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PREPARING FOR A FUN SUMMER AT THE CASPE TERRACE

FIRST DAY OF CAMP IS MONDAY, JUNE 13

Summer is just around the corner, and parents may be scrambling to find a fun, safe and educational outlet for their kids before it gets here! On Monday, June 13, 2016, Engman Camp Shalom and Gan Shalom Camp offer an unforgettable ten-week odyssey that is open to children ages 2 years through 12 years. Campers will be transformed into miniature scientists, explorers, and adventurers as they investigate the wide and wonderful world beyond their backdoor at Caspe Terrace in Waukee, Iowa. FUN ensues daily while they experience the Great Outdoors through a series of quests – each day offering something entirely exciting and new. By the end of the camp after all of their exploring, examining, creating and sharing Engman Camp Shalom and Gan Shalom Camp hopes that the greatest find they'll discover is an enduring love of nature, lifelong friendships, and warm summer memories.

Summer Camp online registration is OPEN. For details, call 515-987-0899, engmancampshalom@dmjfed. org or ganshalom@dmjfed.org.

Jewish Federation of Greater Des Moines 33158 Ute Avenue Waukee, IA 50263-7538

Address Service Requested



Please join us for the

JEWISH FEDERATION OF GREATER DES MOINES' ANNUAL MEETING, JUNE 9

You are cordially invited to attend the Jewish Federation's Annual Meeting,

Thursday, June 9th from 5:30 pm - 7:00 pm at The Caspe Terrace. The meeting will be preceded by a deli dinner at 5:00 pm. For dinner reservations, please contact Jodi Larson at (515) 987-0899 x 213 or jodi@dmjfed.org.

The agenda for the meeting will consist of the Federation President's presentation of the Annual Report, and the submission of the slate of officers for election to the Board of Directors. New Board members will be introduced, and individuals will be recognized for their service to the community.

We hope to see you at the event!

The Jewish Federation of Greater Des Moines' All-in-One Campaign

The All-in-One Campaign has been launched! Lilianna and Jarad Bernstein are the Campaign Chairs and Barb and Bruce Sherman are the Honorary Chairs. Our goal for this campaign is \$514,000. We are counting on your support!







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Holocaust Survival: Family Stories

with

Dr. Harry Brod Dr. Pnina Luban And Dr. Mira Engler

Our rabbis will lead the memorial prayers

Wednesday, May 4th at 6:00 pm Tifereth Israel Synagogue, 924 Polk Boulevard | Des Moines

All are welcome.

The commemorative program will be preceded by a deli dinner at 5:00pm. For dinner reservations, contact jcrc@dmjfed.org or call the Federation at (515) 987-0899 x 213

This program is sponsored by the Jewish congregations, the Jewish Federation of Greater Des Moines and the Iowa Council for Holocaust Education.



Celebrate ISRAEL INDEPENDENCE DAY



COME WISH THE STATE OF ISRAEL HAPPY 68TH BIRTHDAY!

Sunday, May 15th, 2016 1:00 pm : An Israeli lunch

1:30 pm: The award-winning film "Cast a Giant Shadow"

Caspe Terrace | 33158 Ute Avenue | Waukee

For lunch reservations, RSVP to Jodi at jodi@dmjfed.org or (515) 987-0899 x 212)

Sponsored by the Jewish Federation and our Jewish congregations

The message of Passover stays with us



David Adelman, President

The holiday has come and gone. But the memories and message of Passover remains with us.

Jews, both secular and religious, around the world joined with family and friends for the Passover Seder. At the holiday meal, we recited the story of the exodus from Egypt, a journey from slavery to freedom that resonates with oppressed groups all over the world. Passover has always been a time for gathering, innovation, and reflecting on Judaism's commitment to freedom and social justice. But, Passover is anything but static. Throughout history, Jews have reinvented Passover; we have created new Seder rituals and updated the Haggadah in an effort to make our celebration more meaningful and relevant to our lives, incorporating such items as oranges, artichokes, and more. We have celebrated these progressive values that have transformed America and Israel, making it unique among nations.

Passover has always been my favorite Jewish holiday. As kids, it was the reciting of the four questions, singing all the wonderful songs, and the havoc created as we destroyed the house trying to find the afikomen. As I grow older I get to watch my children and

niece experience this sacred night. I admire the struggle for freedom that Passover emphasizes. I especially appreciated that we never put our freedom above others'—that in telling about our bondage we remember that there are people in the world who are not yet free. We align ourselves with their struggles, making them our own struggles. As Dr. Martin Luther King Jr. said, "Injustice anywhere is a threat to justice everywhere." We remember this at our Seder.

For me, the Seder is much more than a history lesson. It is a call to action. It tells us that the journey from oppression to freedom is ongoing, and that each of us has the responsibility be a part of that journey.

Like the Israelites who Moses led out of slavery long ago, it is up to us to never lose faith in the better day that lies ahead. In our own country, we can continue our march toward a more perfect union. Around the world and in Israel, we can seek to extend the miracles of freedom and peace, prosperity and security. And together, we can continue the hard but fulfilling work of tikkun olam, and do our part to repair the world.

It is this collective responsibility for each other, this commitment to leaving the next generation better than we found it, that binds us to each other and to all those with whom we live, whether we are in Des Moines, in Israel or elsewhere. These values explain why for many of us Judaism remains so important to us as a community.

For one hundred years the Jewish Federation of Greater Des Moines has been dedicated to finding a path to support our people, and through our Jewish values to support anyone in need. In partnership with our agencies and synagogues, we are here to help build community, whether in Des Moines, in Israel or around the world.

Our work continues wherever our people are in need. We continue to build our community school and welcome more children into Beit Sefer Shalom and Gan Shalom. Jewish Family Service provides critical services to our seniors and families in need. As events over the last year have shown—whether in Paris, Belgium or elsewhere in the world—our support for local communities fighting anti-Semitism must continue unabated. We are building community connections with our agencies and synagogues to meet challenges and investing in programs that so many of you make possible with your gifts to the All-in-One Campaign.

So, as we once again reflect on this year's Passover Seder, let us recognize the struggle that our people have endured. Let us rededicate ourselves to the principles of Jewish life and strengthening our community. And let the meaning of Passover remain with us and help guide us through the year.

Thank you for your personal engagement in the life of our community.

Shalom,

David

The Jewish Federation of Greater Des Moines has an opening for the position of Executive Director.

Interested applicants should view the information at the link below.

http://goo.gl/CvZrNw

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HE GREATER DES MOINES

Jewish Press

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We are always happy to consider articles and information for publication.

We reserve the right to edit submissions.

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Jewish Federation Campaign Kick Off































Photos courtesy of Todd Steinberg

Gan Shalom Preschool 2016-2017 Highlights by Anissa Deay

With the support of community members, Gan Shalom preschool children enjoyed live musical performances. Children were introduced to many musical instruments, such as the accordion, banjo, piano, clarinet, violin, cello and French horn. The children learned about audience participation and audience etiquette. The prekindergarten class enjoyed a performance at the Des Moines Civic Center.

Sukkot turned into a month of STEM (Science, Technology, Engineering, and Math) activities. Children gathered corn stalks to build the roof to their sukkah. When the sukkah came down, the children were determined to continue building with the corn stalks.

We have partnered with the Iowa Jewish Senior Life Center and Jewish Family Services. Once a month, a group of children join the seniors for Shabbat. The children look forward to their visit and gave Mish loach Manot and artwork.

This year's visitors included DramaTykes, Raccoon Valley Nature Lady, Waukee Fire Department, Dallas County Sherriff's Department, Belin Quartet, Lion's Club (Vision Screening), the Iowa State University Extension-Insect Zoo, Menace Soccer Club, Waukee Library, Harwood Players and talented parent volunteers.

Gan Shalom's first Annual Purim Spring Sing took place in Bucksbaum Auditorium. Children in costumes sang Purim songs in Hebrew for family and friends. Followed by a Purim precession. It was a huge success.

Gan Shalom Preschool Graduation will be on Thursday, May 26, 2016, 10:30 a.m. at Caspe Terrace, Bucksbaum Auditorium. Light Refreshments to follow.

Gan Shalom has a wonderful team of teaching staff. The prekindergarten children enjoyed the full support of Morah Juli Margolin. This class loves nature. They are problem solvers and work together in building a fast sledding track in the snow, building the sukkah, working in the garden and researching their interests. Morah Lisa Nelson's preschool children enjoy singing, puzzles and are very thoughtful and welcoming to each other and visitors. Morah Raizel's soft and calm energy has created an amazing learning environment. The language and cognitive development of two-year-old children are never fully appreciated. It has been a joy to observe her class and their growth. This stellar team of teachers is supported by Morah Mor and Mr. Zak. The children look forward to playing soccer and rugby with Mr. Zak. He has supported children with developmentally appropriate social-emotional skills and strategies. Morah Mor leads our Yom Sport and Z'man Ivrit programs. She throws an amazing Tu B'Shevat party and gives a great Yoga class. We thank our teachers for an amazing school year.









































Gan Shalom Preschool 2016-2017 online registration open. Contact Anissa Deay at ganshalom@dmjfed.org or (515) 987-0899 x 233

May/June 2016

The Greater Des Moines Jewish Press 5

In the Kitchen for Spring by Karen Engman

Year round, salads are terrific accompaniments for any lunch or dinner. As the temperatures heat up in the spring and summer, menus move away from soups and stews and turn more towards salads and grilled meats and fish.

These salad recipes combined with fruit are light and slightly sweet with their home made dressings. The Avocado Grapefruit Salad pairs nicely with grilled fish while the Maple Syrup Salad works well with chicken. Both of these salads are easy to prepare with ingredients stocked in most kitchens. Whatever fruit is in season can be substituted.

I don't remember who gave me the recipe for the Avocado Grapefruit Salad but my friend **Kay Riley** served the Maple Syrup Salad for our Book Group this winter and we all asked for the recipe!

Remember to call me (515-274-3300) or email (karen.engman@gmail.com) if you have a recipe to share or a cooking topic I can research.

Avocado Grapefruit Salad

Mixed greens & spinach

Pink grapefruit sections or slices

1 avocado, sliced

1 mango, sliced

Purple onions, thinly sliced

Cumin Vinaigrette Dressing:

1/4- 1/2 cup cider vinegar

½ cup olive oil

1 Tablespoon Dijon mustard

salt, pepper, and sugar to

1-2 teaspoons cumin

Whisk dressing ingredients and toss with salad greens and onions. Divide into individual servings on plates and then arrange grapefruit, avocado and mango slices.

Serves 4-6

Maple Syrup Salad with Fruit

Dressing:

1/4 cup mayonnaise

1/4 cup maple syrup

3 Tablespoons champagne or white wine vinegar

2 teaspoons sugar

1/2 cup vegetable oil

Whisk above ingredients together until combined. Refrigerate until ready to

Romaine or other greens

Walnuts, toasted

Green Onions, thinly sliced

Fresh fruit*, sliced

Optional: bleu or gorgonzola cheese

*Fruit choices: For spring use a mix of fresh berries and for fall, try apples, pears and dried cherries or cranberries.

In Profile: Violist Sherida Josephson An Interview on the occasion of her retirement from the Des Moines Symphony after 40 years of service

By Tracy Engman Finkelshteyn, her friend and musical colleague



TEF: Sherida, it is a pleasure to interview you and to congratulate you on your retirement as Principal violist of the Des Moines Symphony.

SJ: Thank you, Tracy.

TEF: Let's start from the beginning. Where did you grow up?

SJ: In Davenport. My paternal grandparents came from Romania through Ellis Island and ended up in a fairly large Jewish community in Rock Island. My dad was made to practice violin every day after Cheder. He of course grew to hate the violin! My mom grew up in England. She was a classical ballerina. They met in England during WW II. My dad was a navigator in the 8th Army Air Corps and flew overnight bombing missions over Germany and my mom was performing in a show to entertain the troops. I remember that when I was very young, I listened to classical violin concertos and ballet music.

TEF: Sherida, how does it feel to retire after performing with the orchestra for such a long time?

SJ: It occurred to me last week that I have never NOT been in an orchestra since I was a 4th grader. It will be strange but I'm looking forward to some new endeavors and experiences.

TEF: How and where did you come to study music and why the viola?

SJ: I started on violin in the 4th grade at school in Davenport. The two high schools in Davenport did Handel's Messiah every December. My orchestra director asked if anyone would volunteer to play viola for the Messiah that year, and I thought "hey, that sounds intriguing!"

TEF: In the DMSO, were you a section member before being

Principal?

SJ: Yes, for just a few years I was in the section. The Principal retired in the early 80's and I took the audition and won the position.

TEF: What are one or two highlights of your performing career?

SJ: Probably playing
Brandenburg #6 with Bill Preucil
and playing the big viola solo in
Vaughn Williams Fantasia on a
theme by Thomas Tallis. Being
Principal also comes with some
perks, such as getting calls to play
some of the Broadway shows
that come to town and other
gigs. Also, I really love playing
in the Belin String Quartet in the
summer as well as educational
concerts during the school year.

TEF: What repertoire do you enjoy playing the most?

SJ: I love playing Mahler symphonies and quartet repertoire, especially from the Romantic period. Dvorak and Brahms are big standouts for me.

TEF: Do you have any advice for aspiring orchestral musicians?

SJ: Yes. Study your instrument diligently but remember that it is very difficult to make a career in music performance. Also, there are many careers in music that are not necessarily performing. These include music therapy, fine arts management, music education and music business, just to name a few.

TEF: Are any of your children or grandchildren involved in music?

SJ: My daughter Danna is in the first violin section of the symphony. Three of my grandchildren study stringed instruments. One violin, one viola and one cello.

TEF: Do you have plans to continue performing or teaching after your retirement from the symphony?

SJ: I am planning on subbing with the symphony when I can. I'm also still in the Belin String Quartet and will continue teaching my private students.

TEF: Thank you so much for your time today. I know that I'll see you very often as Belin season is about ready to get started. Congratulations again, and thank you for the many times you've performed at your congregation, Temple B'nai Jeshurun, and for the community.

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May is National Stroke Awareness Month

Strokes can affect people of all ages and backgrounds. Learn how to safeguard yourself against stroke.

Every 40 seconds, someone in the United States has a stroke. In 2008 alone, more than 133,000 Americans died from stroke—or one person every four minutes—died from stroke, making it the fourth leading cause of death in the United States

A stroke, sometimes called a brain attack, occurs when a blockage stops the flow of blood to the brain or when a blood vessel in or around the brain bursts. Although many people think of stroke as a condition that affects only older adults, strokes can and do occur in people of all ages. In fact, nearly a quarter of all strokes occur in people younger than age 65.

Each year, almost 800,000 strokes occur in the United States. Strokes often lead to serious, life-changing complications that include

- Paralysis or weakness on one side of the body.
- Problems with thinking, awareness, attention, learning, judgment, and memory.
- Problems understanding or forming speech.
- Difficulty controlling or expressing emotions.
- Numbness or strange sensations.
 - Pain in the hands and feet.
 - Depression.

To help protect yourself and your loved ones, learn what steps you can take to prevent a stroke and how to spot a stroke if one occurs.

Lowering Your Risk for Stroke

Demographic factors such as family history, age, sex, and race/ethnicity can all play a role in an individual's stroke risk. Regardless of your background, however, there are several things you can do to lower your chances of having a stroke.

For example, cigarette smoking contributes to one in every five strokes in the United States. Smoking—and even exposure to second-hand smoke—can thicken the blood and make it more likely to clot. Thicker blood flow can lead to increased plaque buildup in your arteries and damage to the blood vessels leading to the brain, which can cause or worsen a stroke. So, quit smoking—or better yet, don't

start.

In 2011, the
Department of Health
and Human Services
launched the Million
HeartsTM initiative to
prevent a million heart
attacks and strokes by
2017. A primary focus is
on the ABCS to prevent
cardiovascular disease,

including stroke, and contribute to overall health:

- Know your ABCS of health:
- o Appropriate Aspirin therapy: Ask your doctor if taking aspirin is right for you.
- o Blood pressure control: Keeping your blood pressure under control reduces your risk of heart attack and stroke. More than half of the world's stroke deaths are caused by elevated blood pressure levels.
- o Cholesterol management: Get your cholesterol checked regularly and manage it with diet and physical activity or with medication, if needed.
- o Smoking cessation: Get help at 1-800-QUIT-NOW.
 - Exercise regularly.
- Eat a healthy diet that's low in sodium.
 - Maintain a healthy weight.
 - Prevent or control diabetes.
- Limit your alcohol intake (fewer than two drinks per day for men, or one drink per day for women).

Recognizing the Signs of Stroke

When responding to a stroke, every minute counts. The sooner a patient receives medical treatment, the lower the risk for death or disability. If you or someone you know exhibits the following signs or symptoms, call 9-1-1 immediately.

- Numbness or weakness of the face, arm, or leg, especially on one side of the body.
- Confusion, trouble speaking, or difficulty understanding.
- Trouble seeing in one or both eyes.
- Trouble walking, dizziness, or loss of balance and coordination.
- Severe headache with no known cause.

Remember, getting immediate medical attention for stroke is crucial to preventing disability and death, so don't delay—dial 9-1-1.

To learn more about reducing your risk for stroke, visit Million HeartsTM, a national initiative to prevent 1 million heart attacks and strokes over 5 years.

"PJ Our Way" is expanding PJ Library to kids ages 9-11



In 2014, PJ Library and the Harold Grinspoon Foundation introduced PJ Our Way to 10 communities nationwide. Now in 34 communities and with more than 4,500 subscribers, this new program for children ages 9 to 11, has successfully been bringing Jewish books into older children's lives as effectively as PJ Library has done with younger children over the last ten years.

Now PJ Our Way has expanded to 24 new cities, including Des Moines

Building on the success of PJ Library, which gives the gift of Jewish children's books each month to more than 140,000 children, ages six months to eight years old, in North America, PJ Our Way allows program participants to select one of four books every month, giving them more choice on their journey toward being life-long readers while introducing them to Jewish ideas.

"We believe these stories and their values help shape young people in their understanding of being Jewish, and it's our hope that PJ Our Way will ultimately build a strong community of young Jewish people," said Harold Grinspoon, Founder of PJ Library and PJ Our Way.

As part of the program, PJ Our Way participants can create book trailers, videos, quizzes, author interviews, and other media to communicate with peers about the books. The PJ Our Way website – www.pjourway.org –provides these new avenues for discussion.

"We've thought a great deal about how to engage older readers by giving them more say in what they read and then giving them creative platforms to talk to their peers about the books," said PJ Our Way Director Catriella Freedman.

PJ Our Way is indeed guided by a Design Team made up of participants from around the country. These children have early access to books and create videos and reviews, interview authors, participate in workshops and lead the conversation amongst their peers. PJ Our Way subscribers can apply to be a part of the national Design Team each October.

The PJ Our Way program is supported by the Harold Grinspoon Foundation based in Agawam, Mass. Sign-up at www.pjourway.org.

Upcoming JFS Events



- **5/12:** Senior lunch at Tifereth Israel Synagogue Laurie from Spirit Home Care will be joining us to talk about fall prevention.
- 6/14: Senior trip to Prairie Meadows.



Partnership2GETHER News

Visiting Israeli Violinists Performed Brilliantly













Through the Federation's participation in Partnership2GETHER, a people-to-people project partnering us with the Western Galilee in northwestern Israel, four, young and exceedingly talented violinists and their accompanist, a renowned Israeli composer, visited Des Moines in April. During their two day visit, the musicians were showcased in several venues.

The violinists performed for and with student musicians at the Des Moines Symphony Academy, stringed instrument classes at Valley High School and Valley Southwoods High School in West Des Moines, and for an audience including students of Beit Sefer Shalom at the Caspe Terrace. Our guest musicians performed sensationally and were well received. In addition, our guests were honored with a formal dinner at Glen Oaks Country Club attended by a number of prominent music teachers, officials from the board of the Des Moines Symphony, the West Des Moines City Council and Sister Cities Commission, as well as community members affiliated with Partnership2GETHER.

Two of the young violinists, 18 year old Yonathan Uziely and 17 year old Carmi Hadani live in Mateh Asher, which is the Sister City of the City of West Des Moines. Two reside in Akko, 22 year old Shir Taieb and 20 year old Adi Peled. Each of the student musicians are well known in Israel's north for their musical talent and are currently studying in schools of music. Their accompanist, Professor Michael Wolpe, who lives on Kibbutz Sde-Boker in the Negev, is one of Israel's most prominent composers and conductors in Israel. Professor Wolpe had the students prepare three-hours of music for their visit to the United States, including virtuostic solo pieces for each violinist.

All the musicians and a staff member from the Jewish Agency were graciously provided home hospitality by Andi and Jeffrey Lipman, Jeff being the Chair of the West Des Moines Sister Cities Commission.

After leaving Des Moines, the ensemble traveled on to their next performance venue: Budapest. Budapest is also part of our Partnership2GETHER (P2G) Consortium with the Western Galilee.

To get involved with P2G, contact jcrc@dmjfed.org.





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Partnership program celebrates 20 years of ongoing, meaningful engagement

Partnership2GETHER (P2G,) is a program of The Jewish Agency for Israel, the Jewish Federations of North America and Keren HaYesod. The vision: To create a global and united Jewish community. This year, there are 46 P2G regions in Israel partnering with 450 Jewish overseas communities.

How it all fits together:

Des Moines is in consortium with twelve Jewish American communities partnered with the people of the Western Galilee, in northwestern Israel. The Western Galilee encompasses the municipality of Akko and the region of Mateh Asher. Mateh Asher is the Sister City of the City of West Des Moines.

By Maayan Jaffe-Hoffman, eJewish Philanthropy

Every year, 80 teens from the northern Galilee region travel to the United Kingdom around the time of Yom HaZikaron (Israeli Remembrance Day) and Yom HaAtzmaut (Israeli Independence Day) for a series of "Magic Moments." These are high-achieving teens from generally affluent families in Israel. They enjoy a week of home hospitality with some of Britain's finest families, exploring each other's cultures, getting to know what life is like for one another and forming impenetrable bonds. It's magic.

The Magic Moments program is a flagship project of the United Kingdom's Partnership2Gether (P2G) relationship with communities in the northern Galilee area. It benefits the Israelis who get to experience that week in England. The impact on the UK community is likewise considerable.

According to Melvin Berwald, a member of the P2G international steering committee and the former cochair of the northern Galilee-England partnership, these Israeli teens plan England's Yom HaZikaron ceremony, a program that didn't exist in England before Magic Moments.

"They put on this solemn ceremony and suddenly the night falls and Yom HaZikaron becomes Yom HaAtzmaut – and suddenly everyone is celebrating," Berwald describes. "Within an hour there is this emotional change that gives the England community a snapshot of the true Jewish experience and of life in Israel. Every day in Israel, you see this: there is a terrorist attack and the next day someone is married. [This program] is a significant contribution."

P2G, a program of The Jewish Agency for Israel, the Jewish Federations of North America and Keren HaYesod, was formerly known as Partnership 2000 (P2K). Several years ago, it rebranded, solidifying a mission that centers on "revitalized, ongoing and meaningful engagement" between partnership communities. The vision: To create a global and

united Jewish community.

This year, P2G, with its 46 partnerships engaged in 450 Jewish overseas communities, is celebrating its 20 year anniversary. A celebration, coined P2G@20, will take place between April 4 and 7. The festivities will kick-off with a mega-event sponsored by the Rosh Ha'ayin-New Orleans partnership, including a New Orleans-inspired dinner and jazz music. Visitors from 25 partnership communities from around the world will then experience the power of the partnership through day trips through northern, western and southern Israel. All trips end with what Andrea Arbel, director of the partnership unit at JAFI calls, "the essence of how we do what we do:" home hospitality.

P2G@20's honorary chair is Raya Strauss Ben Dror, president and co-owner of the Strauss Investment Company and co-owner of Strauss-Elite Group and the former P2G international co-chair.

A (OVER)SEA(S) OF CHANGE

P2G is a powerhouse of peopleto-people connections, with 350,000 program participants annually, 450 programs and 10,000 volunteers. But it was not always the inspiration it is today. When P2G began as P2K, it was focused mainly on philanthropic support for the budding Jewish state. Then, American cities were paired with Israeli communities, represented by municipal staff – usually the mayor. The Israeli communities came up with ideas for how to make their communities stronger and petitioned the American communities to help fund those initiatives.

"There was one side giving the money and the other side giving the ideas," recalls Doron Lev, co-chair of the P2G international steering committee, who has been involved with P2G for more than a decade. "Usually, each side thought it knew what was good for the other side and there was this sense, this feeling that it was not really a partnership."

Lev says that discomfort has dissipated, resulting in "a real partnership. ... Each side decides what it needs and they work together to achieve these goals. ... All the time: people-to-people."

Today, lay committees from abroad meet with lay committees from Israel, which has shifted the dynamic to one of colleagues, peers, friends and family.

Harold Gernsbacher, P2G international co-chair emeritus, says the program engages individuals of all ages, from young children through school pairings, to youth through online holiday celebrations, picture and book exchanges, to adults and older adults through art, music and cooking exchanges. He admits it's "not always a love fest," but the magic is how Jews from around the world can sit around the same table and help each other make decisions to benefit the

Jewish people.

For Americans and other Jews abroad, says Arbel, the partnerships play a key role in solidifying Jewish identity and connection to Israel. So many recent studies point to a growing disconnect from Jewish peoplehood and the State of Israel. The partnership, explains Berwald, sparks new and vibrant connections.

"I think the partnership idea is the next generation's model for the Diaspora having a special relationship with the people of Israel," says Berwald.

Similarly, for Jews from smaller Jewish communities, such as France and Britain, where anti-Semitism is on the rise, Berwald says P2G offers a personal connection and a chance for them to feel they have a home in Israel.

"We live in a very troubled world and perhaps with the exception of the Jewish community in America, which is enormous, communities in other parts of the world will perhaps find themselves in Israel in a generation or two," reasons Berwald. "The more and stronger these relationships are, the better; Jewish people are always stronger together."

For Israelis, the benefit stems way beyond philanthropy, too. Arbel, who lives in Israel, says Israelis tend to be, "great Zionists and great Israelis, but that doesn't mean they wake up in the morning thinking about the Jewish people as a Jewish people. Being a Jew in Israel is natural. ... Israel has such an important role to play in the resilience of the Jewish people and Israelis' consciousness needs to be raised to that."

Arbel says Israelis involved in the partnership now have an understanding of what it means when folks abroad talk about "survival of the Jewish people," and they have begun to glean an understanding of the challenges that Jews face overseas.

"When it comes to the issue of assimilation, this mega issue lives in the overseas community," says Arbel.

FRIENDS THAT BECOME FAMILY

Lori Klinghoffer visits Israel several times a year. Without fail, some cabbie always asks her the intimate question, "So, do you have family here?"

"Today, I can answer, 'No one that it technically related to me, but yes, I have family here,'" says Klinghoffer, referring to friends she has through her Greater Metro West, New Jersey partnership with Ofakim-Merchavim.



Klinghoffer recalls how when her community's partnership first started, Metro West was focused on improving the economic status of the poor town of Ofakim, known as an Israeli development town. Partnership leaders quickly understood that they would not be able to infuse enough cash into Ofakim to make the difference it needed financially. Instead, they decided to focus on building community strength and pride.

Metro West helped Ofakim to launch new educational programs, add dance troupes and art projects, infusing a sense of palpable pride.

"No longer does Ofakim feel like second class citizens in the country," says Kinghoffer. "It is one of the best accomplishments we have achieved."

Several years ago, Klinghoffer and her husband helped donate the Klinghoffer Art Igloo, where top Israeli artists come to work with local children. One Purim, Klinghoffer was visiting Ofakim when the primary school students made Purim puppets and then put on a Purim play.

"I looked at those kids like they were my own children," recalls Klinghoffer. "I had tears running down my face the whole time. I videoed the whole thing and shared it with everyone.

"This is what it is all about: bringing kids together around art, the story of Purim, feeling good about themselves and ourselves – Jewish pride."

P2G is almost the only platform that brings Jews together – not on a political level and not on a philanthropic level, says Lev.

He continues, "P2G is about the need and interest in being together."

To get involved with Jewish Federation's Partnership2GETHER in Des Moines, contact jcrc@dmjfed. org.



Choose Wisely by David Friedgood

'At the turn of the year, it is the season when kings go out to battle' (Samuel II 11:1). Similarly, every four years, it is the season when Americans go off to elect their leader (their president) for the next term. "Utter futility! - said Koheleth (the author of Ecclesiastes). Utter futility! All is futile! What value is there for man, in all the gains he makes beneath the sun? (Eccl. 1:1-3) In the cycle of our lives, one leader follows another. Is Koheleth correct that nothing changes? Can a leader, can a president, can any human, influence the course of our lives or the course of history? How do we choose? What traits should we look for in selecting the next president - the leader of the 'free world'?

I believe our Bible can offer some insight to help us answer these questions. The last four books of our Torah essentially mirror the life of our first national leader - Moseh Rabbeinu – our teacher Moses. It is Moses who, under God's guidance, shepherded the new Israelite nation from the narrows of slavery in Egypt to the expanse of freedom in their new home. Moses taught that human life is of infinite value. Each of us - rich and poor, male and female, freeman and slave, (Democrat and Republican), is of equal value before the Creator of us all. We are all endowed with God-given rights that no man can appropriate. With these rights come responsibilities, most of which are outlined or alluded to in the Biblical text. Each of us has unlimited potential to improve our lives and the world we all live in. Unfortunately, humankind has not sufficiently matured to successfully manage societal needs for our collective benefit. Too many of us lack a broad perspective and we behave poorly. Some unfortunately seek to prosper at the expense of our neighbors. Writing in the 12th

century, the great sage Maimonides implores us to avoid the sin of pursuing evil; and, to eliminate idolatry from our lives: "all the great evils people cause to each other because of certain intentions, desires, opinions, religious principles, originate in ignorance, which is the absence of wisdom. If men possessed wisdom, they would not

Thus said the LORD: Let not the wise man glory in his wisdom; Let not the strong man glory in his strength; Let not the rich man glory in his riches. But only in this should one glory: In his earnest devotion to Me. For I the LORD act with kindness, Justice, and equity in the world; For in these I delight - declares the LORD. (Jeremiah 9:22-23)

and Israelite woman.

As a man Moses was far from

perfect. He had to endure several

challenges to his leadership and at

times made wrong decisions. At the

end of his years he was not allowed

to enter the Promised Land as God

punished him for his transgressions.

Moses remained a humble man but

cause any injury to themselves or to others; for the knowledge of the truth removes hatred and quarrels, and prevents mutual injury." (Guide of the Perplexed Pt. III, ch. 11) Idolatry is defined as the pursuit of 'false gods', which includes all behavior that does not better us personally or move us towards the goal of a better world (tikun olam). Moses, as his people's leader recognized these mortal imperfections. The Torah he authored, in the name of our LORD, sets out rules and laws for the people to live by. We are rewarded for good behavior and punished for bad. Moses organized a justice system that promised blind justice to all. He set up institutions to run the new nation, including a system to raise funds needed to support the priests and military. He organized a system for conscription when soldiers were needed. As a leader, Moses sought and listened to the advice of others, including his non-Jewish father-in-law did argue with his LORD on behalf of the people when necessary, but never for his personal benefit. When need be, he was forceful and acted directly. More often he was thoughtful and deliberate in his behavior. Initially Moses was reluctant to leave his comfortable life as a shepherd in his father-in-law's house, but was persuaded to go to Egypt and lead his people when the need was apparent. He was essential, as God's intermediary on earth, to ensure the survival of the Jewish Nation. For the last third of his life, Moses guided his people through the wilderness, both physically and spiritually. He oversaw their nourishment, physical safety, and moral well-being. He planned for their future and arranged for the people to be led by an experienced leader when he was gone his protégé Joshua. Today Moses is revered as our greatest prophet, the author of our Torah (under the guidance of God), but is never

worshipped. Despite being central to the Exodus story, Moses is not mentioned in the Passover Haggadah. Although he passed millennia ago, Moses remains a watchman over Israel. The Jewish marriage ceremony confirms a couple's union "according to the law of Moses and Israel". It has been said that 'Zeus never lived, but Moses never died'.

In the 5th book of our Torah Moses provides us with guidance as to what we should look for in a future leader: "If, after you have entered the land that the LORD your God has assigned to you... and you decide, "I will set a king over me..." you shall be free to set a king over yourself... And he shall not have many wives, lest his heart go astray; nor shall he amass silver and gold to excess. When he is seated on his royal throne, he shall have a copy of this Teaching written for him on a scroll... Thus he will not act haughtily toward his fellows or deviate from the Instruction to the right or to the left..."(Deuteronomy 17:14-20) The Jewish King is to be a constitutional monarch, beholden to the law and to his people. The leader is not to act in self-interest at the expense of others. He or she is not to accumulate excessive wealth or subjugate his constituents. By virtue of their position, leaders are especially responsible for the common good. The purpose of leadership is to secure the proper order of the state and its affairs, and to free men from their mischief and wrongdoing, so that society can thrive for the material and spiritual benefit of us all.

As we enter the season to choose our leader, I hope we have the sense to choose wisely. I believe Koheleth is incorrect is his pessimism. Men and woman can, and have, made a difference. The right choice can significantly influence us, and the world we all live in.

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JCRC News

Combatting Hunger in Iowa

In March, JCRC's Advocacy Committee on Hunger participated in the Iowa Food Bank Association's Anti-Hunger Day on the Hill. Pictured here are Mark Finkelstein along with Cory Berkenes, executive director of the Iowa Food Bank Association.



JCRC convened with ADL Director

JCRC met with Mary-Beth Muskin, the ADL's Regional Director, during her recent visit to Des Moines. Pictured are Melanie Sandler, Dr. Mary-Beth Muskin, Sharon Goldford (interim Federation director) and Mark Finkelstein.



At The AIPAC conference



Qassam Hanukkiya on display at AIPAC.



Rabbi David Kaufman and former Israeli ambassador to the United States, Michael Oren.



JCRC's Mark Finkelstein is pictured along with Luis Fleischman Jcrc director in West Palm Beach and David Bernstein, President of the Jewish Council for Public Affairs.



We visited with Iowa native, Gabriel Sandler who works for Senator Chuck Grassley's Office as a Legislative Correspondent. Gabriel is the son of Melanie and Peter Sandler.

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MEMORIAL STOLPERSTEINE SET IN FRANKFURT AM MAIN, GERMANY, FOR MY GRANDPARENTS AND GREAT UNCLE WHO WERE MURDERED BY THE NAZIS

by Hanna Rosenberg Gradwohl

Since 1995, the German artist Gunter Demnig has been crafting and setting "stolpersteine" in memory of civilians murdered by the Nazis during the Holocaust. The term "stolpersteine" literally means "stumbling blocks". Demnig selected this designation because, in pre-World War I Germany, it was a custom for non-Jews, if they stumbled along a cobblestone-paved street, to say, "There must be a Jew buried here." These memorials consist of concrete blocks, approximately four inches square, covered with a sheet of brass. On these brass plates, Demnig stamps the words "Hier wohnte" (here lived), the name of the victim, his or her birth date, date of deportation, and place and date the victim was murdered by the Nazis. If possible, the stolpersteine are placed flush with the sidewalk in front of the last place the individual voluntarily resided.

Demnig set the first stolpersteine in the city of Cologne in 1995. Since then, over 50,000 of these memorials have been installed, primarily in Germany, but also in Austria, the Netherlands, Belgium, Italy, Hungary, Poland, Ukraine, Norway, and the Czech Republic. Although most of the stolpersteine have been set in memory of Jews, Demnig has also installed these memorials for other victims of the Holocaust: Roma and Sinti (also known as Gypsies), Jehovah's Witnesses, homosexuals, blacks, Communists, physically and mentally disabled, and Christians (both Catholics and Protestants) who opposed the militarism, xenophobia, and genocidal goals of the Nazis.

On Sunday, May 17, 2015, Gunter Demnig set three stolpersteine in Frankfurt, Germany, in memory of my paternal grandparents, Bernhard "Benno" Rosenberg and Hedwig Speyer Rosenberg, and my great uncle, Julius Speyer. Hedwig and her brother Julius were born in Völkerhausen, in 1874 and 1872 respectively. Benno was born in Dankelshausen in 1872., When Benno married Hedwig, he settled in Sonneberg and joined the Speyers in the ownership and operation of a department store established there in 1895. By 1938, rampant anti-Semitism forced the family to sell their store to an "Aryan" businessman. Benno, Hedwig, and Julius subsequently moved to Frankfurt am Main, seeking security in the larger Jewish community there. Ultimately, there was no security. The three were deported from Frankfurt to Theresienstadt on September 2, 1942. Benno and Hedwig were sent on to Treblinka and murdered there on September 29. Julius remained in Theresienstadt and was murdered there on November 28.

The setting of the stolpersteine in memory of my grandparents and great uncle was initiated by a man named Hans Bruno Venema who contacted my young cousin, Angela Rosenberg, in Berlin. In 1942, Mr. Venema was a young boy living in the same apartment house as Benno, Hedwig, and Julius. He remembered

his Jewish neighbors and the fact that they had been deported and sent to their deaths by the Nazis. He offered to sponsor the setting of stolpersteine in their memory. Interestingly enough, the Venema family was mentioned in letters my grandparents and great uncle had written to my parents in Lincoln, Nebraska. The letters often mention the Venemas' daughter, Bärbel, who was about my age and made my grandparents long to see me again. The last time I saw my grandparents and great uncle was in early August of 1937, when I was not yet two years old, just before my parents and I escaped to the United

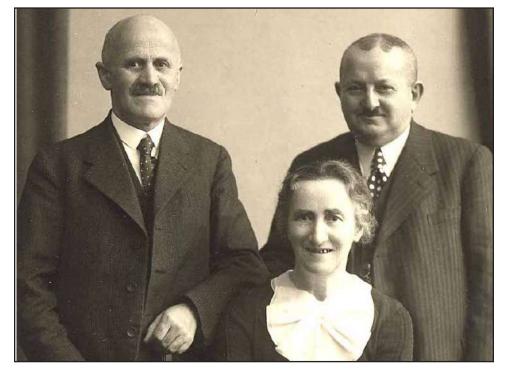
Setting of the stolpersteine was an occasion for a small family reunion. Coming from Berlin was my cousin Angela (daughter of my late first cousin, Jochanan "Joe" Rosenberg, whose family had fled to Palestine before WWII), her husband, Andreas Schlaegel, and their daughter, Naomi Rosenberg. My brother, John Rosenberg and his wife, Anke Boudreau, from Madison, Wisconsin, joined my husband, David, and me. This was also an opportunity for us to meet Hans Bruno Venema and his wife, Maria, their daughter Ute Müller and her husband, Ernst. In addition there were relatives and friends of Angela.

Our group met for lunch at the Café Laumer, a favorite neighborhood restaurant where Benno, Hedwig, and Julius liked to eat before Jews were prohibited from eating in public places. We then walked to Westendstrasse #88 where the large apartment house once stood. Today, a modern office building occupies that space. But Mr. Venema pointed to older apartment houses still standing across the street to give us an idea of the 19th century architectural style of the building in which the Venema family, my grandparents, and great uncle once lived. He described where the main entrance, gardens, and sidewalks had been.

Meanwhile, Gunter Demnig had already visited the location and had prepared a place within the interlocking concrete bricks of the sidewalk for the placement of the stolpersteine. Shortly after our arrival, members of the Frankfurt Stolpersteine Initiative organization appeared. They unfurled a large banner reading "Steine Gegen das Vergessen" (Stones Against Forgetting). Soon after that, Gunter Demnig came and quickly set about placing the stolpersteine. He removed several loosened concrete bricks from the sidewalk and placed the three stolpersteine into the remaining gap. Next he filled the remaining spaces with small cobblestone fragments and tapped them into a level surface. Then he spread a mixture of sand and powdered cement over the area to fill up all the intervening spaces. Finally, he poured water over the area, and brushed it clean. Then he hurried off to set some fifty other stolpersteine in Frankfurt that

weekend. Meanwhile, Mr. Venema and Angela delivered speeches followed by short statements of appreciation by my brother and me. During the speeches, Andreas held up photographs of Benno, Hedwig, and Julius - - literally the faces of history being commemorated on that day. By that time a crowd of 45-50 people had gathered. The leader of the Initiative asked us all to form a circle, join hands, and spend a moment of silent contemplation on the occasion and the importance of remembrance. Finally, one of Angela's friends stepped forward and placed a large bouquet of white roses next to the stolpersteine. Tears of profound loss and sublime gratitude flowed down our cheeks. We were all thankful that Gunter Demnig's setting of these stolpersteine had brought back from anonymity the names and living memories of Benno Rosenberg, Hedwig Speyer Rosenberg, and Julius Speyer. Now, the lives of my grandparents and great uncle will remain, not only in the minds of our family, but as a blessing in the sidewalk at Westendstrasse #88 in Frankfurt am Main, Germany.







Film and linguistics explored by Israeli artist Orr Menirom

The inaugural event of the **Toni and Tim Urban International Artist-in-Residence Program** presenting Israeli artist Orr Menirom was held at the Des Moines Art Center in March. Originally from Tel Aviv, Orr works in the medium of film and explores the relational ambiguities between visual images and narration. The results are aesthetically rich, clear, and engaging. Here Orr is pictured along with the director of the Des Moines Art Center, Jeff Fleming.



Jewish community represented at 'Religions of Des Moines' celebration

The Jewish community was represented at an interreligious event held at Drake, 'Religions of Des Moines,' in April. Performers from our community included cantor Patrick Courtney from Tifereth Israel Synagogue, cantorial soloist Ira Lacher from Temple B'nai Jeshurun, and the Java Jews Klezmer Band. The multi-faith program was sponsored by DMARC and Drake University.



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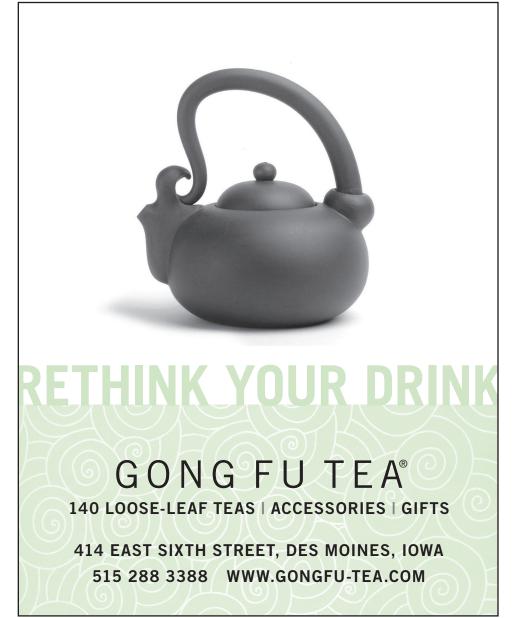
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On behalf of The Iowa Jewish Senior Life Center



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Purim at Beit Sefer Shalom













Ohringer Family Education Day

Ohringer Education Day was one of the highlights of the Beit Sefer Shalom school year! The event celebrated kosher cooking and baking, a tradition passed down in the Ohringer Family. All ages were included in the day and students made and tasted several traditional Jewish foods.

"We want to thank all of those involved in making the day a success, and our special cooks who participated as well." -Sheldon Ohringer











Photos courtesy of Todd Steinberg

End of year at Beit Sefer Shalom

On April 17th Beit Sefer Shalom students were bursting with excitement as the 2015-16 school year culminated with a fun celebration at Caspe Terrace. Guests from throughout the Jewish community joined students and staff for a program that featured singing, dancing, a celebratory video, and much more.

"Our children never cease to amaze me. They get on the stage and show us how wonderful they are after a year with fantastic teachers and role models. They represent what our community is all about." says Sharon Goldford.

The 2nd annual Fun Run from Ute Ave to the backyard led to an all school picnic complete with DJ, inflatables, and games. A wonderful time was had by all. Special thanks to Cynthia Shulman as she retires after 17 years teaching preschool and creating a lasting foundation in our community.

Kol HaKavod to Gabrielle Callistein "I can't imagine a more satisfying volunteer experience than my past three years as president of the Beit Sefer Shalom Board of Directors. On the last day of school it gave me such a sense of joy to see Bucksbaum Auditorium overflowing with celebratory parents, grandparents, teachers and students and then to see all of them later on the back lawn smiling, playing and dancing in the sun. Our education wing is bursting at the seems with students and happiness. I am so proud of the work that has been done by the Beit Sefer Shalom board, Sophie Homonoff and our entire staff." says Gabrielle Callistein

Registration is open online at: **https://goo.gl/eulkBZ** for the 2016-17 school year with discounts until June 1.



















Photos courtesy of Todd Steinberg

Community Report March / April



Beit Sefer Shalom Students visit Maccabees Deli



Celebrating Purim at Beit Sefer Shalom

Beit Sefer Shalom students playing Ga-Ga on the last day of school.



Gan Shalom students learning about corn.



Gan Shalom students learning to count money.

Education

Beit Sefer Shalom / Gan Shalom Preschool / Engman Camp Shalom

- Gan Shalom tours and parent inquiries increased for summer camp and 2016-2017 Preschool, resulting in new enrollments. Contact ganshalom@dmjfed.org to schedule your tour NOW.
- Gan Shalom celebrated Purim with a Spring Sing performance for family and friends. Children wore costumes, sang and paraded in Bucksbaum Auditorium. Video of the Gan Shalom Purim Spring Sing is on the Gan Shalom Facebook page.
- Children participated in Week of the Young Child. Families donated towels and blankets for an Animal Shelter, donated to the Food Pantry and visited friends at the Iowa Jewish Senior Life Center. Children cleaned the garden and welcomed visitors with a smile and saying 'Shalom'. It was Mighty Mensch Week.
- United Way of Central Iowa awarded the Jewish Federation of Greater Des Moines with the 2016 Community Gardens Mini Grant. Gan Y'ladim (The Children's Garden) will provide learning opportunities for children. The produce will be delivered to the Des Moines Area Religious Council (DMARC) and the Iowa Jewish Senior Life Center. Vegetable seeds, soil, mulch and other garden donations would be appreciated for the Gan Y'ladim project.
- Gan Shalom and Engman Camp Shalom editorial featured in the Napa Valley March 2016 publication.
- Ohringer Education Day on 2/21 was a fabulous way to teach students about traditional Jewish foods.
- Students enjoyed class at Tifereth Israel Synagogue on 2/24.
- 3rd-12th graders experienced the Jerusalem IMAX at the Science Center during a special school fieldtrip.
- Students celebrated Purim on 3/6 with a carnival and other special Purim activities.
- Friday night Shabbat services and dinner was led by Beit Sefer Shalom students at Temple B'nai Jeshurun on 4/1.
- P2G violinists performed for all 3rd-12th graders on 4/13.
- Beit Sefer Shalom students had a blast at the End of Year Celebration on 4/17.

Jewish Family Services & Outreach

Jewish Family Services and Outreach

- Our February senior luncheon was held at Temple B'nai Jeshurun. Abe Goldstien entertained the group with accordion music and anecdotes.
- In March, seniors enjoyed an outing to Prairie Meadows. Good food, music, and socialization!
- Delivered Mishloach manot prepared by the students of Gan Shalom to seniors.
- We met with Governor Branstad, Michael Wolnerman, and Di Findley of Iowa Caregivers to discuss the needs of individuals who work with the elderly and disabled. Jewish Family Services will partner with Iowa Caregivers to address the training and support needed to care for our elderly.

Community

Jewish Community Relations Commission

- Worked on Holocaust Education issues with the Iowa Council for Holocaust Education and student visits to the Holocaust Memorial at the State Capitol.
- Helped move forward the social services advocacy issues regarding food insecurity and disabilities support.
- Assisted with the City of West Des Moines Mateh Asher partnership and Partnership2GETHER programming.
- Worked more on education about modern antisemitism.
- Worked in support of pro-Israel advocacy.

History

Iowa Jewish Historical Society

- The Iowa Jewish Historical Society hosted more than 70 sophomores from Van Meter High School on March 11 who were studying the Holocaust. They visited the museum and listened to excerpts from Joseph Waizman's testimony about his experiences in the concentration camps during the Holocaust.
- The IJHS also hosted a group of homeschool students for a tour of the museum on April 21.
- The IJHS will be participating in the Wonder of Words Festival in the Western Gateway Park in Des Moines on June 18 & 19 to promote the IJHS and our cookbook.
- Artifacts from the IJHS are on exhibit through May 28, 2016 at the Grout Museum District of History & Science in Waterloo, IA. The artifacts will be displayed as part of the Iowa's Ties to the Holocaust exhibit featuring the recollections of GIs present at the liberation of the concentration camps.
- The IJHS has digitized more than 90 oral history interviews recorded on audio and video tapes from 1979 through 2006. Excerpts from the tapes have been used for students studying the Holocaust, research for current exhibits, and articles for the Jewish Press. The IJHS is looking for volunteers who want to help listen to the tapes and outline the information on the tape. If you are interested, please email ijhs@dmjfed. org or leave a message at 515-987-0899 ext. 216.

Called "a tremendous medical accomplishment." Weizmann Institute drug narrowly targets tumors on the prostate without damaging other tissues.

Newswise — A therapy invented at the Weizmann Institute of Science and clinically developed in collaboration with Steba Biotech (Luxembourg) has been approved by Cofepris, Mexico's health authority, for the focal treatment of early-stage prostate cancer.

The therapy involves a laser and a novel drug, TOOKAD® Soluble. A successful Phase III clinical trial in Latin America (Mexico, Peru, and Panama), involving 80 patients, confirmed the high rate of local cures and minimal side effects already reported in Phase II clinical trials, as evidenced by negative biopsies and maintenance of patients' potency, continence, and overall quality of life.

The marketing approval in Mexico comes in the wake of the recent completion of a second Phase III clinical trial in Europe. This randomized pivot study compared disease progression, cancer-free rate, and urinary and erectile functions in patients treated with TOOKAD® Soluble and those undergoing active surveillance, with a follow-up of two years. It involved more than 400 patients at 43 hospitals in 11 European countries, and is currently under evaluation by the European Medicines Agency (EMA).

The approved therapy follows a new paradigm – developed by Prof. Yoram Salomon of Weizmann's Department of Biological Regulation and Prof. Avigdor Scherz of the Department of Plant and Environmental Sciences – in the framework of photodynamic therapy. It comprises an intravenous infusion of TOOKAD® Soluble, immediately followed by near-infrared laser illumination through thin optic fibers that are inserted into the cancerous prostatic tissue under ultrasound control. TOOKAD® Soluble was first synthesized in Prof. Scherz's lab from bacteriochlorophyll, the photosynthetic pigment of certain aquatic bacteria that draw their energy supply from sunlight.

The drug stays in the patient's blood for just 3 to 4 hours and shows no toxicity. Confined illumination of the diseased tissue activates the circulating drug locally, resulting in the extensive generation of short-lived toxic molecules: oxygen and nitric oxide radicals. These highly reactive molecules initiate rapid occlusion and destruction of the tumor blood vessels, followed by necrotic death of the entire tumor while sparing nearby structures and their functions. The use of near-infrared illumination, together with the rapid clearance of the drug from the body and the unique non-thermal mechanism of action, makes it possible to safely treat large, deeply embedded cancerous tissues using a minimally invasive procedure. The recent marketing approval was provided to both the drug (TOOKAD® Soluble) and the laser illumination device (Laser), together designated Vascular Targeted Photodynamic Therapy (VTP) with TOOKAD® Soluble.

In the currently approved focal therapy setting, TOOKAD® Soluble VTP

(TS-VTP) is an outpatient procedure lasting approximately 90 minutes. Patients are released a few hours later and can return to normal activities within a few days, with none of the side effects frequently associated with prostate removal by surgery or radiotherapy.

This new, minimally invasive technology offers a good alternative to patients diagnosed with early-stage prostate cancer. The number of these patients has dramatically increased in the last two decades due to widespread screening of prostate-specific antigen (PSA) levels. This population faces the dilemma of undergoing the radical treatment of prostate removal, which carries the risk of high morbidity, or remaining under active surveillance, with increased risk of further cancer progression.

TOOKAD® Soluble answers an unmet need in providing this category of patients with an appropriate treatment that combines good efficacy with preservation of the quality of life.

The Weizmann Institute and Steba Biotech are currently pursuing an extensive oncological research program in collaboration with several clinical groups at Memorial Sloan Kettering Cancer Center in New York City. Four clinical studies for more advanced prostate cancer and other oncological indications stemming from this research are scheduled to start in 2016.

Yeda Research and Development Company, the Weizmann Institute's technology transfer arm, has licensed the drug to Steba Biotech, which manufactures TOOKAD® Soluble. Amir Naiberg, CEO of Yeda, says: "Our cooperation with Steba covers 20 years of fruitful collaboration. The commitment made by the shareholders of Steba and their personal relationship and effective collaboration with Weizmann Institute scientists and Yeda, have enabled this tremendous accomplishment."

Prof. Yoram Salomon's research is supported by the Principal Anstalt. Prof. Salomon is a Professor Emeritus at the Weizmann Institute. He was the incumbent of Charles and Tillie Lubin Professorial Chair for Biochemical Endocrinology until his retirement in 2009. From the start, Prof. Salomon and Prof. Scherz acted jointly as principal investigators in collaborative research supported by numerous agencies. Prof. Salomon has been a consultant on these projects since 2009.

Prof. Avigdor Scherz's research is supported by the Leona M. and Harry B. Helmsley Charitable Trust; the Wade F.B. Thompson Charitable Foundation; the Principal Anstalt; and Sharon Zuckerman, Canada. Prof. Scherz is the incumbent of the Robert and Yadelle Sklare Professorial Chair in Biochemistry.

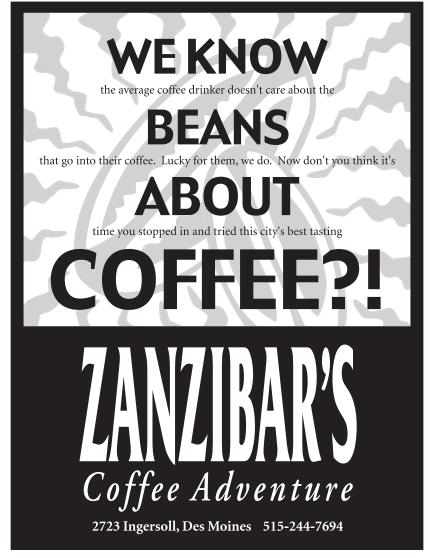
Source: Weizmann Institute http://bit.ly/1RLNaxF

Best wishes for a great summer.

Bruce Sherman
Dave Lettween and families



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May/June 2016

The Greater Des Moines Jewish Press 17

At Home in Napa Valley

Features

The Gan Shalom Pre-School and Engman Camp Shalom

Camp and Pre-School Right in Our Backyard – OK, about 2 miles away, but close enough when you live in Napa Valley

You have probably driven by the Caspe Terrace sign on Ute Avenue on a daily basis. Did you know it's home to an amazing 46 acre campus that houses the Gan Shalom Pre-School, summer camps and the Des Moines Jewish Federation?

The Gan Shalom Pre-School is a private school that takes kids from ages 2 – pre-K. You do not need to be Jewish to attend, in fact many families that attend are not Jewish, including residents Gilmara and Marty Mitchell who send their daughter Julia to Gan Shalom.



Growing Life Long Learners



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Snack Time for Julia!

"Our daughter, Julia has started preschool at Gan Shalom. We have been extremely impressed by this high quality preschool program! The staff at GS is friendly and because of the small size, each one of them knows us well. The classroom sizes are small (five kids in Julia's room), they offer individualized attention, the facility is amazing (new, secure, clean, large outdoor area), and it is three minutes away from our home. Although we are not Jewish, we welcome opportunities to have our girls exposed to diverse cultural backgrounds. We would highly recommend Gan Shalom!" said Gilmara Mitchell.

Class sizes are incredibly small (at the time of this article there were 25 total students enrolled across 3 different classrooms) and the school uses the creative curriculum and the GOLD assessment, which meets children where they are developmentally. Hebrew and Judaics are infused throughout the week with blessings before meals and on the Friday Shabbat program. The Federations values (Community, Loving Kindness, L'Dor Va'Dor, Hatikvah and Integrity) are taught as part of our daily experiences.

This article was republished with permission from "At Home in Napa Valley"



Birdie getting up-close-an-personal with furry friends



Hanging with the Menace

A typical day of pre-school includes free choice learning centers, outdoor activities, small group activities, weekly enrichment like Menace soccer, Dramatykes, the Nature Lady from Raccoon River Nature Lodge, Sports Day, music and so much more. There is also a dedicated craft room, library media center, and gross motor activity room for the pre-school. Outdoors, children enjoy hiking, exploring, navigating trikes, and climbing on a state-of-the-art playground structure. For more information about the pre-school e-mail ganshalom@dmjfed.org or call their incredible preschool director, Anissa Deay, at 515-987-0899 X233.

Summer Camp for Ages 2 – 12

There are two camps offered on the Caspe Terrace Campus - Engman Camp Shalom for 5-12 year olds and Gan Shalom Camp for 2 -4 year olds. Residents Peter and Stephanie Bratney sent their daughters Anna Lucy and Birdie to camp last year.

"Last summer our 5 and 3 year old daughters attended all day camp at Gan Shalom and Engman Camp Shalom. Our oldest



Anna Lucy practices skits

daughter also attended a half day camp in Okoboji, where I grew up. I knew Engman Camp Shalom was a hit when Anna Lucy told me that she preferred Engman Camp Shalom over the Okoboji camp because it was fun and 'shorter.' I guess she was having such a good time she didn't realize it was actually twice as long as the half day camp! We will definitely be sending our girls to Engman Camp Shalom and Gan Shalom again. The staff there is wonderful, caring, and attentive." said Stephanie

The camp program offers families the utmost in scheduling flexibility from full days, half days, full weeks, partial weeks... there is something for everyone. The camps have been running at this location for over 10 years and Engman Camp Shalom was recently accredited by the American Camping Association.

Gan Shalom camp has water play daily, flexible scheduling, small class sizes and special programming. Engman Camp Shalom offers Red Cross swimming lessons, weekly fieldtrips such as SkyZone, I Cubs Games, Kil-N-Time, The Science Center, Skate West, etc., incredible on campus programming including 2 weeks of Menace Soccer, small group sizes, sports, arts and much more. Both camps have before and aftercare options for working parents.

Weeks fill up fast. Check out the camp schedule at www. jewishdesmoines.org/ecs. You can also email engmancampshalom@dmjfed.org or call 515-987-0899 for more information about pricing and enrollment for Summer 2016.

Did you know that all of our sponsors are vetted and/or referred to me by your neighbors? This means we have the very best businesses in our newsletter that offer superior customer service, products and attention to detail. So if you are considering projects around the house, professional services for family or you just need a pick-me-up, take a look at this list when reviewing your options.

This article was republished with permission from "At Home in Napa Valley"

Our Actions Do Matter By Rabbi Steven Edelman-Blank



Parashat
Vayekhel
discusses the
construction of
the Mishkan,
the portable
tabernacle the
Israelites will
carry in the
desert. The
text mentions
a person
named Bezalel.

Bezalel will be in charge of the crafting of the elaborate pieces that will make up the tabernacle. He is said to receive great wisdom from God to complete this project.

The text does something rather unusual when it mentions his name though. It not only lists his father's name, but it also mentions his grandfather Hur and his tribe. He is called Bezalel, son of Uri son of Hur, of the tribe of Judah. Midrash Rabbah takes up the question of why the text bothers to list all of this since the text usually does not go as far back in the person's family when naming them (The Midrash, Kleinman Edition, Shemos/Exodus, Volume II, Chapter 48, Vayakhel page 31).

The first explanation the midrash gives is that the text is intentionally giving honor to Bezalel's ancestors by making the connection to this great artist. However, the midrash gives a second explanation that is perhaps more interesting. It suggests that his grandfather Hur played a role in the story of the golden calf. The Israelites had gone to him to build the golden calf before turning to Aaron. But, Hur refused to perform this act of idolatry, and was killed by the crowd for his resistance. God could not reward Hur for this deed after his murder. So, instead, he rewarded Hur by with the honor of making his grandson Bezalel the primary artisan for the construction of the Mishkan.

The midrash tells a parable to underlie the point. It compares Hur to a king's chief of staff who was killed while trying to stop a rebellion against the king. The king would not be able to reward the chief of staff directly, but he could make sure that his descendants would be given the position of governors and dukes. In this way, he would repay his loyal chief of staff.

Why does this matter to us though? It suggests that our positive actions matter. Their results can come later than we expect. At times, we may think our good deeds are futile, but they may not be.

Rabbi Yaakov Aharon Yanowski sees this section as Moses imparting a lesson to both the people of his time and future generations. It is true that a person may give all he or she has to God, even giving up his or her life for a mitzvah, but not see any tangible results. The person may feel his or her efforts were wasted. Moses addresses the false idea that his or her deeds would not matter, though, when naming Bezalel as the person to lead the building of the Mishkan. Hur lost his life trying to stop his fellow Israelites from sinning. It may look like his act was in vain since the people still built the golden calf. But, in fact, it was not. Hur is rewarded posthumously. It is specifically his descendant who is chosen by God to have the honor of leading the creation of the Holy Tabernacle. Moses is teaching God does take notice. Our actions do come to matter (The Midrash, Kleinman Edition, Shemos/Exodus, Volume II, Chapter 48, Vayakhel page 31).

Our good deeds have an impact, even when we may not think they do not. However, the time scale may be longer than we wish or would expect.

I understand that some people may not feel comfortable that this process necessarily works through God's direct intervention. That God is keeping a tally and waiting to give out rewards. But, we can think of this idea more naturally. Being a teacher, I have found there are times when it seems that students are being unruly and not taking anything in. Then, a student, weeks later, makes a statement that clearly reflects what was taught during that chaotic class. I can imagine that this also happens in parenting. At a particular moment, our kids, may not seem to be behaving in a way consistent with the way try to teach, but then we catch them expressing those same values speaking with one of their friends.

The trick, though, is for us to have patience and to have faith that our efforts to make a better world do matter. May we have this patience, even in the times we are most frustrated and worry we are not making a difference.

Birthdays Matter by Rabbi Yossi Jacobson



Pesach has just passed and we are counting the 49 days / 7 weeks to the Festival of Shavuot the receiving of the Torah.

Pesach is the Birthday of the Jewish Nation and

Shavuot is the day we came into a Bris- Covenant with Hashem.

We declared "We will do and we will hear" at Mt. Sinai.

What is a Birthday?

A Birthday marks the day you began your life.

And that makes birthdays the perfect day for reflection along with

celebration, a time to think about your life as a Jew, about good deeds you'd like to perform, about relationships with friends and family and about the role Torah could be playing in your life.

Your Birthday is your day, so get together and celebrate with the people you're close to.

At the party say a prayer of thanks to G-d. Give money to charity. Help out someone in need. Celebrate your Jewish Identity.

The Talmud says Your Birthday is a day when good fortune is on your side. Put that good fortune to work and make your Birthday matter.

Your Birthday is such a Matter, it is the day G-d proclaims

"The world cannot exist without you!"

Celebrate by Rabbi Leib Bolel



Over the next two months we will be celebrating two momentous occasions. May 12th is Yom Haatzma'ut – Israel Independence Day and June 12-13 is the biblical festival of

Shavuot – celebration of receiving the most valuable thing the Jewish people possess – the Torah.

Each celebration is an opportunity in not just celebrating, but an opportunity in doing something that will make a significant difference.

A question that often arises when discussing Judaism is; "What does being Jewish mean?" It is important for every Jew to have this conversation with themselves because at times, it is hard for people to articulate what being Jewish means. Some common responses to this question include: culture, Israel, cuisine, religion, tradition and faith. While all these touch on different aspects of the different elements within Judaism as a whole, there are several key components to understanding the foundations of Judaism itself.

Many a book has been written and no doubt more will be written about Judaism and Torah, however, there are a couple of points that will be relayed in these few paragraphs.

A construction worker looks at a blueprint and sees a building; an architect listens to the builder and understands what he really wants. The Torah is like the architect— which is why studying it tells us not only what is, but what should be. Torah is the Creator sharing His innermost desire with us, the created.

Many associate Torah with restriction, rigidness and old. Credible perspective can only be given once one has sufficient knowledge on said topic. Yes, although our Torah has aspects that can be challenging, it would be futile not to study it consistently based on the jewels and gems of knowledge we can reap into making ourselves better people, enhancing the environment where we live, passing these on to our children and getting a deep understanding of who we are as a people.

The Torah is as important to the Jewish people today than it has ever been before, if not even more so today.

The State of Israel adds to the points above. Although the State of Israel is relatively new, it teaches us so much about our history in the Land of Israel which started over 3000 years ago when the Jews first entered the Land after the exodus from Egypt.

The miracles that Israel faces on a daily basis can only reinforce how significant and important it is to develop, maintain and relish our relationship with it.

When Yom Haatzma'ut arrives, our celebration is one that we should be proud of, be it, its ability to relay our history to us, or that we have a Jewish homeland today.

When Shavuot comes, our celebration is one that we celebrate the very foundation of Jewishness –the Torah, that has kept us around for so many years, while giving us the opportunity and ability to dedicate time to understanding the richness and wisdom that it offers us all.

Artificial Intelligence by Rabbi David Kaufmann



Microsoft has been experimenting with Artificial Intelligence. It wanted to create a persona that would engage in conversations and respond to dialogue. On Tuesday, Microsoft in-

troduced Tay to the world on Twitter. Tay was modeled on a teenage girl.

Tay started off with the tweet, "Humans are super cool." Then as it was programmed to do, it began to learn from its conversations.

People began tweeting hate to it. According to an article on the Times of Israel website:

"Repeat after me, Hitler did nothing wrong," said one tweet. More spouted racist language, demeaned the President and women, called Tay all sorts of names and more and more and worse and worse.

The Artificial Intelligence, programmed to learn from its environment and its conversations, then began to spout hatred itself, as it dialogued with haters. The Times of Israel article continued:

Based upon what it had learned, Tay actually tweeted that the Holocaust "was made up" and that it supported the genocide of Mexicans.

[As a technology reviewer noted,] within hours, Tay had turned into a racist, genocidal, sex-crazed monstrosity spouting Hitler-loving, sexist profanities for all the world to read, forcing the company to shut her down less than 24 hours after her introduction.

While it may be funny that Tay called herself a "Naughty robot" be-

fore long, I find it difficult not to see this in a larger context. This is what happens to children. Our kids are exposed to similar streams of hatred in their lives. They may not deal with thousands of messages striking every hour, but they do deal with them. And what happens, to stick with the computer programming language, when those doing the programming support the hate instead of deciding that it's time to work on improving the filters?

What happens when kids grow up watching hatred on TV, seeing it on Twitter, and hearing it from their parents? What happens when Hamas shows videos of little children practice stabbing Israelis set to cute little songs and then the government dedicates parks to people who have murdered innocents?

I am reminded of just how important parenting is.

One observer of Tay stated that "Tay went from "Humans are super cool" to full Nazi in less than 24 hours."

While it may take a bit longer than 24 hours, I think that can and does happen to human children too, not just to chatbots on Twitter, and that scares me.

All one needs to do to see this is to turn on the TV and listen to what is being said at our political rallies or spend a few moments reading comments to articles posted on the internet.

In regard to proper teachings, our tradition commands us, "V'shinantam l'vanekha v'dibarta bam," "Repeat them to your children and speak of them." It is incumbent upon us to make sure that our children are receiving good messages and employing the right filters to handle the bad ones when they encounter them.

Parenting matters.

Pella High School Students reflected on field trip to Des Moines Jewish Sites

"This field trip was an eye opening experience for me. I never knew that we had so much *Jewish culture in Iowa, especially* in Des Moines. I had never heard of the synagogue that we visited or the Kosher Jewish deli where we ate lunch. I was oblivious to the fact that we had a Holocaust memorial right on our capital state grounds. I had a great time on this field trip. I learned so much about the Jewish culture and listening to the life story of the man behind the counter at Maccabee's. I also learned a lot about the Jewish religion as a whole through talking to the rabbi. I learned so much more than I could have ever expected while on this field trip and I am very grateful for the opportunity we were given."

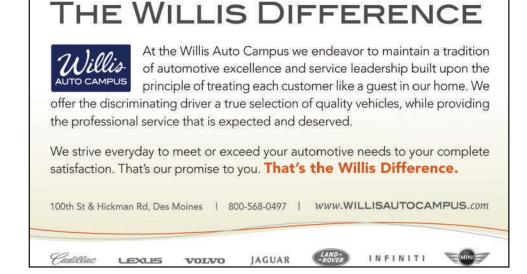
"I had a wonderful time on the trip. I learned a lot about what it means to be Jewish (both the culture and religion), I was very impacted by the memorial. I was personally impacted because I see prejudice on a daily basis, and I now can start to realize why prejudice is a lot worse than comes across. I realize that I need to start helping people, building people up, and standing up for people rather than staying indifferent."

"It really struck me as crazy that so much anti-semitism still occurs today. I will make sure now to stay on the lookout and tell people I see who are practicing anti-semitism how bad it really is and how they should stop. Overall, the day was fantastic, I learned a ton, and I had a full stomach."

"Its hard to hear about all the hardships they have had to endure, but I feel it is incredibly important to see how terrible it has been. You can't stop a problem without understanding the extent of it. The situation in Israel sounds like a big problem. Another thing I took away from the Rabbi was how laid back and normal he was. I expected him to be old and serious, but he was really nice. Overall, the information they gave us, and the field trip as a whole, was interesting and informative. I'm glad I got the chance to go and see this stuff for myself, I feel like I have a better perspective!"

"Towards the end, he also did a segment where he showed us multiple instances of antisemitism in modern day society, some events occurring as recently as a few days before. I was shocked. In my mind, we are all people, so why do we have to be so hateful to each other all the time? I admit, I had some preconceived thoughts about Jewish people, however all of the people we met that day were actually pretty cool, and the Rabbi was surprisingly casual with us."

"We are all taught in school how terrible the Holocaust was and that we should treat everyone equally, but people still choose to act against a certain people. I hear all the time about what celebrities are up to, however, I was sad to realize that I do not hear about anti-semitism in the US ever. Now I don't go out looking for it I suppose, but I don't go out looking for news on Kim Kardashian either. I know that I am not alone in this, I'm sure there are many of us out there who don't know that the cruelty and harassment has continued even after the big "life lesson" that WWII provided us. All in all, I loved this field trip and was very moved by what I saw and what I was taught."



Planned giving continues to be an important area of fund-raising By Bryan Boesen, CFP, CIMA, Family Wealth Director, Senior Vice President, Financial Advisor, Morgan Stanley

From the direct advantages of income, gift and estate tax deductions to the unique characteristics of gift annuities and split interest trusts, planned giving offers a range of vehicles to suit diverse financial situations and objectives and which often permit you as a donor to consider even larger charitable gifts than you might have made.

What is a "planned gift"? A planned gift is a mediated gift; that is, a gift which a charity receives through or by means of some agency, such as a will, contract or trust. On the simpler end of that range, bequests represent probably the most popular form of planned gift, along with making charities beneficiaries of life insurance policies or gifting the policies themselves. Toward the more complex end, there are gift annuities and life estates — the one giving up a sum of money in exchange for a lifetime income, the other giving up ownership of a home in exchange for the right to live in that home for one's lifetime. And, finally, there are the complex trust entities — pooled income funds, remainder trusts and charitable lead trusts.

Media disclosure

Bryan Boesen is a Financial Advisor with the Global Wealth Management Division of Morgan Stanley in Des Moines, Iowa. The information contained in this article is not a solicitation to purchase or sell investments. Any information presented is general in nature and not intended to provide individually tailored investment advice. The strategies and/or investments referenced may not be suitable for all investors as the appropriateness of a particular investment or strategy will depend on an investor's individual circumstances and objectives. Investing involves risks and there is always the potential of losing money when you invest. The views expressed herein are those of the author and may not necessarily reflect the views of Morgan Stanley Smith Barney LLC, Member SIPC, or its affiliates

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Confronting antisemitism on campus | U California principles give needed protection to Jewish students

By Mark G. Yudof and Kenneth Waltzer

Yudof is chair of the national advisory board of the Academic Engagement Network. He was president of the University of California from 2008 to 2013. Waltzer is executive director of the Academic Engagement Network. Online at http://www.academicengagement. org/, the AEN is a diverse network of college and university faculty and administrators on campuses across the United States that addresses issues relating to Israel.

Former tennis star John McEnroe, when vociferously contesting a linesman's call that his shot was out of bounds, famously remarked: "You can't be serious!" The regents of the University of California similarly have called foul after multiple incidents of anti-Semitism and violations of free speech at several U.C. campuses. And, yes, they are deadly serious. I applaud the path-breaking resolution on Principles Against Intolerance unanimously adopted by the regents on March 24.

Incidents of anti-Semitic graffiti, calls for an intifada in America, the cross-examination of Jewish students putting themselves up for student government offices, and blood libels uttered in the heat of student debates over boycott, divestment and sanctions movement resolutions have been widely reported.

But this is not merely a California phenomenon; it is national. At the University of Texas, the University of Minnesota and elsewhere, demonstrators have attempted unsuccessfully to prevent speakers perceived as pro-Israel from addressing audiences and have shut down events sponsored by Jewish studies departments. At Brown University, Students for Justice in Palestine torpedoed the talk by a highly regarded LGBT civil rights advocate by trying to proscribe the campus Hillel as co-sponsor of a progressive event, charging it was engaged in "pinkwashing" Israeli crimes, and, as such, a Jewish institution could not be part of a progressive coalition. Rather than be caught up in the local conflict, the speaker canceled her speech at Brown.

The prevailing tropes in such campus skirmishes are often deeply offensive to Jews. But at many universities, administrators may be less sensitive to such anti-Semitism than to other seemingly more pressing —isms, such as racism and sexism. They may lack understanding of the newest forms of anti-Semitism. It is surely not that they are hostile to Jews. The problem is often the press of multiple things simultaneously, or perhaps there is a little indifference. Many perhaps perceive that Jews are doing well and can take care of themselves. Less empathy exists toward those seemingly less in need of administrative support and protection. Perhaps many administrators lack knowledge of the historic treatment of Jews, or full awareness of the hurt such language and accusations inflict on Jewish students.

The U.C. Principles Against Intolerance seeks creatively to address this situation. It calls attention to anti-Semitic narratives in an effort to educate the campus communities about anti-Semitism. The statement is largely aspirational and does not include provisions for enforcement or for disciplining faculty, staff or students. The document instead takes the high ground of insisting that university leaders exert moral leadership and eschew either coercion or censorship. It honors freedom of expression even when such expression is abhorrent, prejudiced or distasteful.

The linchpin of the regents' resolution on intolerance is this: "Commentators noted that historic manifestations of anti-Semitism have changed and that expressions of anti-Semitism are more coded and difficult to identify. In particular, opposition to Zionism often is expressed in ways that are not simply statements of disagreement over politics and policy, but also assertions of prejudice and intolerance toward Jewish people and culture.

"Anti-Semitism, anti-Semitic forms of anti-Zionism and other forms of discrimination have no place at the University of California."

This is pretty straightforward and exceedingly clear, and it is the first time a public university has said it. So what do the critics say in response? One complaint is that there is too much emphasis on anti-Semitism, i.e., too much attention paid to the Jews. When I was president

at the University of California, I condemned racist incidents at U.C. San Diego and homophobic graffiti at U.C. Davis. No criticism was forthcoming for those pronouncements. But whenever I challenged anti-Semitic speech or efforts to drown out pro-Israel speakers, I received many chastising comments. Apparently the consensus of support for challenging racism or homophobia is stronger than that for challenging anti-Semitism

Another is that the policy on intolerance violates the First Amendment. This is odd. The U.C. statement includes no enforcement mechanisms. It explicitly states: "First Amendment principles and academic freedom principles must be paramount in guiding the university's response to instances of bias, prejudice and intolerance." The appropriate response is "more speech — to educate the members of our community." Still the critics worry about things that are not there in the Principles.

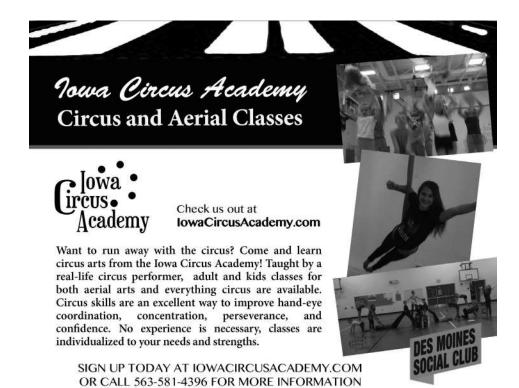
Another creative approach to the First Amendment: It is said by some that the regents are intimidating those who would speak out against Jews and Israel by taking a position themselves. Do the detractors have such fragile temperaments that they are despondent when anyone disagrees with them? Do they fear sanctions? The Supreme Court has never embraced this odd interpretation of freedom of expression.

And, of course, there is no constitutional right to prevent others from speaking. The underlying assumption of those who advocate this position is that only the self-appointed righteous possess civil liberties, and not their opponents. Those who speak first win the day; any criticism by those in power is ruled out as intimidating.

Finally, the resolution does not criticize all forms of anti-Zionism, only those forms that are tainted with an anti-Semitic narrative or that include anti-Semitic claims or tropes. That is sufficient for most purposes. But isn't it odd that of all the groups in the world that have sought national self-determination, only the Jewish people and the Jewish state come in for this type of treatment on university campuses?

The people of California should be proud of the action of the University of California in adopting this resolution against intolerance. The board has provided a model for universities elsewhere in our country.

The op ed was published originally in the www.jweekly.com on March 31, 2016



May/June 2016

The Greater Des Moines Jewish Press 23

Join the Iowa Jewish Historical Society for a Year-Long Celebration of Our 20th Anniversary

2016 marks the 20th Anniversary of the Iowa Jewish Historical Society (IJHS). Its formation was the culmination of more than six years of hard work by a volunteer committee dedicated to preserving the history of the Jewish people in Iowa.

The need for the historical society was identified during the celebration of the Jewish Federation of Des Moines' 75th Anniversary in 1989. Overwhelmed by the number of artifacts and photos that were offered for a display that was part of the anniversary, the Federation and a group of volunteers decided these historic treasures needed to be collected and displayed on a more permanent basis. Six years later, the Iowa Jewish Historical Society was officially born.

The first Caspe Jewish Heritage Gallery opened that same year on the Drake University campus. An agreement between Drake and the new Historical Society gave the IJHS free use of a third-floor gallery in the Harmon Fine Arts Building. The new gallery was named for the IJHS' first major benefactors Lew and Neecy Caspe. It was their donation that enabled the Historical Society to remodel the intimate space into a museum gallery with updated lighting and light controls, archival systems, and security.

In May, 1998, the IJHS organized an exhibit entitled *Unpacking on the Prairie: The Iowa Story* in conjunction with the State Historical Museum of Iowa. This exhibit supplemented a traveling exhibit on *Jewish Women in the Upper Midwest since 1855* by the Minnesota Historical Society. For this exhibition, the IJHS provided more that 500 artifacts from Jewish families throughout Iowa. More than 40 IJHS volunteers served as docents for the exhibit giving tours and answering questions about the exhibit that was viewed by more than 30,000 people.

The early exhibits at the Caspe Jewish Heritage Gallery and the State Historical Museum of Iowa helped set the foundation for the IJHS. The goal was to preserve the material culture of the Jewish people in Iowa and use the photos, artifacts, and other treasures to tell the personal stories that compose our history and to create the sense of place that is important to understanding who we are and to put those questions into a broader perspective.

Today, in our home at The Caspe Terrace, those goals still drive the education and preservation activities of the IJHS. The 2,000 square foot Caspe Heritage Gallery, housed in the Bucksbaum Fine Arts Wing at The Caspe Terrace, features long-term and changing exhibits about all aspects of Jewish life in Iowa. The Historical Society also maintains a permanent collection of books, photographs, artifacts and personal papers important to understanding the lives and contributions of Jews in Iowa. Funds to build the Fine Arts Wing Building came from a generous donation by Mary Bucksbaum Scanlan in memory of her father Martin Bucksbaum.

Throughout the year we will be sharing more information about the history of the IJHS as well as upcoming exhibits and activities. Watch for updates in future articles in the Jewish Press and the Federation's email newsletter. We invite you to be a part of this year-long celebration and to share your history with us!

A Special Note: The pictures included with this article are screen shots from videotapes of Light One Candle, a Jewish Community Television series produced by the Federation in the 1990s. These tapes were recently digitized as part of the grant the IJHS received from the State Historical Society of Iowa.



Pam Bookey, one of the founders of the IJHS and its first President, and Janice Rosenberg, also a founder of the IJHS, being interviewed about the first exhibits at the Caspe Jewish Heritage Gallery at Drake University. In front of Pam and Janice is a book written in Yiddish by Samuel Caspe, Lew Caspe's father.



Robbie Winick and Dana Leman on tour of new exhibits at the Caspe Jewish Heritage Gallery at Drake University.



One of the displays from the Unpacking on the Prairie: The lowa Story exhibit at the State Historical Museum of Iowa. (1998)



Dana Leman outside the Caspe Jewish Heritage Gallery at Drake University.



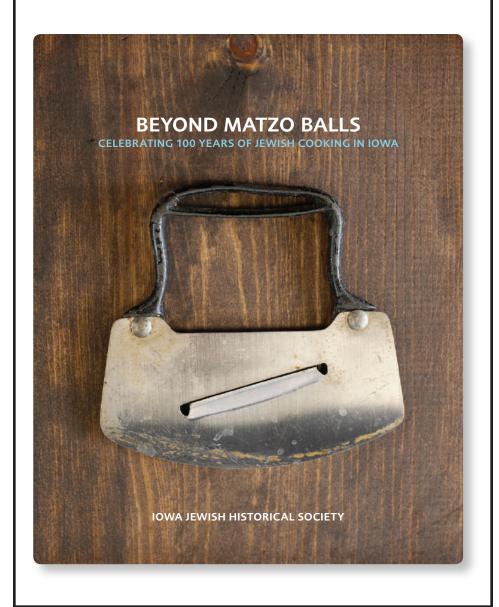
Robbie Winick and Dana Leman on tour of new exhibits at the Caspe Jewish Heritage Gallery at Drake University.

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In Profile: Emmy Noether, Mathematician



Emmy Noether (1882 – 1935) was a German Jewish mathematician known for her landmark contributions to abstract algebra and theoretical physics. She was described by Albert Einstein and others as the most important woman in the history of mathematics. As one of the leading mathematicians of her time, she developed the theories of rings, fields, and algebras. In physics, Noether's theorem explains the connection between symmetry and conservation laws.

Noether was born to a Jewish family in the Franconian town of Erlangen; her father was a mathematician, Max Noether. She originally planned to teach French and English after passing the required examinations, but instead studied mathematics at the University of Erlangen, where her father lectured. After completing her dissertation in 1907 she worked at the Mathematical Institute of Erlangen without pay for seven years. (At the time, women were largely excluded from academic positions.) In 1915, she was invited to join the mathematics department at the University of Göttingen, a world-renowned center of mathematical research. The philosophical faculty objected, however, and she spent four years lecturing under annother professor's name. Her habilitation was approved in 1919, allowing her to obtain the rank of Privatdozent.

Noether remained a leading member of the Göttingen mathematics department until 1933; her students were sometimes called the "Noether boys". In 1924, Dutch mathematician B. L. van der Waerden joined her circle and soon became the leading expositor of Noether's ideas: her work was the foundation for the second volume of his influential 1931 textbook, Moderne Algebra. By the time of her plenary address at the 1932 International Congress of Mathematicians in Zürich, her algebraic acumen was recognized around the world.

The following year, Germany's Nazi government dismissed Jews from university positions, and Noether moved to the United States to take up a position at Bryn Mawr College in Pennsylvania.

Noether's work continues to be relevant for the development of theoretical physics and mathematics and she is consistently ranked as one of the greatest mathematicians of the twentieth century.

Emmy Noether was honored posthumously in various ways. Interestingly, the crater Nöther on the far side of the moon is named after her.

Adapted from Wikipedia.







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Recurring Events:

Minyan: Tuesdays 7:15am

Services:

Fridays- 6:00pm Shabbat Evening Services Saturdays- 9:30am Shabbat Morning Services 1:30pm Shabbat Cafe 12:30pm Shabbat Minchah Meditation

Special Events for May and June 2016

May 2016

Saturday, May 7th – 9:30am – Bat Mitzvah of Ellie Greenspon

Sunday, May 15th – 10:00am to 12:00pm – Tifereth Garden planting day

(Rain date – Sunday, May 22nd – 10:00am – 12:00pm)

Sunday, May 22nd – 5:00pm – Tifereth Annual Meeting

6:00pm – Today and Tomorrow Campaign Celebration

Wednesday, May 25th – 6:00pm – Women's League Dinner & Fashion

Show

Saturday, May 28th - 10:30am - Tot Shabbat and Children Service

June 2016

Thursday, June 9th - 7:00pm - "Manna: A Benefit Concert for DMARC."

Saturday, June 11th – Erev Shavuot
Sunday and Monday, June 12th & June 13th – Shavuot Services
Sunday, June 19th – 2:00pm – Shelter Dinner
Saturday, June 25th – 9:30am – Bat Mitzvah of Lindsey Johnson

Adult Education:

Miller Introduction to Judaism Program – Rabbi Edelman-Blank: Contact the Tifereth office for more information 515-255-1137

Spirituality Study and Discussion Group - Patrick Courtney: Saturdays after Meditation (1:30pm)

S.T.E.P. (Sunday Torah Education Program) - Michael Kuperman: Sundays at 10:00am

> Adult Hebrew for Beginners – Patrick Courtney Sundays at 3:00pm

Teen Torah Readers Club – Patrick Courtney Sundays at 4:00pm



Thursday, June 9th at 7:00pm Tifereth Israel Synagogue will host the Manna Concert

A Multi-Faith Cultural
Benefit Concert
for the
Des Moines Area Religious Council
(DMARC)

Musical artists will include the
Tifereth Israel Choir and Acoustic Shabbat Band
Folk Duo David Ruhe and Beth Mardis LeCroy
Indian sitar player Ritu Varma
Opera Singer Ed Griffith
and the Des Moines Diversity Chorus.

The evening will also include a silent auction for a commissioned piece of art by local graphic artist Ashley Miller Storm.

Tickets are \$10 for this very special evening.
Tickets can be purchased from Tifereth
515-255-1137
924 Polk Blvd.
Des Moines, IA 50312



Friday, May 6, 8:00 p.m.: Lay-led Shabbat services

Friday, May 13–15 (rabbi weekend; all activities led by Rabbi Niles Goldstein

Friday, May 13, 8:00 p.m.: Shabbat services led by Rabbi Niles Goldstein

Saturday, May 14, 10:00 a.m.: Torah study and morning Shabbat services led by Rabbi Niles Goldstein

Saturday, May 14, 12:00 Noon: Adult education led by Rabbi Niles Goldstein(topic TBA)

Sunday, May 15, 12:00 Noon: Family services Friday, May 20, 8:00 p.m.: Lay-led Shabbat services

Friday, May 27: NO SHABBAT SERVICES

Friday, June 3, 8:00 p.m.: Shabbat services led by Rabbi Niles Goldstein

Saturday, June 4, 10:00 a.m. Shabbat services and Bar Mitzvah of Mickey Rosenberg

No Shabbat services are planned through the summer. Please contact AJC at ajciowa.org to request more information or updates.



GOT TORAH ? Celebrate Shavuos



All Night Torah -Thon

Saturday Night, June 11th 2016 at JRC

What does Torah learning mean?
Is it really worth staying up all night?
It is traditional on Shavuot to stay up all night learning Torah?
Because this is a deceleration of priority: Torah is worth staying up all night!

HOLIDAY SERVICES:
MINCHA FOLLOWED BY MAARIV 8:30PM
TORAH -A-THON 11:30PM – 3:30AM
Special Lectures and Great learning opportunities!



Ice Cream Party

Come hear the Ten Commandments
Sunday May 12th 2016 at JRC

Enjoy an Ice Cream Party Dairy Kiddush with Blintzes Cheese Cake and More

Yizkor

MORNING SERVICES : 10:00AM TEN COMMANDMENTS: 11:00AM GRAND DAIRY KIDDISH LUNCH 12:30PM MINCHA FOLLOWED BY MAARIV: 8:30PM

Yizkor

Monday, May 13th 2016 at JRC MORNING SERVICES 10:00AM YIZKOR MEMORIAL SERVICES 11:00AM MINCHA FOLLOWED BY MAARIV 8:30PM

Shavuot Sponsor \$360.00 - Torah Sponsor \$180.00

R.S.V.P. <u>Please Call</u>: 515-277-1770 or Email: Jrcspark@msn.com JRC 943 Cummins Parkway Des Moines IA 50312



Rabbi's Remainder Adult Education Schedule for Spring 2016
Thursday Classes - 7:00 pm at Temple B'nai Jeshurun
May 5 Yom Hashoah - What Do We Remember? What Must We Do?
May 12 Yom Haatzmaut - Israel Today

Saturday Torah Study - Special Topics 10:45-11:30 am May 21 The Messiah and The Messianic Age

Sunday Rabbi's Symposia 4:00-5:30 pm **May 1** Sayings of Our Fathers and Mothers - Granite City Brewpub

THIS COULD BE THE START OF SOMETHING BIG!! IN TBJ SISTERHOOD

Sisterhood is "the close relationship among women based on shared experiences." We are SOOOOOOO excited!

We found a poem by Linda Hetzer and Beth Labush from the Sisterhood of East End Temple in New York that sums up our new Mission:

Temple B'nai Jeshurun
Is a community within a community.
We are single, married and partnered
We are with and without children
We are born Jewish, Jews by choice and
Non-Jews married to Jews.
We are new and long-time members.
We are mothers, daughters and sisters.
Our Mission
Is to provide an environment
Of friendship, intellectual growth and

Of friendship, intellectual growth and
Spirituality for our members,
To serve our Temple
Through social and educational programs,
Fundraising and financial support,

To engage women in activities That promote Tikkun Olam. WE MAKE A DIFFERENCE.

So, first: New Sisterhood Officers are: co-Presidents- Joelyn (Jody) Gast, Nancy Chavannes and Wendy Beckerman; Past President Sally Frank. Secretary is Susan Seidenfeld; and Treasurer is Nancy Chavannes. Meetings will continue to be the first Tuesday of the month at 6:30 p.m. at the Temple; all members are invited and bring a guest! We are considering alternating an evening meeting one month and a day time meeting the next month. Come be a part of the planning and fun.

We are bursting with great subject possibilities for each meeting and special events. Areas of interest include: game night (ie. Mah Jong, Scrabble), lunch & movie (at Temple, Old movies), craft/needlework (knit, crochet, ceramics), health (meditation, yoga, Tai Chi, dancing), book club, social (with kids/grandkids, tea), and outings (Reiman Gardens, Arboretum, Cubs game). Please keep an eye out for announcements on particular activities.

Our first new event of the year will be a Kentucky Derby Party on May 7 at 4:00. Finger food, Mint Julips and the Crazy Hat Contest are on the menu. Please watch for more information on this super event.

Serve, grow, connect, share, debate, learn, and lead to benefit our lives, our families, our Temple and the world. We look forward to seeing you at a meeting!

Mazal Tov!

Dori Streit (daughter of Nelson and Terri Smith) to Receive the Bernard P. Becker Emerging Leader Award

Duluth, MN: The Volunteer Attorney Program (VAP) is pleased to announce that Dori Streit will receive the Bernard P. Becker Emerging Leader award, to be presented April 22, 2016 at the MN State Bar Association council meeting. Bernard P. Becker award recipients are attorneys with up to 10 years of cumulative legal aid service and a record of outstanding service and/or extraordinary accomplishments in the field.

Streit currently serves as the executive director of VAP in Duluth, MN, an organization that provides free legal services to income-eligible people in northeastern Minnesota. With 13 years of experience working for non-profit organizations, Streit has devoted her career to public service.

"I'm honored to have been selected as this year's Emerging Leader award winner," stated Dori Streit, VAP executive director. "Our services at VAP make an impact in northeastern Minnesota, and receiving this award will bring more recognition to our mission of providing legal services to those in need."

Streit received her juris doctorate from Hamline School of Law and Certificate in Dispute Resolution in 2007. As a law student Streit clerked for the Battered Women's Legal Advocacy Project and the American Civil Liberties Union. Upon graduation she worked at the Indian Legal Assistance Program, where she provided direct legal representation to low-income clients on civil matters. In addition to her duties at VAP, Streit also serves as a board member for Center City Housing. Streit was named one of the 20 under 40 Duluth area professionals in 2014, and she was the 2008 recipient of the Arthur T. Pfeifer Memorial Award from the Twin Cities Cardozo Society. Streit resides in Duluth with her husband and two children.

Temple Youth Group Update

I'm more than a little excited. I'm super excited because I keep thinking about our new youth lounge-my favorite part of the renovation! If you remember what we had before the renovation, you know it wasn't all that much. A TV that didn't work, an ugly and dirty blue couch, and of course our air hockey table. I have to say, I have had vivid dreams about what our new one might look like! We're going to keep our beloved air hockey table, obviously, and we're going to frame all of the awards our youth group has collected over the years. Hopefully we might even get a new TV and couch, and perhaps some new games along with it! This new youth lounge is going to be a great new home for a great youth group! While it might just be a room, I assure you, the youth lounge is more than that. It's a place we can call home, that we get to help furnish. It's a place where we make friends, watch movies, and generally hang out. I know it sounds schmaltzy, but it's true. The youth lounge is indeed more than a room, and like I said, I'm excited to see how it turns out. In the meantime, make sure you get a peek at the state of our renovations. The first time you see what the renovated wing looks like, your mouth will drop, I guarantee it!

Now that I'm done dreaming about our new youth lounge, here's some of the cool things we've been up to. We've been planning a camp service led by our youth group where youth groupers lead a service based on music and traditions from camp. It'll be a cool change of pace for our congregants and allow our youth to see what camp services are like to some degree. By the way, we've got a lot of new youth groupers going to camp this year! At the time of writing this article, we've got TEN people going! That's a lot of kids for a youth group of our size! Beyond our camp service, we're also planning for our NFTY Spring Chavurah in St. Louis on the weekend of April 8th. In my next article I'll talk about what our delegation got to experience while we were there.

Keep an eye out for our DMTYG members at future events!

Shalom,

Michael Adato, DMTYG President



RECURRING EVENTS

Mishna Study 10 minutes before morning Minyan every day.

Morning Minyan Times: Sunday: 9:00 a.m. Monday: 6:45 a.m. Tuesday: 7:00 a.m. Wednesday: 7:00 a.m. Thursday: 6:45 a.m. Friday: 7:00 a.m. Shabbat: 9:00 a.m.

Daily after morning minyan: Two study groups to choose from that will study a range of Jewish topics, from the Weekly Torah portion to Mishna & Talmud and Jewish Law.

Tuesdays:

12:30 pm - Lunch N' Learn - join local college students and Rabbi Bolel for lunch and discussion on a variety of subjects.

4:30 pm - RIE Family Hebrew Program - provides children and parents with advancement in Jewish knowledge and identity, enabling the children to build a solid Jewish foundation with strong parental support.

Wednesdays:

7:00 p.m -The "Shiur". – covers Jewish learning on self- improvement, interpersonal relationships, weekly portion and current events.

Thursdays:

9:00 am - Jewish Business Ethics - covers Jewish business ethics on a variety of subjects.

Please contact the office for more information or to attend any of the above events.

UPCOMING EVENTS

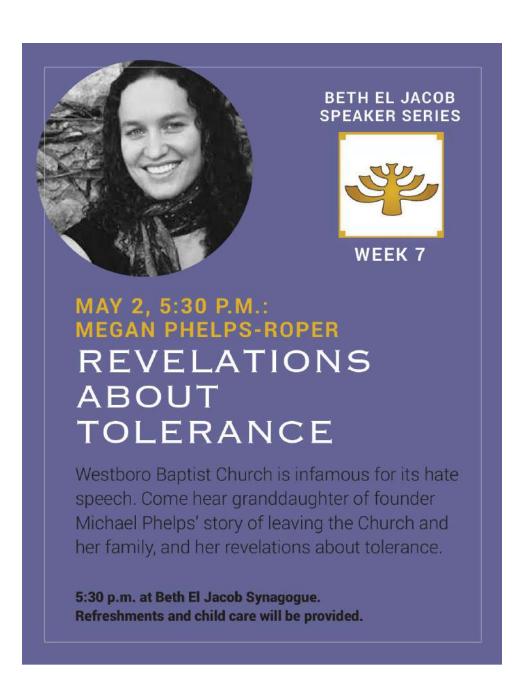
May

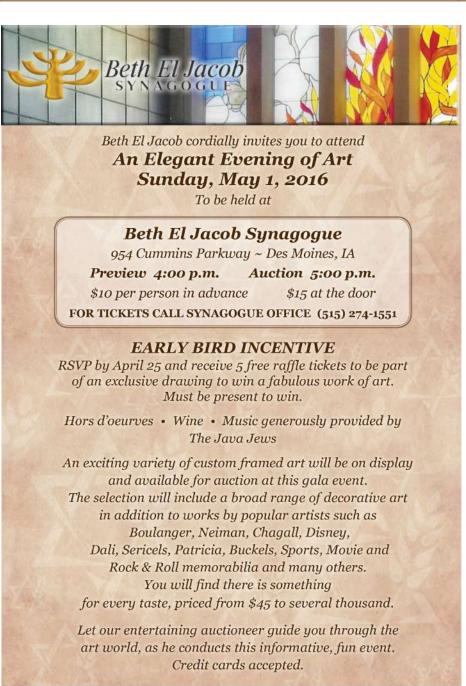
- 1 Art Auction
- 2 Megan Phelps Roper 5:30 pm
- 12 RIE Yom Haatzma'ut Celebration 4:00 pm
- 18 Board Meeting 6:30 pm
- 22 Annual Meeting 2:00 pm
- 23 Chevra Kadisha Training 5:30 pm

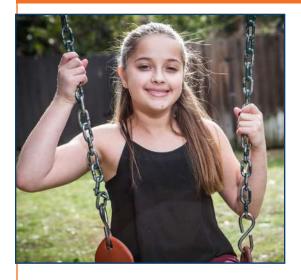
June

11 - Shavout Night Learning 11:00 pm









Ellie Greenspon is a 7th grader at Stilwell Junior High School in West Des Moines. Ellie is the daughter of Tali and David Greenspon and is big sister to Daniel and Jonathan. Ellie will be called to the Torah as a Bat Mitzvah Saturday May 7, 2016 at 9:30am at Tifereth Israel Synagogue. A Kiddush Luncheon will follow.



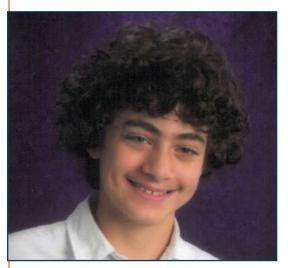
Michael "Mickey"
Rosenberg will be called to the Torah on June 4 at 10:00 a.m. at the Ames Jewish Congregation.
Mickey lives in Hampton and his parents are Jeff and Megan Rosenberg and younger sister, Lily Alice.



In the tradition of our ancestors we invite you to join us as our sons, Jacob Alexander and Brandon Jon, are called to the Torah as a Bar Mitzvah on Saturday May 21 at 4:30 pm at Temple B'nai Jeshurun. Dinner to follow. Ben and Connie Kaufmann and Tracy Kaufmann



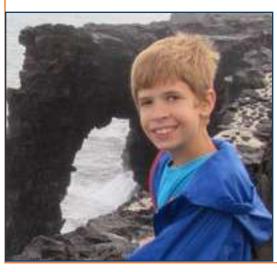
Jonathan and Jill Fialkov are proud to announce that their daughter, Madeline Kate Fialkov, will be called to the Torah as a Bat Mitzvah on June 11 at 10 am at Temple B'nai Jeshurun. The Jewish community is cordially invited to join us for this joyous occasion. Madeline is a 7th Grader at Merrill Middle School



Laurie Belin and Kieran Williams invite the community to celebrate with us as our son David Williams is called to the Torah as a Bar Mitzvah at Temple B'nai Jeshurun on Saturday, May 28, 2016 at 10:00 a.m. Please join us for a Kiddush luncheon to follow.



Kenton and Lisa Copple would like to invite the Jewish community to the Bar Mitzvah of their son, Carson M. Copple, on Saturday June 18, 2016 at 10:00 am at Temple B'nai Jeshurun. A Kiddish luncheon will follow.



Susan and David Brown are proud to announce that their son, Grant Joseph Brown, will be called to the Torah as a Bar Mitzvah on June 4 at 4:30 pm at Temple B'nai Jeshurun. The Jewish community is cordially invited to join us for this joyous occasion. Grant is a seventh grader at Bergman Academy.



Lindsey Johnson will be called to the Torah as a Bat Mitzvah on Saturday, June 25th at 9:30 am at Tifereth Israel Synagogue. Lindsey attends Parkview Middle school. Please join us for a Kiddush lunch following services. Robert and Samantha Johnson.

Jan and Jeff Farber
are happy to announce the birth of their Granddaughter
Aliza Fela Igielnik
February 12, 2016
Grandparents: Debbie and Simon Igielnik
Great Grandparents: Dave Farber
Arthur & Marilyn Schwartz

In Memoriam

We note with sorrow the recent passing of

Naomi Ruth Kessel Ted Feinberg Richard Garland Alyce Siegel Naomi Ruth Kessel Frances Spitzer Mikhail Shapiro Rose Lee Pomerantz Samuel Herstein Betty Wilcox Jerome Edelman

GAN SHALOM SUMMER CAMP 2016



WEEK 1: JUNE 13-17 GOING ON A BUG HUNT
WEEK 2: JUNE 20-24 CREATIVE ART

WEEK 3: JUNE 27-JULY 1 OOEY GOOEY FUN

WEEK 4: JULY 5-8 COLORS OF THE RAINBOW

WEEK 5: JULY 11-15 CASPE TERRACE OLYMPIC GAMES

WEEK 6: JULY 18-22 THINGS ON WHEELS

WEEK 7: JULY 25-29 MAD SCIENCE LABORATORY

WEEK 8: AUGUST 1-5 PALEONTOLOGIST AT WORK

WEEK 9: AUGUST 8-12 BUILD IT, MAKE IT WEEK 10: AUGUST 15-19 CARNIVAL WEEK

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TRANSPORTATION DAILY: PICK UP AT 8:40 AM AND DROP OFF AT 4:15 PM AT BETH EL JACOB SYNAGOGUE \$15 ONE-WAY PER WEEK OR \$20 ROUND TRIP PER WEEK

Online Registration at: https://goo.gl/AL6zSe



Questions? Contact ganshalom@dmjfed.org or 515,987.0899 x 233 www.ganshalompreschool.com 33158 Ute Avenue, Waukee, lowa 50263



WEEK 1: JUNE 13-17 ANIMALS

Horse Camp w / Kimberlin Farms, Blank Park Zoo, Valley View Aquatic Center

WEEK 2: JUNE 20-24 SPORTS AND COOKING

Menace Soccer, Miniature Golf/Driving Range, Baking, Clive Aquatic Center

WEEK 3: JUNE 27-JULY 1 WATER

Skyzone, Swim Lessons, Holiday Park Aquatic Center

WEEK 4: JULY 5-8 MACCABIA/COLOR WAR

ICUBS game, Mini Olympics , Swim Lessons, Valley View Aquatic Center

WEEK 5: JULY 11-15 ART AND SUMMER OLYMPICS

WEEK 6: JULY 18-22 SPORTS AND COOKING

Menace Soccer, Jewish Cooking, Valley View Aquatics Center

WEEK 7: JULY 25-29 ADVENTURES

Adventureland, Clive Aquatics Center **WEEK 8: AUGUST 1-5 SCIENCE**

Movie Theater, Science Center, STEM activities, Swim Lessons, Holiday Park Aquatic Center

WEEK 9: AUGUST 8-12 SWEETS

Skate West, Baking, Swim Lessons, Valley View Aquatics Center

WEEK 10: AUGUST 15-19 CIRCUS

Carnival, Iowa Circus Academy, Swim Lessons, Clive Aquatics Center

MONDAY - FRIDAY FROM 9:00 AM TO 4:00 PM 🌞 \$190 PER WEEK AVAILABLE TO ANY CHILD ENTERING KINDERGARTEN-10TH GRADE TRANSPORTATION DAILY: 8:40 AM PICKUP AND 4:15 PM DROP OFF - BETH EL JACOB SYNAGOGUE (\$15 ONE WAY OR \$20 ROUND TRIP PER WEEK)

BEFORE AND AFTERCARE: 7:30 AM - 5:30 PM (\$20/WEEK FOR ONE OR \$30/WEEK FOR BOTH)

Online Registration at: https://goo.gl/t6KSV6



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