



THE GREATER DES MOINES JEWISH PRESS

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Congratulations on another great year at Gan Shalom Preschool. Visit ganshalompreschool.com to register for summer camps and the 2017-2018 school year.



Engman Camp Shalom is up and running. But there's much more fun at Camp until August 18th! Register now. For more information visit jewishdesmoines.org/ecs or contact engmancampshalom@dmjfed.org or 515-987-0899.

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Make Our Community the Best It Can Be



David Adelman
President

As my tenure as president of our Federation draws to a close, I have had the opportunity to reflect upon the past two years. My initial reaction was that it has been an extraordinarily dynamic two years filled with change and opportunity. We were presented with challenges which required more time, effort and energy than I ever could have anticipated but do not regret. We welcomed Sharon Goldford as our new Executive Director who I could not have been more proud to serve alongside.

Serving as president of the Federation has been the most rewarding projects of my life.

The broad array of services and programs provided by our community never ceases to amaze me. We are a community that cares, that takes care of our own, and that always strives to be better. Our lay leadership and staff rose to the occasion to successfully operate our great organization and meet the ever-growing needs of our vibrant and growing Jewish community. I am, therefore, most grateful for the opportunity to have served as Federation president. I recommend for those of you in our community that have yet to be involved with the Federation, let this be your year to play an active role in our ever-present desire to make our community the best it can be.

I often repeat when talking about the Federation the top notch services and programs we offer. We live in an incredible community, one that boasts a thriving Hebrew School, 2-4 year old day school, Engman Camp Shalom, an incredible community center in Caspe Terrace, a wonderful family service agency that is a broad and wide safety net for those in our community managing through the most difficult of times, a JCRC that is actively involved in our Jewish community and the Greater Des Moines community at large. Our Federation also proudly and consistently serves our more broadly defined Jewish community providing key support and advocacy surrounding Israel.

We have an incredible group of professionals and staff that cannot be thanked enough. Their commitment and passion

for our community is unmatched. I have had the opportunity to work with some of our professional staff and I am so inspired by their dedication to making our community the best it can be.

For my last event as president of the Federation, I am pleased to welcome Tom Friedman for an evening as we launch the Federation's All in One Campaign. On behalf of our entire community, and the hundreds of recipients of our services, I ask you to keep our Federation in the forefront of your mind. Your generous and/or voluntary time; it truly will make a world of good.

Shalom,
David Adelman

Good Food Fuels the Jewish People



Sharon Goldford
Executive Director

Have you ever attended a Jewish event when there wasn't food? We as Jews sometimes measure how good an event is by how good we feel the food tasted, what it looked like, and how it was presented. Was the food up to our expectations? We have high expectations of our food and so many other

things.

At the Jewish Federation we have very high expectations, and we want to meet yours of us. We are here to provide the very best services to Jewish families. Jewish families we serve may consist of one person or ten. We provide food, education for adults and children, Jewish education for adults and children, current-events information, a beautiful Jewish Historical museum, and so much more.

We are so excited to provide you with even more food for thought by having an evening with Thomas L. Friedman. We promise a great evening of good

food, great people, exciting conversation, and a lot of food for your mind. Please join us on Wednesday, June 28, 2017 at the Temple for Performing Arts. It will be a wonderful event.

The Friedman event is just one of the exciting things that will happen this summer. Our camp is in full summer mode. The children are having a great time with swimming and field trips. The grounds surrounding Caspe Terrace come alive with happy voices and children everywhere—and, "Oh, yes," lots of food.

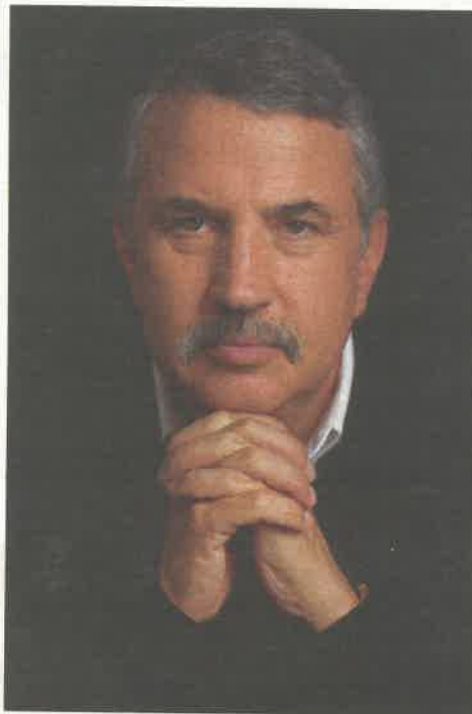
It is true we do run on food at all of our gatherings. We have

been gifted with David Copeland's talents in the kitchen. Don't you love falafel and Israeli salad?

The Jewish Federation at Caspe Terrace always has the welcome mat out for you. Come and see what we have going on. Your interests, participation, support are just the food we need.

Shalom,
Sharon Goldford

Join us June 28 for our
All-in-One Campaign
Kick-off. Contact us at
515-987-0899 to RSVP
today and save your
seats to see our Fea-
tured Guest Speaker
Thomas L. Friedman.



You are cordially invited to the
Jewish Federation of Greater Des Moines
All-in-One Campaign Kick-off

Wednesday, June 28, 2017

7:00 pm Dinner

Featuring Guest Speaker

Thomas L. Friedman

"Thank You for Being Late"

Temple for Performing Arts

1011 Locust Street

Des Moines

Valet Parking available

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515-987-0899
jcr@dmjfed.org

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Jewish Family Services

Upcoming Senior Activities

July 12 — Seniors will join the campers of Engman Camp Shalom for our summer picnic at Caspe Terrace

August 10 — Senior Luncheon will be held at Temple B'nai Jeshurun with Abe Goldstein who will provide entertainment

September 12 — Seniors will travel to Prairie Meadows for lunch, entertainment and gambling



On May 10, Federation staff met at the Boys and Girls Club office to pack food bags for students who participate in the Boys and Girls club after school programs. Many families do not have enough food for the weekend, so Boys and Girls club, in partnership with the Iowa Food Bank, provides a bag of food for them each weekend. Staff packed over 200 bags to help with this effort.



On May 11, the Senior Luncheon was held at Tifereth Israel Synagogue. Paula Pierce, executive director of Senior Helpers, provided a presentation on "Keeping Your Wits About You!" Senior learned how to keep healthy, improve their attitude and enjoy their aging experience.



On April 20, The Jewish Senior Life Center hosted the senior luncheon. We were served a delicious meal in the atrium and met the Life Center staff. Ron Osby, Center administrator, provided information about the Life Center and answered questions.



Susan Osby (right), Executive Director of Polk County Health Services, on behalf of her staff and Board members received the Advocacy Award at the United Way of Central Iowa-2017 Live United Recognition Luncheon with Elisabeth Buck (left) from United Way. Polk County Health Services has been a long standing advocate for individuals in our community with mental health, intellectual and development disabilities.

Engman Camp Shalom

- ECS will offer 10 weeks of camp this summer (June 12-August)
- ECS registration opened on January 29 with a party at Caspe from 12-2
- Transportation to and from ECS will run daily from Tifereth Israel Synagogue
- Iowa State Fair Field trip has been added to this summer's schedule

Beit Sefer Shalom

- BSS engaged 154 children during the 2016-17 school year, including three graduating seniors that were honored on April 5
- BSS opened a preschool classroom this year and welcomed 10 two and three year old students
- P2G visionaries spoke to the 3rd-12th grade classes during the last day of Wednesday night classes
- BSS celebrated the end of the school year with a fantastic party on April 9
- Madrichim led our end of the year car wash fund-raiser on April 9
- Social Justice and Tolerance lessons were taught in each grade this year at BSS
- A new Israel curriculum was introduced in kindergarten through 6th grade classes this year
- Wendy Beckerman's retirement from BSS will be celebrated on June 4

Gan Shalom

- Gan Shalom featured in the new Des Moines Parent Magazine and Midwestmomandwife Blog
- Waukee Area Arts Council sponsored music classes for the children. Children enjoyed Break Dancing with Anthony San with the Des Moines Social Club
- Volunteers supported with Hebrew Storytime, Israeli cooking activities, preparing for the gardening and donations to monthly Tzedakah projects
- Increase family tours resulting in new enrollments for Gan Shalom Summer Camp and Gan Shalom 2017-2018.
- Gan Shalom staff toured the Jewish Federation of Omaha's Pennie Z. Davis Child Development Center
- Gan Shalom was awarded the Reach for the Stars Grant. Science and math materials were purchased for classrooms
- Preschool Graduation / End of the Year Celebration was on Thursday, May 25th in Bucksbaum Auditorium

Jewish Community Relations

- Co-ordinated the visit to Des Moines of the Israel Partnership (P2G) delegation of innovative educators. Our guests met with contacts at Drake University, West Des Moines Schools, the Des Moines Symphony Academy, the Iowa Council for Holocaust Education, and the Iowa Jewish Senior Life Center.
- Facilitated the visit of P2G's Dayan Family Singers for Israel Independence Day Celebration and provided informational programming for the Celebration.
- Participated in educational visits to a local Bosnian community mosque.
- Co-ordinated the community Holocaust Remembrance Day program.
- Facilitated a Holocaust/Genocide workshop for teachers presented by Dr. Stephen Gaies, director of the UNI Center for Holocaust and Genocide Education.

Iowa Jewish Historical Society

- The IJHS is serving an increasing number of visitors and researchers from our state. From March through May, researchers and visitors included:
 - 35 high school students from Algona who visited our museum, the Supreme Court, and the Capitol
 - Young Women's Resource Center to research the life of Louise Noun, one of the founders of the YWRC, by listening to interviews with Louise Noun that were recently digitized as part of our oral history preservation project
 - 60 students from Van Meter High School to study the Holocaust. These students visited the museum and listened to excerpts from an oral history interview with Jacob Waizman, a survivor of the Holocaust.
 - The White Pole Road Questors group from West Des Moines
 - Students, parents, and community members celebrating Israel's birthday
- IJHS Co-President Melanie Sandler, JCRC Director Mark Finkelstein, and IJHS Collections Manager Sarah Carlson attended the Iowa Jewish History Symposium at the Agudas Achim Synagogue in Coralville hosted by the Iowa Women's Archives at the University of Iowa

Jewish Family Services and Outreach

- On May 18, the annual Volunteer Recognition Dinner was held at Caspe Terrace. The highlight of the evening was awarding the "volunteer of the year" award to Abe Goldstien. We are so appreciative of all the volunteers who help us do our work
- Jewish Family Services, Gan Shalom preschool, Beit Sefer Shalom, and Federation staff donated laundry detergent and fabric softener to Lovejoy Elementary families. Lovejoy, located on the South side of Des Moines, serves approximately 400 Kindergarten through fifth grade students. 94% of these families live in poverty and over 1/3 are English Language Learners. Due to the financial burdens these families face, the school installed a laundromat in the fall of 2016. Families can use the machines and supplies at no cost, and volunteer in their child's classroom while doing laundry

'Many Voices, One Mission': AIPAC 2017 Embraces All Who Support Israel



David Adelman
Chair of Iowa AIPAC

On March 26-28th 18,000 pro-Israel advocates descended on DC to show the bipartisan support for Israel. A large Iowa contingent joined with representation from the Jewish, Christian and student communities. There was a record number of participants from all 50 states and they included Jews, Christians and Muslims. Americans, Hispanics, African-American, native African, European, Canadian, Mexican and other nationalities were present, making this conference a global summit of sorts that had the one mission: to support the U.S.-Israel relationship.

The slogan of the convention this year was "Many Voices, One Mission." Communicating loud and clear that AIPAC is a nonpartisan, nonprofit organization that embraces all those who support Israel's right to exist and its alliance with the United States, regardless of party, ethnicity, religion or other identities.

The AIPAC Policy Conference is the pro-Israel community's preeminent annual gathering; some call it the "Super Bowl" of Jewish advocacy. Through demonstrations of groundbreaking Israeli innovations, keynote speeches by American and Israeli leaders,

inspiring moments on stage, and intimate educational sessions, Policy Conference delegates experience the full scale of pro-Israel activism in three powerful days.

Who was in attendance?

- More than 18,000 pro-Israel Americans
- More than two-thirds of Congress
- More than 3,600 students from more than 630 campuses
- 283 Student Government Presidents from all 50 states
- More than 275 synagogue delegations

Several stories from Iowa were featured during this year's Policy Conference

- Iowa State Senator Charles Schneider (R-Polk) presented on a panel during a breakout session. He discussed his life changing experience going on an American Israel Education Fund mission with other like-minded individuals from around the country
- I joined Marcia Nichols, the leader of Iowa's largest public employees union, and Denise Bubeck, a strong Christian advocate for Israel, on stage, in front of 10,000 people to discuss our efforts passing the anti-BDS legislation in Iowa during the 2016 legislative session
- Bud Hockenberg celebrated his 50th conference by inviting his life-long friend, Dick Levitt, to his first

Conference. The two of them challenged the entire audience to do the same for the 2018 event

The conference culminated with the opportunity for delegates to lobby their members of Congress in support of legislation that enhances the relationship between the United States and Israel.

Support Assistance for Israel and Foreign Aid

The United States has long defined Israel's survival and security as important to its national interests. Accordingly, America provides Israel—the sole democracy in the Middle East—with annual security assistance to help it defend itself, by itself, against mounting threats across the region.

Working Together to Achieve Peace

AIPAC supports America's efforts to help Israel achieve peace with its neighbors. We strongly believe that direct negotiations supported by the United States offer the best chance for the sustainable peace which has eluded the region for decades. AIPAC supports efforts to bring Israel and her neighbors closer to that goal through direct, bilateral negotiations.

Oppose the De-legitimization of Israel

On April 27, all 100 senators signed a bipartisan letter—led by Sens. Marco Rubio (R-FL) and Chris Coons (D-DE)—to the U.N. Secretary General demanding an end to the U.N.'s anti-Israel bias. Israel has long been targeted with economic warfare, and

Congress has a proud history of defending the Jewish state from such attacks. At its heart, BDS does not aim to affect positive political change or improve the situation for Palestinians. BDS' objective is to delegitimize Israel and undermine its right to exist. Moreover, in state capitals across America, including Iowa, representatives are passing laws formally condemning BDS, requiring state pension funds to divest from companies that promote BDS, and preventing state governments from buying goods or services from them.

Counter Iran's Regional Aggression

Iran—the world's leading sponsor of terrorism—remains the greatest long-term threat to U.S. and Israeli interests in the Middle East. Since the 2015 announcement of the Iran nuclear deal—also known as the Joint Comprehensive Plan of Action (JCPOA)—Tehran has increased its dangerous behavior. At AIPAC we ask members of Congress to support bipartisan legislation that would push back on Iran's non-nuclear behavior in the Middle East.

December 2016, Congress overwhelmingly voted to extend the Iran Sanctions Act (ISA) — a critical piece of bipartisan legislation that constitutes the core of U.S. sanctions against Iran. ISA renewal helps ensure that there are sanctions in place to "snap back" should Iran violate the nuclear deal.



In the Summer Kitchen with Karen Engman: Bananas

Karen Engman
Chef du Jour

Bananas are usually the first fresh fruit a mother mashes up and feeds to her child. In most cases, it becomes their favorite! Americans actually consume more bananas than apples and oranges combined. Bananas are rich in potassium, which a quick GOOGLE search tells me, help muscles to contract and nerve cells to respond and are naturally free of fat.

My bananas seem to ripen way too fast in the heat of summer, so I either throw them in the freezer or cook them up in my favorite banana bread recipe from Martha Stewart. I don't think she'll mind me sharing it, since it is her most requested recipe and is readily available to all from the internet. It freezes

great and is an absolute favorite of my seven grandchildren. Frozen bananas don't need to be defrosted for smoothies, but they need to be brought to room temperature for cakes and quick breads.

I've featured a few other recipes, including a simple banana-orange smoothie, though now-a-days my kids add kale, other fruit and yogurt instead of orange juice. This smoothie goes great with banana pancakes for breakfast. (Just add one banana to your favorite pancake batter recipe).

As always, I'm looking for people to interview, new recipes to share with our readers or cooking questions I can research. Just call me (515-274-3300) or email (karen.engman@gmail.com).



Banana Cake with Cream Cheese Frosting

Cake

2 cups sugar
1 stick butter, softened
2 eggs
4 bananas
1/2 cup sour cream
1 tsp baking soda (mixed in the sour cream)
2 1/4 cups flour
1 tsp baking powder

Cream butter and sugar, then

add eggs. Add bananas, then sour cream mixture and rest of ingredients. Bake in greased 9" x 13" pan or two 9" round cake pans at 350 degrees for 35-45 minutes or until done. Insert a toothpick or knife; if it emerges clean then cake is done. Frost when cool.

Cream Cheese Frosting

1 (8oz) cream cheese
1 stick butter, softened
1 box powdered sugar
1 tsp vanilla

Combine all ingredients. Beat until creamy and smooth.

Martha Stewart's Banana Bread

1 stick butter, softened
1 cup sugar
2 eggs
1 1/2 cups flour
1 tsp baking soda
1 tsp salt
1/2 cup sour cream
3 bananas (1 cup)
1 tsp vanilla

Mix together and bake 350 degrees 60-70 minutes

Orange Banana Smoothie

Place in Blender:

Orange juice
Bananas
Ice Cubes
Process until desired thickness.

Tifereth Israel Synagogue presents
Arts & Heirlooms Sale

Sunday, June 25th, 10:00 am– 5:00 pm
Monday, June 26th– Thursday, June 29th 3:00 pm– 7:00 pm
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Tifereth Israel Synagogue is a 501 C (3) non-profit organization;

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**PARTNERSHIP
2GETHER**
THE JEWISH AGENCY
PEOPLEHOOD PLATFORM

During the week of April 7, West Des Moines welcomed a delegation of innovative educators through Partnership2GETHER/Western Galilee. This group works in tandem with the West Des Moines-Match Asher Partnership.

Noa Kali, a junior high school history teacher from Match Asher, was able to join junior high school students in West Des Moines and learn about schooling here.

Sandee Illuz, a member on the board of a mental health hospital

in Israel, spoke with the director of Iowa Jewish Senior Life Center, Ron Osby. She was also able to speak with other staff members along with the Jewish Family Services Director, Jody Caswell.

John Norward, the go-to person of the West Des Moines-Match Asher project for the WDM Sister Cities Commission, joined members of the Israeli delegation for an informal dinner.

Photos Courtesy of Friends of West Des Moines-Match Asher Partnership



Noa Kali (middle) with Junior High students from West Des Moines

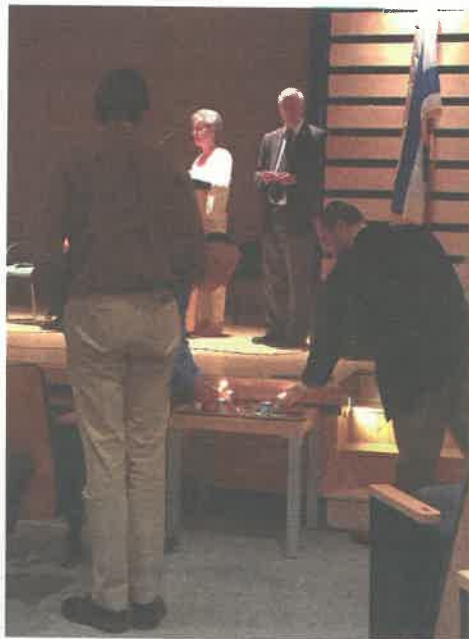


Sandee Illuz (left) at the Life Center with Director Ron Osby, staff, and Jody Caswell



John Norwood (left) enjoying a dinner with members of the Israeli delegation

Yom HaShoah Observance



The Jewish community observed Holocaust Remembrance Day with a service conducted by rabbis Kaufman and Edelman-Blank at Caspe Terrace. Participants in the service included Tara Starr, Amit Harazi, William Jacobs, Bev Ellis, and Mark Finkelstein.

*Wishing our friends
a*

Great Summer!

On behalf of
The Iowa Jewish Senior Life Center



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Yom Ha'atzmaut Celebration with the Dayans



The Dayan Family Singers from the Western Galilee flew directly from Israel to perform for the community's Israel Independence Day at the Caspe Terrace. Their concert, "The Heart of Israel," was warmly received by a full audience of parents and children from Beit Sefer Shalom. The Dayans even had everyone doing the Hora on stage to Hava Nagila and other tunes! The program also included information presented by the JCRC and a delicious lunch prepared by the Copelands.

In addition to their concert at the Caspe, the Dayans (Avi and his daughters Koral and Lihi) performed for the children of Gan Shalom, had an opportunity to sing a few songs ahead of Shabbat services at the Temple, and presented an educational concert for members of a local Christian congregation.

As you can see in a picture above, the Dayans (including the girls' mother Fania) were able to visit and learn about the Iowa Holocaust Memorial on the grounds of the Capitol.

The Dayans came to us through our Jewish Federation's participation in Partnership2GETHER with the Western Galilee.

Powerful Partnership

"By partnering with the Community Foundation and the Jewish Federation we are able to provide scholarships for our community's students, while growing this support for future learners."

Margo & Don Blumenthal



Better together and better forever.

The Community Foundation of Greater Des Moines is proud to work alongside the Jewish Federation to provide unique tax-wise giving opportunities that provide sustainable support for generations to come. **Join us in exploring the possibilities.**

To learn more about how we can partner visit www.desmoinesfoundation.org or call 515-883-2626.

Gan Shalom

The Jewish Center for Early Childhood Development

Gan Shalom End of the Year Round Up



Gan Shalom

SUMMER CAMP 2017

JUNE 5- 9 : **SUMMER KICK OFF**
 JUNE 12-16 : **INCREDIBLE INSECTS**
 JUNE 19-23 : **CREATIVE COLORFUL ART**
 JUNE 26-30 : **DINOSAUR DIG**
 JULY 3- JULY 7 : **BIG WHEELS**
 JULY 10-14 : **GET MOVING AT CASPE TERRACE**
 JULY 17-21 : **OUTERSPACE EXPLORATION**
 JULY 24-28 : **EXPLORING THE DEEP SEAS**
 JULY 31- AUGUST 4 : **CONSTRUCTION AND DEMOLITION**
 AUGUST 7-11 : **MAD SCIENCE**
 AUGUST 14-18 : **FAIR AND CARNIVAL TIME**

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Beit Sefer Shalom

Beit Sefer Shalom End of the Year Round Up

Giovanna Zavell
Managing Editor

With another exciting school year finished at Beit Sefer Shalom, there was only one way to celebrate—with a party! An end of the year party was held at Caspe Terrace on April 9 to celebrate all the memories and successes of the 2016-17 school year at Beit Sefer Shalom. And what a fantastic year it was!

On that last day of school, Beit Sefer Shalom students visited their classrooms in the morning one final time before the end of the year festivities began. After morning classes, students made their way to the Bucksbaum Auditorium where they were met by parents, family, and friends from the community for a special assembly.

Students from all grade levels performed songs and dances for

an audience of over 200 people. Performances included Hatikvah, Aleph Bet, and Achshav, all songs that they have been practicing during the year.

While the performances were taking place inside at the assembly, the madrichim ran a car wash fundraiser outside during the morning. We were fortunate to have a beautiful, sunny day, and the madrichim did a great job raising funds that will be used to continue enhancing children's learning with activities, supplies, and more.

Once the students sang all their songs and danced all their dances, everyone was invited outside for a party. Families enjoyed a barbeque under the Pavilion, which included good food and plenty of activities for students and their families to participate in.

Activities included face painting,

bounce houses, and a DJ who provided a soundtrack for the afternoon. The playgrounds were open, and kids enjoyed the ga-ga pit and tether ball, as well.

Current Beit Sefer Shalom families weren't the only ones enjoying our end of the year party. Many new families came out to see what the school is all about, and some will be joining us for the next school year—which is very exciting for our growing number of students.

Now that school is out and summer is starting, many students from Beit Sefer Shalom will be attending Engman Camp Shalom. But, don't forget about Beit Sefer Shalom over the summer. We will be updating our Facebook page regularly with reminders and throwbacks during the summer. Come check out our page, and have a great summer!





ENGMAN CAMP SHALOM
Summer Carnival
AUGUST 16TH 2:30-4:30PM
CASPE TERRACE

**snacks, moonbounces,
clown, music
and lots of fun!**

*Open to any family who participated
in any week of ECS 2017*



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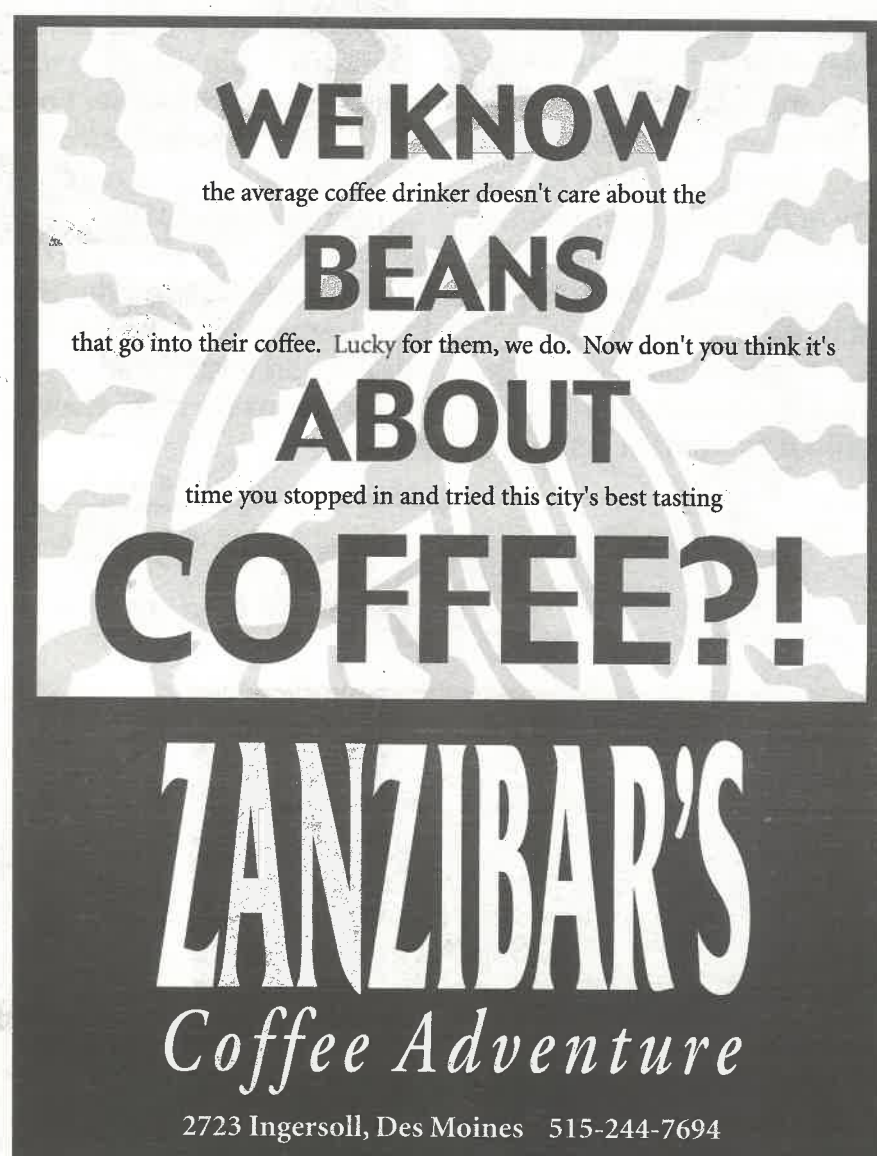
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Iowa Jewish Historical Society

IJHS Receives \$18,000 Donation from the Iowa Foundations for Education, Environment and the Arts

The Iowa Foundation for Education, Environment, and the Arts has donated \$18,000 to support the Iowa Jewish Historical Society's efforts to preserve and provide access to audio and videotaped oral histories of members of the statewide Jewish community.

In her letter announcing this gift, President Laurie Belin stated that the Foundation hopes that our effort will offer additional momentum to help achieve your goals. The brochure that accompanied the announcement of the "... how beautiful is our heritage" campaign made us feel very much a part of a shared community commitment to honoring our forebears."

The funds from the Foundation will be used to help preserve hundreds of audio and video interviews that were completed from the 1970s to 2006 as well as the Federation's Light One Candle TV series and tapes of special occasions in history of the Jewish community. These interviews are on audio and video tapes that are too old to put into a cassette player or VCR. Each tape has to be carefully digitized by a professional with specialized equipment before

we can listen to the tapes and provide access to these personal, community, and world histories.

These tapes contain a wealth of untapped information. All are one-of-a-kind interviews or TV shows that provide personal perspectives and insight into Jewish life—religious beliefs and practices, "outside" events that had an impact on the Jewish community, personal accounts of anti-Semitism, life in Nazi Germany, World War II, the Holocaust, immigration to the U.S., religious customs, and daily life.

This preservation project started with a Historical Resource Development Project grant awarded by the State Historical Society of Iowa and is now a critical part of the IJHS' \$1.5 million fund drive. Additional donations are needed to complete the project. If you are interested in donating to this project, please call Sandi Yoder at 515-987-0899 ext. 216 or email at ijhs@dmjfed.org.

All of us at the IJHS want to express our deep gratitude to the Iowa Foundation for Education, Environment, and the Arts for this gift and for the support they have given us for more than 20 years.



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Conversations with Celina Karp Biniaz

One of the last living survivors from Schindler's List

Sunday, Sept. 10, 2017

2:00 p.m.

**Staplin Performing Arts
Center, Valley High School**

Tuesday, Sept. 12, 2017

**11:30 a.m. A Luncheon with
Celina at Caspe Terrace**

Celina Karp Biniaz was only 13 years old when her name and that of her parents Phyllis (Feiga) and Irvin (Izak) Karp were added to Oskar Schindler's list of the roughly 1200 Jewish prisoners he wanted to move from the Plaszow labor camp to his new factory in Czechoslovakia. The Karp's inclusion on Schindler's list was a key to their survival of the Holocaust.

Come hear Celina share her personal story in her own words.

From her birth in Krakow, Poland in 1931, her normal childhood and love of books and school and how all of that changed forever in 1940, when all of Krakow's Jews were moved into a ghetto.

Three years in the Krakow ghetto—falsifying her age to get a work permit and joining her parents in working in a factory sewing uniforms.

From the Krakow ghetto to the Plaszow labor camp and the accidental transfer of Celina, her mother, and 298 other women



Phyllis (left) and Celina Karp (1994)

on Schindler's list to Auschwitz instead of Schindler's factory in Czechoslovakia.

A terrifying encounter with Dr. Joseph Mengele before being rescued from Auschwitz by Schindler and being reunited with her father in Czechoslovakia.

Immigration to Des Moines and life in the United States—graduation from North High School, Grinnell College, Columbia University and so much more!

Mark these dates in red on your calendar and check our webpage www.ijhs.org online and our Facebook page starting July 1 for more details.



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Bravo Greater Des Moines, a public-private partnership that provides funding and leadership to the arts, culture, and heritage community in Central Iowa, has awarded the Iowa Jewish Historical Society a \$10,000 Capital Campaign & Project Grant. The funds will be used for the installation of compact movable shelving to improve the preservation and care of our collection.

Improving collections storage

Total cost for the purchase of the needed shelving and cabinets will be \$60,000 - \$75,000. The IJHS is continuing to raise funds

Current crowded conditions (right).
The new and improved collections
storage with compact, movable
shelving (below).



***Help preserve our precious
heritage and share it with the
world.***



CSV #

Drake Hillel Continues to Establish Itself Both on Campus and in the Community

Tali Eisenstadt
Drake Hillel President

This past semester at Drake Hillel has been quite a busy one for us. We have strived to promote a welcoming and engaging Jewish community as part of the Drake campus. In addition to our Shabbat dinners, we have had very successful holiday celebrations including our Purim carnival and traditional Passover Seder.

We also put on many cultural and educational events on campus and at the Hillel House. Events included "Ask A Jew" and Israel education initiatives along with fun events like game and movie nights.

One of our biggest events this semester, which brought Jews and non Jews alike to fill Sussman Theater, was our Magda Brown event. Brown, a Holocaust survivor, spoke on campus and told her story to help teach the crucial lessons

we must all learn from the Holocaust.

Throughout this semester we have been fortunate enough to have found incredible support from the top administration at Drake University. President Marty Martin, Provost Madison and Dean of Students, Jerry Parker, have shown their unwavering commitment to us, even in difficult times. We gained support from other multicultural and minority groups on campus as a part of Unity Roundtable. We participated in the multicultural BBQ, which gave us the opportunity to sit down with our peers from these organizations and hang out. This has helped strengthen our bonds with other groups on campus and further establish Drake Hillel as an integral part of the multicultural community of Drake.

Overall, I have found that we have grown stronger as a Jewish

community and as an organization this year.

Next semester, we plan to continue to grow as an organization by welcoming the new freshman class at Drake and returning members. We will host our kick off event and institute a big little program. This program will allow younger Hillel members to pair up with an older member who they can go to with questions or to grab lunch or study.

I look forward to welcoming new members and watching current members take initiative as positive Jewish role models for their peers and the rest of campus. We plan to put on our regular Shabbat and holiday dinners along with carpools to attend services in the community.



We have many goals for the following semester which we hope to carry out. We are hoping to have rotating weekly events, such as Torah study, Israel education, fun outings, speakers, and more. We look forward to being even more active with the Jewish community and building our own community at the Hillel House.

As president, I look forward to leading Drake Hillel as we build strong connections with our fellow Jewish students, with our Jewish community and with our Drake campus.



Holocaust survivor, Magda Brown, joined Hillel students for a special dinner before speaking to students on campus in Sussman Theater. Drake University President Marty Martin (right) joined Brown and students at the Hillel House for dinner. After Brown spoke about her experience, she took a picture with Hillel students (left). | Photo Courtesy of Drake University Hillel



Drake University Hillel hosted the first night of Passover on campus in Levitt Hall. Tali Eisenstadt and Rebecca Perl (left) led prayers and songs before and after eating a delicious catered dinner. Jewish students in addition to non-Jewish students attended the Seder to further learn and celebrate Jewish tradition (right). | Photo Courtesy of Drake University Hillel.

AMES JEWISH CONGREGATION



Endings and Beginnings

Rabbi Robin Damsky

I write this with some sadness, as this will be my last article for both the Ames Jewish Congregation's monthly bulletin and the Jewish Press. While my path is taking me elsewhere, I have deeply enjoyed my time working in Ames, and my extension, the Des Moines community.

My tenure is not the only approaching ending. College students are graduating this week. Younger students are winding down their school year or summer break. Many of us are preparing for change as May turns to June.

What does Judaism have to say about endings? Perhaps the most obvious ending in our tradition comes when we read, "Never again did there arise in Israel a prophet like Moses..." This is the last paragraph of the Torah. No sooner do we complete these words than we immediately turn to: "When God began to create heaven and earth..." The first words of the Torah.

So one thing we learn is that endings lead to beginnings. We might think we simply start all over again at the beginning, but each time we begin we see something we didn't see before. We learn something that had previously not been available to us. Every beginning is new and different, taking us a bit higher in our lives.

When we read the closing sentences of the Torah, we might be struck by a sense of loss. This too, is true of endings. No matter how good our next beginning might be, and hopefully all of our beginnings will be blessed, we always have to say goodbye. Goodbyes are hard. This one is

particularly so for me, since I love the people of AJC dearly. I have learned so much from them even in one short year, grown with them, laughed with them, grieved with them, prepared with them for life cycle rituals, and gotten to know them as really terrific people. I will miss them all.

And then we get to the new beginnings, which the Torah reminds us are "tohu vavohu" – filled with uncertainty and chaos, maybe even swirling dark. Yet while we have to plunge into this unknown, it is certain to bring its own fruit.

Another lesson of the Torah's endings and beginnings are in its letters. The Torah begins with the letter "bet" and ends with the letter "vav." Teachers more wise than I have pointed out that these letters spell "lev" – heart, and that all that is within the Torah's five books are lessons of the heart. It is this book that has brought me to the Ames and Des Moines communities, and what I have found there is true heart. I leave with the gratitude to all who have shared their hearts – and homes – with me, and I leave with the gift of my open heart in appreciation for you.

May God take us through endings and beginnings that are gracious and healing, closing chapters with ease, warmth and love, and opening new ones with smiles, laughter, and joy.

Blessings,
Rabbi Robin Damsky

Should you choose to reach me in the coming months, you can contact me at:

rabbidamsky@inthegardens.org, or through my website: inthegardens.org

JC SUMMER SERVICES

Our worship services are scheduled in June, July, and into August. However, services will be arranged if anyone would like to have a minyan present or a service held; please contact AJC at ciowa.org or 515-233-1347.

Summer 2017

Ames Jewish Congregation Welcomes Rabbi Nina Mizrahi

AJC is pleased to announce that Rabbi Nina J. Mizrahi will be serving as its rabbi starting in July. Rabbi Mizrahi has dedicated the past 30 years to serving the Jewish community through her work with Hillel, Jewish Federation, JCC, the URJ, and synagogues. She has worked with Millennials, Navy recruits, interfaith couples, women, Jews representing a wide span of beliefs, non-Jews interested in learning more about Judaism, and Jewish and non-Jewish clergy and communal service professionals serving Jews within the community. Currently she is working with wise-aging adults as a facilitator for the IJS Wise Aging Program, as well as rabbi for a new assisted living community for those needing

memory care.

Another topic of interest she is exploring through her teaching this year is how Judaism sanctifies time through values rooted in daily, weekly, monthly and annual cycles, liturgy, texts and rituals. Rabbi Mizrahi writes regularly and has a blog. Identified as a community rabbi, she seeks to bring together believer, atheist and agnostic, humanist, deist and seeker, to discover a shared tradition of ethical and spiritual values.

Rabbi Mizrahi's approach to Jewish life draws from all expressions of Judaism and is influenced by science, spirituality, and neo-chasidism. Through her teaching, Rabbi Mizrahi challenges learners to think in new ways.



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*Application and tuition must be received by UM in advance of the session. Minimum grade requirements apply for earning credits. Available to eleventh and twelfth grade students only. Acceptance of credits can vary. Check with your preferred university to verify how these credits may be applied to your future course of study.

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Tifereth Israel
SYNAGOGUE

Recurring Event:

Minyan

- Tuesdays, 7:15 a.m.

Services

- Fridays, 6:00 p.m.: Shabbat Evening Services
- Saturdays, 9:30 a.m.: Shabbat Morning Services
- Saturdays, 11:30 a.m., Shabbat Cafe

Special Events:

June

- Sunday, June 25 - Friday, June 30 Arts & Heirloom Sale

July

- Friday, July 14, 6:00 p.m. Mishpacha Shabbat & Potluck
- Sunday, July 16, 2:00 p.m. Shelter Dinner Prep

- Saturday, July 29, 10:30 a.m. Tot Shabbat & Junior Congregation

August

- Saturday, August 19, 9:30 a.m. Gabriella Jones Bat Mitzvah
- Sunday, August 20, 4:00 p.m. YAD BBQ at Caspe Terrace
- Saturday, August 26, 10:30 a.m. Tot Shabbat & Junior Congregation

Adult Education

- Miller Introduction to Judaism Program: Rabbi Edelman-Blank
- S.T.E.P. (Sunday Torah Education Program): Michael Kuperman: Sundays at 10 a.m.
- Adult Hebrew for Beginners: Patrick Courtney: Sundays at 3:00 p.m.



JUNE 16 5:30 p.m. Social	Wine and Cheese	10:00 a.m. Shabbat Service	10:35 a.m. Rabbi's Torah Study
JUNE 17 9:00 a.m. Weekly Text Study	Erev Shabbat Service	JULY 14 5:30 p.m. Social	Wine and Cheese
10:00 a.m. Shabbat Service	Sisterhood / Brotherhood Game Night	6:00 p.m. Service	Erev Shabbat
10:35 a.m. Rabbi's Torah Study		JULY 15 9:00 a.m. Weekly Text Study	Weekly Text Study
JUNE 18 1:00 p.m. Iowa Cubs Outing		10:00 a.m. Shabbat Service	Shabbat Service
JUNE 23 5:30 p.m. Social	Wine and Cheese	10:35 a.m. Rabbi's Torah Study	Rabbi's Torah Study
6:00 p.m. Erev Shabbat Service		JULY 21 5:30 p.m. Social	Wine and Cheese
JUNE 24 9:00 a.m. Weekly Text Study		6:00 p.m. Erev Shabbat	Erev Shabbat
10:00 a.m. Ian Wilke-Shapiro		7:00 p.m. Sisterhood / Brotherhood Game Night	Sisterhood / Brotherhood Game Night
JUNE 25 4:00 p.m. Rabbi's Symposium - "Oh, So Much To Talk About" at 515 Brewing		JULY 22 9:00 a.m. Weekly Text Study	Weekly Text Study
JUNE 30 5:30 p.m. Social	Wine and Cheese	10:00 a.m. Shabbat Service	Shabbat Service
6:00 p.m. Erev Shabbat Service		10:35 a.m. Rabbi's Torah Study	Rabbi's Torah Study
JULY 1 9:00 a.m. Weekly Text Study		JULY 28 5:30 p.m. Social	Wine and Cheese
10:00 a.m. Pet Shabbat Service		6:00 p.m. Erev Shabbat Service	Erev Shabbat Service
10:35 a.m. Rabbi's Torah Study		JULY 29 9:00 a.m. Weekly Text Study	Weekly Text Study
JULY 4 4:00 p.m. Temple Picnic		10:00 a.m. Shabbat Service	Shabbat Service
JULY 7 5:30 p.m. Social	Wine and Cheese	10:35 a.m. Rabbi's Torah Study	Rabbi's Torah Study
6:00 p.m. Outdoor Family and Classic Shabbat		AUGUST 4 5:30 p.m. Social	Wine and Cheese
JULY 8 9:00 a.m. Weekly Text Study		6:00 p.m. Outdoor Family and Classic Shabbat	Outdoor Family and Classic Shabbat
		AUGUST 5 9:00 a.m. Weekly Text Study	Weekly Text Study
		10:00 a.m. Shabbat Service	Shabbat Service
		10:35 a.m. Rabbi's Torah Study	Rabbi's Torah Study

Beth El Jacob Relocation

Sidney Jacobson

As many of you know the Beth El Jacob synagogue congregation recently made the very difficult decision to sell our home of 60 years. This was an extremely difficult choice for us to make but a necessary one if the congregation was going to have a chance to survive and eventually thrive.

The sale of the building closed in late February. With the generosity and encouragement of the Jewish community and in particular the Temple B'Nai Jeshurun we have relocated to the lower level of the remodeled Temple building where we are leasing space from TBJ.

We are having Shabbat services at 9:30AM and weekday services at 7AM. We have a new Ahren Kodesh housing our holy Torahs as well as a new Bimah. Though we have yet to engage a Jewish professional to lead our congregation we are determined

to continue a modern Orthodox tradition in the greater Des Moines area.

This is going to be a significant challenge for us but with the help of the entire community we know we can succeed. We consider this a watershed moment for Des Moines – two congregations sharing one facility. We are excited about the possibilities going forward.

Please join us for a weekday service or on Shabbat. The Temple has helped us make our space inviting and we look forward to seeing you at a service and at future events we are planning.

Sidney Jacobson
President

Chazak, Chazak, Venischazeik
Be strong, Be Strong and May
We Be Strengthened Together

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pepper dill rosemary basil chiles
cumin caraway cloves asafoetida
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Soon to be Called to the Torah



Melissa and Adam Cline announce that our son **Samuel Adam Cline** will be called to the Torah as a Bar Mitzvah on **September 2nd at 4:30 pm at Temple**. The community is cordially invited to join us for his service, followed by dinner.

In Memoriam

Allan Winick
Esther Sandler
Jay M. Hytone
Norma Pins
Marvin K. Bailin
Betty Deutch

Ella Vilsack
Shirley Berg
Sheila Robinson
Abe Epstein
Max Courtney
Jack Morelock

Best wishes for a Great Summer

Bruce Sherman
Dave Lettween and families



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Congratulations GRADUATES



ETHAN ADATO

son of Wendy and Alan Adato, graduated from Waukee High School. He will graduate with 32 college credits as well as the Silver Cord award for completing over 150 hours of community service. Ethan was involved in activities including soccer, international club, and speech team. In 2017, Ethan was part of the first Waukee Improv team to go to All State competition. Ethan was also involved with the Temple youth group first as the Membership Vice President, Communications Vice President and President. He worked as a Madrich at Beit Sefer Shalom for several years. Ethan plans to attend the University of Iowa in the Fall.



MICHAEL ADATO

son of Wendy and Alan Adato, graduated from Waukee High School with the Silver Cord award for completing over 150 hours of community service. He was active in WHS theatre, Iowa High School Speech Association and Improv - achieving perfect scores all three years. Michael volunteered for the Bernie 2016 campaign and a local county supervisor campaign. He participated in Iowa Citizens for Community Improvement, and spent the last semester interning as the Caucus Secretary for the Iowa Senate Democratic Research Staff. He was the President of the Temple B'nai Jeshurun youth group and a graduate of Beit Sefer Shalom and the Madrichim program. Michael will be attending DePaul University in Chicago in the Fall.

HANNAH CLINE

daughter of Adam and Melissa Cline and granddaughter of Chuck and Lynn Kuba, graduated from Waukee High School. She will be graduating with a silver cord, is passionate about art and literature, and is looking forward to attending the University of Iowa in the fall of 2017.



SAM ENGMAN

is graduating from Des Moines University with a Masters of Science in Biomedical Sciences. He will be attending medical school at Midwestern University in Downers Grove, Illinois in August. Sam is the son of Sharon and Josh Engman and grandson of Ruth Engman and Sally Nagorner.



ANNA FELDSTEIN

daughter of Stuart & Sondra, graduated from Bondurant Farrar High School. Anna has lettered in track, cross country, rugby and band during high school. She's been very active in 4-H, horse show, county fair, and volunteer activities - amassing over 250 hours of service during the last four years alone. Anna will be attending Iowa State University with plans to major in interior design.



ZANDER WOLF LEMAN

graduated from Waukee High School, where he was very active in all things theater, and earned a silver cord for his volunteer work with Tifereth Israel Synagogue and Beit Sefer Shalom. He created a group called the "League of Eldridge", where he organized outings for peers who are self-identified nerds, outcasts and misfits. He will be attending Grand View University in the fall, majoring in history and political science. His goal is to be President of the United States.



ARIELLE LIPMAN

daughter of Andi and Jeff Lipman and granddaughter of Don and Ronna Pochter, graduated from the University of Iowa College of Law in December of 2016. Arielle served on the Iowa Law Review. Arielle is an attorney at Lipman Law Firm, P.C. She is licensed to practice in the State of Iowa, the U.S. District Court for the Northern District of Iowa, and U.S. District Court for the Southern District of Iowa. Based on her superior bar exam results, Arielle is also eligible to practice law in 27 other States.



MEIER LIPMAN

son of Andi and Jeff Lipman and grandson of Don and Ronna Pochter, is graduating from Valley High School on May 28, 2017. Meier plans to attend the University of Iowa in the fall of 2017. Meier has been directly admitted into the University of Iowa Tippie College of Business and plans to major in Finance and Actuarial Sciences. During his years at Valley, Meier received academic recognition and served on Student Council, the Principal's Advisory Committee, tennis team, Varsity Show Choir and received the U.S. Presidential Volunteer Service Award for three years in a row.



GABRIEL MINTZER

son of Michael and Alla Mintzer, graduated from Valley High School and Central Academy. Gabriel is a Presidential Scholar, one of 161 throughout the U.S. 121 is based on academics and 20 on arts and 20 on technology. He will be going in June to Washington DC meeting with the other recipients and the Secretary of Education and the President at the White House. This is the highest honor to be received by a graduating senior. Gabriel will be attending MIT in the fall.

SOPHIE PHILLIPS

daughter of Bruce and Krystyna Phillips, graduated from Roosevelt High School. Sophie was in debate, served as Band President, and was a member of the National Honor Society. Sophie was a member of the Des Moines Youth Symphony for two years, as principal flute and piccolo, and a member of the Iowa All-State Band. Sophie plans to attend Iowa State University where she will major in flute performance and business.