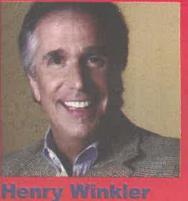


THE GREATER DES MOINES

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Begins the evening of September 22





Engman Camp Shalom - page 5



Hezbollah Rockets Rake Our Sister Region Israel in Crisis Federation Establishes Crisis Fund (see page 21)





Left: Dr. Rehany in the midst of the ruined Eye Department at Western Galilee Hospital, after it sustained a direct hit by Hezbollah rockets. In spite of the ongoing situation the hospital and the Eye Department have maintained its intensive medical and surgical care for the inhabitants of northern Israel. Above, our sister region under siege.

'06 All-In-One Campaign Closes Successfully...Gala will Open '07



Toni Urban

Toni Urban, President of the Jewish Federation has announced that the 2006 Campaign has successfully culminated with campaign increases that are over 7.5% higher than the prior year. Upon confirming the final campaign pledges,

the expected total will exceed \$860,000. Mrs. Urban said that the total includes 51 new gifts and 190 donors who have increased their annual giving. "This incredible campaign achievement was the result of the work of many dedicated leaders, solicitors and staff. We worked hard to have meaningful conversations with all who would listen, about our important work to provide quality programs and human services for the Jewish community locally, in Israel and around the world. We are very proud of these efforts and look forward to reaching out to many more people for 2007," she continued.

In the meantime, final touches are being made to present a very special Campaign Opening Gala featuring Actor/ Director/Producer Henry Winkler. The long-awaited date will finally arrive on Sunday, September 17 at the Embassy Suites on the River. The event is co-chaired by Margo and Don Blumenthal and planned by a committee of over 300 community members. The evening will begin at 5 PM with a reception for those who make Leadership Gifts of \$1250 individually or \$2500 as a couple. The Community Dinner, open to the Jewish community, will begin at 6:30 PM. Gala participants will be introduced to the 2007 "All-In-One" Campaign. Enjoy a festive dinner, and be entertained by Henry Winkler with his Hollywood stories and how he has overcome obstacles to make a difference in the world. President Toni Urban looks forward to welcoming everyone for an evening to remember. continued on page 29

Community Mourns Passing of Federation Leader, Harry Simon



Harry Simon

Friends, colleagues, and community members are mourning the untimely death of lewish community leader Harry Simon, who passed away suddenly on August 5th. A soft spoken and affable individual, he was

President-Elect of the Jewish Federation and Chair of the Federation's 2006 Planning & Budgeting Committee, an active participant in the religious life of Tifereth Israel Synagogue, serving as one of its gabbaim, and a board member of Hospice of Central Iowa.

"Harry's passing is a tremendous loss. He was a mensch and widely beloved, dedicated to his family, to his community, and to Judaism. Our sincere condolences are offered to his family," said Toni Urban, President of the Jewish Federation of Greater Des Moines.

"Harry had the unique ability to be loved and admired by many people. He touched everyone he knew. He was a wonderful son, husband and father, and community leader. He is irreplaceable: his dedication to Judaism and Israel, and his love of life and community will be greatly missed," said Elaine Steinger, the Federation's Executive Director.

continued on page 29

IJHS Fall Event to Feature Dr. Phillips Oct 29

The Iowa Jewish Historical Society Fall Event will be held Sunday, October 29th at The Caspe Terrace. This special fall event commemorates the Iowa Jewish Historical Society's ten-year anniversary. The keynote speaker will be Dr. Steven Phillips.

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OM THE PRESIDENT

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A Gala Dinner

Celebrating the opening of your 2007 All-In-One Campaign

featuring

Henry Winkler

renowned Actor, Producer and Director

Sunday, September 17, 2006

6:30 P. M.

Embassy Suites on the River 101 East Locust Street Des Moines

You will have the opportunity to sign your 2007 campaign pledge card.

Dietary laws observe

\$36 per person or join our growing list of Dinner Patrons at \$100 per person For reservations, call the Federation at 277-6321 or securely on-line at www.jewishdesmoines.org

partners in caring

The Jewish Federation of Greater Des Moines is proud to recognize our community partners as caring Sponsors of the 2007 "All-In-One" Campaign Opening Gala featuring Actor/Producer Henry Winkler We thank the following individuals and businesses whose sponsorships make it possible to distribute more dollars to support those in need locally, in Israel, and worldwide.

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Supporters Vogue Vision- Isak Sivi



To join our growing list of Partners in Caring business sponsors, contact Steve Reitman, Federation Assistant Director at 277-6321 or e-mail him at steve@dmjfed.org.

Welcome New Board Members



At its June Annual Meeting, the Jewish Federation elected 6 new board members who will be joining committed and dedicated others involved in its mission to further the continuity and welfare of the greater Des Moines Jewish community and to facilitate the coordination of the philanthropic, educational and cultural activities of the congregations, federation pillars, donors and volunteers. President Toni Urban praised the Nominating Committee for identifying talented and caring individuals who will serve the community well.

"I am pleased to introduce our new board members to the community and delighted to share some information about them," said Toni Urban.

Linda Bremen has resided in Des Moines for 26 years with her husband, Dr. Gary Bremen. They have been members of Tifereth Israel, where her three-year tenure on their board just ended. Linda was proud to report that their children all attended Camp Shalom. Linda is a school teacher. She enjoys reading, exercise, cooking and gardening. When asked about what she hopes to achieve on the Federation board, she replied: "I want to continue serving this community, find out more about the Federation and learn what I can do to be of service."

Judy Deutch, originally from New York, has lived in the Des Moines area for the last 27 years. She and her husband Larry have two children: Allison, 27, who lives in Los Angeles and Lisa, 25, who lives in Chicago. A former special education teacher for Des Moines Public Schools, she now works as a Document Management Specialist for FBL Financial Group, Inc. Judy has served on many Federation committees, including serving as Education Pillar Chair. She is a past president and past Sisterhood vice-president for Temple B'nai Jeshurun. Judy is also most proud to serve as the United Way Chair at FBL. She was involved in the special United Way picnic table construction and decorating contest that brought a winner to Caspe Terrace. Judy enjoys reading, exercising, traveling and spending time with friends and family. As for her appointment to the Federation Board: "I would like to find ways to involve a larger number of community members participating in Federation events."

Sheldon Ohringer recently returned to his native Iowa after being gone 20 of the last 25 years. Sheldon and his wife, Beth, lived in Colorado for twelve of those years. They have also lived in San Antonio where they met in 1993. The Ohringer's have 4 children: Kylie, 20; Jack, 7, Allison, 5 and Alexandra, 3. Sheldon is the founder and CEO of Caleris which provides jobs in rural Iowa and competes with India for technical outsourcing. They are members of Tifereth Israel. Together, they have established an endowment for the Ohringer Family Education Day of the Jewish Federation Community School. Sheldon also serves now on the board of the Institute for Tomorrow's Workforce, and as an advisor to Bedell Entrepreneurial Learning Center of the Univ. of Iowa Business School. He enjoys golf, basketball, and of course, family. For four years, Sheldon was a board member of the Jewish Family Service in Denver. As for his hopes for his appointment to the Federation board, "I want to give back so others can receive."

Rabbi Beryl Padorr arrived in June to become the spiritual leader of Tifereth Israel. She came to Des Moines from Los Angeles where she was ordained. Prior to that, Rabbi Padorr has lived in Kansas City for thirty years, and has also lived in Kenosha, Wisconsin and Wilmette, Illinois. Rabbi Padorr is the mother of three adult children, Cory, 33 and his wife Krissie; Gina, 29 and Justin, 26. All three live in Kansas City. Already, Rabbi Padorr has been involved in DMARC and with their January Thaw planning committee. As for her interests and hobbies, she enjoys music, art and dance. "Although I am new to the community, it is my hope that Des Moines can be an example for other communities, setting the stage for harmony amongst clergy and people of all faiths, and to create a strong bond between the rabbis which is then reflected in our community, showing our solidarity and respect for each other as Jews, and becoming a light unto the nations."

Jami Schnoebelen is a Des Moines native where her family has always been active in the Jewish community. She is General Manager of Wrench-N-Go and is the President of the Iowa Automotive Recyclers Association. Jami and husband, Pete, have three children: Zach, 11; Megan, 8 and Jacob, 5. They are members of Temple B'nai Jeshurun. Jami, herself, is an Assistant Religious School Teacher for the Jewish Federation Community School. Jami hopes that through her Federation board experience she can "help plan programs that will encourage community involvement."

Next edition will include a profile of new board member Barbara Leventhal, President of Beth El Jacob

[letters

War-time Journal from our P2K Partner institution, Western Galilee Hospital Dear Friends,

What can I say? Thank goodness for foresight and for the underground hospital. This is what saved many lives late afternoon Friday, July 28th when a number of rockets were fired on the hospital. The Department of Ophthalmology took a direct hit; no one was injured as new surgical wing's above ground floors had all been evacuated. Damage caused by this one rocket covers a large area, including the Plastic Surgery Department below, and even the on-duty doctor's quarters in the first-floor of the Radiology Department four floors below. Several large fires started by other rockets required planes to extinguish them before they spread to hospital buildings or the city of Nahariya.

Day Care for the employee's children had 90 children today, and are preparing for 40 to sleep here tonight.

Rockets continue to fall, but people are following homefront command orders, so, thank goodness, casualties are fewer. My children could not understand why we wanted to return north. I am not a medical professional, but here it is about life, about saving lives. It was harder than I thought to come home. First, I wondered if saying good-bye to the kids and grandkids made me so sad - no. Then, as we chose a winding route through a steep valley hoping to avoid the rockets, I thought it was driving back into the line of fire - no. It is war that saddens me.

July 30th, 2006

956 wounded have arrived at this hospital since the beginning of the war. 341 physically wounded and 628 suffering from acute stress reaction. 67 soldiers and the remainder civilians.

Over half of all these patients come from the non-Jewis n ethnic groups who make up the beautiful mosaic that is the Western Galilee.

B'shalom,
Judith Jochnowitz
International Liaison, Western Galilee Hospital-Nahariya
Judith.Jochnowitz@naharia.health.gov.il
www.wgh.org.il

september/october 06

THE GREATER DES MOINES

Jewish Press

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We are always happy to receive articles and contributions for consideration. We reserve the right to edit submissions for space considerations and clarity.

Vol. 23 No. 1, September/October 2006



DSM Rally Supports Israel Against Islamic Terrorism

On July 20th, as wave after wave of rockets launched from Lebanon and Gaza rained down on civilians in Israel, three hundred Jews and Christians gathered in Des Moines in the spirit of unity with Israel.

The program, organized by the Jewish Federation and held at Tifereth Israel Synagogue, began with an introduction by Polly Oxley, Chair of the Jewish Community Relations Commission and was followed by a reading and remarks from Rabbi Beryl Padorr. Our keynote speaker was Brian Abrahams, Midwest Director of the American Israel Public Affairs Committee. Thomas McGovern, state director of Christians United for Israel, and Steve Scheffler, president of the Iowa Christian Alliance, were introduced by JCRC Director Mark Finkelstein.

continued on page 31

JEWISH FEDERATION COMMUNITY SCHOOL AND HIGH SCHOOL

Welcome Back!

Our first day of religious school was Sunday, September 10th. It was a very busy first day for our parents and students as we began with orientation, an opportunity for parents and students to attend class together, and then continue with regular class for students and orientation for parents.

JFCS staff is excited to begin our 2006-2007 school year. During the year, our students make life-long friendships and memories, learn about their culture and heritage and learn about what makes us special.

This year, elementary school is located in the school wing at Temple B'nai Jeshurun (TBJ), 5101 Grand Avenue, Des Moines. Classes for Pre-K through 2nd grade meet from 9am – Noon. Third through Sixth grades began their first Wednesday Hebrew School day on September 13. Classes continue meeting at TBJ from 4:00 pm – 6:15 pm.

Our elementary school staff includes: Pre-K – Cynthia Shulman, Kindergarten – David Copeland; First Grade – Juli Margolin; Second Grade – Nancy Waldman; Third Grade – Pat Johnson; Fourth Grade – Robin Karney; Fifth Grade – Rachele Hjelmaas, Hebrew – Wendy Beckerman and Ben Kaufmann, Sixth Grade – Rabbi Berel Simpser.

Our Jr/Sr High School program is located at Tifereth Israel Synagogue, 924 Polk Boulevard, Des Moines. Classes began Wednesday, September 13. Dinner will be offered between 6:30 – 7:00. Regular classes run 7:00 pm through 8:30 pm.

Staff includes Krys Phillips, Jody Hramits, Rabbi David Kaufman and Rabbi Beryl Padorr.

We've just started and the High Holidays are already here. During the holidays, our students will learn fascinating information about Rosh Hashanah and Yom Kippur. Rosh Hashanah means "Head of the Year" and Yom Kippur is a thinking time, a period of reflection and review about the past year.

Sukkot and Simchat Torah also arrives during the same month. Students learn that Sukkot is an autumn holiday and it is a reminder that God protected the Israelites while they wandered in the Sinai Desert, living in temporary huts as they made their way from slavery in Egypt to the Promised Land of Israel. Our students will touch, smell and wave the Lulov and Etrog during Sukkot.

Simchat Torah is when we take out all of the Torah scrolls from the Ark and march with them around the synagogue seven times. Each parade is called a "hakafah." During each "hakafah" we pray, sing, dance and wave flags. On Simchat Torah, we read the last words and the first words of the Torah. For Jews, the Torah is a book that has no end.

Shalom,

-Lyanna Grund, Principal

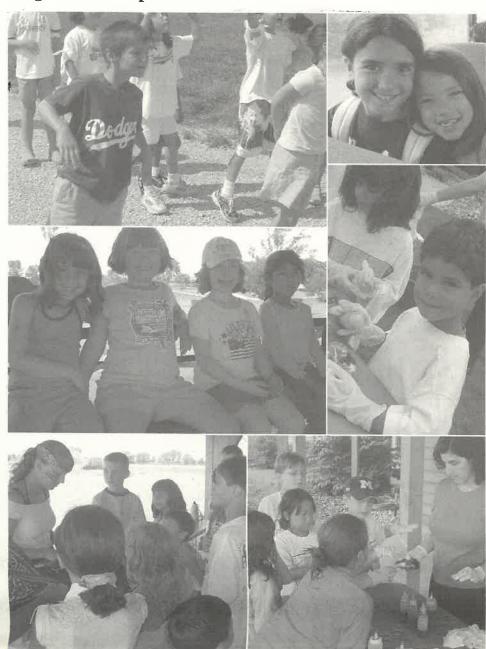
Anniversaries Anniversaries Baby Showers Bar and Bat Mitzvahs Birthday Parties Britot Family Reunions Graduations Weddings Make life's milestone celebrations memorable... - at The Caspe Terrace Usage of The Caspe Terrace is limited to the Jewish Federation of Greater Des Moines, its employees, Jewish Federation (Members and to United Way affiliates, Events are limited to Federation community programming, for Members and to United Way affiliates, Events are limited to Federation community programming. For Members and to United Way affiliates, Events are limited to Federation community programming. For Members and to United Way affiliates, Events are limited to Federation community programming. For Members of the Federation for occasions that are of significant life stage events are events.

Eight Ways to Say That Jewish Learning is Important:

- 1. Be a Jewish role model. Let your child see that you like being Jewish and are proud of it. Show them that being Jewish is a special part of you, so that they will see it as a special part of them.
- 2. Plan regular visits to Jewish places with your child that are age-appropriate for them, but which you also enjoy. Take advantage of special programs and workshops in the community. Let your child know that there is always more to learn, see and do in the Jewish community and that being Jewish can be a fun and exciting adventure.
- 3. If you have special Jewish practices or rituals that you enjoy, invite your child to occasionally watch or join you. You'll help your child see that rituals are sources of learning and pleasure, and that doing anything well takes practice, interest and patience.
- 4. Talk about being Jewish and what it means to do Jewish things, especially if you are learning a new skill or beginning a new project. Let your child know that learning can also be a challenge for adults too, but that it has many rewards.
- 5. Remember to praise your child's efforts at learning new Jewish skills and show pride in your own. Help your child feel that learning accomplishments are important ones.
- 6. Show your interest in many types of Judaism by exploring Jewish food, music, dance, art or prayer that differs from your own practice. There are Jews from different cultural or religious backgrounds who can offer new interpretations of what it means to be Jewish. Share these things with your child and model respect for those who are different.
- 7. Every time you try a new Jewish recipe, you set out on a learning adventure. Include your child in the process and explain what the recipe will be for and perhaps where it originated. Ask your child to brainstorm ideas about when and what these recipes might have been used for by other Jews.
- 8. Encourage your child's curiosity in Judaism and show you are curious too. Welcome questions and ask your own. Discuss where you might go to find the answers, such as the library or to a person who is an "expert" on the subject. This will help your child recognize the importance of asking questions and encourage the skills necessary for knowing where to find the answers.

For more information about JFCS log on to jewishdesmoines.org





A Summer of Discovery at Engman Camp Shalom

We've grown! This summer we increased camper attendance by over ten percent to make this one of the most successful summers in recent history. Each week campers participated in a wide range of activities including Israeli dance, sports, arts and crafts, cooking, swimming, a weekly field trip and of course, at least one huge surprise.

Throughout the summer campers were entertained and educated about Jewish and Israeli elements in relation to the weekly theme. We kicked off camp with Animal Week. Led by Omri and Liat, our counselors from Israel, campers learned about the Israeli Defense Forces by creating their own Israeli Army patches with insignias from different units featuring animals. Then, in a brief ceremony, campers were made honorary Israeli soldiers. In addition, campers learned about life on a kibbutz as Liat shared letters from the kids on her kibbutz, Meshabe Sade, with the Maccabim campers. Our trip during Art Week took us to the Des Moines Art Center where campers got to view a Chagall painting and during Music Week we danced every noon to popular Israeli music. Because of its extreme popularity last year, we brought back Color War. Based on a popular Israeli TV show, campers were in two teams battling each other to determine which of our two Shlichim should be the official ambassador to Des Moines - both teams did such

a good job that we decided to keep the both of them!

The second half of the summer included Food Week with a visit from Rabbi Simpser and Fitness Week which included our first ever camp-wide kickball game, healthy snacks during cooking and yoga. Water Week cooled off a hot summer with a homemade water park and a trip to the Science Center to view the Imax film about the Titanic. The trip was a perfect lead-in to our last week themed History Week. Campers worked in conjunction with the Jewish Historical Society to create a camp time capsule so that our summer at Engman Camp Shalom can be revisited when our campers have campers of their own. Our summer of surprises ended with our Biblical Carnival - a day long camp wide blowout with bounce houses, relays, and our weekly Shabbat barbecue.

This summer has been phenomenal. Certainly much of our success can be attributed to the months of pre-planning by the camp committee and Federation but the real magic this 2006 Engman Camp Shalom season is because of our campers and friends of Camp Shalom. The people affiliated with Camp Shalom inspire me everyday. We are currently exploring new program ideas that will allow the amazing Engman Camp Shalom community to continue to grow and impact the community. — Josh Goldsmith, Camp Director

Series on Jewish Literature begins Sept 13

Reading and Discussion Series Set for Franklin Avenue Library

The Franklin Avenue Library will host a free five-part reading and discussion series called "Let's Talk About It: Jewish Literature – Identity and Imagination" this fall. The series explores Jewish literature and culture through scholar-led discussions of contemporary and classic books on a common theme.

The series will explore the theme of "A Mind of Her Own: Fathers and Daughters in a Changing World." Franklin Avenue Library is one of over 150 libraries nationwide receiving grants to host the series developed by Nextbook and the American Library Association (ALA).

Joanne Brown, retired associate professor at Drake University, will lead a discussion of the book at each session. Brown, also former dean of Humanities and Human Services at DMACC, has written many articles and opinion columns on writing and literature.

The first program will explore Tevye the Dairyman by Sholem Aleichem and will be held on September 13 at 6:30 p.m.

All programs will be held at the Franklin Avenue Library, 5000 Franklin Avenue. A limited supply of books will be provided. For details or to register, please visit the library or call the Central Library at 515/283-4152.

"We are delighted to have been chosen to host this unique series that will allow patrons a chance to discuss themes in Jewish literature with fellow community members and with the help of a well-qualified scholar," said Kathy Bognanni, branch manager at the Franklin Avenue Library.

Four additional books will be discussed in this series at the library: *Bread Givers* by Anzia Yezierska on September 27; 1185 Park Avenue: *A Memoir by Anne Roiphe* on October 18; *American Pastoral* by Philip Roth on November 1; and *Bee Season* by Myla Goldberg on November 15.

To learn of other programs at the Des Moines Public Library, visit the website at www.desmoineslibrary.com or pick up a copy of the "What's Happening?" brochure at your local branch.

[prehistory]

Boker tov, Caveman?

By Mark Finkelstein

They have been characterized as "so similar to humans, but so different." Thus is likened Neanderthal man, a species of pre-historic man that roamed Europe and parts of western Asia, some 100,000 years ago -- disappearing about 50,000 years ago. Prior to Neanderthal man, it is hypothesized that forerunners to homo sapiens looked more like apes and, therefore, the more us-like Neanderthal man must have been very interesting to the humans with whom they co-existed at the time.

Why is this topic of interest? For one, because the most complete Neanderthal skeleton to date was found in 1982/3 at Kebara Cave, near Mount Carmel, outside of Haifa, Israel. Well, then...did this old chap speak Hebrew? At least one author entertains that possibility, Isaac Mozeson. But let's not jump to conclusions. The interesting thing is that the Kebara skeleton con-

tains a hyoid bone, a bone which had never been found in earlier skeletons. Previous to that find, it was speculated that Neanderthal man could not speak. But, apparently, it is the hyoid bone – a horseshoe shaped bone that holds the tongue in place – that would physiologically enable speech.

One source, following up on the physiological possibilities of speech production opines that "the average note emitted by Neanderthals would have been high pitched and sharper than that of modern man, contrary to the media stereotype of Neanderthals having ape-like grunts."

Very interesting, no? You can learn more about Neanderthal man, online, at http://www.harvardmagazine.com/online/09016.html and if you'd like to see what Isaac Mozeson has to say on the subject, go to Amazon.com and search for The Origin of Speeches: Intelligent Design in Language.

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Jewish Federation Community School - 924 Polk Boulevard - Des Moines, IA 50312 For \$36, a tree certificate will be mailed to the recipient. Your \$36 goes towards the purchase of trees, care and maintenance.

senior news

Senior Luncheon, September 14th - Noon at Tifereth Israel. Come join us and learn more about the services offered by Home Instead. Our two presenters will be Jan Collins and Mary Hammond, who will inform us of the wide variety of affordable, non-medical services that fit your lifestyle. Some services are light housekeeping, laundry, meal preparation, medication reminders and respite care.

Senior Luncheon on October 12th - Noon at Beth El Jacob

Come join us and put a little magic into your life with the magician Eric Anderson. It should be a fun and magical time!



We had a delightful time at our July luncheon with Jim Wangemann, "Fat Cat". He provided wonderful musical entertainment which brought joy to our hearts and warm memories to all present. We had our very own gifted dance with Jimmy Blair leading Broka Schwartzbaum, a beautiful, talented young lady, in a dance. What a precious sight to behold!

Thanks to Ruth Rapaport (seated), everyone who attends the Senior luncheons is greeted with a warm welcome. We appreciate her volunteering her time to assist us in documenting the attendance at each luncheon for our statistical report.



Federation Welcomes Milla Verkhov Karno



Milla serves as a case worker for Jewish Family Services. helps seniors with social problems and in making doc appointments.

Milla was born in Kiev, Ukraine and attended Kiev S University where she majored in English Language Literature. She came to the United States in 1993 and four position teaching Russian and English for students at a Rus Orthodox church. Later, having been invited by Compre Controls Corporation to work as a translator and interpredilla came to Des Moines. Her relatives here include Mik

and Frida Shapiro and Marina Staroselsky.

Milla's first husband, who was a doctor, unfortunately perished as a result of the d ter at Chernobyl. Her second husband works as a technician for PTM. Milla's son is in Kiev where he works as a computer designer. He has a family and Milla has a l granddaughter. Milla's sister resides in Kiev, as well, and her brother lives in Germany

Milla's interests include music, literature and theater.

The Federation welcomes Milla as a new employee and wishes her all success in important work with seniors.

Jewish Federation bids a sad farewell to Zina Drob, the Immigrant Support Coordinator, who assisted families from the former Soviet Union resettled by the Jewish Federation. Zina gave tirelessly of her time to make sure that their adjustment and acclimation to American society went smoothly and continued assisting them in areas such as transportation, medical translation and more. She will be missed as her family moves to Houston, TX.



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Wills Are for Everyone

"I don't need a will. My wife (or husband) and I own everything in joint names." "I don't need a will. My estate isn't that large."

The fact is that anyone with a family or property (and that includes most of us) needs a will - even those who have a revocable living trust.

A will is more than just a legal document telling how to dispose of property at death. A will can be the foundation of an estate plan that reduces estate taxes, provides security for those dependent upon us and remembers organizations we supported during our lifetimes. Without a will, a lifetime of saving and planning may be undone by the state's impersonal inheritance laws.

Reducing Estate Taxes

Generally, estates of \$2 million or less pass free of estate taxes. A nice home, savings, the value of life insurance, retirement plans and IRAs, business interests and personal property can quickly exceed \$2 million. The excess is taxed at up to 46%.

Bequests to the Des Moines Jewish Foundation entitle the estate to a charitable deduction. But none of this is possible without careful planning.

Without a Will, the State Decides

Each state has "intestacy" laws - rules governing how property is distributed where there is no valid will. Rarely will these intestacy laws mirror an individual's own wishes.

In most states, if there is no surviving spouse, children or grandchildren, the estate passes to distant family - some possibly strangers. There are no provisions for the estate to pass to a close friend or organizations such as the Federation, Foundation or your synagogue in the absence of a will.

The Trust Alternative

A revocable living trust can accomplish the same objectives as a will. But a will is still needed to name executors or guardians and to "pour over" some of your assets into the trust at death.

Keep It in the Family

Hiring your child to work in your company can be a good way to teach responsibility - and there are tax advantages, too.

- The wages of children under age 18 aren't subject to Social Security withholding or unemployment taxes.
- The salary you pay will be earned income, not subject to the "kiddie tax" rules that apply
 to investment income of children under age I8.
- The child can contribute to an IRA, up to the lesser of earned income or \$4,000 in 2006.
 It might be smart to fund a Roth IRA. The child foregoes the up-front deduction, but is probably in a low tax bracket anyway. You might offer to reimburse the child's contribution to encourage saving for retirement.
- Parents who own S corporations can reduce the income they must recognize, thereby saving on Social Security and unemployment withholding.
- The child can earn up to the standard deduction amount (\$5,150 in 2006) and not pay any income tax. And you can still claim the child as a dependent if you provide more than half of his or her support.
- When adding your child to the payroll, make sure the job is appropriate for the child's
 age and abilities and that the salary is reasonable for the work done, to avoid questions
 by the IRS.

Noteworthy Numbers

Charitable deductions totaled \$145.7 billion in 2003, an increase of 3.6% over 2002, even though the number of returns reporting charitable contributions declined by 4.4%. Contributions other than cash increased 10.9% over 2002.

Source: Internal Revenue Service Statistics of Income Bulletin, Fall 2005

"Kiddie Tax" Goes to High School

Unearned income exceeding \$1,700 -- dividends, interest, capital gains, distributions from most trusts -- of children ages 17 and younger will now be subject to tax at their parents' highest tax rates. This "kiddie tax" previously affected only the income of children under age 14. The tax does not apply to earned income from a job.

Parents and grandparents wishing to start a nest egg for those under 18 should consider growth stock, U.S. savings bonds or other assets that will grow in value without the need to report income in the years prior to the child reaching age 18.

Relief from the AMT - for a Little While

The bad news: Because the alternative minimum tax brackets are not indexed for inflation the way the regular tax brackets are, more middle income taxpayers are finding themselves paying the AMT - a tax originally intended for the wealthy.

The good news: Congress has boosted the AMT exemptions for 2006 in the Tax Increase Prevention and Reconciliation Act .

The reality check: A long-term fix for AMT would be costly, so the higher exemption levels will drop back in 2007, unless further changes are made.

The AMT is designed to make sure everyone pays a fair share of taxes. The AMT rates - 26% and 28% - are levied on a broader range of income than the regular tax. For example, under the AMT the standard deduction is not available and deductions are not allowed for state and local taxes. Taxpayers must pay the regular tax or the AMT, whichever is higher.

For 2006, the AMT exemption is \$62,550 for joint filers, \$42,500 for single taxpayers and \$31,275 for married couples filing separately. In 2007, the exemptions drop to \$45,000, \$33,750 and \$22,500 respectively.

Check with your tax professional about how the AMT - and the changes for 2006 - may affect you this year and next. Here are some strategies to consider:

- Before investing in municipal bonds or bond funds, ask whether they are AMT free bonds. The interest on certain municipal bonds used to finance non-governmental projects, while free from regular tax, is included in income for the AMT.
- Before selling appreciated stock, ask whether the additional income will cause you to exceed the AMT exemption amount. The proceeds may increase your state taxes, which aren't deductible.
- If you'll be subject to the AMT, you can sell appreciated stock held one year or less (short-term) and pay tax at a maximum of 28%, rather than the maximum 35% under the regular tax.
- Your children may be able to claim their own personal exemptions rather than having you claim them as dependents.
- Remember that charitable contributions remain deductible for both AMT and regular tax.

What's Ahead for Tax Changes

The Tax Increase Prevention and Reconciliation Act has made several changes that will take effect in future years:

- The 15% tax rate on capital gains and dividends (5% for those in the 10% and 15% tax brackets) were to increase to 20% beginning in 2009 (10% for lower income taxpayers).
 The effective date of the increase has been pushed back to 2011.
- The expensing allowance that permits businesses to write off the cost of certain equipment in one year, rather than take depreciation deductions over several years, was to drop from the current \$108,000 (inflation adjusted) to \$25,000 after 2007. The higher allowance has been extended through 2010.
- Currently, only taxpayers with income of up to \$100,000 are eligible to convert their traditional IRAs to Roth IRAs. In 2010, the income limitation is removed and the conversion income will be included equally in 2011 and 2012, allowing the tax to be spread.

Planning an Effective Will . . . a Test of Maturity

Someone once said that you can judge the maturity of a society by how well it prepares for its great-great-grandchildren. Mortality tables tell us that practically no one will ever see his or her great-great-grandchildren, much less have to explain the shape of the world they inherit. If we wanted, we could simply squander the world's natural resources, let our educational, health and cultural institutions fall into disrepair and generally carry on as if we were going to be the last people on earth.

But we don't do that. Most of us feel the tug of history, feel the need to be kindly judged by those who carry on. So we plan for generations of children we will never know ... and plant trees under whose shade we'll never sit.

Going to the trouble of having a will is a part of this kind of maturity. There are still people, of course, who won't make a will for the sole reason that "after I'm gone, I don't care what happens." Because you care, however, a will figures prominently in your plans for the future. Your will allows you to minimize "estate shrinkage" - from death taxes and other costs - that can rob your family of precious assets. It lets you nominate guardians or trustees to shelter and protect family members. And it enables you to direct, in a very personal way, how your property will be distributed. Your will, in effect, gives you the opportunity to improve the quality of life for your family for several generations.

There is one more thing you can accomplish with your will: You can make a bequest to our Foundation or your favorite charity.

We hope this information will help you in your will planning.

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Words

by David Friedgood



As I write this we are in the midst of a Des Moines summer with daily temperatures in the 90s. Our religious calendar has just passed 17 Tammuz –

the fast day marking the breach in the outer walls protecting Jerusalem by the ancient Babylonians over 2000 years ago. The 9th of Av (Tisha B'Av) - the day marking the destruction of both holy Temples in Jerusalem is just weeks away. We are now 'between the breaches' (bein ha-m'tzarim) between the first crack in Jerusalem's defenses and the final tragedy, the loss of the Temple (Lamentations 1:3). We then have 7 weeks of consolation in preparation for Yom Kippur and our yearly cycle of Jewish observance begins again. Outside the synagogue walls our fellow Jews are in mortal combat with the evil that surrounds them. This is particularly true in Israel where they are fighting a two front war against Hezbollah terrorists in the north and Hamas in Gaza. In every generation, it seems, we fight those who think Jewish blood is insignificant.

Our cycle of Torah readings has entered the final of the five books of Moses – D'varim – Words. The English title Deuteronomy reflects the nature of this book. It contains a series of addresses given by Moses before his death in which

he repeats scripture and lectures on the nature of Jewish law, belief, and practice. In it Moses passionately defends monotheism and lays the groundwork for the evolution of Judaism over the generations. Today, about 3,500 years later, we still follow his directions and struggle daily to live up to his expectations. In D'varim we find the quintessential Jewish prayer - the Shema: Hear, O Israel! The LORD is our God, the LORD is One (Deuteronomy 6:4). It is to be recited twice daily, on sleeping and arising. It is one of the first prayers we teach our children. Throughout the millennia Jewish martyrs have uttered the Shema with their final breath. As we prepare for communal self-reflection on Yom Kippur I think it useful to review this prayer and use it to explore the historic roots of our tradition.

The first word - Shema - means hear or more emphatically LISTEN. Pay attention Israel. To paraphrase Rabbi Joshua Heschel: Jewish prayer is an act of listening. We do not bring forth our own words. The self is silent; the spirit of the people speaks. In prayer, we listen to what the words convey. Only by truly listening can we hope to understand the meaning of our words.

The second word - Yisrael (Israel = wrestle with God) refers to our forefather Jacob who received the name Israel after wrestling with God's angel at the river

Jabbok. As descendants of Israel we struggle with our God daily, never complacent or content with the status quo. Our struggle is both collective and individual as each of us finds his or her own path to God's grace.

Next is the Tetragrammaton – the holy unpronounceable name of God. It comes from the Hebrew verb hayah – to be. A word spoken as an exhaled breath (Martin Buber). Hashem (God) will be what he will be. He is always present. He is in our world and in our lives. It is not for us mortals to fully understand His nature. Even Moses could not see God's face, only the effect that God has on the world as He passes by (Exodus 33:18).

Eloheynu is Hebrew for: our God. The word comes from Elohim, which is a plural form. Our God is all Gods, or whatever man imagines is divine. Eloheynu encompasses all things be they secular or profane. As human beings each of us has a belief system. We believe in God, in Atheism, Polytheism, Capitalism, Me-ism, etc. – you can't believe in nothing at all. Eloheynu encompasses all these belief structures and much more.

Finally, the word Echad or one. This is a clear expression of monotheism. Our God is undivided, unique, alone. He cannot be defined in finite terms. He has no human (anthropomorphic) features. His existence is not due to any cause. There is

no plurality in Him (Rambam). God is there is. He is not this and not that. The part of Him and He is part of us. It cannot be a separate entity as all that ex is God. To say something exists apart fround God is idolatry, contrary to the teaching the Shema. Our God is Echad.

For the Kabbalists the words of Shema assume cosmic significan Reciting this prayer brings harmony to world and hastens the day when the wo will be perfected (Tikun Olam). Fa Gods – evil, arrogance, slander, the w ship of material possessions, etc. – need be rooted out of our lives. This is our of gation as Jews, as human beings. Each of must find his own path and each path valid and correct as we follow the guidar of our greatest prophet Moshe Rabbe (our teacher Moses).

As we enter the High Holiday seas pray for the fulfillment of the vision Zechariah:

And the LORD shall be king over a the earth; in that day the LORD sh be one and His name one. (Zechariah 14:9)

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Kol Nidre

As described in the Jewish Encyclopedia (1906)

Prayer recited in the synagogue at the beginning of the evening service on the Day of Atonement; the name is taken from the opening words. The "Kol Nidre" has had a very eventful history, both in itself and in its influence on the legal status of the Jews. [It was] introduced into the liturgy despite the opposition of rabbinic authorities, repeatedly attacked in the course of time by many halakists, and in the nineteenth century expunged from the prayer-book by many communities of western Europe.

Form of Prayer

Before sunset on the eve of the Day of Atonement, when the congregation has gathered in the synagogue, the Ark is opened [and] two Torah-scrolls [are taken out]....

The cantor chants the Aramaic prayer beginning with the words "Kol Nidre," with its marvelously plaintive and touching melody, and, gradually increasing in volume from pianissimo to fortissimo, repeats three times the following words:

"All vows, obligations, oaths...which we may vow, or swear, or pledge, or whereby we may be bound, from this Day of Atonement until the next (whose happy coming we await), we do repent. May they be deemed absolved, forgiven, annulled, and void, and made of no effect; they shall not bind us nor have power over us. The vows shall not be reckoned vows; the obligations shall not be obligatory; nor oaths be oaths."

The leader and the congregation then say together: (Num. xv. 26).

"And it shall be forgiven all the congregation of the children of Israel, and the stranger that sojourneth among them, seeing all the people were in ignorance"

Origin

The tendency to make vows was so strong in ancient Israel that the Pentateuchal code found it necessary to protest against the excessive estimate of the religious value of

such obligations (Deut. xxiii. 23). Rash and frequent vows inevitably involved in difficulties many who had made them, and thus evoked an earnest desire for dispensation from such responsibilities. This gave rise to the rite of absolution from a vow ("hattarat nedarim") which might be performed only by a scholar ("talmid hakam"), or an expert ("mumheh") on the one hand, or by a board of three laymen on the other. On account of the passionate nature of the Jews and of Orientals in general, however, and in view of their addiction to making vows, it might easily happen that these obligations would afterward be wholly forgotten and either not be kept or be violated unintentionally. [...] The religious consciousness, which felt oppressed at the thought of the non-fulfilment of its solemn vows, accordingly devised a general and comprehensive formula of dispensation which was repeated by the Hazzan in the name of the assembled congregation at the beginning of the fast of Atonement. This declared that the petitioners, who were seeking reconciliation with G-d, solemnly retracted in His presence all vows and oaths which they had taken during the period intervening between the previous Day of Atonement and the present one, and made them null and void from the beginning, entreating in their stead pardon and forgiveness from the Heavenly Father.

This is in accordance with the older text of the formula as it is preserved in the "Siddur" of Amram Gaon [...] The "Kol Nidre" was thus evidently developed from the longing for a clear conscience on the part of those seeking reconciliation with God. The date of the composition of the prayer and its author are alike unknown; but it was in existence at the geonic period. Articles from the Jewish Encyclopedia are in the public domain.

Sukkot (Feast of Tabernacles)

Starts the evening of Friday, Oct 6 and concludes with an 8th day, Shemini Atzeret, Oct 14

The Festival of Sukkot begins on the fifth day after Yom Kippur. The holiday commemorates the forty-year period during which the children of Israel were wandering in the desert. Sukkot is also a harvest festival.

In honor of the children of Israel in the wilderness, people dwell or at least eat their meals in temporary shelters. This shelter is called a sukkah. The sukkah has at least three sides and a partially open roof covered with greenery. Part of the fun of sukkot is decorating the sukkah with fruits and, in the United States, autumn vegetables like corn and squash.

Another observance during Sukkot involves what are known as The Four Species or the lulav and etrog. The lulav consists of a palm branch, a myrtle branch, and a willow branch bound together. The etrog is a citrus fruit native to Israel and is held separately. With these four species in hand, one recites a blessing and waives the species in all six directions (east, south, west, north, up and down).

The Board and Staff of the Jewish Federation of Greater Des Moines

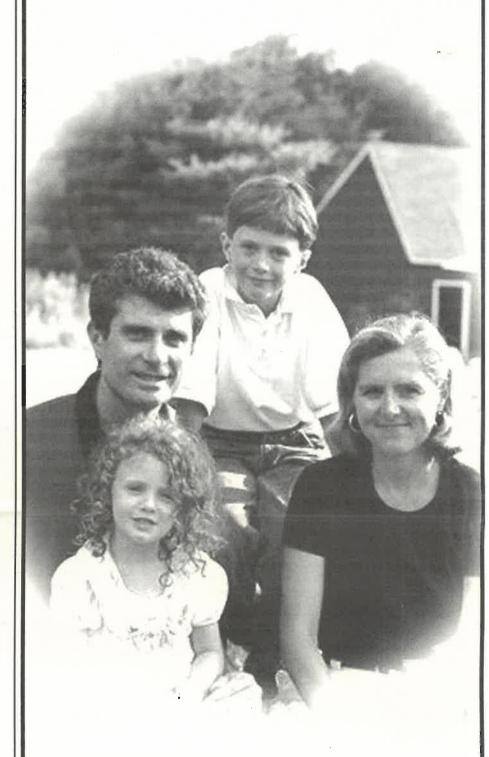
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.... A sweet and happy New Year, 5766

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"Call Jonathan Yentis, he's an expert in oregano."

Jonathan Yentis's Trip to Lebanon



Jonathan Yentis flanked by Lebanese colleagues

Jonathan Yentis: A little over two-and a half years ago, I was contacted by a group that was contracted by the Agency for International Development [USAID] if I would be interested in doing a seminar on the growing of high quality oregano and other herbs. They were looking for an expert in oregano...

Jewish Press: You're an expert in oregano?
JY: Yes. I worked for Tone Brothers Spice
Company, at the time, in product development and quality assurance. Back in the
1990's there was an adulteration problem
with oregano coming out of Turkey and as a
result, I was part of a group, probably the
leader of the group that set up a new standard. But oregano was only one of the
herbs I was working with. So somebody got

my name and asked if I was interested, we would like to start in Beirut....

JP: ...in Beirut...

JY: Yes...and then he said, we would like you to visit with the growers and the processors in the Bekaa and in the Jezine areas of Lebanon. So I traveled those areas, and a little bit north, along the coast of Beirut – literally down to the Mediterranean, there are excellent growing conditions, particularly if you use greenhouses and are able

to grow through the winter.

JP: So what did you find?

JY: I found that they had a tremendous capability, but the difficulty is that they are not Third World, so their costs of production are higher and it's tough competing with Third World countries, where costs are lower. The purpose of the whole thing through USAID was threefold: to increase tourism, to show the world Lebanon's high quality olive oil, and to sell Lebanon's herbs and spices.

JP: Where did you stay?

JY: I stayed in a very nice hotel in downtown Beirut and we would taxicab to the offices, and other than that, I was picked up and we would drive around the country.

JP: What was it like?

JY: Beirut, of course, was the Paris of the Middle East. When I was there, probably something like half of it was restored [after the Lebanese Civil War]. To eat on this giant square area which was commercial during the week and on the weekends, turned into big restaurants, was magnificent; absolutely beautiful. And the other half of it was bombed out. The person I was working with there said that after the Civil War, Beirut was mostly nothing but wild dogs and weeds, and you could then still see that in areas.

JP: Did you see any aspects of strife when you were there?

JY: No. All the recent bombing activities were primarily south of the city, or in the southern suburbs and I was downtown, for the most part, and of course there, it looked like any downtown First World city of commerce, and the port looked the same way. But when you buy something in a store, you don't know whether someone would say, Shukran [thank you, in Arabic] or merci.

JP: Did you see any evidence of a Jewish community in Lebanon?

JY: No evidence of a Jewish community; I did not ask.

JP: How apparent was religion within society?

JY: I saw no evidence of religion, in terms of anybody speaking of religion, other than the fact it was known that Lebanon was 55% Christian, 12% Orthodox, and 33% Muslim. JP: Did you see any Syrian presence?

JY: Oh, yes. The Syrian presence we over, particularly as you got out of the particularly going towards the Bakaa going to the south, all of a sudden would see troops marching along the way, and it would be pointed out to these were Syrian. When I would ask the foreign troops were doing in Leba the Lebanese would ask me what we doing in Iraq. Interesting.

JP: Was Lebanon militarized?

JY: Not really. In downtown Beirut, ce buildings had a presence of either policion soldiers, maybe one on each corner you couldn't tell whether that was for tary purposes or just good policing commercial area.

JP: And your thoughts now?

JY: I believe that the olive oil facilities v further north in Lebanon, presumably away from the bombing, but certainly other herbs and spices and horticult crops may have been affected. But evenot, would these people be able to get t produce to a market? And, of course, me the interesting thing is that I can't back to Lebanon on my passport if I werget it stamped in Israel. There is no dimatic relationship between Lebanon a Israel. If you've been to Israel, you can't to Lebanon; if you've been to Lebanon, can go to Israel.

JP: Very interesting. Thank you for sling your reminiscences with us.

JY: You're welcome.

Seek peace and pursue it.

Proverbs 34:14

In 5767, be part of the solution - HADASSAH

"The war is 'far away' - yet only two to three hours drive. It's as if you're sitting in New York City and Albany is bombarded. Or as if you are in Los Angeles and rockets hit San Diego...As remote as we are, located in Jerusalem, we at the Hadassah Medical Organization are inseparable from the war in the North. We have friends and relatives there, we have children serving in the army there, and what's more important—it is our home there, too."

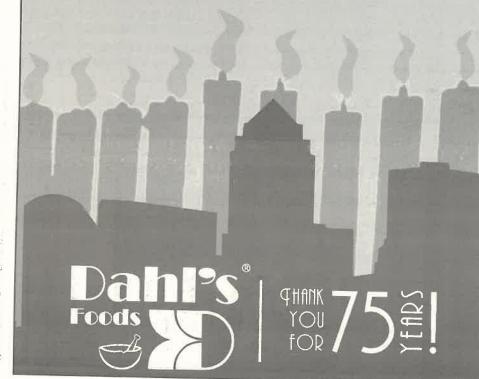
Ron Krumer, Director of External Affairs at the Hadassah Medical Organization

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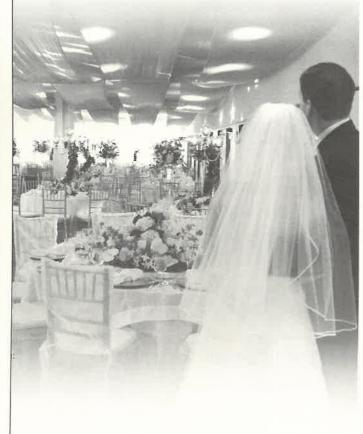




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Guide for the Perplexed

Chapter 2: There's always fresh material on jewishdesmoines.org



With apologies to Maimonides, Guide for the Perplexed is a series devoted to exploring the Federation's website jewishdesmoines.org and its links.

It's a fair question to ask: Does anything ever change on the website? The answer may surprise you: there is a lot that changes daily and more that changes on a weekly basis -- to keep the content fresh. And that is important to us because if we have fresh content for you to read - content of high interest -- we know you will be more likely to visit the website often.

To begin with, on the front page of the website, we have a news ticker from the Jerusalem Post, providing you with up-tothe-minute headlines. It is one of several news tickers embedded on pages of our website, enabling you instant access to breaking news. We also have a new picture every weekday supplied to us by the Jewish Telegraphic Agency (JTA), along with news blurbs to keep you informed of issues affecting the Jewish community. The news blurbs appear on the bottom of the middle column of the webpage. This is material changed automatically, several times a day, via a new method of syndication -- RSS, standing for Real Simple Syndication. (Many of the top websites display an orange-colored RSS icon, indicating that their articles are formatted to be gleaned by news aggregators and whose titles can be placed directly on any web page, for you to click on and access.)

Also on the front page we have panel called "What's to read?" and c it, there are links to parts of our websiyou might not otherwise find. There's link to read about the "Currer Situation in Israel." On that page, w are sent a picture that changes dail along with several different sets of nev items -- RSS feeds including those from the important www.DailyAlert.com and the Israeli Foreign Ministr It's right there for you. You can read th current editorials from the Israe newspapers, scan some currer headlines displayed on the webpage an watch a news ticker change conter every few minutes. How more curren can one possibly get?

Back to the front page, again Additional links from the "What's t read?" panel take you to fresh item

about Arts & Leisure and examples of current Jewish blogging, notably the musing of the young, high-profile Jewish activis and entrepreneur Yosef Abramowitz.

Now, on to other areas. The fact that virtually each of the listings on the navigation bar (the left-hand column of the webpage) contains automatically updated items on their pages. Jewish Life a wonderful section that contains regularly updated human interest stories, note about Jewish women's history, holidatems, and a summary of the weekly Toraportion. (All these are supplied by affiliates of the FedWeb system, to which we along with some 90 other Jewish Federations, subscribe.)

Similarly, on the Jewish Learnin page, you will find RSS headlines to articles from a very fine source MyJewishLearning.com. The Jewisl Community Relations page lists curren press briefings from the White House. And the Israel/World Jewry page has curren information including a weekly column about Jewish communities throughout the world. Additional RSS feeds will be added to our website as they become available.

In sum, there is always something new to read on jewishdesmoines.org. We hopeyou will visit it often, not only to connect you to upcoming programs in the community but, as well, to open doors to the scintillating Jewish life going on in the blogos phere and beyond. Enjoy.

up-to-the-minute headlines
jewishdesmoines.org

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annual report 05-06



Toni Urban, President



Elaine Steinger, Executive Director

Friends.

This has been an important year for the Jewish Federation of Greater Des Moines. We are committed both to raising funds to serve the basic human needs of the Jewish people, and improving the reach of Jewish values through education and outreach. 2005-2006 was indeed an eventful, value producing year for our Federation. At our recent Annual Meeting in June, we reported on both our successes and challenges (See July/August 2006 Jewish Press, Page 3). As we begin a new year, we are excited about our plans to enhance services, develop new programs, and to best keep you informed about developments in the Jewish world. We welcome your interest and involvement in all aspects of the community.

For this special High Holy Day issue of the Jewish Press, we hope you will "kvell" along with us on the scope of activities in which we have been involved. Truly our enterprise succeeds because of the talent of numerous boards, Pillar chairs, volunteers and you. Throughout the year, we measure the work of the Federation by the impact of our five pillars: Jewish Education, Jewish Family Services, Resource Development, Community Relations, Caspe Terrace Programming and Facilities. We encourage you to let us know about your ideas and interests. There is a special niche for everyone and we look forward to utilizing your time creatively and productively.

As we write this letter, Israel continues its fight against terrorism. We have all been glued to the television and watching the escalating situation unfold. As we pray for the people of Israel and a long-term resolution to the crisis, the Jewish Federation has been involved in advocacy and coalition building work on its behalf. Once again, the Jewish community of Greater Des Moines raises its voice in solidarity and support in Des Moines, Israel and around the world. Answer the call... Give generously to the Israel Emergency Fund.

Shanah Tovah u'metukah- A safe, sweet and Happy New Year to you, your family and loved ones, and Shalom for the Jewish people.

From Toni Urban, President and Elaine Steinger, Executive Director









The mission of the Des Moines Jewish **Foundation** is to support the programs and services of the Jewish Federation of Greater Des Moines. Currently, assets of the Foundation are approximately \$15,000,000. Of these, \$9,500,000 are designated or restricted for a specific use for Federation or beneficiary agencies. \$2,100,00 are Donor Designated or Philanthropic Funds. \$800,000 are held as audited promises to give. In addition, the Foundation holds \$3,000,000 in Unrestricted Endowment Funds. \$1,000,000 is kept as a set-aside fund for a "Tzedakah Fund" for residents at the Jewish Life Center. The Board of Trustees will have only \$2,000,000 undesignated funds for special projects. Foundation also has commitments of future gifts totaling \$7.5 million.

The following are the Designated Funds used for community-wide programs and services through Federation: The Steven Blank Leadership Fund, The Nussbaum Adult Lecture Fund, The Abe Clayman Sports Fund, The David Tobis Tzedakah Fund, The Suzanne and Larry Engman Charitable Fund, Caspe Endowment including Bookey, Bucksbaum and Staroselsky Funds, The Belin Family Federation Outreach and Welcoming Fund, The David and Hannah Gradwohl Family Endowment for Public Programming on Iowa Jewish History, The Fred Lorber Charitable Fund, Shalom Home Fund, The Perpetual Annual Campaign Endowment Fund (PACE), The Badower/Cohen Fund, The Iowa Jewish Senior Life Center, The Iowa Jewish Historical Society. These funds are managed under stewardship of the Des Moines Jewish Foundation and its investment authority and restricted for uses as designated by their donors.

Directors responsible to determine policy, raise, man-

Foundation funds provide for Jewish programs for which monies may not otherwise be available. Within the Des Moines Jewish Foundation are hopes and dreams; security and strength – and, indeed, the future of the community. Don Blumenthal is Foundation President, Elaine Steinger is the Executive Director

The Foundation is governed by a Board of age and distribute funds to ensure continued growth.

The Rita Kreft Senior Transportation Fund is the Des Moines Jewish Foundation's first Charitable Gift Annuity. This Annuity helps Rita earn financial returns on an investment in the Jewish community. Rita will receive a guaranteed income of 10.2% on her annuity and the Senior Adult Program and the lowa Jewish Life Center will gain a fund established to transport seniors to events and programs that they could not otherwise attend.

The Steven Blank Leadership Fund was established to continue Steve's commitment to the development of the young leadership in our

Jewish community. The Fund has grown to \$500,000 and can now provide sufficient income to provide a full program of development for leadership in conjunction with the Federation and all the Synagogues.

These are just two examples of how the Des Moines Jewish Foundation helps the Jewish community SUPPORT TODAY AND SECURE TOMORROW.

with many different projects and programs. One highlight included our

The Jewish Federation Community School (JFCS) serves as the Sunday/Hebrew school for Temple B'nai Jeshurun and Tifereth Israel Synagogue. JFCS operates through the Jewish Federation of Greater Des Moines. We have been able to offer Jewish education (formal and non-formal) and various community activities with the Federation's assistance through the All-In-One Campaign.

Throughout the 2005-2006 school year, our students were active

11th & 12th grade students visiting Germany through the Bridge of Understanding Program offered by the German government. Twelve of our students plus two chaperones from Des Moines took advantage of this educational program during the summer of 2005. David Goldman was the Education Pillar Chair. Susan Madorsky was President and Lyanna Grund is Principal of the Jewish Federation Community School.

Rick Recht, the top-touring artist in Jewish music, performed a family concert in January of 2006. Our students, along with the Ames Congregation religious school, participated, on stage, during this concert.

In January, our 6th grade students participated in the "Kids to Kids" program for the Project Elijah Foundation. Students listened to a speaker who shared information about Argentina. Students then completed personal art projects that were to be taken back to Argentina and shared with the Jewish children from the orphanage.

In February, eleven 8th & 9th graders participated in a Holocaust Museum Trip to DC. Over the last two years in our school, these students have studied different aspects of the Holocaust. Our weekend was jam-packed with many grand events.

Other programs included: our annual Ohringer Family Education Day in December, which centered around Chanukah and included learning about the spirituality, history, traditions and family cooking for this holiday, our school Purim Carnival with crafts, games and a costume parade in March.

The 3rd Annual Women's Seder was organized through JFCS this year and was attended by many of our community women as well as our school's mothers and daughters. Cantorial soloist Laura Berkson led our service with many wonderful tasty Passover recipes.



Engman Camp Shalom After over 50 years of existence, four years ago our campsite moved from an outside ground area under an open shelter to the beautiful building we are currently using at The Caspe Terrace in Waukee. We strive to provide quality programs where children experience personal and social growth; become cooperative and interactive with fellow campers; meet and associate with children of various backgrounds and faiths; learn to accept responsibility for personal and group actions; and create a camping environment in which Jewish activities and recreation are combined.

Our eight week camp is open to all children in our community. Our program consists of swimming lessons, field trips, drama, arts, sports, games, Jewish camp songs, blessings, Jewish values and a concentration on Israeli Culture. Also, each year, two Shlichim, Israeli Ambassadors, spend a summer at our camp sharing their knowledge and love of Israel.

Our numbers this summer for camp have already exceeded our numbers from the summer of 2005. Compared to last year, we have over 90 campers registered with more Jewish families participating and more campers signing up for additional weeks.

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ewish Education



At the end of the 2005-2006 fiscal year, **The Caspe Terrace** has housed many memorable events including the Federation's Annual Picnic, Michal Cohen performance, Beautiful Women's Workshop, IJHS Fall Event, 92nd Street Y live broadcasts, closing with the the Federation's 92nd Annual Meeting and ice cream social featuring Crossroads Jazz Ensemble. The facility has also accommodated many private celebrations, as well.

The Caspe Terrace Facility committee has made careful decisions in managing the Building Endowment funds to continue maintenance and beautification of the building and grounds. Our facility is completely maintained by endowed funds managed by the Jewish Foundation. At this time we are completing a project to better manage our watershed on the grounds and stained the cedar siding this past summer. In order to protect our many guests to the Caspe Terrace we have equipped the facility with an AED and trained our staff in administering CPR.

We are pleased to note that we have received a gift of professional recording equipment from Zona and Harry Pidgeon to the Bucksbaum auditorium. We now have the ability to record and document historic events in the auditorium.

The Caspe Landscape Committee is chaired by Debbie Gitchell; The Caspe Facility Committee was chaired by Polly Oxley for 05-06 and both staffed by Tom Wolff, Marketing and Facility Director.

Caspe Terrace Programming

The Des Moines Jewish Federation provides outstanding programs at its community facility, The Caspe Terrace, to strengthen Jewish identity of individuals and families and to ensure quality Jewish experiences for Jews of all ages and backgrounds. Jews need arenas and environments where Jews can find an easy welcome. Our programming provides opportunities for multiple gates of entry where Jews enter Jewish life and where they enhance their personal Jewish journeys.

Our goal for programming is to plan a variety of approaches to inspire and guide individuals and families to move along their Jewish journeys. We are developing new programs that engage an even broader cross-section of the community in areas of substantive Jewish involvement. We also plan to strengthen existing and forge new collaborations and partnerships in order to leverage resources and maximize impact.

Caspe Terrace Program Committee is chaired by Judy Blank and Vicki Givant, and staffed by Federation Assistant Director Steve Reitman.

Live from the 92nd Street Y™, now in its fourth year, uses satellite technology to simultaneously broadcast the Y's renowned educational and cultural programming to community organizations across America.

Last year's broadcasts included a panel to explore a new book on working or staying at home- "Mommy Wars;" an examination of the crisis in Darfur, Sudan; reflections on amazing careers of film makers, the Weinstein Brothers, broadcast icons Barbara Walters and Mike Wallace; Nobel Prize Laureate Eli Wiesel; and Rabbi Joseph Telushkin on personal integrity.







2nd Annual "Beautiful: Mind, Body and Spirit" More than 70 of Des Moines' luckiest women learned about how to incorporate super foods into their lives, how to make beautiful spring wardrobe choices that work, how to take care



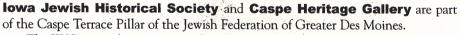
of their skin, their bodies and relax while enjoying the company of beautiful women for a few short hours!

Love Letters, an off-Broadway play starring Phyllis Mumford and Kent Sovern was on stage at the Caspe Terrace in November. Love Letters is a bittersweet romance between 2 lovers that

share humor, love and regrets through correspondence beginning in childhood.

Community Picnic Becoming a summer tradition, the community family picnic offers Jewish community members to gather, to celebrate and enjoy being with each other.





The IJHS's core objective is to collect, house, catalogue, and preserve the history of the Jewish people in the state of Iowa and to deepen community understanding of Jewish history and culture through educational programming and exhibitions. We serve as a resource to schools and other community organizations, both in the Jewish community and the people of the state of Iowa. The Caspe Heritage Gallery and archives are located in the Bucksbaum Fine Arts Wing at The Caspe Terrace. Each year the Historical Society offers a Fall Event dinner with a presentation by the guest speaker; the presentation is held at no cost and open to all. The IJHS's Board of Directors is comprised of approximately 25 people, and the President is Joyce Swartz and Director is Krys Phillips.





The Iowa Jewish Historical Society's 2005 Fall Event was held at Caspe Terrace. Guest speaker was Des Moines native Robert Silverman, Director of the Iraq Reconstruction and Economic Affairs Office at the State Department. The IJHS 2006 Fall Event will feature Dr. Steven Phillips. former Cardiac Transplant Specialist at Mercy Hospital and co-founder of the Iowa Heart Center. This event will kick-off the Caspe Heritage Gallery's exhibit on Iowa Jewish Medical History.

The Caspe Heritage Gallery currently displays Iowa Jewish Business items, Holocaust artifacts, Military items, as well as family artifacts and religious artifacts. Our archives preserve family and business memorabilia so that future generations will know about their roots in lowa. Our gallery recently acquired the personal papers and accompanying rewards and citations of Arthur Davis, former mayor of Des Moines, attorney, and member of the US Holocaust Commission. We are in the process of creating a research center for people interested in learning more about Jewish History.

Jewish Family Services

Jewish Family Services (JFS), in existence since 1905, supervises and directs such activities as are necessary to conserve and develop family life in the Jewish community and the general population in Des Moines. It plans, implements and evaluates direct services to individuals and groups. The entire program serves over 750 people per year throughout the State of Iowa.

JFS is a multi-service agency which provides counseling, emergency financial assistance, immigrant support, advocacy services, and information and referral. We seek to ensure access to healthcare and employment, in addition to an emphasis on senior care for the fragile and homebound. Overall goals of the Senior Adult Services include keeping

senior adults in their home and self-sufficient for as long as possible JFS advocates on behalf of senior adults to attain and access services with in the community that will fulfill basic living needs i.e. transportation legal, psychiatric and medical services as well as facilitating opportunities for recreational, cultural, educational and social interaction with others.

Jewish Family Services is a United Way Agency. The Pillar Cha is Barb Hirsch Giller, MSW. JFS is staffed by Rabbi Berel Simpse Agency Director, Pat Nawrocki, LBSW, who is the Project Service Manager for O.A.S.I.S., Milla Verkhov-Karno, Immigrant Suppor Coordinator, Lois Brown, Arica Wright and Dorothy Clarke, who assis in our senior adult care.

Tzedakah Fund JFS assists families and individuals with close to \$50,000 in cash disbursements. This money is distributed to those who need assistance with rent, utilities, gas to get to work, medicine, and other personal needs. Recipients go through a comprehensive review to be able to qualify for these funds. This money is distributed to both Jewish and non-Jewish clients. We have been able to assist so many people because of the generosity of the David Tobis Fund, the Zuckert Family Foundation, among others. In addition, we assist Jewish clients who are mentally or physically disabled, through the Shalom Home Fund that we administer. In all, over 200 families receive assistance from us in this manner.

Immigrant Support Over the course of the last 25 years, JFS has relocated a few hundred families from the former Soviet Union. As the number of these refugees has dwindled significantly, our focus is to support the immigrants who are here, especially those who are ill or elderly. We have a staff member dedicated to providing for their needs in the areas of transportation, medical interpretation, deciphering the maze of local social service agencies and offices, as well as referrals to needed services. There are also cultural events that are organized at The Caspe Terrace and throughout the metro area, for community members.

This past Mother's Day, May 14th, JFS co-sponsored **Come Laugh With Mom**, a night of fun and laughs celebrating the mothers and seniors of our community. It featured comedian Joel Chasnoff, and was hosted at Temple B'nai Jeshurun. Funds were raised for the JFS Tzedakah Fund



OASIS The new, popular, successful and growing OASIS program has radiated out into the community and touched the lives of Seniors, 60 years and older, by offering programs to assist the Seniors to remain independently in their own homes, among family members and friends, so that they may continue to feel the safety and security of their homes.

As of June 2006, 68 Seniors have had a complete assessment of their needs. Following the assessment they have been connected with supportive in-home services.

Transportation One of the greatest needs for the OASIS Seniors was transportation. Due to the high percentage of Seniors needing rides to doctor's offices, grocery stores, senior luncheons, etc., the OASIS program decided to meet that challenge and fill that gap with a volunteer program providing transportation.

Senior Adult Activities Our Senior Adult programs have seen a fantastic increase in attendance! How delightful it is to observe a twinkle in someone's eyes, smiles that light up a room, embracing of one another, talk of hope for their future, volunteering to help one another and pitching in to make these luncheons and activities a success...

The Jewish Community Relations Commission (JCRC) plays an important, on-going role. We constantly monitor both the needs and interests of our own community along with attitudes and actions in the general community that affect the Jewish community, in its diversity.

Our efforts to help educate our fellow Iowans about ourselves is important not only because we remain a minority in society, often with special needs, but also because we have specific capabilities that can be employed to benefit the community-at-large. In this way we are very much guided by Hillel's dictum, in all its aspects: "If I am not for myself, who am I? But if I am only for myself, what am I? And if not now, when?" Sheldon Rabinowitz was the JCRC Chair. Mark Finkelstein is the JCRC Director.

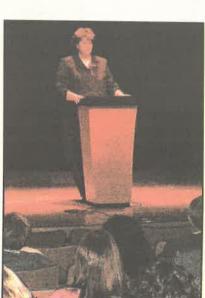
Coalitions & Advocacy For participants in the Greater Des Moines Partnership's mission to Washington, D.C., JCRC arranged and conducted visits to the US Holocaust Memorial Museum and to the Embassy of Israel to hear from Israel's Minister of Economic Affairs.

JCRC participated in programming and planning after the Katrina disaster and continue coalitional work on behalf of the residents of Sudan, who are being subjected to genocide.

A JCRC delegation met with leadership of the district Presbyterian faith community to discuss the denomination's national plans to selectively divest from companies involved with the Palestinian territories. In addition, JCRC spearheaded statewide action that ultimately led to Coe College's statement acknowledging and repudiating the anti-Semitism expressed at the Sabeel Conference held on campus.

Teachers' Institute One hundred and fifty teachers came to this year's 27th program. Participants had an opportunity to view the Holocaust-themed documentary Paper Clips, to hear directly from the teacher in charge of the project described in the film.

Yom Hashoah and Yom Ha'Atzmaut Programs for Holocaust Remembrance Day were conducted at Glendale's Holocaust Memorial and at Levitt Hall at Drake University. The Drake program was coordinated with a tour of a US Holocaust Memorial Museum traveling exhibit displayed at Cowles Library. For Israel Independence Day, JCRC presented a lecture on the founding of the State of Israel.





Communication projects Computer networking is enhanced through the **Weekly Updates**, the Federation's new website, **jewishdesmoines.org**, which connects our community and its activities, along with providing news and links to Jewish resources nationally and internationally. and the **Jewish Press** produced 6 times a year and distributed free of charge to our community.

Connections with Israel JCRC maintains close communication with the Israel Consulate in Chicago and participates in the Des Moines/Israel Partnership (P2K) which serves as a cultural, educational, social, and economic development bridge between us and our partner region, the Western Galilee. The Federation conducted a Mission to Israel this past year, which included a visit to a school in our partner district.

Jewish Community Relations Comission

The Greater Des Moines Jewish community is a family. Even if we don't all know each other, we take care of each other. This is the Jewish way. We invest in our children. We demand justice for those who cannot advocate for themselves. We make certain our elderly have the best care possible. And when our fellow Jews are in crisis, we are there. We live generously.

Serving as an umbrella for the Des Moines Jewish community, the Federation carefully examines local and overseas priority needs and allocates accordingly. Because Federation giving touches so many lives, one gift is maximized to support many programs that ensure a strong and vibrant Jewish community.

Currently, our 2006 All-In-One Campaign has surpassed \$830,000.

MBASSY SUITES HOTELS

As the campaign winds down, we ask that community members who have not yet made their pledges do so at their earliest convenience. Be counted among the hundreds in Central Iowa who seek to make a difference in creating, sustaining and enhancing Jewish humanitarian programs and services locally, in Israel and around the world.

The Federation thanks board members, community leaders, staff and all others who have solicited countless contributions and attended numerous events and meetings.

Thank you to the Jewish community. Your values inspire us. Your strength empowers us. You are the Jewish Federation- you are our family - giving to others, taking responsibility and acting with lovingkindness. 2006 All-In-One Campaign - Your giving does a world of good.

2006 Campaign Kick-Off Event featuring Dr. Deborah Lipstadt An audience of over 300 was held in rapt attention by noted scholar and author Dr. Deborah Lipstadt in September 2005, as she addressed the topic: Holocaust Denial as False History. The program celebrating the kick-off of the 2006 All-In-One Campaign, enabled Dr. Lipstadt to discuss some of the more interesting aspects of the important libel trial in England.

Our Lions of Judah While every dollar counts, there has been extraordinary movement in women's giving. It is called the Lion of Judah. And it is roaring. Our Women's Philanthropy Division has assumed an increasingly significant role in raising funds for the "All-In-One" Jewish Federation Campaign. In Des Moines, we are proud that today we have 14 Lions, giving individually over \$5,000, joining nearly 12,000 other women in the U.S.; 900 in Canada; and more than 13,000 worldwide. Additionally, we are fortunate that 3 have endowed their Lion to help secure the future of the Jewish community.

Our Pomegranates Honor and commitment are symbolized by membership in another esteemed Jewish Women's Division philanthropic group. The Pomegranate was chosen as a symbol because it is one of the seven fruits the Torah mentions.

Belonging to the Pomegranate Division is a unique group of Jewish women who make a minimum donation of \$1500 to the "All-In-One" Campaign and are committed to bringing Jewish values to life through Tzedakah, righteous giving. In Des Moines, we are proud of the 18 women who choose to wear a beautifully designed Pomegranate pin.

Lions and Pomegranates Enjoy New York Experience

Eight extraordinary Jewish women returned from a very special New York Mission for Federation's Lion of Judahs and Pomegranates. Participants on the trip not only had a great time together, they had an opportunity to experience Jewish history in an amazing way, covering the Jewish museums, the Lower East Side, synagogues, and wonderful shows.



Michal Cohen Concert

The "All-In-One" Campaign presented "The Bubbly Taste of Israel" to a full-house in January featuring Israeli songwriter/singer, Michal Cohen at The Caspe Terrace. Michal, and her accompanist Oded Lev-Ari brought the colorful music of Israel to life. Participants at the event also enjoyed an evening of wine tasting to add to the festivities.



Super Week '06 was a great success thanks to our cadre of wonderful volunteers who joined together to reach hundreds of community members about our work to enhance Jewish life in Des Moines, in Israel and around the world.

The February fundraising effort consisted of several phone sessions and direct mail, with commitments of over \$55,000 from hundreds of donors. The response was heartwarming. The Jewish community gained a better understanding about the programs and services of the Federation. More

and more are connected. Many people responded positively to the new campaign brochure which they had received before the calls.







Jewish Federation of Greater Des Moines

Honor Roll 2006

Thank you to the Greater Des Moines Jewish community for gifts to the 2006 All-In-One Campaign. The donors listed here have made commitments as of August 1, 2006.

Major Gifts

Division/Sapphire and Ruby Lions of Judah \$10,000 ÷

Don Blumenthal Margo Blumenthal Harry Bookey Martin Brody Bernice Caspe z"l Caspe Family Des Moines Jewish Foundation -PACE Fund Lawrence Engman Louis Hurwitz Maddie Levitt The Levitt Foundation McAninch Corporation Marvin Pomerantz Gail Richards Stanley Richards Stanley Seidler Tim Urban Toni Urban Alan Zuckert

Major Gift Division/Lions of Judan \$5,000 – 9,999

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Leadership Gifts/Pomegranates \$1,500 - 4,999

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Mitzvah Division \$613 - 1,499

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Boris Volfson Aleksey Vulf Gennady and Neilya Vulf Jacob and Paula Waizman Nancy Waldman

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Jonathan and Tammy Yentis Rita Zaprudsky John and Debra Zieman Valeria Zilbermints

Viktor and Viktoriya Zilbermints

Alex Zlobin Jack Zohn

Irwin and Rosalie Zuckerman Anonymous (122)

Please call the Jewish Federation at 277-6321 to make your All-in-One Campaign pledge. The Honor Roll will be updated in apcoming issues of the Jewih Press. We apologize for any errors in this printing.

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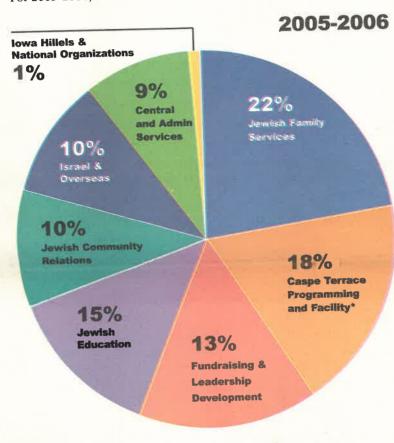
Mission Statement

The mission of the Jewish Federation of Greater Des Moines is to further the continuity and welfare of the Des Moines, Ames and other Central Iowa Jewish communities, and to enable these Jewish communities to maximize their resources by facilitating the coordination of the philanthropic, educational and cultural activities of the congregations, Federation Pillars, donors and volunteers; and to support financially the requisite programs to fulfill its responsibility to Israel and World Jewry.

The Jewish Federation Budget: In-Perspective...

The Jewish Federation completed fiscal year 2005-2006 within its planned budget. The Federation's revenue of \$1,628,161 consists primarily of income from the "All-In-One" Campaign, Federation-designated & Des Moines Jewish Foundation Funds, and United Way. It also includes tuition, fees, membership and advertising income.

The Federation allocates funds for programs and human services within its major pillars: Jewish Education, Jewish Family Services, Resource Development, The Caspe Terrace Facility and Programming, Jewish Community Relations and Central Services/Administration. For 2005-2006, allocations were:



For 2006-2007, the approved budget projection is \$1,799,648.

22% Jewish Family Services

Senior Adult Services Counseling and referrals Tzedakah Fund

18% Caspe Terrace Facility

Cultural Arts and Community Programming Iowa Jewish Historical Society *Facility endowed by DMJ Foundation Funds *Programs funded by Federation allocation and DMJ Foundation Funds

13% Fundraising & Leadership Development

All-In-One Campaign
Foundation
Community major speakers
Outreach
Annual Meeting

15% Jewish Education

K-12 Jewish Community School Ames Jewish Congregational Religious School Supplemental Education Adult Jewish Leadership Institute Engman Camp Shalom

10% Jewish Community Relations

Church/State issues
Holocaust education
Israel Advocacy
Civil Rights
Jewish Press
Marketing and Communications

10% Israel & Overseas

United Jewish Communities Missions Partnership with Israel Israeli Shlichim

9% Central Services/Administrative Services

Occupancy, legal, audit, bookkeeping, maintenance

Staff

Elaine Steinger Executive Director

Steve Reitman Assistant Director

Rabbi Berel Simpser Jewish Family Services

Lyanna Grund JCFS; Engman Camp Shalom Mark Finkelstein

Community Relations
Thomas Wolff

Marketing and Facility Director

Linda Vander Hart Controller

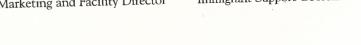
Shirley Harrison Accounting Assistant

Dorothea Gamel Administrative Assistant

Pat Nawrocki OASIS Case Manager

Krys Phillips Director, IJHS

Milla Verkhov-Karno Immigrant Support Coordinato





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Israel Crisis Fund

Established by the Jewish Federation of Greater Des Moines

The Challenge: Violence wreaked upon northern Israel this summer is having a devastating effect on some of the country's most vulnerable communities. Thousands of recent immigrants have been forced to spend hours upon hours in bomb shelters hiding from the hundreds and hundreds of Hezbollah's Katyusha rockets. Some of those being victimized arrived in Israel only just weeks ago. Many elderly in the North of Israel, too, are stranded without proper food and medical services as their caretakers stay home to hide from the rockets.

Des Moines has a partnership the Western Galilee in the northwestern part of Israel. Our region continues to be hit hard and directly. Acco, the kibbutzim and towns within the municipality of Mateh Asher, and the Western Galilee Hospital are all in our partnership region. We know the people. They are Jewish, they are Arab. They get along together. They are our friends.

Our response. We must each, as best we can, support our community's Israel Crisis Fund to provide immediate funds in this emergency. Our community would like to send \$100,000 as soon as we can, through the community's central agency, the Jewish Federation of Greater Des Moines.

100% of all contributions to this fund will be immediately sent to Israel.

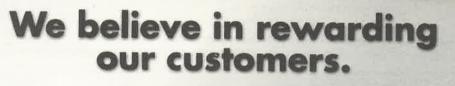
While we hope and pray that the crisis will soon be over, the needs of these vulnerable communities will continue on after the crisis is over. Our funds will go to one or more:

- · Purchase of shrapnel-proof flak jackets for firemen fighting fires caused by katyushas
- · Support for our partnership district's, Western Galilee Hospital, hit by katyushas and damaged
- · Retro-fitting of bomb shelters with emergency light fixtures and air conditioning, in Acco, in our partnership district.
- · Emergency kits to entertain and engage young children confined to bomb shelters
- · Summer camps and programs for displaced children from the north, who had to be relocated for safety purposes to central Israel
- · Emergency kits for elderly and children
- · Training for volunteers including first-aid and fire department certification
- · Trauma support for children and families
- · Trained volunteers for families with special needs children
- · Telephone check-ins and meals-on-wheels for homebound elderly
- · Continuation of programs in safer areas with visually impaired and physically disabled youth

To make a donation to The Jewish Federation's Israel Crisis Fund: Send your check today to: **Israel Crisis Fund**, Jewish Federation of Greater Des Moines, 910 Polk Blvd, Des Moines, IA 50312; Authorize use of your credit card. Or contribute directly online at jewishdesmoines.org

For additional information contact the Federation at 277-6321 x 218 or e-mail jcrc@dmjfed.org

Since the Hezbollah war began: Western Galilee Hospital has taken in the largest number of casualties of any hospital. Western Galilee Hospital moved its ER three times, besides having to divide it among three buildings. The old building is not safe for patients and staff during an attack. Trauma ER is now a row of beds in the hallway of the imaging center.





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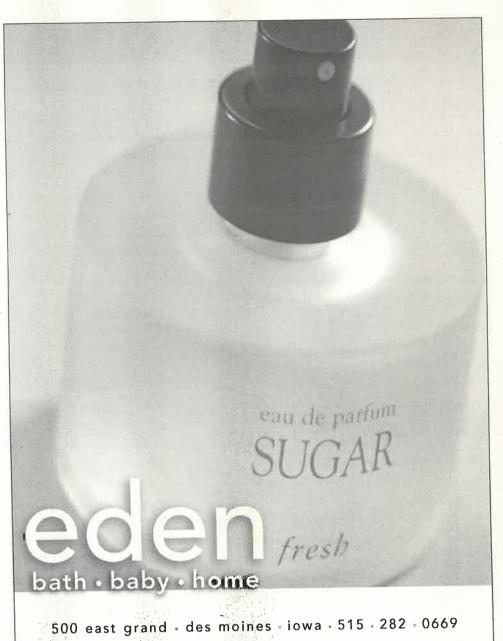
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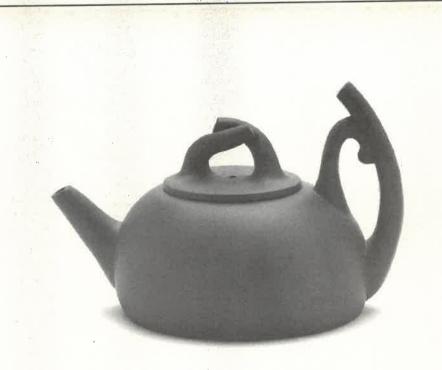
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TRIO-X PERFORMS OCTOBER 5 Jazz Comes To Caspe Terrace, Where Else? by Abe Goldstien

As a boy in New Orleans, jazz legend Louis Armstrong was befriended by a Jewish far often joining them for Sabbath meals and zemiroth. It's no wonder that there has bee close connection between Jews and jazz ever since.

Consider the story of Alfred Lion and Francis Wolff, two German Jews who escaped Nazi regime, came to America and started Bluenote Records, one of the most respected labels ever. There's the story of Max Gordon, the proprietor of The Village Vanguar Greenwich Village, one of the oldest jazz venues in the world. The number of Jewish promoters and critics is endless — George Wein, Nat Hentoff, Joe Segal, Joe Goldberg Gitler and Joel Dorn to mention a few. Throughout the history of jazz, Jews have enjoyed prominence as musicians — Sonny Berman, Serge Chaloff, Red Rodney, He Mann, Stan Levey, Steve Lacy, even Des Moines' own Frank Perowsky and his son, Be

"With such a strong connection between Jews and jazz, Caspe Terrace is a nat choice for a jazz concert," comments local jazz fan Abe Goldstien. On Octobe Goldstien, leader of the Java Jews and creative director for Trilix Marketing Group, present one of today's most prolific avant-garde jazz groups — Trio-X — on the stage of Bucksbaum Theatre at Caspe Terrace.

Duckstadin Frederical

Organized in 1997 to play at New York City's Vi Festival, Trio-X features bassist Dominic Duval, saxophonist trumpeter Joe McPhee and drummer Jay Rosen. Individu each performer in Trio-X is a major improviser in their own r Duval, who has regularly appeared with pianist Cecil Taylor major force on the avant-garde jazz scene, recording in settin diverse as solo bass performances to big bands. McPhee, w early 1970 recordings on the CJR label are sought after by lectors worldwide, plays with a singular soulfulness, clarity honesty. A master of all things percussion, Rosen has p

with a who's who of contemporary jazz musicians including Anthony Braxton, Simmons, Paul Smoker, Jaco Pastorius, Dr. Lonnie Smith and others.

Together, Trio-X explores the possibility of collective improvisation, often taking known jazz standards like My Funny Valentine, 'Round Midnight and Blue Monk int far reaches of the avant-garde. According to McPhee, each Trio-X performance is lone off painting, created in the moment. Themes may appear and reappear from tirtime, extrapolated or referenced from a treasure trove of source material in full know that familiarity can breed contempt."

Accompanying the band for its Iowa performance will be Bob Rusch, editior of Cad Magazine, an internationally recognized bastion of avant-garde jazz. Rusch will be recognized bastion of avant-garde jazz.

"Music this unique and intimate requires a performance space of equal stature, Goldstien, who worked closely with the Jewish Federation to make this event po Based on the success of this concert, Goldstien plans to organize an ongoing series at Caspe Terrace events.

Tickets for the 8:00 p.m. performance of Trio-X on October 5 are \$20 for adul

\$15 for high school students. In addition to the evening's performance, members of Trio-X will be conducting a workshop on jazz improvisation for area music students.

For more details about the performance or workshop, contact Abe Goldstien at 515-279-6452 or via e-mail at abe@trilixgroup.com.

Trio-X Discography On Tour (Cadence1134); In Black and White (Cadence1144); The Watermelon Suite (CIMP 183); Journey (CIMP 283); The Hill Suite (CIMP 320); Moods (CIMP 328)



About Abe Goldstien

Since arriving in Des Moines to attend Drake in 1969, Goldstien, director of conservices for Trilix Marketing Group, has a long history of presenting groundbreaking central Iowa. In 1972, he presented the Joe Farrell Quartet at Hoyt Sherman Pla 1984, he brought pianist Barry Harris and tenor saxophonist Al Cohn together for duo performance at the Des Moines Playhouse. In 2001, he celebrated his 50th be by presenting pianist Jessica Williams at First Christian Church. In 2003, he helped sor William's return to Des Moines with a Civic Music Association performance at Shuditorium. Most recently, he was instrumental in bringing bassist Henry Grinnell, Iowa. Goldstien is also co-chair of the Greater Des Moines Jazz Hall of Fall emcees the monthly student jam sessions sponsored by the Community Jazz Center.

FEDERATION MEMBERS: PRESENT THIS COUPON AND RECE

\$5.00 Off

of the admission price of one adult or student tick for the special performance of **Trio-X** 8:00 p.m. October 5, 2006 at The Caspe Terrace

n the Kitchen With Joyce Swartz

y Karen Engman



ryce Canar Swartz was born in Omaha, 'E but has lived in the Des Moines area for 5 years with her husband Ben. They met 1 a blind date fixed up by mutual friends in ioux City where Ben was managing a toy ore. As Joyce tells it, "...they met in July 1 d were married by the following May" 1 d then moved to Des Moines where Ben 1 arted his business Toyfair which eventually 1 ew into a chain of 14 toy stores. Needless 1 say, their house was a popular place to 1 ay for all the neighborhood kids!

The Swartz's love to travel and Joyce's ue eyes sparkled when she talked about king their two sons David and Donald on ad trips in rented motor homes. David and his wife Denise live in Des Moines ith their daughter Sarah (15) and son om (12), while Donald and Karen live in

Kansas City with daughter Miriam (11) and son Aaron (7).

Joyce has been involved in our Jewish community for many years. She has chaired the Iowa Jewish Senior Life Center Guild board, the Golden Ball, Federation's Women's campaign and the Temple B'nai Jeshurun Sisterhood. She was on the staff of the IJSLC as the part time volunteer co-ordinator and especially enjoyed being their song leader on two Fridays every month. In fact, it doesn't take much effort to encourage Joyce to "break out in song."

They may not appreciate it at the MAJ table but her grandchildren love their Grammy's ability to find a song for every occasion. She may even have passed on that "singing gene" to her granddaughters since Sarah sings in the Roosevelt High School swing choir and Miriam just played a lead role in the musical Suessical.

As a tour guide, once employed by Des Moines Tours owned by her friend Renee Robinow, she had no trouble handling the microphone on the bus but said the hardest task was keeping track of everyone on the tour. Joyce laughed when she recalled one tour that

made a stop at Drake University when all the ladies refused to leave the bus because it was raining. Joyce is still using those same skills as she guides tours through the Caspe Heritage Gallery in her capacity as President of the Iowa Jewish Historical Society.

Joyce still plays tennis and golf but finds time to cook too. She and Ben traditionally host lunch after the morning Rosh Hashanah service. They welcome both family and friends to share food, discuss the sermon or news of the day and to wish all l'shana tova.

Her delicious Nectarine Salad is unusual since it does not call for any leafy greens. It may still be quite warm on September 23 so a cool salad might be the perfect accompaniment to a late Rosh Hashanah luncheon.

The JEWISH PRESS thanks Joyce for sharing her recipe and tidbits of her life with our readers. If you have a recipe to share or want the Press to find a particular recipe please contact Karen Engman (515-274-3300)

Marinated Nectarine Salad

A Recipe from Joyce Swartz

Pareve

2 nectarines, sliced

1/2 lb mushrooms, quartered

1 cup cherry (or grape) tomatoes

1/2 cup pitted ripe olives

1/3 cup green onions

6 oz jar of marinated artichoke hearts (with marinade)

Mix together:

1/3 cup vegetable oil

1 1/2 TBsp fresh lemon juice

1/4 tsp salt

1/4 tsp pepper

1 tsp sugar

1 tsp dried tarragon

1/2 tsp dried thyme

Mix dressing with cut up fruits & veggies and refrigerate at least 1 hour before serving (can be made a day ahead)

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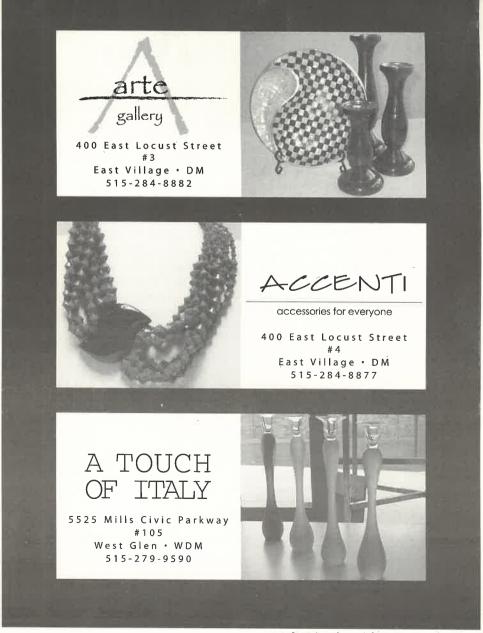
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[commentary]

Shooting Oneself in the Head: The Palestinians

by Paul Liptz, Tel Aviv University

For a mere four decades I've been asking myself a very complex question- how can it be that the Palestinians constantly shoot themselves in the head? -which is even worse than shooting themselves in the foot.

In 1968 I was in Gaza with the Israeli army on a day long tour. I was appalled by the depressing nature of Gaza City which had been under Egyptian rule from 1949 to 1967. The dirt, smell and chaos had a major impact on my thinking and I became one of the many Israelis who, with time, realized that the slogan "Gaza for the Palestinians" was an excellent idea and that Israel had nothing to gain by being in this heavily over-populated corner of the earth. Many of us were convinced that self-rule or autonomy as suggested in the Oslo Accords of the 1990s was an excellent starting point.

I was also ambivalent towards the West Bank/Judea and Samaria area. Hebron in mid-June 1967 was filled with angry and humiliated residents. Israel had won the Six Day War while Arab propaganda had totally confused the populace into thinking that the Jewish State would be quickly smashed. Many of them were fearful that Israel would take revenge, remembering the 1929 massacre of the Hebron Jewish community.

As years went by, I became convinced that the Palestinians, gaining from the vibrant Israeli economy, should become more accepting of the Jewish State. As this was clearly not happening, it became obvious that there was only one solution- create an independent Palestinian state in Gaza and the West Bank. Clearly it didn't satisfy their dreams, but then one could give over a dozen cases of countries unsatisfied by their borders. For example, Hungary, after being defeated in the First World War lost 70% of its territory and 60% of its population. Hungarians reluctantly came to terms with this and have spent their efforts developing a vibrant new society.

Throughout history, borders have changed and, when losing a war, one pays a painful price. There are numerous ethnic, language and other groups who yearn for sovereignty and will never achieve it. Israel dreamed of being a larger State and some Israelis certainly yearned for a return to the Biblical borders. But life is the art of compromise. For the last decades, I've been hoping that the Palestinians, realizing that they would not get all the land they wanted, would at least develop the areas that they had received.

The summer of 2005 was a pivotal moment in Middle Eastern history. With the painful removal of Israeli citizens from Gaza, the Palestinians would now have a chance to build their own country with no one holding them back. I was excited about the possibilities of industry, schools and hospitals rising out of the torn desert soil, a population grappling with the challenges of state-

hood and life being better for the local residents. I was hopeful that the Palestinians would be more successful than the rest of the Arab world and that, with money from the oil rich states and the expertise and financial support of the west, would move forward. It was a "once in a lifetime chance" of real happiness and prosperity.

As a student of Zionism, I have delved into the trials and tribulations of the painful Jewish period of 1945-1948: from Holocaust to Statehood. I have marveled at the energy and faith of the little State of Israel placed in the conflict torn Middle East. The Palestinians in 2005 were in a much better position. As part of the 1.3 billion Muslim world and its political and moral support, the love of the intellectual left, the approval of the west and the support of friends in Israel, they could certainly succeed. Sadly, this has not happened.

Tragically, the Palestinians have not just shot themselves in the foot, they continue to shoot themselves and each other in the head. As Abba Eban pointed out in his oft-repeated quote: "they never miss an opportunity to miss an opportunity"

Every concerned human must ponder why they continually manage to foul it up. For how long will they blame Israel, the Jews, America, Europe, Egypt, Jordan? When will they become responsible for their own destinies? Over the years, during disturbing discussions with Palestinian colleagues, I have become increasingly frus-

trated. Permit me to suggest why they harmed themselves so severely- and I this with a deep sense of pain.

1) Bad leadership. Arafat believed myths are real and he never managet down to the nitty-gritty of bu institutions. He spent his life devel a mirage that disappeared as soon died. This is what happens to the ous desert walker on a hot summer And who replaced him? The democally elected Hamas leadership i committed to deception, influence frightening distortion of their relig

2) Wasted resources. Let's recall the esty of David Ben-Gurion who or unnecessary extensions to his Tel house and lived in a modest hut of Boker. The norm of early Israel to use the limited funds available for needed national causes. Palestinian ers squandered the money earmark the people which they received Saudi Arabia, the Emirates, An and Europe. There has been accountability. Mercedes Benz at biles and Italian tiles have been from the mouths of a poverty-st population.

3) Killing Israelis appears to be a gitself. When will they realize that will not disappear and that their is totally self-destructive?

ructive? continued on t

Statement issued July 13, 2006 by the Jewish Federation

Israel Defends Against Islamic Terrorist War

The Jewish Federation of Greater Des Moines condemns the attacks upon the State of Israel launched by Islamic terrorists in Gaza and Lebanon. The Islamic war to destroy Israel is apparently being coordinated by Syria, Iran and the Palestinian Authority, led by Hamas. Hamas is listed as a terrorist organization by the United States, the European Union, Canada and Australia. Hezbollah, Iran's agent, is responsible for killing hundreds of Americans, and Iran, through its President Ahmadinejad, has continually threatened Israel with extinction.

Israel's operations in Gaza and Lebanon are aimed at rescuing its soldiers, halting continuing rocket fire and deterring further attacks on its citizens.

As far as the current situation, which continues to worsen by the hour, this much is known: Ever since Israel relinquished Gaza last summer, enabling the Palestinians to make something positive of their opportunity to govern that territory, terrorists have launched nearly 1,000 rockets from Gaza into Israel, onto Israeli Christian, Jewish and Muslim civilians. The reality is that Hamas has squandered the opportunity and has, instead, again destroyed the possibility for peace for the Palestinian people.

In addition to the continuing rocket attacks, the present crisis was precipitated by terrorists having tunneled from Gaza and abducted an Israeli soldier on Israeli soil. The war on the Lebansese front was also initiated from territory voluntarily evacuated by Israel, and there, too, Hezbollah abducted soldiers.

Hezbollah's rockets have now rained down on the Des Moines Jewish community's sister city in the Western Galilee. We are in contact with our friends from Western Galilee Hospital and are being apprised of conditions in the region and means being taken to serve the civilian population, Arab and Jewish alike, who are at present living in bomb shelters.



We are fully confident that Iowans understand the need for Israel, which is one-fifth the size of Iowa, to defend itself and moreover that Israel desires peace and has made significant concessions for peace time after time. We ask the public to continue its support for Israel as it contends against forces determined to end its existence.

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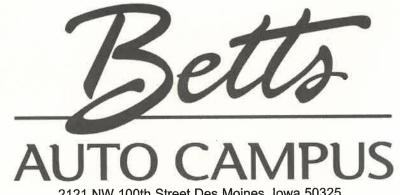
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Backgrounder: Hezbollah/Hamas War on Israel

By Lee Green, of CAMERA: Committee for Accuracy in Middle East Reporting in America, online at camera.org

- Hezbollah is an Islamist terrorist organization sponsored by Syria and Iran that seeks the
 destruction of Israel, the death, expulsion, or subjugation of all Jews in Israel, and strives
 to establish a Shiite theocracy in Lebanon. It is responsible for murdering Israelis,
 Americans and Argentinians, including the 1983 bombing attack that murdered 241
 U.S. Marines sleeping in their barracks in Beirut and the bombing of the Jewish
 Community Center in Buenes Aires in 1994 which killed over a hundred civilians.
- Israel does its utmost not to harm civilians, but in a war where Hamas and Hezbollah hide among the civilian population, civilians will inevitably be killed. Israel should not be held to a standard of perfection while the Arab countries and terror organizations are held to no standard at all.
- Hezbollah is lobbing hundreds of rockets into Israel, seeking to harm and terrorize Israeli civilians. Israel, in contrast, seeks to prevent harm to Lebanese civilians. Before Israel began its large scale military attacks, Israeli planes dropped leaflets warning Lebanese civilians to leave any area in which Hezbollah was operating or living. Hezbollah locations are well known to Lebanese residents/neighbors, and if the neighbors remained nearby despite Israel's warnings, their subsequent injuries or deaths are unfortunate, but hardly Israel's fault. Hezbollah is ultimately responsible for all the deaths precipitated by its unprovoked aggression against Israel.
- Hezbollah and Hamas target Israeli civilians, while Israel targets Hezbollah and Hamas terrorists, combatants and their infrastructure. This includes Hamas and Hezbollah leadership, weapons supplies, training bases, bomb workshops, as well as any infrastructure that could be used to resupply the terror groups with weapons or terrorists from abroad. This is a key reason the roads to Syria have been bombed, as well as the airport. Allowing Hezbollah unlimited access to arms from Iran and Syria would lead to an even longer war with even more deaths on both sides.
- Israel's military response is aimed at degrading the abilities of Hamas and Hezbollah to
 threaten Israeli citizens in the future with ongoing barrages of rockets. Israel also seeks
 to deter future kidnappings or attacks against its soldiers by making it clear that the
 consequences will be severe.
- A prisoner swap with terrorist organizations would only encourage future hostage-taking by the terror organizations. Prisoner swaps by previous Israeli governments have been repeatedly cited by the terrorists as justification for their current tactic of kidnapping Israeli soldiers.
- Israel withdrew entirely from from the buffer/security zone in southern Lebanon in

- May of 2000 and its full withdrawal was even confirmed by the UN Security Council. The Hezbollah demand for Israel to "return" Shebaa Farms to Lebanon is just a pretext to continue fighting Israel, because Shebaa Farms was formerly Syrian territory, not Lebanese. Israel gained the territory from Syria in the Six Day War in 1967 and the land's ultimate fate will be decided in negotiations between Syria and Israel. Hezbollah cannot claim to be bombing Israel to liberate Lebanese territory. Their goal is to destroy Israel and murder Jews.
- Since 2000, Hezbollah has launched numerous unprovoked attacks against Israel, including the firing of rockets and mortars at civilian areas, the abduction and murder of several Israeli soldiers, and the kidnapping of an Israeli civilian. They have also used these six years to indoctrinate, recruit, train and heavily arm themselves in their quest to destroy Israel. While Hezbollah does provide useful social services for the community, the goal of this work is to alienate the Lebanese from the more moderate government and to recruit and indoctrinate people to support Hezbollah and their extremist aims instead.
- UN Security Council resolution 1559 demands that the Lebanese government disarm the terrorist group Hezbollah, but they have failed to do so. To the contrary, the Lebanese government took no steps to disarm Hezbollah and even allowed Hezbollah to run in elections and now they are part of the government. Hezbollah's extremism and violence against Israel are an immediate threat not just to Israelis, but to the authority of the Lebanese government, to the rule of law and order, and to the wellbeing of Lebanese citizens.
- Syria and Iran must be pressured by the international community to stop providing
 funds, weapons and a safe haven for terrorists. Syria and Iran are the primary supporters of Hezbollah and Hamas. Iran has reportedly provided Hezbollah with 100 million
 dollars and Syria provides a safe passage for weapons and terrorists from Iran to
 Lebanon, and is also a haven for the terrorists.
- Like the United States and other sovereign nations, Israel has the right and duty to
 defend itself from attacks that target its soldiers or civilians. No responsible government would remain passive after daily rocket barrages against its civilian population
 and/or the killing and hostage-taking of its soldiers.
- The Palestinian attack by Hamas came after Israel, in August 2005, unilaterally removed all Jews and Jewish communities from Gaza and turned over the entire Gaza Strip to the Palestinian Authority (PA) in a painful quest for security and peace.

continued on page 29

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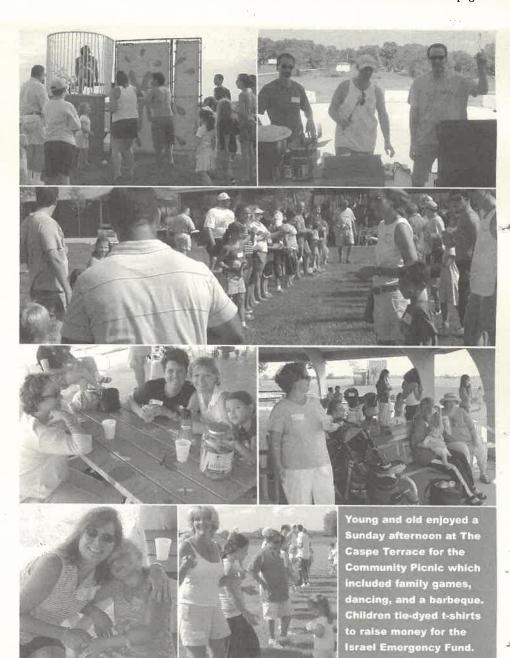
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[from our congregations]

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	Sunday September 17	Shacharis	9:00 a.m.
	Monday September 18	Mincha	7:00 p.m.
	Thru Thursday September 21	Selichos followed by Shacharis Mincha	6:30 a.m. 7:00 p.m.
	EVE OF ROSH HASHANA	Will folia	7.00 p.m.
	Friday September 22nd	Selichos followed by Shacharis Candle lighting	6:45 p.m. 6:54 p.m.
شر	MAY ME ALL DE INCODIDED 9 OF		
	MAY WE ALL BE INSCRIBED & SE 1st Day of ROSH HASHANA	ALED FOR A GOOD YEAR!	
	Saturday September 23	Shacharis	8:30 a.m.
	No Shofar or Tashlich	Mincha	6:45 p.m.
		Candle lighting	6:54 p.m.
	2nd day of BOSH HASHANA		
	2nd day of ROSH HASHANA Sunday Sept 24th	Shacharis	8:30 a.m.
	Sunday Sept 24th	SHOFAR BLOWING	10:00 a.m.
		TASHLICH	5:00 p.m.
		Mincha & Maariv	6:30 p.m.
	Monday September 25	William & Wideli	0.00 p.m.
	FAST OF GEDALIA	Selichos & Shacharis	6:30 a.m.
		Mincha	6:45 p.m.
	Tuesday September 26		
	Thru Friday September 29th, 2006	Selichos & Shacharis	6:30 a.m.
		Mincha	6:45 p.m.
	SHABBOS SHUVA		
	Friday September 29th	Mincha	6:30 p.m.
	riday Copionibor Zoar	Candle lighting	6:42 p.m.
	Saturday September 30th, 2006	Shacharis	9: 00 a.m.
	,,	Mincha & Seudas Shleeshis	6:30 p.m.
	EVE OF VOM KIRRUR		
	EVE OF YOM KIPPUR Sunday October 1	Shacharis	9:00 a.m
	Sullday October 1	Early Mincha	3:00 p.m.
		Candle lighting	6:39 p.m.
		Kol Nidre	6:30 p.m.
	Monday October 2nd	Shacharis	9:00 a.m.
	YOM KIPPUR	Yizkor	11:00 a.m.
		Mincha	5: 00 p.m.
		Neilah Service	6:15 p.m.
		Yom Tov & Fast Ends	7:45 p.m.
	Monday October, 2nd, Break th	ne Fast, Sponsored by Sisterhood	8:00 p.m.
	Tuesday October 3rd thru Thursday		7:00 a.m.
		Mincha	6:30 p.m.
	EVE OF SUCCOS		
A	Friday October 6th	Shacharis	7:00 a.m.
		Mincha	6:30 p.m.
		Candle lighting	6:30 p.m.
	1s Day of SUCCOS	Shacharis	9:00 a.m.
	Saturday October 7th	Mincha & Maariv	6:15 p.m.
	Catalday Colober 7 th	Candle lighting	7:28 p.m.
	2nd Day of SUCCOS	Shacharis	9:00 a.m.
	Sunday October 8th	Mincha	6:15 p.m.
	•		
	CHOL HAMOED (Intermediate Day	•	7.00
	Monday October 9th thru Thursday October 12th	Shacharis	7:00 a.m.
	Thursday October 12th HOSHANA RABBA	Mincha Shacharis (Long Service)	6:15 p.m. 6:30 a.m.
	Friday October 13, 2006	Mincha & Maariv	6:30 a.m. 6:15 p.m.
	1 Huay October 13, 2000	Candle lighting	6: 19 p.m.
	SHMINI ATZERES	Shacharis	9:00 a.m.
	Saturday October 14th, 2006	Yizkor	10:30 a.m
	COME DANCE	Mincha & Maariv	6:15 p.m.
		Candle lighting	7:16 p.m.
	SIMCHAS TORAH COME DANCE	& CELEBRATE SIMCHAS TORAH	HAKAFOT
	SIMCHAS TORAH	Shacharis	9:00 a.m.
	O. and and Oataban 45th 2000	Ministra	C-1E m mm

^{*} Remember to show our Gratitude to Ha-Shem by coming to Daily Minyan and participating in Synagogue Programs!! Each and every one of us counts and we need all of you to keep our progress & success continuing!

Yom Tov ends

6:15 p.m.

7:23 p.m.

Mincha

INSTALLATION OF RABBI BERYL ELAYNE PADORR OCT. 6 AT TIFERETH ISRAEL



Tifereth Israel Synagogue will celebrate the installation of Rabbi Bervl Elayne Padorr on Friday, Oct. 6. Events will include a dinner at 6 p.m. followed by services at 8

p.m. and an Oneg Shabbat. Attending the dinner is not required to attend services and the Oneg. Gov. Tom Vilsack has been invited as one of the guest speakers.

Rabbi Padorr, Des Moines' first woman rabbi, received her ordination from the Ziegler School of Rabbinic Studies, University of Judaism in LA in May. In 2002, she earned the following degrees:

Master of Arts in Education, Fingerhut School of Education, University of Judaism

University of Judaism

• Master of Arts in Rabbinic Studies,

Ziegler School of Rabbinic Studies,

• Bachelor of Literature in Hebrew Letters, Ziegler School of Räbbinic Studies, University of Iudaism Previous experience includes Shomm

Torah Synagogue in West Hills, Calif Congregation Or Chadash in Scottsdale Ariz.; and Congregation Beth Shalom i Kansas City, Mo. Padorr had a previou career in communications and fundraising Call 255-1137 for reservations.

B'nai Mitzvah



Josh Dubansky Saturday, September 2 Temple B'nai Jeshurun

Julie & the late Stephen Dubansky are pleased to announce the Bar Mitzvah

of their son, Josh Dubansky, September 2, 10:00 a.m. at Temple B'nai Jeshurun. The community is cordially invited to a Kiddush luncheon following services.



Leah Bunkers Saturday, September 9 Temple B'nai Jeshurun

Becky & Doug Bunkers are pleased to announce the Bat Mitzvah of their

daughter Leah Bunkers on September 9 at 10:00 a.m. at Temple B'nai Jeshurun. Leah is the granddaughter of Stanton Coleman, Sioux City and the niece of Sara Coleman, Norwalk. A Kiddush luncheon immediately following the service.



Thomas Swartz Saturday, October 21 Temple B'nai Jeshurun

David and Denise Swartz invite the congregation to join us as their son,

Thomas Swartz, is called to the Torah as a Bar Mitzvah on Saturday, October 21, at 10:00 a.m. A Kiddush luncheon will follow the service.

Mazel Tov

Devorah Geller graduated Summa Cum Laude from Morningside College and will attend graduate school at Conservator of Brooklyn College in Brooklyn, NY.

Devorah, a member of the Sioux City Symphony for 4 years, has recently performed at Beth El Jacob Mother's Day Brunch and at the Annual Tribute Dinner.

Devorah is the daughter of Les Geller and granddaughter of Jerry and Barbara Gelle

Abby Gershowitz, daughter of Michael and Tova Gershowitz, graduated from the Yeshiva of Greater Washington girls' divisio an orthodox Jewish day school in Silver Spring, Maryland. She studied in their dual Hebrew-English curriculum and earned the school's special award for excellence in Judaic studies. Abby is continuing her stud ies first at the Neve Yerushalayim campus, Jerusalem and later at the State University of New York, Albany. She is interested in communications and social work.

In Memoriam We note with sorrow the recent passing of

Stephen Dubansky Ann Farber Melvin Land Frank Leiserowitz David Mintzer Harry Simon



The 38th annual B'nai B'rith Sports Hall of Fame dinner was held May 8 at Temple B'nai Jeshurun. Pictured (left to right): Jack Banghart, accepting the honor for his late brother, Bill Banghart; Hall of Fame honorees Don Graves, Marcus Kroloff, Jim Neswold, George Davis, Sports Night Committee Chairman Irv Kawarsky, honore Tarry Cory, president of the Des Moines B'nai B'rith chapter, Dr. Steven Eckstat, and Master of Ceremonies, Larry Morgan.

Sunday October 15th 2006

The Iowa Jewish Senior Life Center

Life's Only Constant(s)

by Stephen P. Blend, M.H.A. Along with death and taxes, there is really only one other "constant" in life - viz. Change.

As our lives unwind in myriad directions, our imperative is always to move in harmony with the ebb and flow of life, i.e. to change. We must meet and master each change - whether as a willing participant in the process or as a leaf floating down life's white rapids, surrendering to the inevitabilities of our day-to-day existence.

L'Dor, V'Dor - "from one generation to another" - we all move through the years of our lives, experiencing the "passages" which are both common and unique to us and to those we love and cherish. Although a genuinely small number of persons ever needs the kind of nursing services which The Iowa Jewish Senior Life Center provides, if and when that need comes to us - through "... the thousand natural shocks that flesh is heir to,..." - it is the avowed mission of The Senior Life Center to try and respond. However, The Life Center's commitment to serving the needs of the members of its community of support must be considered in an historical context.

For most persons, if they have had any interaction with a nursing home, it was probably decades ago. At that time, when the care needs of parents, and most especially grandparents, exceeded what could be offered at home, the prospect was to turn to the community-sponsored nursing facility - "The Home." Where loved ones were expected to be resigned to spending their last days in a care environment far different than what we have today.

Until the advent of the Medicare Program in 1964, nursing facilities were largely unregulated, and the quality of care offered was quite the hit-or-miss affair. Whether or not a facility was able to truly meet the care needs of the individual resident was almost irrelevant. The Home was the place to go, and you went.

Family members had to reconcile their emotions with the reality of their abilities and resources to continue to provide care to their loved-ones in a non-institutional setting, i.e. their home(s).

When the often angst-ridden decision was made to "put Mama/Papa in The Home," the question was rarely raised whether or not The Home could adequately care for Mama. It was, simply, and sometimes regrettably, the only option.

Fast-forward to the nursing facility of 2006. The forty years since the regulatory juggernaut set sail have been filled to overflowing with increasing regulation of nursing facilities - both by the state and federal governments. What was once common place is now completely unacceptable - taboo. The kinds of conditions which a licensed nursing facility can accept has narrowed. What was once "all things to all people." has become "only those things which you can properly take care of" - or else.

The reality, however, is that those whose only experience with The Home is buried deep within the memories of their experiences with their bubbes and zadehs and are tethered to a time when nursing facilities were essentially free to admit any and everyone - regardless of the facility's ability to meet the care needs of the individual. As that time recedes into history, there will always be the inevitable instances when compassion confronts capability. When expectations run up against the limits of available resources.

It is wholly unintended to consider that the changes in the regulatory process have been entirely negative. While the oppressive burden of regulations, however well intended, does take valuable resources away from direct resident care functions, the net effect of many regulations has been to drive the changes which have had a positive impact on the overall health and welfare of nursing home residents.

The Iowa Jewish Senior Life Center remains ever cognizant of its responsibility to its community of service to provide those services which are essential to the well being of our elders. The most pressing issue of recent years has been the inability of The Senior Life Center to provide sophisticated memory care services within the context of current programming.

continued on page 31

[next generation]

Pauline Altman

By Robin Bear



Pauline Altman has big ideas, big dreams and a big work ethic. She and a friend spent this past year writing a movie script that they expect to begin filming in the fall. Pauline will also act in the film her friends hope will be sent to Colorado to compete in the Telluride Film Festival.

When Pauline discovered her interest in acting, her mom suggested she get involved in drama at school. Initially she dismissed the idea because of severe stage fright, but she decided to

explore the world of theater slowly. She took a class at the Des Moines Playhouse taught by casting director Ann Wilkinson, and afterwards she joined the technical crew of the Valley High School play, "Frankenstein." The more she learned about acting the more her stage fright diminished.

Pauline's hopes of seeing the Broadway show "Wicked" came to fruition when the Valley High School drama department announced plans to travel to Chicago last June. The group saw the shows, "Wicked" and "Spamalot" and got a tour of the city's amazing architecture. According to Pauline, who had never been to Chicago, the trip was a perfect way to see the Windy City for the first time.

Pauline also traveled to Ecuador and the Galapagos Islands this past summer with a group of students and two biology teachers from Valley High School. They were hosted by the "Jatun Sacha" foundation and learned about the environment and the people of Ecuador and the Galapagos. The focus was on mangroves, shrimp farms, and the reintroduction of endangered plants.

While in Ecuador, countries were competing in the World Soccer Cup. Her group walked the quiet streets of Ecuador just as Ecuadorians watched their team's victory over Costa Rica from inside their homes. Within moments a celebration erupted and the empty streets filled with the excitement of cheering fans and waving flags, and Pauline was in the midst of it all.

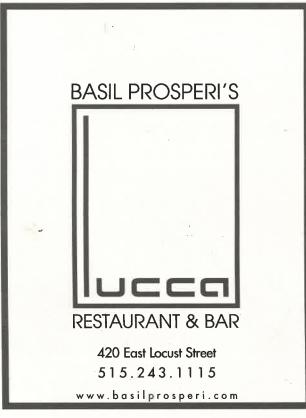
Since moving from Baltimore at age four, Pauline has lived in West Des Moines with her parents, Peggy and Steven Altman. They are leaders in the Des Moines Jewish community and active supporters of Tifereth Israel Synagogue where Pauline leads the Musaf service on Saturday mornings.

Peggy, Steven and Pauline spend Friday dinners together celebrating Shabbat. Since most members of Pauline's family live in Ohio and distance makes it hard to travel, Jewish holidays are spent with good friends who are so close they're considered family.

Pauline spent five summers attending Camp Herzl and has great memories of her camp experience. Herzl provided her with a renewed love of Judaism. While in fifth grade, Pauline traveled to Israel with her family. She says she liked Sfat best "because it was very artsy and bright". This year Pauline plans to continue an active role in United Synagogue Youth. Last year she was a member of the USY Board and helped plan activities such as a scavenger hunt which had teeñagers scrambling around Des Moines trying to be the first to complete the list of collected items. This year she will be Religious Education rep on the board once again.

Pauline has a love for music. She has played the cello since fourth grade and has recently taken interest in learning to play the piano and guitar. She enjoys listening to all kinds of music including alternative rock, techno and oldies. Pauline learned to read at a young age. She remembers her class going to the school library to check out books and being told to pick a selection from the picture books for young readers. Since she had already been reading chapter books, Pauline longingly eyed the section for older children. These days she loves reading books that "make the reader think." Currently, she's reading the psychology book "Exploring Consciousness" by Rita Carter, and "Seven types of Ambiguity" by Elliot Perlman.

Pauline is a role model for Jewish Youth and has a strong connection to her Judaism. The Des Moines Jewish community is fortunate to have Pauline as part of the community.







32nd annual meeting









The Federation Annual Meeting in June featured the music of the Crossroads International Ensemble







In preparation for the

High Holidays

Temple B'nai Jeshurun

and

Tifereth Israel Synagogue

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program

9:00 pm
Saturday, September 16
at Temple B'nai Jeshurun

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Simon from page 1

Harry Charles Simon was born in Des Moines, Iowa to David and Ruth (Steinway) Simon. He was a graduate of the University of Wisconsin at Madison and the Owner of Simon Auto Service, Tire and Cellular.

Survivors include his wife, Suzann of West Des Moines; his sons, Mitchell of New York, NY and Morgan of Chicago, IL; his mother, Ruth Simon of Des Moines; his sister, Marilyn (Barry) Freund of Morgan Hill, CA and many relatives and friends. He was preceded in death by his father, David Simon.

Funeral services were conducted by Rabbi Beryl Padorr at Tifereth Israel Synagogue and at interment at Jewish Glendale Cemetery. May his memory be as a blessing.

Campaign from page 1

In mobilizing for a very productive campaign year, the Jewish Federation has announced the appointment of Federation Treasurer and board member, Neil Salowitz as '07 "All-In-One" Campaign Vice Chair. Salowitz arrived in the Des Moines area seven years ago with his wife, Debra and their two daughters, Shoshana and Rachel. The Salowitz's have made a valuable contribution to Jewish life locally.

Neil received his undergraduate degree in Psychology from Wesleyan University in Connecticut, a MA in elementary education in 1975 from the University of Connecticut, and a Law Degree from New York University. In Hartford, Neil practiced bankruptcy and real estate law, before becoming involved with the financing of large shopping centers. In 1999, Neil was lured to Des Moines by the Principal Financial Group. After a year with Principal, Neil moved to the Principal Global Investors Division and began managing assets for insurance companies, pension funds, endowment funds and more. He was involved with offering these companies alternative ways to invest their money. Neil is also a professional story teller. He has developed his own business-"Telling Your Company Story (TYCS)" to help businesses develop stories about who they are. According to Toni Urban, "I am very excited that Neil has agreed to join our campaign team. He is a most effective leader and we look forward to tapping into his talent in helping us tell the story of all that the Federation does to enhance the lives of Jews locally, in Israel and around the world."

Community members are invited to join in executing the 2007 Campaign. "There are a number of opportunities for involvement. Come help us tell our story to friends and neighbors, help plan events and help us meet the needs of our community," said Salowitz.

IJHS continued from page 1

Dr. Phillips is a graduate of Hobart College and Tufts Medical School. He is board certified both in general and thoracic surgery. He was a member of the Board of Regents of the National Library of Medicine of the National Institutes of Health from 1993-97 and the 1997 Board Chair. In 1999 he was appointed the full time Director of Research and Education at the National Library of Medicine. He retired from that position in 2001 but remains a consultant. He is a founder of and the Medical Director of Cardiovascular Hospitals of America, LLC.

In 1997 Dr. Phillips was interviewed by the White House search committee for the position of Commissioner of the Food and Drug Administration. On October 7, 1998, he was invited to testify before the Full Committee on Commerce as a witness on the Implementation of the Food and Drug Administration Modernization Act of 1997.

In 1974, after completing his residencies in general and cardiopulmonary surgery, he went to Des Moines to establish the cardiac surgery program.

His heart team pioneered techniques for emergency coronary bypass surgery and other acute intervention as a treatment for evolving heart attacks, implanted the first artificial heart in Iowa, performed the first heart transplant in central Iowa, and invented the technology for percutaneous cardiopulmonary bypass.

He serves on numerous editorial, medical society and corporate boards, serves as a Medical Advisor to Dr. Michael DeBakey and was the National Science Advisor to the Iowa Department of Health. In 1987 Dr. Phillips received The Governor of Iowa Science Medal for his scientific efforts. He is past president of the Polk County Medical Society, Iowa, past president of the Society of Cardiac Surgeons, Spain; and

the 2002-03 president of the American Society for Artificial Internal Organs.

Dr. Phillips has been published in approximately 300 medical publications and has been granted 6 patents.

Dr. Phillips is married to Susan Zeff Phillips; they have 5 children, 5 grandchildren and reside in Aspen, CO.

Dr. Phillips will be introduced by Dr. Robert Zeff, who retired from the Iowa Heart Center in May. Dr. Robert Zeff served Iowa Heart Center's patients as a cardiothoracic surgeon for more than 30 years.

A native of Pittsfield, MA, Dr. Zeff holds a bachelor's degree from Brown University in Providence, RI, and a medical degree from the Tufts University School of Medicine in Boston.

Dr. Zeff holds two patents (held jointly with Iowa Heart Center surgeon emeritus Steven Phillips, M.D.) for innovations in heart surgery, and served as a co-investigator for the Jarvik 7 artificial heart program. He is the author or co-author of more than 100 scientific publications, abstracts, and letters.

Don't miss this special event! **War** continued from page 25

The Palestinians are now using that same territory so generously given to them to launch rockets at Israeli civilians on a daily basis, causing widespread fear and havoc.

 Hamas and Hezbollah deny Jews' historical ties to the land of Israel, refuse to recognize Israel's legitimacy, and actively strive for Israel's destruction. Calls for Israel to negotiate with groups actively pursuing Israel's annihilation will certainly not lead to longterm peace or security. Would anyone who wanted to be taken seriously have called for the U.S. to negotiate with Al Oaeda after the 9/11 attacks? Since the terror leaders and their terrorist followers are being given safe haven in the Palestinian Authority, Lebanon, Syria and Iran, it is impossible to have them arrested and brought to trial for their crimes against humanity, therefore military action against them is necessary to prevent them from literally getting away with

Palestinians continued from page 24
Perpetual emphasis on their perceived

points in the world media, but it is of absolutely no value in the long run. Can one really believe that applauding suicide bombers moves a nation forward?

4) Islamic fundamentalism has corrupted Islam. This distorted philosophy has crippled millions of Muslims, allowing a minority to project its vicious anger on the majority. Surely most Palestinians care about their families and friends? Do they not see societies advancing and achieving new goals, released from a corrupted view of a glorious past? I don't expect them to adopt western norms and values- I just pray that the "here and now" is valuable enough for them to reject collective martyrdom and not impose it upon their brethren.

5) With all the other problems facing Palestinians, they could at least gain by having some good friends and advisers. Sadly, here too, they are doomed. The "friends" have tragically encouraged their self-perpetuated misery. Instead of telling them to get up, work, build, develop, create- they are encouraged to present themselves as an international underdog guerilla group, fighting for a country which an Israeli government was prepared to give them. I often wonder how intelligent westerners can really be so stupid. Surely it's time for their western friends to start telling the truth and say openly to them: "Stop your selfpity. Build your country and improve the lives of your people."

And the truth is- if the Palestinians start helping themselves, I'll be the first to assist.

I, like most of my fellow Israeli citizens, just want some peace and quiet. I don't care how they rule themselves. I'm not interested in how they allocate their funds or even how they relate to family members. I have no desire to tell them what is best for them.

I just ask for one favor- please let us wake up in the morning and get ahead with healthy living. In Israel, major challenges require our attention. Let me surmise that most Palestinians want better lives so, please, move on!

Professor Paul Liptz is a social historian who lectures in the Department of Middle Eastern and African History at Tel Aviv University.

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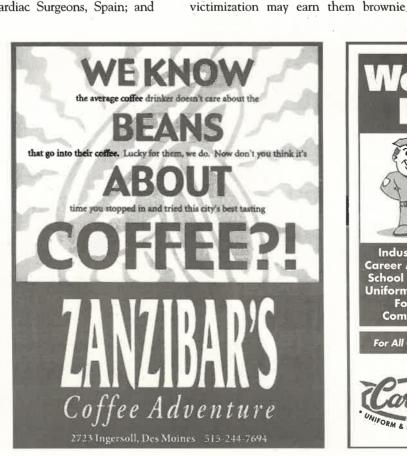
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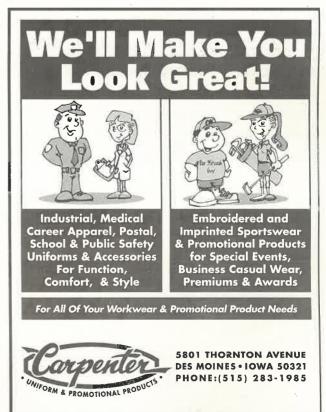
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HB Leiserowitz Company: Al Leiserowitz

HB Leiserowitz Company, located in downtown Des Moines at 213 13th Street, was recognized in 2003 as an Iowa Century Business by the Iowa Department of Economic Development. Currently, the business is owned by Al Leiserowitz.

The business began in 1895, and was operated by Harry Bertram, Al's Lithuanian-born father. Harry had a horse and buggy and peddled products from Des Moines to Sioux City. The business located first to 411 Court Avenue, distributing groceries, tobacco, and confections wholesale to the small corner grocery stores that were abundant at the time.

A1 Leiserowitz began working fulltime at age seventeen, keeping the company books. He later became the co-owner with his brother, the Frank late Leiserowitz, after WW II, in which Al served as a machine gun instructor in the army. He runs the business with a streamlined approach. Up at 4:30, and working six days per week, Al still maintains a strong work ethic. The store could easily pass a white glove test, from the storeroom floor to the basement.

Throughout the years, the nature of the business has changed. Today, HB Leiserowitz primarily sells candies, cameras and photographic supplies, electronics, and official Swiss Army products. Leiserowitz staff is skilled in providing expansive product knowledge; in addition the customer relationships they have developed over the years have been key to the success of the business.

Now, at age 84, Al walks three miles per day, often passing the developing western side of downtown. Even though downtown landmarks have changed, Al is proud that his company continues to be an essential part of it. -Information compiled from The Des Moines

Register, September 22, 2005, "Versatile as a Swiss Army Knife," by Kristin Senty



Belle and HB Leiserowitz, date unknown (Belle is Al's mother)



Mildred and Louise Leiserowitz, date unknown

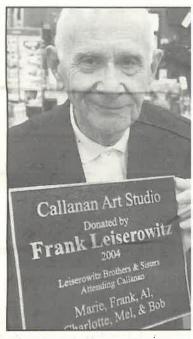
FALL EVENT Oct 29

The IJHS Fall Event will be held Sur Oct. 29 at Caspe Terrace. This spec event commemorates the lowa Jewi Historical Society's ten-year anniver-

The keynote speaker for the evening be Dr. Steven Phillips, Des Moines' Cardiac Transplant Specialist and co founder of the lowa Heart Center. Cocktails will be served at 5:00; Din will be served at 5:30; and the free I will begin at 7:00, and will be followe a dessert reception. For information Krys at 277-6321.



Newly appointed IJHS Board men Jan Hockenberg, Melanie Sandle Barbara Letween, Lori Long, Simma Stein, Susie Kimelman, and Charlotte Raush. (not pictur Lvanna Grund and Cathy Goldma



Al Leiserowitz at Callanan Middle School, 2004

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september/october

Sat, Sept 2	10:00 AM	Josh Dubansky Bar Mitzvah at the Temple	
Mon, Sept 4		Labor Day	
Sat, Sept 9	10:00 AM	Leah Bunkers Bat Mitzvah at the Temple	
Thu, Sept 14	12:00 PM	Senior Luncheon at Tifereth	
Sun, Sept 17	1:00 PM	Kever Avot at Woodland Cemetery, Des Moines	
Sun, Sept 17	5:00 PM	Campaign Leadership Gift Reception	
	6:30 PM	Campaign Opening Gala with Henry Winkler	
Fri, Sept 22	12:00 AM	Erev Rosh Hashanah	
Sat, Sept 23		Rosh Hashanah	
Mon, Oct 2		Yom Kippur	
Fri, Oct 6	5:30PM	Rabbi Padorr's Installation and dinner	
Sat, Oct 7		Sukkot	
Sat, Oct 7	4:30 PM	Alex Arenson Bar Mitzvah at the Temple	
Sat, Oct 14		Shemini Atzeret	
Sat, Oct 14	4:30 PM	Samantha Zuckerman Bat Mitzvah at the Temple	
Sun, Oct 15		Simchat Torah	
Sat, Oct 21	10:00 AM	Thomas Swartz Bar Mitzvah at the Temple	
Sat, Oct 28	10:00 AM	Sam Weinberg Bar Mitzvah at the Temple	
Sat, Nov 11	9:00 AM	Nicholas Dimenstein Bar Mitzvah at the Temple	
Sun, Nov 12	1:00 PM	Women's League Show: Kids Dessert theatre	
Sat, Nov 18	10:00 AM	Leah Bailin Bat Mitzvah at the Temple	
Thu, Nov 23		Thanksgiving	
Nov 23 - Nov 26		USY Kinus, Location: Out of Town	

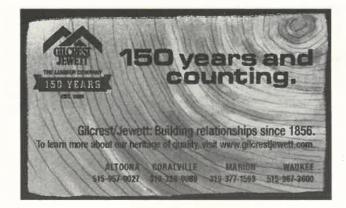
For the most up-to-date schedule information, log on to jewishdesmoines.org

The ORT Directories are here and ready for pick-up.

Additional directories may be purchased at the Jewish Federation office, 310 Polk Boulevard, Des Moines. Cost is \$10 per book, or 3 for \$25.



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Life Center from page 27

Federation's Assistant Director.

read, as well.

Statements of support for Israel's right to defend itself and to deter further attacks, were read from Governor Vilsack on behalf of both the Governor and Lieutenant Governor, Senators Grassley and Harkin, and Congressmen Boswell and Nussle. Greetings from the Consul General of Israel to the Midwest, Baruch Binah, were

An Israel Crisis Fund, announced at the rally, has been established by the Jewish Federation to help the most vulnerable populations in Israel's besieged north, children, seniors and the disabled, and new immigrants. Contributions for the Israel Crisis Fund may be sent to Jewish Federation, 910 Polk Blvd, Des Moines, IA 50312.

Thanks are offered to members of the ad hoc consultative committee including

The rally was endorsed by Ames

Jewish Congregation, Beth El Jacob Synagogue, Judaic Resource Center, Temple B'nai Jeshurun, Tifereth Israel Synagogue, Jewish Federation of Greater Des Moines, Iowans for Israel, Iowa lewish

Senior Life Center, American Israel Public Affairs Committee, Christians United

for Israel, and Jewish Community

Bud Hockenberg, Marcie Berkson, Dr. Alan Koslow, Nashi Kahlastchi, Mark Finkelstein, Steve Reitman and Elaine Steinger,

Myers, Steve

Federation Director.

Relations Commission.

Schoenebaum,

With the anticipated opening of the

new Memory Care Unit on October 22, The Senior Life Center enters a new chapter in its 75 year history of devoted service to the community. We are extremely grateful for the tremendous outpouring of support for this new Unit and hope that the circle of benefactors will continue to grow as more and more members of the community come to see the critical importance that the Memory Care Unit will have in the fulfillment of our commitment to honoring our elders and serving their families. Rally from page 3 In addition, the rally was buoyed by the singing of children from Engman Camp Shalom and remarks from Josh Goldsmith, our Israeli director of Camp Shalom, along with Bud Hockenberg and Steve Reitman, the

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