THE GREATER DES MOINES



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JFCS Highlights - page 4



Senior News



Federation's Chai Rollers Softball Team page 5

New Role for Elaine Steinger

In a move announced by the Federation's Executive Committee, after more than thirty years of service, Elaine Steinger has resigned and will step down as Executive Director of the Jewish Federation as of July 1st. At the request of the Executive Committee, Elaine has agreed to serve as a Consultant to the Federation until June 30, 2013.

Federation President Barb Hirsch-Giller pays homage to Elaine in her column on page three, citing Elaine's "profound dedication to the Jewish world" and her legacy in having "with the help of all of the generous families from generations past and

present...built a financial foundation for this community that will assist us in serving the generations to come."

A search process has been initiated by the Board for a new Executive Director. As expressed by the Executive Committee, "Elaine can provide significant assistance that will be very valuable to not only the Federation's interim management after July 1, 2012 but also to the new Executive Director after such person begins employment with the Federation."

The Federation Board, the Staff and many friends within the community offer Elaine Steinger our sincere thanks for her work on behalf of the Jewish community and wish her the very best as she moves into this new stage of her career. May she go from strength to strength.

Ames Synagogue Celebrates Golden Anniversary



Elaine Steinger Executive Director

AJC President Martin Edelson receives congratulatory proclamation from Ames Mayor Ann Campbell

The Ames Jewish Congregation (AJC) celebrated its 50th anniversary on Saturday, May 6. The event featured presentations, music and a dessert reception.

AJC was founded in Feb. 1962 by a small group of residents and Iowa State University graduate students. The synagogue is home to the only organized Jewish religious community in Ames, serving about 60 families from Ames and neighboring communities in central Iowa. AJC is one of nearly 900 member congregations in the United States that belong to the Union of Reform Judaism (www.urj.org).

The congregation recognizes two local churches, First Baptist Church of Ames and rich "Although we have long and friendly

St. John's by the Campus Episcopal Parish. "Although we have long and friendly relations with many Ames' churches, these two have provided extraordinary support that has contributed to our growth and longevity," said AJC President Martin Edelman.

First Baptist Church provided AJC's first meeting place within its walls. Eventually, the synagogue's founders decided to construct a building of their own, which was made possible when St. John's offered land adjacent to the now closed St. David's Episcopal Parish. The present synagogue was constructed on Calhoun Avenue in 1978.

For more information, contact AJC President Martin Edelson at ajcpres@gmail. com. See page 16 for more photos.

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[inside]

- 3 message from the president
- 7 TORAH TALK BY DAVID FRIEDGOOD
- 10 HUMOR BY DAVID MOSKOWITZ
- 10 the pesky diner Jarad Bernstein
- 11 chef du jour by karen engman

THE SUN ALWAYS SHINES AT ENGMAN CAMP SHALOM NOW THROUGH AUG 10



Engman Camp Shalom is in the middle of one of the best summers, ever! Campers "Had A Ball" during their first week of camp focusing on all things ball related. They played the number one ball game at camp – Gaga. Campers also learned how to play croquet and bocce ball. For their field trip, they went bowling and made popcorn balls.

During "Adventures on the "Chai" Seas, our second week, campers turned into pirates for a fun filled week of swashbuckling from map-making, knottying and treasure hunting. At the end of the week we went on a treasure hunt.

We have started our third week, A "Sense"-sational Week. Campers explored their fivesenses in ways they never considered before. Each day focuses on a different sense (or two): from tasting new foods to listening to nature or different music styles to "seeing" just how accurate our sense of touch can be. Campers will celebrate the Fourth of July with their families on our annual trip to Adventureland. Talk about sensory overload!

We still have more to come Come be a part of our camp. It's not too late! For information contact Janelle Jaskolka, or Lyanna Lindgren, at 515-987-0899 or visit our website at www.jewishdesmoines. org/ecs.

Jewish Federation of Greater Des Moines 33158 Ute Avenue Waukee, IA 50263-7538

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REMEMBERING RABBI STANLEY RABINOWITZ



Peacefully on his 95th birthday, June 8, 2012, Rabbi Stanley Rabinowitz, passed away. Born in Duluth, Minnesota and reared in Des Moines, Iowa, the son of Rose and Jacob Rabinowitz and grandson of Rabbi Naftali Herz Zeichik, who served Beth El Jacob Synagogue in Des Moines for over forty years. Married to the former Anita Lifson, of (blessed memory) and father of three children, Nathaniel Herz (who predeceased him) of Washington D. C., Dr. Sharon Chard-Yaron of San Diego, Calif, and Judith (Amnon) Argaman of Herzliya, Israel and four grandchildren and one great-grandson. He had been living with his daughter,

Rabbi Stanley Rabinowitz

Sharon, in San Diego since 2011. A brother/brother-in-law of Sheldon (Roselind) and the late Ronald (Rosita) Rabinovitz.

Rabbi-Emeritus of Adas Israel Congregation, the largest and oldest Conservative synagogue in the Washington area, he served as its rabbi from 1960 to 1986. Prior to coming to Washington, he served Congregation B'nai Jacob in New Haven, CT, from 1946 to 1953 and Congregation Adath Jeshurun in Minneapolis MN from 1953 to 1960.

After his ordination by the Jewish Theological Seminary in 1943, he served as Executive Director of the United Synagogue of America. He was a graduate of the State University of Iowa and earned a Masters Degree in Sociology from Yale University and a Master of Hebrew Literature from the Jewish Theological Seminary which also awarded him its Doctor of Divinity degree Honoris Causa. He is an Honorary Fellow of the Hebrew University in Jerusalem.

Rabbi Rabinowitz was elected president of the Rabbinical Assembly, the international organization of Conservative rabbis in 1977 for two terms. Together with representatives of the Reform rabbinate, in 1977 he successfully negotiated with Israel's then Prime Minister Menachem Begin the indefinite postponement of a bill to change Israel's Law of Return and the definition of Jewish identity. The projected changes, if adopted, would have compromised the role of Conservative and Reform rabbis and challenged the status of their converts. The changes were not implemented.

A few days after the assassination of President John. F. Kennedy, President-designate and Mrs. Johnson attended Thanksgiving services at the Mount Vernon Place Baptist Church at which Rabbi Rabinowitz delivered the sermon. Upon returning home after that service, he received a call from Mrs. Lady Bird Johnson requesting a copy of his sermon which he then delivered to their Spring Valley home. Much to his surprise, the president included the theme of the sermon in his Thanksgiving address to the nation and quoted from it, once again, at a dedication of a synagogue in Austin, Texas.

The sermon, whose theme was extracting a blessing out of evil, was included in a commemorative volume of sermons entitled "That Day With God" consisting of sermons delivered by preachers of various faiths in the aftermath of Kennedy's assassination. Later the President invited Rabinowitz, in 1965, to participate in his pre-inaugural service at the National City Christian Church.

President Carter invited Rabinowitz to deliver a prayer at a service at the Lincoln Memorial at which the president's sister, Ruth Carter, was the speaker, celebrating the signing of the peace treaty between Egypt and Israel negotiated between Anwar Sadat and Menachem Begin at Camp David in 1979.

As a leader of Conservative Judaism, Rabinowitz was a spokesman for its liberal wing. He was an early advocate of equality for women and an innovator in incorporating drama, dance and instrumental music in the worship experience. Many of his early ideas have since been accepted by many congregations. The Washingtonian Magazine named Rabinowitz one of the city's ten best preachers.

Active in Jewish community affairs, Rabinowitz was chairman of the United Jewish Appeal Rabbinic Cabinet and the American-Israel Public Affairs Committee. He was the founder and first president of Mercaz, the Movement for the Reaffirmation of Conservative Zionism. As representative of his religious movement he travelled widely addressing Jewish communities and meeting with government officials in Europe, Egypt, Iran and South Africa.

Earlier in his life, he was the international president of AZA, the youth organization of B'nai B'rith. In 1962 he was the recipient of B'nai B'rith's Sam Beber Award presented annually to a distinguished alumnus. He was vice-chairman of the B'nai B'rith Youth Commission and chairman of its Judaica publishing committee which, during the 25 years of his chairmanship, published a series of pamphlets for young people, two of which he authored. He was later chairman of the Editorial Board of the National Jewish Monthly, a publication of B'nai B'rith.

He has published numerous articles on the Middle East, the oil industry, the Armenians and the changing role of the modern rabbi. His history of Adas Israel Congregation and the Jewish Community of Washington, entitled, "The Assembly" was published in 1992.

Funeral service was held Friday, June 15 at Adas Israel Congregation in, Washington, DC. Rabbi Rabinowitz was interred at Adas Israel Cemetery.

Jewish Federation of Greater Des Moines TRIBUTE PROGRAM

education

Our youth *is* our future. It is our responsibility to provide opportunities for them to develop into responsible Jewish adults. Many educational opportunities are available through the Federation and Foundation. Consider designating your gift to: Engman Camp Shalom, Hebrew Tutoring Scholarships, Community School Book Fees, the Student Scholarship for Trips to Israel or the Jewish Learning Institute.

senior care

Our seniors are the threads that weave the tapestry of our history and rich traditions. You can earmark your gift to offer social activities or help ease the burden of many of the challenges our seniors face: Social Outings (movies, plays, community events), Transportation to Doctor or Pharmacy co-pay, Groceries for a Week, In-home Safety Modifications, Adult Programming or the Iowa Jewish Senior Life Center.*

community

Our community's boundaries extend to faraway places such as Israel, Darfur and Russia. You can provide needed funds locally and abroad for programs such as: The Project Elijah Foundation's* Kosher Manna Program for feeding disadvantaged Jewish people worldwide, Partnership with Israel, Iowa Jewish Historical Society, The Caspe Terrace Tree Fund, Des Moines Jewish Foundation's Various Funds (please call 987-0899 x231 for more information), General Community Tzedakah Fund, Mischkiet and Aliber Holocaust Education Funds or Community Interfaith Relations. *Independent organizations

For more information call Tammy at 515-987-0899.



hat do you hold close to your heart? Special moments in time create lifetime memories. You can honor one of life's simchas or remember a loved one through the TRIBUTE PROGRAM offered by the Jewish Federation of Greater Des Moines and the Des Moines Jewish Foundation. An acknowledgement card in your name will be sent. You designate how the gift will be used by the Jewish Federation or you can contribute to an existing fund managed by the Des Moines Jewish Foundation. Let someone know that you are thinking of them while supporting what's close to your heart.

Message from the President

Embracing the Challenge of Change



Barb Hirsch-Giller President

The Federation's New Mission Statement

OUR MISSION: Why We Exist To enrich Jewish living through connection, education and assistance while embracing the world community

OUR VALUES:

Why We Do What We Do

~ COMMUNITY

Committed to connecting our Jewish community to one another, Israel and the people of the world

~LOVING KINDNESS

Committed to caring for our Jewish elders and those among us who are least able to care for themselves

~L'DOR VA DOR

Committed to honoring all generations, remembering our Jewish past, while welcoming our Jewish future

~HATIKVAH

Committed to bringing hope and support to Israel and the world's citizens who face disaster, oppression and persecution

~INTEGRITY

Committed to transparent communication, ethical practices and stewardship of our community's trust



One year ago, I had the privilege of becoming the president of this Jewish Federation and I knew, long before that day, that my time in this office would be one of challenge and change. I am, like most others, not particularly comfortable with significant change but as I age, I have come to accept and even embrace the changes that inevitably come into our lives. During this past year, I have lost beloved friends to death and yet, I have also watched the growth of my precious grandbaby Max into a little man. I have watched my children transition into new professions, marriages and areas of the world. I have seen myself respond to the needs of our community with a surprising sense of peace and pleasure. And the main reason that I find myself enjoying my tenure as your president is that I am accompanied on this journey by amazing and supportive people and an involved, committed and loving Jewish community.

While it is no longer news that Elaine Steinger has resigned as our Federation director after more than 30 years of service to the community, I cannot pass on this opportunity to share a grateful thought or two about this particular change. It is simply a truth that Elaine joined the Federation as a community member because of her profound dedication to the Jewish world. She did not seek greener pastures when so many were presented to her; she has steadfastly remained the face of the Federation to the Jewish and non-Jewish communities in Des Moines. With the help of all of the generous families from generations past and present, Elaine built a financial foundation for this community that will assist us in serving the generations to come. She has been a familiar face, a port in so many storms, a voice raised on behalf of Jews everywhere and even through the trials of her own life, Elaine has never faltered in her love for Judaism, her God, her community. On a personal level, Elaine is my friend and Jewish mentor and I love her and pray that she will enjoy, for once, some peace with her loved ones and her horses. Although things are changing, Elaine will still be available when we need her as a consultant to the Federation.

The major transition that our Federation faces today cannot occur in a healthy manner or be driven by one person. For this reason, I have created a Visioning Cabinet that will assist in assessing all aspects of the Federation and in planning for the generations to come. This group is highly representative of the community with members from all three congregations with each member a part of one of the following sub-committees: Operations and Personnel Evaluation, Community Engagement, Executive Director Search, Campaign Planning and Documentation and Plan Design of the process that we have undertaken. The members of this Cabinet are: David Adelman, Chair, Alan Adato, Laura Bernstein, Tracy Finkelshteyn, Jule Goldstein, Barb Hirsch-Giller, David Lekowsky, Beth Ohringer, Stuart Oxer, Kent Rosenberg, Justin Schoen and Bruce Sherman. The Executive Director Search Committee is comprised of the aforementioned individuals plus Judy Blank and Bud Hockenberg. Our first meetings with the national Executive Recruiter from Jewish Federations of North America took place in May and will continue intensely until our new director emerges.

During the Visioning Cabinet's first months, a new Mission Statement and Values have been painstakingly created and adopted by the Board of Directors. This endeavor defines and focuses the work of this organization for the coming years. The lay leaders who have worked so diligently to begin our journey forward are filled with hope and expectation as we see a very bright future for the Federation.

Though we find ourselves in the midst of change and are, at times, disturbed by uncertainty and perhaps feel a sense of anxiety about our Jewish community's future, it is critical we remember that it is only through change and challenge that we grow. The brilliant writer, Kahlil Gibran expressed exactly this when he wrote, **"Time has been transformed and we have changed; it has advanced and set us in motion; it has unveiled its face, inspiring us with bewilderment and exhilaration."** Please be a part of the future that you desire for your Federation.

TALIA LEMAN SPARKLES AT TRIBEFEST 2012

TribeFest is the ultimate

'celebration' for young Jewish adults. This

year it drew more than

1,500 from across the

country. Organized by

of North America, it is

the nexus of Jewish

connectedness and

there with it. In fact,

the Jewish Federations

vibrancy, creativity, social

modern youthful identity

and Talia Leman is right



she's in the center of it. Talia was joined by former SNL comedian Rachel Dratch and author AJ Jacobs in opening the conference last March in Las Vegas. Talia spoke eloquently and humorously about believing in the power of youth to achieve unimaginable works of *tikkun olam*. Her presentation is viewable online at http://bit.ly/LbNiVF

Talia, the daughter of Dana and Dr. Bernard Leman and the granddaughter of Evelyn and Dr. Al Mintzer, attracted international attention for her 'entrepreneurial' approach to philanthropy applied to collecting \$10 million for Hurricane relief. Her current multi-national social-action project is RandomKid online at randomkid.org. She has a forthcoming book called "A Random Book about the Power of ANYone" due out September 18, 2012 with Simon & Schuster's Free Press imprint that will challenge kids and adults everywhere to re-think and re-imagine how the power of anyone can create real change.



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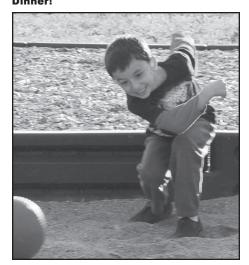
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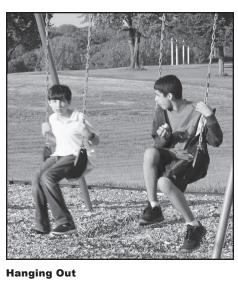
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JEWISH FEDERATION COMMUNITY SCHOOL JFCS Lag B'Omer Celebration







Girl Talk



Mmmmmm Good - Love those smores

Olympic Gaga Player

JFCS End of School Program



Students Singing "It's A Tree of Life"



6th Graders' Trope Presentation



Prayer Presentation - 3rd - 6th Grade

Nussbaum Bat Mitzvah 60 Years "Late"



Marilyn Nussbaum cordially forwarded information about her recent bat mitzvah, which she celebrated – as she puts it – a mere 60 years "late." The B'not Mitzvah in which she participated was held April 21 at Temple Beth Shalom in Sun City, Arizona. In Des Moines, the Nussbaums are members of Tifereth Israel Synagogue. We are happy to share her account of the process leading to her ceremony with the community. Mazal tov!

Dear Friends,

I am writing to you today to tell you that I have recently completed my study to become a Bat Mitzvah. It is never too late to accomplish this if you have the desire and motivation. With 12 unique women, and a most remarkable 99 year old teacher, Abe Meth, we experienced a special camaraderie which began 6 months ago. We began our study at ground level to learn to recognize Hebrew letters and learn the vowels so that we would be able to read our parts from the Torah or Haftarah. We felt that our ages should not be a boundary to learning and to prove to ourselves that we could complete the journey.

Last night, Sunday, (another beautiful celebration) at a dinner party in my honor, I was asked if I felt any different having celebrated this event. I can honestly say that I do. It began the moment that my husband Sig presented me with my talit which we had chosen only months ago at a shop in Jerusalem. It was touching the Torah with the tzitzit for the first time and knowing that generations of my ancestors had done this before me. It was carrying a rescued Torah that greatly moved me as I cradled it in my arms. It was looking at the proud expressions on the faces of my children and grandchildren. On Saturday my Bat Mitzvah added a new dimension to my life.

I am filled with pride and joy to have achieved this religious milestone and now take my place alongside my daughters, Sharon and Mindy and granddaughters Rachel, Shayna, Elaina and Sarah.

All this was excelled only by the presence of my family, my husband Sig, my kids Steve, Mindy and Ed Bell, Sharon and Scott Steingard, and our 6 grandchildren. Fondly, Marilyn



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Men's Softball Team the CHAI ROLLERS Led

by Andy Marcus the team includes David Copeland, Mike Jacoby, Scott Reister, Chris Carr, Aaron Schwartz, Jeff Raider, Eric Jaskolka, Marty Hansen, Jarad Bernstein, David Kaufman and Phil Blumberg.

Israel Independence Day Concert "The Promised Land"

on April 23 performed by the Hameytarim Band from Akko at the Bucksbaum Auditorium.

"Music to

Commemorate the Passover Season and the Holocaust" Concert on April 29. A Live broadcast of Iowa Public Radio's Performance Iowa Series at the Bucksbaum Auditorium. A dessert reception followed.

[in profile] Dorothea Gamel



The Jewish Federation Honors Dorothea Gamel on Her Retirement After 34 years of Service

Jewish Press: Congratulations, Dorothea, on your retirement. Dorothea, how long had you worked for the Jewish Federation? Dorothea Gamel: I started in 1978 when the Jewish Federation was still downtown in an old office building that was torn down to make way for the Marriott. At the time, Fred Lorber was president of the Federation at the time, Jay Yoskowitz was the Executive Director, Shirley Berg worked for the Senior Adult program and Elaine Steinger served Jewish Community Relations. I started as a part time secretary for JCRC. Just a few weeks after I was employed, the Federation moved into the house on Polk Boulevard next to Tifereth Israel Synagogue. That worked out fine for me because I lived very close to there and my kids eventually attended Roosevelt High School, across from the Federation. Then, of course, in April of 2011, the offices moved to the Caspe Terrace, in Waukee.

JP: What were some of the projects you worked on in the earlier days?

DG: The very first program that I worked on, which was rather overwhelming, was a Holocaust Symposium held at Drake University. JCRC held workshops, showed films and displayed books on the subject. For me, it was hard emotionally. I had really not known very much about the Holocaust, even growing up in Germany. When I went to school, there wasn't a whole lot said about it.

JP: When did you come to the United States?

DG: I came in 1961 and then later became a citizen. I was married in Memphis, Tennessee and we moved to Columbus, Ohio, then to Illinois and then to Des Moines. My two daughters were in 4th and 5th grade when we moved here and they consider Des Moines their home. I now have six grandchildren.

JP: You assisted in a particularly important task, helping our local survivors of the Holocaust prepare and submit paperwork in application for restitution and pension funds from various levels of the German government. The forms were technical in legality, demanding of documentation and difficult for the survivors to figure out and you helped them.

DG: The survivors would come to the Federation with forms that were all in

German. Eventually the forms were made available in German, English and French. But even then, based on the information they provided, I would still fill out the forms for them.

JP: Dorothea, you assisted with the JCRC's Teachers' Institutes, which were held for many years. Was there one in particular that comes to mind?

DG: Yes. One of the Institutes that many people enjoyed centered around a musical group from Israel called "Here's Israel!" It was impressive. They were singing, dancing and playing instruments, and this multimedia production was on stage at Tifereth. There was a packed crowd. Seating the teachers, about 400 of them and feeding them was kind of a challenge. I believe there was an additional performance for the community and I was able to bring my girls. They were absolutely thrilled with it. In fact, they asked me, well how come we're not Jewish? And Elaine, who was part of the conversation, replied, with a twinkle in her eye: well, some people are just lucky!

JP: Did your job responsibilities change over the years?

DG: Yes. In addition to serving Jewish Community Relations, there were more duties I was taking on for the Federation and then, eventually, for the Senior Adult program and the Iowa Jewish Historical Society.

And I think we all went through a learning period when we first got computers. When I started work at the Federation, we had typewriters and we printed off materials from stencils using a Gestetner machine. All the thousands of invitations for the Teachers' Institutes had to be run off by hand, and the materials collated and stuffed into envelopes. I remember Elaine's daughter and my daughters working together on those tasks.

JP: What are some of the things you are doing after your official retirement? What are some of your hobbies?

DG: I'm now doing some volunteer work for Pat Nawrocki with the Senior Adult program. I help drive people to and from the luncheons and come out to help with other tasks, if necessary. In addition, I enjoy reading, swimming, knitting and spending time with family.

JP: Which church do you attend?

DG: I am a member of St Luke's Episcopal Church in Des Moines.

DG: I just feel it's been a great privilege to have worked for the Jewish Federation for so many years and to get to know so many people from all the synagogues.

JP: Dorothea, it has been a pleasure working with you. Your work has added much to the operation of each of the agencies you've assisted and the Federation as a whole. The Jewish Federation honors you on the occasion of your retirement and we wish you all the very best and continued good health!

DG: Thank you very much.

senior news

Wanting to get out more and socialize? Needing assistance with transportation to senior luncheons, doctor appointments, grocery store, and other appointments? Seeking information regarding services you need in the home?

GIVE US A CALL at Jewish Family Services and a staff member or volunteer will assist you with these services. Please call Pat Nawrocki, Jewish Family Services Manager, at 515-987-0899 ext 210.

Upcoming Luncheons:

Thursday, July 19th, we will be having our annual luncheon at The Caspe Terrace with the Engman Camp Shalom campers! Come and be a part of the fun and share in the entertainment and food with our Engman Camp Shalom Campers in air-conditioned comfort! We will also be providing a tour and visit to the Iowa Jewish Historical Society's Caspe Heritage Gallery. The bus will leave from the Beth El Jacob Synagogue parking lot at 11:00 am.

Thursday, August 9th, 12:00 Noon at Tifereth Israel Synagogue. We are pleased to have Philanna Grier, Lifeline Assistant, who will provide us with information and demonstrate the latest technology on Lifeline that helps you live independently at home. We are also very excited and honored to have Sammy Lekowsky come and share his wonderful musical talent of playing the violin. Come learn, listen to beautiful music and have a special time with friends.



United Way Donors

Did you know that you can designate part or all of your United Way contribution to Jewish Family Services?

The money received through these designations helps the Federation pay for... Jewish Family Services - Individuals, families, seniors and children in distress Senior Adult Programs - Senior Adult socialization

Jewish Family Life Education - Sponsorship of community-wide programs Volunteer Opportunities - Numerous volunteer projects

Tzedakah - Last year assisted 70 senior community members in need

THANK YOU to all who have contributed through United Way. Please remember that your gift to Jewish Family Services through United Way has to be re-designated each year.



The Jewish Federation of Greater Des Moines is a beneficiary of United Way

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The Ideal Gift To Give Is... Yourself



Thank-you to our volunteer,

Louise Kaufmann, for her willingness to transport clients to medical appointments, to get groceries etc. and also for volunteering her musical talents at the senior luncheons. Louise is kind, caring and always putting others before herself. She is very intelligent, talented and gifted in many ways. The gifts she has been blessed with she shares with others and makes them feel good about themselves and helps them have a better quality of life. Lora Lee Spiro who has known Louise for many years stated that Louise is a wondrous and incredible

person. She is a very giving person and goes beyond the call of duty. She said that whenever she needs to know anything on any topic Louise will find the information that is needed. Lora Lee says that she is multi talented and admires her very much for just being herself. Barb Beckerman (Leventhal) who has also known Louise for many years comments that her best feature is her sense of humor. She feels that Louise has had many physical challenges throughout the years and what has got her through it all was no matter how she feels she can evoke a laugh out of someone else. She admires Louise for her cooking and musical ability. She states that Louise was a former President of Tifereth Israel Sisterhood and has continued to remain an active member. Barb treasures their friendship that has grown and evolved over the years. That's what the Senior Adult Program is all about, deeds of kindness, reaching out and helping someone in need.

Pat Nawrocki

Jewish Family Services Manager



Torah Talk How Do We Read Torah? by David Friedgood



What is the 'correct' way to interpret Biblical text? The answer is as varied as there are readers of the Bible. Each reader understands a verse differently, based on his or her personal experience and bias. In fact, most of us will have new insight into the meaning of the words with each reading. The beauty of the text is that it is filled with multiple layers of understanding. Like removing layers of an onion; with each reading new insight is found below the old surface. Experienced students know the expectation of finding a new

gem, a sweet morsel yet to be uncovered, as study continues. Traditionally, the acceptable means of Torah study are: 1) P'shat (plain, literal translation), 2) Remez (philosophical or symbolic meaning of the text), 3) Drash (non-literal reading), and 4) Sod (hidden or mystical meaning). The Hebrew acronym PaRDeS has been used to describe these modes of study. (In Hebrew, the word Pardes - effers to a beautiful cultivated garden, or citrus grove.) No single method of Bible study is considered superior. The serious student will move from a plain understanding of text, probing deeper, eventually uncovering messages hidden within. Here is one example of the method: Just after leaving Egypt, Moses begins teaching the people divine law: "And this shall serve you as a sign on your hand and as a reminder on your forehead - in order that the Teaching of the LORD may be in your mouth - that with a mighty hand the LORD freed you from Egypt". (Exodus 13:9) Rashbam, the renown P'shat commentator and grandson of the great sage Rashi, teaches that this verse serves to remind us that the events of Exodus should be ingrained in the mind of every Jew, as though written on their hand. Other Rabbinical commentators, moving past the plain interpretation, have used the text to formulate the law ordaining t'fillin (phylacteries), strapped to left arm and forehead, during weekly Morning Prayer. I will leave it to my reader to contemplate the Sod, or mystical meaning behind this passage.

Torah tells us that God is the source of our law. Either God wrote the words with His hand (if God uses a hand to write), or He dictated the words to Moses who then wrote them down. "The LORD said to Moses, "Come up to Me on the mountain and wait there and I will give you the stone tablets with the teachings and commandments which I have inscribed to instruct them." (Exodus 24:12) "Moses then wrote down all the commands of the LORD." (Exodus 24:4) For the modern reader who believes that Torah is literally the work of God, study and Biblical commentary serve as the means of understanding God's message to mortal beings. This method has served Judaism well as our religion has evolved from a sacrificial system to an intellectual foundation of values adapting to modern times. The words do not change, but our understanding of them, and the divine message they contain, is renewed with each reading of the text. I paraphrase Rabbi Irving Greenberg: Our tradition is not passive. It is the ongoing application of that information which has been transmitted to us by our forbearers. Each generation brings new experiences and new understanding to the Jewish religion, making Torah a living, changing experience. "These words, which I command you Today" (Deuteronomy 6:6) means that every day the Torah is new and renewed.

Some modern scholarship, both Jewish and secular, views Torah as a text composed and written by man. In this sense it can be subjected to modern modes of criticism. The historical and cultural environment of the original authors bears on how we understand the words. The oldest complete Torah text in existence today dates to the 10th century CE. Fragments of text and other evidence, suggest some of the original writing was authored 2,000 years earlier, probably based on oral tradition. Many changes have occurred in Torah text over the last 3000 years. About the 10th century the Masorah Movement completed their task of producing a Torah Scroll they felt to be the most accurate. Today the Masoretic text is the version commonly reproduced in Torah Scrolls. Variations from other versions are acknowledged with footnotes that can be seen in books of Bible commentary. The 1st translation of the Torah to Greek, the Septuagint, dates 1000 years earlier and contains many passages that are different from the Masoretic text. Perhaps the translators had access to text more closely resembling the original, or maybe their version contained poetic license. Also, our Torah contains many passages that appear inconsistent. There are at least two accounts of creation for instance; and, two separate readings of the Ten Commandments, not exactly the same.

These are some of the modern techniques used to analyze the Bible: Source Criticism attempts to address the above issues. One theory, popularized by the German Julius Wellhausen in the 19th century, suggests that our Torah is a compilation of various writings, or sources, first composed between 1200 and 400 BCE. One source is identified as J (for Yahweh in German). This was likely composed in the southern Kingdom of Judah about the 10th century BCE. A second source is labeled E (for Elohist) as it prefers 'Elohim' as the divine name. It was written in the northern Kingdom of Israel about the 9th century BCE. J and E seem at times to supplement each other and at times recount the same stories from a different perspective. Another source P (for Priestly) uses El Shaddai as the divine name. It is concerned with ritual and Priestly prerogative and was written over several centuries; completed in the 6th century BCE. The final source D (for Deuteronomic) is a review of Biblical law and some stories, found in the book of Deuteronomy, completed about the 5th century BCE.



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Iowa Jewish Historical Society HONORING IOWA'S JEWISH



Dr. Robert Gitchell

Thelma Kardon and her son

Randy Kardon

Will Rogers

8









Stuart Gottstein



Dr. Thomas Carlstrom



Dr. Henry Corn



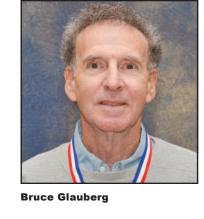
Dr. Gary Greenberg



Bernard Levine



Irving Steinberg





Bert Katz



Alan (Sonny) Rovner



Ed Shepherd



Ben Shlaes



Jewish Federation Community School children's choir led the audience in singing "G-d Bless America," "My Country Tis of Thee" and "This Land is Your Land"



The U.S. Navy Color Guard opened the program with the posting of the colors.





Harlan Lekowsky









Ted Davidson



Gerald Gruen



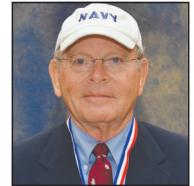
M. Burton (Burt) Drexler





David Farber

Louis Hurwitz



Dr. Gary Fingert



Jerry Geller



Paul Kagin

Robert Press

not pictured: Marvin Braverman

Ben Small



Fred Lorber





Dr. Albert Mintzer





Jacob Nagorner

Harry Weiss



Donald Pochter



Bob Wynn

overnor Terry E. Branstad joined the Iowa Jewish Historical Society in honoring Iowa's Jewish veterans on Sunday, April 22 at The Caspe Terrace. Wearing his own Army uniform as a tribute to our veterans, Governor Branstad praised the patriotism, bravery and self-sacrifice of Iowa's Jewish veterans and signed a Proclamation declaring April 22 – 29 Iowa Jewish Veterans Week.

Forty Jewish veterans attended the event, including veterans from World War II, Korea, Vietnam and Desert Storm as well as many veterans who served during peacetime. They came from Ames, Cedar Rapids, Davenport and greater Des Moines. All were recognized during the program and each received a medallion recognizing their service at a reception prior to the event. The keynote speaker was Fred Lorber, who lived through Kristallnacht in his native city of Vienna, Austria; escaped to America in 1939, was drafted by the U.S. Army and returned to Vienna as part of the American occupation of the city.

The Iowa Jewish Historical Society is deeply grateful to all the veterans and families of veterans who sent in information for the new Book of Honor that is on display in the museum. The Book of Honor lists the names of more than 750 of Iowa's Jewish veterans who served our country from the Civil War to present day. We also want to thank each and every person who so generously donated the funds to help us honor the sacrifice these men and women made in protecting our nation. (See the Donor Listing on page 14)







Iowa Jewish Historical Society President Melanie Sandler welcomes the veterans, their families and guests

photos by Janice Rosenberg



Jay Jacobowitz

[humor]

Things Not To Get Me For Father's Day or A SkyMall Approach to Gift Giving by David Moskowitz



Editor's Note: Can someone explain to me what just happened? I am certain that the last issue of the Jewish Press contained exactly zero articles from Mr. Moskowitz ... and now he is back? Do we have absolutely no control over the editorial content of our own publication? This space had been specifically reserved for an outstanding new Jewish Press feature (and yes, you guessed it, it was supposed to be a community calendar ... I know what you're thinking: "we already print a community calendar." But this one was going to be different, it was going to be

ANOTHER COPY OF THE SAME COMMUNITY CALENDAR but with a different font; sheesh what I could teach you people about journalism). Anyway, where was I? Oh yes, so now you will have to wait for that second calendar, and instead we present the return of Mr. Moskowitz's column [INSERT PROFOUND APOLOGIES IN THIS SPACE].

Another Father's Day has come and gone! I always love it! Barbecues, golf, extended nap time, cancellation of all normal activities! Father's Day is so awesome it should be a Jewish holiday. In fact, it's exactly like Hanukkah ... with the only minor differences being the absence of candles and the fact it's compressed into one day and that there is no Miracle of the Lights associated with Father's Day and the addition of barbecues and golf.

But the two holidays are the same where it counts: the presentation of obligatory awful presents that I don't want. Each year, I assemble a stack of Hanukkah presents that, other than the absence of wrapping paper, look the same both before and after the gift-giving ceremony (in other words, they could all be resold). Don't you people know what I want? Don't you know where to find it? Don't you know it isn't sold at Younkers or Von Maur? Do you think I want to ridiculed for wearing that? Don't you know my size? Are we strangers? I have been subtly giving you hints for several decades that should help you people figure out what I want!

The answer lies in the infamous SkyMall Magazine that is stuffed into the seat back cushion on every airplane in the United States. It's the thing you read after you are forced to turn off your iPhone because you don't think you can sneak a look without getting caught by the flight attendant. It's the thing you read after you get bored of reading the airline's in-flight magazine ¹. It is the Father's Day Pot of Gold.

That's only if you know how to read SkyMall Magazine. For those whose judgment is clearly impaired at high altitudes, SkyMall Magazine is our culture's finest achievement and contains treasures that would make the Pharoahs blush. *continued on page 13*

[the pesky diner]

A Tasty Downtown Lunch at Host

by Jarad Bernstein



Local blogger Jared Bernstein is The Pesky Diner, online at www.thepeskydiner.com

How often do you lunch more than 5 minutes away from your office? It takes a special reason, or in this case a special place, to get me away from my immediate workplace surroundings. Host, a new downtown lunch spot is worth a trip, even for the kosherish diners of Des Moines.

I'll be the first to admit that it is the treif options that allure the crowds into Tony Lemmo's newest joint, Host. Tony, as you may know, is the brains behind Cafe di Scala and Gusto Pizza Co. Corned brisket, chicken pot pie and curried chicken salad look to be the big sellers, but if you steer clear of these, you are left with more than an afterthought salad.

First, the important details. Host is open to the public only a few hours each weekday: 11 a.m. – 2:30 p.m. to be exact. The location is easy to find if you know your way around downtown: 1220 Locust, next to Jimmy John's and where Flour was located until recently. The atmosphere: totally casual. Order at the front, get a number and a server will bring you your dish.

Back to the food. My two visits yielded two completely different style dishes that could be viewed as simple, but ended up with quite a bit of complexity.

Visit one: Scala egg casserole w/greens, onions, tomatoes and crème fraiche. If you are a breakfast-for-lunch type of person, this is the way to go. The tomatoes and crème fraiche were definitely the most memorable components of this large slice: just enough acid and dairy to break through the voluminous egg creation. This dish comes with a side and I went for that day's soup selection: spinach.

Have you ever eaten something that you know is at once outrageously healthy and delicious? That's Host's Spinach soup. It was not overly complex, but it accomplished finding complex flavor out of a handful of ingredients. I have a feeling the majority of Host's soups will be of the non-traditional variety, making the visit worthwhile to soup fans.

Visit two: Prairie Breeze & double cream grilled cheese on brioche with white truffle oil. Much like the grilled cheese sandwiches at Centro and Django, this is probably not what you are expecting. In that, I mean delicious on a refined palate level. At once creamy and gooey, the umami factor is high. You should not feel ashamed ordering this grownup take on a childhood favorite, even as your dining partner orders the fancy-sounding Calabrese shaved pork loin. The refined flavors in this sandwich are not exactly the type your kid expects on take your child to work day. *continued on page 13*

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In the Kitchen with Karen Engman by Karen Engman



Caesar Salad is the perennial favorite of many diners. When I was growing up, we had to go to a fancy restaurant or private dining club to order one. Now, most fast food franchises offer some version of it. Luckily my friend's grandmother ("Mamo") shared a blender Caesar salad dressing with my mother, so we enjoyed a creamy version at home for years. Then about 35 years ago, my friend Susie Levy Evans, from Chicago, taught me how to mix a quick Caesar in a jar so I could approximate the same great taste waiters achieved at tableside.

A look into the origins of this salad, thanks to GOOGLE, proved very interesting. Most "food historians" credit Caesar Cardini with the creation of this salad that bears his name. His daughter Rosa said that due to a shortage of ingredients on a very busy July 4, 1924, at his Caesar's restaurant in Tijuana, Mexico,

A Recipe from Karen Put in blender: ½ cup oil & blend ½ cup wine vinegar, 1 tin ½ cup oil & blend ¼ cup parmesan cheese pepper to taste 1 coddled egg* & blend refrigerate for 30 minute * boil water & remove from		Caesar had a brother named Alex and he too wanted credit for the first Caesar type salad. He was an Italian pilot from WWI who joined his brother at his restaurant, which was located in Mexico because they could serve liquor across the border even if it was Prohibition in the United States. <i>continued on page 13</i>
Use romaine lettuce & tomatoes if desired & of course croutons	Caesar Dressing in a jar A Recipe from Karen parve or dairy	
he tossed this salad from what was available in the kitchen and then prepared it tableside for that extra flair. This account is not without some controversy. A partner of his named Paul Maggiora claimed to have made the first Caesar salad in 1927 for some American airmen in San Diego and he called it the Aviators salad.	Put all ingredients in a jar: ¹ / ₂ cup extra virgin olive oil 1 Tbs white wine vinegar juice of ¹ / ₂ small lemon 1 tin anchovies chopped and the oil salt & pepper to taste 1 coddled egg * 2 cloves garlic, crushed or chopped very small ¹ / ₄ cup dry white wine 1 tsp dijon mustard dash of worchestershire sauce Shake vigorously in jar, adjust taste, and then chill Toss romaine lettuce with croutons and coarsely grated parmesan or pa * boil water & remove from heat – put egg in water & cover for 3 minutes into jar.	





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TEMPLE B'NAI JESHURUN

Larry Hoffman weekend was a Great Success By Rabbi Kaufman

It was wonderful to see people from across the spectrum of the Jewish community in Des Moines join us for the Rabbi Larry Hoffman scholar in residence weekend at Temple B'nai Jeshurun in April. Throughout the weekend, one dominant theme prevailed, the Jewish world is changing and its institutions need to adapt to the changing times.

The Jews in Napoleon's France were asked, "Are the Jews a foreign people, their own nation? Or are they Frenchmen practicing a religion called Judaism?" They had a profound decision to make. Were they Frenchmen who could benefit from that status or foreigners who would constantly find themselves under threat? Jews, historically, were not able to make that choice. They were simply considered as foreigners in nation after nation. These Jews decided that they were Frenchmen.

Rabbi Hoffman noted that today most American Jews consider Judaism to be their faith, but ethnicity, peoplehood, is on the wane. They are Americans who practice the Jewish faith, not Jews who happen to be American citizens.

The implications of this are enormous. Younger generations do not, by and large, join or support Jewish institutions simply because they are Jews. A large percentage of those who join synagogues do so because they need something from them, a life cycle event or education for the children. Relatively few join because that is simply what Jews are supposed to do.

As for worship, the younger generations search for meaning and relevance just like older generations have. However, they do not particularly like keeping traditions for tradition's sake and do not, as a manner of general practice, join organizations. They like them on Facebook. They also do not necessarily connect to the regular prayerbook-based worship they find going on in Synagogues and Temples today. They find it difficult or awkward to connect to traditional modes of prayer and thus congregations are trying new kinds of worship opportunities.

Younger Jews find spirituality in social justice, yoga, and meditation, but also in hiking, biking, climbing, cooking and a whole host of activities that have not been parts of congregational life. Congregations are trying lots of new ways to reach out to them. It is not easy to market to a very diverse group.

Ultimately, Rabbi Hoffman feels that the religious institutions, the synagogues and the temples will remain at the center of Jewish life. We simply cannot sit on our pews and hope that the next generation will join us. We have a lot of work to do.

Our community offers a number of opportunities for engagement and on the whole Rabbi Hoffman was impressed with what he saw. He told me that he would love to come back. Perhaps, we will be able to make that happen.

Temple Youth Group

Yes, it was one great afternoon. On April 1st, over 100 people helped support the event. We had, compliments of Nancy Chavannes, 150 green almond bark frogs for all. We had a group from Qrest and supervised by Kathy Moretz in making us our chocolate fudge lambs for the Seder plate. We had chocolate macaroons for lice, whoppers for hail, snow caps for boils, strawberries dipped in chocolate sauce, chocolate almond bark dipped matzah, pudding mixed with marshmallows and chocolate chips for charoset, chocolate gold fish for gefilte, bittersweet chocolate for maror and to top it off, 4 glasses of chocolate milk. The prophet Yoo Hoo joined us for Elijah's cup and Miriam's cup. Just when you could not move, we had the festive meal of Hot Dogs, chips (yes, chocolate potato chips) and chocolate chip cookies. After all of that, it was time to watch the movie Willy Wonka and the Chocolate Factory. That was the icing on the cake. Hanna Marcus was the finder of the afikoman and yes, the reward was 2 giant Hershey Bars. OYE our stomachs were very content and happy. Yes, the Seder was phenomenal. The best part for us was watching all the youth groupers participate. Everyone had a part and read with gusto.

Now for the Food Fair Update. What can I say? What an amazing turnout. Ethan Adato, Michael Adato, Hanna Anderson, Julia Anderson, Tommy Anderson, Sarah Rose Ballard, Emma Baxter, Dahlia Callistein, Regan Copple, Brittney Franklin, Josh Hjelmaas, Hanna Kaufman, Elizabeth Kirsner, Gabe Klein, Talia Lerner, Sam Lerner, Dani Lipman, Meier Lipman, Megan Mansfield, Sarah Mansfield, Hanna Marcus, Sarah Margolin, Elizabeth Oxer, Grant Oxer, Eva Saltzman, Molly Silverstein, Josh Sobel, Sammi Sobel, Greg Stern, Annie Weinberg, Ben Weinberg and former members Adam Margolin and Cory Holden all helped out. 33 Youth Groupers in all. I will bet there were a few more and I did not get you listed. If so, I am sorry for that. Everyone had an amazing time. We ran the take out line, we bused the trays, we helped people to their seats, we served hot dogs, we poured pop and most of all we smiled and had fun with friends. What more could you ask for on a beautiful day filled with sunshine? To Julie Olsasky (another former Youth Grouper) and Judy and Stuart Shkolnick, we send to you a very big THANK YOU for all of your hard work. You were all amazing and we love ya.

Our next Youth Group event will be Making and Serving the Meal for the Central Iowa Shelter and Services on Aug. 15. Please watch for future updates. Also, please save in your calendars the dates of: Oct. 14 for the Des Moines Area Hunger Hike, Nov. 3 for the Beit Café and 3rd Annual Talent Show and Dec. 2 for Hanukkah Happenings. Much more information to follow. Thank you to all for the support you have shown to the Youth of the Temple community.

-B'Shalom, Amy and Wendy, Temple B'nai Jeshurun Youth Group Advisors

TIFERETH ISRAEL SYNAGOGUE

Lots happening at Tifereth. We hope you'll join us. July 2012

Sunday, July 15th – Backyard Cook-out & Pool Party

August 2012

Sunday, August 5th – Congregational Picnic Tuesday, August 7th – 7:30 pm - Ankeny Community Theatre – "It Runs in the Family" Thursday, August 9th – 12:00 noon – Senior Luncheon Saturday, August 11th – 9:30 am - Abby Wahlig's Bat Mitzvah Sunday, August 12th – YAD Pool Party – NW Aquatic Center Sunday, August 12th – 4:00 pm Wedding Sunday, August 19th – Wedding Saturday, September 1st – Gabriel Mintzer's Bar Mitzvah

Recurring Events: Minyan:

Minyan:					
Sundays	9:00 a.m.				
Tuesdays	7:00 a.m.				

Services:

Friday - Shabbat Evening Services – 6:00 p.m.

Saturday - Shabbat Morning Services - 9:30 a.m.

Friday, July 6th	Mischpacha Shabbat YAD Cookout				
Saturday, July 7th	Kavanah Shabbat				
Friday, July 13th & Saturday, July 14th Traditional Shabbat					
Friday, July 20th	Music Shabbat				
Saturday, July 21	Alternative Service – Shabbat Neshama				
Friday, July 27th & Saturday, July 28th – Traditional Service					
Saturday, July 28th	Tot Shabbat				
Friday, August 3rd	Mischpacha Shabbat				
	YAD Potluck				
Saturday, August 4th	Kavanah Shabbat				
Friday, August 10th	Traditional Service				
Saturday, August 11th	Traditional Service				
	Abby Wahlig's Bat Mitzvah				
Friday, August 17th	Music Shabbat				
Saturday, August 18th	Alternative Shabbat				
	Contemporary Hits				
Friday, August 24th – Traditional Shabbat					
Saturday, August 25th – Traditional Shabbat Jr. Congregation & Tot Shabbat					
Friday, August 31st – Music Shabbat					

Saturday, September 1st – Kavanah Shabbat Gabriel Mintzer's Bar Mitzvah

Choir Rehearsals - Tuesdays, 7:00 p.m.

S.T.E.P (Sunday Torah Education Program) led by Michael Kuperman Sundays 10:00 a.m. – Tifereth Conference Room

Adult Education Classes:

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Torah from page 7 Priestly redactors about the 5th century compiled the final version of the Torah we know today. Dr. Richard Friedman identifies the principle redactor as Ezra, the Jewish leader who returned from Babylonia in 458 BCE to re-establish a Jewish presence in the Land of Israel. He is traditionally known as Ezra the Scribe and considered a great educator who is ranked just below Moses as a teacher of Torah to the people. Literary Criticism looks at Bible text as a whole, in its present form. The text has ultimate meaning for us today, not because it is written by a divine hand, but because of its influence on our ancestors over the millennia. Structural Criticism is a tool to analyze the structure of textual language. All human language is indefinite and figurative by nature. Our interpretation of Torah is culturally and socially biased and thus Jewish Law can be analyzed from this perspective.

So, what is the correct way to read and interpret Torah? I have no certain answer. Rabbi Neil Gillman tells us that the authentic Jew is one who observes God's law. Each of us in our tradition is charged with finding the true path towards this observance. The roads are many and diverse; the goal, however, is the same. Ultimately we are enjoined by our creator with leaving this world a better place than when we entered it. Our Torah is 'a fount of living waters', the study of which provides guidance to wandering souls and sustenance to the weary.

"He has told you, O man, what is good, And what the LORD requires of you: Only to do justice and to love goodness, And to walk humbly with your God; Then will your name achieve wisdom." (Micah 6:8)

Diner from page 10

I ordered the sweet potato salad as my side. And while it didn't exactly have the assumed addictiveness of illicit drugs as promised by my dining partner, it was still pretty delicious. This take on potato salad was high in acidity from the vinegar dressing and it wonderfully offset the creaminess of the grilled cheese.

Options to attempt on future visits include Mediterranean quinoa, carrot bisque and spinach salad with choice of coriander or fennel vinaigrette.

If you are looking for a fresh taste using local ingredients, Host is worth a trek from your office. I am looking forward to seeing how this place evolves. **Chef** *from page* 11 Alex claims to have made this salad for breakfast for some of his pilot buddies after a long night of drinking.

Even an 18-year-old cook from the Cardini's restaurant said he made the first salad from his mother's recipe and brought it to their kitchen in 1925, but that Caesar took it from him. Whoever made the original salad is in dispute, but it was a fact that southern Californians flocked first to the Cardinis' restaurant and then to their gourmet food store in Los Angeles in the 1930's, where they brought empty wine bottles to be filled with the famous dressing. In 1948, Caesar, along with his daughter Rosa, established Caesar Cardini Foods and began to bottle his version of Caesar dressing.

I offer these two dressings as easy alternatives for a Caesar salad that calls

for last minute preparation. Please note that great liberties can be taken with the jar version. For example, it's delicious without the cheese so then it can be served with grilled chicken. Also, water can be substituted for the wine. I read that Carla Cardini, Caesar's granddaughter, demonstrates this salad all the time and she uses limes instead of lemons, does not rub the bowl with garlic but instead infuses the oil (puts whole peeled cloves in the oil), and she uses only whole romaine leaves so they can be picked up by hand!

If you have a recipe to share or a question about a recipe I can research, call Karen Engman (515-274-3300) or email (aengmandsm@yahoo.com)

Humor from page 10

If I have a 60th birthday party, the invitation will include a note that reads: No Gifts Necessary Unless They Were Ordered from SkyMall Magazine.

This was my SkyMall Father's Day wish list, in no particular order of wonderfulness:

- 1. Floor to Ceiling Multi-Media Cabinet. Finally, a place to store and display all my CDs and VHS tapes for all the world to see! The beauty of this incredible storage system is that there is no reason to worry about ever filling it up since each of these storage formats is entirely extinct. Bonus feature: the FTCMMC contains special drawers to store your phonograph needles. Perfect! I was wondering where those things were!
- 2. iGrow Hair Rejuvenation Laser. If anyone knows me, they know how sick I am of all these hair restoration scams. I have wasted thousands of dollars trying to grow hair in the one place it won't grow -- the top of my head. I have no problem growing it out of weird and squirrelly parts of my body like my nose [Editor's note: And - news flash - his ears ... and we're not talking about the inside of his ears, we're talking about the far more disturbing OUTSIDE of his ears]. Each of the hair restoration systems I have used, including the worst one of all sold by the Wig and Cheese Outlet, has absolutely no interest in publicizing the true solution to baldness. The true solution lies, of course, in SkyMall Magazine. The \$700 iGrow is guaranteed! Yes, it looks a little embarrassing (but nothing compared to the embarrassment of baldness). It resembles a Star Wars helmet (the white ones worn by the Empire ... duh!) with giant headphones and red lights. Best of all it is portable (if you consider 30 pounds portable) so you could actually wear it on a plane while reading SkyMall Magazine (although doing so might create a crack in the fabric of space-time). You will not recognize me once I start using this thing. [Editor's note: Mr. Moskowitz has clearly not read the disclaimer stating that "those with complete hair loss are not candidates for laser treatment alone." What a dope.] [Author's note: You know, Mr. Editor, I can read your Editor's Notes, and you obviously didn't read that the iGrow has a patented combination of lasers. So there. Besides, SkyMall Magazine also sells "Plan B," the Thinning Hair Hairbrush. Obviously

baldness should not be falsely attributed to scientific quackery of "genes," it has actually been caused by those stiff hair bristles found in most hair brushes. But not the Thinning Hair Hairbrush. It takes 8 hours to make just one and each one is loaded with gentle, natural boar bristles. When I think gentle, I think boar bristles.]

- 3. Stainless Steel Wallet. This thing is a \$90 no-brainer. Every time I accidentally saw my wallet in half, I wish that it had been made out of 25,000 flexible stainless steel threads that are three times thinner than a piece of paper. Finally, the solution to the annoying problem of accidental wallet shredding is here!
- 4. Ark of the Covenant Box. Um, do I have to even explain why I am desperate to receive this \$30 authentic replica of an 18th Century drawing of the actual Ark? I might need it to dissolve away the neighborhood Nazis who are constantly menacing me! [Editor's note: This is a Raiders of the Lost Ark reference for those of you not familiar with Mr. Moskowitz's sophisticated cinematic palette.]
- 5. Box of Applause or Laughter. Every now and then, you just need to know the crowd appreciates you, even it costs you \$25.
- 6. Meerkat Gang Sculpture. In the prescient words of the brilliant SkyMall Magazine editors (these guys can read my mind), "we've little doubt why meerkats recently became beloved screen stars - they're adorable!" They are adorable, and I can't wait to see the faces of my neighbors as they drive by our house and gaze upon our statue of meerkats surveying our front yard with their "characteristic sentry stance" and their "long thin tails." SkyMall promises that this statue will "turn heads" and I have no doubt that they are thinking about the local realtors and appraisers when they say that! The only thing I could do more likely to tank local real estate values would be to display a giant Star of David in my front yard! Take that haters!
- 7. Replica Deep Sea Divers Helmet. Okay, this one is tricky. It demonstrates how important it is to carefully read the language in SkyMall Magazine. The key word here is "replica." So don't wear this 80 pound helmet on a real deep sea diving adventure because its use is likely to result in either (a) fatal nitrogen poisoning of the blood, or (b) immediate drowning as your head and lungs are filled with water leaking in through the helmet. You see, this is just a "replica" helmet and, while it contains an "authentic manufacturers stamp" it is NOT A **REAL DIVERS HELMET!** It is only to be used by those who are "entranced by the sea," have tiny meerkat-sized skulls, and \$159 they don't really need 8. Frank Lloyd Wright Legos. Do I
- 9. Spiral Staircase Model. Who doesn't
- wonder what it would be like to have a tiny \$150 model of a real spiral staircase? Personally, I have trouble remembering what full-sized spiral staircases look like, and this 15-inch tall version helps me remember! But SkyMall puts it best: these

models serve as "references during construction" and they "invite my imagination to climb up and up." That is exactly what tiny spiral staircases do! And my own imagination climbed right up to order one!

- 10. **Star of David Bundt Pan.** I know, you already want one.
- 11. Dog Orthopedic Comfy Couch. I feel bad for our poodle Rocky [www. facebook.com/rockymoskowitz]. He is forced to spend his days snoring away on a clearly uncomfortable ultraplush pillow while he waits to be fed and groomed. With this item, Rocky can instead spend his days on a \$79-\$169 pillow that provides "unsurpassed support that ordinary dog beds can't match." The best part is that the couch's plush covers are removable for easy washing. Obviously, dogs who are lounging in orthopedic heaven are more likely to mindlessly relieve themselves where they lie ... but SkyMall has provided a product with an easy clean-up solution that addresses that obvious problem! Here's an important detail though: the Comfy Couch comes in different sizes and you need to measure your dog's "girth" before you order. I'm not exactly sure what Rocky's "girth" is, but I am fairly certain that I will be cleaning up after it.

As hard as it is to believe, not everything in SkyMall Magazine is a winner. There are a few scattered items to avoid. I think they are there primarily to make sure you are paying attention. So here are some Things Not To Get Me (again, even though they are in the fabulous SkyMall Magazine): (1) the 15-inch Magnifying Vanity Mirror (the view from 50 yards is close enough, thank you). (2) the Marshmallow Shooter (what with the skyrocketing worldwide price of marshmallows and all), and (3) the Working Recycling Truck (since I live in Des Moines, I'm guessing that the recycling truck only works once every two weeks and I only want a working recycling truck that is on 24-hour call).

So enjoy, Father's Day shoppers! Now you know what we Dads really want. No excuses for that tie or pair of socks. And when we next meet, I will happily show off my brand new Parrot AR Drone 2.0 quadricopter with 720p video.

Author's Note: As a reminder to my readers who have been busily not writing me over the years, it is your constant lack of encouragement that keeps me demotivated! So keep those e-mails not coming to iowadavid@me.com. I promise to not read what you don't send, and I also promise to not respond to your nonfeedback. Everyone's a winner!

¹ The world record for Time Spent Reading An Airline's In-Flight Magazine is 7 minutes. That's if you do the crossword puzzle. It is impossible to sit on a flight from Des Moines to O'Hare and feign interest in articles describing things to do during a long weekend in Shanghai, or the great recipes of Lisbon (I am usually being fed mixed nuts and odd-tasting water as I read these recipes), or how I would get between concourses at the Madrid airport, or what United CEO Jeff Smisek is doing to paint those thirty year old planes. I just can't sustain interest in a magazine that is blatantly sticking my nose in all the things I am not doing. The in-flight magazine should instead have articles on why my back hurts, how to get my bag out of the overhead without killing someone, and what to do when someone steals that middle armrest





Bernard Levine

It's Time to Renew Your Membership in the Iowa Jewish Historical Society! Become a New Member or Renew Your Membership and help preserve the history of the Jews of Iowa.

Your membership dues support our programs, events and exhibits as well as the staff and volunteers who work so very hard to preserve Iowa's Jewish heritage. Your membership makes you a vital partner in preserving our history for all to enjoy for years to come.

Membership Levels: \$36 Basic, \$100 Patron, \$500 Sponsor, \$1000 Benefactor

\$5000 Lifetime Membership includes a case dedication in the Caspe Gallery.

Membership includes a subscription to IJHS biannual newsletter – The CHAlowan filled with fascinating original articles and photographs on all aspects of Jewish life in Iowa, updates on programs and events, and so much more.

Your application form is below or join online at www.jewishdesmoines.org .

Name

Address

City, State, and Zip Code

Membership Levels

Lifetime	\$5,000
Benefactor	\$1,000
Sponsor	\$500
Patron	\$100
Individual/G	ift \$36

In addition, I want to make a donation to the Iowa Jewish Historical Society \$ ______. Please make your check payable to the IJHS and send it to 33158 Ute Ave., Waukee, IA 50263. For more information: (515) 987-0899 ext. 216 or ijhs@dmjfed.org



Sidney Carl Baumsten



Jake Nagorner



Ithough the special event Honoring Iowa's Jewish Veterans is now a part of the Society's history, there are still many parts of the celebration that will become a permanent part of our collection. Hundreds of veterans or their families responded to our request for the names and basic information about Iowa's Jewish veterans. Because of their help, we now have more than 750 men and women listed in the Book of Honor that will be on permanent display in the museum. We also received more than 80 pictures of veterans to add to our collection and which were included in the Book of Honor.

As part of the celebration, the military exhibit in the Caspe Heritage Gallery received a facelift. The exhibit features items from the Historical Society's permanent collection, loaned items and new acquisitions. The exhibit includes information about Iowa's first documented Jewish veterans—approximately fifteen men fought for the Union during the Civil War. Also featured are organizations that were prominent in Iowa, including the Jewish War Veterans of the United States of America and the National Jewish Welfare Board. For those on the home front, the exhibit discusses the sacrifices all Americans made and the contributions from Iowa's Jewish communities. Uniforms worn by Jewish Iowans dating from World War I through Vietnam round out the display and provide a unique look into the history of military fashion during the mid-20th century. Please stop by the Caspe Heritage Gallery at The Caspe Terrace to see this display. The Gallery will be open on Sunday, July 22 and Sunday, August 26 from 11-2 and is also open by appointment.

We are still collecting names, information and images of Iowa's Jewish Veterans. If you have information about a Jewish veteran or someone currently serving in the United States military, we invite you to contact us so we can add your information to our Book of Honor. Please contact: (515) 987-0899 x216 or email ijhs@dmjfed.org.



Iowa Jewish Veteran Dr. David Gradwohl and Hanna Gradwohl. David and Hanna are both founding members of the IJHS and have created a fund to support programming.

The Iowa Jewish Historical Society wishes to express our deep appreciation to the following for their support of our Event Honoring Iowa's Jewish Veterans

Gold (\$1,000 and up) Gradwohl Endowment Silver (\$500-\$999) Jewish Federation of Greater **Des Moines Benefactor** (\$250—\$499) Ames Jewish Congregation Pamela Bass-Bookey and Harry Bookey Temple B'nai Jeshurun Sisterhood Toni and Tim Urban Patrons (\$100-\$249) Temple B'nai Jeshurun Brotherhood Susie and Dr. Josh Kimelman Lori and Brad Long Sally and Carl Harris Paulee Lipsman Beth El Jacob Sisterhood Linda and Bob Carpenter Competitive Edge M. Burton Drexler Karen and Arny Engman Loretta and Dr. Gary Fingert Dr. Harvey and Barbara Hirsch-Giller Bruce and Dee Glauberg Jan and Lou Hockenberg Marilyn and Lou Hurwitz Alvin and Dorothy Kirsner Barbara and David Lettween Dr. and Mrs. Al Mintzer Ronna and Donald Pochter Janice and Kent Rosenberg Melanie and Pete Sandler Barbara and Bruce Sherman Joyce and Ben Swartz Tifereth Israel Women's League Patsy Tobis Arnie and Bernie Waltman Robbie and Marvin Winick Friends (\$1 - \$99) Anonymous Ellen and David Arkovich Ted Davidson Jeff Duitch Beatrice and Gerry Gruen Michael Kuperman, In Honor of Thelma Kardon Lekowsky Family Lipman Family Al Lipsey Ethel Norman Milton Pearl Mary Jo and Rob Pomerantz Florence and Dr. Glenn Purnell **Donna Paulsen and Thomas Press** Roselind and Sheldon Rabinowitz Sandra Pomerantz Reed Irvin and Sheila Robinson Judy and Scott Rosenberg Mr. and Mrs. Ben Shlaes Ben Small **Additional Support** Bob Carpenter Competitive Edge Jeff Duitch Nick Grossman **The Jewish Federation Community School Students** Sydney & A.J. Pearl Mallory & Jacob Goldstein Jacob Copeland Logan, Eli, & Shayna Jaskolka Lexi & Allison Ohringer Zeke Egherman

Iendar july • august

Office Closed for Independence Day

Abby Wahlig Bat Mitzvah at Tifereth

Tentative Federation Board Meeting

Tommy Anderson Bar Mitzvah at Temple

Gabriel Mintzer Bar Mitzvah at Tifereth

Camp Shalom Overnight at Caspe Terrace

Arik Yakobson Bar Mitzvah at Beth El Jacob

Caspe Heritage Gallery Open

Senior Luncheon at Tifereth

Caspe Heritage Gallery Open

Iowa Jewish Leadership Conference in Davenport

Senior Lunch with Camp Shalom at Caspe Terrace

Wednesday, July 4				
Sunday, July 15				
Thursday, July 19	Noon			
Sunday, July 22	11:00 AM			
Thursday, August 2				
Thursday, August 9	Noon			
Saturday, August 11	9:00 AM			
Saturday, August 11	9:00 AM			
Tuesday, August 21	5:15 PM			
Saturday, August 25	10:00 AM			
Sunday, August 26	11:00 AM			
Saturday, Sept. 1	9:00 AM			

[milestones]

Mazel Tov

Gil & Brenda Coosner, and their young son Nathan have welcomed twin baby girls on May 23. One was 4.3 pounds, the other was 4.5 pounds. Mother and babies are doing well. Mazel Tov! A refuah shleima for all and a future of many nachas and simchas!

B'nai Mitzvah

The Wahlig Family invites the Jewish community to join them in celebration as Abigail Rose Wahlig is called to the Torah as a Bat Mitzvah on Saturday

Aug. 11, at Tifereth Synagogue at 9:30 with a Kiddush luncheon to follow.

Thomas (Tommy) Joseph

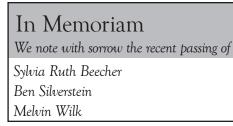
Anderson will be celebrating his Bar Mitzvah on Saturday, Aug. 25, at 10:00 a.m. at Temple B'nai Jeshurun. The Jewish community

is cordially invited to join the Anderson family at this joyous event and for the Kiddush luncheon immediately following the service. - Daryl and Greg Anderson



Please join us as our son, Gabriel Levi Mintzer, celebrates his Bar Mitzvah on Saturday, Sept. 1, at 9:00 a.m. at Tifereth

Israel Synagogue. The Jewish Community is cordially invited to a Kiddush luncheon immediately following services. - Michael and Alla Mintzer



EFFORT TO SAVE THE NUBANS OF **SUDAN CENTERED IN DES MOINES**

A local initiative spearheaded by Rabbi David Kaufman of Temple B'nai Jeshurun is bringing together leaders from the multi-regional Sudanese community to help protect the Nuba Mountain people back in Sudan. The Nubans, along with other African ethnicities in Sudan, are being subjected to attack by the Islamist regime that rules Sudan. It is surmised that the most effective way to help the Nubans would be to unify the leadership of the marginalized Sudanese populations and that is exactly what is being done here in Des Moines by Help Nuba, a grassroots effort created and co-chaired by Rabbi Kaufman.

Members of its Executive Council include co-chairperson Kristen Anderson, the 2011 Carl Wilkens Fellow at United to End Genocide; representatives of the Nuba Mountain, Darfur, and South Sudanese diasporas; Cathy Mansfield, a Professor of Law at Drake University Law School and Executive Director of The Sparks Fly Upward Foundation; Yashar Vasef, Director of the Iowa United Nations Association and JCRC Director Mark Finkelstein.

On the internet, HelpNuba.net website serves as a clearinghouse of information and has drawn a remarkable international audience.





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Mazel Tov To Our 2012 Graduates congratulations on your hard work and best of luck for a bright future!



LEAH BAILIN, Daughter of Dr. Steven Bailin and Dr. Audrey Porter and a member of Temple B'nai Jeshurun, has graduated from Valley High School and plans to attend the University of Iowa in the fall.

Recent Grads it's not too late! Send a photo and announcement by July 23, for publication in the Sep/Oct '12 edition. Jewish Press, 33158 Ute Avenue, Waukee, Iowa 50263 or by e-mail to jcrc@ dmjfed.org



ADAM MOSKOWITZ, son of Heidi and David Moskowitz, received his BBA (Bachelor of Business Administration) from the Wisconsin School of Business at a graduation ceremony held May 19, 2012 at the University of Wisconsin at Madison. Adam has been selected to participate in Wells Fargo & Company's Accelerated Management Program and in June began his first management training rotation. Congratulations and good luck to Adam!



DREW ROSENBERG, son of Kim Cain and Dr. Steven Rosenberg, graduated with honors in Political Science and International Studies from Johns Hopkins University in Baltimore, Maryland on May 24, 2012. He will be attending The London School of Economics in the fall to pursue his Master's degree in International Relations. Drew's proud grandparents are Shari and Stanley Engman and Dr. Harlan and Audrey Rosenberg.



KEILAH SARAH SANDLER, daughter of Melanie and Peter Sandler, graduated from the University of Iowa with a Major in Communications and a Minor in Human Relations. She is doing an internship in Iowa City with a Human Service Program.



TOMMY SWARTZ graduated as Roosevelt High School Valedictorian and will be attending Marquette University this fall. Tommy truly enjoyed his high school years and leaves Des Moines with many fond memories and friendships. He is a three-sport letter winner, dodge ball fanatic and enthusiastic "superfan" for everything Riders. Tommy was awarded Marquette's top academic scholarship and he will pursue a Marketing degree. Tommy is the son of Denise and David Swartz, and the grandson of Joyce and Ben Swartz.

Ames Synagogue Celebrates Golden Anniversary



Rabbi David Wirtschafter