mob is in a state of frenzy and the festival turns into an orgy, honoring the golden calf. They are oblivious to the will of the Holy One. The Hebrew word ‘El’ is one Biblical name for God. It was used by Semitic tribes as a designation for their god, often depicted as a bull. Another Hebrew term for God is ‘Elohim’ – a plural form literally meaning many Gods. The Biblical God is thus the God of gods – the Supreme Being, encompassing all deities (and by extension, all that exists).

Meanwhile, on top of Mt. Sinai, God and Moses have completed the work of establishing a blueprint for a new Israelite society. Moses is given the Ten Commandments (inscribed by the ‘finger of God’) on two stone tablets, along with the knowledge to create our Bible – the book upon which society is to be based. God tells Moses of the people’s apostasy and threatens to annihilate them all, sparing only Moses from whom He will create a great new nation. Moses stands up and has the chutzpah

(the nerve) to argue with God (much as did his ancestor Abraham). Moses recalls the inherent goodness of mankind, manifest in the Hebrew ancestors - Abraham, Isaac, and Jacob. God then renounces his punishment and sends Moses down the mountain to face the people.

When he personally sees the sin of his people, Moses is overcome with anger. He shatters the stone tablets, pulls down the Golden calf and burns it in a fire so hot it turns to powder. Moses mixes the powder with water and forces the people to drink the concoction – a direct physical punishment for their sin that these people can understand. In contrast to Aaron, who meekly acquiesced to the mob’s demands, Moses stands in front of the people and proclaims: “Whoever is for the LORD come here.” (Exodus 32:26) The tribe of Levi steps forward and at the command of Moses slaughters 3,000 of the ringleaders opposing the will of God (and Moses). Moses returns to God the next day and humbly asks his LORD to take his life along with those of his people if the nation of Israel is not to be forgiven. God agrees to forgive and pardon most of the Israelites. He will not destroy them, but will never forget their apostasy. An angel of God is dispatched to lead the people through the wilderness, but God has figuratively withdrawn His presence a bit. The Holy One has established Earth and Heaven, and has set the universe on its course. Man, endowed with free will, is free to behave according to his inclination – for good, for evil, or for the myriad of in-between choices. God’s relationship with His people is forever changed after the events at the foot of Sinai.

The Israelites are now forced to deal with abstraction. Over the generations they painfully learn that truth is not always obvious and palpable. God, and ultimate truth, are frequently hidden from sight, and often impossible to discern with certainty. The people find that words and actions have consequences – often unpleasant and sometimes morally difficult to reconcile. But, as they study and learn, generations of believers have been afforded a glimpse of that which is truly eternal. Even without the ability to see, touch, taste, or smell their God, they know of His presence. It is a knowledge that has warmed the souls of our ancestors throughout the millennia and has given them the power to go on, persevere and triumph – often in the face of overwhelming odds. As a result, today we can sit down with our children and confidently sing: ‘Am Yisrael Chai’ – the people Israel live. Today, our history continues to be made as our people travel on their journey - seeking to realize the Biblical promise. Enjoy the ride.

*“Truthful speech abides forever,
A lying tongue but for a moment.” (Proverbs 12:19)*

**WELLS
FARGO**

Local professionals. Tailored solutions.



Matt Fryar
Senior Vice President
Senior Financial Consultant
Wells Fargo Investments, LLC

Whether you work one-on-one with a specialist or your plan calls for a cross-functional team, at Wells Fargo Private Client Services you have access to committed professionals and resources from a complete range of financial disciplines.

- Private Banking
- Investment Management
- Trust and Estate Services
- Brokerage Services through Wells Fargo Investments, LLC
- Life Insurance

Since 1852 Wells Fargo & Company has helped generations of families with complex financial needs realize their dreams. To learn more about how we can partner with you, contact Matt Fryar at 515.245.3120.

Then. Now. For generations to come.

Investment and Insurance Products:

- Are NOT insured by the FDIC or any other federal government agency
- Are NOT deposits of or guaranteed by the Bank or any Bank affiliate
- May Lose Value

Private Client Services provides financial products and services through various banking and brokerage affiliates of Wells Fargo & Company. Financial Consultants are registered representatives of Wells Fargo Investments, LLC (member SIPC), a non-bank affiliate of Wells Fargo & Company. Life Insurance products are available through Wells Fargo Investments, LLC (California license #0D26865) or its affiliated agencies.

©2010 Wells Fargo Bank, N.A. Member FDIC



PRIVATE CLIENT SERVICES

phonathon

2011



Campaign Co-Chair Barb Hirsch-Giller



**Sheldon Ohringer, Campaign Co-Chair, and
Stuart Oxer**



President Judy Deutch and Larry Deutch



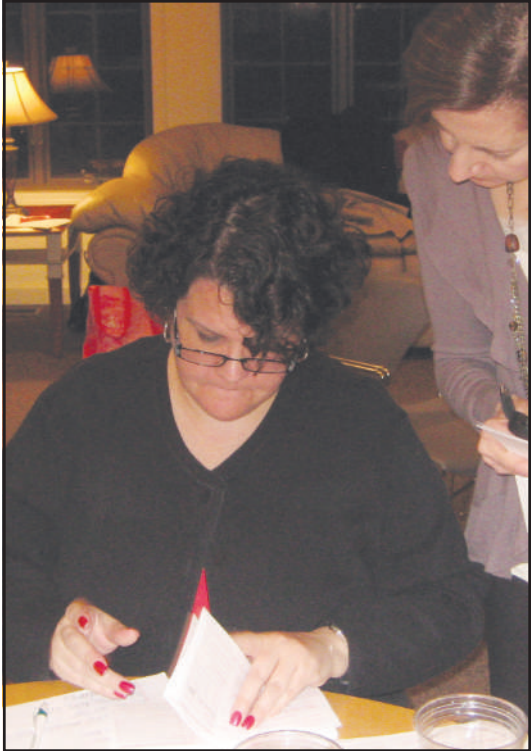
Zoey Cohen and Julie Olsasky



Karen Engman and Rabbi Steven Edelman-Blank



Cliff Bergman and Jami Schnobelen



Tammy Abdulghani



Frank Levy



Valerie Cohen



Ed Bell



Robin Bear and Tracy Engman-Finkelshteyn



Jule Goldstein

To Those Who Reach Out To Others, Thank you!

Both asking for your financial support and giving financial support are among the most honored of traditional mitzvot. Folks often understand the philanthropic merit of supplying funds so that essential services can be provided by our Jewish Federation. But asking for financial contributions is also of merit because asking enables someone to rise to the occasion and consider the needs not necessarily of one's self, but the needs of others. Indeed the task of Jews taking care of others has been a hallmark of our community for generations upon generations.

And now, this is our opportunity to thank everybody who has taken the time and significant effort to collect funds for our community as a whole, because that's who Federation serves: our Jewish community as a whole, young and old, affiliated or not affiliated with a congregation, beneficiary of one community program or another.

To all, then, who have worked on the phonathon or who have visited with prospective donors on an individual basis, we offer you a heartfelt THANK YOU! Our families and individuals within our community would be less cared for without your help.

– **Barbara Hirsch-Giller and Sheldon Ohringer,**
Co-Chairs of the 2011 All-In-One Campaign

United Way Donors

Did you know that you can designate part or all of your United Way contribution to Jewish Family Services?

The money received through these designations helps the Federation pay for...

Jewish Family Services - Individuals, families, seniors and children

Senior Adult Programs - Senior Adult socialization

Resettlement Program - Case management and health services for seniors

Jewish Family Life Education - Sponsorship of community-wide programs

Volunteer Opportunities - Numerous volunteer projects

Tzedakah - Last year assisted 180 community members in need

THANK YOU to all who have contributed through United Way. Please remember that your gift to Jewish Family Services through United Way has to be re-designated each year.



Jewish Federation
OF GREATER DES MOINES

The Jewish Federation of Greater Des Moines is a beneficiary of United Way



GONG FU TEA®

RETHINK YOUR DRINK

414 EAST SIXTH STREET | 515 288 3388

OPEN MON-FRI, 7AM-6PM; SAT, 7AM-5PM

140 LOOSE-LEAF TEAS | ACCESSORIES | GIFTS

www.gongfu-tea.com

Tikkun Olam: Assignment Cambodia

by Mark John Conley



Blessed by a recent layoff in corporate America, I have stepped outside my comfort zone to practice tikkun olam as a three-month volunteer with American Jewish World Service (AJWS) in Kampot, Cambodia.

Nestled in the country's lush southern coastal region and a mere 30km from Vietnam, Kampot (pop. 30,000) is situated on a saltwater estuary leading to the Gulf of Thailand. Fishing is a way of life here, providing up to 80 percent of daily protein intake. Because of its close proximity, Kampot is also home to Cambodia's largest concentration of ethnic Vietnamese Cham Muslims, who are among

the country's poorest citizens, relying on daily fish catches to sustain them.

An Effort to Improve Food Security

AJWS has assigned me to a non-governmental organization (NGO) which is working to advance the rights of coastal families in the region. Government concession of vital fishing areas has severely threatened their livelihoods. The NGO is working to strengthen food security in the coastal region, especially among women, through community ownership and management of common fishing resources and enhanced market protection. The NGO also mobilizes local fisher families as advocates at the national and provincial levels and works to improve state protection of the riparian environment.

Aside from creating organizational communication strategies for the NGO, my chief role is to write grant proposals for additional funding for its projects. Among the most pressing needs is funding for mental health services in the Koh Sla region north of Kampot.

An Effort to Counter Effects of a Lingering History

Pol Pot may be dead, but his legacy of violence and intimidation is alive and well in this remote, wooded region. Former Khmer Rouge (KR) hold legitimate government and police jobs in the area. Domestic violence and physical and sexual abuse of women and children are commonplace, but go mainly unreported as many cases involve former KR as the perpetrators. My NGO is helping to educate women and children about how to protect themselves and is seeking funds to place a mental health professional in the area's small clinic.

continued on page 12

Great for the price of Good.

The all new 2011 Volkswagen Jetta SEL



Lithia Volkswagen of Des Moines
5200 Merle Hay Rd.
Johnston, IA 50131
[866] 956-3685
www.lithiavwofdesmoines.com



Das Auto.

The all new 2011 Audi A8



Audi Des Moines
5200 Merle Hay Rd.
Johnston, IA 50131
[866] 956-2991
www.audiofdesmoines.com

Audi
Truth in Engineering

Acura MDX



Acura of Johnston
5138 Merle Hay Rd.
Johnston, IA 50131
[866] 956-2876
www.acuraofjohnston.com



ACURA
ADVANCE.

[the pesky diner]

Gusto Pizza Company

By Jarad Bernstein



Local blogger Jared Bernstein is The Pesky Diner, online at www.thepeskydiner.com

Many restaurants struggle to provide creative meatless options, however pizzerias tend to be different. It is pretty easy to skip the pepperoni and sausage when it's now common to find toppings like artichoke hearts, fresh basil, and even goat cheese gracing pizza menus. Des Moines has seen a pizza renaissance lately with joints opening up like Flour, Bagni di Lucca, Fong's, and

most recently Gusto Pizza Co. All four of these restaurants provide delicious kosher-ish (remember they still have treif in the kitchen) options that are out of this world good. This review will focus on Gusto.

Before I get too far into this, I will let you know that I am friendly with Gusto's part-owner Anthony Lemmo, Chef Sam Auen, and marketing whiz Phil James. You'll just have to trust me when I say that my relationship with them had no influence on this review.

Since its opening on January 31, I have been able to make it to their trendy location on the corner of Ingersoll and MLK thrice. Although you can take your order to go, this pizzeria has the kind of comfy modern feel that will make you want to grab a table. Gusto is a fast-casual place where you order at the counter and have your food delivered to the table.

Enough about the location though, you're reading for the food! Do yourself a favor and scope out the menu. Gusto's pizzas are thin crust, maintaining their crisp texture even when piled high with toppings. The culinary team has figured out a way to deliver crusts that are not only crunchy on the outside, but just a tad breadly on the inside. The best of both worlds for my style.

Although I will never be able to try such inspired pies as the Thai Kwon Dough (there's no point in getting this without the chicken in my opinion), or the brisket topped Duke, I have tried both signature 'zas that come meatless by default.

To be honest, I am not a huge mushroom on pizza fan; the Mona Lisa started to change my mind. Rosemary olive oil, garlic, cremini mushrooms, tomatoes, kalamata olives, and two cheeses come standard. I went ahead and added artichoke hearts and garlic roasted peppers for good measure. It doesn't get much better than this.

The other veggie, the Formag-A-Trois, added garlic, red pepper flakes, and basil to the three cheeses insinuated by the name. One of the best things about Gusto's pizzas is that you can actually taste every ingredient. Try ordering the veggie pizza at a typical pizza place and you'll know this is something special.

continued on page 15

In the Kitchen with Pat Johnson by Karen Engman



Spring is here and summer is around the corner, the grass is green and the flowers are blooming, and those pesky weeds with the yellow flowers are multiplying. Pat Johnson has one answer for eliminating dandelions. ...fry them! What a fun activity and tasty treat, according to Pat, for all the youngsters in your family. I've heard of frying zucchini blossoms but never dandelions!

Many of our readers may know Pat Johnson as a teacher in the Jewish Federation Community School. For the past 14 years, she has taught third graders Biblical Hebrew, prayers and Torah history. Recently, she's even showed them how to sign some of the prayers. Naamah, Noah's Wife by Sandy Eisenberg Sasso, is one of her favorite books to share with her students. The story is based on an ancient text and describes how Noah selected all the animals for the ark, while

Naamah gathered every kind of seed from the earth, including the dandelion. During the time of Tu B'Shevat, her class plants the seeds of the etrog used during the celebration of Succot in the fall.

Pat Rehfeldt was born and raised in Rockford, Illinois and graduated with an education degree from Northern Illinois in Dekalb. She taught fourth graders in Rockford and Bloomington, IL, and then moved to Iowa in 1973 and taught sixth grade science at Indianola Middle School for 16 years.

Even though her mother Pauline was the daughter of Jewish Russian immigrants from Odessa, she raised Pat as a Christian. It wasn't until the early 1980's, when a friend took Pat to Rosh Hashanah services at Temple B'nai Jeshurun that she felt like she was "at home." She started classes with Rabbi Steven Fink and was part of a B'nai Mitzvah class in 1995. Now she is learning conversational Hebrew from Mark Finkelstein and has incorporated it into her own teaching.

In 1981, she met Mark Johnson at a Des Moines club for professional singles and they married in 1983. She has one daughter Erin (33) and a grandson Layne (12) who live in the Des Moines area.

Pat is a self-taught gardener who has made a business out of her plants and herbs, drying them for potpourri and arrangements. Customers of her business Nature's Garden started asking her to sell

the plants she grew, so she and Mark have been holding huge plant sales in their backyard for 15 years. What began with just 100 plants mushroomed into 3000 plants in 2009, which was their last sale. Each year they gave a portion of their sales to a local charity. Pat still loves to garden but said this is the first year she hasn't started any seeds indoors.

continued on page 12

Fried Dandelions

A Recipe from Pat Johnson *parve*

Pick the yellow flower from the dandelion plant, removing all stems

(must be from an organic lawn)

Wash flowers

Dip in egg batter (1 -2 well beaten eggs)

Dip in seasoned bread crumbs (check if parve or dairy)

Fry in a small amount of olive oil and butter

Drain on paper towels and enjoy!

Variation: Dandelion Frittata / Pancake

Dump all the washed flowers into the beaten eggs

Place in bag of bread crumbs and combine and then fry in one pancake in fry pan with oil and butter until browned & done



ACCENTI

fashion and accessories

400 East Locust Street #3 • East Village • DM
515-284-8877 ACCENTILLC@aol.com

basil turmeric cinnamon vanilla
pepper dill rosemary basil chiles
cumin caraway cloves asafoetida
lavender allspice marjoram
hints salts anise dill paprika saffron
nutmeg sage mustard cilantro
ginger anise tarragon garlic licorice
onion oregano lemon verbena

CULINARY HERBS, SPICES, OILS & VINEGARS

allspice

OPEN MON-FRI 10-6 | SAT 10-4
400 EAST LOCUST DES MOINES, IOWA 515.868.0808 www.allspiceonline.com



Toys for grown-ups.

Mom, dad or grad...
Kitchen Collage for all your summer toys.

430 East Locust Street • 515.270.8202 • mykitchencollage.com

Kitchen Collage, a key ingredient in your community since 1999.



kitchen collage

JFCS from pag 1

This is a step forward for the community and gives JFCS a permanent home for decades to come. We are proud that the community pulled together to build something for the future of our children. To all of you, come join us when you can, you are always welcome.

A formal ribbon cutting and donor appreciation ceremony will be held when the school begins their new year this fall at Caspe. JFCS is continuing fundraising efforts in order to outfit the classrooms with desks and chairs for students and the equipment needed to make it the best possible learning environment for our children. It is important that this have broad range community support and we invite you to join with us in insuring the success of this effort.

WAYS YOU CAN MAKE YOUR TAX DEDUCTABLE CONTRIBUTION ARE:

- Engraved Brick in school walkway - \$180
- Engraved Family stone in the school walkway - \$1,000
- Named Mezzuzah for each room - \$5,000
- Computer hardware / software for one classroom - \$10,000
- Students’ Desks and Chairs for one classroom - \$20,000
- School and Federation Offices - \$50,000
- Naming a classroom - \$100,000+

For more information or to make a donation contact The Jewish Federation, 33158 Ute Avenue, Waukee IA 50263 or call (515) 987-0899 and ask for Elaine or Lyanna.

We are not done yet! There are many community members that were involved during this process and with our generous givers this dream became a reality.

We would like to thank the following for their kind generosity in supporting this project:

- Anonymous Donors
Wendy Beckerman
Ed & Mindy Bell
Don & Margo Blumenthal
Leah Cole
David & Christine Copeland
Ron & June Daniels
Larry and Judy Deutch
Robert & Peggy Dubansky
Rabbi Steven & Deborah Edelman-Blank
Larry & Suzanne Engman
Ron & Harriet Feder
Tracy Finkelshteyn
Mark & Jody Finkelstein/Hramits
Tom & Stacie Franklin
Dr. Harvey Giller & Barb Hirsch-Giller
Alan & Vivian Givant
Dr. Steven & Jule Goldstein
David Goldman
Tom & Cathie Goldman
David & Tali Greenspon
Mark Hanson
Phelps & Allison Hoyt
Michael Jacoby
Mark & Pat Johnson
Rabbi David & Julie Kaufman
Richard & Mary Kay Kirsner
Michael Kuperman
Dick & Jeanne Levitt
Frank & Kerty Levy
Bill & Lyanna Lindgren
Judge Jeff & Andi Lipman
Norman Mandelbaum

- Dr. Al & Evie Mintzer
Dr. Michael & Alla Mintzer
Sheldon & Beth Ohringer
Stuart & Dr. Wendi Oxer/Harris
Norman & Deanna Pearl
Brian & Krista Pearl
Bruce & Krys Phillips
Don & Ronna Pochter
Dr. Glenn & Florence Purnell
Sheldon & Roselind Rabinowitz
Scott & Allyson Reister
Dr. Herb & Maryanne Remer
Stan & Gail Richards
Trudi Rosenfeld and the late

- Dr. Martin Rosenfeld
Neil & Debra Salowitz
Jami and Pete Schnobelen
Stan & Mary Seidler
Dr. Craig & Kimberly Shadur
Bruce & Barbara Sherman
Dr. Marc & Cynthia Shulman
Elaine Steinger
Dr. John & Randi Stern
David & Denise Swartz
Ken & Kim Waltman
Steve & Karen Weiss
Marvin & Robbie Winick
Jessica Steinger Memorial
The Zuckert Educational Fund

Shavuot from page 1

Shavuot is not tied to a particular calendar date, but to a counting from Passover. Because the length of the months used to be variable, determined by observation, and there are two new moons between Passover and Shavuot, Shavuot could occur on the 5th or 6th of Sivan. However, now that we have a mathematically determined calendar, and the months between Passover and Shavuot do not change length on the mathematical calendar, Shavuot is always on the 6th of Sivan (the 6th and 7th outside of Israel.)

Work is not permitted during Shavuot. It is customary to stay up the entire first night of Shavuot and study Torah, then pray as early as possible in the morning.

It is customary to eat a dairy meal at least once during Shavuot. There are varying opinions as to why this is done. Some say it is a reminder of the promise regarding the land of Israel, a land flowing with “milk and honey.” According to another view, it is because our ancestors had just received the Torah (and the dietary laws therein), and did not have both meat and dairy dishes available.

The book of Ruth is read at this time. Again, there are varying reasons given for this custom, and none seems to be definitive.

Israel from page 5 Twice the PA named summer camps after the terrorist Dalal Mughrabi, who in 1978 led the most deadly attack in Israel’s history in which 37 civilians were killed in a bus hijacking, both in 2008 and again this past summer.

But the long arm of the PA’s promotion of violence and terror goes even farther, penetrating the realm of culture and music, which has been used so often in recent years in other places in the world to promote peace and tolerance. Last year, PA TV broadcast a number of performances of a band called Alashekeen, including a song anticipating the conquering of Israel through holy war. The song presents all of Israel as “Palestine,” mentioning the Carmel

region near Haifa, and the cities of Lod, Ramle, and Jerusalem as regions to be liberated: “In Ramle we are grenades... the Palestinian revolution awaits [them]... We replaced bracelets with weapons. We attacked the despicable [Zionists]. This invading enemy is on the battlefield. This is the day of consolation of jihad. Pull the trigger. We shall redeem Jerusalem, Nablus and the country.”

More significant than the repeated exposure on PA TV and at cultural events was the fact that Abbas chose to honor the musical group. He issued a presidential decree turning it into an official Palestinian national band.

Compounding the PA’s nationalistic hate promotion are its Islamic-based messages. The PA seems to have adopted what was once thought to be only Hamas ideology, that the conflict with Israel is a Ribat - a religious war for Allah to defend Islamic land in which conflict with Israel is uncompromising. Abbas’s appointed minister of religion, Mahmoud Habbash, has taught repeatedly that the conflict with Israel is not territorial but is in accordance with Islamic law: “Allah has preordained for us the Ribat on this blessed land. We are committed to it by Allah’s command. Let no one be mistaken or under the illusion that Ribat is a choice and nothing more. It is a commandment.”

He has also preached that the conflict against Israel - over all of Israel - is cited in the Koran: “The catastrophe, in truth, did not begin in 1948, but began perhaps in 1917 with the cursed [Balfour] Declaration, which gave a promise to those who did not deserve it... Since that date, resolute people, fighters and Ribat fighters have not ceased upon our blessed land... This conflict is explicit in the Koran and our obligation with regard to it is clarified by the Koran.”

In short, the PA, like the Hamas, is telling its people that Islam does not allow for reconciliation with Israel.

With continuous messages like this coming from the so-called moderate leadership of the PA, is it any wonder that people can go on terror rampages like the one in Itamar this weekend? Palestinians may assume that their leaders and society will honor them if they murder Israelis, that their families will receive payment if they are killed, and that their religion encourages Israel’s disappearance.

Was the terrorist who committed those brutal killings dreaming about a future Palestinian summer camp in his name? Was he imagining Allah granting him everlasting rewards in paradise for fulfilling his command? Did he feel that he was fulfilling his national duty and would receive a financial reward?

And what about the international community which has accepted and naively believed PA leaders’ assurances that incitement had stopped? It was the international community, represented by US Secretary of State Hillary Clinton, which stipulated preconditions for the PA to enter into a renewed peace process: “We will only work with a Palestinian Authority government that unambiguously and explicitly accepts the Quartet’s principles: A commitment to non-violence, recognition of Israel, and acceptance of previous agreements and

obligations, including the Road Map” (House Appropriations Subcommittee on State, April 23, 2009). The Road Map states that “all official Palestinian institutions end incitement against Israel.”

The international community has completely failed because it never followed up to see if these preconditions had actually been met, but gladly satisfied itself with Abbas’s promises, and continues to fund the PA.

Everyone involved in the peace process is making a tragic mistake by assuming the incitement is just another issue that has to be dealt with, like the issues of water, borders, and refugees. All of those are issues that must be negotiated as part of a peace process. But as long as the Palestinian Authority continues to teach these messages, clearly there is no peace process.

It is incumbent on the international community to inform the Palestinian Authority that a condition for “working” with it, as Clinton stated, is that it erases the messages of hate and replaces them with peace promotion.

And until that time the international community must ostracize and isolate the Palestinian Authority, just as they do Hamas, and stop pretending there is a peace process.

Johnson from page 11 They did add a pond in their yard last summer and they still have a portion of their garden devoted to Biblical plants that are mentioned in the Torah.

I first met Pat when I once volunteered to cook meals for the homeless at Temple B’nai Jeshurun. She has organized these meals for over five years and it is still an ongoing project at the Temple.

She’s a busy lady but when she finds the time, she likes to read.

Along with her recipe for fried dandelions, Pat suggests we nibble on the petals of orange day lilies because they are delicious and taste even better when dipped in cream cheese.

The Jewish Press thanks Pat for sharing her unusual garden recipe with our readers. If you have a recipe to share or a question I can research, call Karen Engman (515-274-3300) or email (aengmandsm@yahoo.com).

Cambodia from page 10

A Few Representing All

For most in Kampot, I’m the only Jew they believe they have ever met. Generally, unfamiliar with Judaism as a form of religion, some have heard of Israel. Despite being predominantly Buddhist, Cambodia once had a small native Jewish community, comprising a mere 0.1 percent of the overall population. Along with Hindus, Christians, and Cham Muslims, these native Jews were killed or subjected to harsh labor during Pol Pot’s regime in the late 1970s. Today, Cambodia’s Jews are mostly ex-patriots volunteering or working for NGOs and in English language schools. The country also sees a number of young Israeli backpackers annually. Most Jews reside in Phnom Penh, the nation’s bustling capital of 2 million, where Chabad International opened a center in late 2009.

If you’d like to know more about my volunteer activities or follow my travels throughout Cambodia, check out my blog posts and slideshows at <http://markincambo.wordpress.com>.

TEMPLE B'NAI JESHURUN

Beit Café Louis Dean will be the May Beit Café and we will do it on Sunday, May 8th for Mothers Day.

Louis sings crooning songs from the past and present. Perfect for Mothers Day. It will be at 7:00 p.m. He performed at Mothers Day last year too.

This will be the last Beit Café until the Fall.

NFTY TEMPLE YOUTH UPDATE

It has been a great year for our Temple Youth. We have no doubt that it is looking to only get better. Our last event in February is proof positive that our young people are ready for a vibrant and active Youth Group.

Our Bowling event was a success for the Junior Youth Group. The turn out for this event was wonderful. We will go bowling again and shoot for no BUMPERS next time!

After bowling the youth headed back to the Temple for Havdalah led by Wendy Beckerman, Amy Flugge-Smith and Sara Coleman. After Havdalah we had Pizza and Salad and the traditional junk food. Then, it was time to play. The youth enjoyed playing Guess Who, Jenga, Life, Trivial Pursuit and Connect Four. It was fun to take a step back in time with these kids, who are a part of the "tech" age and play games from what we would say "A STEP BACK IN TIME". Thank you also to Marla Sobel for helping with this event.

On March 14 our Senior Youth Group helped prepare and serve a meal at the Young Women's Resource Center along with the Sisterhood of the Temple. We will definitely do this event again. The Clients at the Center were very appreciative.

We are looking forward to the upcoming event on May 6. We will be leading services with the Rabbi for Youth Group Night and Teacher Appreciation night.

We are looking into renovating the Youth Lounge and are open to ideas and donations. Please contact us at afluggesmith@yahoo.com or Wendy at tropemaven@yahoo.com

Once again, thank you to everyone who has helped support the Temple Youth Groupers. It has been a great year and we cannot wait to see what the future holds. Watch for next year's schedule of events.

Sincerely,

Amy and Wendy

TIFERETH ISRAEL SYNAGOGUE

You Are Invited To

A SPECIAL MOTHER'S DAY DAIRY LUNCHEON AND ENTERTAINING MUSICAL PROGRAM

Hosted by Tifereth Israel Women's League on Sunday, May 8th, 2011 at 12:30 p.m. at Tifereth Israel Synagogue, 924 Polk Boulevard.

\$10 per adult, \$5 per child 12 and under

A Special Gift Will Be Presented to Each Mother Attending

Please Be Sure To Make Your Reservations

NO LATER THAN WEDNESDAY, MAY 4TH by calling Beverly Ellis 283-0459

May June Schedule

Sunday, May 1st – Yom HaShoah service 7:00 pm at the Temple
Tifereth Choir will sing

Thursday, May 5th – DMARC Program at Tifereth 7:00 p.m.
The David Bear Memorial Interfaith Lecture Series
Speaker – Rabbi Barry Cytron

Sunday, May 8th – Mother's Day
12:30 p.m. – Women's League Mother's Day Lunch & Program

Friday, May 13th – YAD Shabbat 6:00 p.m.

Sunday, May 15th – Tifereth's Annual Meeting 3:00 p.m.

Wednesday, June 1st – Women's League Supper and Fashion Show – 6:00 p.m.

Tuesday, June 7th – Evening Services 7:30 p.m.
Tikkun Leil Shavuot – Shavuot Study Sessions, Refreshments served

Wednesday, June 8th – 1st Day Shavuot – Services 9:00 a.m.

Thursday, June 9th – 2nd Day Shavuot – Yizkor & Reading from the Book of Ruth – Services 9:00 a.m.

Saturday, June 11th – Women's League Shabbat Service and Shabbat Cafe

Tuesdays in May – 12:00 noon
Cantor's Classes: Unknown Women of the Bible

Thursdays May 12th – June 2nd – 7:00 p.m.
Learn to chant Ruth, Ecclesiastes and Song of Songs

Sunday, June 5th & 12 – 12:30 p.m.
Finding God Outdoors – Jewish Hiking

JUDAIC RESOURCE CENER

Lunch 'n Learn May 1

Rabbi Goldstein will be giving a class Sunday, May 1, 12:00 PM at Maccabee's Deli

Topic: **Loving your fellow Jew**

Please pre-order your sandwich at: www.maccabeeskosherdeli.com
515-984-0815, Lyg770@gmail.com

DMARC PRESENTS "THE DAVID BEAR MEMORIAL INTERFAITH LECTURE" MAY 5

7 p.m. at Tifereth Israel Synagogue,* 924 Polk Boulevard, Des Moines

No cost to attend.

Inaugural speaker Rabbi Barry Cytron, Jewish Chaplain and Assistant Director, Center for Religious and Spiritual Life, Macalester College, St. Paul

*pending remodel completion. For more information and location update: www.dmreligious.org/lectures (515) 277-6969. Presented by the Des Moines Area Religious Council.

[milestones]

Mazel Tov

Sterling Price Springgate, son of **David and Judi Farber Springgate**, grandson of **David and the late Ann Farber**, nephew of **Jan and Jeff Farber**, has been named All state in football for West Virginia for the second straight year. He was the all-state kicker for the second straight year, captain of the all-state defensive team, and second team all state receiver. He is thought to be the first West Virginia High School football player to be all-state in 3 positions during the same year. He was a 4-year varsity kicker, lettered in tennis, and is also an honor student. He is considering attending the Native USY one year program at the Hebrew University in Jerusalem or his father's alma mater, the University of Michigan. His family is very proud of him.

Terry Smith's daughter, **Dori**, gave birth to **Ariella Ruth Streit**, on Tuesday, March 8th, 2011. Ariella is 8.5 lbs and 22 inches long.

In Memoriam

We note with sorrow the recent passing of

Morton Bookey

Clark Lemon

Kenneth Norman

Emma Verene Westcott Cohn Walsh

B'nai Mitzvah



Mr. and Mrs. Richard Vogel invite you to join them as their daughter, **Amanda "Mandi" Vogel**, celebrates her Bat Mitzvah on Saturday, May 21st at 10:00

a.m. at Temple Bnai Jeshurun. The Jewish community is cordially invited to a Kiddush Luncheon following service.



Riki Saltzman and Nick Rieser invite you to join them as their daughter, **Eva Joanna Soneth Saltzman**, celebrates her Bat Mitzvah on Saturday,

June 11th at 10:00 a.m. at Temple Bnai Jeshurun. The Jewish community is cordially invited to a Kiddush Luncheon following service.



Phil and Marla Sobel invite you to joining them as their daughter, **Samantha Sobel**, celebrates her Bat Mitzvah on Saturday, June 18th at 4:30

p.m. at Temple Bnai Jeshurun. The Jewish community is cordially invited to join us at this joyous occasion.

OLSON-LARSEN
GALLERIES

ANNUAL
LANDSCAPE SHOW

GARY BOWLING | DAVID GORDINIER | BETSY MARGOLIUS

ROD MASSEY | ROGER TOWNDROW

OPENING RECEPTION FRIDAY, JUNE 3 5-7 PM

info@olsonlarsen.com www.olsonlarsen.com
203 FIFTH STREET WEST DES MOINES, IOWA 50265 TEL 515 277 6734 FAX 515 277 4413

You Are Invited!

Special Opening of The Caspe Heritage Gallery June 5, in conjunction with the Federation's Annual Meeting

Do you know that the first naturalized citizen in Iowa was a Jew—Alexander Levi? Or that the first medical doctor and the first dentist to practice in Iowa were Jews? Do you know that a member of the Warren Commission that investigated the assassination of President John F. Kennedy was a member of Des Moines' Jewish community?



Thelma Kardon

For 20 years, the Iowa Jewish Historical Society has worked hard to collect, preserve, and educate our community and the entire state about the history of the Jewish people of the state of Iowa and to deepen community understanding of Jewish history and culture through educational programs and exhibits. The Jewish Community in Des Moines has built a gem on the prairie—a gallery that showcases the important contributions Jews have made to Iowa and preserves this history for future generations.

Come see important highlights of this history—an exhibit on Alexander Levi, a French and German speaking Jew from Alsace who became the first naturalized American to sign a state charter; mementos from some of the members of Iowa's Jewish community who helped protect our country during war; stories of Iowa's Jewish businesses and medical professionals; the story of the "Karp Family Cup" made in Oskar Schindler's factory; and so much more.

Come visit on Sunday, June 5 from noon-2:00 pm. See the history of Jewish life and contributions in Iowa, including the exhibit of From Distant Places to Dubuque's Shores: 175 Years of Jewish Presence, an exhibit on loan from Temple Beth El in Dubuque. Admission to the museum is free. Learn more about your Jewish heritage in Iowa!



Charles Anolik in his salon, 1968



David Fishel's Deli

G & L CLOTHING

The Marcovis & Khalastchi Families

515/243-7431
USA Toll-Free: 800/222-7027
Fax: 515/243-4527
E-Mail: gandlclclothing@dw.com



1801 Ingersoll Avenue • Des Moines, IA 50309
HOURS: M,W & Th 8-8; Tu & Fri 8-5:30; Sat 8-5
Online at: www.gandlclclothing.com

Louie D's

Authentic Philly Steaks

Catering for all occasions

Private parties available for Sunday reservations.

1903 EP True Pkwy Ste 308
West Des Moines, IA 50266

Ph: (515) 226-8368
Fax: (515) 226-8369

www.louiedsphillysteaks.com

Check out our online ordering at www.louiedsonlineordering.com

MAY IS JEWISH AMERICAN HERITAGE MONTH!

By Congressional resolution and Presidential proclamation, MAY is Jewish American Heritage Month. On April 20, 2006, President George W. Bush proclaimed May as Jewish American Heritage Month. The announcement was the crowning achievement of an effort by the Jewish Museum of Florida and South Florida Jewish community leaders who worked with Rep. Debbie Wasserman Schultz of Florida and Sen. Arlen Specter of Pennsylvania to introduce resolutions urging the president to proclaim a month that would recognize the more than 350-year history of Jewish contributions to American culture. The resolutions passed unanimously in the House of Representatives in December 2005 and in the Senate in February 2006.

In March, 2007, the Jewish American Heritage Month Coalition was formed to take the lead in implementing the annual celebration recognizing the achievements of American Jews in fields ranging from sports and arts and entertainment to medicine, business, science, government, and military service.

One of the best sources for information on this national celebration is the Jewish American Heritage website www.jewishamericanheritagemonth.us where you will find profiles of many familiar figures and others that may surprise you as well as lists of upcoming events, links to exhibits, collections, and partners' websites, lesson plans, etc.

Help preserve the history of the Jews of Iowa. Become a Member of the Iowa Jewish Historical Society! Membership Levels: \$36 Basic; \$100 Patron; \$500 Sponsor; \$1000 Benefactor; \$5000 Lifetime Membership

Join now and get two extra months! Membership will run through June 2012! Send your check, payable to IJHS, to 33158 Ute Ave., Waukee, IA 50263. Look for your Membership Application in the mail.

For more info: (515)987-0899 or ijhs@dmjfed.org

Need a Professional Pet Sitter?

Walk, Play, Overnight Stay, Attentive In-Home Sitting While You're Away

Personalized Care by Reliable Professionals

Locally Owned Licensed, Bonded, & Insured



All Jewish Press readers receive 10% off your 1st services!

1-888-229-5721 www.fetchpetcare.com

festive and formal

invitations for Bar and Bat Mitzvahs, weddings, graduations and other special occasions

- calligraphy services
- professional assistance

extraordinary gifts for family and friends

- baby boutique
- wedding accessories
- shower gifts

Clocktower Square
2900 University Avenue
West Des Moines, Iowa 50266
515-223-6205

Letter Perfect



Arthur J. Gallagher Risk Management Services, Inc.

Personal Insurance
Commercial Insurance
Individual & Group Benefit Insurance

Kent Rosenberg, CPCU
Area Chairman
Direct 515.440.8404 Office 515.457.8849



201 East Walnut Street
Des Moines, IA 50309
515-282-0205
www.simontire.com

Patronize Our Advertisers!

TELL THEM YOU SAW THEIR AD IN THE JEWISH PRESS.

[To advertise in the Jewish Press, call Tom at 515 277-6321!]

[calendar]

may • june

Sunday, May 1	7:00 pm	YOM HASHOAH
		Community Service at the Temple
Sunday, May 8	12:00 Noon	Tifereth Mothers' Day Luncheon and Program
	7:00 pm	Community Israel Independence Day Celebration at the Temple
	7:30 pm	Beit Café at the Temple
Tuesday, May 10		YOM HAATZMAUT
Sunday, May 15	3:00-5:00 pm	Tifereth Annual Meeting
Tuesday, May 17	5:30 pm	Federation Executive Committee at The Caspe Terrace
	7:00 pm	Federation Board of Directors at The Caspe Terrace
Friday, May 20	6:00 pm	Confirmation at the Temple
Saturday, May 21	10:00 am	Mandi Vogel Bat Mitzvah at the Temple
Sunday, May 22	3:00 pm	Bobby Stinnett Recital at the Temple
Saturday, May 28	4:30 pm	Gabriel Butler-Klein Bar Mitzvah at the Temple
Monday, May 30		MEMORIAL DAY
Wednesday, June 1	5:00 pm	Tifereth Women's League Supper and Fashion Show
Saturday, June 4	4:30 pm	Regan Copple Bat Mitzvah at the Temple
Wednesday, June 8		SHAVUOT
Thursday, June 9		SHAVUOT
Saturday, June 10	10:00 am	Eva Saltzman Bat Mitzvah at the Temple
Saturday, June 18	4:30 pm	Samantha Sobel Bat Mitzvah at the Temple

Diner form page 10 Custom order your pizza and things start to get interesting. I won't bore you by naming the traditional veggies, but check these out: garlic roasted peppers, banana peppers, carrots, giardiniera, cilantro and bean sprouts. With the exception of banana peppers, I don't think I have seen any of these ingredients at any pizza place before. Stellar.

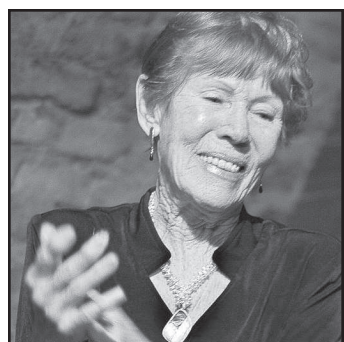
Believe it or not, there is a non-pizza menu too, and the star of those selections happens to be vegetarian! I'll get to that soon, but on this menu, I was able to choose from two sandwiches, a pasta, two salads, and homemade cannoli. For the kids, you can even get a PB&J calzone.

Back to the star: the Frank's Special sandwich. How often do you see something on the menu that says special – and it's meat free? I don't think I even saw that when I lived in San Francisco. Frank's special starts with a chewy garlic focaccia that has just enough crunch. Add fried eggplant, basil pesto, provolone, red onion, and tomato and you've got one of DSM's finest sandos. Like the pizzas above, you can clearly taste each ingredient. The sandwich comes with choice of salad, pasta salad, or soup. The night I ate there, the soup happened to be a vegetarian sweet onion and arugula; I had to try it. Despite the hoity-toity sounding name, the flavor was on the money.

Gusto Pizza Co. is a great addition to the Des Moines pizza scene. Despite the apparent heavy competition, the pizzas and sandwiches are unique enough to stand out from the crowd. Give it a try for an experience of what Tony and team call "Divine Pie."

More Jazz Concerts Announced For The Caspe Terrace

Jazz musicians around the country are hearing about The Caspe Terrace. "The response to this venue has been incredible," says concert promoter Abe Goldstien, who has been contacted by numerous national and international jazz artists to make a stop in Waukee. As a result of the calls, Goldstien has added two concerts to the spring schedule, which kicked off on April 9 with a performance from the ICP Orchestra of The Netherlands.



May 5: The Lee Shaw Duo at 7:30 pm

At age 85, Lee Shaw is keeping the jazz piano tradition alive. Lee definitely bridges the generation gap in jazz. She was a former student of Oscar Peterson and a former teacher of John Medeski (Medeski, Martin & Wood). She plays standards. She writes her own tunes. Most of all, she swings in the style of the great pianists that have inspired her – Oscar Peterson, Elmo Hope, Tadd Dameron and others. Lee will be joined by long-time associate Rich Syracuse on bass. It's not her age that will amaze you, it's her playing!

June 4: The Dave Liebman Duo at 7:30 pm

This will be a first for saxophonist Dave Liebman, who cut his teeth in the bands of Miles Davis and Elvin Jones. He has never played in central Iowa in his 40-plus years as a jazz musician nor has he ever performed in a duo setting with his long-time associate, guitarist Vic Juris. Having recently been awarded the National Endowment of the Arts Jazz Master title, Dave's recent recording of Ornette Coleman compositions is topping the jazz charts throughout Europe and the U.S. Expect to be blown away as Dave blows through an evening of standards, jazz classics and originals on soprano and tenor saxophone.



For More Information

If you want to know more or order tickets, contact Abe at abe@trilixgroup.com or reach him at home at 515.279.6452. Tickets are \$25 in advance and \$30 at the door.

Jazz performers of this stature rarely make it to Des Moines so don't miss your chance to be entertained, enthralled and inspired in a venue that is quickly earning an international reputation for its hospitality and appreciation of music – our very own The Caspe Terrace!

fall line-up:

Quality programming brought to you by the Jewish Federation

Sunday, Sept. 18 — Cooking Class

9:00 am - Noon Chef Susan Madorsky will share Rosh Hashanah recipes with flair. Cost: \$12 each at door, \$10 each in advance, \$9 each for groups of 5 or more. Class size is limited. Reserve your spot with your Visa, Mastercard or AmEx. Call Tammy at 987-0899.

Wednesday, Oct. 5 — Mahjong

5:30 & 6:30 pm Bring your board for Mahjong Wednesday evenings. No Charge.

Saturday, Oct. 22 — Wine Pairing Class

9:00 am - Noon Beth Ohringer will lead us in a wine tasting class. Cost: \$12 each at door, \$10 each in advance, \$9 each for groups of 5 or more. Class size is limited. Reserve your spot with your Visa, Mastercard or AmEx. Call Tammy at 987-0899.

Sunday, Nov. 13 — Financial Planning Seminar

9:00 am - Noon Cyril Mandelbaum will speak on financial planning and how make smart money choices. Bagels and coffee included. Cost: \$12 each at door, \$10 each in advance, \$9 each for groups of 5 or more. Seating is limited. Reserve your spot with your Visa, Mastercard or AmEx. Call Tammy at 987-0899.

Sunday, Dec. 11 — Hanukkah Bazaar

9:00 am - Noon All three synagogues, Maccabee's Deli, and the Jewish Resource Center will participate for one-stop-shopping! Breakfast available for purchase.

don't miss it!

Transportation is available. Call Pat at 987-0899.

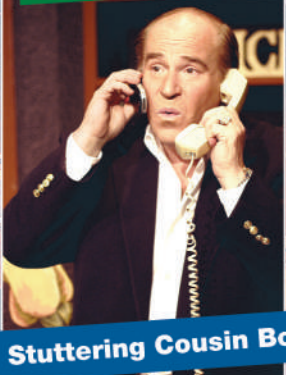
THE CASPE TERRACE

"HYSTERICALLY FUNNY!"

Non-stop laughs all the way!
Brilliantly done! I can't recommend
this show enough – it's just great!"

– Regis Philbin, "Live With Regis & Kelly"

Uncle Willie



Stuttering Cousin Bob

Demented Cousin Kenny



PRAIRIE MEADOWS TEMPLE THEATER SERIES
TENTH & LOCUST • DOWNTOWN DES MOINES

STEVE SOLOMON'S

**MY MOTHER'S
ITALIAN**

**MY FATHER'S
JEWISH**

**I'M IN
& THERAPY!**

MAY 11 – 22

WED, THU, & FRI 7:30 PM | SAT 2 & 7:30 PM | SUN 1 & 6:30 PM

CivicCenter.org • 800-745-3000

Civic Center Ticket Office • Ticketmaster Locations

PRESENTED BY THE CIVIC CENTER AT THE TEMPLE THEATER

ORDER ONLINE AND SAVE \$10

Visit: http://www.civiccenter.org/group_sales/e-tickets.php

Enter Code: MOTHER

Select: 'My Mother's Italian...', pick the performance you are
interested in attending and click on **FIND TICKETS!**

Enter Special Offer Code: MOTHER

*Offer valid online only, expires Monday, May 9. Valid for May 11 – 15 performances only.
Discount not valid for Saturday, May 14 evening performance. Limited quantities available.
Not valid on previously purchased tickets. All sales are final.

Jewish Federation of Greater Des Moines

TRIBUTE

PROGRAM

education

Our youth *is* our future. It is our responsibility to provide opportunities for them to develop into responsible Jewish adults. Many educational opportunities are available through the Federation and Foundation. Consider designating your gift to: Engman Camp Shalom, Hebrew Tutoring Scholarships, Community School Book Fees, the Student Scholarship for Trips to Israel or the Jewish Learning Institute.

senior care

Our seniors are the threads that weave the tapestry of our history and rich traditions. You can earmark your gift to offer social activities or help ease the burden of many of the challenges our seniors face: Social Outings (movies, plays, community events), Transportation to Doctor or Pharmacy co-pay, Groceries for a Week, In-home Safety Modifications, Adult Programming or the Iowa Jewish Senior Life Center.*

community

Our community's boundaries extend to faraway places such as Israel, Darfur and Russia. You can provide needed funds locally and abroad for programs such as: The Project Elijah Foundation's* Kosher Manna Program for feeding disadvantaged Jewish people worldwide, Partnership with Israel, Iowa Jewish Historical Society, The Caspe Terrace Tree Fund, Des Moines Jewish Foundation's Various Funds (please call 277-6321 x211 for more information), General Community Tzedakah Fund, Mischkiet and Aliber Holocaust Education Funds or Community Interfaith Relations.

*Independent organizations

For more information call Tammy at 515-987-0899.



What do you hold close to your heart? Special moments in time create lifetime memories. You can honor one of life's simchas or remember a loved one through the TRIBUTE PROGRAM offered by the Jewish Federation of Greater Des Moines and the Des Moines Jewish Foundation. An acknowledgement card in your name will be sent. You designate how the gift will be used by the Jewish Federation or you can contribute to an existing fund managed by the Des Moines Jewish Foundation. Let someone know that you are thinking of them while supporting what's close to your heart.