

THE GREATER DES MOINES JEWISH PRESS

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Photo By: Brandon L. Saunders



**Happy Passover
From The Jewish Federation of
Greater Des Moines**

חג פסח שמח!

Community Seders

First Night Seder, Friday, April 19, 2019 | Temple B'nai Jeshurun, JRC, Chabad at Iowa State University, Drake University Hillel

Second Night Seder, Saturday, April 20, 2019 | Tifereth Israel Synagogue, JRC

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Jewish Press

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Volume 35, No. 3

Spring Edition

March, April, May 2019

Adar, Nisan, Iyar, Sivan 5779

Just a Phone Call Away



Jarad Bernstein
President

The most common piece of feedback I have received as board president has to do with our All-In-One Campaign strategy. Why is it that we don't make the same number of phone calls as in previous years? The simple fact is that many people don't pick up their phone from unfamiliar numbers anymore. And getting a voicemail returned? Lottery odds seem better. Instead, over the last several years we have focused our attention on direct mail, asks made in this column, easing the donation process by adding the ability to donate online and through text message, and yes, quite a few phone calls.

As we kick off the 2019 campaign I will make a promise to you: we will make more phone calls. But you've got to promise us in return that you won't send us to voicemail, or at least will return those missed calls.

The Federation is blessed beyond words to have a significant endowment that helps fund its work. In fact, nearly half of our budget is covered each year by drawing investment proceeds from

various funds set up by current leaders, our parents, and grandparents.

Putting on programming that reflects our community's vitality; running a preschool, religious school, camp; and helping make ends meet for those in our community who would otherwise go without depends on annual gifts from each of you. As one small point of information, did you know that Beit Sefer Shalom tuition covers only a fraction of the Federation's costs to run the school? It is because of our generous donors and a talented staff that we can provide the quality Jewish education that our families rely on each year.

In speaking with our professional staff, I can tell you we have a programming lineup this year that is truly something special. Please pay attention to your physical and digital in-boxes for our updates so you don't miss out.

Wishes for a healthy and renewing spring,

Jarad

A Heartfelt Thank You To the Community



Sharon Goldford
Executive Director

As you are aware by now, the search is on for an Executive Director for The Jewish Federation of Greater Des Moines following my decision to move to the next chapter of my life. It has been and is a very rewarding experience for me, as I know it will be for the next person in this position. The Federation staff is awesome! They have a deep dedication to the mission of the Federation and carry it out every day in their work with our community members, families, children and elderly.

Every day the staff enrich Jewish lives and work to maintain a strong Jewish community in the Des Moines area. The position of Executive Director is a valuable one for the community and also for the person that holds this position. You meet so many wonderful people both within

and beyond our community, engaging them in so many different ways.

The position is not an easy one in today's world. With the rise in antisemitism globally and locally, it is difficult to always maintain your composure and contain your personal feelings. If you have no other reason in your giving to support the Federation financially, please give so that Des Moines can continue to embrace and foster a strong Jewish community. Mark Finkelstein works every day for you in this area. Mark is one of the most dedicated people to Jewish causes that I have encountered. We talk every day about an issue somewhere that affects all of us as Jews. I have learned so much from him, and I will miss our daily conversations. However, Mark is just one of the gifts the next person will have in this role.

The schools and camp are the next area that I hope you will always want to support at Caspe Terrace. The children who enjoy these wonderful resources are our hope for the future. You will never encounter a more dedicated staff to ensure that a strong Jewish education is occurring. It still amazes and delights me that while walking through Gan Shalom, I hear a two-year-old say out loud, in Hebrew, the color green. You won't find this anywhere else in Des Moines. You won't easily find the beauty we have

at Caspe Terrace. Before coming to the Federation, I never had an office window where I can look for miles over beautiful snow-covered hills with children gleefully sledding.

Our elder population is recognized and honored at Caspe Terrace in two different ways. First, we care for their weekly and sometimes daily needs by delivering food baskets or paying their rent or energy bill. The needs of our elderly population will not go away; they will increase as other means decrease for them. It is our mission to care for them. The second way we honor them is through the Iowa Jewish Historical Society and the Museum. Their heritage is secured through maintaining documents, articles, or interviews and tapes of those interviews. You may access some of those tapes online or come to the museum to see them in person.

The position of Executive Director of the Federation is unique. It is not like any other role or position. The opportunities and challenges are not like those of any other position. The rewards are frequent and the disappointments are few. I have been such a fortunate person in my personal and professional life. Thank you for helping to make all I have had at the Federation so meaningful!

Shalom,
Sharon Goldford



Planned Giving

Would you like to ensure a strong Jewish Community thrives for years to come in Des Moines? Include The Jewish Federation of Greater Des Moines in your estate plans, through a bequest in your will, having the Federation be the beneficiary of your retirement plan or insurance policy. You may also chose to endow your yearly campaign contribution. Leaving a planned gift to the Federation will help us provide a Jewish education for your children and grandchildren. You can lead us into the future. Go to www.jewishdesmoines.org or call 515-987-0899 and we will be glad to assist you.

Community Report

Engman Camp Shalom

- Registration is now open! Visit engmancampshalom.org for more information and to register
- Anyone interested in becoming a counselor or CIT should apply at engmancampshalom.org
- We have a new Camp Director! Please welcome Anna Zavell to the Engman Camp Shalom family

Beit Sefer Shalom

- BSS Friday night services were at Tifereth Israel Synagogue on February 1
- Musical guest Eliana Light performed during all music classes at BSS on February 3
- A new computer lab was purchased for students thanks to the generosity of the Hurwitz Family
- Madrichim trainings continue to teach valuable leadership skills to our teenagers
- Purim Carnival is March 10 from 10:30-12:30 at Caspe Terrace. All are welcome!

Gan Shalom

- Gan Shalom prekindergarten children attended the Applause Series performance of Rainbow Fish at the Des Moines Civic Center
- Gan Shalom children visited the Iowa Jewish Senior Life Center, sharing songs and art work with seniors
- Gan Shalom will host professional development training for area early childhood professionals on Adverse Childhood Experiences (ACEs), trauma, brain development, and resilience this April

Jewish Community Relations

- Coordinated the educational programming presented by two visiting Israeli physicians under the auspices of our Israel Partnership/Western Galilee
- JCRC Committee of Racial Justice presented a program with guest speaker Dr. Katya Gibel Mevorach
- Participated in a panel discussion on “Protecting Houses of Worship” organized by the US Department of Justice
- JCRC Committee on Antisemitism presented a Skype session with ADL Regional Director Mary-Beth Muskin on contemporary antisemitism and held a separate lunch discussion on contemporary antisemitism in Europe

Iowa Jewish Historical Society

- Celina Karp Biniatz, one of the last living survivors from Schindler’s List, returns to DSM during the first week of April. Watch the IJHS website www.ijhs.online and the Federation’s e-newsletter for details about dates and times for her presentations
- Join us on Saturday, March 30, from 10 a.m. – 7 p.m. at the DSM Book Festival where we will be promoting the IJHS and selling our cookbook *Beyond Matzo Balls – Celebrating 100 Years of Jewish Cooking in Iowa*. FREE admission, visit www.dsmpartnership.com/dsmbookfestival/
- The IJHS has a new study corner in the museum for visitors, students, and researchers to use when listening to the newly-digitized oral histories, recordings of special events in the Jewish community, and episodes from the Light One Candle TV program

Jewish Family Services and Outreach

- At the November senior luncheon, we enjoyed a presentation by Jeff Raines from Senior Helpers. Jeff spoke about “How to Remain Safe in Your Home as You Age.” Jeff shared a lot of tips about things we can do to make our homes safer
- On December 6th, we held our annual Hanukkah party. We had a great Hanukkah meal and entertainment by Abe Goldstien and Laura Sparks
- January saw us traveling to Prairie Meadows for a fun afternoon of food, music, and gambling. We had a large group and lots of good conversation

The Margo and Don Blumenthal Jewish Student Scholarships 2020 – 2021 Academic Year

Application forms for the next academic year will be available online and through the Jewish Federation in March of 2019. (Applications will be due, postmarked to the Jewish Federation, by April 30, 2019.)

The scholarships are awarded on a competitive basis to Jewish students from Central Iowa* who will attend or are attending post-secondary schools within the State of Iowa.

*Jewish students who reside elsewhere in Iowa and will be attending a post-secondary school within Iowa and whose parent or grandparent is a member of the Des Moines area Jewish community are eligible to apply this year.

Donations to the Blumenthal Scholarship Fund may be earmarked and sent to:
The Jewish Federation of Greater Des Moines, 33158 Ute Avenue, Waukee, IA 50263

For additional information, contact jerc@dmjfed.org
To access the application online, visit <https://bit.ly/2E69Zzb> or jewishdesmoines.org





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We are looking for community members who are interested in contributing to The Jewish Press. If you or someone you know enjoys writing about Jewish sports, arts, film, books or music please consider becoming a content writer.

Please reach out to Giovanna Zavell, Managing Editor, for more information about advertising or writing.

Phone: 515.419.1269 | Email: anna@dmjfed.org



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The Birth of Israel

Dr. David Friedgood
Torah Commentator

It started with a wandering dreamer. A man named Abraham left home in search of meaning and truth in his life. 'What is it in our existence that is infinite and permanent,' he asked. 'What is my purpose in life?' His wanderings connected him with an idea. All of us; all people and all living things, indeed the whole universe, is part of one creation. We are all part of a single entity — created by Elohim — the God of gods. This unique idea was perpetuated by his family, which evolved into a large Patriarchal clan. Abraham's grandson Jacob was another dreamer. His travels took him to the fork of the river Jabbok where the next day he was to confront his estranged brother Essau in possibly a life or death situation. That evening a nameless mystical stranger approached him. They wrestled with each other all through the night. At dawn his assailant begged to be let go, but Jacob first demanded a blessing. His combatant replied: "Your name shall no longer be Jacob, but Israel, for you have striven with beings divine and human, and have prevailed." (Genesis 32:29) (Israel means: the one who wrestles with God). The clan had a new name. They were now the people of and the children of Israel, those who wrestle with their Deity. Still they remained an isolated clan managed by the family Patriarchs.

Latter circumstances brought Jacob and his clan to Egypt. Eventually they were enslaved and became serfs to a new lord — Pharaoh. Their prospects were slim. Newborn male children were murdered at birth and thrown into the Nile River. Abraham's vision however remained as a spark of hope, sustaining the Hebrew people. Amongst them a man arose named Moses. A man who survived his childhood with the help of the women in his life. His mother Yocheved, his sister Miriam, and later Pharaoh's daughter. Moses escaped Egypt into the wilderness, searching for a new life. There he found his God and life's mission in a burning bush. A small plant ablaze that although burning was not consumed. (A

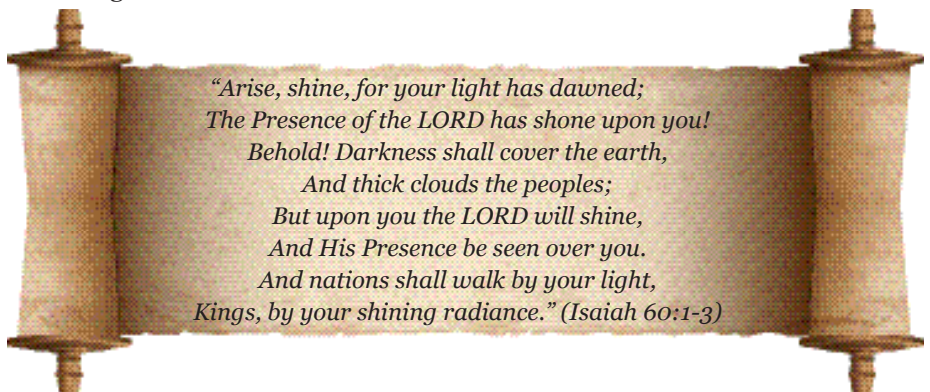
metaphor for the people of Israel). With his brother Aaron, Moses confronted Pharaoh. They demanded freedom for the Hebrew clan so that the people could reconnect with their God and their destiny. It was no surprise when Pharaoh said 'No.'

At the Lord's direction, Moses harnessed the power of God. One horrific plague after another was brought on the Egyptian people. Still Pharaoh refused to set them free. As the lord of Egypt Pharaoh was all-powerful. At a whim he could enrich one of his subjects or have them killed. Pharaoh saw himself as a deity — certainly superior to the God of his slaves. Moses and Aaron said, "Let my people go." Pharaoh replied, 'are you kidding.' Each successive plague punished the Egyptian people but the Hebrews, living separate from Egyptians in the land of Goshen, were spared. With each horror Pharaoh seemed to give in to Moses' demands, but once the plague lifted his 'heart hardened' and the people remained enslaved.

First the Nile River, their source of water necessary for life, turned to blood. Next Frogs inundated the country. The dead reptiles became a sanitary and health hazard. The third plague involved an infestation of Lice (or possibly mosquitoes), which even Pharaoh's magicians attributed to the 'finger of God.' Plague number four — Wild animals terrified the people. Plague number five — Their cattle, necessary for food and beasts of burden, succumbed to disease. Plague number six — 'Abba'buot' boils infiltrated the Egyptian's skin, adding to their misery. Plague number seven — Hail destroyed crops in the field and killed people and animals who did not have the sense to seek shelter. #8 — The dread scourge of Locusts. Millions of

insects devoured what grain and food remained. Then, the ninth plague — Darkness. This was no ordinary loss of light. It was a darkness that could be felt. Darkness that could not be relieved by lighting a candle. A darkness of the soul. The Egyptian people could not leave their homes for three days until the plague lifted. Still Pharaoh relented, but God told Moses that the end was near and he was to prepare the people for their departure. They were told to slaughter a lamb for a great family feast and mark the door post of their homes with the animal's blood. That night a great cry was heard throughout Egypt as the first-born son in each household died. The Angel of Death 'passed over' those houses marked with blood as those inside celebrated the first Passover feast. After this 10th plague the Egyptians desperately wanted the Hebrews gone. Pharaoh, also a first-born son, could no longer refuse and the Exodus began. 600,000 men on foot (military able men) and nearly two million total people; men, woman, children, and the elderly left Egypt that day.

The Hebrews, along with a mixed multitude of other people, headed into the wilderness. Like Abraham they faced an uncertain future. They did however have their dreams. Each carried a Divine spark of what life could be. They believed in a future of freedom in the 'Promised Land.' A future where all people, all human life, was of infinite value. A future of peace and prosperity under the sheltering wing of their Deliverer, the one God of the entire universe. The Patriarchal clan was no more. Out of the narrow depth of hopeless slavery a new nation, Am Yisrael — the Nation of Israel was born.



*"Arise, shine, for your light has dawned;
The Presence of the LORD has shone upon you!
Behold! Darkness shall cover the earth,
And thick clouds the peoples;
But upon you the LORD will shine,
And His Presence be seen over you.
And nations shall walk by your light,
Kings, by your shining radiance." (Isaiah 60:1-3)*

In the Kitchen with Challah Maven Dick Kirsner

Karen Engman
Food Columnist

I think I've known Dick Kirsner for almost 40 years, but I never knew he was the "King of Challah" at Temple B'nai Jeshurun. It all started with Rebecca Shaffer suggesting that I write an article on Dick's January challah baking class. (Yay! Someone listened to my pleas for help in finding community cooks and bakers to feature in the Jewish Press!)

Richard Kirsner, the middle son of Dorothy and Alvin Kirsner, was born in Minneapolis but grew up in Des Moines. He has two brothers; Jim who is the oldest and Larry, the youngest. He attended Byron Rice Elementary for kindergarten, then Hanawalt and Callanan, graduating from Roosevelt High School in 1964. He graduated from the University of Iowa in 1970 with a Studio Art (Painting and Sculpture) degree.

After learning how to build acoustic guitars in Iowa City, Dick joined some friends on a "crafts farm" in North Sutton, New Hampshire. His daily chores included milking the cows by hand and tending to the chickens. When the chores were finished, he built guitars and sold them to musicians

in Chicago. After two years on the farm, Dick returned to the Midwest to manage a Flower City Store in Leawood, Kansas and started a film animation company with his childhood friend Nancy Margulies in St Louis.

In 1975, he returned to Iowa City to earn a second degree, a Bachelor of Business Administration with a major in accounting. He received his CPA certificate in 1978. His business careers were varied including senior tax manager at Peat Marwick and Coopers & Lybrand, president of several software publishing companies, CFO of a Rolls Royce dealership in Florida, CFO at US Operators, Inc in Dallas, Director of Business Development at C.E. Software, worked with Patrick Drahi selling cable franchises in southern France, loan officer for American Home Mortgage, Catalog Manager for Competitive Edge, and CFO and co-founder of Torsion Mobile, Inc.

Dick is now retired so he has plenty of time to pursue his hobbies. He said he always wanted to learn to bake challah, so he simply found this recipe online and taught himself how to bake bread. He has taught a few individuals how to bake challah but this January, he taught a class of 8, which is a first for him. His wife Mary Kay (Wilcox)

of Madison, WI doesn't help with the baking process, but Dick says she is happy to eat it. They have a 19-year-old daughter, Elizabeth, who is a freshman at Drake University.



Dick shared this wonderful photo of the challah he shaped into a menorah and he also mentioned he made a cinnamon challah by brushing each braid with butter and then rolling each in cinnamon and sugar before braiding and baking the loaf.

I want to thank Dick Kirsner for sharing his challah recipe with our readers and a special thanks to Rebecca Shaffer for suggesting I contact him. Please remember to call (515-229-4447) or email me (karen.engman@gmail.com) with your cooking questions or suggestions.

Kirsner Challah

- 2 packets of yeast
- 3 Tablespoons of sugar
- 1 cup of warm water
- 2 egg yolks (reserve the whites for later)
- 1/3 cup oil
- 1 cup water
- 1 Tablespoon salt
- 1/3 cup sugar (you can substitute honey or agave)
- 7 + cups flour
- Sesame or poppy seeds (optional)

Dissolve 2 packets of yeast and 3 Tablespoons of sugar in 1 cup warm water right in the bowl of a mixer. Let it rest for 15-20 minutes then it should be bubbling and frothy.

Now mix in the following ingredients; 2 egg yolks, 1/3 cup oil, 1 cup water, 1 Tablespoon salt, and 1/3 cup sugar, alternating between wet and dry.

Next add the flour until the consistency is not too sticky but still a little springy. Using the dough hook on a mixer, combine until dough comes into a ball. You may need to add some more flour. Place in a well-oiled bowl, covered with a damp cloth, paper towel, or saran wrap and leave it to rise for an hour or so in a warm area. After doubling in size, punch it down and then let it rise for another hour.

Now it's time to braid. Slice dough in half, as this recipe is enough for two large loaves. Slice each half into four pieces to roll into four ropes to form a four strand round challah. Braid each loaf and let rise for more than 30 minutes, covered by a damp cloth. Preheat oven to 365 degrees. Brush your challahs with the reserved egg whites and add sesame or poppy seeds if desired. Bake for 25-30 minutes.

Remove from oven and cool on racks.



Upcoming Senior Activities

Thursday, March 14: A Purim celebration will be held at Tifereth Israel Synagogue at 12 p.m. Gan Shalom students will join us and share some songs! Don't miss this fun time with our preschoolers from the Federation School. Cost for lunch is \$5 per person.

Thursday, April 11: Join us at The Iowa Jewish Senior Life Center at 12 p.m. We will get a chance to visit with Ron Osby, Life Center director, and the Life Center staff.

Tuesday, May 7: Travel to Prairie Meadows for food, music, and gambling. We will leave Tifereth Israel Synagogue at 11 a.m. and return by 3 p.m. Cost for lunch and transportation is \$7 per person.

If you are interested in attending, please contact Jody Ingersoll, Jewish Family Services, at 987-0899 ext 210.



Wishing our friends

a

Happy Passover!

On behalf of

The Iowa Jewish Senior Life Center



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**An evening of reflection on the occasion of Yom
HaShoah with a screening of video interviews of
Holocaust survivors from the Des Moines community.**

**Wednesday, May 1, 2019
6:30 p.m. Memorial Service
7 p.m. Memorial Program
Casper Terrace**

**With assistance of the Iowa Jewish Historical Society. For additional information,
contact jrcr@dmjfed.org**



Lunchtime Series Addresses Various Aspects of Contemporary Antisemitism



January. Our guest speaker was Mary-Beth Muskin, ADL Regional Director for the Midwest, whose office is located at the Jewish Federation in Omaha. Dr. Muskin presented an overview of the ADL's resources in monitoring antisemitism worldwide, responding to hate crimes affecting Jews in the U.S., and the anti-bigotry programs it offers to schools.

If you are interested in keeping informed on the topic, you can request to be placed on the JCRC/Federation's opt-in e-newsletters on antisemitism by sending a message to jcrc@dmjfed.

The next lunchtime presentation about contemporary antisemitism will be March 19, with guest speakers Rabbi Yossi Jacobson and Grinnell Professor Katya Gibel Mevorach.

Antisemitism talk for JCRC Committee on Antisemitism (January 2019) with ADL regional director Mary-Beth Muskin.

The JCRC is actively involved in monitoring the marked increase of antisemitism globally and within the United States. As a result of its concern and the need to educate ourselves and the general community as to the

multifaceted and complex nature of antisemitism and the danger it poses, JCRC and the Jewish Federation have initiated a series of programs on various aspects of the subject.

The first of this series was held in

Dr. Emile Schrijver's Visit to Des Moines Community



Dr. Emile Schrijver is the General Director of the Jewish Historical Museum and the Jewish Cultural Quarter in Amsterdam and spoke to the Community on December 9, 2018. Dr. Schrijver pictured above with Iowa Jewish Historical Society Museum Director, Sandi Yoder.

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Historian and Curator at the US Holocaust Memorial Museum, and Author of *Rescue Board: The Untold Story of America's Efforts to Save the Jews of Europe*

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MEREDITH HALL, ROOM 101

This program is presented under the auspices of the Jewish Federation of Greater Des Moines, Drake University School of Journalism and Mass Communication, and the UNI Center for Holocaust and Genocide Education and Norman Cohn Family Annual Holocaust Remembrance and Education Lecture. For further information, contact Dr. Dorothy Pisarski (515) 271-1857.

Rare Book Surfaces Detailing WWII Era German Demographic Study of North American Jewry

Mark Finkelstein
JCRC Director

In January, the Canadian National Library announced the recent acquisition of a rare book published in Germany in 1944 that can possibly shed light on an important question of World War II: What might have happened had Nazi Germany won The War in Europe?

The 137 page book, whose title, translated from German, is "Statistics, Media, and Organizations of Jewry in the United States and Canada," was authored by an individual who is known to have maintained contacts with Nazi sympathizers in the United States and whose work on linguistics was used as propaganda by the Third Reich.

With this book having come to light, we now know that the Nazis were compiling data about Jewish life in North America. Of note is that the book was published after the Wansee Conference was held near Berlin in 1942 during which plans were put in place to annihilate the remaining 11 million Jews in Europe as of that date. It is conceivable the Nazi leadership believed that at some point after the elimination of Europe's Jews, the Jews in North America would be targeted for annihilation.

The book in possession of the Canadian archives bears a bookplate indicating that it was in Hitler's extensive personal library.

Authorities in Canada say that the book will be on public display and will be digitized for online access by the public.

For additional facts on this matter, see the Canadian National Library's press release online at

<https://prn.to/2FXHbKm>

Doctors Visit as Part of Partnership2Gether



From left: Dr. David Friedgood, Dr. Assaf Shemesh of Hungary, Dr. Sami Tobias of Galilee Medical Center, and Dr. Steve Adelman. Dr. Friedgood and Dr. Adelman are specialists in neurology. Dr. Tobias is a neurosurgeon. Dr. Shemesh specializes in emergency medicine. The picture was taken at Mercy Hospital.



Dr. Tobias described treating cranial injuries of Syrian casualties to medical students at Des Moines University.



Dr. Tobias spoke to community members at Tifereth Israel Synagogue about the work he does at the Galilee Medical Center. He spoke about the patients and types of injuries he has treated as a neurosurgeon.

Groundbreaking Israeli Medical Device Treats Burns Without Ever Touching the Patient

Viva Sarah Press
Adopted from Nocamels.com

Imagine being able to treat burn injuries without causing added pain to the burn victim when dressing a wound. An Israeli nanotechnology company focused on the development and manufacturing of portable electrospinning technology for medical applications, has created a device that does just that and more.

Nanomedic Technologies Ltd, based in Lod, a city just outside of Tel Aviv, has developed a breakthrough medical device that looks like an oversized glue gun, which helps burn victims skip the unbearable pain usually associated with dressing changes in burn treatment.

"It's like a bandage but a very highly advanced bandage. It is for very serious wounds — second-degree burns, surgical wounds, large opened and partial deep wounds," Dr. Chen Barak, CEO of Nanomedic, tells NoCamels. "We will also treat chronic wounds and dermal diseases."

Nanomedic developed the SpinCare device, a portable wound care system that creates an on-the-spot nanofibrous layer for tissue repair and healing without any contact from the caregiver. The device is used in European and Israeli hospitals and is set for commercial market release later this year.

"The unique aspect of our device is that we manufacture on-site a transient skin layer, a protective layer that remains on the wound throughout the healing process. The polymer solution we use is proprietary, with characteristics specific to the treatment for the wound," says Barak.

Nanomedic says it is also the only company to minimize the electrospinning technology from large machine into a portable, bedside commercialized device. Barak, who has more than 20 years of experience in the development and commercialization of medical devices, says the company intends to add FDA approval to its CE mark.

"The protective layer is applied from about 20 cm away from the wound, without touching the wound. It feels like a delicate wind on the wound. You apply it once and it



remains on the wound for the healing process," says Barak. "It can take two to three weeks but the layer is there to protect the wound and to allow underneath healing of a new skin."

There is also a reduced risk for infection, she says, because the wound is never touched. "You don't need to replace it. Typically, the major pain that patients complain about is the traumatic changing of dressings. Here you skip this step and this is crucial for the patient and for the caregiver. After our application, you can go back to regular day-to-day life, including early showers and free movement," says Barak.

For the thousands of new burn victims every year, this is optimistic news.

Burn injuries continue to be one of the world's leading causes of unintentional death and injury, according to the World Health Organization (WHO).

"Non-fatal burns are a leading cause of morbidity, including prolonged hospitalization, disfigurement and disability, often with resulting stigma and rejection," reports WHO.

Global market reports show a growing interest in innovative technologies and wound treatments for burn victims. Israel, known worldwide for its medical technology advances, holds a first-class name for burn treatment innovations, as well.

Yavne-based MediWound, a biopharmaceutical company, is renowned for its innovative therapies in severe burn and wound management. In October, MediWound announced a \$43 million contract with the US Biomedical Advanced Research

and Development Authority (BARDA) to develop its flagship product for the treatment of mustard gas injuries.

Israeli-developed laser technologies are also sought after to help reduce the devastating impact of scars in burn victims.

"This is one of the birthplaces of laser medicine. You have doctors here who think innovation, it's in their blood. It is a very exciting environment to work in," US-based Burn Advocates Network founder Samuel Davis, tells NoCamels.

Davis was in town for the inauguration of the Israel Pediatric Aesthetic and Reconstructive Laser Surgery Center of Excellence (I-PEARLS), which he founded to be part of the National Burn Center at Sheba Medical Center.

Prof. Josef Haik, the Director of Israel's National Burn Center Intensive Care Unit at Sheba Medical Center, and Prof. Arie Orenstein, director of the Sheba Medical Center Department of Plastic and Reconstructive Surgery, worked closely with Davis to develop this first center in the Middle East focused on non-invasive methods to heal scars.

In Israel, burns are the most common injuries among children (and especially in winter), according to the Ministry of Health. In 2017, 3,286 children were treated for burn wounds at emergency wards and Terem clinics, according to the latest data by the Ministry of Health. The data shows that 84 percent of burn child victims are injured at home.

"Laser treatments have been around for years but somehow kids with burn scars got left out of the focus. When you take innovative

clinicians and you put them together with the latest equipment, good things happen,” says Davis, a philanthropist from New Jersey who is also the founder of Camp Sababa, Israel’s camp for pediatric burn survivors.

I-PEARLS, says Davis, will change the standard of care in laser treatments for pediatric burn treatments. He relates that Sheba’s tradition of as a center for research, training and sharing Israeli expertise is a mission shared by the new center.

“Sheba has a tradition of bringing

catastrophic burn cases from Greece, Syria, Africa, the Palestinian Authority areas and from all over the region. This will just increase and expand the ability of the doctors to accept patients and teach physicians and surgeons in foreign countries. It increases the capability of Sheba to do its mission,” says Davis. “The center is already training doctors from other countries and we’re laying the groundwork to export I-PEARLS techniques.”

Indeed, Israel’s name as an innovator in the burn treatment

space is sought out, agrees Barak, of Nanomedic.

“Israel is a source of a lot of innovation. All the physicians and companies with whom we’ve been in touch appreciate the innovative approach we have here,” she says.

Viva Sarah Press is a journalist and speaker. She writes and talks about the creativity and innovation taking place in Israel and beyond.

www.vivaspress.com



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Meet the 2019 ECS Staff Who Can't Wait for the Snow to Melt at Caspe



Giovanna (Anna) Zavell
Camp Director

Hello Engman Camp Shalom families! For those of you who I have not yet had the pleasure of meeting, my name is Anna and I will be serving as the Camp Director this summer. Here's a little bit about me.

I am a native of Skokie, Illinois and went to Drake where I received a B.A. in English and a B.A. in Magazine Journalism. I graduated in May of 2018 and was lucky enough to be hired by The Jewish Federation of Greater Des Moines as the Judaic Specialist and Managing Editor of the Jewish Press.

Since starting last May, I have

taken on a couple other responsibilities including supporting Drake University Hillel and, of course, Engman Camp Shalom Director.

I am so excited for 10 weeks of summer fun at Caspe. Although the winter weather makes it feel as if summer is far away, it will be here before we know it.

This summer, in addition to exciting field trips we will spend a lot of our time at Caspe. We are so lucky to have Caspe be the home of Camp, and it has so much to offer. From scavenger hunts to slip and sliding down the hill on our bellies in the hot sun, our campers love spending time here.

While our outside space has so much to offer, so does our inside space. Our kitchen allows us to experiment with food activities, that will probably end up being eaten quickly. And even on a rainy day, there are crafts, theater and so much more that can be done in the many parts of our building.

My goal for this summer is to welcome more new families to our camp. The only way to do this is with your help! As current Engman Camp

Shalom families, we rely on your positive feedback and referral to others. If you know a child in kindergarten through eighth grade who hasn't made summer plans, please be sure to mention Engman Camp Shalom! Registration is easy, and you can pick and choose which weeks to attend based on the activities. Just visit engmancampshalom.org.

If you're a Beit Sefer Shalom family, you automatically receive a 10 percent discount. We are also running a referral discount. For each camper referral, receive a \$25 credit. And, if the camper referral enrolls in five or more weeks of camp, receive a \$50 credit.

We pride ourselves in having a strong staff that keeps kids active and having fun all day long. Counselor and CIT positions are open, and we would love to have more people apply. If interested, please give me a call or send an email and I can send you the link.

I look forward to seeing all the smiling faces this summer. Please don't hesitate to contact me with any questions by email (anna@dmjfed.org) or call/text (515.419.1269).



Julia Minnehan
Camp Administrator

My name is Julia Minnehan and I am very excited to be back at Engman Camp Shalom this summer as the Camp Administrator and to work with our awesome camp director, Anna, as

well as our great counselors and most importantly our wonderful campers.

I went to Engman Camp Shalom when I was just a kindergartner all the way through when I aged out to become a CIT. I then worked as a counselor at camp for seven years through high school and college. This is my fourth summer being back at camp on the administrative side. I am so thankful to watch the campers having fun all summer and getting the same meaningful experience I received as a child.

When I'm not working at camp, I work as the twelfth grade school counselor at Lincoln High School. This is my seventh year as a school counselor and I absolutely love it. I am so thankful I get to work with students to help prepare them for their futures. I also coach the Trendsettas dance team at Lincoln.

I have been married to my husband, Jeff, for five years and we have three awesome children. We have a 17 year-old-daughter named Blessing who

joined our family this year, and then two-year-old twins, Alexia and Vincent. The twins start Gan Shalom this month and we are so excited to have them receive a quality Jewish education.

I can't wait for all of the fun things we have planned for summer. My personal favorite is always going to Adventureland, although I still won't be brave enough to hop on the roller coasters with the kids.

Seeing their joy and excitement all day long on the trip always leaves me with a smile on my face. I also am very excited for the campers to try new things this summer and to discover new hobbies. Summer 2019 is going to be the best!

COUNSELOR POSITIONS OPEN

To apply, visit engmancampshalom.org
For questions, please contact Camp Director, Anna Zavell,
at anna@dmjfed.org or 515.419.1269

Applications close March 15



Beit Sefer Shalom Fifth Grade Class Receives a Special Visit



Giovanna Zavell
Managing Editor

"Forgive, but don't forget."

David Wolnerman and Sydney Pearl visited the fifth grade class to speak on the book, *A Lucky Lie: The Power of 18*, which the class has recently read. Wolnerman is Iowa's last known Holocaust survivor and Pearl had the honor of writing this book about him to share with the world. Together, the two have done something amazing; they captured a story that should never be forgotten, and should be shared with many.

Wolnerman didn't always share his story. In fact, it wasn't until more recent years that he began opening up and sharing the truths of surviving the Holocaust. In 2015, he worked with Pearl to put his story on paper, and

ultimately have it published through the "A Book by Me" collection that strives to preserve stories from World War II.

The Holocaust is not an easy thing to talk about, especially at a young age. But the more Wolnerman shared about his experiences, showing his number tattoo and sharing how he got through some of his darkest days, the more curious the fifth grade class got.

Wolnerman's son, David, was also present during this visit and shared his stories of growing up with a father who is a Holocaust survivor. David shared how to this day, he is still learning things about his own father he never knew. Growing up, Wolnerman didn't share too much with his son. But the stories that were shared, and the new ones that continue to be shared are not forgotten.

When Pearl and Wolnerman finished talking about being a survivor, and writing the book, the class was encouraged to ask questions. These fifth graders had some really awesome, and mature questions, to ask both Pearl and Wolnerman. From asking what it is like to be an author, to how does one forgive after living through something as awful as the Holocaust, the fifth graders were eager to know more.

The Des Moines Jewish community is so lucky to have Pearl and Wolnerman.

High Schoolers Build Community, Identity and Friendships

Not many know, but Wednesday evenings, after all the third through eighth graders leave Caspe Terrace, the high school kids take over. This year, the Beit Sefer Shalom High School program has been revamped, thanks to Allison Wolf. Of course, a main objective of the High School group is to further Jewish education and identity. But if you ask any one of the groups' members, you will quickly learn it is so much more than that.

"We have a lot of fun and there is always an engaging activity or conversation to be a part of," says high school senior, Gabby Jones. "I am a very introverted person but being in this group is different. It's a safe space for everyone and you can feel that every time you are a part of it."

This year's focus is on community and how it impacts the world around us. We all know that community is an important aspect of the Jewish faith. Roots run deep in each Jewish community, especially here in Des Moines. For the high school students, the goal of this year's focus is to build community with others their age as well as the Greater Des Moines Jewish Community.

"If high school students feel a part of the Jewish community, they will seek out more Jewish community," says Wolf. "They will be involved as they get older, and become the leaders of the future — because they want to. All of us would love that."

The students who regularly participate in the high school program are a diverse group. They range in age, interests and personality. But they all share one thing — a strong Jewish identity.

One of the ways the students have been connecting with the larger community is visiting the Jewish Senior Life Center once a month. On the first Wednesday of the month, the students bring activities to do with residents of the Life Center. So far, they have done origami and tied fleece blankets that the residents then got to keep.

Since starting their visits, the high schoolers have created relationships with four residents who regularly attend the visits, as well as a handful of others who are only in the Life Center's care for a shorter amount of time.

"Our society has fewer opportunities for young people to interact with folks from older generations," Wolf says. "But they love doing that and need it. This program helps them make those connections too so that they have an expanded support system."

"Being a part of this group has really helped my sense of community grow," says Jones. "When I was younger I didn't feel a strong sense of community but now as I've gotten older and more involved I feel like I have a very strong sense of community."

In addition to making new friends at the Life Center, the high school students have made blintzes with Chef David, went to the movies to see "The Hate You Give," discussed ethical issues in our society, attended an Iowa Wild hockey game and created deeper friendships among their peers.

If you are a high school student or know of a high school student looking to become more involved, there are still a number of activities happening this school year. Events are always free, and you do not have to commit to attending all events. If you see something you like and want to attend, then all you have

to do is show up. We hope to see more high schoolers join us.

If you have any questions, contact Allison Wolf (Allison.wolf10@gmail.com) or Anna Zavell (anna@dmjfed.org).

*Join us for the remaining
High School Events*

Wednesday, March 6, 7-8:30 p.m.
Volunteer at the Senior Life Center

Wednesday, March 13, 4:30 p.m.
Possible after hours tour of the Art Museum

Wednesday, March 27, 7-8:30 p.m.
Roller Skating at Skate West

Wednesday, April 3, 7-8:30 p.m.
Volunteer at the Senior Life Center

Wednesday, April 10, 7-8:30 p.m.
Mocktail/Cocktail end of year celebration



Celebrating Hanukkah, Learning About Israel and Special Guests



We love when guest musicians join us on a Sunday morning. Especially musicians as fun as Eliana Light! From the oldest to youngest students, Eliana had everyone moving and grooving to traditional and new Jewish tunes. Be sure to check out her music on Spotify.



Our students had an awesome time spending a Wednesday evening building their very own Menorahs! A big thank you to the JRC of Iowa for inviting our students to take part in this fun and educational activity.



During Israel Rotations, students took part in an archaeological dig. Each group learned about how important digging in Israel is to learning about Jewish history.

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Jody Ingersoll at jody@dmjfed.org

Dalet Class Attends 'Rainbow Fish' on Field Trip

Juli Margolin
Dalet Lead Teacher

The Applause Series delivers 60 matinee performances each year for students from preschool to high school. More than 55,000 students each year attend an Applause Series performance. For many, it's their first experience of live theater. The change in learning environment is dramatic, as the Des Moines Civic Center or Temple Theater becomes the classroom. One-hour

matinees energize young imaginations and invite new thinking about creative expression, cultural diversity, and even career options.

The Applause Series brings the world to Iowa's school children, opening their eyes to new cultures, customs, and ideas.

Our field trip to see Rainbow Fish was fabulous. The kids loved it and were very well behaved. I was very proud of the whole class. Sam even asked a question at the end of the play. He asked how the puppets moved.

At the end of the performance, the Mermaid Theatre puppeteers (there were only three of them!) came out and showed the audience how they made the puppets move, how the black lights worked, and what the puppets were made of.

Thanks to Hannah's parents and Rabbi Barton for going along with us, and to Morah Sophie for driving the van. Thank you, Morah Anissa, for getting us tickets to see Rainbow Fish!



Gan Shalom Students Find Their Inner Yogi

Gan Shalom children have started taking Yoga classes with Jennifer Wagner, owner of Collective Wellness. The children have learned several yoga poses, the favorite being the 'Rocking Baby' pose. It has been amazing to watch the children use the breathing techniques to self-regulate during the day.



The Weather May Be Cold, But We Love to Play in the Snow!

We have enjoyed our time outside in the snow. We have the perfect hill in the backyard for sledding and snowboarding. The children loved the huge piles of snow left from the snowplows. It is not easy climbing a snow mountain.



Gan Shalom

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Hear Iowa's Jewish History in the Voice of the People Who Lived It

How many times have you wished you could hear a real person tell you what happened during an important event in history? Or tell you what their daily lives were like rather than just reading descriptions in a textbook? Now you can!

On December 31, 2018, the Iowa Jewish Historical Society completed Phase I of our special project to preserve the personal stories of Iowa's statewide Jewish community—the shopkeepers, social workers, tailors, doctors, and housewives as well as the Jewish leaders who made important contributions to their own communities, to our state, and nation. These stories reveal details about immigrating to the United States, growing up Jewish in Iowa, keeping kosher, facing anti-Semitism, and more.

Now you can hear Louise Noun describe her journey from being a “good Jewish housewife” to becoming a women's and civil rights leader.

You can see and hear Holocaust survivors like Jacob Waizman, Ingrid Mazie, Charles Anolik, Fred Badower, and others tell of the torture and the hardships they endured.

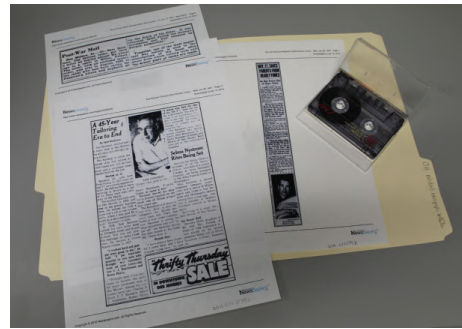
Or you can enjoy episodes of the 1990s television series *Light One Candle* that showcased people and organizations in the Jewish community.



Oral History Assistant, Susan Jellinger, listening to and documenting the contents of video taped interviews.

With funding provided by a grant from the State Historical Society of Iowa's Historical Resource Development Program and matching funds donated by the Iowa Foundation

for Education, Environment, and the Arts and individual donors, the IJHS has taken audio and videotapes dating from the 1970s through today and digitized them to make their contents available for everyone. Susan Jellinger, the IJHS' Oral History Assistant, has listened to and summarized more than 180 interviews, recordings of special events in the Jewish community, episodes from *Light One Candle*, and more.



Sample of files created for many of the tapes, putting the interview and interviewee in historical context.

To find out which recordings are available, go to our new website www.ijhs.online and look for Jewish Oral Histories. The listings are broken into three main categories.

The Toldot Iowa tapes are interviews conducted in the 1990s as part of a statewide research project. The *Light One Candle* tapes are episodes from the TV program produced by the Jewish Federation of Greater Des Moines.

The largest category—Oral Histories and Events—features interviews with individuals, Holocaust survivors, Liberators, business leaders, and recordings of events in the Jewish community.

If you want to watch and listen to an interview, please call 515-987-0899 ext. 216 to make arrangements.

The IJHS has established a new Study Corner in the museum for viewing these tapes. Some are difficult to listen to—such as Jacob Waizman's recounting of the time he was told to dig his own grave and then hearing the click of the gun as a German soldier prepares to shoot him, or when Fred

Badower describes being used as a punching bag by German soldiers.

Other interviews, especially those in the *Light One Candle* TV series, highlight different aspects of Jewish life as well as special events in the community—such as Governor Branstad talking about Holocaust education, the opening of the Iowa Jewish Historical Society museum at Drake University, the groundbreaking at Caspe Terrace, etc.

Together, these tapes highlight the personal histories of the people who built Jewish communities in more than 100 cities and towns across the state, who survived the Holocaust, fought anti-Semitism, stood up for their neighbors when they were fighting discrimination, and who raised families, founded businesses, and led successful lives across Iowa.

All of these tapes are one-of-a-kind recordings that provide personal perspectives and insight into Jewish life in the 20th century that would have been lost without this project. Instead, students, adults, or serious researchers from anywhere in the world now have access to the history found in these recordings and the new or long-forgotten details about Jewish life contained in them.

The IJHS is deeply grateful to all the donors who supported this project and for saving these treasures from the past.

Donors:

State Historical Society of Iowa
Historical Resources Development Program

Iowa Foundation for Education,
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Harry Bookey and Pamela Bass-Bookey

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Janice and Kent Rosenberg

Ben and Joyce Swartz

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IJHS Receives Bravo Cultural Enrichment Grant for 2019!

The Iowa Jewish Historical Society is pleased to announce that it has been awarded a \$12,000 Cultural Enrichment Grant from Bravo Greater Des Moines for the period January 1, 2019 – December 31, 2019! Cultural Enrichment Grants support annual operating and programming costs.

Bravo Greater Des Moines is a public-private partnership that was formed in 2004 by a collaboration of central Iowa local governments to provide reliable funding and leadership to the arts, culture and heritage community. Since that time, a total of 17 partner communities have committed a portion of their hotel/motel tax revenue to Bravo Greater Des Moines to administer a competitive and accountable grantmaking program which includes operating and capital support for arts, culture and heritage non-profits in the region.

These 17 partner communities are: Altoona, Ankeny, Carlisle, Bondurant, Clive, Des Moines, Grimes, Indianola, Johnston, Norwalk, Pleasant Hill, Polk City, Polk County, Urbandale, Waukee, West Des Moines and Windsor Heights.

The IJHS is deeply grateful for this grant that helps us fund our preservation, education, and programming activities.



Iowa Jewish Historical Society

How Beautiful is our Heritage **20th Anniversary Fund Drive**

It is more important than ever that we save our history, in our home communities and statewide. Help preserve our precious heritage and share it with the world.



Give the Gift of Iowa's Jewish History and Help Preserve Iowa's Jewish Heritage for This and Future Generations

The artifacts, photos, manuscripts and other treasures that the Iowa Jewish Historical Society collects and preserves are our history – the irreplaceable record of the accomplishments, contributions and personal stories of Jews in Iowa.

Join now at www.ijhs.online or complete this membership form.

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For more information: (515)987-0899 ext. 216 or ijhs@dmjfed.org



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Celebrating something in your life or remembering someone who has passed? Consider submitting simchas and memoriams to the Jewish Press. From births to weddings, B'nai Mitzvot and awards, we want to celebrate all of life's achievements and cycles.

All submissions should be sent to jp@dmjfed.org

Congratulations to Our Bar and Bat Mitzvahs!



Leah, Jori, Nate and Gabby Jones are happy to announce that Eliav Menashe (Avi) Jones, an eighth grader at Callanan Middle School, will be called to the Torah as a Bar Mitzvah on March 9, 2019 at 9:30 a.m. at Tifereth Israel. Avi enjoys computer programming and attends Hyperstream programming club at Callanan. In addition, Avi plays bass in his school orchestra, takes piano lessons and plays soccer. All are welcome to a Kiddush luncheon following services.



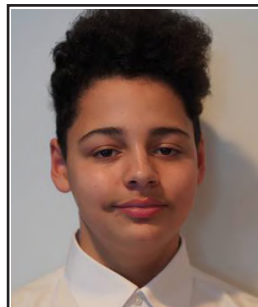
Laurie Belin and Kieran Williams are proud to announce that their son Philip Owain Williams will be called to the Torah as a Bar Mitzvah on May 11, 2019 at 10 a.m. at Temple B'nai Jeshurun. All members of the Jewish community are welcome to join us for this joyous occasion and for a Kiddush luncheon to follow at the Temple. Philip is in seventh grade at Cowles Montessori.



Please share in our happiness as our daughter Hailey Rose Homonoff is called to the Torah as a Bat Mitzvah on Saturday, May 4, 2019 at 9:30 a.m. at Tifereth Israel Synagogue. Hailey is a seventh grade student at Indian Hills Jr. High. She enjoys hanging out with friends and playing soccer. During the summer Hailey attends Camp Ramah in Wisconsin. All are welcome for a Kiddush luncheon after services.



Mark and Melissa Torche are proud to announce that our son Michael Judah Torche will be called to the Torah as a Bar Mitzvah on May 18th at 10:00 a.m. at Ames Jewish Congregation. The community is invited to join us for his service, and a light lunch to follow.



Ari Blake will become a Bar Mitzvah on May 25, 2019 at Temple B'nai Jeshurun at 4:30 p.m. Ari is the son of Amy Kepes, Downis (Ricky) Blake, and stepson of Karl Seidel. Ari's proud grandparents are Harriet and Lawrence Kepes of West Bloomfield, Michigan and Delores and Joseph Lewis of Redditch, England. Ari is also the great grandson of Ruth Carnick from West Bloomfield, Michigan. Ari attends Indian Hills Junior High School. He enjoys playing saxophone in the Jazz Band and basketball.



Emily and Terry Kruse are pleased to announce that their son, Scott Byron, will be called to the Torah as a Bar Mitzvah on June 8, at 4:30 p.m. at Temple B'nai Jeshurun. Scott is in seventh grade at Parkview Middle School in Ankeny.



Jeremy and Danna Pins are proud to announce that their son, Jacob Jonah Pins, will be called to the Torah as a Bar Mitzvah at 4:30 p.m. on Saturday, June 15, 2019 at Temple B'nai Jeshurun.

In Memoriam

Evelyn Yazman
Ruth Barkley
Ted Block
Richard Wolf

Susan Osby
Phyllis Zalomek
Stephen C. Gold
Dave Arkovich

Beverly Bobb
Elyse Weiss



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Recurring Events

Minyan

- Tuesdays, 7:15 a.m.

Services

- Shabbat Evening Services, Fridays, 6 p.m.
- Shabbat Morning Services, Saturdays, 9:30 a.m.
- Shabbat Cafe, 11:30 a.m.
- Shabbat Lunch and Learn with Rabbi Emily Barton, 12:30 p.m.

Special Events for March, April and May 2019

March 2019

- Sunday, March 3, 12:30 p.m. Art Club & Lunch with Cynthia Shulman
- Friday, March 8, 6 p.m. Acoustic Shabbat
- Saturday, March 9, 9:30 a.m. Avi Jones Bar Mitzvah
- Wednesday, March 13, 6:30 p.m. Erev Nashim at Fire Bird Grill in WDSM
- Thursday, March 14, 12 p.m. Senior Luncheon at Tifereth
- Wednesday, March 20, 6 - 8:30 p.m., Family Purim Celebration & Dinner
- March 17 - March 22 Women's League Hamantashen Sale
- March 24 - March 26 AIPAC in Washington D.C.
- Sunday, March 24, 12:30 p.m. Art Club & Lunch with Cynthia Shulman
- Tuesday, March 26, 6:30 p.m.

Chai Mitzvah at Tifereth

- Wednesday, March 27, 6:30 p.m. Women's League Evening of Art, Wine & Cheese
- Thursday, March 28, 7-10 p.m. Hy-Vee Pre-Passover Sample Fest Event
- Saturday, March 30, 10:30 a.m. Tot Shabbat & Junior Congregation

April 2019

- Thursday, April 4, 7 p.m. Matzah & Midrash Adult Ed Class
- Wednesday, April 10, 6:30 p.m. Erev Nashim at Cool Basil in Clive
- Thursday, April 11, 6 p.m. Kadima & USY Learning Jewish Values
- Friday, April 12, 6 p.m. Mishpacha Shabbat & Potluck
- Sunday, April 14, 10 a.m. Kasher Kitchen for Passover
- Sunday, April 14, 12:30 p.m. Art Club & Lunch with Cynthia Shulman
- Friday, April 19, First night Seder, no services at Tifereth
- Saturday, April 20, 10 a.m. Passover Services
- Saturday, April 20, 7 p.m. Tifereth's Second Night Seder (Reservations required)
- Sunday, April 21, 10 a.m. Passover Services
- Tuesday, April 23, 6:30 p.m. Chai Mitzvah at TBJ
- Wednesday, April 24, 6 p.m. Women's League Passover Lasagna Dinner
- Friday, April 26, 9:30 a.m. Passover Services

- Friday, April 26, 6 p.m. Passover & Shabbat Evening Service
- Saturday, April 27, 9:30 a.m. Passover & Yizkor Service

May 2019

- Saturday, May 4, 9:30 a.m. Hailey Homonoff's Bat Mitzvah
- Sunday, May 5, 10 a.m. YAD Family Cookout & Fun Run
- Sunday, May 5, 1 p.m. Tikkun Olam Shelter Dinner Prep
- Sunday, May 5, 5-8 p.m. Progressive Dinner
- Sunday, May 12, Mother's Day
- Wednesday, May 15, 6:30 p.m. Erev Nashim at Yanni's in Ankeny
- Friday, May 17 - Saturday, May 18 Artist in Residence - The Bible Players
- Saturday, May 18, 10:30 a.m. Tot Shabbat & Junior Congregation
- Sunday, May 19, 12:30 p.m. Art Club & Lunch with Cynthia Shulman
- Tuesday, May 21, 6:30 p.m. Chai Mitzvah at Tifereth
- Wednesday, May 22, TBD Kadima & USY Lag B Omer Bonfire
- Wednesday, May 22, 6 p.m. Women's League Dinner & Fashion Show
- Thursday, May 30, 6 p.m. Tifereth Annual Meeting & Dinner includes Torah Event

Ongoing Education

- Shabbat Lunch and Learn with Rabbi Emily Barton, Saturdays after Shabbat Café at 12:30 p.m.
- S.T.E.P. (Sunday Torah Education Program) with Michael Kuperman, Sundays at 10 a.m.
- Introduction to Judaism, Class for Conversion with Christine Dietz & Rabbi Barton, Sundays 12-1:30 p.m.



Tifereth Women's League

Hamantashen & Shalach Manos Baskets Sale

Purim is March 21st, 2019 and we have the tastiest Hamantashen this side of Shushan!

Our delicious Hamantashen are \$13 per dozen,
The Shalach Manos Baskets are \$8 each or \$7 for two or more.

To order- Contact Barb Leventhal Beckerman at barbaraleventhal@gmail.com



2019 Tifereth Israel

Purim Celebration!

Wednesday, March 20th at 6:00pm

Join your Tifereth Israel community to fulfill the mitzvot of Purim and to celebrate how Queen Esther helped save the Jewish people!

The evening will also include-

- Mocktails & Cocktails
- Family-friendly activities, including an interactive Purim story, songs, arts, crafts & games!
- Sh'lach manot, kids will make baskets for Chased Committee and community seniors
- Annual costume parade with music
- The reading of the Book of Esther in Hebrew & English

The event is free and open to the community. Dinner catered by the Copelands

Donations to help cover the cost of the event will be gladly accepted, please mail your donation to the Tifereth Israel office at 924 Polk Blvd, Des Moines, IA 50312

Please RSVP to barb.berven@tifereth.org

FOUR MITZVOT OF PURIM

- Our remembrance of the miracle of Purim includes the following four mitzvot
- We listen to the Megillah, the Scroll of Esther (and stomp our feet and twirl graggers whenever we hear Haman's name mentioned).
- We emphasize the importance of Jewish unity and friendship by giving gifts of food to our families, friends and community.
- We give tzedakah directly to people in need.
- We prepare for the holiday by marking the Fast of Esther.

We hope you will join us for this year's Purim celebration, where there will be opportunities to fulfill these mitzvot!

Tifereth Israel SYNAGOGUE

Tifereth Israel Women's League Cordially invites you to

A Special Passover Lasagna Buffet Dinner

Wednesday evening, April 24th, 2019
in the Tifereth Israel Social Hall at 6:00pm

\$18 per adult, \$12 for children under 12, and free for children under 5

Purim & Pesach 5779 / 2019

Schedule of Events

- *Wednesday, March 20, 2019
Megillah Reading and Purim Celebration
6:00pm - Dinner, Family Friendly Activities and Megillah Reading
- *Sunday, April 14, 2019
1:00pm - Kasher the Tifereth Kitchen
- *Friday, April 19, 2019
Erev Pesach / Ta'anit Bekhorim (Fast of the Firstborn)
9:00am - Study session with Rabbi Emily Barton (Conference Room)
- *Saturday, April 20, 2019
First Day Pesach
10:00am - Pesach Morning Services (NOTE Time Change)
7:00pm - Tifereth Community Second Night Seder (Social Hall)
Begin counting Omer at Second Night Seder
- *Sunday, April 21, 2019
Second Day Pesach
10:00am - Pesach Morning Services (NOTE: Time Change)
- *Wednesday, April 24, 2019
6:00pm - Women's League Passover Lasagna Dinner
- *Friday, April 26, 2019
Seventh Day Pesach
9:30am - Pesach Morning Services
6:00pm - Pesach / Shabbat Evening Services
- *Saturday, April 27, 2019
Eighth Day Pesach
9:30am - Pesach Morning Services / Yizkor Service

Tifereth Israel SYNAGOGUE

WOMEN'S LEAGUE FOR CONSERVATIVE JUDAISM

WITH STRENGTH AND SPLENDOR

JEWISH WOMEN AS AGENTS OF CHANGE

Tifereth Israel Synagogue Women's League Presents

Celebrating Women's History Month
With guest Speaker, Sally Frank

Wednesday, March 27, 6:30 p.m.
Tifereth Israel Synagogue

Invite your friends for an evening of enlightening discussion highlighting prominent Jewish women and the book, *With Strength and Splendor, Jewish Women as Agents of Change*. Books can be purchased for \$10 at Tifereth.

RSVP to barbaraleventhal@gmail.com





TEMPLE B'NAI JESHURUN

Worship and Special Events Schedule

March 2019

Friday, March 1

- 5:30 p.m. Wine & Cheese Social
- 6 p.m. Family and Classic Shabbat
- 7 p.m. Shabbat Dinner and Potluck
- 7 p.m. Youth Group First Friday Gathering

Saturday, March 2

- 9 a.m. Weekly Text Study
- 9 a.m. Traditional Torah Study (TTS)
- 10 a.m. Rabbi's Tish - Justice, Righteousness, and Kindness
- 4:30 p.m. Jonah Wilke-Shapiro Bar Mitzvah

Sunday, March 3

- 12:30 p.m. TYG Board Meeting at Panera

Friday, March 8

- 5:30 p.m. Wine & Cheese Social
- 6 p.m. Erev Shabbat Service

Saturday, March 9

- 9 a.m. Weekly Text Study
- 9 a.m. Traditional Torah Study (TTS)
- 10 a.m. Shabbat Service

Sunday, March 10

- 5 p.m. Rabbi's Symposium at Granite City Food & Brewery

Friday, March 15

- 5:30 p.m. Wine & Cheese Social
- 6 p.m. Erev Shabbat Service
- 7 p.m. Mahj & More!

Saturday, March 16

- 9 a.m. Weekly Text Study
- 9 a.m. Traditional Torah Study (TTS)
- 10 a.m. Shabbat Service
- 10 a.m. Chapel Dedication

Friday, March 22

- 5:30 p.m. Wine & Cheese Social
- 6 p.m. Erev Shabbat Service

Saturday, March 23

- 9 a.m. Weekly Text Study
- 9 a.m. Traditional Torah Study (TTS)
- 10 a.m. Shabbat Service

Friday, March 29

- 5:30 p.m. Wine & Cheese Social
- 6 p.m. Erev Shabbat Service

Saturday, March 30

- 9 a.m. Weekly Text Study
- 9 a.m. Traditional Torah Study (TTS)
- 10 a.m. Shabbat Service
- 5 p.m. Youth Group Social
- Action Meals for the Heartland/Overnight

April 2019

Friday, April 5

- 5:30 p.m. Wine & Cheese Social
- 6 p.m. Family and Classic Shabbat
- 7 p.m. Shabbat Dinner and Potluck
- 7 p.m. Youth Group First Friday Gathering

Saturday, April 6

- 9:00 a.m. Weekly Text Study
- 9:00 a.m. Traditional Torah Study (TTS)
- 10:00 a.m. Shabbat Service

Sunday, April 7

- 12:30 p.m. TYG Board Meeting at Panera

Friday, April 12

- 5:30 p.m. Wine & Cheese Social
- 6:00 p.m. Erev Shabbat Service

Saturday, April 13

- 9 a.m. Weekly Text Study
- 9 a.m. Traditional Torah Study (TTS)
- 10 a.m. Shabbat Service

Sunday, April 14

- 12:30 p.m. TYG at Get Air!
- 5 p.m. Rabbi's Symposium at Beer Styles Taproom & Gastropub

Friday, April 19

- 5:30 p.m. Erev Shabbat Service
- 6:15 p.m. Passover Seder

Saturday, April 20

- 9 a.m. Weekly Text Study
- 9 a.m. Traditional Torah Study (TTS)
- 10 a.m. Shabbat Service

Wednesday, April 24

- 6 p.m. Youth Group Seder

Friday, April 26

- 5:30 p.m. Wine & Cheese Social

- 6:00 p.m. Erev Shabbat Service
- Saturday, April 27
- 9 a.m. Weekly Text Study
 - 9 a.m. Traditional Torah Study (TTS)
 - 10 a.m. Shabbat Service with Yizkor for Passover

May 2019

Friday, May 3

- 5:30 p.m. Wine & Cheese Social
- 6 p.m. Family and Classic Shabbat - Confirmation & Senior Recognition
- 7 p.m. Shabbat Dinner and Potluck
- 7 p.m. Youth Group First Friday Gathering

Saturday, May 4

- 9 a.m. Weekly Text Study
- 9 a.m. Traditional Torah Study (TTS)
- 10 a.m. Shabbat Service

Sunday, May 5

- 12:30 p.m. TYG Board Meeting at Panera

Friday, May 10

- 5:30 p.m. Wine and Cheese Social
- 6:00 p.m. Erev Shabbat Service

Saturday, May 11

- 9 a.m. Weekly Text Study
- 9 a.m. Traditional Torah Study (TTS)
- 10 a.m. Philip Williams Bar Mitzvah

Friday, May 17

- 5:30 p.m. Wine and Cheese Social
- 6 p.m. Erev Shabbat Service
- 7 p.m. Mahj & More!

Saturday, May 18

- 9 a.m. Weekly Text Study
- 9 a.m. Traditional Torah Study (TTS)
- 10 a.m. Shabbat Service

Friday, May 24

- 5:30 p.m. Wine and Cheese Social
- 6 p.m. Erev Shabbat Service

Saturday, May 25

- 9 a.m. Weekly Text Study
- 9 a.m. Traditional Torah Study (TTS)
- 10 a.m. Shabbat Service
- 4:30 p.m. Ari Blake Bar Mitzvah

Friday, May 31

- 5:30 p.m. Wine and Cheese Social
- 6 p.m. Erev Shabbat Service

Rabbi's TBJ Adult Education Schedule Spring 2019

All Classes Begin at 7 p.m. and are open to the public. Those interested in Conversion to Judaism should plan to attend these classes.

March 2, Rabbi's Tish 10 a.m. - Justice, Righteousness and Kindness

March 7, Modern Antisemitism and Philosemitism

March 14, Introduction to Purim

March 21, NO CLASS – Shushan Purim

March 28, Zionism and the Founding of Israel

April 4, Israel's Wars

April 11, Introduction to Passover

April 18, NO CLASS

April 25 NO CLASS

May 2 Lessons of the Shoah

May 9 NO CLASS- Yom Haatzmaut

May 16 Israel and the Pursuit of Peace

TBJ Youth Group Update

The Temple B'nai Jeshurun Youth Group has been very active lately! We recently had 15 kids go see *On the Basis of Sex*, a movie about Ruth Bader Ginsberg, and later went to Coldstone for ice cream.

David Williams, a senior youth grouper, traveled to NFTY Winter Kallah with one of our advisors, Josh Dubansky, and some friends from Cedar Rapids. They had a lot of fun meeting other Jewish teens from all around the Midwest, and learning about Jewish values.

We have been participating in the Chai Mitzvah Teen Program, in which the youth group president teaches the members the lesson of that month. We do these during our First Friday events, which happen after every family Shabbat at the temple. At First Friday events, we begin with the Chai Mitzvah program and then transition into games of air hockey and basketball trick shots.

We talk, hang out and have fun! Speaking of fun, there is more to come! With many more events to come we are excited for 2019!

Temple B'nai Jeshurun Passover Seder

Temple B'nai Jeshurun's congregational first night Seder will be held on Friday, April 19 at 6:15 p.m., with a brief Erev Shabbat Service at 5:30 p.m.

Reservations are required. Please RSVP to the Temple office at (515) 274-4679 or office@templebnaijeshurun.com by April 10.

The cost is \$30 per person, Children 6-12 \$7, Under 6 free.

Yizkor for Passover will take place on Saturday, April 27, at 10:00 a.m.

A Message From TBJ's Sisterhood

As we rest in our winter, we feel the gentle pull and anticipation of spring. Israel stirs with the hope of new trees, for one does not plant trees for oneself. Trees are planted in the hope of a better world. As Jews, it is part of us to constantly help toward the continuing work creation of ourselves, our families, our communities, our nation, and our world.

Our Sisterhood is a tool we can use in this planting of hope and renewal of creation. With our Sisters and our different talents, gifts, and drive to action, we make real change. We don't limit ourselves to secret, but heartfelt thoughts. We also act and

do. However, our sisterhood is always strengthened and supported by our commitment to action and to each other, and, yes, numbers of members. We take inspiration from past members and their work, and we hope to add our little share. Please, consider adding your voice and hands to our efforts. We welcome ideas and help as we encourage and support each other, and share the joy of our commitment to our Temple and Jewish visions.

May the Source of strength, Who blessed the ones before us, help us find the courage to make our lives a blessing.

Tradition comes alive at the JRC's בס"ד PASSOVER SEDER

Relive the Exodus, discover the eternal meaning of the Haggadah, and enjoy a community Seder complete with hand-baked Matzah, wine, and a wonderful dinner spiced with unique traditional customs.



At 943 Cummins Parkway Des Moines IA

Friday April 19
8:00 PM

Suggested donation: Adult: \$36, Child \$18 (under 12)
Please RSVP by April 4th. All are welcome!



Phone: Rabbi Yossi or Chanie 515-277-1770 Email: jrcspark@msn.com payment can be made online: www.jewishiowa.com

Thursday, April 18, 2019

- Formal search for Chametz after 8:24 p.m.

Friday, April 19, 2019

- Fast of the First Born
- Shacharis Minyan 7 a.m., Followed by a Syum
- Finish Eating Chametz before 10:53 a.m.
- Burn Chametz before 1:56 a.m.
- First Night Seder
- Light Candles at 7:43 p.m.

- Evening Services, 7:30 p.m.

- Community Seder, 8 p.m.

Saturday, April 20, 2019

- First Day of Passover
- Morning Services, 10 a.m.
- Evening Services, 7:30 p.m.
- Second Night Seder
- Light Candles* after 8:47 p.m.

Sunday, April 21, 2019

- Second Day of Passover
- Morning Services, 10 a.m.
- Evening Services, 7:30 p.m.

- Holiday Ends at 8:48 p.m.

Thursday, April 25, 2019

- Light Candles at 7:50 p.m.
- Evening Services, 7:30 p.m.

Friday, April 26, 2019

- Seventh Day of Passover
- Morning Services, 10 a.m.
- Evening Services, 7:30 p.m.
- Light Candles* at 7:51 p.m.

Saturday, April 27, 2019

- Final Day of Passover
- Morning Services, 10 a.m.
- Yizkor Memorial Service, 11 a.m.
- Evening Services, 7 p.m.
- Followed by Meal of Moshiaich
- Passover Ends at 8:57 p.m.

Note: Candle lighting times are for Des Moines US only.

*** Light only from a pre-existing flame**

Lag B'omer, Thursday, May 3, 2018

Celebrate Jewish Pride & Unity!

Picnic in the Park

Details to follow

Shavuot, Sunday, May 20, 2018

Come hear the 10 Commandments and enjoy an Ice Cream Party

Details to follow

Maccabee's Glatt Kosher Deli Passover Hours

1150 Polk Blvd Des Moines Iowa 50312
515-277-1718
Maccabeeskosherdeli@gmail.com

Friday April 19th - 10:00am to 3:00pm

Saturday and Sunday April 20th and 21st - Closed for Passover

Monday April 22nd through Thursday April 25th - 11:00am to 2:00pm

Friday and Saturday April 26th and 27th - Closed for Passover

Sunday April 28th Opened Regular Hours - 11:00am to 4:00pm

Adults \$15
Children \$10 (under 12)

PURIM in the 50's

Thursday March 21st 2019
6:00pm - 8:00pm
Hear the Megillah - Music - A&C
Fun for the whole family.
Enjoy a delicious 50's Purim Seudah.

A Project of Lubavitch of Iowa's JRC
For more info & to RSVP (a must!)
515-277-1770 jrcspark@msn.com
www.jewishiowa.com

50's Sponsor \$360
Purim Sponsor \$180

Northwest Community Center
5110 Franklin Ave
DSM, IA 50310

Chabad at ISU

- March 5, Memories of a Child Survivor of the Holocaust/ Holocaust Speaker Inge Auerbacher
- April 19, Student Passover Seder on Campus
- April 28, End of Year Student BBQ

Chabad of Ames

- Sunday B.L.T. Bagels, Lox, and Tefillin
- March 20, Purim Family Megillah Reading
- May 23, Community Lag B'omer BBQ

For more information call 515.339.9160 or email chabadames.isu@outlook.com



Rabbi-led Shabbat services
Rabbi Nina Mizrahi will be in Ames to lead services and
adult education the following weekends:

March 1-3

April 5-7

May 17-19

The schedule will be similar for all weekends

Friday, 7:30 p.m.: Shabbat services

Saturday, 10 a.m.: Shabbat morning services with Torah study, 12 p.m.: Adult education (continuing discussion of Pirkei Avot)

Other Shabbat services and holidays

- One to two lay-led Shabbat services are held each month on Saturdays at 10:00 a.m.
- Potluck suppers with a mini-Shabbat service for families with young children are also scheduled monthly on a Friday at 5:30 p.m.
- Purim and Passover plans are still tentative.

Monthly calendars can be viewed at <http://ajciowa.org/events.htm>. To receive emails about upcoming events or our monthly newsletter, or for more information about our events, please contact AJC at ajciowa@gmail.com.

The *Jewish Press* is going digital!
We are happy to announce *The Jewish Press*
will now be released primarily in digital
format. If you would still like to receive a
physical copy of *The Jewish Press*, please fill
out the survey here bit.ly/2KngwWW or fill in
this form and send it by mail to:

The Jewish Federation of Greater Des
Moines, 33158 Ute Ave. Waukee, IA 50263

Name _____

Address _____



Engman Camp Shalom

SUMMER 2019

JUNE 10TH - AUGUST 16TH



1

JUNE 10-14
FIELD TRIP: SKY ZONE
EXTRACURRICULAR: SWIM LESSONS

2

JUNE 17-21
FIELD TRIP: ADVENTURELAND

3

JUNE 24-28
FIELD TRIP: GET AIR
EXTRACURRICULAR: MENACE

4

JULY 1-5
FIELD TRIP: SCIENCE CENTER
NO CAMP THURSDAY & FRIDAY

5

JULY 8-12
FIELD TRIP: RACCOON RIVER PARK
EXTRACURRICULAR: SWIM LESSONS

6

JULY 15-19
FIELD TRIP: BOWLING
EXTRACURRICULAR: COLOR WARS

7

JULY 22-26
FIELD TRIP: JESTER PARK
EXTRACURRICULAR: SWIM LESSONS
& CAMP OVERNIGHT ON THURSDAY

8

JULY 29-AUGUST 2
FIELD TRIP: MOVIE THEATER
EXTRACURRICULAR: SWIM LESSONS

9

AUGUST 5-9
FIELD TRIP: BLANK PARK ZOO
EXTRACURRICULAR: ENGMAN CAMP
SHALOM CARNIVAL ON FRIDAY

10

AUGUST 12-16
FIELD TRIP: IOWA STATE FAIR
EXTRACURRICULAR: FINAL DAY OF
CAMP CELEBRATION ON FRIDAY

MONDAY-FRIDAY 9 A.M.-4 P.M., \$200/WEEK
AVAILABLE TO ANY CHILD ENTERING KINDERGARTEN - EIGHTH GRADE



**For more information about transportation, hot lunch,
before and after care, please visit:**

<https://www.jewishdesmoines.org/our-pillars/engman-camp-shalom/parent-resources/>

Register online at

<https://www.jewishdesmoines.org/our-pillars/engman-camp-shalom/summer-camp-registration/>

33158 Ute Avenue * Waukee, IA 50263 * 515.987.0899