



# Jewish Press

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volume 21 number 6



## Project Elijah "Kids to Kids"

- page 5



## Ambassador Dennis Ross

- page 10



## My Israel Adventure

By Elisa Arkovich  
- page 12

## NORC Grant Allows Seniors To Live

With research in hand, the Federation's Jewish Family Services agency launches a project this fall to test whether intensive efforts to provide Senior Adults with services at home can actually improve their health care, forestall their premature removal to a nursing facility – and lower costs.

One of only 29 communities nationwide, the Federation will be participating in a special demonstration program based on the concept of serving individuals in Naturally Occurring Retirement Communities (NORCs). The effort is funded with an initial federal Administration on Aging grant obtained with the support of Senators Grassley and Harkin and Congressman Boswell and assistance from the United Jewish Communities. The funds will be delivered beginning in August and will be supplemented by the Federation and Jewish Family Services with in-kind services, bringing the total budget to over \$390,000.

Jewish Family Services will administer the project. But it won't be alone in its

implementation. JFS has already begun planning to collaborate with many local agencies, among them the Aging Resources of Central Iowa, Polk County Senior Services and the Des Moines University's Geriatric Educational Center, in the delivery of direct services to the larger senior population, as a portion of the grant. The project will also help expand the agency's existing senior adult care programs.

NORCs are neighborhoods or buildings in which a large segment of the residents are 60 years or older who have "aged in place" over several decades. The NORC program will help older adults maintain a high quality of life by developing partnerships between community organizations, businesses, social service agencies and residents, to assist seniors to "age in place". NORC programs reach out to seniors, who might otherwise be isolated, to connect them with much-needed already existing services. NORC programs also identify gaps in services and help develop strategies and programs to address these gaps.

## Rabbis and JCRC Raise Awareness of Genocide in Darfur

The community, through JCRC and our rabbis, has been deeply involved in coalition work here in Des Moines to help bring the ongoing humanitarian tragedy in Darfur, Sudan to public attention. Sudan is the largest country in Africa. Over two million people have died there over the past fifteen years and the more recent "genocide in slow motion," as it has been called, has taken an estimated 300,000 additional lives over the past year and a half.

Following the lead of a rabbinical coalition in California, Rabbis Baruch HaLevi (Tifereth Israel Synagogue), David Kaufman (Temple B'nai Jeshurun), and

Aaron Schwarzbaum (Beth El Jacob Synagogue) lent support to a day of fasting for Darfur on May 26. The initiative was endorsed locally by the Jewish Federation of Greater Des Moines, Rev. Forrest Harms (Des Moines Area Religious Council), Connie Ryan Terrell (The Interfaith Alliance of Iowa), Rev. Russell Melby (Church World Service), Rev. Goanar Chol (Des Moines Interfaith Coalition on the Crisis in Sudan), St. Ambrose Cathedral, and the Iowa Council for International Understanding. Information about the situation in Sudan may be found on the website of the U.S. Holocaust Memorial Museum ([www.ushmm.org](http://www.ushmm.org)).

## Engman Camp Shalom



by Joshua Goldsmith  
Director, Camp Shalom  
Engman Camp Shalom is currently in full swing. As I close my eyes I envision Caspe Terrace

abuzz with activity. A high fly ball rockets towards left field, the smell of barbecue hotdogs wafts in the air, and a large circle of campers is dancing wildly to Israeli rock music. Inside campers are putting finishing touches on the model rockets they are making for the ceremony to honor Illan Rimon, the Israeli

## MEET THE SHLICHIM!

Welcome two Israeli counselors this year, who, in addition to Camp Director Joshua Goldsmith, will teach campers about Israel and its culture. The first is Jenny Moshkovich, who will be joining us from Netania, Israel. Jenny moved to Israel in 1990 from Belarus and speaks fluent Russian, Hebrew and English.

## IJHS Fall Event

### Speaker: Robert J. Silverman "An Iowa Man Making History"

The Iowa Jewish Historical Society is pleased to announce that Robert J. Silverman, Director of Iraq Reconstruction and Economic Affairs with the State Department in Washington, will be the featured speaker at our annual Fall Dinner to be held October 23, 2005.

"Bob," the son of long-time Des Moines residents Janet Silverman and Jack Silverman, is a career diplomat who has served in Jerusalem, Cairo, Tunis, Baghdad, and is now posted in Washington, D.C.


## [inside]

- 3 COMMUNITY UNITY STATEMENT
- 5 MELTON GRADUATES
- 7 CARE MEALS
- 17 B'NAI MITZVAH
- 20 GRADUATES 2005

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Marlee Matlin, actor

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# Iowa's Top Officials, 60 Organizations Deplore Neo-Nazi Incitement

JCRC worked in coalition with colleagues from local community organizations to produce a statement addressing the recent distribution of hate literature in Beaverdale and Urbandale by members of the National Alliance. The National Alliance has been identified by the ADL as the largest neo-Nazi group in the United States.

The coalition's anti-bigotry statement was widely endorsed and a press conference was held, at which community representatives, including Congressman Boswell, spoke and written statements from Governor Vilsack and Senator Harkin were read. The Jewish community was represented by Rabbi David Kaufman.

The text of the coalition's statement and list of signatories are reproduced below.

### Community Unity Statement

We, as religious, political, business, law enforcement, education, labor, advocacy and community leaders, representing a diverse range of people and interests, stand together in opposition to the hateful and divisive message of the National Alliance targeting Jews and immigrants, as made public in flyers recently distributed in Urbandale and the Beaverdale neighborhood of Des Moines, Iowa.

An organization with roots in the American Nazi Party, the National Alliance espouses white supremacy and hatred for all others unlike themselves. The National Alliance appeals to fears within their potential audience and seeks to promote messages of hate against the groups they target, including “persons of Jewish descent, homosexuals or bisexuals, criminals, persons with a non-White spouse or sexual partner, or persons with more than an undetectable trace of non-White ancestry,” as stated on the National Alliance website.

As community leaders, we reject the hate-filled message of the National Alliance. We stand in solidarity to say that such messages are not welcome in the Greater Des Moines area and will not be ignored or tolerated. We stand together in support of those whom the National Alliance targets with their message of hate.

We understand, however, that the actions of the National Alliance occur within a larger economic, political, and religious context with intolerant rhetoric, which is emanating from all levels of society. Such rhetoric contributes to an increasingly divisive public discourse and feeds intolerance and hate.

We appeal to the overwhelming majority of mainstream Greater Des Moines residents, from all backgrounds and walks of life, to join with us and reject the extremist message of hate and intolerance from the National Alliance.

Further, we call on all people from the Greater Des Moines area to critically assess and confidently reject any message or action that bases its argument in divisiveness, bigotry and hatred.

We affirm and welcome the many gifts of language, culture, and religion that a diverse population brings to our communities. We call for people to work together in strengthening an American civil democracy in which the contributions of individuals are respected regardless of their background.

Signatories: American Friends Service Committee - Kathleen McQuillen, Iowa Program Coordinator; Ames Jewish Congregation; Anti-Defamation League, Plain States Region - Bob Wolfson, Regional Director; Beth El Jacob Synagogue - Rabbi Aaron Schwarzbaum; Bidwell Riverside Center - Rev. Robert Crandall, Executive Director; Black Ministerial Alliance - The Rev. Richard L. Daye, President; Margaret Borgen, Des Moines School Board Member; Congressman Leonard Boswell; Catholic Charities; Catholic Peace Ministry - Brian Terrell, Director; Chinese Association of Iowa - Swallow Yan; Church Women United - Rev. Kathleen Clark, State President; Conference of the United Church of Christ - Rev. Michael Pater; Rev. Julia Rendon; Mayor Frank Cownie - Des Moines; Des Moines Area Religious Council - Rev. Forrest Harms, Executive Director; Des Moines Interfaith Coalition on the Crisis in Sudan - Rev. Goanar Chol; Des Moines Area Ecumenical Committee for Peace - Rev. Sarai Beck; Des Moines Valley Friends Meeting - Mikel Johnson, Clerk; Des Moines Human Rights Commission - Floyd Jones, Executive Director, Cynthia Nahas, Chair; Drake University - President David Maxwell; Episcopal Diocese of Iowa - Rev. Jean McCarthy; First Christian Church - Rev. Sondra Eddings; First Friday Breakfast Club - Jonathan Wilson, President; First Friends Church - Rev. Paul Knupp; First Assembly of God, Des Moines - Rev. John M. Palmer; First Unitarian Church - Rev. Mark Stringer; GLBT Youth in Iowa Schools Task Force - Brad Clark; Grandmothers Against Wars - Barbara True, Chair; Greater Des Moines Partnership; Senator Tom Harkin; Christine Hensley, Des Moines City Council Member; Immigrant Rights Network of Iowa and Nebraska; Iowa Asian Alliance - Kim Poam; Iowa Church World Service - Rev. Russell Melby, Regional Director; Iowa Citizen Action Network - Brad Lint, Chair; Iowa Civil Liberties Union - R. Ben Stone, Executive Director; Iowa Civil Rights Commission - Ralph Rosenberg, Director, Alicia Claypool, Chair; Iowa Council for International Understanding - Michele Soria, Executive Director; Iowa Department of Human Rights - Walter Reed, Jr., Director; Iowa Peace Network - Jessica Ireland; Iowa Pride Network - Ryan Roerman; Islamic Center of Des Moines - Imam Ibrahim Dremali; Jewish Federation of Greater Des Moines - Polly Oxley, President; Jewish Community Relations Commission - Sheldon Rabinowitz, Chair; Latinos Unidos of Iowa - Lena Avila Robison, President, Ann Morris, PR Coordinator; Congressman Jim Leach; LGBT Center of Central Iowa - Sharon Malheiro, President; Malinalli Art - Heather & Pedro Lujano, Washington, Iowa; Police Chief William McCarthy - Des Moines; Methodist Federation for Social Action - Eloise Cranke, Iowa Coordinator; Mayor Gene Meyer - West Des Moines; Tom Miller, Iowa Attorney General; Mount Pleasant Human Rights Commission - Ruth Keraus, Member; NAACP Des Moines Branch - Linda Carter-Lewis, President; NAACP State Conference - The Rev. Keith Ratliff, President; Lt. Governor Sally Pederson; Plymouth Congregational Peace Committee - David Palmer, Chair; Presbytery of Des Moines - Rev. Philip W. Barrett, General Presbytery; Principal Financial Group; Roman Catholic Diocese of Des Moines - Bishop Joseph Charron; SE Iowa Synod Evangelical Lutheran Church in America - Bishop Philip Hougen; South Central Iowa Federation of Labor, AFL/CIO - Dan Albritton, President; STARPAC - Harold Wells, President; Temple B'nai Jeshurun - Rabbi David Kaufman; The Interfaith Alliance of Iowa - Connie Ryan Terrell, Executive Director; The Sisters Council Leadership Team - Sister Jeannie Hagedorn, CHM, Sister Charlotte

## LETTERS

**I wish to thank** everyone for the cards, donations and good wishes for my recovery. You will never know how much I treasure your concern. – **Doris Chrenen**

### Comments from the Teachers' Institute

Informative and well organized. Thank you. – **Robin Vanderhoef**, Lincoln High School

I find these programs to be incredibly helpful for me as a US History and Government teacher. – **Jackie Norris**, Ames High School

Thank you for doing this. Can't tell you how appreciative teachers are to learn! – **Karen Downing**, Valley High School

Keep up the good work. And the Dennis Ross workshop was FABULOUS! What a great opportunity. – **Tim Garner**, Ankeny High School

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Opinions expressed in The Greater Des Moines Jewish Press are not necessarily those of the Jewish Federation of Greater Des Moines, its committees, or its staff. Unsigned editorials express the opinion of the paper's Editorial Board.

We are always happy to receive articles and contributions for consideration. We reserve the right to edit submissions for space and clarity.

**Thank you** very much for the wonderful steps taken by the Jewish Community to act, bringing attention to the genocide in Darfur, Sudan. It seems very long for the World to listen but one day the voices crying for the voiceless People of Sudan will be heard like the Israelite voice was heard by God and ended their suffering.

For me and other members of the South Sudan Community, the question: "where was/is the World community in the midst of suffering and genocide that lasted for over forty years." We the People of South Sudan are thankful to the People of Israel for 1972 intervention though this was secret, it made the then Sudan Governmet aware that the genocide cannot be hidden for long. Under the strong leadership of Israel then, our People were given a chance by the Arabs to rule themselves for 10 years.

I hope the world will back the peace agreement signed in January in Kenya between the Arab Khartoum Government and South Sudan. – **Rev. Goanar Chol, Des Moines**

The Greater Des Moines **Jewish Press** 3



## JEWISH FEDERATION COMMUNITY

On May 20th, students in Krys Phillips' 7th grade pre-Holocaust History class presented their culture fair. The culture fair highlighted a presentation of how Shabbos was prepared for and celebrated by inhabitants of the shtetls of Eastern Europe. Students spent the year studying the shtetl, Yiddish literature, and Yiddish vocabulary. Students then wrote the script, the program, and the invitations, selected costumes and props, and helped with lighting and other duties involved in the presentation. Afterward, Shabbos inspired desserts and challah were served to guests and participants.

Religious school classes have



**Front Row – Gabe Sandler, Nathan Kaufmann, Lydia Phillips, Adam Bailin, and Lucca Soria.**

**Second Row – Mrs. Phillips,  
Gabriella Dunn, Jacob Grund  
and Arielle Lipman.**

**Back Row – Jillian Shkolnick,  
Jake Fuller, Eli Wolnerman**

been over for a few weeks and I hope you have been enjoying your summer so far. However, there are many “family” opportunities to continue your Jewish learning during the summer. Remember, you don’t stop being Jewish just because religious school is over. Judaism is a religion that requires life-long learning. There is still so much to know, understand and learn. Summer is a time when you can prove that Jewish is something you are – not just something you do. The following are suggestions of things to do that are fun and will provide wonderful moments with your family.

**Summer Reading** - The simplest thing you can do is make Jewish books part of your summer reading. It is a great time to read chapter books and explore all kinds of Jewish interests. Every trip to the library can be a search for something interesting and exciting. The times you set aside for reading together can also be times of wondrous conversation. Don't forget that your synagogues also have libraries and are open during business hours during the week. Also, many of you are on summer reading programs for your elementary school. These books can be applied to your contracted number of pages. The Jewish Education Center of Cleveland ([www.jecc.org](http://www.jecc.org)) has a list of notable children's books of Jewish content, a juvenile literature list and a selected list of adult books.

**Day Camp** - Attend Engman Camp Shalom day camp. Jewish summer camping is one of those things that make the greatest impact on children's Jewish future. While sleep-away camp is the part of this process that packs the real wallop, the process begins with Jewish day camp. At ECS, you will also see many of your religious school friends.

**Play Dates** - One of the things that will most greatly influence the success for your child's experiences in religious school is the amount of connection that she or he feels with their classmates. That connection is most specifically built through friendships. Summer is the perfect time to help your child "play" with other children in his or her religious school class and summer is the perfect time to create or deepen your relationships with other families at the same time. Think of summer as a great time to build relationships and community.

There are also many Jewish learning opportunities on the internet:

**www.jewsinsports.org** - This site tells about the largely under-appreciated story of Jewish athletes, from the famous to the unknown. The American Jewish Historical Society presents this digital archival record of the proud legacy of Jewish athletes, and how each one's accomplishments in the world of sports reflected on his or her particular society and era.

**www.j.co.il** - This site was created to be a Jewish oriented site that would be educational, fun, simple to use and friendly. The site has something for everyone and there will be updates every month. Information on this site includes Hebrew sign maker, Jewish Wisdom Database, Jewish Trivia Database, Jewish coloring book, Israel Geography Game, Jewish Trivia Quiz, My Hebrew Dictionary, My Hebrew Name, My Hebrew Picture Dictionary. Jewish and Israel Hotsites, and many more.

**www.jvibe.com** - JVibe is your place - speak your mind, learn from others, explore your world, find people with similar interests and make new friends from around the globe. Teens are the content, we offer a forum for you to be heard. Work with the JVibe staff to contribute your writing, ideas and feedback. Send them to [info@jvibe.com](mailto:info@jvibe.com). We hope to bring together teens from across the globe to bridge the gap of language barriers, geographical boundaries, and religious backgrounds. We hope you can show us how to use technology to unite Jewish youth from around the world. We think you will find new avenues for Jewish expression and a new perspective to explore Jewish culture and opportunities. Join us, make it happen.

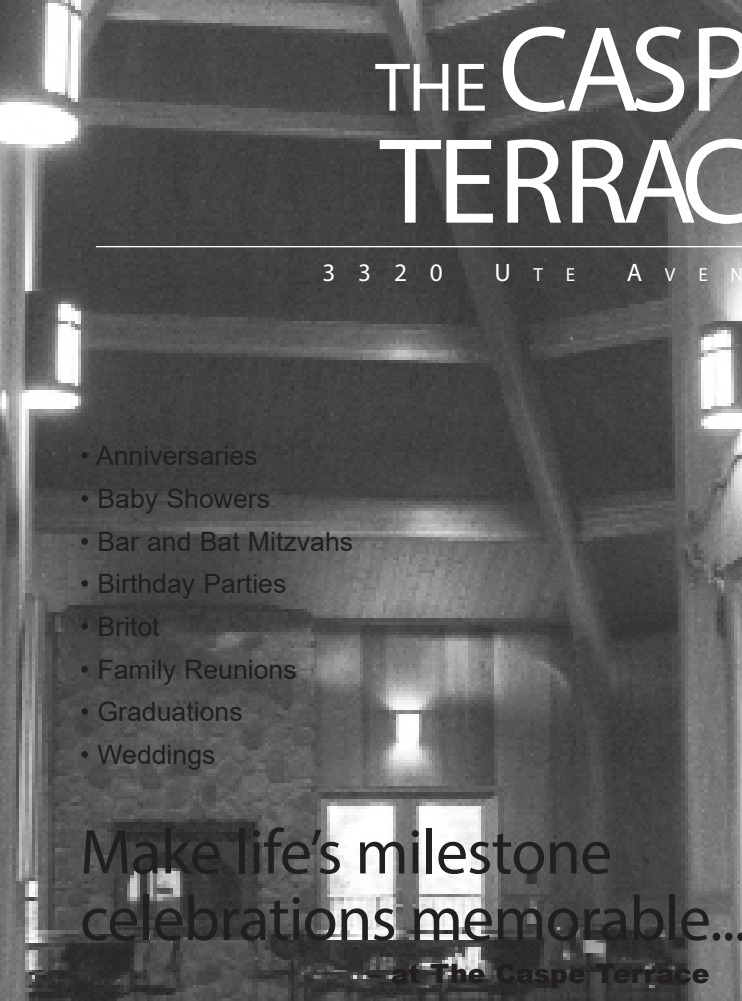
**www.torahtots.com** - This site was developed for the sake of spreading the joy of learning Torah in a fun and exciting way. There is a wealth of knowledge at this site created for children and adults. The site does not specify any specific religious affilia-



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FLORENCE MELTON ADULT MINI

MELTON GRADUATION 2005

On Thursday, June 2, we graduated the 7th class of Melton scholars. These students have successfully completed the two year Florence Melton Adult Mini School Curriculum. They have devoted two years of learning with their teachers and fellow students. In that course of time they have acquired a tremendous amount of knowledge and a true sense of friendship with their classmates.

These are our new Melton Graduates:

Robin Bear, Marcie Berkson, Andrea Duitch, Robert Duitch, Susie Kimelman, Josh Kimelman, Mary Reavely, Cindy Rovner, Michael Rovner, Simma Stein, Michael Stein, and Kathleen Trinder.

Mazal Tov to all of them on this wonderful accomplishment.  
– Alice Friedgood

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but a community can plant a forest one tree at a time.”

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Project Elijah  
“Kids to Kids”  
Des Moines Supports Buenos Aires

By Kimberly Shadur, Project Elijah Foundation President

Please support “Kids to Kids” sale of used and new books on tape, DVDs, CDs, VHS and cassette tapes. Proceeds will benefit Jewish “at risk” children and teens. Stop by, browse and buy three Sundays in July:

- July 10th – Dahl’s at 11th & Grand, 11AM to 7PM
- July 17th – Dahl’s at 35th & Ingersoll, 11AM to 7PM
- July 24th – Dahl’s at 86th & Hickman, 11AM to 7PM

A year ago, six students traveled to Buenos Aires, Argentina on a mission with Alan Zuckert and Project Elijah Foundation. They visited a Jewish refuge, on a street you could easily miss, a Jewish refuge for nearly 250 children and teens, called leladeinu.

Since returning home, they and four of their friends have taken it upon themselves to remember these children and to commit time from their busy schedules to raise awareness and money in their support.

- DMUSY has sold fruit baskets, Passover muffins and plastic bags to raise \$1,400 for the children of leladeinu.
- As of June 1st, DMUSY and DMTYG, in partnership with Project Elijah Foundation, has raised \$918 for holiday gifts and the children’s basic needs as well as thousands of books and tapes for their sales in July.

The children of leladeinu have made a lasting impression on our Des Moines youth. They are more aware, more involved and more appreciative of their families, homes, food and clothing, because of their experience.

One of the students said, “I want the (children and teens) to know that I think about them all the time and just because they are far away, I haven’t forgotten my commitment to them.”

The children and teens at leladeinu have experienced violence, abuse or neglect in their homes. Some have been abandoned by their parents.

leladeinu is remembered by another student as, “A home for several hundred. A shelter the children have given a personality. A facility that is way more than just a place for your charity.”

Some of the students have chosen to support the children at leladeinu because they have “seen their faces, played games with them, even learned a few words of Spanish from them.” Others have “realized the roles could be reversed and that they too could be dependent on strangers for help.”

Uniformly, our Des Moines youth believe the children and teens they have chosen to support “are real children that need basic things like food, and shelter. They say, “leladeinu needs us in order to keep the children safe, happy and healthy.”

Despite the geographic distance, the difference in language and life experiences, the “kids” in Des Moines and Buenos Aires have a special bond, “we are linked by our ages and our Jewish beliefs”.

Des Moines students have concluded it is not the children’s fault they are poor, abused or abandoned. In explaining, one said, “The four year old boy who was nearly starved to death had no say in his situation. Without philanthropy there wouldn’t have been a safe place for him to go for food, shelter or comfort.”

Another said, “These children and teens are relying on the kindness of strangers. Trying to explain their situation in a quick fashion is tough. I just try to remember, not to be discouraged by all those who turn me down as I fund raise. It isn’t about how many people out of a hundred say no. It is about that one or two that says yes or what can I do to help.”

Project Elijah Foundation has received nearly eighty donations since inception. Already, with funding from Alan and Janice Zuckert, Project Elijah Foundation has funded capital improvements for a group home, provided financial support for dental care for 200 children, tuition for a dozen students, computer access for 50 teens, uniforms for a now-winning soccer team and holiday gifts for nearly 250 children and teens.



From left to right: Ben Weiss, Samantha Feldman, Ken Sims, Katya Dimenshteyn, Jake Carpenter, Chelsea Bear, Michael Moskowitz and Kevin Mond; not pictured: Sarah Cramer and Emily Kreamer

[in profile]

## ANDY GOODMAN



By day, Andy Goodman is the mild-mannered Executive Vice President & CEO of Iowa Nebraska Equipment Dealers Association – and on the Jewish

Community Relations Commission. By night....a member of a not-so-notorious Jewish motorcycle gang. The real Andy Goodman? Perhaps we'll find out just a bit more about him and his family in the following interview conducted by the Jewish Press.

Jewish Press: Starting with the basics...

Andy Goodman: My wife Dory and I are members of Tifereth Israel Synagogue. We were previously in Lincoln, Nebraska where we attended the University of Nebraska. I have a degree in business. Dory has a law degree and is now Director of Human Resources for Sysco Foods of Iowa. We have three children and have been in Des Moines for 16 years. I have been with Iowa Nebraska Equipment Dealers Association for 11 years.

JP: Tell us a little about your children.

AG: Leah is an associate movie producer. The company she is with produces G-rated movies for major TV networks. She's in LA. Elizabeth is a consultant with Boston Consulting Group, in Dallas. She works with Fortune 500 corporations. And Joe is working on a Ph.D. in consumer behavior.

He's at the University of Texas - Austin.

JP: Thank you. That's very nice. I think people will be interested in knowing about the environment in which you grew up.

AG: Well, I grew up among an extended family of musicians. Originally my mother's family was from Camden, NJ and my mother's brother was a very well-known bandleader in Philadelphia specializing in Jewish music. His name was Jay Jerome. He really steeped himself in Yiddish music, but blended that together with what he learned as a classical- and jazz-musician. He played in a military band during WW II and then actually had his own band that played in Cuba. For many years his band played the Miss America banquet in Atlantic City. Along with conducting, he played violin and saxophone, and his band, of course, played weddings and Bar Mitzvahs.

Also, my mother's sister was a well-known musician and composer from the 1930s on. Her name was Anna Sosenko. Although she played piano and played very well, she was known more for her compositions and cabaret style entertainment. Perhaps her most famous composition was "Darling Je Vous Aime Beaucoup," performed in 1935 by Hildegard in the movie, Love and Kisses, and the song made the charts in 1955 when recorded by Nat King Cole. Anna was inducted into the Songwriters Hall of Fame in 1996. Annasosenkotrust.org web site is interesting to look at.

My mother's father's involvement in music and theater went back to the Yiddish theater in Bialystock. I know very little about that, although I knew my aunt and

uncle very well.

My mom, herself, didn't play an instrument. My dad, however, sang, as a youth, in the NY Boys Choir when he lived in Brooklyn. Unfortunately, he dropped out of school and went to work at a very early age, during the Depression. He did enjoy music, and there was always music of some sort in our house.

I've had some minor training in piano, clarinet and saxophone. Probably the most interesting musical training that I had was with Marjorie Barstow, associated with the Alexander technique, in Lincoln. Dory is very musically inclined. She also comes from a musical background. She had vocal training and her mother was a professor of music education at the University of Nebraska in Lincoln, and our children are all musical.

JP: And your love of motorcycles?

AG: I was about 12 years old when I first

started tinkering and riding on motor scooters (one of the main industries in Lincoln at that time was Cushman Motors). I progressed from motor scooters to motor cycles by the time I was in my 20s. I went "up the scale" from the Doodlebugs to the Cushmans and then, during and after college, onto motorcycles, mostly Kawasakis.

I dropped the hobby for almost 30 years and picked it up again last year.

JP: You're in this Rat Pack of sorts, huh...

AG: Yes, the "Jewish Bikers Association" (he says facetiously). I ride occasionally with Neil Salowitz and Sam Kreamer. We ride out into the country and go and see the scenery and enjoy Central Iowa. People who are interested can join us if they'd like.

JP: How do your wives feel about this hobby of yours?

AG: Not too good (chuckling).

JP: Do any of the wives come along?

AG: Dory is the only one. She has ridden

Darling, Je Vous Aime Beaucoup

Words and Music by Anna Sosenko in 1936 Introduced in the film "Love and Kisses" by Hildegard Recorded 1955 by Nat King Cole

Darling, je vous aime beaucoup  
Je ne sais pas what to do  
You know you've completely  
Stolen my heart

Morning, noon and night-time too  
Toujours, wondering what to do  
That's the way I've felt  
Right from the start

Ah, Cherie  
My love for you is très, très fort


Wish my French were good enough  
I'd tell you so much more

But I hope that you compree  
All the things you mean to me  
Darling, je vous aime beaucoup  
I love you, yes I do


Wish my French were good enough  
I'd tell you so much more

But I hope that you compree  
All the things you mean to me  
Darling, je vous aime beaucoup  
I love you, yes I do


(Darling, je vous aime beaucoup)  
I love you, yes I do



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Household Services/Utilities	\$200.00	\$1,000.00
Lodging	\$100.00	\$1,000.00
ATM Withdrawals	\$100.00	\$1,000.00
Checks Written	\$100.00	\$1,000.00
Electronic Payments from Checking	\$100.00	\$1,000.00
<b>Total Spending</b>	<b>\$1,000.00</b>	<b>\$1,000.00</b>

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# Senior News



## NEW SENIOR ADULT COORDINATOR

Hello to everyone! My name is Gloria Young and I am taking Kady's place as the Senior Adult Coordinator for the Jewish Federation. I have two children. My daughter is married and has two girls, one 5 years and one 5 weeks old. They live in Des Moines; my son lives in Grimes. I have been working as a home care aide for Generations, Inc. for 9 years. I am still employed there part time. Last year I went to school and am now a licensed massage therapist. I have my massage studio in my home in Highland Park near 2nd and Euclid.

Some other things I have done in my past are building stained glass windows, teaching classes for stained glass making and selling Tupperware for 15 years. I also provided home care to individuals for 3 years—that was a very rewarding experience for me.

I am looking forward to meeting all of you and getting to know you. Some of you I already know from the past and from working with you recently.

**Senior Luncheon** will be at Noon, July 21, at Beth El Jacob Synagogue.

# CARE MEALS

## Iowa Jewish Senior Life Center and Jewish Family Services Collaborate on Meals Program

**The Iowa Jewish Senior Life Center and Jewish Family Services have joined together to offer fresh meals for shut-ins, recuperating adults, community members in the hospitals, and others who need a pre-cooked meal. The meals will be offered by the Life Center from their daily menu and will be available for individuals who are ill, snow-bound, without family help, or just wish to have a meal ready at hand.**

**The meals will be available with a 24-hour notice. Lunches will be \$7.00 and dinners will be \$10.00 each. Food is carryout from the Life Center and will be paid for at pick up. Jewish Family Services can arrange for delivery at \$5.00 per trip.**

NORC from page 1

## Jewish Family Services and The Des Moines Jewish Federation would like to thank the following:

- OUR REPRESENTATIVES AND THEIR STAFF FOR HELPING SECURE FUNDING FOR OUR NORC - OASIS PROJECT THAT WILL ASSIST OUR SENIOR ADULT CARE SERVICES
- SENATOR TOM HARKIN
- SENATOR CHARLES GRASSLEY
- CONGRESSMAN LEONARD BOSWELL

## Jewish Family Services is proud to be partnered with the following agencies to promote our NORC - OASIS Project. Their assistance has been invaluable in planning and guiding our program:

- AGING RESOURCES - JOEL OLAH
- POLK COUNTY SENIOR SERVICES - BARBARA MCCLINTOCK
- GERIATRIC EDUCATION CENTER OF DES MOINES UNIVERSITY - SUE BREVARD
- THE APARTMENTS OF RIVERTRACE - GAIL GOULDING

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# Is Your Company A Matching Gift Company?

Every year, many of our donors are able to increase the impact of their donation to Jewish Family Services of the Jewish Federation of Greater Des Moines by participating in their company's Employee Matching Gift Program. Area companies like Wells Fargo, Pioneer, the State of Iowa and the Arthur J. Gallagher Foundation have all generously partnered with their employees to increase the size of employee donations to Jewish Family Services over the past several years.

If you work for one of these companies, or another organization with a matching gift program, complete the appropriate matching gift paperwork from your Human Resources Department and send it to Jewish Family Services with your gift. The Jewish Federation of Greater Des Moines is located at: 910 Polk Boulevard, Des Moines, Iowa 50312.

**We thank those employees of the companies who already participate.**

# United Way Donors

## Did you know that you can designate part or all of your United Way contribution to Jewish Family Services?

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Jewish Family Services Counseling - Individuals, families, seniors and children  
Senior Adult Programs - Senior Adult luncheons and case management  
Resettlement Program - Case management and health services to new immigrants  
Jewish Family Life Education - Operation Good Mensch  
Outreach - Baby baskets, welcoming newcomers  
Volunteer Opportunities - Numerous volunteer projects

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to all who have contributed through United Way. Please remember that your gift to Jewish Family Services through United Way has to be re-designated each year.



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## AIPAC News

### AIPAC Conference in Washington D.C. Draws 5,000

One of those who attended from Des Moines was Dr. Marty Rosenfeld.

Mark Finkelstein: Marty, how many AIPAC conferences have you attended?

Marty Rosenfeld: This was my third, and my wife Trudi's second.

MF: What was the most enjoyable aspect of the conference?

MR: It was great that so many people attended. There were no dividing points between people. There were Jews and Christians, Democrats and Republicans. It didn't matter where one came from. Standing up for Israel is not just a Jewish issue.

MF: How long was the conference?

MR: The conference started Sunday morning and was over Tuesday afternoon. It was a policy conference. The large plenum sessions were in the mornings and smaller, breakout sessions in the afternoons.

MF: What was the mood like?

MR: The mood was very upbeat. Everybody was optimistic that this was the first real chance for peace [after the passing of Arafat.]

MF: What were some of the high points?

MR: I think the appearance of Ariel Sharon was the high point. He was very engaging. He used humor and then he turned serious...a little bit of each in the proper places. He talked about how his political future is on the line with the disengagement from Gaza. There were many speakers including Secretary of State Condoleezza Rice, the majority and minority leaders from Congress, and Sen. Hilary Clinton. I found the talk given by the head of the law school of Tel Aviv University particularly interesting, and then there were people who spoke personally about the family members they had lost to terrorism.

MF: And the main issue this year?

MR: The main issue had to do with Israel's impending disengagement from Gaza.

MF: And what was AIPAC's position?

MR: AIPAC is very supportive of disengagement. We heard, in fact, from two of the Israeli families that will be moved out of Gaza and how they obviously had put in a lot of time and energy and hated to leave but they realized that it's for peace. How difficult it is to have someone who had lived twenty years someplace, who has

built a home, built a business, to have to leave. On a theoretical basis it is easy to say, of course, you do what you have to for peace. But on the other hand it is somebody's investment. It is a lifetime investment that they they've made and they're turning around and walking away from it.

One of the breakout sessions we attended had to do with the aftermath of the disengagement. There was debate about what's likely to happen after Israel pulls out its troops, removes the settlers and possibly turns over the accommodations there.

One set of questions was about how the Palestinians might react, which was kind of interesting.

MF: What was the attitude toward the new Palestinian prime minister Mahmoud Abbas?

MR: The consensus seemed to be that we want Abbas to succeed but that he has to start doing something [to dismantle the Palestinian terrorist organizations] not just talking about [co-opting the terrorist groups]; to convince congressional members to continue foreign aid to Israel and to stop Iran in nuclear development.

MF: What were some of the other issues discussed?

MR: The other big issue had to do about stopping Iran's drive to develop nuclear capability. And then, of course, there was discussion on the importance of ensuring continuing foreign aid to Israel, and to explaining to Americans why this was necessary. In short, because Israel is America's most strategic ally in that troubled region, sharing, as it does, the democratic values of the United States.

MF: Do you feel the discussions prepared you to deal with the complex issues?

MR: I think so. They were helpful.

MF: Why is AIPAC important?

MR: It is very important to explain the issues to members of Congress, especially to those who may be less familiar with some of the realities faced by Israel on a daily basis. Israel wants peace. America has to help create the conditions for peace, where those conditions do not yet exist in the region.

MF: What would you like to see in Des Moines, as an outcome of the conference?

MR: I would certainly like to see a bigger

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[science]

# Israeli Flying Car to Provide Revolutionary Rescue Tool

By David Smith

Up in the air - is that a helicopter?  
A bird?

How about flying car?

An aviation vehicle is currently being developed in Israel that can fly amid skyscrapers and park inside buildings. Its purpose is not to find that elusive parking place in New York City, but rather to become the most effective life-saving rescue feature since the ambulance.

Called the X-Hawk, the vehicle is a "rotorless" Vertical-Take-Off and Landing (VTOL) vehicle. Unlike a helicopter, the X-Hawk's propellers are not extended, but incorporated into the body of the aircraft, enabling it to pull up close to the windows of tall buildings without danger of collision.

Those unique characteristics make the X-Hawk perfect for rescue and law enforcement work: evacuating injured people from high-rise buildings, high speed pursuit and other daring police activities. The X-Hawk is expected to be able to achieve a maximum speed of 200 KPH and to remain airborne for up to an hour and a half (like small helicopters).

Dr. Raffi Yoeli is the driving force behind the X-Hawk. Yoeli served in the Israeli Air Force as an engineer and received his PhD in Artificial Intelligence from Haifa's Technion Institute of Technology. He began his civilian career at Israel Aircraft Industries where he was

one of the heads of the aborted Lavi fighter plane project.

Yoeli established the Urban Aerodynamics company in 2001 for the purpose of developing an urban aerial vehicle designed specifically for an urban environment.

"In a regular helicopter, if you want to move left, you have to first tilt to the left. Then you have to correct the movement by tilting to the right in order to straighten out. We eliminate those movements - a very important point when you're working in constricted air space like an urban environment," explained Janina Frankel-Yoeli, Urban Aerodynamics Vice President of Marketing, and Raffi Yoeli's wife.

The X-Hawk is based on all proven, off-the-shelf certified technology, meaning the engines are already Federal Aviation Agency (FAA) certified, and have been up and running in other helicopters.

"What we've done is integrate the existing technology together with a patented control system. It's a vane control system, there's rows of vanes on the top and bottom of the panel - each of the ducts looks and works like a Venetian blind. They can either turn in unison or in a few degrees in one direction or the other," she explained.

With its ability to go where no helicopter has gone before, the X-Hawk

can be a windfall for emergency rescue workers - whether they're involved in rescue efforts from buildings, city streets, or even open highways.

"The X-Hawk can dock on the side of a building; it can be of vital use in medical response teams. Until now, you can't use an air ambulance in the middle of a city. If there's an accident in downtown Manhattan, the only option is ground police, and you know what traffic there can be like," said Frankel-Yoeli.

"Even in a situation in which there is more open space, like on a large highway, you never have aerial responders being the first to arrive. There's always a ground crew first. They have to make sure the area is clear of wires, debris and other obstacles for landing. With the X-Hawk, the aerial medical response team can be first, saving precious minutes in which lives can be saved."

But where the X-Hawk has really dazzled the U.S. rescue professionals who have learned about the vehicle is in its potential to rescue people from buildings.

"We have amazing potential to save people from buildings, an area that has received tremendous focus since 9/11. We had the fire chief from Washington D.C. visit us recently, and he said, 'that's great, but what's more important is to get my people in to the top floors of the building.'"

"He said it takes on average one minute per story for a firefighter or rescue professional to get up with equipment. If we're talking about 40 stories, that means the X-Hawk would be saving 40 minutes. That's a lot of lives that can be saved in 40 minutes," said Frankel-Yoeli.

Urban Aerodynamics has produced one concept demonstrator of the new aircraft - called the City Hawk. It has completed 10 hover tests, at a height of two to three meters, with a pilot, and has registered a U.S. patent for the control system. The company is now moving forward with the development of our X-Hawk prototype vehicles.

According to Hebrew paper Yediot Aharonot, an American company that deals with aerial medical evacuations has asked to be included in the project. The X-Hawk recently showed its abilities at a conference held by the American Law Enforcement Association, including representatives from airborne police units.

"We're in the design stages for the X-Hawk, and in the process of raising \$10 million for a civil demonstrator. At the same time, we're approaching the U.S. government and U.S. companies to become partners with us in developing the X-Hawk for military purposes," said Frankel-Yoeli.

This article appeared originally on [www.israel21c.com](http://www.israel21c.com). ISRAEL21c is a non-political, nonprofit organization that

## Israeli "Survivor" Flower Boasts Cells Shaped Like A Star Of David

It's known as the ultimate survivor. It grows wild in Israel, thriving in the harsh dry conditions that would kill many other plants.

And what do the cells of this hardy survivor - a native Israeli Persian buttercup - look like under a microscope?

A Star of David.

"It really is symbolic," says Dr. Rina Kamenetsky, a researcher at Israel's Volcani Institute, who made the surprising discovery while trying to understand the survival mechanisms of this resilient bulb.

The flower from the Holy Land is also known in botanical circles as a type of 'resurrection plant' which, explains Kamenetsky, means that it can live without water, and is 'resurrected' when water becomes available.

Kamenetsky brought samples of the native Israeli type of this species to study during a sabbatical leave at the University of Guelph in Canada last year. She and her Canadian colleagues discovered that the storage roots of this particular Persian buttercup have a special mechanism for resisting drought and heat that is found in no other plant to date - a finding they published recently in the journal New Phytologist.

But Kamenetsky also found an additional surprise: under a microscope the cells of the root assume the form of interlocking Stars of David.

"When my Canadian colleague Professor Larry Peterson saw it, he called me over right away and said: 'Look, Rina:

here's something especially for you.

It was the first time that Kamenetsky, a leading floriculturist, had seen a Star of David pattern on the cells of any plant.

It turns out that the cell walls of the storage roots of this particular plant serve as a shield. In winter, when the first rain comes, the cell walls block the sudden influx of water which could cause the cells to burst. At the same time, they protect the cells from dehydration by absorbing water.

The cell walls that serve as a year-round shield also happen to look like a shield - the shield of David.

"We have never before seen a structure like this in the cell walls of plants," she says. "This is a very rare structure - maybe unique."

Kamenetsky heads the Volcani Institute's Department of Ornamental Horticulture - part of the research arm of the Israel Ministry of Agriculture responsible for planning, organizing and implementing the greater part of Israel's agricultural research effort. She's now planning collaboration with researchers from France, Italy and South Africa to understand the unique survival mechanism of the Israeli varieties of the Persian buttercup.

"The value of this research is that if we can understand these mechanisms, we can endow other plants with these abilities - something that is of growing importance in a world undergoing desertification," she explains.

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**Ambassador Ross**



**Sheldon Rabinowitz, Chair of the JCRC**

# Ambassador Dennis Ross Chief Middle East peace negotiator addresses Teachers' Institute and



**Over 450 were in attendance**



**Ross, Gov & Mrs Branstad, Don Blumenthal**



**Teachers' Inst. Chair, Roselind Rabinowitz**



**Teachers at the Institute**



**Joanne and Milt Brown, DM Schools superintendent Eric Witherspoon**



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# Dennis Ross

## ator

## nd public forum



Ben Small, Polly Oxley and Evelyn Mintzer



Polly Oxley, Tim and Toni Urban with Dennis Ross



Ross with Don and Margo Blumenthal



Ambassador Ken Quinn with Pam



Mickie and Fred Lorber



Jewish Federation Community School students

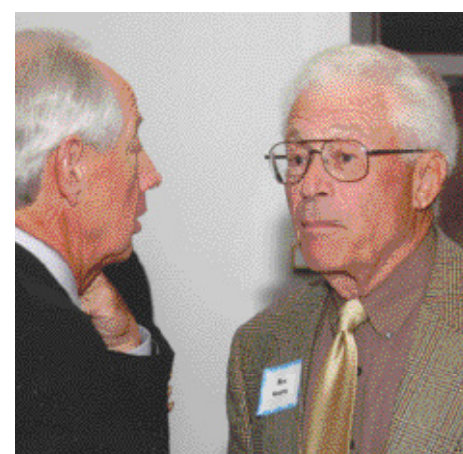


Bud and Dorothy Hockenberg with teachers

Co-operation between the JCRC, the Federation and the Des Moines Jewish Foundation enabled our community to present Ambassador Dennis Ross on May 11 and 12. Ambassador Ross, chief Middle East peace negotiator under presidents Bush ( 41) and Clinton, gave presentations at JCRC's 26th annual Teachers' Institute and to the public at Tifereth Israel Synagogue. The ambassador also was honored at the Foundation's dinner, autographed copies of his book after the public presentation, and spoke at a JCRC breakfast the following morning.



Shelly and Marty Brody flank Steve Zumbach



Dr. Bob Gitchell and Ben Swartz



**By: Elisa Arkovich**

ses waiting for us with two guards standing in front that were with us throughout the trip. When we got into Israel we had dinner at a restaurant (Montefiore) overlooking the Old City of Jerusalem and while we were eating our luggage was taken to our rooms in our hotel for us. The first morning we were there we were given a political update by a speaker who works very closely with Ariel Sharon.

The next day we drove through the German Quarter of Jerusalem on our way to Hadassah's Ein Kareem Hospital. I brought my items that were donated by everyone for my mitzvah project to this hospital because it was the main one. There were over 135 hats, scarves, bandanas, and several stuffed animals for the children. The people who handed them out to the oncology patients and pediatric oncology patients were very delighted to receive the donations. We got to follow around nurses for the morning, and I followed around an Emergency Room nurse and got a tour of their new Center for Emergency Medicine. After our shadowing time we had presentations on stem cell research, complementary medicine related to labor and delivery, and medicinal herbs. It was fun to see all the different types of research projects that they are doing in Israel. After our day at Ein Kareem we got to spend a little time shopping on Ben Yahudah Street, which then we had to find our way back to our hotel. That night we had dinner in the homes of some of the nurses from the hospitals. I really enjoyed this part because it was fun to socialize with the nurses from there and see what their houses are like.

Thursday morning we had breakfast with a lecture by Dov Noy, who is a medical anthropologist. By Thursday I was running low on pictures I had left in my camera so I had to buy a disposable one from the gift shop which turned out to be about \$16, for one that is about \$7 here in the States. Next we got to fit in our tour through the Old City that we missed on Monday. This was one of my favorite parts of the trip. I learned so much history during this tour and we got to shop through the Arab and Jewish markets. Then we got to go to the Western Wall and leave prayers in the wall. But in order to get to the wall you have to go through security including a metal detector. There were lots of people around, and we were told that there was a Bar Mitzvah going on over on the men's side, so there were lots of women standing on chairs looking over the divider. Next we visited Yad Vashem, where the tour guides let us tour on our own because they have had three different times where they have toured people through the museum and had them point to a picture and recognize themselves. Then we planted trees on our way to the spa. We spent the rest of the evening relaxing at the spa.

Friday morning was spent traveling to Sefad. During this trip we were given a short tour around Sefad and some history, and then given time to shop around the market. The most interesting things I saw here was the microcaligraphy of the books in the torah made into pictures. I purchased a picture of the Book of Esther. Then after our time there the rest of the afternoon was time spent to ourselves at the spa. Then we had a beautiful Shabbat dinner. And we had all of Saturday to relax we were ready and checked out of our room we were pampered, spoiled and served gourmet



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## In the Kitchen With Jonathan Yentis



Growing up in Arlington, Virginia with a father working for the Federal Government, Jonathan Yentis was exposed to an international community which included the opportunity to experience many ethnic foods. How Jonathan's interests developed in later life are fascinating and of course culminated as master chicken liver gourmet at the Temple Food Fair.

Son of David and Frances Yentis, Jonathan attended Delaware Valley College in Doylestown, Pennsylvania. He majored in agronomy and did graduate work in North Dakota in genetic research with wheat. He worked in Greenville, Illinois with Pet Milk on bakery technologies. Jonathan has one brother, Paul, who lives in Maryland.

From Pet Milk Jonathan moved to a spice company in Chicago which later transferred him to Dallas, Texas where he met his wife, Tami, who was from Des Moines. Tami and Jonathan met at a Jewish Community Center singles program. They moved back to Chicago for a year and then to New Jersey where he continued in bakery technology.

Sixteen years ago Jonathan moved with his family to Des Moines to work for Tone's Spices. Tami, daughter of Dan and Cecil Masters, came back to her home

town with their three children, Adam, Joshua and Dana. Adam lives in New York City with his wife and their son, Solomon. Joshua lives in Paradise Island, Bahamas with his wife and new son, Stafford David. Dana has recently returned to Des Moines. Jonathan's wife, Tami, teaches English as a second language at Valley High School.

As technical support to Tone's Spices, Jonathan's job took him to all parts of the world including Jamaica, France, Israel, Egypt, China, India, and Turkey. He gave 10 days of seminars to farmers in Lebanon teaching them how to produce high quality spices. His adventures were many.

In 1995 Jonathan traveled with his father to Poland seizing the opportunity to look for their Jewish roots. With a gentle guide Jonathan and David Yentis were able to cover much territory looking for the family of Jonathan's great grandfather. His grandfather, born in Poland, immigrated to the United States, but it appeared that much of their family were sent to Auschwitz. They found no record of their survival.

During World War II Jonathan's grandfather, a master tool and die maker on Long Island, started

making menorahs from scrap metal he was using to make parts for Norden Bombsights. One of the menorahs was featured in an article in the Des Moines Register in December 2004.

In 2001 Jonathan left Tone's and in semi-retirement consults in the food area. He has made presentations at the Botanical Center and Younkers on the use of spices and demo cooking.

Jonathan has been involved for twelve years as a volunteer at the Neal Smith National Wild Life Refuge in Prairie

City on seed cleaning techniques and Bison nutrition. This year alone the refuge has had eight bison calves born!

Jonathan considers his interest in cooking an addiction. His mother involved him in cooking from the time he was young and he has been involved with ethnic cooking all over the world.

Three years ago Jonathan was recruited by Temple B'nai Jeshurun to work on the food fair. Today's recipe is scaled down from the 160 lbs. of chicken he works with at the fair to a small portion of chicken liver

## Chopped Liver

A recipe from Jonathan Yentis Meat

1 lb. of chicken livers

– saute in a minimum amt of chicken fat or vegetable margarine  
– chill

3 – 4 hard-boiled eggs put through egg slicer several ways

1 very large onion minced

– saute in minimum amount of chicken fat or vegetable margarine  
– chill

Chop chilled chicken livers on a board adding the onion and egg.

Transfer to a bowl and add salt and pepper to taste.

Add 1/8 (one-eighth) teaspoon dried or powdered marjoram leaf.

Add congealed chicken fat to mixture to get the right texture.

Needs to be eaten in 2 - 3 days!

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[view from Israel]

## Beyond the Call of Duty

By former Areiva to Des Moines, Ayelet Kleinman



Shalom!

This time, I have decided to share a very personal and special experience with you that I went through, just a couple of weeks ago.

As you probably know, Israeli citizens can either volunteer, or may be conscripted, to serve in the Israel Defense Force (IDF). The length of basic service is a period of two to three years. Israel is unique in that military service is compulsory for both males and females. It is the only country in the world that maintains obligatory military service for women. Upon completion of compulsory service, men are required to serve roughly a month of reserve duty every year. During this time they leave their families and their civilian jobs to work in the military, which sometimes involves their participation in front-line action. In times of crisis, the reserves may be called up for active duty. Thus, Israeli Jewish men generally continue to serve in the IDF until their mid-forties or early fifties. Women, on the other hand, are discharged permanently when they finish their compulsory service.

There is, however, a new option for veterans who feel they can still be of service. More than a year ago, the IDF opened a volunteer unit for older men who want to continue performing reserve duty beyond the maximum required age limit, and for women, who, as noted, are not obligated to perform reserve duty. The purpose of this unit is to serve alongside the IDF soldiers that are at the checkpoints within and outside of Israeli territory, and to help the young, less experienced soldiers stationed there cope with the very complex reality that they face every day.

I considered joining this unit for a long time but didn't know if I could afford to leave both school and work for a two-week stint, until one day I felt that this is something I just had to do. So I called and enlisted for the period beginning twelve days later.

The situation was as follows. I spent two weeks at the Kalkilya checkpoint and was the only woman who volunteered during this reserve cycle. In retrospect, I believe these were probably two of the most amazing weeks of my life. I slept very little, and spent most of every night either standing at the checkpoint itself or touring the area in the army jeep, performing surveillance along the barrier separating Israel from the territories, making sure that all was quiet.

The work wasn't easy. Standing for 6 hours with a weapon, canteen and bullet-proof vest is arduous. But the truth is that that's actually the easy part. The hard part is that you know the security of Israel's citizens is in your own hands. The checkpoints are necessary, even if they may seem unfair to some. It is imperative that the soldiers allow to enter into Israel only those with the appropriate, required documentation, be it a Palestinian, or Israeli – Jew or Muslim.

Our job, as veterans, was to be there with the soldiers, to give them a minute or two to rest and refresh themselves, and to intervene when needed in case of difficulties.

The most common issue I had to deal with at the checkpoint was with regards to individuals who did not have the appropriate documentation necessary in order to pass through the checkpoint. Some did not have it in their possession, others were carrying an expired permit, and yet others had the documentation for themselves, but not for their family members. Another common problem involved Israelis who were trying to bring Palestinians through the checkpoint to work in their factories. The Israelis were applying a lot of pressure in trying to convince the soldiers to let them cross over with the Palestinian workers who did not have the necessary documentation. Both of these issues were handled by talking to the Palestinians, explaining the situation to them, attempting to calm them down if necessary, and conveying to them our heartfelt sympathy for their situation. We all hope, of course, that when peace comes, that passage over international borders will become routine and non-eventful.

The time passed quickly and I was again a civilian. At the end of these two weeks, we each received a certificate of recognition from the Commander of the unit. But, of course, that wasn't the real reward. The real reward was to wake up in the morning, knowing that you were doing something important, that you were helping young soldiers protect the citizens of Israel, citizens of all backgrounds. In addition, with regard to the soldiers themselves, I knew that the fact that we spent our nights there

### Israel Partnership/P2K

## Bridging the Digital Divide

Forty-four tenth grade students from various public schools (secular, religious, Arab) in Akko recently completed their first year in Project Neta and received computer technician diplomas from Cisco, the major internationally known network communications corporation. Five graduates also received an award of excellence personally handed out by Shimon Lankri, Mayor of Akko. Lankri thanked the Jewish Agency and other contributors to the project for "the golden opportunity granted to these city

youth". Lankri added that another positive contribution of the project was in creating a closeness between Arab and Jewish children, and between religious and secular children.

Project Neta's aim is bridging the digital divide - to train youth in the periphery of Israel for high-tech professions at the highest level, while pursuing social goals and developing local leadership, education for excellence and contribution for the community.

Project Neta is co-sponsored by the

## Israel About To Take a Great Risk in the Name of Peace

by Moshe Ram

Beginning in August, Israel will embark on an irreversible course of action with historic implications for the future of Israeli-Palestinian relations. In taking this tangible risk for peace and progress, Prime Minister Ariel Sharon will create a new environment for pursuing a meaningful resolution of the conflict with our Palestinian neighbors that will also resonate with all Arab countries in the region.

This plan entails the very painful process of uprooting Jewish communities in Gaza and Northern Samaria that have existed for decades. Many members of these communities have known no other home. Jews are buried in that soil. No level of monetary payment can possibly compensate for the sacrifices that the residents of these communities have made over the years. Nothing will ease the pain of such a wrenching dislocation of these communities.

Nevertheless, the Israeli government has voted overwhelmingly that the Disengagement Plan combined with the continued construction of the security fence are essential elements to achieve the objectives of consolidating the Jewish population behind secure borders that will encompass the democratic nature of the Jewish state of Israel in any final status agreement with the Palestinians. This position has been endorsed by large margins in every Israeli opinion poll.

In essence, a significant percentage of the Israeli public has, through their elected officials, chosen to change history by leaving areas where there is an overwhelming Palestinian majority. Obviously, despite strong public support for this plan, there are also some Israelis who oppose any evacuation from land that is unquestionably part of the biblical land of Israel, not only for religious reasons but also due to some valid security concerns.

The religious debate probably cannot be resolved to everyone's satisfaction, but the security issues can and should be addressed. After more than a half century

four years of Palestinian violence and terrorism resulting in the deaths of more than 1,000 Israelis and the serious injury of thousands more, the government of Israel takes the obligation to ensure the safety and well-being of its citizens extremely seriously. If the Palestinians continue to choose the path of violence, Israel will respond with appropriate but substantial force to make the Palestinians understand that violence will destroy their dreams for a better future.

Therefore, the success of the new Palestinian leadership under Mahmoud Abbas will be measured by its ability and willingness to compel the Palestinians to stop terrorism emanating from territories under their control. Words alone will not suffice. Only tangible actions to disarm and dismantle Palestinian terrorist groups combined with the termination of all anti-Israel and anti-Jewish incitement in Palestinian mosques, media and schools will meet Israel's expectations. The fate of the Palestinian people is (once again) in their own hands.

In Israel, disagreements on policy have been discussed and debated. Democratic channels from the Knesset to the courts have been thoroughly explored. Nevertheless, the ominous possibility exists that the Jewish people might once again be torn apart by internal conflict that could result in the dreaded specter of civil war – Jew against Jew. This would be the ultimate tragedy and cannot be allowed to happen either in Israel or the Jewish communities of the Diaspora.

Despite the risks, the Israeli government and people are willing to pursue peace with all their might. At such a time, it is incumbent upon the Jewish communities of North America to continue to stand behind this courageous decision with the same solidarity of spirit and support that they demonstrated during the last four years when Israel was under attack.

During the Jewish festival of Passover, we celebrated the delivery of the Jewish people from slavery in Egypt to freedom in the promised land of Israel. The promise has been fulfilled; the

Camp continued from page 1

Also inside campers are preparing a song and a magic act for the talent show. For months my staff and I have been working to make these and other incredible moments happen this summer at ECS. But, to be fair, this vision we are creating everyday at camp was envisioned way before I came into the picture. For a year the camp committee and Federation professional staff has worked with former parents and campers to create a camp suitable for the community's needs. They approached me with the opportunity to combine the well-established soul of Camp Shalom with the cutting edge of what camps are offering across the country.

Now in the middle of the summer we are enjoying the pay-offs of all the hard work. There are heaps of exciting events planned for the rest of the summer,

such as the annual overnight, Color War, and Alumni Picnic. We have also planned trips to Neal Smith Wildlife Refuge and Sports Plex West to do some Rock Climbing. It is not too late to join the fun. This is your invitation and opportunity to become part of the community's inspiring vision. Don't miss out!



Please contact the Engman Camp



# Hotel Darfur

## A message from Ruth W. Messinger, Jewish World Service

The "Rwanda in slow motion" in Darfur has been continuing for more than two years. There's no excuse for the lack of global response.

We recently celebrated the redemption of our people from slavery to freedom and recounted our exodus from oppression. Yet, while I was joyous in my celebration with family and friends, I could not help but be saddened by the ongoing cries of oppression of another people - a people quite literally wandering in the desert who have been abandoned by the world at large.

One year ago, international humanitarian organizations began sounding the alarm, warning of an escalating crisis in Darfur, Sudan. John Prendergast of the International Crisis Group warned of a "Rwanda in slow motion."

In this remote region the size of Texas in Africa's largest nation, almost 10 million African tribal farmers have been violently driven from their homes by the government of Sudan and the militias they armed, called Janjaweed (men with guns on horseback).

Despite repeated calls from humanitarian organizations and United Nations agencies warning of the worst humanitarian crisis in the world today, there continues to be a systematic program of expulsion, rape and murderous violence that has taken at least 400,000 lives since the crisis began in February 2003. This

campaign of destruction and displacement is calculated to ensure the loss of livelihood and means of survival, purposely forcing hundreds of thousands of men, women and children to face starvation and disease.

In May we commemorated Yom Hashoah and remembered the consequences of inaction by the international community in the face of genocide. We remember and we still cannot, nor will we ever, comprehend how the world looked on as six million of us were gassed, tortured, displaced, starved and worked to death.

We vowed, "never again!" But is this declaration to be reserved for Jews alone? Jews must be the guardians of this call for action, highly sensitive and responsive to all attempts by any people to annihilate another people. The world stood idly by 60 years ago, and again as massacres unfolded in Cambodia, Rwanda, and now Sudan.

In the words of Elie Wiesel, a founder of American Jewish World Service, "If we Jews remain indifferent to the plight of the oppressed, what right do we have to criticize the leaders of the free world for having abandoned us during the Holocaust?"

This year is the 11th anniversary of the Rwandan genocide where 800,000 people of the Tutsi minority were literally slaughtered by machete-wielding government forces. World leaders knew; our

government knew, and did nothing.

It is unconscionable that even now with the attention surrounding the film "Hotel Rwanda," the leaders of the world have not only not ended the genocide in Sudan, but seem not to care too much about it.

Current reports indicate that the situation continues to worsen. According to the findings of a United Nations Commission of Inquiry (January 25, 2005), Sudanese government officials and the Janjaweed are responsible for "the killing of civilians, torture, enforced disappearances, destruction of villages, rape and other forms of sexual violence, pillaging and forced displacement throughout Darfur."

Despite this report and the implication of government officials, the only resolutions proposed in the United Nations have been weak because several members of the Security Council, most particularly Russia, China, Algeria and France, threaten to veto anything stronger in fear of jeopardizing their oil flow.

The Security Council did recently approve a resolution to prosecute Sudanese war crimes in the International Criminal Court in Hague, and UN Secretary General Kofi Annan submitted to the court a sealed envelope containing the names of many government officials and Janjaweed accused of crimes against humanity. We wait to see how this unfolds. Meanwhile 2,200 African Union troops

have been sent to Darfur, but the numbers are far too few for the size of the region, and their mandate, which does not provide for the protection of civilians, is far too weak.

Many of the survivors of this campaign of destruction and displacement now live in hastily erected IDP (internally displaced persons) camps lacking adequate food, water, shelter, medical care and security. More than 2.5 million people are in dire need of humanitarian assistance.

Yet, on April 8, the World Food Program, run by the United Nations, announced that, due to lack of contributions from donor countries, they must cut in half the food rations they are providing to one million people in Darfur. So not only are many of the nations in the world turning a blind eye to the annihilation of a people, they are also contributing to the Sudanese government-induced "genocide by famine."

We cannot stand idly by. Jews should support American Jewish World Service's Sudan Emergency Appeal launched one year ago to provide humanitarian aid in the camps, but even more importantly we must not remain silent. We must raise our voices and demand action from our government and the United Nations.

At this very moment, on the table in the U.S. Congress, are the Darfur Accountability Act in the Senate, and the Darfur Genocide Accountability Act in the

## Commemorating Yom HaShoah



**The 2005 Holocaust Memorial Day program was held at the Temple in honor of survivors and members of the Allied forces. This was the 60th anniversary year of the liberation of the concentration camps and the end of WW II. The program featured a moving performance of a Holocaust scenario by the award-winning choral reading group from Laurens-Marathon High School, from Laurens, IA. A panel discussion involved Warner and Esther Bergh, Peter Pintus, and Meyer Shnurman. A community choir was led by Cantorial Soloist Laura Berkson. Fred Lorber and Zina Drob conducted segments honoring American and Russian war veterans. Jacob Waizman chanted the memorial prayer. Thanks are extended to all who participated and to the many that attended. The program was coordinated by JCRC with assistance from the synagogues and Temple.**

## [short takes]



**Above: Susan Madorsky (center), President of the Jewish Federation Community School, with chaperones for the trip to Germany: Laura Berkson and Cheryl Garland. To the right, student participants and their parents. The trip is being conducted at the invitation of the German organization Bridge of Understanding (online at [www.bridge-understanding.org](http://www.bridge-understanding.org)) and was planned by JFCS with assistance from JCRC.**

**Right: JCRC recently hosted a delegation from Afghanistan on a trip organized by the U.S. State Department, coordinated locally by the Iowa Council on International Understanding. The delegation was interested to learn about interfaith activities in Des Moines, Judaism,**



**Below: Festivities surrounding the 20th Anniversary Jewish Food Fair at Temple B'nai Jeshurun held in May.**



TEMPLE B’NAI JESHURUN

Outdoor Pet Shabbat Morning Service

Saturday, July 2, 2005, 10:00 a.m.

Erev Shabbat Service & Outdoor Picnic

6:00 p.m., Friday, August 19, 2005 PLEASE BRING YOUR LAWN CHAIR

Mazel Tov

To **Jeffrey Loeb**, son of Anne & Edward Loeb on graduating in the top 1% of his class at Roosevelt High School. Jeffrey will be attending the University of Texas at Austin.  
To **Kay & Marv Braverman** for being awesome co-chairs of the 20th Anniversary Food Fair. Also to all of the countless volunteers who worked to make this years annual event a success.  
To **Lisa & Ira Lacher** on celebrating their 20th Wedding Anniversary.  
To **Debbie Foss**, daughter of Lisa & Robert Foss who graduated from Valley High School and will be attending the University of Iowa.  
To **Sam Bailin, Josh Buchsbaum, Jordan Shkolnick & Greg Stern** on their May 21 Confirmation.  
To **Becky & Doug Bunkers** on the opening of their Donutland & Kaleidoscoops business.  
To **Jeremy Franklin**, son of Staci & Tom, on achieving his second degree black belt in Tai Kwon Do and Brittney Franklin on achieving her recommended black belt in Tai Kwon Do.  
To **Elana & Phil Schneider**, proud grandparents of Zachary and Tyler Hodges, born

TIFERETH ISRAEL SYNAGOGUE

Schedule of Events JULY – AUGUST 2005

Saturday, July 2	Judaism 101 with Rabbi HaLevi
Monday, July 4	Fourth of July - Synagogue Office Closed
Saturday, July 9	9:15 am Bat Mitzvah of Cora Chen
Sunday, July 10	7:00 pm Women’s New Moon Circle
Wednesday, July 20	7:00 pm Holistic Mom’s Network Meeting
Friday, July 22	5:45 pm YAD Shabbat Services and Dinner
Tuesday, July 26	7:00 pm Board of Trustees Meeting
Saturday, July 30	ReTHINKing Judaism with Rabbi HaLevi
Wednesday, August 17	7:00 pm Holistic Mom’s Network Meeting
Tuesday, August 23	7:00 pm Board of Trustees Meeting
Sunday, August 28	8:00 am DMARC Brunch

BETH EL JACOB SYNAGOGUE

Prayer Service Schedule:

Daily Morning services 7:00 A.M.  
Daily Afternoon & Evening services 7:00 P.M.  
Friday Evening services 7:30 P.M.  
Shabbat Morning services 9:00 A.M.  
Shabbat Afternoon & Evening services 8:00 P.M.

Sunday July 3rd 5:30 P.M. Pre-Independence Day BBQ

Reservations required by calling Synagogue 274-1551  
\$5.00 per person. Community invited to join us.

Friday July 15, 2005 Congregational Shabbat Dinner.

Services 7:30. Dinner following services.  
Pre-paid Reservations required by calling Synagogue 274-1551  
\$12.00 per person. Community invited to join us.

Sunday Dinner Game Night

July 17th 2005 6:00 P.M.  
\$5.00 per person. Reservations required. Community invited.

Summer Turkey Dinner

Wednesday July 20th 2005 6:00 P.M.  
\$5.00 per person. Reservations required. Community invited.

July 24th 2005 Fast of Seventeenth of Tammuz

Morning Services at 9:00 A.M.  
Community invited to join us.

Tuesday July 12, 2005 10:30 A.M.  
Tuesday July 26, 2005 10:30 A.M.  
Tuesday August 9, 2005 10:30 A.M.  
Tuesday August 23, 2005 10:30 A.M.

“Query with Rabbi Aaron”

Women’s discussion group in Beth El Jacob Library

Fast of Tisha B’Av

Eicha Reading Saturday August 13th 2005 9:15 P.M.  
Morning service Sunday August 14th 2005 9:00 A.M.  
Break the Fast Buffet following Sunday evening services.  
\$5.00 per person. Reservations required.

Chinese Buffet

Tuesday August 16th 6:00 P.M.  
\$10.00 per person. Reservations required.  
Community invited.

Sunday Dinner & Game Night

Sunday August 21st, 2005 6:00 P.M.  
\$5.00 per person. Reservations required. Community invited.

Beth El Jacob 2nd Annual Golf Tournament

Benefiting our Children’s Educational programs  
Wednesday August 31, 2005. Tee Off Time 10:00 A.M.  
Reservations required by calling Synagogue 274-1551  
\$100.00 per golfer. Hole Sponsorships available.  
Willow Creek Golf Course Community invited to participate.

Friday August 26, 2005 Congregational Shabbat Dinner.

Services 7:30 P.M. Dinner following services  
Pre-paid Reservations required by calling Synagogue 274-1551  
\$12.00 per person. Community invited to join us.

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# Iowa Hillel Jewish Writers' Series Grabs National Attention

A Pulitzer Prize winner, two MacArthur "Genius" Award winners, and one of the hottest young Jewish writers in America have all taken the stage recently in Iowa Hillel's Jewish Writers' Series.

The University of Iowa is world-famous for its writing programs. And Hillel has capitalized on that with a ground-breaking series that brings together undergraduates, graduate students, faculty, community members, and visiting writers from across North America to showcase the latest in Jewish literature—and celebrate the rich and international Jewish literary tradition. This year's highlights included:

- James Alan McPherson, the first African American to win the Pulitzer Prize in fiction, and a MacArthur winner, made a rare public appearance in which he discussed his favorite writer, Isaac Babel. The talk, "From Odessa to Savannah," attracted a spell-bound audience that included some of America's most prominent writers.
- Fellow MacArthur winner, Aaron Lansky, founder of the National Yiddish Book Center, energetically taught Sholom Aleichem's short story, "Chava", and gave a riveting talk about rescuing Jewish books that was broadcast on National Public Radio.
- David Bezmozgis, a young writer whose work has been making waves in The New Yorker, read his stories to a large crowd. Bezmozgis was the guest of honor at a gourmet kosher cheesecake reception at the Aliber Center, Hillel's building.

A highlight of this year's Hillel programming was the five-day Yiddish Cultural Festival co-sponsored by four

University of Iowa departments and funded by a grant from the university president's Year of the Arts and Humanities initiative and generous community support. The festival brought hundreds together to celebrate Yiddish literature, theatre, language, and film and was capped by a Shabbos dinner featuring traditional kosher East-European Jewish food.



University of Iowa students perform "Fiddler on the Roof" during the Jewish Writers' Series event.

The Jewish Writers' Series partners with Prairie Lights Bookstore and Iowa businesses such as Oasis F a l a f e l and Galleries Downtown. The Jewish communities of Iowa have played a critical role in making this unique programming possible.

Iowa's Jewish Writers' Series is inspiring similar programs nationwide. Hillel's Schusterman International Center in Washington, DC, was so impressed with the Yiddish Festival that it invited Iowa students to share their literary programming ideas at a national conference.

The entire Des Moines Jewish Community is warmly invited to participate in future readings, lectures, master classes, and cheesecake receptions. A few sponsorship opportunities for the 2005-06 Jewish Writers' Series are still available. For more information, including a Yiddish literature reading list, go to [www.iowahillel.org](http://www.iowahillel.org) or contact Jerry Sorokin at [gerald-sorokin@uiowa.edu](mailto:gerald-sorokin@uiowa.edu) or 319-338-0778.

Aviya Kushner is a 2005 recipient of a

# KOLLEL & HILLEL HOST STATE-WIDE COLLEGE SHABBATON AT CASPE



By Misia Tarica-Lechter

A group of college students made the drive up the dirt road to a building they never before had entered. They were about to be faced with new surroundings, new questions, new friendships and new ideas. Students from the University of Iowa, Drake University, and Iowa State were together to embark on a journey yet to be defined.

This journey was titled, "Create Your Own Shabbaton: Shopping For Your Jewish Soul." It took place on Shabbat, at Des Moines' Caspe Terrace, the second week of April. Collegians from the three schools came to explore their Judaism in a way different from how they grew up. Rabbi Berel and Sara Simpson of the Community Kollel of Des Moines, students from Yeshiva University and Stern College, and the Band Juez greeted the students upon arrival. This eclectic mix of people came together for that weekend and made their own community while delving into a whirlwind of Jewish fun and learning.

The weekend began with a Carlebach service lead by a member of Juez, and was followed by a wonderful Shabbat meal. Afterwards the students retired to the auditorium for a discussion on the Jewish views on War lead by a YU and a Stern student. The rest of the night was up for grabs. The group decided that it would best be used for conversation, questioning, and shmoozing. Some exciting and lively discussions ensued with Rabbi & Rebbetzin Simpson.

The next morning the students woke at ten o'clock for services – quite a feat for a group of college students who were up as late as three am the night

before!! This was followed by Shabbat lunch and an intense discussion lead by the same students on the Jewish view on Sexual Ethics. The rest of the afternoon students kept busy doing things like taking walks, hanging out on the playground, playing pool, and talking. Shabbat was wrapped up with the third Shabbat meal and Havdalah. Next, Juez performed in the auditorium. It ended with the bang of the drums, toot of a horn, and the strums of two guitars. A little bit after eleven pm, Saturday night, hugs were given, numbers were exchanged, bags were packed, and the students began their journeys back home.

Although the students left that night on the same dirt road they came in on, they left with a new perspective on their Jewish backgrounds. The entrance on the dirt road, to many of the students, was overcome by uncertainty and pondering. On the way out, the dirt road represented memories of connection and unity, something that the mystique of Judaism has a stronghold on. It allowed these collegians to be proud of who they are.

I would like to thank the following people and organizations for their support for the 2005 intercollegiate Shabbaton: The University of Iowa Hillel, The Community Kollel of Des Moines, Agudas Achim Congregation, the Iowa City Jewish Federation, the Des Moines Jewish Federation, The Grinspoon Quick Turn-Around Grant of Hillel: The Foundation For Jewish Campus Life, Hawkeye Foods, Yeshiva University's Max Stern Division of Communal Services, M.C. Ginsberg, The Margolin Family, and

## B'nai Mitzvah

Jacob Grossman

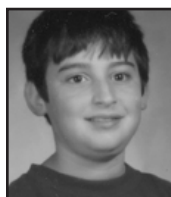


Saturday, July 23, 2005  
Beth El Jacob Synagogue

Lauri and David Grossman are proud to announce the Bar Mitzvah of their son,

Jacob, on July 23rd at Beth El Jacob Synagogue. The community is invited to celebrate this simcha with the family.

Alexander Joseph



Hjelmaas  
Saturday, Sept 3, 2005  
Temple B'nai Jeshurun

With great pride and joy, we invite you to share with us the B'nai Mitzvah of our sons, Jacob Samuel and Alexander Joseph, on Saturday, September 3, at

10:00 am at Temple B'nai Jeshurun. The community is cordially invited to a Kiddush Luncheon following services. — Joel and Rachele Hjelmaas.

Jacob Samuel



## VISIT THE U.S. HOLOCAUST MEMORIAL MUSEUM

The U.S. Holocaust Memorial Museum in Washington, D.C. is a valuable educational resource for students and adults alike. To schedule a visit, contact JCRC at 277-6321. The museum's website contains excellent introductory materials about the Holocaust, personal histories, an encyclopedia, and a link to many online exhibitions. Its web address is [www.ushmm.org](http://www.ushmm.org)

**Darfur** continued from page 15 Our Web site also offers a variety of concrete actions communities can take to raise awareness.

The "Rwanda in slow motion" in Darfur has been continuing for more than two years. There's no excuse for the lack of global response. Until conditions are established that permit the voluntary, safe and dignified return of those displaced by the conflict, and violators of the conflict are held accountable, our diligence must not wane.

I pray that one day we do not have to watch a film with our children and grandchildren that depicts the horrors of Darfur, and once again be asked why



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The article listed below is an excerpt from The CHAlowan, Spring 2005. The CHAlowan is produced twice a year for IJHS Members and contains original articles on the history of Iowa Jewry. To receive your subscription to The CHAlowan, become a member of the Iowa Jewish Historical Society.

## The Arenson - Sherman Family Groceries

My mother and father, Perry and Celia Arenson had a meat market at 217 West Locust Street next to the City Market in 1929. Louis (Blackie) Galinsky is also pictured to the right of my parents. The butcher and cashier for the store are pictured on the left. The picture was taken in July of 1929.

It was a family business, and besides the two years I spent at the University of Iowa, I, along with my brother Bernie, helped my parents with the store. In 1935 we opened a store on the corner of 6th and Forest. It was a charge and delivery store. My Dad passed away in 1939. My mother, brother Bernie and I ran the store. It was called Arenson's Food Market. In 1947 we built a new store at 1413-6th Avenue.

Arthur Sherman and I married in 1947. My brother Bernie and his wife married in 1949 and moved to San Diego in 1950. In 1962 we built a store at 1613-6th Avenue called Sherman's Super

Value. My mother died in November 1964. In 1982, Art and I bought the store on East 30th and University and called it The Fairground Super Value.

When our daughter Mattie married Donald Schoen and Peggy married Phillip Paget, Donald and Phillip joined the family and the family business, serving as managers. Arthur died in



1984, and in 1988 we sold to Super Value and I retired.



Arthur and Elizabeth Sherman posing with the Budweiser horses in front of their store, Sherman's Super Value. 1623 - 6th Avenue. Circa 1965. The Horses were brought to Des Moines by Harold Goldman who owned

**Preserve and share your family history.** The IJHS is collecting the history of Jewish businesses for a fall 2005 exhibit.

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INGERSOLL AT 28TH

**Sudan** from page 1 Second, the U.S. must encourage the UN to quickly approve and assemble a robust international force, under Chapter 7 of the UN Charter, to integrate or co-deploy with the African Union and reinforce its efforts. Such a force can be assembled with troop contributions and financial & logistical support from additional countries within and outside the African continent.

Mr. President, genocide is a unique crime and it requires a unique and urgent response. We can still save thousands of lives in Darfur if we act now. We look to you to provide strong leadership to stop the genocide in Darfur by supporting an international intervention force to protect the people of Darfur as a critical first step to bringing peace and stability to this troubled region.

**Shlichim** from page 1 She is a Sergeant in the Israeli military and has a degree from the Wingate Sport Institute where she studies sports instruction. Jenny worked as a 2nd grade counselor in Israel and enjoys sports, jogging, listening to music, magic tricks, singing and dancing, and is very excited about being a delegate and representing Israel. Moran Tau was born and raised in Lod, Israel, where she is currently living. Moran served in the Israeli Army in the Counter Intelligence area. She was a "Mashakit Kzuna Vepikud," which means that she made sure that all people who were going to "kurs Kzinim" got there safely. Moran is particularly fond of dancing, she has danced for 10 years with "Presental Dancing Group." With her summer camp experience, Moran is

excited to bring her energy to our camp. Her hobbies include reading, dancing,

# july/august

Monday, July 4	
Tuesday, July 5	7:15am - 7:45am
Saturday, July 9	9:15am - 1:15pm
Tuesday, July 12	7:15am - 7:45am
Wednesday, July 13	12:00pm - 1:00pm
Friday, July 15	8:00pm - 9:30pm
Saturday, July 16	10:00am - 11:00am
	2:00pm - 3:30pm
Tuesday, July 19	7:15am - 7:45am
Saturday, July 23	9:00am - 11:00am
Tuesday, July 26	7:15am - 7:45am
Tuesday, August 2	7:15am - 7:45am
Tuesday, August 9	7:15am - 7:45am
	7:00pm - 8:00pm
Sunday, August 14	
Tuesday, August 16	7:15am - 7:45am
Saturday, August 20	10:00am - 12:00pm
	2:00pm - 3:30pm
Tuesday, August 23	7:15am - 7:45am
Saturday, August 27	10:00am - 12:00pm
Tuesday, August 30	7:15am - 7:45am
Wednesday, Aug 31	10:00am - 4:00pm
Saturday, Sep 3	4:30pm - 6:30pm
Monday, Sep 5	
Tuesday, Sep 6	7:15am - 7:45am
Saturday, Sep 10	10:00am - 11:00am

INDEPENDENCE DAY
Tifereth: "Beginning" A Moment of Prayer
Cora Chen Bat Mitzvah at Tifereth
Tifereth: "Beginning" A Moment of Prayer
AIPAC Meeting
AJC:Shabbat services
AJC: Shabbat services
AJC:Adult Ed
Tifereth: "Beginning" A Moment of Prayer
Jacob Grossman Bar Mitzvah at Beth El
Tifereth: "Beginning" A Moment of Prayer
Tifereth: "Beginning" A Moment of Prayer
Tifereth: "Beginning" A Moment of Prayer
AIPAC Educational Program
TISHA B'AV
Tifereth: "Beginning" A Moment of Prayer
Joel Rosenberg Bar Mitzvah @ AJC
AJC:Adult Ed
Tifereth: "Beginning" A Moment of Prayer
Ethan Frederick Bar Mitzvah at the Temple
Tifereth: "Beginning" A Moment of Prayer
2nd Annual Beth El Jacob Golf Tournament at Willow Creek
Alex & Jacob Hjelmaas B'nai Mitzvot at the Temple
LABOR DAY
Tifereth: "Beginning" A Moment of Prayer
Kimberly Shadur Bat Mitzvah at the Temple

**NORC** continued from page 1 The NORC program will enable many seniors in our area to do just that.

NORC supportive services include a combination of core activities relative to case management, assistance and social work; health care management, assistance and prevention; education, socialization and recreation activities; and volunteerism. Other services may include adult day care, nutrition and fitness programs, transportation, home and personal care services, information referral, educational seminars, inter-generational programming, mental health counseling, financial planning, and more.

"We are fortunate that our community was selected to receive this demonstration grant. We would like to thank our congressional representatives – Senators Harkin and Grassley, and Representative Boswell – for their assistance in making this a priority in the appropriations process that began in the spring of 2004. It is based on their requests on our behalf that we, and the Des Moines senior community at large, will benefit so greatly," states Elaine Steinger, Executive Director of the Jewish Federation of Greater Des Moines.

A critical component of identifying the needs of seniors is formal research. This demonstration grant will seek to show how targeted efforts on behalf of seniors can lead to a reduction in isolation and a greater ability – emotionally, psychologically as well as physically, to remain independent in their homes. National figures show that the cost of assisting seniors in the their home vs. being in a nursing care facility is 1/3 less (\$18,000 vs. \$50,000). Our project hopes to show what ways we can improve the quality of life for seniors, thereby allowing them to age in place. The data that we compile will be disseminated throughout the country to assist other communities with meeting the needs of their senior population.

The 12-month program will begin in September 2005 and we will be expanding our staff with the hiring of a project director, case managers and caseworkers. We will be researching and introducing innovative technology in the program, with the assistance of a third-party partner. In addition, we have arranged to utilize the resources and staff of the Geriatric Educational Center of Des Moines University to assist with data collection and survey evaluations.

We have already begun the survey reviews that will help in the decision of what services to provide. As with all similar projects, we will be selecting a small group of seniors to "test market" the chosen services. These seniors will primarily come from the non-Jewish community although a component of the project will be to expand and enhance the existing senior adult care program that we have in place.

The Jewish Federation has been committed to senior adult care for many decades. It is a moral Jewish

## This Picture

by Mark Finkelstein

As sounds echo in a large room,  
so, too,  
given a gentle reminder  
may the light of memory echo across a landscape  
such as a winter's, windswept beach wrapped in a  
November cloud.

Come take hold of this paper and look.

There on the winter sand a small group of teens once  
stood long enough to take a picture.

This picture.

Their gestures of youth, captured in monochrome, are  
now gone  
but for those who find themselves there once more,  
on the windy beach,  
it is as if age hasn't dulled the waves of beach light and  
sound  
and the faces pictured.

What imagination is so sated  
that having once felt the winter's sand and sea,  
and the heat of young friends

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# graduates 05

**The Jewish Federation congratulates our recent graduates!**

We proudly honor your achievements and wish you the best of luck as you embark on new challenges. Graduates not included in this edition may submit information for our next Jewish Press by July 27.

**Send us your good news for publication in the Jewish Press:**

anniversaries, brisses, b'nai mitzvot, graduations, engagements, milestone birthdays and weddings.

Mail to: Jewish Press 910 Polk Blvd, Des Moines, IA 50312 or by e-mail: [jcrc@dmjfed.org](mailto:jcrc@dmjfed.org)



**Jake Carpenter**, son of Robert and Linda Carpenter of West Des Moines, grandson of Jeanette and David Bear of Des Moines, nephew of Robin and Phil Bear of West Des Moines, graduated from Valley High School and will be studying Business at the University of Iowa in the fall.



**Andrew Harris**, son of Sally and Carl Harris, graduated from the University of Mississippi at Oxford, Mississippi. He received a BA degree from the School of Business with an emphasis in Marketing. He will be pursuing a career in marketing.



**Luba Aginsky** graduated this Spring from the University of Iowa with high distinction and double major in Actuarial Science and Mathematics. She was awarded the Knowler Award for outstanding achievement in Actuarial Science.



**Rachel Bailin** graduated from Valley High School and will attend Hofstra University, Hempstead, New York. Rachel is the daughter of Steven Bailin and Audrey Porter.



**Joseph and Marina Levine** graduated from the University of Minnesota College of Medicine. They will remain in Minneapolis for medical residencies in Internal Medicine (Joseph) and Radiology (Marina). Parents of the couple are Elyse and Howard Levine of Ames, Iowa, and Maya and Simon Abramovich of



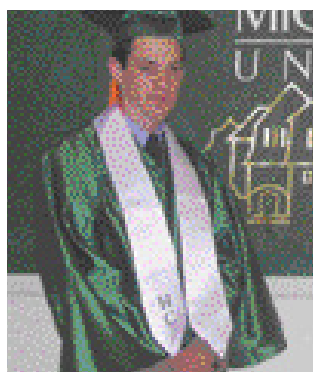
**Jeffrey Loeb**, son of Anne and Edward Loeb, graduated in the top 1% of his class at Roosevelt High School. Jeffrey will be attending the University of Texas at Austin.



**Dekel Luban** of Ames graduated Cum Laude from the University of Florida. An honors student, Dekel graduated with a major in Jewish Studies and minors in communications and music (with an emphasis on violin performance). Dekel will be a student in the English linguistics graduate program at Bar-Ilan University in Ramat Gan, Israel. She is the daughter of Pnina and Marshall Luban.



**Natalie Mirsky** graduated from Valley High School. Natalie will attend Sarah Lawrence College in Bronxville, NY. Natalie is the daughter of Saul and Dr. Laura Mirsky who came to Des Moines from the former Soviet Union.



**Alan Mond** graduated from Michigan State University with a degree in Mechanical Engineering. His future job will be at Robert Bosch in Farmington Hills, Michigan. Alan is the son of Peter and Betty Mond.



**Carolyn Schoen**, daughter of Don and Maddie Schoen, graduated from Muhlenberg College in Allentown PA with a BA degree. Carolyn is pursuing a career in Public Relations in the Chicago area.



**Morgan Z. Simon**, son of Harry and Suzann Simon and grandson of Ruth Simon, graduated from Indiana University - Bloomington Kelley School of Business majoring in Business Process Management and Marketing.



**Jonathan Urban** is the son of Toni and Tim Urban. Jonathan graduated from Dartmouth College, Hanover, N.H. with a BA in Government and History. He will be working in Washington, D. C. for the law firm of White & Case before pursuing



**Ben Weiss**, son of Steven and Karen Weiss and grandson of Larry and Trudy Weiss and Al and Barbara Jaeger, graduated from Valley High School and will be attending Lake Forest College in Illinois.



**Joseph Wolf**, son of Abe and Ruth Wolf and grandson of Richard and Lois Brown, is graduating from Columbia College of Chicago with a degree in Film/Media Art. He is currently living in Chicago.